USEFUL INFORMATION FOR WOMEN REGARDING AFFAIRS OF THE HOME AND PERSON

SNOBBERY NOT CONFINED TO ONE CLASS OF SOCIETY

The Parlor Maid as Jealous of Her Social Position as Are Members of the So-Called "H'upper Clawsses"

You have all at some time come in con-tact with women who called them-to the domestic menage, you may be sure. elves thoroughly democratic, spoke eringly of the "anobbish upper classes" and did not believe in observing what the little niceties of life which distinguish well-bred girl from the volgarian, .

A clever and entertaining comedy now appearing at one of the local playhouses gives an amusing exposition of lowergrade snobbery, than which there is nothing in the upper stratum of society to equal. This below-stairs sketch, vastly nusing, has its note of pathos in the ullery maid, the despised of all the other upper servants and the butt of their un-

The butler and the cook are diagruntled because they are forced to sit at table with the lower "sarvants," while all of them "pick on" the poor little scullery

haven't you all known the woman whose le topic of conversation was her trou- roughing it."

Then there is the clothes snob, whose appraising eye you feel making a mental note of every defect in your wardrobe, until you become trightfully conscious of ey called silly conventions-in reality your \$5 hat and season-before last's made over furs-become really quite unhappy

> It does one good to see a person like this taken down, to witness the following related by a girl who evidently had a sense of humor, and later in life came to a realization of the fitness of things:

"A young school teacher, who lived in a log house on a farm, visited at our home, and I, being young and rather proud of our surroundings, rather splendid for that part of the country, drew attention to some of our most prized luxuries by apologies that could not fall to attract her attention.

"The slam came at the tea table when she answered me, smiling serenely, when "'Oh, don't apologize; I am used to

Shower for October Bride

at home?

From your postoffice address you evidently live in the country. Why do you not give an indoor picule luncheon or tea with the shower? If the day is warm, as so many October days are, you could have the table set on the veranda; if too cool, it could be arranged inside. Cover the bare table with brilliant autumn leaves, interpretation.

brilliant autumn leaves, interspersed with pine branches and for the centerplece have

You ask whether it is proper for an un-married girl to serve flquor and cigarettes if her parents are not at home. I should suggest that her behavior be the same if the parents are absent as it would be if they were at home. If her parents do not approve she should certainly not serve these things in their absence. Will readers give

Gift for Hostess

Gift for Hostess

To the Editor of the Women's Page:

Dear Madam—After evending a week-end as
the guest of an acquainteme not a close friend
is it necessary to send her a small gift? If so,
what is customary for one woman to give another?

You must judge for yourself just what is
best for you to do in your case, as you know
best just how intimately you are acquainted
with this family. However, a note of appreciation for your hostess' courtesy is absolutely necessary and a gift of flowers,
candy or a book is entirely correct, but not
obligatory.

Always Remove Hat

Difference in Age Too Great

their opinions on the subject?

To the Editor of the Woman's Page:

And, to go higher in the social scale, I apologized for our really fine supper:

THE WOMAN'S EXCHANGE

tions submitted to this department will be answered, when possible, on the following day. Epocial queries like those given below are invited. All communications for this department should be addressed as follows.

THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa. TODAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES

Cleaning Gilt Frames and Woodwork

Dear Madam—How can I clean gilt frames which have become dulted? Also what is the best way to clean intrivoed furniture? G. M.

Cover the frames with cream of whiting and alcohol after wiping and brushing away all possible dust. Let stand an hour and brush off. Cork sawdust tied tight in chamots makes a good burnisher if high pollish is desired. Remove fly specks with a cloth dipped in alcohol.

For hardwood furniture make a solution of two heaping tablespoonfuls of sal soda to a quart of warm water; put it on with a tooth brush well soaped, rinsing immediately with cold water and drying with a coft cloth, free of lint. After this the wood should be rubbed with a mixture of two-thirds raw oil and one-third turpentine with a little salt. Only a small piece at a time should be cleaned and the work done rapidly.

stely with cold water and drying with a soft cloth, free of lint. After this the weak should be rubbed with a mixture of two-thirds raw oil and one-third turpentine with a little sait. Only a small place at a time should be cleaned and the work done rapidly.

Homemade Sausage

To the Editor of the Woman's Papu:

Dear Madam—Please tell me whether sausage can be made at home and is not only less expensive, but much purer than many of the branch you by in the shope. Take lean pork and free it of all bone and gridle. Put through a chopper, mage, rosemary, mace, cloves and other spices if desired. This can be made in small quantities, but if desired to keep it for some time the mixture can be placed in stone time the mixture can be placed for the centerplace have been thinking at all about be reached to keep it for some time the mixture can be placed in stone time the mixture can be placed in stone time the mixture can be placed for the can be placed in stone time the mixture can be placed for the can be placed in stone time the mixture can be placed in stone time the mixture can be placed for the can be placed in stone time the mixture can be placed on the spices of the could be in evidence; if a linen or miscellaneous shower is a kitchen shower all of the solution of the spice of the woman's Page:

To the Editor of the Woman's Page:

The Editor of the woma

To the Editor of the Woman's Page:

Pear Madam—My husband made a simple nut
pracker for the children in the following way:
Fie took a thick, strong piece of copper wire
fie took a thick, strong piece of the copper wire
fie nicely over the end of the copper wire
the other and into wooden handle. A large
nersweep can be used coulaily well. In the
way the children can manage to crack nuts
themselves without the danger of hannering
their little finers.

Thank you, Mrs. D. The suggestion is
both timely and practical.

To the Editor of the Woman's Page:
Dear Madam—Will you please print a recipe
for white fruit cake? Dear Madam—Will you please print a recipe for white fruit cake?
The following directions, if followed carefully, will prove satisfactory and the cak: is much more digestible than the heavier dark fruit cake. Work two-thirds of a cupful of butter until very creamy and add gradually, white beating constantly, one and two-thirds cupfuls of pastry flour mixed and sitted with one-fourth teaspoonful of lemon julce. Beat the whites of aix eggs until stiff, and add gradually, while beating constantly, one and one-fourth cupfuls of powdered sugar. Combine mixtures, beat thoroughly and add two-thirds cupful of candied cherries, cut in pieces; one-third cupful of Jordan almonds blanched and shredded, one-half cupful of citron, thinly sliced, and one teaspoonful of almond extract. Turn into a buttered and floured cake the and bake in a moderate oven one hour. Cover with boiled icing flavored with almond extract.

Cream of Sago Soup

To the Editor of the Woman's Page!

Dear Madam—Will you give me a recipe for gream of sage soap, and obligs!

Soak half a cupful of sage for three hours in enough tepid water to cover it. Pour a cupful of bolling water over it and simmer in a double boller until very soft. Then add three cupfuls of hot milk, thickened with two tablespoonfuls of butter rolled in flour. Heat up well, add a dash of chery salt, papper and a little onion juice; sitr up and beat well for two minutes, pour gradually upon two beaten eggs set in bolling water for two minutes, and serve.

GREEK DANCING HELPS BEAUTIFY FACE AND FORM

By LUCREZIA BORI
Prima Donna of the Metropolitan Opera

dancing has inspired many women residing in the country or suburban districts to organize classes under the leadership of s teacher well versed in the art of Greek dancing. In many instances this interest is classic dancing was awakened by a daughter but lately returned from a school where it was part of her physical training. One appreciative mother in a letter to me said:

appreciative mother in a letter to me said:

"It is hard to believe that my undeveloped, anemic, almost unattractive daughter has become the radiantly levely being through dancing, yet she insists that herehanged appearance is due to the rhythmic movements followed in the Greek dances. I had never dared hope that she would ever possess such poisse, grace, distinction of carriage and symmetry. Do you think it would be possible for an older woman—of thirty-five—to add beauty to her figure by learning to interpret the classic dances?"

There is nothing better for women, young or old, to reach perfection in the develop-

er old, to reach perfection in the development of their bodies than the rhythmic exer tiee obtained through classic dancing. The tree dance movements not only strengthen and harden the muscles, eliminate too-pro-nounced curves and encourage gracefulross, polse and symmetry, but they tend to stretch the spine, and thus to increase the neight of the dancer.

stretch the apine, and thus to increase the height of the dancer.

Before you begin your lessons in classic dancing read all the books you can get upon the subject. Firmly plant in your mind the basic law of rhythmic dancing—the interpretation of ideals greater than the individual and the desire for a physical being capable of expressing those ideals. You must be natural in the expression of dance movements. Artificial movements for the purpose of displaying agility are not to be thought of, The dance should be a form of personal expression, the result of which is a perfectly developed body.

The proper background for classic dances is furnished by nature, and you who are fortunate enough to live among wind-blown trees, grassy slopes and mirror pools, should take advantage of such inspirific surroundings and dance after the manner of the beauty-loving Greeks.

Interpretative dancing, pantomime and theight dances all require trained muscles, but the straining comes through the smootlers you salve to notice.

butishe training comes through the emotions you wighte to portray. Drooping shoulders and sunken chests are unheard of where wemen follow the oldest art in the world wemen follow the oldest art in the worldthatseff classic dancing. Muscles that are
under control not only add to the efficiency
of the body, but increase its beauty fifty
per "601" A homely girl who has a perfectly bisised body and who wears her
clothes awell because she has a good
caragag, is far more attractive than the
girl whose face is faultlessly beautiful, but
whose figure is angular and drooping or
"puday"."

To learn classic dancing successfully you must; cultivate a cheerful frame of mind. There, must always be that childlike abandonment that is the source of grace of motion. The person who is broken in spirit. Tired of life," or who is lacking in determination or self-reliance, is the one that slouches and whose feet seem as heavy as lead. Your mind must be capable of noble and inspiring thoughts before your body can be made to express the beautiful, rhythmic-movements of the Greek dances. From the moment you begin to throw your arms upward and forget that there is any weight to your lower limbs as you skip about you will feel the rejuvenating influence of the exercise in every muscle of your body.

Macaroons

Fill patty tins with short pastry made of the following ingredients: One-half pound flour, five ounces butter, one ounce castor sugar, one yolk of egg, cold water. Rub butter into flour, add sugar, mix water with egg and make into stiff pasts. Before baking make a mixture for filling of the following: One egg, one yolk, two ounces sugar, one tablespoon cream, two ounces crushed and sleved ratafias. Beat eggs with sugar, add ratafia crumbs and cream, place sugar, add ratafia crumbs and cream, place a little of this mixture in the lined patty cases, then a piece of any crystallized fruit which may be liked and then more of the mixture. Sprinkle a little sifted sugar over and bake from twenty-five to thirty minutes in a moderate oven.

Maple Sugar Icing for Cake Put maple sugar into a pan with a very little water and melt on the stove. Let it come to a boil, remove and, when cool, add the beaten whites of two eggs. Beat until very light. Cover the cake and sprinkle with almonds or English walnuts



TODAY'S FASHION

Dainty party frock for a little lady. A DAINTY party frock for the little tot

point d'esprit. The empire bodice is formed point d'esprit. The empire bodice is formed of four rows of point d'esprit gathered to each other. There is a tiny ruffle of tulle about the neck. The short puff sieeves are formed in the same manner and are trimmed with ruffles of tulle.

The full skirt is of tulle trimmed with two double rows of point d'esprit applied with narrow cordings. The sieeves and waist line are trimmed with tiny rosebuds of palest pink gause.

of palest pink gause.

Sun and Moon In all the course that he has run There's nothing new beneath the sun.

Thus even in his flery day Has he become a bit blase

His searching eye has seen it all And thus adventures only pail.

Though white and cold, her heart is young

With silver transformation light Fresh magic does she weave each night.
—McLandburg Wilson.

Expressing the Truth

A countryman is as warm in fustian as a king in velvet, and a truth is as comfortable in homely language as in fine speech.



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you get in packages.

A few ounces more means little to the Fat Woman in the Side Show. But it means something to father, who pays the Grocery Bills! At the Grocery Shops

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Every Coat, Suit and Dress Is Fitted to your Personality

As Well as to Your Figure

Prices are markedly mod-

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MY MARRIED LIFE

By ADELE GARRISON

"Dickybird" Refuses

THE soprano voice and its contraito companion who had been discussing Lillian Gale. Dicky and me so freely and cynically, rustled faint, and the room appeared to whirl around me. The maid touched me on the arm.

"Are yeu ill, madame? Here!" and she held a giass of water to my lips. I drank part of it and motioned her away.

"Til be all right in a moment." I murmured. "Thank yow, but I am quite weil."

So this was what marriags would mean to me, a contest with another woman for my husband's love! A fierce anger took possession of me. One moment I respectively my marriage to Dicky, the next I was merely primitive as any savage woman in my desire to crush my rival. I could have strangled Lillian Gale in that moment. Then common sense came back to me. What was it that woman had said? I had all the best cards in my hands? Well! had all the best cards in my hands? Well! would play them. I felt sure that Dicky loved me. I would not jeopardize that love for a temporary pride. I would eliminate Lillian Gale from Dicky's life, but I would bide my time to do it.

Fortunately, my mending had been virtually finished when I heard Dicky's name. I vook the final stitches, tipped the maid as I returned her sewing things and, turning to the mirror, rubbed my cheeks fiercely with a towel to restore their color. The maid offered me rouge, but I waved her away impatiently. Thank Heaven! I did not need to fight Lillian Gale with cosmetics as yet.

I met Dicky outside the door of the waiter of the maid offered me rouge, but I waved her away impatiently. Thank Heaven! I did not need to fight Lillian Gale with cosmetics as yet.

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not need to fight Lillian Gale with cosmetics as yet.

I met Dicky outside the door of the waiting room with a smile. We returned to our scats as the curtain was rising on the third act. I saw little either of that act or the exquisite last one. One line did grip me, however. Professor Jogram was expostulating with Sir Jasper over his determination to take Dolly away from her youthful lover and, in the course of his argument, said. "Twenty years from now you won't be able to remember my name." I grimly made up my mind that if any name was forgotten in twenty years it would be Lillian, not Margaret.

an, not Margaret.
The final curtain fell upon the came

Only pure, pas-teurized cream is scientifically

ripened and churned to make

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Cool and firm from

the sweet churns comes this "uncom-

monly good but-ter," ready for a short, quick trip to

your table, protected all the way by theair-tight "Merifoil" wrappers. So that it reaches your

home fresh and wholesome—a full pound of pure. sweet butter. Ask for Meridale today.

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Fall Fashions

In Women's Dress

He patted the hand which lay in with an exaggerated little gestul placed it on her husband's coat alse "Take her, my boy," he hurlenge be happy. Good night," and before recover my breath at the unexpeof things we were in the taxl, rolls ward.

"Did you mind very much as supper, sweetheart?" asked Dicky, me close to him.

"Not very much," I answered a nestling closer.

(CONTINUED TOMORROW)



A Nutritious Diet for All A Keep Horlick's Always on Ha Quick Lunch; Home or O

Everybody is interested in Shoes; and Women



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