# WOMAN'S REALM—CONTAINING A VARIETY OF USEFUL INFORMATION—HOUSEHOLD MATTERS

### IS LUCK ALWAYS RUNNING AGAINST YOU IN BUSINESS?

The People Who Seem to Have Been Born Under an Unlucky Star-How Many of Them Do You Know?

F YOU feel that you have had a fair measure of success in your business ventures, possibly this is not for you But if, on the other hand, you are one of those to whom fate has dealt an Illassorted hand you may be interested.

I know so many girls, and men, too, for that matter, who have been "unfucky" in this respect.

Almost invariably they are very "talky," otherwise how should the world know how badly they have been treated? How, Indeed?

One man of my acquaintance is like this. As a boy, he was always getting into trouble and just as surely getting out of it with the help of his doting mother. At school Willie was always the "goat" when things went wrong. While all the "fellows" used ponies, it had to be Willie who was caught.

He went out for the team at college, but although he sat on the sidelines wrapped in a blanket for three years he never so his letter. Of course the others had pulls, it was easy to see. For the same reason he was kept out of the fraternity he was dead anxious to make.

When Willie entered business he very magnanimously consented to accept some thing small-at the start. Just beginning at the bottom, you know. Of course in a few months they would see that he was really fitted for big things.

But somehow, although he has never been absent-well, once or twice perlups, and is rarely late except when the trains delay him, other men, mere boys, have come in and been promoted right over his

## THE CHEERFUL CHERUB

know But sometimes I almost believe When I look at what's handed to me. Its more blessed to give

than receive"

of information.

There is a comedy running in New York this winter, and in it one of the characters is made to say to another. "Say, don't you know that you were given

### THE WOMAN'S EXCHANGE

The winner of today's prize is Mrs. Charles Thompson, of Ridley Park, whose letter appeared in sesterday's paper.

#### TODAY'S INQUIRIES

I. What spice can be used as a substitute for the points of embroiders selsaors mistard in preparing a "mustard" plaster?

How can rust stains be removed from

3. What is the best way to scrape cake or bread if it has browned too much?

dangerous when Ising in the working. What is the easiest way to protect them?

3. What expenses of a church wedding does

### ANSWERS TO YESTERDAY'S INQUIRIES

1. A tough becisteak can be made more
leader by hanging it mp for a time and washing it over with vinegar. Then after taking it down wipe with a clean, dry clott and pour ever it four or five sponding of office oil and the last the next dince engaged, by should conduct the airle to her chaperon. If she has one, before leaving her.

2. A wedding present should always be addressed to the bride, whether the sender is

The colur of green vegetables can be retained when cooking by adding a pinch of bak-ing soda to the water or by keeping the lid off

3. If potatoes are to be baked they should rat be scrubbed clean, then rubbed with olive all; this will keep the skins thin and saft,

### Weekly Expenditure for Food

of HI for table evinance for three adults and also your answer that some persons get along with \$10.

Now I would be greatly obliged to you or if sems older and more experienced boundament than I am good tell me how they measure. We are a family of three adults and a bary one year old, and I do all my own loogswisk with the exception of one dier's beilt for wanning and accubing, which coas me \$1.00. I also send sheets and supreads to the Laurents of the girl refuse to wash them. This diverges with the fire of the present price of ears and better with the general sivames in diverging in our real the general sivames in diverging in our set sions on less than \$16 about week, and it cannot possibly reduce this. I have to cil due to the same of the possibly reduce this. I have to cil due to the same possibly reduce this. I have to cill due to the same of the same week.

When I stipulated the sum of \$10 a week! I intended to convey the impression that this sum was exclusively for the table, and did not include includental expenses, such as laundry work, bervice, heat or light. Those the expenses are increased, as the child must have a different kind of food from that given to adults. I shall be gial to hear from readers of these columns on the subject.

### Box With Lid Useful

To the Editor of Weman's Page!

These Madam—I keep a wooden box on any back steps with a shelf in it and a door feetened to the front with strine of leather for imper and a hasp on it. When I am anoling a plate of candr, a how! of fells or a pie in a surry for dinner I set it in the box, out at the milk in it, as I have always had a herror of cats leating the tops of the hottles early in the morning, before see task it in, and the speciesy man and meat frain leave their orders that when I am out.

J. G.

### Directions for Whipping Cream

Directions for Whipping Cream
To the Editor of Woman's Page:

Dear Madam—Rindly print a recipe for
whipped detain.

It is heat to buy the special whipping
gream, as this is thicker than the ordinary
kind. I have found that it can be whipped
more readily in a deep how!, using a patent
egg beater. Pirst, have the cream cold.
As the thick whipped parties of the cream
rises skim it off and place it in a chilled
how! Some cools advocate using a shallow dish and an old-fashloond wire egg
beater, whipping until the cream is a rotic
mass and not skimming it off. One or two
spoonfuls of powdered sugar will give it
more atiffness. The quantity usually
doubles itself in the whipping.

### Delicious Vegetable Dish

Editor of Woman's Page:

Madam Following is a recipe for what
on a very fine vectable dish:
Into small disc stapes two or three carset one onion and season. Cover with
Bell until nearly doner and contents of
pens, large place of buffer. Meason to
Pinish boline, then thicken a liftle with
mit water. Putalous cooked in with these
time.

Im never unselfish I

tis ability smould not not along. For he is attractive, has plenty of that intancible thing called personality and is a good talker. In fact, so interesting a talker s he that he is invariably "up sture." One leaves him with a full knowledge of his ideas and his opinions. He is a source

But what, I have often wondered, does Willie gain from his monologues?

one mouth and two ears for a purpose?

Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily inderes the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S ENCHANGE, Evening Ledger, Philadelphia, Pa.

25 How can tired and aching feet be re-

2. A wedding present should always be addressed to the bride, whether the sender is acquainted with her or only with the bride-3. A bonunct of violets or orchids max be

Be Dignified

ether in the morning or afternoon.

### To Celebrate Tenth Anniversary

The tenth wedding anniversary is the tin one. Arrange the table prettly willicenterpiece and dollar, Place a small displan or tin boiler in the center of the table, filled with flowers. Greens of various kinds with a touch of red would be appropriate to this season. Use they individual tin ple plates for nuts and candles and have the sait and pepper pots decorated with sprays of ferns or holly berries on the table also. A buffer support is perhaps the candest way of serving your guests. Place the edibles in the table and have the men guests cover the women and themselves. Pried cysters, chicken saind, light sandwolves, to occar. your supper between 10 and 19:30 o'clock

### Marriage License in New York

To the Editor of Woman's Pager
Dear Madam - Electr advise one as to the following: A what age can a girl and low steas
a marriage license in New York and must be reasons concerned by realism's of the State
of the State
of the Married Line There is no established age limit for either sex under which the consent of parents is required in New York. It is not necessary to be residents of the State nor is identification required.

### Tartar From the Teeth

Tartar From the Frein
To the Editor of Woman's Inner
Dear Madam-Some time ago you printed
directions for removing fartar from the teethWill you give them to me again?
Wind a piece of absorbent extitud ou an
orange stick and dip in temon juice, then
in pumios stone, and apply vigorously to
the teeth. This should not be done more
than once every three or four months.

### To Cleause the Hair

## MY MARRIED LIFE

By ADELE GARRISON

### Why Madge Dreaded the Dinner With Jack

ELEVEN o'clock: I looked at my watch about you, and she cat me off as if she were again to make sure that I was right. angry at something."

t was time for me to telephone Jack's old apartments to see if he had yet arrived.

about you, and she cut me off as if she were angry at something."

"Shall I answer your questions in the order they are asked?" I inquired lightly, in order to gain time to think. Of one thing I am certain—Jack must not come to the apartment after me. It would mean Dicky's anger if he found it out, and of course I would not think of keeping the knowledge from him.

"Any way you thee," Jack returned, "just so I see you us soon as possible."

"Well then, first I will meet you. I'll I moved toward the telephone, then re-membered that I had forgotten the number of the Hotel Alfred, the old-fashlened fremwich "village" hontelry where Juck and established bachelor quarters years before when things began to so well with him in his profession. The rooms were always sent for him, so that when he returned from any of his long trips loo had at loast the semblance of a home to welcome him. "Well then, first, I will meet you. I'll be ready to start in a few minutes, so we would only waste time if you came after me. Second, yes, I have moved. Third, I think Mrs. Stewart is cross because I moved away from her home. I will tell you about it when I see you."

"By all means."

"Good-by " I bung up the receiver and

walked to my room. I was all ready for the changing of my gown. For the res-tourne I may dur a smarter frack than the little street suit I had worn on my errand to Mra Riewart's.

It did not take hour to decide which dress to wear. My two evening govern were out of the question, and I did not wish to wear a soft. So there was but one of my trous-seau dresses left, a dark bine figured with with a Persian impostry triuming that was most effective.

no hat, a small black veloct affair, and but but my fout, a three-quarter semidress wrap of black velvet. Then I selected a pair of fresh while gloves and drew them on. I fastened them slowly. I was beginning to have an unaccountable dread of this dinner with fact.

(Copyrlatit (CONTINUED TOMORROW)

Ham Toast

Grind or clop cooled ham until you have one cim, using a little of the fat, as that improves the flavor. Melt one tablespoon butter in a saurepan and add one tablespoon flour; stir, and as seen as blended add one cup awest mith. Thicken eligitity, then add the ham and the whites of two hardbolled eggs, chopped fine. Season with salt and pepier. Pour over round silices of toust, which have been placed on a platter. Grate or chop the yolks of the eggs and springle over the top. Gernish with paraley. Chicken, systems or round beef may be used instead of the ham.

Perfectly Protected

Deerfoot Farm

Sausage from the farm in

Farm at Southborough, Mass. 

pound parchment package.

I stopped short as I realized that I had forgetten the number. Nothing could have brought home to me so vividly the strength of my feeling for my husband as did the

I had called that number literally hundreds of times. My distant cousin, Jack Bickett, the only brother I had ever known, was the one person in addes tryself that my invalid mother trusted and loved most in the world. It was one of her plongures, furning her start in her year, to talk to him over the integration. I had called by number for her fails for mother took her force also ber for her dally for months before she

ople failure to remember a telephone

WHAT'S THE MATTER?

And now in one short year my mether had died and Jack had gone for a year's trip to the wide of South America. In his absence I had not and married Dicky Unit! I tembyod Jack's latter announcing his return I had almost forgotten his exist. ence, so absorbed had I been in Dicky. No wonder the telephone, number had fied my

The telephone directory by upon a stand near me. I picked it up and turned to

mumber comfortably.

But no Alfred Hittel met my guse. I ran my finger down the column. "H. H. Alfred. I. M. Alfred. Size S. H. Alfreds, the Alfreds Apartments. but we hatel.

I was about to ask Central for the information deak when, with an exclaimation of stupidity. I turned to the "He". Of course, here it was under the bending "Hotels," "Hotel Alfred. Sixyesant 1889." How familiar it looked when the printed page recalled it to my guse.

I shut the look and moved toward the telephone, when its familiar ring startled me.

I did not know my own voice, was so strained. No wonder the man the other end of the wire did not recog-

ors, with just a suspicion of buckiness, a result of a slight throat trouble. "Is in Madison Square 2468"

"Yea."
"Is Miss Margaret Spencer there?"
So Mrs. Stawart had kept her word? Ho
did not yet know that I was married? I
breathed a little sign of thankfidness. I
wanted to tell him that news myself.
"This is Margaret, Jack." I said quietly.
"Stargaret! You? Why what's the matter with your votes, dear? I would have
evern I'd know it anywhere and I doin't
necognize it at all. Is anything the mattere?"

THE OLD PLACE

THE GLD PLACE

The same old, kindly solicitous "brother" I had known all my life. How good it seemed to lear his voice main.

"Nothing at all is the matter. I am perfectly well and secrything is all right. I don't think I need to ask how you are. You sound provokingly healthy."

I heard bim laugh, the deep-throated merry laugh which had so offer cheared my mother's sickroom.

"Gee, but it seems good to hear you again." he exclaimed. "How soon can I see you?"

"Why, at any time," I answered, "I have saved today for you."
"Good! Shall I come for you, or will you meet me? I see you have meeed. I telephioned the old place and Mrs. Stewart give me your new number. What's the matter with her, anyway? I started to ask her

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## DIARY OF A WELL-DRESSED GIRL

A Hat for Afternoon Wear

WITHE Lord leveth a cheerful giver. A quoted mother when dad announce that he was going to increase our allow-ances. Thoin and I were just thinking about striking for higher wages since the price of everything wearable has climbed to high.

What puzzled me was to know what What puraled his was to know what puraled dad to give us such a handsome 'raise." For years we've "worried along" on the same amount. Did is so walled in by his musty old law books that he never thinks about the high cost of dressing. The prices of millinery and footwear are Greek to him.

I knew that it must have laken a pretty wild should be toon his thoughts toward.

I knew that it must have taken a pretty wild shock to tern his thoughts toward such things. I finally managed to "worm" It out of dad. He confessed that it was Mrs. O'Hafferty, the woman who cleans his offices, who "opened his eyes," She told him, straight from the shoulder, that she wouldn't work for him any longer, even though she had scrubbed his floors for sleven years, unless he doubted her wages, as it cost twice as much to live as it did last year. "All right, where do you want to eat, the "Let me see, the Troxingham is just iround the corner from Broquin's. Suppose you come directly to the ladies' parier of the Troxingham, the Thirty-eighth street

Blessings on the head of Mrs. O Rafferty I made a rapid mental calculation. About half an hour." "All right. That's an awful long time to walt to see you but I suppose it can't be solped. Goodily."



A picture hat of silver lace.

One of the smart milliners is having a A large picture hat of black batter's plush trimined with paradise appealed to mother's taste, so I tried it on. I looked

like "a toad under a cabbage leaf"; it was much too large.

The milliner's choice was a poke bonnet of black panne velvet faced with pale pink taffeta and trimmed with three pink ostrich plumes. The hat was extremely becoming, but mother thought it to "picturesque" for ordinary occasions.

Then I tried on a large hat with a straight brim. The brim was covered with black tulle embroidered with large gold flowers and the crown with black saim. A band of skunk outlined the extreme else of the brim. I rather liked this model, and it was most becoming, but as the blue velvet frock which I intend to wear at the wedding is embroidered in aliver, the gold-trimmed hat would hardly appear at instead. rimmed hat would hardly appear at its

of. Mather thought that I might like a large

Mather thought that I might like a large has of black velvet with a mushroom brim. Mushrooms always look well on me, but I was afraid that the trimming was too flat for my typs of beauty, since I am Just above the average height.

Then the milliner brought forth an excusite picture hat of silver lace. It was that dull silver that is so elegant looking, and the ince was of a beautiful design. The broad brim and the bowl-shaped crown were covered with the lace, and the latter was lined with silver gauze. A single estrict plume of a pale silver-gray drooped gracefully over the brim at one side. I knew that this hat would harmonize perfectly with my monthight blue and silver frock, so I ordered it sent home.

There are rumors aftent that Eleanne Glenn and Lester Woodworth will be married next month.

(Copyright.)



# Are your children up to this standard?

There is nothing that tells so accurately—so inevitably—how well a child is thriving-what its physical condition is-as its weight.

Compare the weights of your children with this table. It is from the work of the greatest American authority on the care and feeding of children.

			S	ta	n	da	rd	Weig	ghts	of	0	hi	ld	r	er	×.		
			Boys										G	Girls				
1 2	year	of	age			. *	26	pounds	1	year	of	age			7.	×	20	pound
3	44	-66	11	7	Ē.,	٠.	30	44	2	144	44	16	*				25	44
4	: 69	10	4.6	_			30 35	**	3	4.4	14	**		1	т,	*	29	46
5	8.6	88	44.				41	**	5	146	-65	14		*	*		34	44
6	9.6	11	14.				45	44	5	**	44	44			*		39	44.
7	66	.64	44.		-		49	- 14	7	85	**	14.	*	-	*		41	44
8	44	**	84				54	74	8	198	34	440		٠.	*	*	47	**
9	44	48	400			*	60	66	0	44	14	56	*	1	*		52	44
10	185	84	16		-		60	4.6	10	:66	44	46		Y	*	*	57	44
11	7.84	9.5	-64	. 70			72	48	11	146	11	44	*				03	88.
8 9 10 11 12 13 14	1.64	. 64	44		*		80	44	12	34	.00	44		١	•	*	70	44
13	AR	##	44	-			89	166	13	.65	44	66	7	-			81	
14	10.00		16	*			98	44	14	44	44	At .	. '	•	*	*	91	46

If your children do not come up to this standard—and you ask your doctor about it-the first thing he will ask you is "What do you give them to eat?"

Every child should have delicious, sustaining, tissue-building, energy-giving, digestible food. The food which combines these in the highest degree—the food you should get for tomorrow's breakfast is Cream of Barley—buy it from your grocer today.

