# BEAUTY PROBLEMS—FASHION HINTS—EXPERT HOUSEHOLD ADVICE—INTERESTING SERIAL

### PHRASE "AS DRUNK AS A LORD" FAST BECOMING OBSOLETE

If the Temperance Movement Continues in Its Rapid Growth "Yo-ho-ho and a Bottle of Rum" Will Be a Song of the Past

WHAT with the South "dry" and the West rapidly following suit, the East will inevitably fall in line. In these busy times, when every hour in the day must be accounted for, the average working man cannot "look on the wine when it is red" and yet continue to adequately support his family.

The phrase "as drunk as a lord" is not without its significance. It is a survival of the times when men of the leisure class remained in a semi-stupor for days because time meant nothing to

A young man's greatest desire apparently was to learn to "drink like a gentle

"Temperance," according to Anne Sherrill Baird, in the Southern Woman's Magazine, "is not so much a moral as an economic issue. Some things that faded away with the passing of the predatory era were picturesque and interesting-particularly so as we look back upon them. For example, 'drinking songs' are rather appealing, even to the most hum-

"When knights were bold and barons held their sway, drinking songs were in high favor. Most of them started off with 'Yo-ho-ho." Leisure and yo-ho-hoing has practically departed from this planet; and drinking songs are as remote from today as are the songs of a vanished

"Gilbert K. Chesterton is about the only person left who is remantle enough to keep alive the philosophy and poetry of drinking. He actually writes drinking who chances to pose for a howevery or

even a total abstainer can read them to whom the profession is a serious with relish—as a vegetarian can enjoy thing.

### THE CHEERFUL CHERUB

I wonder, Reader, who you are And how you look and what you do, And if you like me half as much As I am sure that I like AOO!

the cannibalistic fee-fo-form to Jack the Glant Killer. For these drinking songs are but rhymes from the nursery of the world-the wang song of a view of life that once threatened to transform Sir John Falstaff into St. John Falstaff."

 $I_{\rm sational}^{\rm N}$  CONNECTION with this weeks sen stated the other day after giving all the went along together. Leisure, however, gordid details of the crime and dwelling at great length on the violence used by the mucderer that "he was evidently a low type of man," Yes, the gentleman could meen to be

How people do love to roll that plants 'artist's model' under their tongues. It seems to me that to call every woman "But as one of his critics remarks, model" is a distinct reflection on those

dew me a tender little shake, then "Mother will take my room," he said.

The trans cut and lay them on the hed and then we can red it in easily.

The trans well and lay them on the hed and then we can red it in easily.

The trans well and lay them on the hed and then we can red it in easily.

The trans well and lay thou on the hed and then we can red it in easily.

The trans well and owned in my leading days. A quilted eachien gad covered it to the whole I had thrown a cover of gap's flowed chiniz. Two or three pillows covered with the same chinix transformed the trank into an attractive sent. I have then with the advent of Dicky's there I should virtually have to live in trans. So I determined to put it in the bar room under one of the red it as tender little shake, then "Mother will take my room," he said. The larger than yours, so some of my trans can stay in it. She'll be glad to have there's virtually nothing in it. I can have all my clothes in there."

"You will do no such thing." I flashed indignantly. "Troop, Dicky, I don't mind about the room, and I am awfully sorry I was so horrid this morning."

"Oh, I'll forgive you." said Dicky, will make you are true to the pillows covered with the advent of Dicky's there I should virtually have to live in trunk. So I determined to put it in the red in the pillows covered with the advent of Dicky's there is the gad to have a solution of the red in place by they are in the pillows.

"You will do no such thing." I flashed in disparately. "Troop, Dicky, I don't mind about the room, and I am awfully sorry I was so horrid this morning."

"Oh, I'll forgive you." Said Dicky, will make you are you are the pillows.

"The transit and the pillows." I have been the gap to have a solution of the pillows. I should virtually have to live in the pillows.

Natic lifted the trave to the hed, then

he groundwork of the chintz was blue, a bue that farred whon contrasted with a green of the dining room. I saw that must buy material for another cover and

## MY MARRIED LIFE

"Maybe you no want me to stay till she comes," she said mallciously. I know that she realized just what a predicament she would leave me in if she went away before I had prepared the apartment for the con-

ing of my mother-in-law.

But I allowed no trace of my very real
fear or annoyance to appear in my voice
as I answered her.

DICKY'S GENEROUS SOLUTION

Ratic retreated sullently to the Ritchen. But I had seen the quick tears start to her eyes, and knew that her little fit of temper would quickly subside. I turned toward my room to see Dicky standing just inside the outer door wnilling at me.

"Aren't you assumed to play 'Peeping Tem" at domestic tragedies" I solved gayly "But now that you are here, won't you have a cup of tea with me before I go

"You wen't speak to anybody but me

shopping? I'll speak to Katle."

How Dicky Restored Happiness to the Household

"The color of this cover doesn't look wall with the color of the dining-rount walls," I shall have to buy YOU too easy." Karle's kindly meant, if impertment, vords echoed in my ears. They made me orget the rearrangement of my personal slongings which I was planning in order o give up my room to Dicky's mother. She and make new ones."

Katle sniffed, "Too much work, too Ratie sniffed. "Too much work, too much work, too much motey, just because one old woman come," she said.
"Katie" My votes must have been harsher than I knew, for Katie fairly immed as she heard it. "Don't ever speak that way of Mr. Graham's mother again."

Katie tossed her head. Her cheeks flinded. I knew that she was angry. and just blandly uttered then and had prefered them with the remark that Dicky build have been the one to give up his som for his mather's comfort.

She had left the room before I could reprice her. To tell the truth I did not feel like criticizing her. I was too busy asking fixed? the question which she had anworld in the affirmative

wered in the affirmative.

Was I "too easy" with Dicky"
During the free weeks of our marriage I had learned that life will Dicky would have to be a series of compromises. Our mone and ideals were as far apart as the police. We had had many unphasant clashes. I asked myself again, as I had many times before, why we could not get along bettle together.

Was I "too energ? Or, as the other hand, had I not deferred enough to Dicky's whinse"

"You must do just as you think best about that," I replied evenly. "Your week is in tomorrow, so, of course, you will not go before then. Now please make me a cup of tes. I must go to a shop and try to get some interial that will harmonize with this room."

whims? I could see plainly enough that our separation would be the only logical lesie if we kept on in the way we were going. That thought terrified me. No matter how Bicky and I differed he was my inecisand, my own man, and I level him. I could not help resenting his selfan attlinde in the matter of the room, but he had yield-

and quarroled over.

If was a small thing to do, I init myself, to give up my recon for a few mouths. Womanilie, I began to regret the cutting words I had used to Dicky when I told him! I would resign my room to his mother. After all, Dicky needed a place to himself more than I. He was an artist, temperamental, high-scroop. His work made him indensely mervans. He really ought to have a nook all to himself from which he rould have not everyholy any time he wished to do go.

"He has his studio. You have no place

"He has his studie. You have no tall "I have his studie to he study at the study of the history of any changes in the apartment of a nut some irrutaling thought into at any rate, for any changes in the apartment. I know I was a selfish brute this ment. I know I was a selfish brute this morning, but why under heaven do you take that high and nighty martyr tone with the disting resmall I asked, when she had the disting resmall I asked, when she had the disting resmall I asked, when she had drew me closer to him.

A BRAVE CLASH
"Var the matter, Missin Graham?" Katle stared open-mouthed at the cover which had thrown over a chair.

Four Unusual Fish Recipes

EVEN on insight flow like the cod can be bound so up to have a pigmant appo-ting flavor. Instead of cooking cod with

hating flavor. Instead of rounding the seasoning, each it in a prepared "bouilion," which can be made the day perfers, if desired, or it can be cooled with the fish in it. In any event the liquid must be cold when the raw fish is placed in it.

Make a thick layer of silved currents

CURRED FISH

reparation and baking

## TODAY'S FASHION



A cape-wrap 2 + the dance or theatre party.

"Erayo! Hon tamer!" he said in a low tone. I knew he must have heard my reproof to Katle. I knew also that he had returned in a good lumor, instead of the angry mood in which he had left the breakfast table. I resolved to meet his attitude with one as kindly. MY BACHELOR uncle George and I have become real clummay intely. Uncle George has made a nice fittle pile in stocks this year, and resterday he remembered that mother's birthday is next week, and suggested that we get her something that would make her soold us for our extravagance.

I told him that mother was still wearing hast year's opera wrap, because she couldn't afford to buy the kind she wanted. The thought of giving mother a genuine surprise made him chuckle all the way to he shop where the handsomest wraps are old.

Was a Frent to see the assortment of wonderful evening cloais. To use Uncle George's words, "Such things make winter worth living to a woman." I chose ten of the layeliest models and tried them on to get an idea of which would be becoming to mather. We are of the same height and coloring, only she is stouter.

First I paraded about in an elegant creation of Burgundy red velvet lined with pale blue brocaded satin. It had a deep cape collar of silver brocade edged with sable, and the kimono sleeves were trimmed with the same fur. We both agreed that it was too voluntinous for mother, as it would make her appear "dumpy."

Under George was partial to a cape-like wrap of moonlight blue velvet, so I tried it on. This model surely was postle looking. The wide, flowing sleeves were cut in one with the bodice portion and hung in full, graceful lines to the hem of the wrap, forming a cape at the back. A wide border of silver embrodery outlined the sleeves and hem. A collar of seatifies the sleeves and two hours before he had been insisting upon his own room and his own bed.

He flushed a trife at my look.

"I guess we're not so pampered that we can't live as the majority of people do." he said. "Of course. I'll get the couchbed for the dining room, anyway. It will come in handy if any one should be ill. But you won't seriously mind sharing your room with me, will you, Madge? "Not very much." I replied happily.

I did mind, but I would not mar Dicky's enjoyment of his own self-snorifice. He evidently quite functed himself in the role of the martyr, Besides, we had weathered another threatened quarrel. I thanked my stars for that. short embradery outlined the sleeves and hem. A collar of sealskin buttoned high about the ears, which Uncle George said was "sensible." I loved the lining of white brocaded sain shot with silver threads. But, while this wrap was becoming to me, we knew that mother would feel that she looked too much dressed up in it.

The next wrap to catch my eye was one of bronze tinsel cloth, lined with purple satin. The combination was extremely rich, and I was sure that mother would like it. Unlike most of the smarr wraps this ceason, this model had sleeves of a decided type. Wide bands of chiefelilla. Wide bands of chinchilla formed the muff cuffs, the high collar and the wide band about the hem.

The Instant that I slipped the next wrap on, Uncle George said: "That is the best one for Molly." It was made of silver brecaded Burgrandy red sain trimmed with kolinsky. The patin, of that soft, supple quality that hangs in deep folds, formed a full, cancillor portion. That we rill, capedite portion that was attached to a deep yoke of the fur. Over this fell t wide cape-collar of the fur. The lining of white brounded actin shot with silver threads also pleased our tastes, and it was a case of "look no further." We had found enerly what we thought mother would like.

Uncle George left orders for the wrat to be delivered by special messenger at i to be delivered by special measurer at 1 o'clock on mother's birthday. He will make it a point to drop in for luncheon and see mother "properly surprised." I've also told Dad to be sure and come home early—he is going to take mother to a ma that he will be "in on the doings," too,

## HOW TO BREATHE FOR BEAUTY

sure to come to deen breathers, but I do not know how one is supposed to stand or breathe to do so cor-

lifted boddly from a recent letter. There may be many others

who may wish to know how to breathe

deeply — those who long for perfection of form and others who are striving to become

By LUCREZIA BORI

YOU have so often recommended 'deep hard. even intervals. This does not mean "puffs." but the breath must be allowed to come steadily and easily, just as if yes coft-repeated term? I am anxious to accome steadily and easily, just as if yes were turning it off and on. The intervals about the breath must be allowed to come steadily and easily, just as if yes were turning it off and on. The intervals about the breath to escape in the present the pre defects-just what do you mean by this oft-repeated term? I am anxious to acquire the benefits which you claim are

ime apart. ime apart. It is always better to wear loose cloth-ing when practicing deep breating exer-cises and be careful at all times that you-stays are not loced too tightly, for this ill prevent the disphragm from expandi

To breathe deeply does not mean a large waist line; in fact, you may find that it will reduce both the waist and hips.

Hreathe deeply for the sake of your health and your appearance.



of the foundations of health, beauty and of the art of correct singing. Once begun, these breathing exercises should be practiced every day to briog about the desired results. If you are a busy woman, with only a few minutes spare time every day, devote them to breathing deeply. These exercises have the great advantage in that they can be practiced almost anywhere or at any time. The following deep breathing exercises practiced once or twice a day for fifteen or twenty minutes will do more far your physical being or your voice than anything clies in the world: your physical being or your voice than any thing else in the world:

To stand correctly when breathing deeply, place your back to the wall, your heels together and let your arms hang loosely at the sides. Throw the weight of your bedy on the halis of your feet and rest your aboutless and the back of your head against the wall. By holding your head against the wall. By holding your head against the wall. shoulders in this manner you will keep your chest in the correct position. Do not elevate your chin, else you will cause an unnatural and strained position of the

singers.

Just a little advice before I explain the brenthing exercises. Deep breathing is one of the foundations of health, beauty and

LICERSIA BORI

Now draw a deep full breath, using the muscles of the abdomen and diaphragm first, allowing the chest to expand in the latter part of the breath. I do not mean latter part of the breath. I do not mean that you should allow the muscles of the abdomen and dispiragm to expand to their limit before using the chest muscles, but be sure to lay the foundations of the deep breath deep down with the lower muscles, building up gradually to the top. Few women ever learn to use these lower nuscles unless they take up voice culture inhale through the nostrils and exhale through the nouth, allowing the breath to escape in a steady, even stream. Expel the breath by using the abdominal and diaphragm muscles first and letting the chest fall last. Count when expelling the breath in order to make the breath release as long as possible. He most careful lowas long as possible. Be most careful, how as long as possible. Be most careful, now-ever, not to contract the muscles of the throat while counting. Always remember, particularly if you desire to improve your voice, that you must guard against strain-ing the throat muscles.

Follow this exercise by another in which you exhale the breath in this manner: Pretend that you are trying to blow on a candle, not with one short puff, but with a steady, even flow of breath. When you have practiced this exercise aix or eight (Copyright.)

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### THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Succial queries like those given below are invited. It is understood that the editor does not accessarily indoxe the sentiments expressed. All communications for this department should be indiressed as follows: THE WOMAN'S EXCHANGE, Evening Ladger, Philadelphia, Pa.

TODAY'S INQUIRIES

2. How can chewing gum be removed from

3. When baking pies, how can the bottom 3. Can dandruff be contracted from another crust be kept from getting soggy? ANSWERS TO YESTERDAY'S INQUIRIES

rolks of three eggs, then the whites and a small appenful of sait. Add another cup of milk, post the mixture over the apples and bake three-quarters of an hour in a moderate oven. It is served with a vanilla sauce.

whitened by senking there in alum water which has been boiled; the water should be allowed to tool and the knives scaled for an hour, then brushed thoroughly with a null brush and dried slowly in a damp towel.

arts, set together firmly and allow it to harden for a day or two in a dey place.

### Old Pennsylvania German Dish

Several Good Recipes

Several GOOL Recipes
To the Editor of Woman's Page:

Dear Madam—Please accept these few augrestions. They have been very height to me, and perhaps they may help some one check the stand white perhaps they may help some one check the stand white perhaps they continue to the stand white perhaps they continue to the stand until the far awis hard on they remove the fat and use if for shortening for broad and biscuits. It is the
Try using whole wheat flour. If you cares get the habit you will never an back to white flour.

ow what to do with the year? History wire sont our that you can hame on and it will eave many trying more real as the song, which so many will the state.

M. S. Vineland, N. J.

Care of Oleander and Rubber Plants

Editor of Woman's Page:
Madarn-Will you kindly advise me what done to an elecander and a rubber plant over of which have been railing of vincere taken into the house, for the winter? a sun bein for a value plant which has a top part broken of Mrs. William F. First make sure that your plants are not eet-bound and that the earth around them is rich enough; then if the leaves seem to be falling from some other cause perhaps there are insects on the plants. If this is the case, sponge them with a solution made from quasafa chips. These can be pur-chased at any seed store. The piants should be watered and the leaves carefully sponged at regular intervals. The plant which has been broken will not die if given proper care, but the growth will be slow.

### Sensible Step-Saving

Madam—t always save my strength by on a high stool when brooking small libe handberchiefs and towels. When g dishes I place beside me a small table fat to put the dried dishes, as this save (Mrs.) JOSEPH C.

Convenient Newspaper Ruck

The winner of foday's prize is Mrs. J. J. O'Connell, of 933 I street N. W., Washington, D. C. whose letter appeared in yesterday's paper

1. What is the simplest way to clean a type- | 1. Should a letter written in the third person be signed? 2. When referring to a person, is it correct

to call him a party?

L. Birds' nest pudding is made from buffer | 1. When one does not care to nortake of and apples. Place six or seven pared and cored one of the course; at a dinner, the best thing to apples in a buttered baking dish. Mrs five to avoid the appearance of rudeness is to tay tablespoontus of flour to a smooth must with the food and, if possible, taste it, or to one cup cold milk, then add the well-beaten busy one eff otherwise as that the hostess attention will not be attracted.

> 2. The duties of a best man are to enter the church with the heidegroun and to wait with him before the attar, then to hand the ring to him at the proper time. Before the wedding he makes any arrangements the bridgenorm ask of him for the wadding trip, and after

3. A dry skin is frequently caused by lack of awity in a dump taxel.

3. To mend broken china, make a thin paste

daily: cold cream will also prove beneficial,

### Explain to the Young Man

I think I would explain to the young man Some girls are eager to accept such invita-tions, and he may have had no idea that he was making a nistake. You are of course, perfectly right in your stand on the matter, but I think I would explain to him how you feel about it when you next meet.

Since the young girl's purents and yours know each other, instead of being forward the girl has been very polite, as she wishes to know you, and the fact that the parents to put you on her list of friends. I would

To the Editor of Woman's Power
Dear Madam -- Mr hair has been falling out
for some time such it is becoming thinner. I
have used seven it things, but they did no good.
Pleace advice me what to a tirk! READER.

A GIRL READER.

It is very difficult to advise you when you have given me so little information. The condition of your hair may be due to poor health or it may simply need cars and is dry and lusteriess rub a little vaseline or kerosene into the scalp every night. Avoid the use of a curling iron,

## Cleaning Plush and Velvet

to the Editor of Woman's Pupy:

Dear Madam-I will be very thankful if you still tell me how to clean a plush cost and orderer and velvet articles.

CONSTANT READER. Raise the pile by stretching the velve of plush over a wet cloth laid on the face of a very hot iron and brushing hard while the steam rises. This will remove any stains.

Premature Grayness

above to each of stay half, What could you do?

There is nothing to prevent hair turning gray, but I think you are very foolish to worry over it, as gray hair is becoming to a young face, and if you keep yourself young in other ways you need have no fear of looking older than your husband. You may acquire ne more gray hairs for some years to come, and again your whole head may turn very rapidly. You can if you wish fouch up the individual gray hairs self wellow state, but I would not get us.

## Real Fur Weather

Commence of the same of the sa

is ahead—more cold weather coming. Yet real, high-class furs, of Habisreitinger stand-ard, at less than you'd pay for inferior furs.

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### thes, one cup potatoes, one-half cup onlan. salt and cayenne, three cups water, two cups milk, one tablespoonful butter, one curs milk; one tablespoonful butter, one tablespoonful flour. Cook salt park in frying pan five minutes; and onlen and cook until vellow. Parboit notatoes five minutes; add to onion with corn and water. Cook twenty minutes. Thicken milk with butter and flour crooked together. Combine mixtures.

(CONTINUED TOMORROW)

half an hour. Then remove, dust well with flour and broil for about twelve minutes. Serve hot, garnished with lemon slices.

(Copyright)).

Corn Chowder

One can corn, one cup sait pork cut in

over a moderale life. As some as a contract to bottling point, remove, no the figh will be cooked ready to serve at that time. Garnish with parales and thin half-slices of orange. Shred the fish and then mix in a hot successin the following:
One tablespoonful of butter, one table-poonful of chapped onless.

HOUSEHOLD HELPS

Four Unusual Fish Recipes

stars for that.

Corn Puffs Two cups fine white cornneal, scalded with boiling water so that the meal is all wet, but not soft; add one tenspoonful butspoonful of chopped onion.

As soon as the onion is browned, stir in this misture:

One tenspoonful of curry powder, one cupful of boiling milk.

Allow to cook about ten minutes and then add the abredded fish and serve.

A delicious dish is made of the inexpensive cod by adding a few system to its ter, one temspoonful sugar, one-half ten-spoonful salt, two or three tablespoonfuls tille. When cold add two eggs, yolks and whites beaten separately. The batter should drop easily from the spoon, not be thin enough to pour ner stiff enough to be scraped out. Have your pans greased and hissing hot and the oven as not as possi-ble. Bake until brown and puffy. BAKED COD WITH OYSTERS

Boned cod, one cupful of systers, one and one-half cupfuls of breadcrambs, two teaspoonful of popper, one egg, one-half chopped colon, silved bork.

Carefully remove the bones from the cod so that the fish can be stuffed smally. For the bones of the fish to half in two Cocoanut Drops Two whites of eggs, one-fourth pound tesionted coconnut, one-fourth pound white sugar. Break whites into a basin. Mix ougar and coconnut with it to form a stiff nate. Grease a baking sheet and drop the sixture in conical forms upon it, making about eighteen small cakes with it. Bake n a very bot oven.

Fut the bones of the fish to boll in two cupfain of water while preparing this dish. Mix the cysters, breadcrumbs, pepper, onion, butter and egg and paraley, and stuff the fish with this dressing. Place a few slices of porl in the bottom of the baking dish, then hay in the fish and pour the liquor from the bones of the cod over all. Place a few slices of pork on top and then bake for about one hour in a moderate oven, busting occasionally with butter or some of the fish liquor. Serve hot.

A delicious way of broiling fish, especially a fish file halbut, is as follows:
Slice the fish and season with sait and pepper, then place the fish in a dish of metical butter (allowing three tablespoonfuls of butter to each pound of fish), and Dalsimer Standard Shoes Fashion's Favorite at a Low Price

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