FASHIONS-M'LISS RECOUNTS EXPERIENCE OF ONE WHO WOULD GROW THIN-ETIQUETTE

THE FEAR-FAT FADDISTS DO FOOLISH THINGS, M'LISS FINDS

Whereas If They'd Lead Normal Lives, Take Exercise and Eat the Proper Food All Would Be Well

Lat the expense of health and happiness, keep her sylph-like form.

All her life she had been used to compliments on the boyish elasticity of her slender figure. She had been compared variously to Nazimova and Sarah Bernhardt, and her pride grew fat within her. She, however, remained at once the despair and envy of all her friends, Though far beyond the age that Dame Fashion deems the discreet one for the wearing of middy blouse and norfolk suits she could don them with impunity, knocking five years off her real age meanwhile. Bouffant evening gowns and clinging sports attire, which made her more corpulent associates appear even as fishwives and peasants, left her only nonchalant and triumphant. She seemed fashion's favorite. All styles were made

And then in an evil moment, almost before she knew what was happening, that tragedy most dire of all that come to women, known as "taking on flesh," began to overtake her.

She wrung her hands in anguish and she beat the air with rage, all to no avail. The cruel scale would not lie.

"Stop drinking water," a man who seemed the corporeal rival of the late John Bunny told her seriously; "that's what I've done, and I'm losing weight hourly.'

"Cut out breakfasts," was the mandate of another worshiper of the great god Emaciation.

"Play golf," contributed an athletic brother. "Sleep four hours only, instead of your customary eight," was the counsel of a

skinny owl. "Roll 10 minutes every morning on a sheet on the floor of your bedroom," put in a middle-aged woman who had once

reduced herself from 200 pounds to 190 by this method. 'Starve until you're so hungry you're ready to raid a garbage can, and then nibble a lettuce leaf and sip a glass of milk to keep yourself from going crazy,"

was the wisdom voiced by a sour-faced thing reminiscent of the limerick: There was a young woman from Lynn, Who was so excessively thin,
One day she essayed
To drink lemonade

And slipped through the straw and fell in. To one and all the erstwhile sylph lent a willing ear. She played golf until she

FIGHIS is the story of a girl who would, | abjured breakfasts even as the Christian martyrs abjured sin. She nibbled lettuce leaves until she was in danger of developing an upper lip as mobile and as prehensile as any rabbit's. She sipped milk like a veritable tabby. And she gained weight. Only her father offered solace.

"You're beginning to look great," he exclaimed in the deft paternal way that fathers have of saying always the wrong thing at the wrong time. "You ought to be plumper, though. I like a woman to look like a woman; not like a clotheshorse or a beanstalk. Only nuts and freaks want to look like a spare rib." Finally, though she had never felt better in her life, she decided to see the

"I must have dropsy or fatty degeneration of the heart or something," she thought, exaggerating her increase in weight.

family physician.

Arriving at the doctor's, she was summarily put upon the scales before she had time to explain her symptoms.

"Um-ah-er," said the medical man, his eyes twinkling. "Only a hundred and thirty-five. Still underweight for one of your years and height, young woman. You must eat more and sleep more." "But I didn't come here because I am

ill," the girl murmured, truthful because abbergasted. "I came because I'm too veil. I want you to tell me how I can --p from taking on weight. I want to re ice. I'm beginning to look my age." At that the doctor threw back his head and laughed a resounding laugh.

"So that's why so many women are daffy over the idea of keeping thin, is it? Well, just let me tell you, young woman, that nothing is more pathetic than to see a middle-aged woman of Gothic construction. If it weren't for the flesh that women take on as they grow older they'd look like a rag, a bone and a hank o hair. You want to guard against scrawniness as well as against corpulency. Get all the fresh air you can, take plenty of exercise, walk five miles a day if you don't indulge in any sport, eat the proper food, neither too much nor too little-I'll give you a diet list-sleep not less than seven hours a night and not more than nine, and your weight will take care of itself. Don't be a faddist. It's that which makes people fat-overeating one minute and undereating the next."

With which wise counsel he dismissed her, a happier if not a thinner maid.

was ready to drop from exhaustion. She Letters to the Editor of the Woman's Page

Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

MARION HARLAND'S CORNER

When I said your letter was "too verbose," in compliance with your request that I act as critic, I meant that it was too wordy; that you could have said what you wanted to more effectively with the use of

fewer words. I have not kept it, otherwise I

would gladly point out the defects of its

Dear Miles—Please tell me what rou mean by "toe verbose." "grammatical construction is bed." and also please answer the grammatical errors in their right form in the letter I sent N. J.

I do not agree with the modernists that the study of grammar should be eliminated I do not agree with the modernists that the study of grammar should be eliminated from school curricula. If you want to cor-rect your defects, I would advise that you invest in a standard grammar, study its basic rules and read good books. In time you should write an even more creditable letter than you do.

Dear M'Liss—I am very impertinent, but will you please tell me your first name? What do you think of my handwriting? C. C.

(1) Eleanor.

grammatical construction. By this latter (2) It is very legible and well formed. criticism I meant that in the formation of

Wrinkles in Taffeta

I pressed out the wrinkles from a silk taffeta skirt, laying a damp cloth over it to prevent scorching and change of colar from the hot from When the cloth was lifted I found that the silk was stiff almost brittle. What can be done with it? I fear it will crack.

The mistake was in dampening the cloth. The mistake was in dampening the cloth.

A piece of soft, thin, dry muslin would have been better. Hang the skirt in the wind upon a dewy morning and let the slight moisture and wind take out the stiffness. Then leave it in a drying breeze. Hang it finally in a dry closet.

Filler for Floor Cracks

W. F. asked for a recipe for filling cracks he wood floors. I send one which a painter a me: Get the cheapest stade of corner and mix it to a consistency of pully boiled oil. Fill the cracks smooth, with a knife. My floors were done three years ago spring and have not cracked yet. JANE.

The request was. I think, for a formula The request was. I think, for a formula the correspondent had seen somewhere for a crack filler made of ashes and sait, mixed soft with water. We know of none such, and are, therefore, most grateful to you for a well authenticated recipe which should do the work satisfactorily and without the use of ashes. Your attestation to the durability of the mixture is enough to insure it a place among the tried and true formulas treasured by readers.

Marketing Fiction Stories Could you tell me where I can obtain a sale for short stories? My teachers have told me that I have an excellent talent for writins.

Address your manuscript to a fiction magazine that publishes similar stories to the kind you write. Inclose stamps for re-

Wishes to Correspond

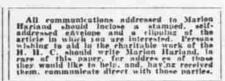
print this in the Corner. Will some wintes to correspond with a young 19 please ask the Marion Hariand for my address? I am anxious about uppe some one will please "list to my p. p. p.

The correspondence club grows apace. The address of the "young chap" is at the service of those who, listening to his call, are moved to make trial of him as a corre-

Jefferson Davis's Romance Jefferson Davis's Romance and lady who recollects distinctly things happened haif a century ago and is a cet mine of anecdots and historical gasely, us the other day that Jefferson Davis marthe daughtes of General Zackoray Taylor has first wife and analyses the will of her ser. Indeed, the opposition on the part of scal Taylor was so strong as to make a large breach in the family. This was not out, the venerable narrator went on to say. I havis's gallanity at the battle of Buena won General Taylor's approval. A recombine followed and the parties to the quarrel nined streetlent friends to the day of Mrs. as due'th. Can you tell me if there is any in the remeasure or is it sheef fection, like a thather jubic that has come to be received latery? many another fable that has come to the F. G. as hatory?

The talo was current and generally believed slaty-odd years ago. I too, have beard it from these who were contemporary with the principal actors in the romance, our readers may be able to tastify to the truth of the main features of the authorizance we

aged gentleweman's reminiscence. Some Practical Window



the bedbug. A gallon of gasoline, energy, determination, and eternal vigilance every three days. Go over svery infected or suspicious spot. When you feel sure there are no more, make assurance doubly sure and you will get rid of the worst attack. I know it may be done, for the week's vigilance and treatment will make one pay for it. I send strose good wishes for the Helping Hand Corner.

The morsel of practical wisdom with which you preface the household hint is so good and interfused with such a fervent good and intertused with such a rervent love of your kind that we are almost sorry when you change the subject. As a post-script to the sound advice to your fellow housewife, I enjoin upon her the absolute necessity of keeping artificial light out of the room while using the gasoline and afterwards until the room has been aired and the odor, which is a volatile gas, has been dissipated.

Queries and Requests

I have aquaria book. I should be glad to have Charles V. W. tell me where to get a book on rare old coins and stamps. I have one from Barbadoes, 1788, and others. Now, may I request some slik and velvet pieces. A dear aunt started a quilt for me. But I fear I have already written too much.

MRS. J. H. T.

Each and all of your various requests and queries are passed over to the constituency at large in the serene confidence of an editor who has been taught by happy experience what to expect from such a transfer of responsibility.



Ashamed of her bad complexion

If you, too, are embarrassed by a pimply, blotchy, unsightly complexion, try Resinol Soap and Resinol Ointment regularly for a week and see if they do not begin to make a blessed difference in your skin. They also help make red, rough hands and arms soft and white.







This cunning suit for the little boy comes in sizes from 2 to 5 years. The jacket is of fine white lawn, fastened with pearl buttons. The collin has a band of light-blue chambray, which color and material is used for the trousers. These open at the sides. The three buttons either side of the hems give an attractive finish. Price \$2.25, A hat of blue chambray completes the color scheme. The stitched brim and crown in six sections are finished with a white cord and twisted loops. This hat comes in all white also. Price \$2.

an white also. Frice, \$2.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, Evenino Ledera, 608 Chestnut street. The request must be accompanied by a stamped self-addressed envelope, and must mention the date on all white also. Price, \$2. which the article appeared.

Young Love

All glorious as the Rainbow's birth She came in Spring-tide's golden hours. When Heaven went hand-in-hand with And May was crown'd with buds and

The mounting devil at my heart Clomb faintlier, as my life did win The charmed heaven she wrought apart
To wake its better Angel in. With radiant mien she trod serene

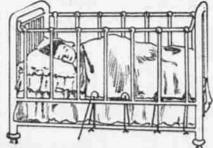
flowers.

And pass'd me smiling by-O, who that look'd could help but love? Not I, sweet soul, not I: -Gerald Massey.

Chicken Southern Style Arrange your chicken parts as for boll-ing, wipe dry and season. Dip it in beaten egg and roll several times in fine bread-

crumbs, until a thick layer is formed. Put them in a well-buttered pan, and pour in olive oil or butter. Bake for a half hour. Make a good, thick cream sauce and pour this over the baked hot chicken. Serve with corn fritters and crisp slices of bacon

Mosquito Protection



Here's a good way to tie baby's covers securely on him and keep mosquitoes away in hot weather. Sew a wire around the long sides and the bottom of the bedspread and then attach this to the baby's crib by means of tapes, says Popular Science Monthly. The spread may be reinforced by using small brass rings, to which the tape is attached.



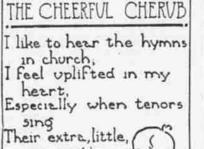
If we were not par-

ticular about the

milk we use, Meridale Butter would not be much better than ordinary kinds. Usually farmers separate the cream before it is gathered for the creameries. Good and bad, rich and poor, clean and dirty, areallchurned together. When we buy milk, it must measure up to our high standard-no gathered cream for us.

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Goulash

Here's the recipe: Two pounds of lean beef, cut in inch squares; a tablespoonful of lard, put into a pot or casserole until hot; one onion cut in pieces and fried un-til brown. Add the meat, two tablespoon-fuls of vinegar and a half-cupful of water, a little sait, black and red pepper. Cover the not and stew until tander adding the the pot and stew until tender, adding the



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J. G. K. Responds

J. G. R. Responds

Pear Deborah Rush—In your column of Friday I read a letter from "Abother Rider." and day I read a letter from "Abother Rider." and I am glad to see that she agrees with me that the late shopper, with her many bundles is not the late shopper, with her many bundles is not the late shopper. The periods the girls in Battle shiftled to a sait. Perhaps the girls in Battle more are more politic than they are here, and more are more politic than they are here. And that is what that is what the sail and the sail and the sail outless than those who kept their sails when "Another than the sails when the sa

Bell or Knocker

As knockers are usually placed on doors in these days as ornaments, the bell is the proper means to use to announce one's arrival. Who Precedes?

Steady Company? Never!



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GOOD FORM

if she wants to marry you it will be time enough to be exclusive of other friends Good form queries should be addressed to Deborah Rush, written on one side of the paper and signed with full name and address, though initials ONLY will be published upon request. This column will appear in Monday's, Wednesday's and Friday's Evening Ledger. It Is Not Customary

Dear Deborah Rush.—Please tell me in your valuable column, when a man and lady are leaving a trolley car should the man step off first and take the lady a arm, or should he walt and let the lady off first? Thanking you, C. M. M. As it is a man's part to protect a woman As it is a man's part to protect a woman in all cases, he naturally should descend first from a car or carriage, that he may stand ready to take her hand if she needs his assistance in alighting. The woman should never precede him in alighting, but should precede on entering the car.

and women and the girls always. ANXIOUS.

The whole trouble with you, my dear Anxious, is that the idea of having a "steady friend," as you call it, is a mistake. Why should any two persons, unless they are actually engaged to be married, only go out together, and why should a boy not be supposed to talk, or dance, or play games with any girl he wishes to and vice versa? In the first place, "company keeping," as it is called, is not a fair thing to the girl. No boy or man has any right to menopolize a girl to the exclusion of other men friends. Suppose after you and this girl whom you admire had gone steadily together everywhere for a year or so, ily together everywhere for a year or so, you find you do not care enough for her to want to marry her, or she feels that way, has she not in the meantime cut off all her other friends, who consider her already as practically engaged to you? A man can always find new friends easily, but it is not easy for a nice girl. If you like this girl you refer to very much, why not go to see her and ask her to go walking with you, or to go to a picture show, and do not ask the others; go by yourselves and give your-selves a chance to see if you do care for each other. At the same time, be pleasant o your other friends and go with them to affairs, and go to see several girls during the week. Make many friends and do not keep steady company with any one until you find the girl you want to marry, and then

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For Those Who Like Onions Only the brave may eat onion sandwiches, yet there are some of us who confers openly to a liking for the plebiar vegetable. A daring sandwich not recommended for public gatherings, but one which may be eaten in the security of your own dining room, is made of Bermuda onlone and oranges. Many who do not like onions like this—many people even make it a point to eat them before retiring, declaring that they induce sleep. Be this as it may, here's the recipe: Two thin slices of bread, a slice of Bermuda onion cut very thin, and a section of orange. Pour over this French dressing, or if it makes the bread too soggy, marinate the onion and orange in this before using and top off with the other slice of bread.

Dear Deborah Rush—Do men wear gloves in the street in summer or for that matter, to an entertainment in summer?

Custom guides the etiquette of these things, and American men do not wear gloves in the street in summer nor to entertainments during that season. At the same time, the well-dressed man usually carries them.

DEBORAH RUSH.

If the onions are too strong, lay them in boiling water for a few minutes, then chill immediately in ice-cold water.

China Savers

Circular pieces of white cotton wadding and edged with colored floss are fine for slipping in between fine pieces of china. It keeps them from chipping.

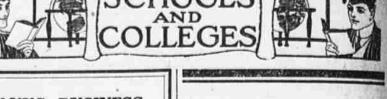
You can get them out this way: Come the article with holling water and let mad a while. Then add a tenspoonful of washing powder. Let stand until the water a cool enough to put the hands in. The wash as usual. The cioth will be distand the grease will be on top of the water.

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A New Phase in Russia's Westward Drive

THE appointment of Field Marshal von Hindenburg to the supreme command of the Teutonic armies opposing Russia marks the opening of a new phase of the great Russian drive. With General von Bothmer's army in such a tight corner that its capture seems imminent, the Iron Hindenburg faces a mighty task. In Tuesday's Public Ledger Charles Johnston outlines the strategy Hindenburg may use to stop the Russian drive.

TUESDAY'S

PUBLIC & LEDGER