REVELATIONS OF A WIFE-DAILY BEAUTY HINTS

BANISH "TOMORROW" FROM YOUR CALENDAR THIS YEAR

Take Each Day for What It Is Worth Instead of Looking Forward to Another Day—New Year's Eve Versus New Year's Day Celebration

AHAPPY NEW YEAR! Have you stopped to think while greeting your family and friends with these words just how pregnant with meaning they are? There is something about each separate word of the salutation that is big, this wishing of happiness during three hundred and sixty-five days to come-happiness in its finest and fullest meaning.

Of little use to look back over the year which has just gone; the things that were to be done; rather look forward to the coming days full of proposed accomplishment. The last year is now but a memory! It is this present year of 1917 that is real and alive.

Don't become discouraged if you fall to keep a resolution just one day and give it up as hopeless.

It takes very little courage to make resolutions, less courage to break them. but a great deal, oh, a very great deal, to remake them-and keep them. And never comea!

New Year in-in a maudin conditioneggnogg at each house has decreased.

Time was when a man was a paragon of virtue and sobriety, indeed, if he was but perfectly respectable time. not sent home in a cab at the end of a hectic New Year's Day.

But now if he does drink in the New Year he does his drinking early—at 1 n. | less.

THE CHEERFUL CHERUB If I must live a humble life Ill cease my vain repining. The stars are prominent but my, bet they're tired shining.

m, or thereabout-appearing at the the very greatest thing you can do is to breakfast table that afternoon a sadder do today-not tomorrow. Tomorrow and chastened spirit, resolving to live temperately, soberly and in the fear of Bacchus for the remainder of the year AGITATORS may rant and rave over I do not believe, though, that most New A the growing custom of sceing the Year's Eve combrations are all the reformers would have us believe. True but at least the custom once prevailing cafes do an enormous business and among gay young blades of a succession tables are at a premium, but that preof calls and imbibing generous portions of mium is not infrequently paid by father who, with mother and all the kids, comes to see the sights and have a hilarious

There are and probably always will be those who will carouse, but their number certainly seems to be growing

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

The winner of today's prize is Mrs. M. Mazzen, of Twelfth and McKean streets, whose letter appeared in Saturday's paper. TODAY'S INQUIRIES

1. How can snet be kept fresh?

2. Flowers wither rapidly in a heated room is there any way to keep them fresh?

3. How can the strain on sheets be lessened

1. What is the best kind of thread to use in

3. When a woman is triking very casually to a man while waiting to join others, and if several women turn to speak to the man, should she wait to be introduced or sounter away? Would the latter be considered rude?

1. To whiten goods that have become rellow soak in buttermilk several days, changing the

2. Unvarnished black walnut furniture will

look like new if cleaned with milk (either sweet er sour) and rubbed with a piece of flannel. 3. Chocolate stains can be removed by soaking

Lightening Housework

To Utilize Left-Overs

To the Editor of Woman's Page:
Dear Madam—Enclosed you will find two
reclins which I hope every housewife will find
useful. They are to use up left-overs. I do
not call myself pour but I can't waste or
epuidn't make ends meet, as I always find a
good way to use left-overs. idn't make ends meet as I always find a d way to use ist'tovers. The state of the s

Coffee Stains From Rug

color out of the rug. Try simply scalding the stain with boiling water; this would have removed the stain if it had been done

Delicious Coffee Dessert

To the Editor of the Woman's Page:

Oatmeal Gems

Po the Editor of Woman's Page:

Dear Madam—Will you kindly publish a recipe
for calineal seme?

R. A. ne cupful cooked cold catmeal, two cup-One cupful cooked cold catment two sub-powder, one tablespoonful augar, two table-spoonfuls butter, one cupful milk, one egg, one-half tecopeonful salt.

Mix together dry ingredients and rub in caiment with the finger tips. Beat the eggs, and milk, and turn into first mixture. Add maited butter, beat thoroughly, turn into but wied gam pans, and bake about twenty-fire minutes in a hot oven.

Delicious Mincomest Recipe

2. How can a delicate piece of material be

ANSWERS TO SATURDAY'S INQUIRIES

1. Only the tips of the fingers should be disped into a fingerhowl, never the entire hand. 2. The fact that a woman is making a call upon the comple instead of only upon the woman would point to a fairly intimate friendship between them. In this case it is not necessary to observe the rule of waiting for the hostess' instantial. vitation; the man may give it, when the wife will naturally second it.

3. Powdered erris root thoroughly sifted into the hair after it has been we brushed, then re-moved by brushing, will cleanse the hair, re-moving the oil and making it dry and fluffy,

Invitation for an At-Home

Have invitations engraved on

Monday January the lifteenth from five until seven o'clock December the thirtieth.

As an at home is expected to be a more elaborate entertainment than an afternoon ten, it is usual to provide croquettes, pattles, lobater and chicken salads, champagne, ices, cakes, bon bons and other dainties. But if simpler fare is desired light randwiches, ices, cakes and bon bons will be sufficient.

Post Cards Public Property

It is always a mistake to write anything personal on a post card as they are pretty generally considered public property, that he who runs may read, so to speak Usually I am speaking of the very young girl.

The "Mother" Instinct

To the Eniter of Woman's Page:

Colors Running

Dear Madam—I washed a white middy blouze trimmed in blue. After taking it out of the water I found that the solar had run into the white. Will you kindly tell me what will re-move the stain? A READER. I am afraid there is nothing you can do

A Plea for a Horse

A Plea for a Horse

To the Editor of Wemon's Page:

Dear Madam—Cunnot the true spirit of this boiling season be applied to our faithful and intelligent friend, the poor horse? I am a great lover of antitude and cannot understand why the owners of horses will but have them properly shed on the key streets. We pedestrians all know have beard it is to keep from alloching and can surely sympathize with the horse. Who besides welcome on the kee has in rull heavy leads up and down this. The horse is faithful in all smarter, why not give him a square deal. He for the sext above comes will not all those owning horses have them rouse should not all those owning horses have them rouse should not allow the above to wear down?

Every one gives Christones presents to his friends. Why not give your horse one, in the shape of new rount-shoul shows?

I am surse that histend of paring a bill for a herdam leg or the haccastry of horize your arimal altogether, you will set the learning and show are sure that histend of paring a bill for a herdam is a great horse, who is sing his level best swery say to serve you lie it fair had in reward him is calure for his strices?

A is MacCilla.

I heartily indorse your latter, although i causet consider proper shoes for the horse

MY MARRIED LIFE

W Dicky's voice held a note of doubt he held out his hand for his mother's iter. I knew that he was anxiously await-

g my decision as to the proposition it ntained, and I hastened to reassure him. "Of course, there is our one thing to be ne." I said, trying hard to make my tone "And that is." Dicky looked at me curi-sly. Was it possible that he did not un-stand my meaning?
"Why you must wire her at ones to come us. Be sure you tell her that she will

I felt a trifle ashamed that the welcoming I felt a trifle ashamed that the welcoming words were such a sham from my lips. It cays mother was distinctly not welcome so far as I was concerned. I had never seen her, but I knew that she disapproved of my marriage to Dichy, and that she had colected another wife for him. Why, also even had refused to come to our wedding because of his disappointment in his choice of a wife. Surely I was justified in resenting her coming.

My thoughts flew swiftly back to my own little mother, gone forever from me. Sup-pens she were the one who needed a home? How would I like to have Dicky's secret loughts about her welcome the same as

"That's awfully good of you, Madge."
"That's awfully good of you, Madge."
licky's voice brought me back from my
everle. "Of course, I know you are not
sarticularly keen about her coming. That
youldn't be natural, but it's bully of you
o pretend just the same."
I meand we want.

o pretend just the same."

I opened my mouth to protest, and then hought better of it. There was no use rying to deceive Dieky. If he was satisfied with my attitude toward his mother that cas all that was necessary.

"I say! I say, Madge!" Dieky's tone melled consternation as if he had just hought of something unpleasant. "Where is mother going to sleep?"

I booked at him in dismay equal to his say. There were but two bedrooms in our martment, Dieky's and mins, for the ubbyhole which Katle claimed was hardly corthy of the mame room. Only a person who, like Katle, had been used to the ranned quarters of an East Side tene-

suppol quarters of an East Side tene-ent could have endured it. The coming of Dicky's mother would can that one of us would have to give up room to her. I knew that Dicky shared y views on the inconvenience and undestrability of husband and wife sharing the same room. Both Dicky and I had al-ways been used to sanctums of our own. The prospect of losing the privacy that had mine brought home to me as nothing could the petty annoyances that would follow the advent of Dicky's mother into

our home.
THE SUMMER PLANS "I don't know," I answered slowly. "Of ourse, she must have one of the bed-

Dicky looked blankly at me. "Why couldn't you and mother share bedroom?" he asked. "Two women ought be able to get along together in one

"Hasn't your mother always been accus-med to her own room at your sister's?" queried coldly. "I suppose so," Dicky returned petulantly, that that's no reason why she can't put up with different conditions for a while. Of course, we shall have to take a larger apartment another year; but as long as we probably are going to the country in the

The Coming of Dicky's Mother

country for the summer, but I had not realized that he had really decided upon doing so

"Of course," said Dicky nonchalantly,
"There are plenty of pretty places around
Marvin we can get furnished. We'll take
a run out there toward spring and find one," "WHAT A MARTYR!"

"WHAT A MARTYR!"

I felt as if a dash of cold water had been thrown over me. Marvin was the home of Miss Draper, whose beauty had so affracted Dicky that he had engaged her as a model. Try as I might to shake it off, I had a queer little presentment that the coming of Miss Draper into Dicky's life hoded no good for me. But I knew better than to say anything concerning Miss Draper just then. The plans for the coming of Dicky's mother threatened enough unpleasantness without my introducing any other subject.

"Dress your mether like the country?" I

"Does your mother like the country?" "Not particularly, but it's better for her." Dicky answered easily Evidently his Dicky answered easily. Evidently his mother's prejudices and wishes sat lightly upon him. "By the way, have you decided

about her bedroom yet?"
Why no, how can 17 We never can share the same bed, that is certain. A woman as old as your mother, said in her health, ought to have a comfortable bed to

"What's the matter with my sending up one of those couch beds they advertise so widely? I slept on one once, and it was mighty comfortable. Then one of you

could sleep on that."
"Dicky," I expostulated. "Do you realize the size of my room? A couch hed would never fit in there. I hardly have room to turn around now." to turn around now."

"I didn't mean to put it in your room.
Put it in the dining room. It will fit in well enough with the general scheme in there. "Then one of you could sleep there

and dress in the bedroom."

I looked at Dicky steadily for a minute before answering. I was getting a new light upon his character. I had always thought him impulsively generous and kind. Yet here he was calmly planning for the inconvenience of both his mother and my-

self, with never a thought of sacrificing any of his own comfort. "It has not occurred to you, then," I said "that another solution of the problem night be for your mother to take your

room?"
Dicky flushed resentfully. "How would that better things?" he demanded. "Two of us would have to dress in the one small room, and we would have to have the couch just the same. I always have had a bed to myself all my life."

bed to myself all my life."
"So have I, but there would be one advantage—your mother would have a room to herself, something which I should think her son would deem desirable." I could ot keep my disapproval of Dicky's selfish-

"Look here," began Dicky hetly, but I went on as if I had not heard him.
"However, I will not ask you for such a merifice," I said smoothly. "I will give macrifice." I said smoothly. "I will give my room to your mother, sleep on a couch in the dining room, as you suggest, dress in the bathroom and keep my belongings in some empty room in the building. I know there must be some family in the building who would be willing to rent me a small room."
"Gee, what a martyr she's going to be!"

a small room."

"Gee, what a martyr she's going to be!"

"I was giad be did not try to kiss me as ho went out. I think I should have struck him if he had attempted it.

(CONTINUED TOMORROW)

HOW TO BEAUTIFY YOUR HAIR

By LUCREZIA BORI

THE woman who has always been proud I of her luxuriant hair becomes panicstricken when she notices that it is beginning to fall out. She is at a loss to know just what to do to remedy this distressing con-



dition of affairs, for heretofore she has paid little or no at-

Well nourished healthy hair will never fall out, so when your tresses grow thinner and thinner it is an unfailing sign that they are not being properly fed. Therefore the circulation of the blood through the scalp must be stimulated. There must be a massage treatment given every day. given every day.

TWO HAIR TONICS

To learn the proper way to manipulate the scalp it is a wise plan to go to a hair specialist for several treatments. Observe closely the manner in which the scalp is massaged and then imitate the movement yourself at home.

Unless the hair is coming out literally by handfuls, as after a severe illness, I believe brushing is most efficacious. Use a brush with long, firm bristles, rather far spart, in order that every particle of the scalp will be reached, and brush with long, even strokes.

If the scalp trouble is due to illness, and you find that a new growth of hair is coming in broshing is not advisable. The old hair, under these conditions, does not sap nourishment from the new. But when there is no apparent reason for the trouble and the shedding is not great I recommend a daily brushing.

OTHER VALUABLE SUGGESTIONS Police the massage treatment with an application of a hair tonic. Several formu-

Incture of cantharides . 1 dram Incture of capeldum . 4 dram sux vomica . 2 dram occa oil . 5 ounce lotogne . 25 ounce If the hair is heavy with natural oil the following tonic will be likely to give netter results:

Arematic vinegar.... Romowater A very excellent tonic

APPLY TO THE HAIR EACH DAY The following tonic is excellent for hair that requires no oil: iuiphate of quinine..... 1 losewater 8 lluted sulphuric acid. 15 lectified spirits. 14

Thoroughly mix the first four ingredients Thoroughly mix the first four ingredients and then add the glycerin.

To use any tonic, pour a quantity into a shallow dish and apply it to the scalp with a soft toothbrush or a sponge. Separate the hair into small strands, not more than an inch apart, and rub the tonic well into the scalp. When the entire surface has been treated massage the scalp. Hold the fingers firmly on different portions of the scalp moves but the fingers remain sta-

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tionary. Then brush the hair and braid it loosely or coil it on top of the head.

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