# WOMAN IN THE WORLD OF WORK-BEAUTY TALKS BY LUCREZIA BORI-FASHION SUGGESTIONS

# IS GOSSIP EVER HARMLESS? SOME ONE USUALLY SUFFERS

Women Who Ramble on for Sheer Love of It and Those Who Are Deliberate Trouble-Makers. The Masculine Gossip Not Uncommon

THERE are two kinds of gossips -among women, at any rate—the woman who gossips for sheer love of expressing her opinions and-the deliberate trouble-maker.

I often wonder which is worse. The second one, of course, is malicious

Her gossip has a direct aim. But the first one often quite unconsciously causes many unhappy moments to her friends.

Some one came to me the other day and told me of a disagreeable remark a mutual "friend" had made about me. She to use an odious term "meant well." She did not realize that she was

But an unkind remark always burts. If It is true it goes right to the spot, and if it isn't true one is nurt all the more because of the injustice.

You are so helpless. You want to be loyal to the woman who was good enough to tell you of the other woman's catty remark-you cannot deliberately make trouble for her-yet the injustice of the thing is almost more than you can bear. How much happier we would all be if

bite and to repeat what "So-and-so" told How much better when So and so made

the remark to tell her then and there just where she "got off." At least she would trouble you no further, but when next she went a gossiping she would go to some other girl. But

this is asking too much of the sex. And, by the way, while speaking of women as gossips, several days ago I had a letter from a champion of her sex, who said, "I enjoy reading your analyses of women, but why limit your criticisms to them? Are not men liable to the same



frizzy white collar, muff and cuffs? No! they are only wristlets! But my, how catchily different!

By all means! If I seem to harp on he weaknesses of feminity it is because this is a woman's page, devoted to the interests of woman, to her fails and we could restrain that impulse to backfolhies. And as most of my readers are women it seems more in keeping to discuss their problems and shortcomings. And, then, too, being one, I am more fully ognizant of their faults, perhaps.

But please don't imagine that many could not as readily apply to men-

While supposedly one of the prerogatives of the weaker sex, I have known o many men gossips that I have come to believe it a not uncommon trait. Anything from a suspected love affair of the office boy to the latest sensational

# THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Special queries like those given below are unvited. It is understood that the editor does not necessarily inderse the centiments expressed. All communications for this department should be addressed THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

The winner of today's prize is Miss Rose Friedman, of 6224 Woodstock street, Germantown, whose letter appeared in yesterday's paper. TODAY'S INQUIRIES

1. When hot liquid is poured into a glass re- | 1. What is the proper sleeping schedule for ceptacle the glass frequently cracks. How can

2. What are the relative values of milk and

3. What emetic can be given in an emer-

ANSWERS TO YESTERDAY'S INQUIRIES 1. A piege of time placed in the closet or on the she'f where preserves are kept will prevent

them from molding, 2. A little sweet oil applied at once to painted or enameled surfaces on which too much alkali has been used will neutralize the effect of the

3. When the end of a fountain pen sticks when trying to unscrew it wind a rubber band several times tightly around the barrel of the pen portion, and as the clastic sticks tightly to the slippery surface the fingers can get a good

# Oatmeal Cookies

To the Editor of Woman's Page: Cookies made out of rolled oat ns balther powder and a pinch of sait, and balther powder and bale. (Mrs.) WILLIAM C.

# Formal Supper Menu

To the Editor of Woman's Page:
Dear Madam—Will you give me a suggestion
for a suitable supportment?
YOUNG HOUSEKEEPER.

For a formal supper a desirable menu would include oyster-cocknils, stuffed elives, bouillon in cups, deviled crabs, broiled spring chicken, julienne potatoes, Waldorf salad, Roman punch and coffee. The supper without the bouillon or the crabs would be quite sufficient.

# Fondant Will Not Melt

To the Editor of Woman's Page:

Dear Madam—I have made fondant just as you instructed in your column, and it came out white and ersamb, but I cauld not make it into liquid again in order to make different candles. I have tried to dissolve it in a have aver hot water.

MIS. HOUSEWIFE

water. MRK. HOUSEWIPE.

I do not know just which recipe you used, but personally I have never tried melting it over a fire after it has been kneaded. If it is successfully made and packed away in a bowl, covered with a moistened cloth, it should remain soft and ready for use for twelve or fourteen hours.

# Making Soup Stock

Dear Makam - Will you kindly tell me how to make a good soup stock to use as a foundation for other soups? NEXPERIENCED.

If your family is small, as I (magine it is, you would not need such a large quantity Get two pounds of beef marrow bones and have them cracked, three-quarters of a pound of lean beef and one-half pound of lean yeal, an onlon, a carrot, a turnip, four lean yeal, an onlon, a carrot, a turnip, four lean yeal, an onion, a carrot, a turnip, four stalks of celery, a cabbage leaf and four quarts of cold water. Chop the beef and yeal, then place, with

Chop the beef and veal, then place, with all the other ingredients, in a large pot, cover with the water and set on the back of the stove, so that it will not come to a boil for almost an hour; then let it simmer, never boiling, for four hours. Remove from the stove, season to taste and set in a cool place until the following day. You will find a thick coat of fat has formed on top. Remove this, strain the soup, being eareful to press all the nourishment out of the meat, and the stock will be ready for use.

# Why He Did Not Ask Again

To the Belter of Woman's Pone:

Dear Mariam—I met a young man last summer who had a good clerk's position in a bank and he took me out once to the theatre and afterward to a cafe. We had spientid floot and he assent no end of money, letting me choose the refreshments and seeming to want me to have good time, but he has never asked me to have a mod I am wondering why. What do you think I can do to win him back? Do you think he spend too much that one time labout \$201?

I do not think it likely you can win the

To do not think it likely you can win the young man back if you expect him as a bank clork, to special his entire salary in faced alone. You are a very foculan girl if you do not realize that, no matter how gamerous a man may be at heart and what maney he has, there are very few who could stand such a drain on the pocksthook as you describe. A girl should always consider the circumstances of the person with whom she is, and if asked her preference at a cafe, as is usual, should put some limit to her orders. An oyster or crab cocking a salad and an ice are quite enough to expect any man to order for a late support.

In a finite man is order for a late support.

In a finite man is not in corder for a late support.

In a finite man is now a Sara, unless you well, although the custom is more bridging and of one or two asked to help in receiving the receiving the receiving the receiving and if one or two asked to help in receiving the receiving

of the criticisms directed against women Gossip, for instance!

scandal-they eat it alive!

a young child?

2. What is the proper temperature for an infant's bath?

3. What part of the household furnishing

 A girl when introducing her mother should simply say, "My mother," without using the name unless her parent has been married again. when she should, to avoid confusion, say, "My mother, Mrs. So-and-So."

"My husband." or if to people whom she knows very well she may call him by his first name, but she should never introduce him as Mr.

3. Mourning veits should be spanged with deolof and water and planed out flat to dry never Ironed.

# Skin Whitener

To the Editor of Wassan's Pag-

I presume that what you want is not a temporary skin whitener. He liquid powder, but a lot of the temporary skin whitener. He liquid powder, but a lot of the will gradually bleach. Two ounces of lemon luice, one ounce of giverine and three ounces of rosswater, with a drop or two of any favorite perfume, will give the desired results if used regularly. Buttermilk will be found harmless and efficacious as a skin whitener. If you desire instead a temporary whitener, to be applied to the face and removed at night, use the third formula given in last evening's paper by Lucrezia Hori. paper by Lucrezia Bori.

# Oil as Tonic for Hair

To the Editor of Woman's Page:
Dear Madam - Would you kindly let me know
if alive oil is good for the beir, and also bow
to use it? What kind of tooth pasts will make
the toeth white?

to use if what kind of both pasts will make the both white?

A. H. Olive oil is beneficial to the hair, although I would not advise its use except on dark hair. A little should be rubbed into the sculp with the this of the fingers. Powdered chalk and orris root will keep the teeth white: pewdered vharveal, if used on the teeth, also will whiten them. Powdered pumice is excellent for removing tartar from the teeth, but should not be used oftener than two or three times a year, as if will wear the enamed away if used too frequently.

Measuring Grains Mrs. J. K -The table of apothecaries'

weight is an follows: 20 grains ....... 1 scruple
2 soruples ....... 1 dram
8 drams ....... 1 ounce
12 ounces ...... 1 pound

If you wish to measure out ingredients you had better supply yourself with an accurate scale and these small weights, as in mixing any of the preparations of which you speak extreme care mire, be taken to measure out the exact quartitles given.

# Changing Eye-Glasses

To the Editor of Wosses's Page;
Dear Madam-Do you think it advisable to chalge ere-glasses regularly or to wear a pair as long as possible and put become accustomed to thicker leaves?

A DAILY READER. Only an equist can advise you as to whether it is necessary to change your glasses or not. The tenses should be changed by all means, if the condition of the eyes calls for a crange.

Afternoon Tea

To the Editor of Woman's Page:

Dear Madam—When one is giving an after non-twa is it absolutely necessary to invite lady friend to pute tea or can the table he a arranged that the gueste can wait on them selves?

MART. arranged that the steems can want on themselves?

It is not absolutely necessary to ask a woman of your acquaintance to preside at the toatable but it is a great aid in entertaining one's guests if several friends are asked to help in receiving and if one or two assist in serving the refreshments. The expression "lady friend," as well as "gentleman friend," is not in good form. It is better to say "a woman of my acquaintance," or to mention the name of the person to whom you refer.

# MY MARRIED LIFE

omething.

By ADELE GARRISON

### Why Madge Phoned for a Taxi

HELLO: Who is this? Mrs. Graham, a mouthful. I'll be there in about an hour, in time to have an after-dinner course coming to us right away." "All right, then Be sure that you do.

how do you do? I do hope this means ou are coming to us right away." Mrs. Underwood's loud voice boomed heartily in my ears. Whatever else Lillian take may or may not be, she is always comfortable. She carries with her an air of good-will and wish-to-be-of-service that is really quite irresistible.

Thank you." I replied, "I shall be over shortly, I think

I hesitated a mumont. I did not quite like to ask for Dicky, yet be had told me to call him up at Lillian's when I had returned from my finner with my cousin,

Jack Bickett.
Lillian solved the problem for me.
"Here is Dicky waiting to talk to you,"
she said. "He speak to you again when he
is through talking."
It tembled violently in the interval between Lillian's leaving the phone and
Dicky's taking up the receiver. When he
had left me to go to Lillian's he had been
furfouldly angry because I was going to dine
with Jack, although I had not seen my
outsin for a year. What would be his atitide now?"

"Hellis, Madge. Where are you—at home? Do you want me to come for you?"

The words were friendly enough, but at the tone my heart sank. I knew he had not yet forgiven me for duning with Jack. But at least he had recovered his polye sufficiently to play the game before the Uniferwoods. I did not need to dreag one of Dicky's seemes if I went to their home. "How abourd Dicky." I replied "Or "How absurd, Ducky," I replied, "Or ourse you are not coming for me. What is that address again, and what is the carest subway station?"

voti again.

The taxical suggestion arrayed me. It was so ridiculous When, after one of our discussions, Dicky had turned over his bank account and earnings to me. that I might regulate our expenses and try to save something out of his large income. I had resolved to be as economjust such little leaks as these that counted but I was in no mood today to deny Dicky anything. So I resolved to do as he asked.

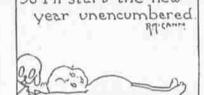
"Oh. Mrs. Graham." Mrs. Underw was at the telephone again. "Hurry along over, and we'll wait dinner for you. Harry isn't here, either, but I expect him

"Please don't do that Mrs. Under-wood," I said. "You know I have just dined with my cousin, and I couldn't eat

# THE CHEERFUL CHERUB

I spent all my money for Christmas this year; I just purchased presents unnumbered

I haven't a cent left to worry about So I'll start the new



### DAILY CARE OF FEET A PART OF BEAUTY CULTURE

By LUCREZIA BORI

I hung up the receiver, conscious all at slipper to relieve her aching foot.

once that my head was beginning to ache violently. This would never do. I did not want any one to know that my meeting with Jack had caused me any emotion. If I went to Lillian's with a headache and She was at a ball, and after treading the mazes of at least twenty dances, was painfully c scious of her feet. eddened eyes they would surely suspect Sometimes, when these headaches of mine

Sometimes, when these headaches of this started, one of the little tablets which my physician had given me for them would allay the pain for a time. The headache slways came back later, unless I went straight to hed and stayed there at the first suspicion of an attack. But I must risk and the straight to be a straight to be a straight to be a supplied to the straight to be a supplied to the supplied to the straight to be a supplied to the sup that. The thing now was to put up a good appearance at Idlian Underwood's.

I went to my bedroom, took off my hat and slipped off my gown. Going to the bathroom, I bathed my eyes, first in hot water and then dashed cold upon them. I took the tablet, and wrapping the covers closely around me I crent into bed. My little clock was where I could see it, and I had been trained by long nights of year. had been trained by long nights of vigil with my mother to awaken after any set interval of time. I closed my eyes, hoping to get a half hour's sleep.

A DISTURBING REPLY I lay for several minutes resolutely p ting out of my mind every thought but that of my desire for sleep. Finally I was rewarded, and I awoke in half an hour

almost to the minute from the time I lay "Float be an idlot, Madge, just because you know bow," retorted Dicky. "Take a taxt over. You'd be wandering around subway stations for the rest of the afternoon. The number is 101 West Elevention. The number is 101 West Elevention Square 947." The number I gave was that of the taxicab company Slipping my feet into a pair of bedroom

where Dicky kept an account. "Hello!" The voice that came back over the telephone had an unpicasant tone.

"Is this the Bromson Taxicab Company?" Yeah. Whatcha want?" I resolved to have Dicky report the man, his tone was so impertment, his manner so uncouth, but I tried to answer pleasantly. "Will you please send a taxicab in fif-en minutes for Mrs. Richard Graham,

Where? "Mrs. Richard-"I didn't ask you who. I said where— where" The tone was rough and im-patient as if he had been speaking to some tupid employe.

"You need not trouble yourself. I would "You need not trouble yourself. I would be trouble from an establishment."

"You need not trouble yourself. I would not order a machine from an establishment that permits such insolence. And you can rest assured that my husband will close his account with you at once."

"Aw, go to \_\_\_\_." I could not believe my. "Aw, go to \_\_\_\_" I could not believe my ears, as the words came over the wire, and the receiver at the other end smashed down upon its hook."

# CONTINUED TOMORROW

Marzipan Marzipan is a candy which is made in large quantities in Germany at Christinas time. It requires a pound and a half of almonds (blanched and pounded) one pound of pulverized sugar, a few candied cher-ries and a few drops of rosewater. Add the resewater to the pounded almonds; mix in the sugar gradually; work to a paste and roll out. Cut in fancy shapes and ornament with candled cherries.

# Request

Lay lilies on dead innocence. Strew roses on the bier of love, But let my grave of penitence Re sweet with violets above. -Charles L. O'Donnell.



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The Famous Spanish Prima Donna

TT IS impossible to look pretty or be goodnatured when your feet hurt," a charm-debutante said, as she kicked off a

was sincerely sym-pathetic, for I have been "in the same heat" many times. Constant dancing, no matter if your shoes are plenty large and you have no corns, is likely to make the feet Nore This soreness is invariably accompanied by a burning sensation that makes

you feel you are walking on hot coals. Suffering from painful feet makes wrin-kles in the face, so if you want to dance and keep your skin smooth you must pay more attention to the care of your feet. As a rule, they are the most neglected part of the body.

The following treatment will greatly re-leve any foot troubles if systematically followed.

### THE DAILY REGIMEN

After the morning bath dry the feet ther oughly and massage them with bay rum. Then rub the entire foot with cold cream Not a great deal of cream is required, only enough to prevent any friction when the flesh touches the home. Follow this part of the treatment by generously dusting the feet with this powder, paying special at-tention to the spaces between the fees:

Parmanganate potassium ... Substitute of bismuth Talcim powder ... Salleylate of sada

This mixture must be sifted many tim o blend the ingredients. A powder puff, the best agent for applying:

Sorking the feet in hot alum water night and merning for five minutes or longer will do much to relieve the burning pain. An ounce of alum to two gallons of water, as hot as can be borne, is the right proportion. Should the condition be extremely painful add a tablespoonful of the following mixture to the relieve of the results. ture to two gallons of het water:

This foot bath should be given every morning, without fall, wiping the skin thor-oughly afterward with a coarse towel. If this is followed by the cold cream treatment explained above, foot comfort for the day will be the result. FOR TENDER FEET

When the feet are extremely tender wash them in cold water night and morning, rub dry with a Turkish towel and apply this

This lotion is soothing and refreshing.
Bunions and corns are due to improperly
fitting shoes. The pain caused by them
can be relieved by scaking the feet night and morning in alum water, and, after dry-ing, rubbing them with this excellent rem-

After applying this lotion wipe off the superfluous grease and dust the feet with the foot powder, the formula of which has already been given.

# HOUSEHOLD HELPS

Dainty Ways to Serve Sandwiches

THE sandwich comes into its own again during the warm season when everything templs us to dine outdoors. One of the new devices that helps in dainty serving of sandwiches is the sandwich fork—incident—

Wery often the fruits make more cooling. ally a very useful gift for the summer bride,

bride.

This fork is about the same size as the large fork that comes with carving sets, but the handle is of dainty painted china instead of heavy bone. At the base of the two prongs there is a cross-strip of plated metal which expands. The two prongs are visible only at the place where this criscross strip ends. The sandwich is lifted from the plats by means of the two prongs, then the metal strip is expanded by a little pressure on the handle, and it shoves-the sandwich off the fork to the plate on which it is desired to serve. it is desired to serve.

The daintiest sandwiches are usually those in which the filling has been minced, or transformed into a paste instead of served whole. The elemental rule for an served whole. The elemental rule for an appetizing sandwich is that it must be thin. It is not always possible to slice meats or other fillings so thin that they are palatable and yet do not make the sandwich unduly thick. The plan of mineing fillings insures that all the tasteful elements of the filling are kept without increasing the bulk of the sandwich. of the sandwich.

For afternoon ten a very dainty simple andwich is the "flower sandwich." This samply a bread and butter sandwich, but the butter is flavored. This is a custom originating with the French and simply consists of flavoring butter by taking the quantity desired, placing it in a thin cheesecloth and surrounding it with the petals of some fragrant flower. Ilke sweet clover or sweet years, violets, resea or apple blossoms. The butter in its flower bed is left standing for a few hours in a covered crock, and is then ready to serve. The butter is spread on thin slices of bread, a few petals of the flower whose fragrance is used are scattered on top, and then both slices of bread are pressed firmly together. The the butter is flavored. This is a custom

few flowers.

Very often the fruits make more cooling and palatable sandwiches than any more substantial filling. An especially appetiging sandwich is made by spreading fairly thick slices of graham bread with a this layer of heavy cream, sprinkled with a little salt, and on these any one of various fruits can be placed. Thinly sliced bananas or chopped dates or some jellied fruit can be placed. or chopped dates or some jellied fruit can be used.

Shredded pineapple makes dellelous sandwiches if spread on white bread covered with fresh butter. Or sweet cherries can be chopped fine, mixed with just sufficient orange juice to moisten them, and spread on buttered thinly sliced bread.

A cool vegetable sandwich that is not often used is the "cucumber" sandwich. This is made by cutting the cucumber into This is made by cutting the cuclimber into very thin slices and placing them in cold salted water until they are tender, when they are drained on a towel. Slices of brown bread are covered first with butter on one slice and a mayonnaise dressing on the other slice. The thin slices of cucumber the other slice. The thin slices of cucumber are then placed between the bread and pressed down firmly. This is an excellent way of carrying the "uegetable salad" to a picule lunch.

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## PRICE CHANGE

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