

INTERESTING AND TIMELY TOPICS OF THE HOUSEHOLD FOR WOMEN READERS

WOULD YOU BE A SOCIAL SECRETARY? THEN READ SECRETARY? THEN READ

Qualifications for Position Are Many—Duties Often Exacting—Collected Bearing Necessary

WHAT are the qualifications for a social secretary? asks a young woman in a well-written letter. She also wants to know whether a knowledge of stenography is essential. I have asked two successful secretaries and one tells me that in order to fit herself for a position she wished to secure she took a course in stenography, but has never had occasion to use it.

THE WOMAN'S EXCHANGE

Questions submitted to this department will be answered, when possible, on the following day. Special queries that those given below are invited. All communications should be addressed as follows:

THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES
1. How can piano keys be kept clean and white?
2. What is the best way to wash blankets?
3. What is the best way of cooking eggs so they will be digestible?

ANSWERS TO YESTERDAY'S INQUIRIES
1. Pears should be washed, each one separately, in soft water; when washed cover with dry, soft or dry paper, and keep in a cool place until they will keep several weeks into January.

To Wash a Sweater
Dear Madam—Can you give me directions for washing a wool sweater? It is a dark blue one.

Fig Pickle
Dear Madam—I have found a recipe for the rich fig pickle which is just what I need. There is a small recipe that says of your readers may like to know about it. It is a good plan to keep on hand a small vacuum bottle which fits into the child's lunch box or school bag.

Recipe for Creole Dish
Dear Madam—Will you kindly give me a recipe for the old-fashioned creole gumbo?

Doll's House Wanted
Dear Madam—Would it be too much for you to publish a request for a doll's house for my little girl whose father is not able to buy her one? I would like to see if anybody has any clothes for a little colored doll about two years old. I have a basket full of things to make them. Thanking you in advance and hoping to hear from you soon, I am, dear Madam, your obedient servant, Mrs. G. C. R.

The Sweet Potato
The word "potato" below the Mason and Dixon line almost invariably indicates the sweet potato, and the southern grower can give many variations of this cheap, wholesome and delicious food product of which the northern woman is often ignorant. In many isolated and rural districts in the South the sweet potato is the chief article of food and many loving dieters have been handed down from the war and reconstruction days, when this bountiful product of the Southland was utilized even for making coffee.

BAKED SWEET POTATOES
Wash medium-sized potatoes, pare the ends, grease slightly with bacon drippings or other grease, and bake in a very hot oven with even heat until thoroughly tender, one hour or more, or until the syrup begins to ooze through the skin.

POTATO PUDDING
Pare and grate four medium-sized potatoes. Have standing two cups of milk, into which the potato should be thrown as fast as grated to prevent turning dark. Add enough milk to make a medium-thick batter. Bake in a buttered tin, one cup of sugar, three tablespoons of eggs, one cup of sugar, one cup of milk.

POTATO CORN BREAD
Take one cup of mashed potatoes—leftover, either baked or boiled, may be used—and add a half cup of corn meal, one tablespoonful of shortening, two tablespoons of sugar, a little salt and one egg. Mix with milk to moisten, with one cup of soda, a little salt and one cup of sugar. Bake in a hot iron griddle, one hour in a hot oven, or until a brown crust has formed on top. This is one of the most delicious of all potato dishes.

BEWARE, MILADY, YOUR POWDER PUFF IS ALIVE WITH HORRID "BUGS"

Bacteriologists Make Awful Discovery and Take All the Joy Out of Feminine Life

DOUBTFUL? TAKE A LOOK

By M'LISS
What's in a powder puff? "Bugs," is the laconic answer of the bacteriologist, "streptococci and staphylococci," he continues, labeling into technicalities, as is the way with laboratory folk, "dangerous bacteria which are responsible for many virulent skin diseases. A has the powder puff!"

Yes, the scientists are determined to take it away from us, this strongest weapon of the feminine sex. Theirs are wily methods, however. They will not wrest our first-aid-to-beauty from us by sheer force; instead they subject it to the piercing, cruel eye of the microscope and then bid us come and look at what is revealed.

Horrible little wiggly things which insinuate themselves into one's complexion and are responsible for ring-worm and acne and boils prophylactically become visible. Though one has cherished one's powder puff as one's dearest possession, it immediately becomes a loathsome object to be cast hastily into the garbage can or kitchen stove.

The average powder rag or puff is unhygienic. Even that used by a trained nurse is most prophylactically inclined of humans—is not free from bugs.

Dr. Leo Bernd is the authority for this statement. He did not say it in just that way. He couched his words technically instead and spoke in terms of streptococci and staphylococci, aureus and albus.

Some one interested in complexion took to him a collection of powder puffs which had been recently and actually engaged in removing the shine from the noses of Philadelphia's fairest. There was among them a powder puff snatched from the side pocket of a trained nurse, a puff of downy puff taken from the beaded reticule of a debutante and a chamomile skin, tired and exhausted from having been passed around to several girls who applied it between dances at a cafe.

Apparently, the puff of the nurse was immaculately clean, but when Doctor Bernd turned it over to a bacteriologist for examination it had been recently and actually engaged in removing the shine from the noses of Philadelphia's fairest.

The powder itself is not responsible for the bugs. It was told. But the constant use of the "I-need-these-every-hour" puff, the continued raising of dust and germs off the face and onto the face, and the dust in this time becomes a dangerous breeding ground for any incipient bacteria that may have chanced to lodge on one's countenance.

His Finish
He saw her start to drive a nail And he kept still as still could be; His interest was of such degree To watch the while he could not fail.

Address of Motion Picture Star
To the Editor of the Woman's Page: Dear Madam—Will you please tell me the address of the motion picture actor, Douglas Fairbanks?

The Young Man Stares
Dear Madam—I am a girl seventeen years old and considered a beauty by both sexes. There is a young man in the town where I live who is very popular with all the young people and I have taken notice of him and am sure that he is staring at me with a look that I can read my thoughts. When I glance at him he drops his eyes, and when I meet him on the street he looks at me in that queer way. He does not try to flirt or stare, but attention is any other way. For a year he has acted in this manner and I would be very glad if you could enlighten me on the subject. H. L.

Approval by the New York State expert veterinarians would be more than enough for most creameries, but at Meridale our own inspectors inspect not only our cows, but the cows of our neighbors from whom we buy milk.

Wedding Preparations
Dear Madam—I am to be married in early December and would like to ask your advice in regard to my trousseau. I have any number of articles I should have? Is the bride supposed to have a maid of honor and a bridesmaid or ask another friend and have six bridesmaids (the maid of honor and five bridesmaids) or a bridesmaid and five bridesmaids? Do you think a lace veil is becoming? How many should I have? Do you think I should have in my trousseau? Thanking you in advance, I am, dear Madam, your obedient servant, LAYMAN.

Meridale Butter
It is only by maintaining this standard of purity and sanitation that the unvarying quality of this "uncommonly good butter" can be assured.

AYER & McKINNEY
(Meridale) Philadelphia
Bell Phone, Market 211
Keystone Phone, Main 174

Look for the "Meridale" wrapper—no-lead, dust-and-odor-proof—of your cream.

MY MARRIED LIFE

By ADELE GARRISON

A Breakfast Delayed
IF ANYBODY wishes an infallible recipe for taking the romance out of life, I can recommend washing a pile of dishes which have been left over from the day before, especially if there be among them a number of greasy pots and pans. Restoring order to a badly cluttered room is another glamour destroyer, but the first prize, I stoutly affirm, goes to the dishes.

An especially aggravating collection of romance shatters awaited me one morning after our visit to the theater, and my first encounter with Lillian Gale.

The night before, when Dicky had gone away from the apartment in anger after our quarrel over the Angora, I had sat brooding instead of doing up my dinner work. Then when he had rushed in with the theater tickets there had been no time to do more than hastily cover the food.

HOUSEHOLD HINTS
Suggestions for School Lunches
IN MANY households there is a stern rule, backed up by the authoritative family physician, that under no circumstances shall the children eat except at meal times.

After a few refusals of "worn bread and butter" at 3 or 4 o'clock in the afternoon the children become accustomed to the discipline and do not ask again. But there are conditions when this is not the best ruling.

If the child has had a cold midday meal packed in his lunch box he certainly should have something hot when he returns from school in the afternoon. Very often lunch, being eaten away from mother's watchful eyes, is gobbled down only in part, little Tommy being in a hurry to rush to the other boys who have bolted their food ahead of him and are already in the midst of an impromptu baseball game.

It is quite natural that at 3 o'clock he has definite regrets over the half-finished lunch box, and possesses an appetite for dinner. Of course, it is not a wise plan to fill him with substantial food at 3 o'clock and so spoil his appetite for dinner. But he can have a few "filling" things with some nourishment which will not, however, spoil his appetite for dinner two or three hours later.

A cup of tomato soup or bouillon, with a few crackers, a cup of cocoa or malted milk are filling and wholesome, but do not "feed" him up too much. Above all, it is much better to satisfy his temporary appetite at home in a wholesome way than to let him go out and with a few pennies buy some cheap, trashy candy or questionable cookies.

Perhaps if the lunch box is skillfully prepared Tommy may be influenced to consume everything in it in preference to passing up food in favor of a romp with the boys. Here are some lunch-box combinations that please most children. Notice that these are not all the perennial dry sandwiches, consequently it is a good plan to keep on hand a small vacuum bottle which fits into the child's lunch box or school bag.

There are especially small sizes made for this purpose, the top cover serving as a cup. SCHOOL LUNCHES FOR THE CHILD

1. Cream cheese and chopped nuts on whole-wheat bread; sliced banana between graham crackers; milk.

2. Hot soup; saltine or oyster crackers; dates.

3. Peanut-butter sandwich; whole-wheat bread; orange; cookies.

4. Sardine sandwich; cup of custard; piece of chocolate.

5. Hard-boiled egg sliced thinly on whole-wheat bread; cocoa; apple.

6. Egg; malted milk; gingerbread; a few figs and raisins.

These lunch-box menus seem to include a number of sweets—more than an adult might want. But the child's appetite for sweets is greater than the adult's, and it is better to satisfy it normally than to risk having the child satisfy it in less wholesome ways.

(Copyright.)

THE CHEERFUL CHERUB
I want to see the heart of life To find what's at the core. Is work and money all there is Or is it something more?
"DELICIOUS" THAT'S THE WORD you hear used when one speaks of Bradley's Roasts, Chops and Steaks. The proper selection of your meat is as important as their proper preparation. Need more be said? For Comparison Legs of Lamb, 25c lb. Chops of Lamb, 32c lb. Our Delivery of Fifteen Vehicles Insures Promptness
Bradley Market and 21st Streets
Largest Race 1154

Good Breakfasts mean good Report Cards
Teacher knows that every morning she faces two kinds of children. One kind thinks only of how soon they will have something to eat again. They are restless and don't learn much. She knows that the children of the other kind have good, sustaining Cream of Barley breakfasts in their tummies. They think only of their work and learn a great deal. Teacher also knows all about the wonderful food and energy giving values of barley that it is the most digestible and sustaining food known. Teacher knows! And she wishes that all mothers knew that the most appetizing, delicious, sustaining and energy giving breakfast cereal she can buy from her grocer is Cream of Barley. THE ENERGY FOOD

Great Dried-Fruit Sale!
The first of the season. We have just received direct from California our first consignment of new, luscious Prunes and Peaches, which are on sale at All Our Stores this week. It is part of our service to give our patrons first choice of the freshest and finest products, a service made possible by our commanding position in the grocery world, a service appreciated by discriminating people.
FANCY LARGE CALIFORNIA PRUNES lb. 14c
New California Prunes of the highest grade, unusually large, meaty and luscious. Big value in this healthful, wholesome fruit.
Choice Prunes lb. 12c
Fancy Apricots lb. 20c
Medium size new California fruit
Fancy California fruit, fine in every choice quality.
NEW CALIFORNIA Evap. Peaches lb. 9c, 12c
The first shipment of new California Peaches—we offer the finest grade for 12c the pound and a very choice grade for 9c the pound.

THE DAYLIGHT SALON
DEWEES
Quality and Standard Famous Over Half a Century
The Dewees New Grey Salon is displaying Afternoon and Evening Gowns of unusual charm and appeal. Women interested in distinctive dress, in frocks and gowns that have individuality, will find here a selection that cannot be surpassed in style, quality or value. Ask especially to see our New Evening Gowns, \$29.50
Net, Georgette, beautiful changeable Taffeta, Satin. Trimmed in gold and silver bands and laces, scintillating beads and silver-edged tulle. Colors and tones to meet the fancy of the most fastidious taste. Every style feature that Fashion suggests. We cordially invite you to see the beautiful showing.
B. F. Dewees, 1122 Chestnut St. FOUNDED 1858.

Opening
For the convenience of those of our customers who live in or near Germantown, we have established a Branch Shop at 2744 Germantown Avenue, where we will display a complete and distinctive line of Exclusive Millinery, Afternoon and Evening Gowns and Blouses, Tailored Suits and Dresses, Cloth and Fur Coats and Novelty Fur Sets of newest Paris design.
Open for Inspection Friday, October 13
Flower Favors Free to All Visitors
Nothing will be offered for sale on Friday. The Branch Store will be open for business the following day, Saturday, October 14.
French Shop
1349 West Grand Avenue
2744 Germantown Avenue

Robinson & Crawford
At All Our Stores Where Quality Counts Low Prices Prevail
The first of the season. We have just received direct from California our first consignment of new, luscious Prunes and Peaches, which are on sale at All Our Stores this week. It is part of our service to give our patrons first choice of the freshest and finest products, a service made possible by our commanding position in the grocery world, a service appreciated by discriminating people.
FANCY LARGE CALIFORNIA PRUNES lb. 14c
New California Prunes of the highest grade, unusually large, meaty and luscious. Big value in this healthful, wholesome fruit.
Choice Prunes lb. 12c
Fancy Apricots lb. 20c
Medium size new California fruit
Fancy California fruit, fine in every choice quality.
NEW CALIFORNIA Evap. Peaches lb. 9c, 12c
The first shipment of new California Peaches—we offer the finest grade for 12c the pound and a very choice grade for 9c the pound.
GOLD SEAL BUTTER lb. 43c
Gold Seal Butter is the choice of the most particular people in this city and for miles around. To use Gold Seal is to know Butter perfection. Have you tried it?
Hylo Butter lb. 40c
Ca-Ro Butter lb. 35c
Equal in quality to most of the higher priced "best" Butter sold in many stores. Absolutely pure Butter of good quality and a bargain at its price.
GOLD SEAL EGGS carton 43c
Gold Seal are the freshest, largest, meatiest and heaviest Eggs obtainable. It pays to buy Eggs Where Quality Counts.
No-Waste Bacon pkg. 18c
Sliced Dried Beef pkg. 10c
SELECTED EGGS doz. 35c
We guarantee twelve good Eggs in every dozen.
R. & C. BEST BLEND COFFEE lb. 30c
Rich, smooth and delightful in flavor, an exquisite blend of the highest-grade Coffees produced. You'll enjoy it.
ROBFORD BLEND COFFEE lb. 20c
Compare Robford Blend with any other 20c Coffee you have ever used. You'll find it different and better.
FRESHLY BAKED SODA CRACKERS Special Price 8c lb.
Freshly Baked Soda Crackers of the finest quality. It will pay you to order a good supply now. Try some Cheese and Crackers, economical and nourishing.
SPICED WAFERS Special Price 13c lb.
RICH, TASTY CHEESE, 25c lb.
Particular people deal "Where Quality Counts." We protect you both as regards Quality and Price.
Robinson & Crawford
The Stores Where Quality Counts Throughout the City and Suburbs