So Many Lack Moral Courage to Go Down Into the Kitchen Occasionally-Old Chestnut No Longer Applies

of a friend of mine if she so much as tures to carry out the soiled dishes off nights when the kitchen mechanic has struck. How many men, do you suppose, have courage enough to roll up their sleeves, don an apron and do some of the household chores which are usually left to women?

It certainly isn't that they don't know we have all heard them boast of the delectable dishes they prepared while acting as camp cook off in the woods newhere or of the snappy little chafing sh suppers in their rooms at college, many men seem to think it a discount their masculinity to go into the kitchen while there are feminine mempers of the household to do the work.

I am thinking of a family in which there are three husky sons and no daughters, and the mother is a little wizened woman slaving her life away. She robably has never heard of Professor Zueblin, and if she did she certainly would not agree with his theory that boys should be taught as well as girls the duties of the household.

She doesn't want any one of her sons to be a Miss Nancy, and as a result these boys, now grown men, are quite content to lounge about while their maternal parthe furnace and carry coal. Professor that?"

GET out of my kitchen; woman's Zueblin advocates the training of boys as well as girls in the domestic sciences, many order barked out by the husband contending that, far from feminising them, it makes them manly and self-

> In the case I cited in the beginning the woman also is contributing to the support of the household—she knows perart is confined to making angel cake and

> WOMEN these days are holding shares in baseball leagues and even owning clubs, and yet, with the world's series on I suppose jokemakers will not be able to resist the opportunity to publish something like the following:

"It was the last half of the ninth in ning, with the score tied and two men out. "Gilligan gripped his bat firmly, dug his spikes into the ground and swung

"Crack! The ball sped far over the center-field fence, while the Demon trotted around the bases amid the plaudits of the multitude.

"'Does the batter have to pay for the ent trots downstairs to the cellar to shake | ball when he loses it over the fence like

THE WOMAN'S EXCHANGE

Ouestions submitted to this department will be answered, when musible, on the following day, Special queries like those given below are invited. All communications for this department should be addressed as follows; THE WORLD'S EXCHANGE, Evening Ledger, Philodelphia, Pa.

ANSWERS TO SATURDAY'S INQUIRIES

Canned Tomatoes and Chili Sauce

To the Educr of the Woman's Page:

Dear Madam. Will you publish in your coluna a recipe for canning tomatoes; also one
for chill sauce. Take perfectly sound tomatoes, wash them, then put them in a wire basket and plunge them into boiling water, then into cold. Remove the skins and the hard ends. mash thoroughly and let boil until soft; season with salt; fill the jars nearly full, add boiling water to the brim and seal at ence. Be careful that no seeds run over the edge and are left between the glass and the rubber. Keep the jars wrapped in

the rubber. Keep the jars wrapped in paper and standing in a cool, dark place. Tomatoes canned whole are more diffi-cult, but, if you care to attempt them, are done in the following way: Select only the firm, rips tomatoes, but be very sure they are not in the slightest degree over-rips. Immerse in boiling water for a few minutes and slip off the skins. Have ready a large kettle of boiling water, and into this put enough tomatoes to fill just one jar Ot takes about six medium-sized onesi. Cover and allow them to remain about sight minutes; then pack into a hot jar, fill up the spaces with boiling water and seal at once. They will taste almost like freshones, and many delicious dishes can be prepared with them during the winter.

For chill sauce take twelve medium-sized time towarders one prepared fine towarders.

For chili sauce take twelve medium-sized ripe tomatoes, one pepper finely chopped, one onion finely chopped, two cups vinegar, three tablespoons sugar, one tablespoon sails, two teaspoons clove, two teaspoons cinnamon, two teaspoons allispice, two teaspoons ground nutmes. Peel tomatoes and side. Put in a preserving kettle with remaining ingredients. Heat gradually to boiling point and cook slowly two and one-half hours. Pack in glass jars or jelly glasses.

Quince Honey

Editor of the Women's Page:

Madam—How can guines honey by (MRS.) M. O'M. The following recipe will prove satisfacory: Four pounds of sugar, three cups of
vater and six quinces. Remove all down
and fuzz from the fruit by rubbing, then
vash, cut in halves and remove the seeds
and the stiff seed pockets. Grate the
nunces on a coarse grater, or put through
a mest grinder. Put the sugar and water
is to cook; stir until the sugar is dissolved,
but boll for five minutes, stir in grated
nunces and cook slowly, stirring often, for
about one-half hour, or until it thickens
like honey. Put into jars.

Beef Rolls

Wash and grind one pound of round teak, shape it into round cakes and broil hem. While they are cooking, melt two ablespoons butter in a pan, add two tablespoons of flour, and when well blended add ne cup of milk and stir until boiling. Add ne tablespoonful of dry horseradish or two ablespoons of horseradish pressed from the thought, and one-half teaspoon of nalt our this mixture into a platter, arrange to meat cakes in it and serve.

Grape Juice

reliant. fectly well that while she is a corking secretary, her knowledge of the culinary

with all his might.

"When the excitement had subsided a bit a girl-Oh, she was a beautiful girl; you ought to've seen her-well, anyhow, this girl touched her escort timidly on the arm and asked in dulcet tones:

2. How can an envelope be sealed without and white without a touch of crepe to use black to steam it open?

1. For todine poisoning, use an emollient; the type best is thick cooked starch; it has a specific power to neutralize the drug. Olive oil is usually done.

Keeping Blouses Fresh

To the Editor of the Woman's Page:

Why do you not buy hangers such as men use to hang up their trousers, with clips at each end resembling clothespins? Hang your blouses upaide down, catching the pepium in the clips, so that they will hang free, and you will find no creases appearing.

To the Editor of the Womon's Page:

Dear Madam—A number of small wrinkles are forming at the outside corners of my syes.

Can you tell me snything I can do to get rid of them? Thanking you in advance for your kindness, I am

I should advise you to massage gently every night with a little cold cream, using a rotary motion and working upward and out. Make certain that the wrinkles are not the result of squinting due to eye strain.

Marriage Days

To the Editor of the Woman's Page: Dear Madam—Will you please publish in your columns the rhyme which tells the lucky days for weddings? ELISE D.

The rhyme runs something like this:

Monday for health,
Tuesday for wealth,
Wednesday the best day of all;
Thursday for louses,
Friday for crosses, Saturday no day at all. However, Saturday has now become the fashionable wedding day.

Sending Wedding Gift

Dear Madam—Is it incorrect to send a we ding sitt on the day of the wedding?
M. T. D.

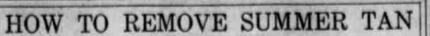
Absolutely incorrect, unless circumstances have made it impossible for you to send it before. The home of the bride is naturally in a state of upheaval on the wedding day, and it is inconsiderate of any one to add to the anxiety or duties of the family or servants.

She Is Diffident

To the Editor of the Woman's Page; Dear Madam—I am a young girl of sixteen and like fellows, but sometimes when with them there does not seem to be anything to say. Can you tell me some subjects to talk about?

Your trouble, L. A., seems to be self-consciousness. The young men are probably suffering in the same way and wondering what to talk to you about. Try to forget that you are with boys and talk to them just as you would to other girls about anything which may come into your head-your school, a motton-picture play you have just seen or the books you've been reading. And don't forget that if you let your mind dwell on these young men less and think of other things you will probably find that when the time conses for you to talk to them you will be much more entertaining.

Dancing With Strange Men



By LUCREZIA BORI



A bran bag for a wash-cloth

TACATION time is over, but the effects of the summer sun are still in evidence. Skins are tanned or freckled, brown blotches have appeared on the arms, neck and cheeks, or there is a roughness of the skin

ting rid of all these disfigurements.

Before many weeks the social season will be "on." Then we will wish that those days on the water had been spent beneath the protecting shade of a parasol or an awning. that a good soothing cream had been used after the surf bath or a veil had been worn during the motor trip. Alas: the damage has been done and the only thing to do is to search for a remedy that will remove the effects of "Old Sol's" fierce

When the skin is freckled or blotched with brown spots, apply the following bleach:

Apply night and morning with a soft This lotion soon produces a slight roughness of the skin, which should be subroughness of the skin, which should be sub-dued by the use of cold cream or a soothing lotion. The honey and almond cream, of which the farmula is given below, is a bleach as well as a beautifier:

HONEY AND ALMOND CREAM

he honey with the soap in a mortar and add ough of the potassa to produce a nice eam. Add this to the first mixture and entinue to beat until you have thoroughly acorporated the emollient.

ncumber cream is a general favorite seed no recommendation. To make cucumcream, take one or two cucumbers and pestle (or use a heavy wooden notato masher and a heavy earthenware bowl) intil the mass is pulplike in consistency. low filter this through a piece of cheese cloth or very coarse muslin, squeezing out as much of the juice as you can. Then put the refuse and the filtered juice into clean, enameled saucepan and simmer (don't boil) for ten minutes. Strain and when cold add eau de cologne to the proportion of three teaspoonfuls to a half-pint of the strained liquid. This is expressed juice of cucumber. The cream is made of the following ingredients:

Expressed jules cucumber . 5 enness oil of sweet almonds . 2 eunces Powdered castile soap . 14 ounce Cucumber essence . . 15 ounces Simple incture of benedin, 15 dram

To mix, the essence and soap are placed glass preserve jar and closed tightly

and shaken at intervals until the scap has dissolved. The cucumber juice is then

Cucumber cream whitens the neck

added and the mixture shaken. The oil and tincture are poured into a china bowl and the two mixtures are slowly combined. attrring constantly with a silver fork. ilquid will be milky in appearance when the work is properly done. Another successful remedy for whiten-

ing the arms, face and neck is to baths them daily with buttermilk. This will also improve the texture of the skin. When the coating of tan or freckles is light, use this lotion

LEMON AND GLYCERINE LOTION Borax Tincture of benzoln For an obstinate case of freckles apply

the following paste:

Oxide of sinc Subeside of blamuth..... Spread the paste upon the freckles at night before going to bed. In the morning remove what remains with a little powdered

borax and sweet oil.

As a rule the skin is extremely tender after being sunburned and for this reason it is often advisable to refrain from using soap for a while. Instead of cleansing the skin in the usual manner, make a bag of cheesecloth and fill it three-quarters full of oatmeal, bran or almond meal. Rub this will cleanse and soften the skin.

An excellent cleansing lotion for a deli-

cate skin can be made by mixing these in-

Do not neglect to massage the face, neck and arms with cold cream or skin food every night. Use powder judiclously and give attention to your hair, if it has suffered from exposure to the strong light. With these suggestions before you, you should have no difficulty in discarding the ill-ef-ters of the summer sin. fects of the summer sun.

The Old Song

When all the world is young, lad, And all the trees are green; And every goose a swan, lad,
And every lass a queen;
Then hey for boot and horse, lad,
And round the world away!
Young blood must have its course, lad,
And every dog his day,

When all the world is old, lad, And all the trees are brown; And all the sport is stale, lad, And all the wheels run down; Creep home and take your place there, The spent and maim'd among;

God grant you find one face there
You loved when all was young!
—Charles Kingsley.

MY MARRIED LIFE By ADELE GARRISON

"What are you up to tonight, any way.
Dickybird?" As Mrs. Underwood spoke I
involuntarily thought of Dicky's description

how to modulate it, or did not care to do so ON "CHUMMY" TERMS "Promise you'll whisper for the rest of the evening and not squeal when I show you, and I'll let you in on it." Dicky returned teasingly. I could not help a little shiver as I realized from Dicky's every intonation what good chums he and this

woman must be "Cross my heart." She suited the action to the word. "Remember that cover I've been trying

to work out for that new theatrics maga-zine? What do you think of these? The originals are right behind us, restrain your He handed her the program with its

marginal drawings. She studied them in-tently for a minute. "Dickybird, these will be the best things you have ever done," she said, and when I saw by Dicky's face that he felt really flattered by this woman's opinion, know-ing as he did her own ability in his line, and realized that praise of his drawings, from his standpoint and hers, was merely the conventional opinion of the outsider, I felt a tiny pang of what? Jealousy? feared so.

slowly to rise, showing that the second act was about to begin. Mrs. Underwood, with a noisy rusling of drapeles (she evidently was one of those women who can do nothing quietly), turning to me, said

ACCEPT OR REFUSE?

"Be sure to wait for us in the lobby when this is over. We have a plan." And before I had time to reply she had rustled away to her own seat, her tall husband following at some little distance behind her, but apparently as oblivious of her presence as she was a stranger.
I did not much enjoy the second act, even

though I realized that it was one of the best comedy scenes I had ever-seen, both in its lines and its acting. I had a problem to settle, and I longed for the quiet hour

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"Lil" Comes Visiting

"Comes Visiting

"Comes Visiting

"Comes Visiting

"Comes Visiting

"Comes Visiting

"I was on his feet in an instant and Lillian Gale was seated next to me with Dicky and her husband leaning over us before I had fully realized that the woman, the thought of whom had so disturbed my evenings, was so close to me.

"I want you to know Mrs. Graham, Harry." Dicky said. I glowed inwardly at the note of pride in his voice, and looked up to meet a pair of brilliant black eyes looking at me with an appraising approval that grated. He was a tall, good-looking on his powerful frame. I felt sure that I would like Lillian Gale's husband as little as I did the woman herself.

"What are you up to lonight, any way. Dickybird" As Mrs. Underwood spoke I involuntarily thought of Dicky's description

"Continued to take every day since child-hood.

Of course, I realized that Lillian Gale of course, in the lobby after the heater. The invitation would be given to us in the lobby after the last at the look of the lore in the lobby after the heater. The invitation would be given to us in the lobby after the heater. The invitation would be given to us in the lobby after the heater. The invitation would be given to us in the lobby after the heater. The invitation must depend my future consuct invitation must depend my future consuct to the know her. My instincts all cried of the proposed party and afterward decline to know her. My instincts all cried of the proposed party and afterward decline to know her. My instincts all cried of the proposed party and afterward decline to know her. My instincts all cried of the proposed party and afterward decline to know her. My instincts all cried of the proposed party and afterward decline to know her. My instincts all cried of the proposed party and afterward decline to know her.

But, on the other hand, she and her husby in the look of the proposed party and afterward decline to know her.

But, on the other hand, she and her husby in the mount of the look of the proposed pa

(CONTINUED TOMORROW) (Copyright)

THE CHEERFUL CHERUB I love to be outdoors in fall
It thrills me when the blue wind blows To hear the trees all whispering The Secret that the es Outdoors hnows.

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