IN THE REALM OF FASHION AND BEAUTY—QUESTIONS—TALKS ON HOUSEHOLD ECONOMICS

LONG REST EVERY FIVE YEARS TO SAVE WOMEN'S NERVES

Doctor Advises Three Months' Vacation-Why Is Gray Hair So Dreaded?—Problems of the Household-Good Manners and Dress

the appears to be, should take one long of say three months, every five years if she topes to last in the business world, and so this summer I have been off in the country industriously loafing." It was a successful professional woman who spoke, one who for ten years has

engineers in this city. Five years ago she had had a nervou wn, resulting from too constant lication to work, and so last spring n she ngain began to have "nerves" he just got a leave of absence and took

If only all women could realize the lue of a good long rest, a complete nge, how much better for them and or their colleagues! Three months of ravel or of camping in the Maine woods. r. if these are not within one's reach, ook of verse underneath the bough, the quiet country; anything to banish all thoughts of one's dally work.

Teaching school is supposed to be, and rightly so, if I am to judge from the mother with her powdered wig. experiences of girls I have known, a nerve-racking vocation, but comparatively few teachers go to pieces even after years of work because they are given sevral summer months during which to graying at the temples?

VES, my physician told me that every | restore frazzled nerves and rest up for

the coming winter's task. But I suppose many of us, even against our better judgment, will go on to the end of time snatching two or three weeks out of fifty-two, and constantly worrying while we are away over just how things will go at the office

ALETTER in this week's mall, askmethod of dyeing gray hair makes me want to enjoin my correspondent to "consider the lilles." Although their number, I am glad to say, is constantly diminishing, why do many women look on gray hair with horror as something to be deplored, when the appearance of these affvery treases is invariably nature's way of softening telltale lines? For an old and wrinkled face is forgotten when it is surmounted by carefully coiffed gray hair.

Of course, many women become pre maturely gray, yet in these cases the face is so youthful that the contrast is lovely in the extreme, bringing to one's mind the miniatures of our great-great-grand-

And us for the sterner sex, how many of us went through that silly matinee idoling stage when the hero not infre quently was possessed of dark hair, just

3. What does one call the wife of a physician

3. The electric needle will arch cychrowa though the treatment is not altogether pain They can be shaped temperarily and without pain by a pair of pincers.

Blouse for Winter

Deer Madern—Cen you suggest a pretty and becoming bloues to wear with a dark brown duvetime roan suit for winter? I have brown eyes and light hair. Also, do you consider white spats fashionable? I will greatly appreciate your help.

MILLY II.

A blouse of pale pink or flesh-colored georgette crepe, with perhaps a touch of kulinsky or some other brown fur on it, would be very fetching. I assume that you

want it for afternoon wear. Chamois, pale

Arranging Young Girl's Hair

Dear Madam Please tell me a becoming was of arranging my hair. I am fourteen years o ago and think I am getting too large to wear my hair hanging loose.

A very suitable way for you to wear your hair would be to let it hang down in the back in one curl and fasten it at the nape of the neck with a barrette.

Clothes for Sweet Sixteen

shoes with rubber soles will be much wern this winter? Also, what kind of coat should a girl of sixteen wear? IFELEN M.

quite as much during the winter for school or outdoor wear. A girl of your age should choose one of

The Hoop Skirt

To the Editor of the Woman's Page:

Dear Madam—I am about to have a blue clustribuse evening dress made. Do you think I could wear a hoogastir? I am of medium height and weigh about 140 periods.

CELECTINE G.

I do not advise your getting a hoopskirt, as there are no indications that they will

be worn much during the coming season. They are rather trying to wear unless a woman is slim. You could have cascades of the material down each side.

Let Him Pay the Fare

Use a Fork

To the Edwar of the Woman's Page:

Desc Madam-la H correct to est banapas
with one's forces?

No. The banana should be pealed with
the flagers and eaten with a fork.

To the Editor of the Women's Paper.
Dear Madam—Should Snger brown he need in he morning at the cod of breakfast or after the rull has been eaten?

Fustening Coat Buttons

To the Editor of the Woman's Page:

Dear Madam - Will you tel

and with a belt.

THE WOMAN'S CABINET

TODAY'S INQUIRIES

[Questions submitted to this department will be ensured, when possible, an the following day. All communications for this department should be addressed as follows: THE CABINET, Evening Ledger, Philadelphina, Pa.1

1. When is the phrase "receiving line" wrongly?

Taw can one avoid this increase in price?

1. When is the phrase "receiving line" wrongly?

2. Just what is a modiste? . What is the difference between mushroome

2. When buttling crape Juice the curks fre-

ANSWERS TO YESTERDAY'S INQUIRIES red au-rent is a case of pull pastry filled i. With deep mourning only gun metal, dult black enamel and dull jet jewelry are permissible.

arry. Wiley advocates eating the skin as the mineral matter of the cotate those to the skin is frequently peeled course cellulose, of which the skin is taken a good intestinal sweeper. 2. Tan gloves for morning, gray suchamols gloves for afternoon are worn by Black gloves are never worn by a man the is in mourning.

Stuffing for Baked Fish

To the Editor of the Woman's Page. Dear Madam Do you know of any recipe to

A fish weighing from three to six pounds is the best to stuff. Wash the fish, cutting off the head and side firs. Fill with a suffing made of one cup of fine breaderunits, one teaspoon shopped onion, scalled, one-quarter teaspoon suit, onescalind, one-quarter teasuoon suit, one-quarter teaspoon pepper, one teaspoon lemon juice, one-quarter cup melted butter, milk or water to moisten. Fill the fish with the stuffing, sew together and cut gashes two fuches apart in the sides. Put bits of butter or dripping or thin slices of fat all pork or bacon under the fish and in the pan. Dredge with flour, sprinkle with sait and pepper and bake in a hot oven. Baste every ten minutes a Cook until the flesh is firm and on being touched separates easily from the bone. Remove from the oven, take out skewers and strings and serve on ake out skewers and strings and serve on hot platter, with fish or tomato sauce.

Nutmeg Sauce

Dear Madam-Will you give me a recipe for Mix together a tablespoon of cornstarch, and tempoon of said and half one of sugar, add slowly, stirring constantly, one cup of soling water. Bost rapidly for five minutes, then add half tablespoon of butter and half tempoonful of grated nutmeg.

Bird Cages Wanted

the Editor of the Woman's Page. the Editor of he much interested in your assistance. In an and any writing to you for assistance. It is two shoe boxes of velvet patches, all cook assistance and colors and colors to offer metal breeding and a suit box of all patches, and a brase bird cog. In offer metal breeding and proceeding the patches are the same of the same bird colors. MRS. E. R. MRS. E. R.

Perhaps some reader will make an ex-

Use for a Corn Popper

Thank you for the very practical sugges-n. Mrs. D.

Chicken Left-Overs

An interesting way to utilize inft-over thicken is as follows: One cup cold cooked chicken is as follows: One cup cold cooked chicken cut in strips, three cold hotled potatoes cut in one-third-inch siless one truffers tablespoons flour, one and one-half cup scalded milk, sail and paper. Make a sauce of butter, flour and milk; add chicken, potatoes and truffe, and as soon as heated add seasoning.

Another delicious dish can be made by taking equal parts of cold chicken, boiled nor mecanoni and tomato sauce; put in layers in shallow baking dish and aprinkle liberally with buttered breadcrumbs. Brown in oven.

DR SIMON N. PATTEN REWRITES OLD SONGS IN MODERNIZED VERSE

Shakespeare, Milton, Cardinal Newman and Other Venerable Worthies Appear in New Literary Garb

POETRY REPLACES RHYME



PROF. SIMON N. PATTEN

There was the gound of bones rattling; there was the noise of a hollow groan. It was old Leonardo, he who put the wan smile in the Mona Lisa and the exquisite polgnancy in the Crucifixion. Presently other more or less famous shades with whom he is wont to be chummy gathered round. Came Bill Shakespeare, gnawing at his mutton-chops; came John Milton and Cardinal Newman.

Solemnly they sang the Miserers; with bated breath, however, lest some mortal hear them and libe.

"The game's up," said Leonardo shortly we're no longer hot stuff. We're sad. literally and figuratively and vernacularly. We're the original gloom generators, craphangers. We ought to have pepped up with the punch. We didn't have the 'kick.' "

OLD SAD STUFF BANISHED And then the latest bulletin from Mother was read out loud to the shivering

All the old, sad stuff has got to go. Even the old hymns, those that have lived for centuries, must pass away. That eminent authority on political economy, why girls leave home, what's what in the hymn world and what's what in the hymn world and divers other topics. Dr. Simon N. Patten, of the University of Pennsylvania, has decreed it. He's started on the hymn writers. He's done them over-brown, crup. He's responsible for a new book called "Advent Songa." He's stolen the thunder of the old ducks and made them over according to his own, the modern taste. No hope remains for the dead ones.

Whereupon there was much weeping an Whereupon there was much weeping and wailing and gnarhing of teeth. Cardinal Newman, author of what conservative people regard as the most beautiful hymn that has ever been written, "Load, Kindly Light," broke down completely and would not be comforted. Grief stalked.

It din't seem possible that any living man would be so rash as to dare this thing. But a writted book, even to a shade. thing. But a printed book, even to a shade Yes, the rubber-soled shoes will be worn

DOCTOR PATTEN'S NEW BOOK Doctor Patten has done it. He has dared to sail in and show the world where New-man, and Martin Luther, and Bishop Heber, man, and Martin Luther, and Bishop Heber, who is responsible for "From Greenlands Iry Mountains," fatied. Moreover, he has expressed his dissatisfaction with "Onward. Christian Soldiers" by a complete revision of that stirring hymn. He didn't stop there. "Dixie Land," "America," "Die Wacht Am Rhein," all have been weighed in the balance and found wanting.

It was with almost Machiavellian glee that he showed me his modeat appearing, but exceedingly pretentious volume. Afraid of public opinion? Not he, Let him hut rewrite the hymns of the world was his attitude, and he cares not a tinker's dam who sings them.

MERE AGE NOT MERIT

MERE AGE NOT MERIT

"Because a thing is old," he told me, "does not say that it is good. If we were content to rest satisfied with the old there would be no improvement. Negatively there are three things that I won't have in a hymn, They are war, deprayity and human wose. All of the old classic hymns have these. They must be changed. We've passed the age when we revel in gloom. Cheerfulness and optimism should pervade our literature and art.

"Today cathedrais are ugly," he went It exercises the muscles, and in this way

"Today cathedrais are ugly," he went on, quoting from his preface to his books. "because they have no use, and art galleries are dreary because artists think only of color, legs and arms and the weak faces of

color, legs and arms and the weak faces of Madonzis. True art comes when we are doing our best; when we are in earnest; when we throw saide hindrances and make every word, color, view or line count."

Doctor Patten declares that many of the old fellows whom a revering world is apt to regard as poets were morely rhymesters. They chose their words, not because they wanted them, but because they fingled.

I think you are a little overstrained in your conception of what you should allow a man to pay for. You should not accept any presents except flowers, candies or books from a man unless you are engaged to him, but on the other hand, when you are riding in the car with a man or he is taking you to the theater or to a party in a taxi, or takes you to a hotel for tea, you should, of course, allow him to assume all the expense. In the case you che you should have allowed the gentleman to pay your fare, even though you had only met him once before. It was too small a thing to haggle over, and he would naturally wish to do no. "GREENLAND'S ICY MOUNTAINS"

"Take "Greenland's Icy Mountains," he said, becoming specific. "Bishop Heber did not really think 'and only man is vile.' He wrote that because it rhymed with 'Blow soft o'er Ceylon's isle.' Then, too, in Martin Luther's time the devil was the greatest power on earth. But that was four centuries ago. The world has advanced and 'A Mighty Fortress is Our God' no longer corresponds with modern feeling. It should not be sung as Luther wrote it."

Other heresies that Doctor Patten has committed will please the Bacifists. "Onward, Choisen People." The martial sentiments of "The Watch on the Rhine" (may the Prussians withhold their hand from the perpetrator of thish have been pacifically diluted and called "The Fromised Day," Instead of taking his stand for "Dixie



Land." Doctor Fatten does it for "The Voting Maid." He choruses thusly: "For woman's rights I take my stand. Heoray! Hooray! To love and grace I give my hand, To thee, to thee, my beauty.

Come on, Come on Help woman do her duty;

Come on, come on,
And fill the world with beauty." "OLD BLACK JOE" REVISED

Likewise has the plaintive wall been taken out of "Old Black Jos." This popular song revised becomes "The Hight of Rum": "Gone are the days schen my heart seas bithe and gay,
Gone ore the friends with whom I used to

why are they gone, leaving all the world to glum! No answer can be given but the blight of

O Father, kind Father, to our rescue quickly Behold a million voices ory, 'Away with

The hardest of all to tackle. Dector Patten admits, was "Lead, Kindly Light." Its gloom, he declares, is unmistakable, but Cardinal Newman did it so well. If he hadn't, the reviser wouldn't have had such a hard time with it. But by sitting up nights and burning the midnight oil a substitute was achieved.

No, these hymns are not being sung yet. And, strange as it may seem, Doctor Patten is in receipt of many letters of protestation. But one of the biggest community singers in America is in sympathy with him. To educate the whole people takes time.

Let us sing!

Buddhist Custom

It is said that a custom peculiar to Buddhists is that of wandering about the country with hammer and chisel and carv-ing hely symbols upon rocks by the wayside.

Shoeing horses to protect their hoofs against the evils of hard usage was unknown to the Greeks and Romans, and is first mentioned in the history of the Celts as late as the fifth century.

Shoeing Horses

French Handkerchiefs

Very useful handkerchiefs are those which are supplied to French soldiers. They have printed upon them a number of sanitary precepts to be observed on are further decorated with pictures officers of all grades, so that a French private can tell at a glance to what grade any officer he may see belongs.

TODAY'S FASHION



Charming Frock of Navy Blue Satin and Georgette Crepe

NAVY blue satin and georgette creps are combined to fashion this charming frock. The satin is used for the bodice while the sleeves and chemisette are of the transparent material. The panel—front and back—and yoke of the skirt are of the satin, while the full sides are of georgette crepe. Three folds of satin are applied to the sides of the deep, snugly fitted cuffs of satin, trimmed with builet buttons. (Copyright.)

THE CHEERFUL CHERUB was dancing last night with my new pumps too loose -I hope that the girl As I smiled in her face with a languorous grace How madly I curled up my toes 必





MY MARRIED LIFE

By ADELE GARRISON

The Reconciliation

THERE is no cure for a quarrel like. I have always thanked my stars for A loneliness and reflection. Dicky had my hair. It is my very best point—long, not been gone a half hour after our disagreement over the cat before I was wondering how we both could have been so

I thought it out carefully. I could see that Dicky was accustomed to having his own way unquestioned. He had told me once that his mother and sister had spoiled him, and I reflected that he evidently expected me to go on in the same WAY. On the other hand, I had been abso-

lutely my own mistress for years, the little mother in a way being more my child than I hers. Accustomed to decide for myself every question of my life, I had no desire, neither had I intention. of doing the clinging-vine act, with Dicky posing as the strong oak. But I also had the common sense to

see that there would be real issues in our lives without wasting our ammunition over a cat. Then, too, the remembrance of Dicky's happy face when he thought he was surprising me tugged at my heart.

"If he wants a cat, a cat he shall have," said to myself, and, calling my unwelcome guest to me with a resolute determination to do my duty by the beast, no matter how distasteful the task, I was just putting a saucer of milk in front of her when the door opened and Dicky came in like a whiriwind.

"How do you wear sackcloth and ashes?" He caught me in his arms as he made the query. "If you've got any in the house bring 'em along and I'll put them on. Seriously, girl, I'm awfully sorry I let my temper out of its little cage. No nice thing getting angry at your bride because she doesn't like cats. I'll take the beast back tomorrow.

THE TIMELY THEATER TICKETS "Indeed, you'll do no such thing," I protested. "You're not the only one who is sorry. I made up my mind before you came back not only to keep this cat, but to learn to like her."

Dick kissell me, "You're a brick, sweetheart," he said heartily, "and I've got a reward for you, a peace offering. Get on your frills, for we're going to a first night-John Drew in his revival of 'Rose mary.' Sanders was called out of town. had the tickets on his hands and turned them over to me. Hurry up while I get into my moonlights."

"Your what?" I was mystifled.

"Evening clothes, goose." Dick threw the words over his shoulder as he took down the telephone receiver. "Can you dress in half an hour? We have only

"I'll be ready." As I closed the door of my room I heard Dick ask for the number of the taxicab company where he kept an account. Impulsively I started toward him to remonstrate against the extravagance, but stopped as I heard the patter of rain against the windows. "I'll leave this evening entirely in

Dick's hands," I resolved as I let down my hair.

curl to it to keep it from getting stringy in damp weather. It is of that reddish blend so often imitated, so rare in its natural state. I never bother much with its dressing, simply colling it softly high upon my head, so I was soon finished with that part of my tollet. Then I changed my house shoes and hose for

"Almost ready, Madge?" called Dick from the other bedroom.

my best evening shoes, curiously beaded

black satin pumps, and a pair of fine silk

stockings embroidered in tiny French

"Only my gown," I called back, open ing the closet door and taking from its wrappings the prettier of the two evening gowns which by troussenu boasted.

OFF TO THE PLAY

I do love that gown. I have had few pretty things in my life, but when I married I resolved to have some nice clother to do Dicky honor, and I spent a good share—a foolish share, I am afraid-of my savings upon my wedding outfit.

The foundation of the dress is char meuse, in Dick's favorite color, the green of the first tender leaves of the spring and it is veiled with chiffon crepe of the palest rose tint, with sprays of apple blossoms running riot over it.

I am tall and slender, and my skin has the fairness which generally goes with hair like mine, so the dress is very becoming to me. As I fastened it that night I was quite pleased with my own reflection in the mirror.

"The taxi's here, Madge." "And so am I." I opened my door Just fasten this, and I have only my

my birthstones, and I am quite mad about them, so as neither Dicky nor I have an iota of superstition in our composition, his gift will not cause us any uneasiness. The shifting changes of the stone as the light struck it made it just the finishing note to be desired in my costume.

Dick obediently fastened the ornament, then bent and kissed my shoulder.

"Won't be a woman there who can hold candle to my bride," he said extravagantly as he put my cape around me.

"Of course not," I returned gayly, "You'll see all the women in the boxes coming down to ask me where I had these clothes made."

"I don't mean the clothes," Dick returned, snatching an umbrella from the rack as he opened the door. "Gather up your frills. There is no carriage entrance to this building, you know; but I'll guard your finery with my life and my trusty umbrella."

(CONTINUED TOMORROW) (Copyrigmy.)

J.FranklinMiller

1612 Chestnut

ANNOUNCEMENT

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a pleasure can be found

Scotch Liver Roll

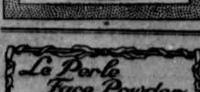
To one pound of minced ox liver add ten ounces of fat bacon, a teaspoonful of sweet herbs, a little grated nutner, pepper and sait to taste, Mix all the ingredient together and add a beaten egg. Place the roll in a floured cloth and tie at both ends. Lay it in a saucepanful of boiling water and let it boll for two hours. Place the roll-still in the cloth—between two plates, with a weight on the upper one, and leave it till the next day. Then remove the cloth and serve cold with pickles.

Baked Gooseberry Pudding

After stewing about a quart of goose-berries to a pulp, put them through a sleve. Add a piece of butter, some more sugar and sufficient fine breadcrumbs to make the mix-ture quite stiff. Fut into a buttered pudding dish, fill up the dish with custard and bake until lightly browned.



this and fly South. But Annie Palmer Cookles have no season. They're good all the year 'round - which is a better record than most of us can boast! At the Grocery Shops WEEBLER-WEYL



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Face Powder LE PERLE FACE POWDER

Simple Little Aids to Cooking ORE cooking in the fall! No matter M how simple the meal the increased use of the cook stove always involves addit labor. So it pays to investigate some or the tried and true labor eavers for the housewife, and see whether it doesn't pay

HOUSEHOLD HELPS

you to add them. One of the great helps in the fa where the teakettle is in the habit singing merrily most of the day is a ten kettle with a boiler insert which saves the

kettle with a boiler insert which saves the cost of a double boiler. This is simply as ordinary teakettle with a boiler insertal jum the double boiler one ordinarily sea. The great advantage of this device is that while you are boiling water for tea or anything else, the inserted boiler can be defined outly, boiling saind dressing cooking cereals or any other food usually cooking a double boiler.

If you must invest in another teabstite and you already have a supply of double boilers, be sure to get the kettle with appeals front lid for filling. A frequent and most unpleasant mishap in the kitchen cocurs when the teakettle is taken from the hot stove to be refilled. The housewife grarps the handle firmly, opens the fauce with the left hand and removes the lid from the kettle, whereupon a cloud of steam rises and scalds her hand.

SAFETY FIRST ALWAYS

SAFETY FIRST ALWAYS

SAFETY FIRST ALWAYS

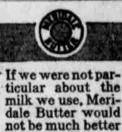
This accident is prevented by the telekettle with a special opening for filling. With this type you do not have to remove the lid under your hand. There is a small opening near the spout, and by lifting the small handle that opens the cover to it, the stream of water pours from the fauest into the kettle, but so far in front of you hand that it is well protected from the little stream which arises.

Another helpful stove utensil is the special broiler which you can place over the stove without having to stand by and watch it. There is a tin plate underneath the baller rack to reach the juice of the boiling foot, thus saving the juice, and, incidentally freventing the smoking and sputtering that usually make broiling an uncomfortable niece of work.

usually make broiling an uncomfortable piece of work. Don't forget the sugar bin. There is

new glass sugar bin holding seven pound which is sanitary, easy to fill and which keeps the quantity of sugar it contains a gloves and cape. I'll put on the gloves in the machine."

"This" was Dicky's wedding gift to me—an immense black opal, quaintly set with tiny diamonds in a la valliere by a craftsman friend of Dicky's. Opals are craftsman friend of Dicky's. Opals are around or shoved out of the way when got



farmers separate the cream before it is gathered for the creameries. Good and bad, rich and poor, clean and dirty, areallchurned together. When we buy milk, it must measure up to our high standard—no gath-

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