SERIES OF WOMEN'S WORK CONFERENCES BEGUN TODAY

Noted Speaker From West Tells of Opportunities in Real Estate Development for Her Sex

Meeting at New Century Club-Under Auspices of Bureau of Occupations for Trained Women

THE first of a series of conferences on business and professional opportunities for women was held this afternoon in the New Century Club, 124 South Twelfth efreet, under the auspices of the Bureau of Occupations for Trained Women.

Miss Katherine E. Puncheon, who presided at this meeting, introduced he speakers, among whom was Mrs. Hugh Ward, a graduate of Vassar, class of 1992, who came from Kansus City to speak on "Real Estate and Suburban revements." As Mrs. Ward has had * wide experience in beautifying and imroving suburban real estate in the midde West her talk was full of interest.

Another speaker was Mrs. A. K. Evans, whose experience as manager of the Hotel McAlpin, in New York, quall ned her to speak on the woman executive. Mrs. Evans is also connected with the management of the Savaria Cafe in New York and with several other hotels

Miss Elizabeth Ellsworth Cook gave a most interesting talk on opportunities for wamen in the financial world. As Miss Cook is connected with the firm of Hempkill, White & Chamberlain in Wall street, she knows whereof she speaks,

On Thursday, February 8; at 4 o'clock, the subjects to be discussed will be Journalism and Publishing House Work, the meeting to be held at 4 o'clock that aftemoon at the Curtis Publishing Company, Independence Square, Various phases of journalistic work, the woman reporter, magazine work for women and manuscript and proofreading will be taken up by noted speakers.

The third meeting of the series will include arts and handicrafts, with an ex-

WHY, chicken is very wholesome food, and the market price isn't very high

these days, so I'm buying it a great deal."

on her shrewd marketing ability

said a young housekeeper who prides herself

But In buying food there is a point to be considered that is more important than the setual price which the butcher or baker or vegetable man asks. That is, how much of

the food bought contains nutriment and how much water? Every food contains some of the elements of bodly nutrition—protein, starch, fat. etc.—and many of them contain a larger proportion of waste than we suspect.

Brollers at ten cents a pound would be more expensive—from the standpoint of amount of nutrition they contain—than ribs of beef costing three times that amount. Decause

broffers are 41.6 per cent waste and the

ribs only 10 per cent waste. Here is a table showing the flesh foods that have the greatest amount of waste and those having little-or no waste:

Shelifish, like crabs and lobsters, come very low in the scale of nutritive value Clams, on the other hand, are more nutri-

tive as they have virtually no waste, and

although they contain a high percentage of water (50 per cent), they also contain to 5 per cent of protein and 1.1 per cent of fat—

The least percentage of waste is found in dried, corned and canned meats, where the full pound that we pay for is edible. In saurage, too, there is only 3.3 per cent that is paid for which is waste.

VEGETABLES WITH HIGH PERCENTAGE OF WASTE

This does not mean that these foods are undestrable, for they all contain valuable mineral elements. But, in comparison with other foods, like dried or shelled lima or string beams, shelled peas, spinach and to-matees, we pay more for waste than for the edible portions.

Only pure, pas-teurized cream is scientifically

ripened and churned to make

MERIDALE

BUTTER

Cool and firm from the sweet churns comes this "uncom-

monly good butter," ready for a short, quick trip to

your table, protected all the way by the air-tight "Meri-

foil" wrappers. So that it reaches your

home fresh and wholesome—a full

pound of pure, sweet butter.

Ask for Meridale today. At good grocers.

AYER & McKINNEY Meridale) Philadelphia

Bell Phone, Market 3741 Keystone Phone, Main 1783

Look for the "Mertfoll" supper-air-light, dust-and odor-proof-at your process.

more than any other shellfish.

HOUSEHOLD HELPS

Do You Buy Food or Waste?

BLIND BROOM MAKERS USE POWER MACHINES

Pennsylvania Working, Home Ranks Fourth in Production in Entire Country

A Photograph liberrating this story opcars on the pictorial page

Blx blind broom makers at the Pennsyland Working Home for the Blind, Thirty-Hails street and Lancaster avenue, have the distinction of being the only sightless peratora of power-driven machinery to

When Fred H. Mills, a retired New York usiners man, became superintendent of the nstitution in April, 1916, he determined to prove that failing spirits and box of opcontinuity were greater devilments by the filled in (misotry than been of might-

The power stitutions are of the regular The used in featuries and have no special estimes of design for the safety of the blind

atheority as epopulars with sight and a recident, even of the most rivial natur-man occurred. The prospect of wages and producing espacity equal to that of sector-stroom majors has made each one of the 116 men employed in the factory eight to second an operator on a power stitcher.

Men who formerly made from \$4 to \$6 per week as hand sittehers now receive \$12 per week on the power machines.

South Camac street, on March 8. Possi-When all the work was done by hand in daily prediction of 1000 brooms resided the employment of this inbilities of the drama will be discussed at the Little Theatre on April 12, and sired the consequent of fifty included with the new facilities. With the new facilities, from result improved broads are made every by, and the factory new ranks fourth mong all the broam making establishments The purpose of the Bureau of Occupa-

The personnel of the select half dozen aw includes John Jordan, Robert Kirseh-aun, II. Grenseith, John Young, Joseph serman and Walter Brown. The demonstration of the ability to handle owerthiven machinery, according to Super-abullent Mills, has widened the limits of apployment for the blind, and is a strong sching for his theory that a blind man car

JEWISH WOMEN TO GIVE DANCE AT RECEPTION

"Dream of Fair Women and Brave Men" Feature of Annual

About forty young women prominent in the social life of the local deviah com-munity will participate this afternoon in an estlictic dance, "A Dream of Pair Women

od Braye Men." to be held at Mercantill High.

The dance will be a part of the program of the annual reception of the Philadelphia Section. Cauncil of Jewish Women, which will begin at 2 o'clock. Following the dance there will be a tableau. Mrs. Max Leopold will offer the vocal features of the program. Those who will participate in the

HOW TO RETAIN THE LUSTER AND LOVELINESS OF THE EYES

By LUCREZIA BORT

A BOHAN EYEWARD Wer the eyes with this liquid or pour labran eyesup and open and cigar the labs the bath. A saturated solution of boracie

A redution of sail water on plain cold water is an excellent eye tonic.
You cannot be too careful about the arrangement of the light when working, sewing or reading, since it has much to do with the health of your eyes. If you arrain your eyes, red, inflamed lids are sure to be the result.

When you have been out in windy, cold weather be sure to bathe the eyes with one of those spothing lettons, so their brilliancy will not be duiled by an unratural redness. nears when a foreign particle is not quickly

SCIENTISTS DIVIDED ON BIRTH CONTROL

Priest Denounces Theory, but New York Advocate of Idea Wins Applause

Dr. S. Adolphus Knopf, professor in the

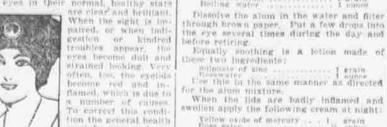
Doctor Knopf's address came as a climax o an address delivered by the Rev. A. J. chulle, a professor of liturgy and Latin in Charles's Saninary Overbrook, Speak-g from the viewpoint of the Catholic burch, be characterized a physician who ould destroy the life of an unborn child

a "murderer" and an "assassin."
Father Schulte also denounced that sec-on of the medical profession that advo-tes birth control.

Doctor Knopf was interrupted several times during his address by applicas. "It is a divine right of the poor mother," maid the New Yorker, "to prevent the constion of children and particularly children hat through economic remeans are desired to die in poverty or disease. In-struction should be given to mothers con-

because for various reasons they do not want large families. The poor mother, who is unable to give her children all that is due them, should have the same right as the rich. Certainly it is better to have

Tulk eyes take first place in woman's removed from the eye, an alum solution is strongly recommended. The mixture constant for properly.



strained lecking. Very often, too, the evelope often too of the greatest beautiful too the general health must be improved, the eyes strengthered and the inflammation alternative of the inflammation alternative of the greatest beautifules the eyes with hot water and dry well before the other often of the greatest beautifules the eyes with hot water and dry well before the other of the greatest beautifules the eyes with hot water and dry well before the other often of the greatest beautifules the eyes with hot water and dry well before the other often of the greatest beautifules the eyes with between this is marred if you need to the greatest beautifules the eyes of their brilliance. If you wish to restore the clear brightness to sure eyes with extra care. You must remember that they are must deligately constructed organisated careful attention.

The power stretces are of the regular from used in feeders are of the regular restures of design for the sufety of the blind persions except that the needless are encountered to the expension of the sufety of the blind persions except that the needless are encountered to the expension of the suffer that you notice a reduces of a wire acting. The machines of the expension that you notice a reduces of the expension of the source of the trubble and correct it. If the reduces of the expension to the expension of the expension of the expension of the expension of the company of the expension of the

acid to also excellent for inflamed eyes, in extreme cases of irritability use a fine piece of linen or antiseptic gauge stated with the solution and laid directly over the lids, renewing it as it dries.

the poor woman rear a small family and big family in poverty, flith and disease; Other siscakers were Dr. Barton Cooke Hirst, professor of obstetrics at the Uni-versity of Pennsylvania Medical School, and Hampton L. Carsen, attorney for the so-ciety, who asserted that the unborn child

(Copyright)

Dissolve the flum and the sine in the water and filter the mixture through brown paper. A cloth may be wet with the lotion and laid over the eyes during sleeping

Bachelor Buttons

One egg, two ounces butter, five ounces our, five ounces sugar. Make into small flour, five ounces sugar. Make into sin balls, roll in sifted sugar and bake buttered tins, allowing room to spread.

has legal rights that should be respected.

Pare, cut in haives and stone tweive fine, rips peaches, reserving a few of the pits. Boll the pits in one-half cup water fifteen minutes, then strain, and mix with it one tablespoonful flour. Butter a deep pudding

dish well, put in a layer of penches, sprinkle with sugar, dot with butter, down with another layer of penghes until all are used. Four over the water that was strained off the pits. Make a rich blacult crust for the top; roll about ens-half inch thick; place over fruit; bake in slow oven; serve with whipped cream.

THE PROPERTY OF HERE-DRESS SMARTLY-SAVE MONEY THE PROPERTY OF THE PROPERTY OF

MAIL ORDERS promptly filled when accompanied by Postal Money-Order for full amount. Satisfaction guaranteed or money refunded.

A Great Inrush of Handsome New Winter Garments From Manufacturers Willing to Sacrifice Their Surplus

Stocks, Brings an Overflow of Star Values for Friday



Wool Plushes, Fancy Mix-tures; fur and silk plush

trimmed at Women who want to be economical on their coat purchases will be able to com-bine substantial savings with smart style and excellent quality in their selections here

Esquimette Silk Plush Coats

Beautiful silk lined models, worth \$22.50

Also fine wool velours, silk corduroys, etc., many fur trimmed; values to \$20, at

FRANK & SEDER-SECOND FLOOR

150 Women's Fine Suits to go at\$7.00 \$15 Party Frocks and Street Dresses......\$7.75 1200 Exquisite \$1.00 Lingerie Waists...... 75c

The Great Fur Sale Continues Friday

FRANK and SEDER THE PROPERTY OF THE PERSON O

Decidedly opposite views concerning "The Highis of the Unborn Child" were taken by speakers who addressed the members of the Philadelphia County Medical Society aforementioned subject, held in Scot tish Rite Hall hest night.

New York Post-Graduate Medical School and Hospita), declared himself in favor of

"In reality R is not tace suicide, but rare preservation. At the present time birth control is carried to excess by the rich

ROBINSON & CRAWFORD

At All Our Stores Where Quality Counts Low Prices Prevail

One of the greatest factors in the growth of our business is the spirit of striving which animates our entire organization. It is an active, energetic spirit, for it inspires each one of us to do the best we can all the time and always try to make our best BETTER. It is a progressive spirit, for it keeps Our Stores not only up to date, but a little ahead, and all the time forging farther ahead. Ahead as regards quality of goods, economy in prices and efficiency in service-and also ahead in the esteem of particular people. It is the spirit of success, the underlying force which is ever strengthening and lengthening The Quality Chain.



MISS KATHERINE PUNCHEON

hibition of work at the Plastic Club, 247

Farming and Gardening at the Acorn

Club on May 10 will conclude the con-

tions for Trained Women, which is con-

ducted by Miss Theodora Butcher unde-

the auspices of the local branch of the

Association of Collegiate Alumnae, is to

enable young women who have been

trained for business life to "find" that

vocation for which they are best suited

and to relieve the overcrowded profes-

Of course, when vegetables are canned we get virtually all the edible portion. Note, too, are comparatively costly, and if we make sure that they are fresh and shelled in sanitary surroundings, it is cheaper in the end to buy the shelled meats. Here are the unedible portions of note which we may for at the same rate as the meats.

we pay for at the same rate as the meats:

Blueberry Gingerbread One-third cup butter, one-half cup seguind cream together; one egg, bent well

and cream together; one egg, bent well; one-half cup non-lasses, two and one-quarter cups mary hour taited before measuring), one-half tempoorful ginger, one-half tempoorful ginger, one-half tempoorful pawter and one rounding tempoorful baking soula; affi all in together and beat well, then add one cup blueberries; hake one-half hour in the part well.

ms oven in shallow pan; serve warm, with

GOLD SEAL

Gold Seal is the highest grade of freshly churned Butter. It is made from the richest golden cream, in the most modern creameries in the country. The deli-cious aroma, fine flavor and superior keeping qualities



of Gold Seal Butter have made it the choice of the most particular people. Are you particular? HY-LO BUTTER 1b. 42c

CA-RO BUTTER 1b. 38c

All that its name implies. High in quality, low Absolutely is IT PAYS TO BUY BUTTER "WHERE QUALITY COUNTS"

Absolutely Pure Butter of good quality and a bar-

FANCY Pineapple can 12c Peanut Cakes 1b. 14c SOUND Oranges doz. 15c,22c Sliced Hawaiian Pineapple of fine quality, packed in good syrup.

Peanut Cakes 1b. 14c SOUND Oranges doz. 15c,22c Sweet, juicy Florida Oranges of fine quality and flavor.

SLICED PINEAPPLE can 10c AL FRESCO WAFERS 16, 17c Large GRAPE FRUIT each 5c

Gold Seal Starch, pkg. 7c Fancy, Large Prunes, lb. 14c Good Tomato Catsup, bot. 6c, 10c Good Cornstarch, pkg. 5c California Prunes, lb. 12c Blue Label Tomato Ketchup, bot.13c Gold Seal Oats, 2-lb, pkg. 8c Evaporated Peaches, lb. 9c to 17c Horse Radish and Mustard, bot. 9c Peanut Brand Oats, pkg. 6c Fancy California Apricots, lb. 20c Gold Seal Buckwheat, pkg. 10c Choice Peanut Brittle, pkg. 10c Gold Seal Pancake Flour, pkg. 10c Tomatoes, can 10c, 12c, 14c Karo Syrup, can 10c Strained Tomatoes, can 8c Stuffed Olives, bot. 8c, 13c, 20c

GOLD SEAL SIFTED PEAS can 15c, doz. \$1.75
A bargain price for Gold Seal Sifted Peas. They are tiny, tender and of delicious flavor.

GOLD SEAL Peas can 12c, doz. \$1.40 CHOICE QUALITY Peas can 10c, doz. \$1.20

This quality usually sold elsewhere for 14c the can.

IT PAYS TO BUY CANNED GOODS "WHERE QUALITY COUNTS"

HECKER'S Flour pkg. 10c
PAN CAKE Flour pkg. 10c
Hecker's Pancake Flour contains
powdered milk. Very wholesome and
economical.

BEST
PURE Lard 1b. 18c

Best Pure Lard, and you get 16
ounces net weight at all "Our Stores."

CAMPBELL'S
TOMATO
Soup can 10c

A fresh lot of this famous new
Tomato Soup just received for this
sale.

Whether it is Tea, Coffee, Butter, Eggs, Dried Fruits, Cereals, Canned Goods or anything in the grocery line, it will pay you to come to OUR STORES for everything you require.

Robinson & Crawford The Stores Where Quality Counts Throughout the City and Suburbs

Wonderful Growth of Our Specialized Meat Business

Specialized by the exceptional care continuously given to every essential detail in keeping this branch of our business in close touch with the rigid requirements of THE CHILDS STANDARD. And yet it's dollars to doughnuts, that there are a whole lot of people here in this city who really don't know that we deal in meats at all. But by making inquiry they'll find that Childs & Company do AN ENORMOUS BUSINESS, throughout four States, in handling

The Very Choicest Fresh Meats

the market affords; in fact, that we're among the largest retail dealers in the United States.

This specialized feature is included in the service of fourteen of our Philadelphia stores, and is almost everywhere installed in our long chain of out-of-town localities. Careful, particular people in Pennsylvania, New Jersey, Delaware and Maryland fully appreciate the EXCEPTIONALLY GOOD SERVICE we give; and the business grows. One of our customers proudly tells us that she really made

An Actual Saving of \$92 in 1916

by regularly buying her meats at our stores; and that during the whole year we invariably gave tiptop quality, with full and honest weight, at prices that enabled her to make this wonderful and very satisfying saving. This is only one instance out of many, many thousands; and is merely illustrative of the real helpfulness of THE CHILD STORES. One cannot know everything, but it's easy to learn the way of careful folks; and

Such Opportunities Are Yours

Dealing with us is buying with a certainty of satisfying results. The returns come regularly, surely; and you reap your profits every business day in the year. "'Tis a poor cook that cannot lick his own fingers"; and the housewife who fails to open her eyes to the full significance of these facts is a wofully poor manager. We handle meats of the very best quality, and our prices are Childs Pricesthat means THE LOWEST.

CHILDS & COMPANY

THE DEPENDABLE MEAT STORES

"Where Your Money Goes the Farthest"