DAILY FASHIONS—TALKS ON BEAUTY—INTERESTING AND HELPFUL HOUSEHOLD HINTS

"WHY MEN LEAVE HOME," AS SET FORTH BY ONE OF THEM

Lack of Intellectual Companionship the Cause of So Much Unhappiness in Many Homes, Declares This Writer

COMMENTING on yesterday's article a | matters of international, national, State ruline reader has sent me the fol- and local interest. e, which I think worth publishing s it was written. The problem is one did housekeeper and the husband loves ch faces many men who have mared for a pretty face or a comfortable,

"One of the causes of unhappiness in For a few years after marriage all is merene. Then the husband starts to go at night, leaving the wife at home At first his absences are infreand of short duration, but they adually increase in length and freof nearly every night.

Of course, sometimes there is another an in the case; or again the husband | dwarfed. res the associations of the club or at the door of the wife.

The husband goes outside the home to he ought to find in his own home in his wife. After a hard day's work, ofther mental or physical, the husband vishes in the evening to have mental recreation. He wants to talk over the questions of the day, events that are discan question, the Administration's de-fense program, the presidential campaign. And after all, the man did choose her

"The wife is an excellent cook, a splenher devotedly, but his mind craves intellectual companionship. This she does not rdered home, and then wonder what give him. Her time is so taken up with household duties that she does little or no reading. Consequently she has no comhomes is the tendency of the hus- prehensive knowledge of current events nd to be away from home at night, and the husband finds that he cannot discuss these things with his wife. If he tries it, he finds that it is merely a monologue on his part, for she is not even an intelligent listener. It is not the keen meeting of well-informed mind with wellinformed mind that is so full of delight until he is out nearly all evening to the normal man. Thus the husband is compelled to spend his evenings away

> "Wives, no matter how busy you are minutes or an hour's diligent reading a day will accomplish wonders toward making you the intellectual companion as band. Remember, he did not ask you to be his wife merely to get a housekeeper."

Ouestions submitted to this department will be answered, when possible, on the following day.

Beecial gueries like those gives below are invited. All communications for this department should be addressed as follows:

THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

1. What can de done with lamp chimners and other thin glass to lessen the risk of cafe should the woman rise when a friend of the man is introduced to her or should she retain her seat and simply nost?

2. In which hand should the fork be held

e dry rub into the spot as much made into a pasts with table ce will hold. Cover the wet to exclude the light and dust and uarm water rub dry, then want application of sait and butter, tapet is still wet, rub dry sait to stand until an opportunity is the other treatment.

3. Nutmers are the kernels of a fruit which

Idea for Scrap Book

To the Editor of the Woman's Page:

Dear Madam—After reading the quostions and answers in the Woman's Exchange for the last week I have come to the conclusion that they are too valuable to destroy, so, having an oid cash book on hand such as affices use, I out out the two-column axchanges and paste them in my book. I have reserved five or six blank pages in the front of the book for an index—for instance, those questions and answers pertaining to cooking I index under "Reches" is they under "Removing Stains." "Dream." "Eliquotte," etc., and I feel that I shall have a verticable storehouse of knowledge at my quick disposal from now on.

This sugmention of Mrs. F's may be use-

This suggestion of Mrs. F.'s may be used to other readers. Thank you for the appelative letter, Mrs. F.

Washing Glassware

Madam—To wash glassware so that it had like cut glass, make soapsule to add a few drops of washing blue, then in clear water and polleh with a soft r tissue paper. (MRS.) R. H. G. This seems like a useful hint.

Fragments of Broken Glass

the Editor of the Woman's Page:
Dear Madam I find your page so helpful in many ways and am sending you a suggest to pick up broken glass which may be in y simall pieces, so that it escapes the dust.
Wet a piece of absorbest cotton, and who, timbest bits of glass will adhere to it. The commany then be put in the fire, and there so daneer of getting particles of glass in the hand. Canned String Beans

Editor of the Woman's Page: Madam-Please publish a recipe for string beans. (MRS.) J. W. ash and cut the beans in pieces an inch wash and cut the beans in pieces an inch
i length; add water enough to cover, and to
ach quart of beans add one teaspoonful of
ream of tartar. Boil twenty minutes and
ut in jars. When using them pour off the
rater, rinse well in cold water and cook in
he usual way, adding one teaspoonful of
sking soda to each quart of beans.

Recipe for Almond Cake

Recipe for Almond Cake

The Editor of the Woman's Page:

Deer Madam—Will you give me directions are making an almond cake?

The following recipe should give you good results: One-half cupful butter, two cupfuls lugar, four eggs, one-half cupful almonds, blanched by pouring water on them until dine easily slip off, and cut in fine shreds; one pint flour, one and one-half tenspoonfuls aking powder, one glass brandy, one-half supful milk. Rub butter and sugar to a mooth white cream, add eggs one at a line, beating three or four minutes between such. Bift flour and powder together, add to the butter, etc., with almonds, extract of titler almonds, brandy and milk; mix into a smooth batter, and bake carefully in a minute for twenty minutes.

Les for the Feether Duester.

Use for the Feather Duster Editor of the Womon's Page;
Madazo-Steading in tooleh's pagthe fanilise duster. I thouseh you mis know that I use one with a long han-row that I use one with a long han-ling walls and celling. I cover it we dusting cap, which I take off and also set put on again, and always find the selp when cleaning. (Min.) E. W.

from home or have his intellectual life

on; but more frequently the blame with household affairs, twenty, thirty the congenial mental companionship well as the physical mate of your hus

Rather tough on the missus, many of you will agree with me. She probably is so busy cooking and scrubbing and mended in the leading newspapers and ing for her husband and her family that magazines the European war, the Mexi- she finds it impossible to keep well in-

THE WOMAN'S EXCHANGE

The winner of today's prize is M. G., whose letter appeared in yesterday's paper TODAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES

For Shiny Serge Skirt

To the Editor of the Woman's Page: Dear Madam—The map of serge that has become shiny can be permanently restored in this way. Take a piece of new crimine and wet it, then lay over the shiny portion; cover with a dry cloth and press with a very hot iron. This will make the crimiline adhere to the serge; pull it quickly away, as you would a plaster. This will raise the nap of the goods and give it its original dull appearance. The usual method of aponging with a liquid is only a temporary remedy, for the shine is caused by the map being pressed down flat, and this only removes the gloss, leaving the map still dateened.

MRS. J. McCOY.

This is a most excellent suggestion, and I am sure it will be a new readers. Do write again.

School of Photography

To the Editor of the Woman's Page: Dear Madam-Will you kindly inform through your pager if there is a school of ph

No, there is no school of photography in raw.
Philadelph'a. There is one in New York and at MacMinnville. Tenn., an excellent rice,

Increasing the Blood Pressure

To the Editor of the Wosan's Page:

Dear Madam Piesse publish in your valuable columns a recipe for increasing the blood pressure and the causes of vertigo.

READER.

It is most unusual to wish to increase the blood pressure, as most persons want to de-crease it. The blood pressure grows higher with advancing years. If it is too low you are probably anemic, and I should advise you to consult a physician. Vertigo is caused by the changes of blood supply in the brain.

Send Two Cards

To the Editor of the Woman's right.

Dear Madam—Will you tell me if cards inviting one to a tea should be answered at once? I received a card yesterial with Mr. and Mrs. and Miss on it. If I send cards, how many should I send and when shall I send them?

CARRIE.

No, tea cards are not answered until the No, tea cards are not answered until the day of the tea—or, rather, they should be mailed the night before, so they may be received on the day. This in case you do not go to the tea. If you do go, do not send the cards by mail, but leave them at the door as you enter the house. In the case you cite you should send or leave two cards, one for each woman mentioned on the invitation.

Dear Madam -1 would be greatly obliged if you would assist me in a matter of eliquette, am to give a small tuncheon next week, and I would like to knew who should be served first, the woman on my right or the one facing me?

It is the custom now that the hostess herself should be served first and then the guests, starting usually with the one at the right of the hostess.

Which Sultor Shall I Take?

MY MARRIED LIFE

ARE you awake, Madge T'
Dicky's voice, almost a whisper, half-waking rest which followed my terrific headache. I turned my head toward the doorway of my room where he stood hesttating with a look of such tender solicitude

in his eyes as made me forget all the prob-lems of our short wedded life.

"Not only awake, but much better, thanks to your nursing." I answered. I rose from my pillows, but Dicky came forward swiftly and, putting tender hands on my shoulders, gently laid me back again.
"A good nurse always enforces implicit

gently laid me back again.

"A good nurse always enforces implicit obedience from a patient," he said gayly, "and I haven't discharged you yet."

"But Dicky," I protested, "I fold you that when these headaches finally leave me

I am perfectly well again."
"You are not perfectly well until you have eaten a square meal." Dicky's tone was strictly professional. "Are you hun-

'Hungry? When one of these headaches finally does leave me, I am perfectly raven-

finally does leave me, I am perfectly ravenous. That's one reason why I want to get
up so I can get something to eat."
"Madam!"—Dicky's manner was as ponderous as that of a judge—"when I married
you I promised to cherish you in sickness
and in health, and I am now going to do
as nice a little job of cherishing as any you
ever witnessed. That is," he added, "provided you obey as you should have promised to do, only the ministers nowadays
don't dare to put it in the service."

A BEDSIDE PICNIC

swept the things from the table at

He swept the things from the table at the side of my bed so recklessly that I wondered haif of them did not drop or break. Then he vanished into the other room, bringing back an immense tray laden with covered dishes which he deposited with a ludicrous air of pride.

"I guess this is not bad," he announced grandity and vanished again. This time his entrance was preceded by the odor which is the most grateful to my nostrils of any in the world, the fragrant aroma of hot coffee. But when he entered, with the stand upon which I keep the coffee machine in one hand, and in the other the apparatus itself. hand, and in the other the apparatus itself tilted most alarmingly, I had to protest, "Dicky, Dicky, you'll drop that! De be

But Dicky promptly squeiched me.
"Now, Miss Schoolma'am, don't be so
fussy," he admonished. "I prepared this coffee with my own fair hands, after carefully sterilizing the hands. You can be shouting sure I'm not going to spoil the party by spilling any of it."

"A Good Nurse Always Enforces Strict Obedience"

approved waiter fashion and bowed low.

"Will madam be served?"

"Madam must bathe her face and hauds first." I replied. "Do let me get up, Dicky, and I will be giad enough to come back to bed and eat. That always has been my idea of the lap of luxury, breakfast in bed."

"All right," assented Dicky, "but hurry up, or all the things will be cold."

NELLIE TAUGHT ME HOW"

NELLIE TAUGHT ME HOW"

I slipped out of bed and into my negligee and Japanese sandala, twisted up my hair and hid its disorder under one of my broakfast caps, which I took from a drawer in my chiffonier. I noticed Dick looking mischlevously at the drawer, so I was not much surprised at his appearance when I came back from the bathroom with my face glowing from dashing cold water against it, my invariable morning practice. With my prettiest bouder cap perched rakishly over one car and a big white apron tied around his waist, he stood at attention like a trained nurse.

"Would you like your temperature taken or your pulse counted?" he inquired solicitously.

ously.
"No thank you, nurse," I returned gravely, settling myself luxuriously against my
pillows. "I will eat my breakfast now, if Dicky took off the covers with a great

"Dicky!" I gasped. "You extravagant

boy:"
For the daintiest imaginable repast lay before me. Brolled squab, baked potatoes, a saind of asparagus tips, hothouse straw-berries and French rolls, all served on silver and china with the hall mark of a fashionable hotel near Dicky's studio.
"We aim to please It is our motto."

"We aim to please. It is our motto," said Dicky meekly, as he poured me a cup of coffee.

I grasped the cup eagerly and drained

"Oh! Dicky, this is delicious!" I ex-claimed. "And you made it yourself? I didn't know you could make coffee."

Dicky bowed extravagantly
"You do not know what a culinary genius
you have married. Wait till you taste
some of my chaing dish stunts! But I
ought to know how to make coffee. I've
watched Neilie often enough, and she is
the test coffee maker in all the studioa."
My appetite suddenly fled. The tempting dishes no longer appealed to me. I
was discovering things about myself which
were not palatable. I always have been
most critical of petty jealousy in others, squarely back and held so rigidly that she seemed to lack movement as she walked about. Obviously she had a horror of being considered round-shouldered, and in order to avoid all semblance of a down she want to avoid all I am sure there are others who make the same mistake, and for such are intended these words of warning. Never try to straighten the shoulders by throwing them back. Straighten the back instead, elevate the chest and let the shoulders drop maturally and gracefully. This elevation of the chest will straighten the shoulders with their graceful lines.

most critical of petty jealousy in others, and here just the casual mention of a woman's name was spoiling the dainty meal Dicky's loving care had provided for me.

(CONTINUED TOMORROW)

HOUSEHOLD HELPS

Suggestions for Sausage Novelties

SOME SAUSAGE COMBINATIONS preserved meat, and should not be fed to children, as they cannot digest it properly. Jaurage casings should never be eaten. It is absolutely necessary to pare carefully all the casings from all sausages—frankfurters, salami, bologna, etc. The casings are simply cleaned intestines, have absolutely no food value, and are highly indigestible. Also it is best to broil or cook

Sausages combine excellently with beans, rice, eggs, etc. Egg sausage is a popular foreign breakfast, and is made as follows: Six eggs, two sausages, silced; one table-spoonful of butter, four tablespoonfuls of nilk, salt, pepper.

A quick way of preparing sausages is to dip them in beaten egg and bread crumbs, place in frying basket and cook in boiling fat for ten minutes. Serve on hot toast

As a matter of fact, sausage can be made



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THERE is invariably some percentage of waste to each pound of meat that we purchase ordinarily, but from the standpoint of comparative economy, sausage is the least wasteful of all meats, because it is virtually all solid food value, with the exception of its thin casing. There is a prejudice against sausage on the part of some housekeepers, due to a reasonable suspicion.

It is true that in the lower grades of sausages there is often considerable adultera-

tion. Not only are poor sections of meat used, but very often flour, rice, cornmeal and other products are added to the meat to increase its weight and size and make the householder pay meat prices for cereal fillings. However, there are on the market so many reliable brands of sausages, made under most sanitary conditions and of the purest products, that it is possible to purchase without fear.

SOME SALESCA

As a wholesome addition to the winter diet there is much to be said in favor of sausage. There are several precautions to observe, however. One is that sausage is preserved meat, and should not be fed to ausages before using. Never use them

milk, salt, pepper.

The sausages should be sliced, heated and frained of fat. Beat the eggs thoroughly, add butter and eggs to the sausages and the milk. Cook until thick and smooth. While hot turn them on a platter and garnish with parsiey. This is a very substantial and palatable dish for s cold morning. Sausages are baked by placing in a dripping tin in a single layer and leaving in a moderate oven for about one and one-half hours. As soon as they are brown on one side they can be turned over. When brown on both sides drain and serve hot.

EASY TO MAKE



back and slices of the sausage meat cut off and fried or cooked as preferred. This particular sausage is delicious if served fried with fried apples.

(Copyright)

Old Marriage Feasts



DRY

5TCO



ALEX. SHEPPARD & SONS, INC.

TO MAKE THE SHOULDERS BOTH STRAIGHT AND STRONG

By LUCREZIA BORI



To correct "droop."

Upon closer scrutiny I discovered that the lines of her figure were good, but that there was a something about her shoulders that spoiled her general appearance.

general appear They were the squarely back held so rigidly she seemed to

semblance of a droop she went to extremes in the other direction.

out interfering with their graceful lines.

In sitting, be sure to sit well back in

the chair so that only the base of the spine touches the lower part of the chair-back. Then elevate your chest, and your position will not only be the correct one.

but your shoulders will be straightened and

Should you discover your shoulders to be too fat or too thin, begin exercising to cor-rect the defect. Exercise will harden the flesh and wear away the fat, or it will de-

velop the muscles and build tissue to fill out the angles.

One of the best exercises for this pur pose is the following movement: Stand upright with the arms held at the sides.

Make sure that your spine is straight and your chest elevated. Now, hunch the shoul-ders as far up toward the ears as possible. Drop them and repeat the exercise at least

Here is another excellent shoulder ex-

ercise which will correct any tendency to droop: Stand erect, stretch the arms out at the sides on a level with the shoulders.

twenty times as rapidly as possible

you will appear well poised

Now, keeping the arms extended, bring them to the front until the paims meet. Repeat the same movement toward the back, bringing the backs of the hands as nearly together as possible. Repeat the exercise until you feel fatigued. IT IS seldom that one meets a "strictly tailored" girl in these days of "fussy" styles. Naturally, my attention was attracted by the immaculate trimness of the only girl who was "different" enough to affect a masculine style of dressing among a lot of fluffy, colorful butterfly girls.

ercise until you feel fatigued.

Follow this exercise with a third movement: Stand erect and with the right arm reach up as if trying to touch the celling with the finger tips. At the same time reach down with the left arm. Now, swing the right arm down and the left arm up, keeping the elbows stiff. Reverse the move-

There is a certain worship with a love devout. No matter what goes on up there It never lets its fuse blow out.

THE CHEERFUL CHERUB

ment and continue to describe these but circles until the arms are tired.

Swinging the arms in a circle with first clenched and elbows rigid is also an seek lent exercise for the shoulders.

Shoulders that are heavily padded with fat are anything but beautiful. Exert every effort to reduce them so that they will be well-rounded but not heavy. I will be well-rounded but not heavy. I will be well-every time you bathe. Bear in miss that you use a bath mitten and rub the well every time you bathe. Bear in miss that yigorous massage or rubbing will reduce flesh, while gentle massage will have up tissue. To friction your shoulders properly draw the bath mitten over your hand and rub the fiesh. In order to rease every spot at the back you will have te alb the bath mitten over your long-handle bath brush.

The poise and carriage of the figure depend largely upon the shoulders. See in it that yours are straight and graceful of the straight and graceful of the straight.

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BACK-RESTING

you should see. For sirilsh figures. Hip hones are protected by should side-sections. It "rounds" your waist, taking \$3.00 "look. Weighs only 15 ounces. Sizes 19 to 18...... If You Are Slender to Medlum-

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