### EVENING LEDGER-PHILADELPHIA, THURSDAY, OCTOBER 12, 1916 NTERESTING AND TIMELY TOPICS OF THE HOUSEHOLD FOR WOMEN READER. WOULD YOU BE A SOCIAL BEWARE, MILADY, YOUR THE CHEERFUL CHERUB MY MARRIED LIFE SECRETARY? THEN READ **POWDER PUFF IS ALIVE** By ADELE GARRISON I want to see the heart of life To find what's at the WITH HORRID "BUGS' Qualifications for Position Are Many-Duties A Breakfast Delayed Transformed washing a pile of diabas which have been left over from the day before of greasy pots and pans. Restoring order to a hady cluttered room is another giamout destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer, but the first prise, I stoutiy at, the destroyer over the Angors, I had as, brooding instead of doing up my dinner, to do more than hastly cover the food. **Bay Strong Strokes there had been no time** to do more than hastly cover the food. **Bay Strokes to the stand I had taken**, to do more than hastly cover the food. **Bay Strokes to the stand I had taken**, to do more than hastly cover the food. **Bay Strokes to the stand I had taken**, to do more than hastly cover the food. **Bay Strokes to the stand I had taken**, **Bay Strokes to** A Breakfast Delayed Often Exacting-Collected Bearing Bacteriologists Make Awful Discore Necessarv covery and Take All the Is work and money all there is Joy Out of Femi-WHAT are the qualifications for a so-She sends out and answers all invitanine Life Or is it something "DELICIOUS," cial meretary ?" asks a young tions, arranges dinner carde at tables, man in a well-written letter. She also sees to the decorations, goes over bills THAT'S THE WORD sees to the decorations, goes over bills more? DOUBTFUL? TAKE A LOOK you hear used when one speaks of Bradley's Roasts, Chops and Steaks. in to know whether a knowledge of carefully, shops and does the hundred graphy is essential. I have asked uccessful secretaries and one tells and one things for which her employer finds no time. By M'LISS The proper selection of your meat is as important as their proper prepara-The night before, when Dicky had gone away from the spartment in anger after our quartel over the Angora. I had sat brooding instead of doing up my dinner work. Then when he had rushed in with the theater tickets there had been no time to do more than hastily cover the food. that in order to fit herself for a post-Sometimes the family is a delightful What's in a powder puff? wished to secure she took a one and the work is very pleasant, but "Bugs." is the laconto answer of the bacthere can be trying moments in any se in stenography, but has never had teriologist, "streptococci and staphylococci," casion to use it. The other one, who at drifted into it through her intimate household. Particularly is this frue when he continues, labsing into technicalities, as Need more be said? the employer belongs to the "nouveau is the way with laboratory folk, "dangerous (Copyright) ntance with members of the inner riche For Comparison Legs of Lamb, 25c lb. Chops of Lamb, 32c lb. bacteria which are responsible for many whole-wheat bread ; alloed banana between graham orackers ; milk. (CONTINUED TOMORROW) int circle, never acquired stenography. "READY?" "OH. NO!" virulent skin diseases. A bas the powder "READY" "OH. NO" The dining table still held the uncaten dessert, while the kitchen was unpeak-ably dreary with its plices of solied dishes. As we rented a furnished apartment, the kitchen equipment was the rather scanty one that goes with such places. I had not yet added to it, and I found myself unable to get breakfast until I had washed the cooking utensils from the night before. I RECALL an instance where the secre-tary was asked to send out invitations correspondent writes a legible hand her note is well phrased. So far so puff !" 2. Hot soup ; saltine or oyster crackers ; dates. HOUSEHOLD HINTS Yes, the scientists are determined to take it away from us, this strongest weapon of the feminine sex. Theirs are will methods, however. They will not wrest our first-aid-to-beauty from us by sheer force; instead they subject it to the plavoing, cruel eye of the microcecops and then bid us come and look at what is revealed. Horrible little wriggly things which in-sinuate themselves into one's complexion and are responsible for ring-worm and age and bolls and pimples become visible. Though one has cherished one's powder puff as one's dearest possession. It imme-diately becomes a loathsome object to be cast hastily into the garbage can or kitchen stove. Yes, the scientists are determined to take Our Delivery of Fifteen Vehicles Insures Promptness for a dance with the request that each young girl bidden to the party should 3. Peanut-butter sandwich ; whole-wheat bread ; orange ; cookies. Suggestions for School Luncheons In difficult enough to secure a post-IN MANY households there is a start 4. Sardine sandwich; cup of custard; piece of chocolate. bring an escort. She was aghast at the a of this sort, but keeping it is idea and could not help suggesting that rule, backed up by the authoritative fam-5. Hard-boiled erg sliced thinly on whole-wheat bread; cocos; apple. 6. Erg; malted milk; gingerbread; a few figs and raisins. Bradley bly harder. A girl must have "It wasn't done," but her employer was ily physician, that under no circumstances Dicky likes a hearty breakfast, too. I cannot give him coffee and fruit, my morn-ing meal the year round. He is a healthy animal, for which I am thankful, but I could have wished him less ravenous upon this marticular marging. must dress well, but not conobdurate; her friends always did this at shall the children eat except at meal time After a few refusals of "some bread and butter" at 3 or 4 o'clock in the afternoon the children become accustomed to the dis-cipline and do not ask again. But there are conditions when this is not the best ly, and, above all, must have a their parties and so would she. So re of "who's who" and "what's Market Mina B----- perforce wrote the word These lunch-box menus seem to include a number of sweets—more than an adult might want. But the child's appetite for sweets is greater than the adult's, and it is better to satisfy it normally than to risk having the child satisfy it in less wholesome at," not to mention when and why and "escort" down in one corner of each inviand 21st Streets this particular morning. I slipped out of bed early, mindful ef Dicky's wish to get to the studio as soon as possible, tubbed and dressed rapidly, and had just put the teakettle on the gas stove tation re are visiting secretaries who at ruling. If the child has had a cold midday meal packed in his lunch box he certainly So, Miss Mary A-, if you think you Locust 70 Race 1156 possess all the necessary qualifications, to the correspondence of three, four cast hastily into the garbage can or kitchen store. The average powder rag or puff is un-hygienic. Even that used by a trained nurse—the most prophylactically inclined of humans—is not free from bugs. Dr. Leo Bernd is the authority for this statement. He did not say it in just that way. He couched his words technically instead and spoke in terms of streptococci and staphylococci, aurus and albus. Some one interested in complexions took to him a collection of powder puffs which had been recently and actively engaged in removing the shine from the noses of Phila-delphia's fairest. There was among them a powder puff snitched from the slde pocket of a trained nurse, a bit of downy fluff taken from the beaded reticule of a debu-tante and a chamois skin, tired and ex-hausted from having been passed around to several girls who spplied it between dances at a cafe. 16AD meal packed in his lunch box he certainly should have something hot when he re-turns from school in the afternoon. Very often lunch, being eaten away from mother's watchful eyes, is goibled down only in part. little Tommy being in a hurry to runh to the other boys, who have bolted down their food ahead of him and are already in the midst of an impromptu baseball game. It is quite natural that at 3 o'clock he has definite regrets over the half-finished lunch box, and possesses an appelite for dinner. Of course, it is not a wise plan to fill him with substantial food at 3 o'clock and so spoil his appetite for dinner. But he omen, going to each house two go to it; but, above all, don't have times a week. Hostesses who "nerves." for a secretary is frequently when Dicky appeared at the door. "Isn't breakfast ready?" His tone was injured. (Copyright.) forced to witness family guarrels, and on ertain on a lavish scale, however, re-Injured. "Ready!" My intonation matched hia. "Of course it's not ready. I went to the theater last night, you may remember, in-stead of doing the dinner work, and then you insinted upon a chafing dish lunch after we got home, which added to the confusion here. Just look at this kitchen! If I can get breakfast ready in less than an hour I'll be lucky." "An hour!" Dicky's tone was tragic. "With my head all full of that cover, and my hands itching to get at those sketches before I forget how these people looked, you ask me to cool my heels for an hour! I can't do it, that's all. Never mind break-fast for me. I'll get something at that hash house next the studio. Stuff isn't half bad, if you don't have to go against it more than once a mouth." the services of a secretary conher coolness in such an emergency often antly. depends her position. THE WOMAN'S EXCHANGE Oucations submitted to this department will be auswered, taken possible, on the fallowing day. Special queries like those given below are invited. All communications THE WOMAN'S EXCHANGE. Evening Ledger, Philodelphia, Pa. him with substantial food at 5 o'clock and so spoil his appetite for dinner. But he can have a few "filling" things with some nourishment which will not, however, spoil his appetits for dinner two or three hours later. A cup of tomato soup or bouillon, with a few crackers, a cup of cocoa or maited milk are filling and wholesome, but do not "feed" him up too much. Above all, it is much better to satisfy his temporary appetite at home in a wholesome way than to let him go out and with a few pennies buy some cheap, trashy candy or question-TODAY'S INQUIRIES can plane kers be kept clean and 1. When two women are talking over the telephone, which one should bring the conver-sation to an end? Is the best way to wash blankets? 2. How can the hands be kept soft and white when engaged in housework? at a cafe. Apparently, the puff of the nurse was im-maculately clean, but when Doctor Bernd turned it over to a hacteriologist for exami-nation little animals showed themselves. The debutante's also was unclean, from the chemical standpoint. But the public prop-3. What is the best way of cooking errs so If you don't have to go against it more than once a month." I suppose I ought to have been properly impressed by this speech, and have evinced deep sympathy for the prospective victim of hash-house food. Dicky's tone was plain-tive and resigned, as if, determined to be a martyr, he would do the job thoroughly. But I knew that the hash house was not his only resource. On his way to the studio he had to pass a very excellent little restau-rant which made a specialty of breakfasts. if you don't have to go against it more than 3. Should a young woman give up in the street car to an elderly man? buy some cheap, trashy candy or able cookies. ANSWERS TO YESTERDAY'S INQUIRIES 1. A child with measies is a source of to other children far from ten days to Perhaps if the lunch box is skillfully pre-Perhaps if the lunch box is skillfully pre-pared Tominy may be influenced to con-sume everything in it in preference to pass-ing up food in favor of a romp with the boys. Here are some lunch-box combina-tions that please most children. Notice that these are not all the parennial dry sandwich, consequentil is a good plan to keep on hand a small vacuum bottle which fits into the child's lunch box or school bag. There are apecially small sizes made for erty ! "Well," Doctor Bernd told me, "that had on it all sorts of germs. Not only were many moulds visible, and staphylococci, wieks of oil lamps are spaked in kept well trimmed, there should be but also viruiant streptococci. The latter can cause erysipelas, rheumatism and other, more serious and loathsome diseases. The molds and stanhylococci are responsible for many of the bad skins that you see— the blackheads, pimples, ringworm and acre." rant which made a specialty of breakfasts. There really was no reason in the world why he should not get a meal there, when things were so upset at the apartment. I saw Dicky was a spolled child, and that he expected his wife to do a flying leap every time he happened to be in a hurry, regardless of whether it was convenient or There are specially small sizes made for this purpose, the top cover serving as a cup acts." The powder itself is not responsible for the bugs, I was told. But the constant use of the "I-need-thee-every-hour" puff, the continued raking of dust and germs off the face and onto the tiny bit of cotton is, and this in time becomes a dangerous breeding ground for any inciplent bacteria that may have chanced to lodge on one's countenance. If we cannot emancipate ourselves from powder at so short notice, medical advice is that we use sterilized cotton, with fre-quent changes. Good SCHOOL LUNCHES FOR THE CHILD To Wash a Sweater Cream cheese and chopped nuts on Editor of the Woman's Page: Madam—Can you give me directions for a wool sweater? CECILE B. **Cleaning** Fur **Breakfasts** To the Editor of the Woman's Pape: Dear Madam Please give me directions for cleaning a long-haired brown fur and for cut-ting it to make a muff. Also, how do you see ur? washing a wool escaler? CECLE B. The following is the most satisfactory way to what a sweater: Make a good ather with shavings of pure scap and water which is little more than lukewarm. But the sweater into a pillow case and sop 1 up and down in the water. This takes a little longer than the ordinary way, but will keep your sweater from getting yellow or losing shape. Do not wring it, but imply crush it together with the hands so is to squeeze as much of the water out as ossible, then hang it up, still in the pillow see or bar. This will keep the sweater rom stretching. ROBINSON & CRAWFORD To clean furs-Brush well, comb twice At All Our Stores mean good Report Cards

Teacher knows that every morning she faces two kinds of children. One kind thinks only of how soon they will have something to eat again. They are restless and don't learn much.

She knows that the children of the other kind have good, sustaining Cream of Barley breakfasts in their"tummies." They think only of their work and learn a great deal.



To clean furs-Brush well, comb twice, first against the grain, then with it; wipe over with soft flannel, then with a wisp of cotton tied in old silk and dipped in gaso-line, bensine or ether. Work quickly, changing the cloth when it becomes dirty; comb up again and sift over it hot corn meal or sifted sawdust, rubbing well through the fur. Shake out and hang up to air. In cutting fur use a very charp through the fur. Shake out and hang up to air. In cutting fur use a very sharp knife (a ragor blade is good) and cut through the skin from the wrong side, taking extreme care not to cut the fur; then separate it from the right side. In sewing be careful to have the pieces of fur running the same way and sew care-fully with very fine stitches.

Address of Motion Picture Star To the Editor of the Womon's Pape: Dear Madam-Will you please tell me the ad-dress of the motion-picture actor. Douglas Pair-

quent changes. A too affectionate regard for one's pow-der puff is not healthy. Be fickle. His Finish

And when she hit her finger-gee! He saw her start. And then he snickered low, did he,

And knowing better, let prevail His ribald mirth, this horrid male : Then saw no more, because, you see, He saw her start.

s, in N. Y. Times

He saw her start to drive a mail And he kept still as still could be; His interest was of such degree To watch the while he could not fail. He watched her aim a blow-a whale !

sale at All Our Stores this week. It is part of our service to give our

## **Recipe for Creole Dish**

Your letter was most well

Fig Pickle

Editor of the Woman's Page: Madam-I have found a use for the rich which is left from my peach and water-pickies that some of your readers may know aheat. I buy whole or has first, hem until tender and pour over them ted apleed syrups, allow to stand a few ad then they are ready for use. (Mrs.) E. McK.

Mrs

Editor of the Woman's Page: Madam-Will you kindly give me a for the old-fashioned creole dish called for the old-fashioned creole dish. E. C.

Take one quart of fresh okra and four productive distribution of the okra in this root-sized issues. Cut the okra in this production of the okra in this production of the okra in this whole becomes alimy with the okra; then they slowly until the particles of okra break apart. In a separate stewpan place a small plece of ham or bacon about an inch or two inches guare, scald and peel the tomatoes, cut out their centers and add enough water to stew them in this pan. Then add the okra in immer together until the whole has the consistency of a soft mush. Rice should sways be served at the same meal with pumbo, as a combination of the two is cellcious.

## **Doll's House Wanted**

Doll's House Wanted The Reisor of the Women's Page: ar Madam - Would it be asking too much more to publish a request for a foll's house investige griss whose father is not able investige griss whose father is not all in a or pleasure to these children. Also arbedy has any cothes for a little colored aged nice years. Her mother hasn't a bit time to make them. Thenking you in ad-me and housing in the user future 1 may be to boll software the thready the structure func-tion. A structure for the set of the structure func-tion to make them. Thenking you in ad-me and housing in the user future 1 may be to boll software future future func-tion for a structure future func-tion for a structure future func-tion for the structure func-function for the structure func-tion for the structure func-function for the structure for the structure func-function for the structure for the structure for the structure for the stru

## The Sweet Potato

The Sweet Potato The word "potato" below the Mason and on line almost invariably indicates the set potato, and the southern woman can a many variations of this cheap, whole-te and delicious food product of which northern woman is often ignorant. In my isolated and rural districts in the th dis sweet potato is the chief article hod and many liviting dishes have been ded down from the war and reconstruc-ied ays, when this bountiful product of Bouthland was utilized even for making te.

following are recipes which have tested out for generations in some of ad southern families:

## BAKED SWEET POTATOES

back medium-sized potatoes, pars the a grasse slightly with bacen drippings other grease, and bake in a very hot m with even heat until theroughly tender, bour or more or until the syrup begins one through the skin.

POTATO PUDDING

d and grate four medium-sized po-Blave standing two cups of milk, which the potato should be thrown as as grated to prevent turning dark. Add in milk to make a medium-thin batter, all-besten eggs, one cup of sugar

the tablespoonfuls of butter in a backing pan, your butter into the Now turn the well-stirved mix-the hot hubing pan and baks for a bour in a hot oven, or until a a madied cruet has formed on top, or of the most delictous of all po-

PLATO CORN MILLAN a cup of reached pointous-isft-re bahad or bolled, may be used a bill cups of corn mail, one democedui of shortening, by attain of sugar, a little sailt and attain of sugar, a little sailt and being and make. Sized and bet

I cannot give you the actor's home ad-dress, but the Fine Arts Film Company, Hollywood, Cal. will reach him. Your other question has been answered elsewhere.

## The Young Man Stares

The Young Man Stares To the Haitor of the Woman's Page: The Stadam-1 am a stil sevenism years old in a still and the seven the seven

Tou say the young man does not try to flirt with you. Are you perfectly sure you are not trying to flirt with him? Unless you had watched him rather closely you would not have been aware of his stares. If your friends are acquainted with him, there is no reason for your not meeting him. Half a pound of rice should be boiled in a pint and a half of water. When the rice is tender rub through a sieve and mix with milk or cream. Flavor with lemon, add sugar and salt to taste. When poured into a mold the whole will set.

# To Smoke When Calling

To the Editor of the Womon's Page; Dear Madam-When a man roes to call on a strit, is it proper for bim to ask if he may smoke while they are talking?" GEOROE.

No, it would be very had form for a man to suggest it. If, however, the girl should offer the man cigarettes or tell him, if he cares to smoke she has no objection, it would be entirely within the demands of good form for him to do so.

## Wedding Preparations

<section-header><section-header><section-header><text><text><list-item><list-item><list-item>

(4) & bridal procession with a maid of honor and four bridamaids gives a more artistic effect than the siz bridesmaids walking two hy two.
(6) Bridal gowns may be fashioned of simost any white material in these days, although ivery white satis is usually the preferred material.

preferred material. (6) A talks well is more becoming to most parame than a lace one, as it inde-itself more readily to proper adjustment. (7) I should suggest a sports still or plain tailored snit, a dreamy solt for calling and reception, a one-piece sarge frock, iwo dreamy atternion frocks of taffats or ment-gate cases, a topological and

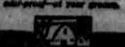
Potatoes Stuffed With Meat Potatoes Stuffed With Meat Take a number of large potatoes; wash and scrub them thoroughly and bake in a very hot oven. As soon as they are tender cut the top from each and scoop a hole in the center. Previous to this take the remains of cold cooked beef, mince finely, season to taste, moisten with gravy and heat. Place a spoonful of meat in each potato. Replace the tops of the potatoes and bake until a brown color. The scooped-out potato may be either mashed smoothly with butter and milk or made into rolls by mashing the potato and adding a little butter, salt and flour. Mix to a paste with a well-beaten egg, form into rolls and bake in the oven.

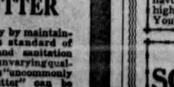
## Rice Jelly



AYER & MCKINNEY

(skew of Philadelphia





ell Phone, Market 2741 retone Phone, Main 130

ask for the "Merifoll" maneer stratist, dust and do group at your group.



The Stores Where Quality Counts Throughout the City and Suburba

AVAICE OF HERE CONTRACTOR

**Great Dried-Fruit Sale!**