NICHOLAS DOUTY IN RECITAL BEAUTY AIDS

By LUCREZIA BORL mas Bonna of the Matropolitan Opera

FTER-THE-BATH

TREATMENTS AS

WE HAVE read much of the oil, wine and whig beauties of olden times. We know at the daily bath is necessary to perfect with and that there are several preparations which, added to



"several things" that it is well to do after the bath in order to get the best results for health and beauty. After bathing, one should never be matis-fied with a hasty drying of the skin with a bath towel. The cir-culation of the blood

Cuintion of the blood should always be stim-turnarial and the should always be stim-turnarial and the should always be stim-turnarial and the should be should be be an always of the shift aready-ands or make one yourself, using thick tokin toweling. Cut the mitt amply large to your hand and draw it enugly around a state with an elastic run theorem. is wrist with an elastic run through a many of tape stitched on the inside.

Always rub upward, from feet to knees, here to him, using a rotary motion on the tes, abdomen and chest. Then rub vigor-sty from finger tips to slbow, elbow to evider and around the neck.

SALT AND ALCOHOL RUBS

HALT AND ALCOHOL RUBS A sait rub also possesses great health-giving properties, but it is not always pos-radies to have the water thoroughly saited. This lack can be supplied by taking hand-this of sait and rubbing it well into the sait and rubbing it well into the sait shill damp. This sait treat-ment will tone up the skin, make it smooth and harden the flesh, as the pores absorb menderable sait. ernble salt.

The Japanese have a method of pinching the separate the bath that is said to be an excellent way of developing the muscles and stimulating circulation.

The pinching is done with the tips of the finary and thumb, pinching and knead-ing the field over the entire surface of the bedy until it is thoroughly massaged and the skin appears pink.

the skin appears pink. Then, there is nothing to equal the alco-heirab, which is beneficial after a hot or ends hath. Four a small amount of the squid into the paim of the hand and rub it has been severed. This is an excellent stimulant and a hardener of tissues. Substitute tollet with alcohol is not procurable. A rub with alcohol is not procurable. If you would gain the full benefit of a

If you would gain the full benefit of a rest for twenty minutes afterward. Lie fat on the bed or couch and relax every muscle. If you have time, take "forty winks" before you dress.

KEEP ALL UTENSILS CLEAN.

KEEP ALL UTENSILS CLEAN. Study yourself and the effects of dif-ferent baths after the daily ablution. Ex-sensive bathing is weakening to some per-sea, while to others its ill effect is shown in an undue dryness of the skin. In the stars case the skin should be rubbed with dive oil or any other simple cream or a which will give the skin that of which which will give the skin that of which bath has deprived it, and which is nutely necessary for a healthy condi-

then. If there are abrasions or cruptions on the skin they should be treated with a suparis bath of a good antikeptic, after bing cleansed in the general healthful bath every day. Hydrogen peroxide and abohol are the two best antiseptics and is simplest. Diluted with boiled water bay are beneficial to the most tender win. Boracic acid in a 10 per cent solu-tim is a good antiseptic for general use. As a last suggression, let me emphasize

As a last suggression, let me emphasize the importance of keeping sponges, bath tub as brashes thoroughly cleansed. Cleanil-pes should not stop with the bather. Health, beauty and comfort depend upon health everything in a sweet, clean con-

Give the after-the-bath treatment as much thought as you would the bath itself. It will aid you greatly in attaining perfect bath and beauty.

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Weil-Enown Tenor Gives Second Pro gram of Songs Bram of Songs Nicholas Douty, perhaps the best known of Philadeiphia tenors, last night gave the second of the series of recitals in which he is presenting a varied and comprehensitive view of the literature of song, ballad and hed. Again a very large addience assembled in Witherspoon Hall and was regaled with concise yet effective explanations. Not only is Mr. Douty giving a demonstration of vocal effects and technical resources in this series, but he is also performing the role of a musical mentor in stating the content and meaning of the song, its pince in the literature of moledy and the position and presides of its composer. All this is com-mendably educational but it is all done with an admirable lack of pedantry, so that the mission of the marred.

PART of the high cost of living can be traced right back to the consumer, de-clare tradespeople once in a while. We do not pay for the particular fruits or proceries or vegetables in themselves, but for the service that accompanies them. This service is what is usually called "reli-ing cost" and it suggests and the service is the service that accompanies them. Ing cost," and it represents many okiest wells by did not demand these things we would pay less for our wares. When we would pay less for our wares. When we would why we cannot get produce direct from the producer at the first price we must remember that the producer does not offer us service. un service.

remember that the produces does not offer us service. A manufacturer of a business appli-ance recently remarked that it cost him product as it cost to make it. The rea-son he had to charge \$100 was due to the fact that while the raw material and labor that went into the making of each derivering it into the hands of each device and delivering it into the hands of each device and delivering it into the hands of each device and delivering it into the hands of each device and delivering it into the hands of each device and delivering it into the hands of each buyer was three times that sum. And the bal-ance between this total and his selling price was not all profit, either. Out of it came uspected repairs—covered by the guarantee —bad debts, and returns and exchanges. We have grown accustomed to a great many conveniences, as we expect these for it. We want goeds sont C. O. D. or thered, or exchanged, or returned so that we can have our money refunded. The modern stores offer many of these courti-es, but they cannot shoulder the screene of them. Somobody must pay, and the oon-sume sont sone the service she

with an admirable lack of pedantry, so that the entertainment is not marred. The second program took the audience to the songs of Italian, Hungarian, Russian and Scandinavian composers. The com-posers of whom Mr. Douty gave account in-cluded Lisst, Cui, Bonst, Sibellus, Grieg. Korsakon and Tschalkowsky.

Mr. Douty's voice yields little of its sweetness and smoothness to the passing years. His tones are accurately placed and are firm, full and free in utterance. He is skilled in all the devices of swelling, diminactived in all the devices of swelling, dimin-ishing, shading and coloring—the tricks of the vocal trade. The program he gave demonstrated Mr. Douty's remarkable ver-satility in delivering the monge of all schools. His skill is undoubtedly the re-sult of much study and assiduous practice, but as it is eshibited in public is singularly natural and montaneous. His focults of natural and spontaneous.' His faculty o interpretation is effective and communica-

a lyric, to selze it and to project it to him hearers, duly charged with emotion and richened with color. W. R. M.

Joseph C. Lokuta, Lawyer, Dies

WILKES-BARRE, Pa, Dec. 14.—Joseph C. Lokuta, twenty-eight years old, a mem-ber of the Luzerne County bar, died at his home in Dupont yesterday from a com-bication of diseases. He had been prac-ticing law four years.

What's Doing Tonight

Homeopathic Medical Society meeting, Hahns-State grangers, Academy of Music. America basaar, Horticultural Hall, and Lights' Association annual meeting.

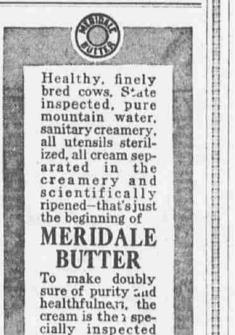
and Street and Lancaster Avenue on Pifty-third street and Lansdowne relock. Free. on Board of Trade, Sixtieth street avenue; 5 o'clock. Free. Fifty

Hadd

Luce another socialism from street Luce and provement Association, from street and William avenue: Sociock, Free, Opening Kearney Public Schoel as community enter, Sixth street and Pairmount avenue. Mineralogical Society, Wagner Institute. Lecture, "Cooling of Water for Power Plant irposes," by C. C. Thomas, Wagner Institute.

Dedication of organ, Arch Street Methodis Suffrage debate, Calvary Presbyterian Mis-

Play and dance of engineering department niversity of Petnavivania, Engineering Build-g, 5:15 o'clock.



and pasteurized.

HOUSEHOLD HELPS

Saving Tradespeople One Way to Save Money

The procer may very coupteously send his delivery wagon around three times during one day in order to supply some forgotten articles—maybe it was only a loaf of bread one time and a can of baking powder another time, But it costs meney to send a delivery boy or a wagon for every item. The grocer runs his business on a very narrow margin of profit indeed, and he cannot lat these astra expenses come out of his own pooket. The consumer nave. pays.

One store in a New York suburb has put the matter up squarely to its customera It maintains an excellent delivery service and is perfectly willing to deliver anything and is perfectly willing to deliver anything to its customers. But when a customer walks in the store, makes her purchase and carries it homs horself, the store saves the money it would otherwise cust to make the delivery. They have figured out this cost carefully, and have made a schedula showing just how much it costs approxi-mately to deliver goods. When they save money they divide the saving with the oustomer. And so, if you make your pur-chase and have it sent home, you pay the price marked on the ticket. Possibly many other stores would adopt this method if housewives in a body ex-pressed their willingness to carry small purchases home themselves, instead of ex-pecting that everything from five cents up would be delivered. We are ruled by habit so much that very often we walk out of the store remarking casually, "Send it," when we might have slipped the small package in a handbag and pover even no-

package in a handbag and never even no-

(Copyright.)

ticed that we carried it!

LITTING SHOP HERE-DRESS SMARTLY-SAVE MONEY THE THEFT

ELEVENTH AND MARKET STREETS

WOMEN'S & MISSES' OUTER APPAREL

Fashionable Women Are Coming From

Miles Around to Attend This Wonderful

2460 New Garments, Just Received, Go on

Sale Friday in Three Groups

duvetynes and broadcloths, trimmed with skunk,

velvet and wool poplin in beautifully fur-trimmed and

wear; fashioned in velvets, Georgettes, satins and silks

plain and fur-trimmed velours, broadcloths, silk plushes,

etc. Styles for street, dress, evening and motor wear.

Frank & Seder-Second and Third Floors

SUITS of satin broadcloth, wool velour, Poiret twill, silk

DRESSES in beautiful styles for street, afternoon and evening

Emporium's \$29.50 to \$19.50 \$45 Coats, Suits, Dresses

Emporium's \$45 to \$59.50 Cr

Coats, Suits, Dresses

COATS of seal plush, genuine Bolivia, finest

tailored styles.

of all kinds.

COATS-hundreds of models in

moufflon, seal, moline and opossum.

Sale of the

EMPORIUM NEW YORK

Frank # sed



Holiday Spirit Glows With Successful Season and Much Work

JOBLESS ARE SCARCE NOW

Work for All and Many Wage In creases Brighten Spirits.

Toy Buying

Kensington, enjoying a prosperity of a kind it never knew before, is throwing itself into the masistrom of Christmas shopping with enthusiastic abandon, with the result that there is an extraordinary glow of hap-piness on every face in the burden-laden throng that crowds the strests in an un-

THE AND APPLY CHARGE AND

ports from the various marked conters. They are paying their employes higher wages than ever before, and they can't get mough employes. Everybody has a job. The scarcest thing in Renaington is an idle man, woman or child. The resulting at-mosphere of plenty is not merely an atmosphere-it is a reality.

Stores are doing the targest volume of business in their history, according to mem-bers of the Kensington Board of Trade. This trade is not limited to bare necessaries, as in former and leaner years, they may. The people are buying luxuries and a better grade of commodities. The most notice able increase is in the buying of toys and

and toys they wanted so much. The staid storakeepers themselves are imbued with the holiday spirit, and they are showing it in their windows as well as in their faces. Every effort is directed toward making the Kensington stores the pretitest in the city, and it is the unant-mous verdict of their customers that they are supposed by Every window is a blaze

candy. Not many children are to wake up Christmas morning to find that Santa Claus has neglected to bring the games and toys they wanted so much.

ne succeeding. Every window is a blaze of green and red and white. The Board of Trade has planned no pub-ite demonstration. There will be no public Christmas trees nor parades. The hearts sextette.



Facts for People Who Think

There has never been a time when the great question of the "Cost of Living" was given as much attention and thought by great minds. High Government Officials, Professors of Col-leges, Bank Presidents, the leaders of Women's Organizations, etc., some considering one way and some another of solving the problem.

IT HAS BEEN OUR BUSINESS FOR OVER TWENTY-FIVE YEARS

to do this very thing, and with our long experience in buying, our large centrally located warehouse, "The House That Quality Built" (and its new addition just completed) at Nineteenth Street and Pennsylvania Avenue, with the railroad running right into it, connecting us with all parts of the country from Maine to California. In addition to this, the knowing

HOW TO BUY, WHERE TO BUY, WHEN TO BUY

and having our goods shipped from where they are produced or manufactured, in carload lots, into our big warehouse. Again, our Retail Stores, conveniently located in all parts of the city and suburbs, are supplied direct from our own warehouse, thus enabling us to do what so many people are talking about and newspapers writing about-keep down the cost of living. If any one can show us how to do this most important thing to any better advantage

we will welcome their suggestions.

Below we offer goods at prices that every Economical Housekeeper in Philadelphia and Suburbs ought to take advantage of.



precedented holiday assault on local stores. The great mills of every line of industry are operating to capacity, according to re-

of the people are the full to need only of ficial attimutus. The collectuations in the bonn will more that eclipse any put fates of former years.

According to R. Lincoln McNell, pre-dent of the Kensington Board of Trail one thing that has done much toward for an log this smoldering spirit to the sorth-is the "Dollar Week" observed recently Kensington stores.

Remaington stores. "Nothing could have held the people away from the stores," he said. "This is indi-cated by the hearty way they supported our 'Dollar Week.' That week really preved to our people their gain in trading at home and has acted as a great atimulus to the Christmas trade this week. No wonder Kensington 'feels good.'"

Ex-Baseball Magnate Divorced CHICAGO, Dec. 14 .- Mrs. Genevieve Gil-

ore was divorced from James A. Gilnore, of New York, formerly president of the old Federal Baseball League, here on November 8, it was learned today. Gil-more, it is said, is soon to marry the widow of a New Jersey millionaire. She was a member of the famous Florodora

