SEWING ADVICE—HOUSEHOLD HELPS—HEALTH TALKS—COOKERY—QUERIES—FASHION HINTS

UNLOVELY SPORT SHIRT SUBJECT OF M'LISS' COMMENT

This Radical Fashion in Masculine Attire Threatens to Become Popular Despite Its Exceeding Ugliness

ile and sattre at woman's subservience to Dame Fashion. No style, we are toldand the facts of the case preclude a denial prevent the vast majority of women from adopting it.

But the recrudescence of the sport shirt. that hideosity of hideosities of masculine attire, leaves our critics without a leg to stand on. Observation has proved that no Adam's apple is too prominent, no neck too scrawny, no countenance too hatchetfaced, to warn man against the atroclous sport shirt.

When, two seasons ago, that daring article of apparel made its appearance on the market, it was received with gibes and jeers. The Bean Brummells who are ever ready to consider the new passed it up for its sheer unestheticism. Even se individuals who went caparisoned in loud checks and cravats and socks of otous hue looked askance at the new-

Presently, however, a few creatures who were described variously as "nuts" and "pinheads" came out in the open flaunting their bared throats and chests in the face of a scandalized world.

Decollete for men did not seem quite the thing. The sport shirt was a freak, it was predicted, born only for an early

Two years ago, that was. This season the sport shirt is more popular than ever. Men who are not freaks, or Brummells, or nuts, or Adonises, have appeared quite tion of a woman's brain? M'LISS.

T HAS ever been the wont of the mas- | shamelessly in them at their offices and uline sex to point the finger of ridi- on the public highway. Men whose not too Illy white throats resemble a picket fence rather than the Grecian columns that necks are supposed to resemble have is too ugly, too outre, too disfiguring to taken to the sailor collar and V neck with a shocking abandon.

The sport shirt is an innovation in men's fashlons. As far as I can ascertain men have never before in the history of the world dared to bare their throats in public, if one except the bathing beaches. They have bared their calves, yea, even their knees, but never their necks. The world has been far too insensible to the debt of gratitude owing to the individual who first invented the collar. Let us glorify the passing collar while we deplore the coming of the sport shirt.

Men are not to be rebuked for their desire for a radical change in fashion. Nor was it to be expected that they revert in this practical day to the picturesque costume of the cavaller days. Satin knee breeches, wristlets of fine lace, frilly jabots depending from a stock collar wellnigh to the waist, waistcoats of brocade with crystal buttons make for a gentleman worth dreaming about, however.

But why the sport shirt? Those persons who love to declare that all of the world's really meritorious inventions, including those cullnary and those sartorial, sprang from the brain of man, had better pause and consider. Surely these inventive geniuses have not done well by their brothers in putting out the sport shirt.

Can it be possible that this is the crea-

Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

SAYS DR. EVANS; NEED DIAGNOSIS

and on two of dogs.

By WILLIAM A. EVANS, M. D.

VERMONT had a fairly sovere epidemic that these children had had acute febrile

AN ANXIOUS GIRL.

The poor condition of your hair indicates at your physical condition is not good, mault a physician. Perhaps you need a

morning on which you are going to wash out. Pay a visit to a good hairdresser, it, with your finger tips dipped in olive who will recommend a tonic.

of infantile paralysis in 1914 and a

milder one in 1915. At the termination of

the 1914 epidemic a philanthropist placed

a sum of money in the hands of the State

Board of Health to be spent in fighting the

After consulting with Doctor Flexner, the board decided to spend the money for three

1. In educating the physicians of the State to recognize the disease in its early

of the paralyzed.

epidemics, says:

oped paralysis.

tages and especially to diagnose the cases

Dr. Lovett, of Harvard, who had charge of the work of developing the paralyzed limbs, has held several clinics at which

he has examined the paralyzed. Some have regained the power of their limbs through the exercises and manipulations which he has directed. He has evolved a method of measuring the strength of muscles. The physicians were better able to recently the mild cases in 1915 than

recognize the mild cases in 1915 than the previous year.

Doctor Caverly, in reporting these two sidemics, says: "There was a large pro-

ortion of recovered (abortive) cases. Sus-clous cases were carefully investigated, me of these cases, which formerly would

The methods by which some of these mild

cases were diagnosed were various. Some of them were so recognized because they were in contact with severe cases, some

because severe cases contracted the disease from them. Some were diagnosed when Doctor Lovett's tests showed that they had

they dragged their toes just enough to wear out the tips of the shoes.

The disease started with fever, vemiting,

more or less paints in joints, pain along the spine in some cases. It is always difficult to make a diagnosis without a blood or spinal fluid test unless there is paralysis. Nearly one-fifth of the cases never devel-

The average onset of paralysis in this

pidemic was early. The date of its ap-sarance was as follows: Fifty-three cases.

fret day; 64, second day; 53, third day; 43, fourth day; 15, fifth day; 10, sixth day; 10, seventh day; 9, after the seventh day.

In visiting a paralyzed case not infre-

ould be noted as not acting quite well. stioning the parents it was learned

uscles, some because after recovery

passed for colds, grip, indigestion or ing, were occasionally found to be

which there is no paralysis.

In doing research work.

In an effort to redevelop the wasted

VERMONT HAD CHILD PARALYSIS,

Dear M'Liss—My hair has been falling out for some time and it is continually becoming thin ner. I would be very much pleased if you would advise me what to do for it.

AN ANXIOUS GIRL.

Make a shampoo of a pint of boiling water and a half cake of pure white some flaked into it. Let the soap dissolve and the liquid cool. Work it well into the scalp. Massage your scalp the night before the | Rinse many times until all the soap is

attacks, usually within ten days or two weeks, and had not fully recovered their strength. The children were appreciably

pale, weak and listless. Presumably these

Bites Finger Nails

fingers in soap and warm water, push back the cuticle on the nail with a soft stick and

rim the excess with a manicure scissors

Do as much of this as is necessary but do

not carry it to an extreme. Ordinary men do not manicure their nails enough. So-

ciety women spoil their nails by manicuring

Nasal Trouble

First. I have a little boy T years old. His nose runs all the time and he sometimes has a cough but not all the time; has had phoundle, fover two times; lives out of doors; eats and sleeps well and is healthy. What could I do for it and is there any cure? Second. What cure is there for a gotter, one that is on each side of the neck? Will dectering do any good?

First. Some sinus in the nose is infected.

Second. Some goiters need to be operated on. Others can be held in check by proper attention to diet, digestion, the throat, or whatever ailment has caused the goiter to

Marrying a Relative

First. Is there any harm for a young siri 20 years of age to marry her uncle 25 years of age? Boond. Would it affect the future children? Third. Is it against the law in Illinois?

First, second, third. Yes.

I do not think it will get well except as a result of local treatment of his nose.

too much. Get in between,

SEEN IN THE SHOPS

QUAINT MIDSUMMER FROCK VOILE is used for this demure frock, reminiscent of other days. The quaint fichu effect is of self-material finished with double frills of net joined by hometiching, while the leg-o'-mutton sleeves are finished in a similar manner. Rows and rows of cording, suggesting a hooped effect, form a deep border on the skirt, which is quite full nd further finished with very up-to-date corded pockets. In copen, rose, pink or white

This semidressy hat is of natural leghorn, with a slightly drooping brim. The crown is covered with copen faille ribbon interlaced with the ends, extending almost to the edge of the brim, while four French rosen with glossy foliage complete the trimming. The

hat, which is \$5, may have various colored trimmings.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDGER, 698 Chestnut street. The request must be accompanied by a stamped self-addressed envelope, and must mention the date on which the article appeared.

THE WOMAN WHO SEWS

problems will address communications to the part under the Russian blouse and make a full skirt of valle. Henry it all

sets so agreeable as on one of these study, humid days, when everything seems to be glued on. Speaking of corsets reminds me that they have undergone a process of specialization in the last two or three seasons. There are corsets for all occa-sions. Time was when a woman who had "This is to ask you as to what I should do in regard to the following: The upper flesh about my finger nalls is in the habit of becoming hard and seems to receive at those. Of course it becomes irritative, so I have formed the habit of biting savay the part that projects; that only aggravates it, but I cannot resist the temptation. Is such an affection due to a soft skilar At my hearding hourse they generally have us use the common laundry soan, which does not help matters. I presume. I have used mental in the best of the prosume that it is not in the product of the product of the parties of the parties of the parties of the parties. The parties are not do much good.

You must not bite your nalls. To restrain yourself requires very little will power. two pairs of corsets, one for every-day wear and one for "good," considered her wardrobe, in that particular line, well supplied. But now the fashionable woman must have a loose, low-cut corset for golf and tennis, made with rubber supports so that it gives with the movements of the

Then there are decollete corsets for even ing wear. They are but a strip of well-boned orchid satin, decorated with gold lace roses. As a fancy brassiere such a corset

They're not the ugly, shrunken, iron-rusted stays of yesteryear. They are trig models of flesh pink rubber, laced with rubber and trimmed with flat glass buttons, if you

You can make a very up-to-date frock out of this flounding. It ought to be deep enough to make a kneelength Russian blouse out of the flounding part. Use the narrow skirt for this. If it is too narrow

full skirt of voils. Hang it all on a stiff waistband of grosgrain or boned material. Dear Madam—What sort of a but would you et to wear with a marine blue ornandle dress; t is one of the old-fushioned dresses, with a erthe and black velvet ribbon around the waist, should like to get semething that would be icturesque to so with it.

JANE.

chin strings and streamers at the back and a couple of marine blue tips they are quite in keeping with the costume you describe. Or the more conventional black poke bonnet with a large pink rose would look well.

Dear Madam—I am making some handmade lingerie this summer. My material is very fine muslin, nothing fancy, just trimmed with narrow Valenchennes edition. Do you think it is better to French seam the seams by hand or stitch them on the machine? What other trimming would you put on chemises and combinations and nightnowns bendes Val. GLEN.

French seams to wear well must be very carefully done; the stitches must be fine and the seams must be rolled perfectly. Ma-chine-stitched seams stand laundering bet-Why not make all the rest of the articles by hand except the seams? Hand-scalloped edges net footing with ribbon underneath and hemstitching are used.

For the Sickroom

This sort of thing is particularly irritating to an invalid, and care should be taken to see that a sick person is not disturbed.

Readers who desire help with their dress | flounding. Get enough net to make the skirt

A Watteau hat with the poke at the front and turned up in the back is pretty. Made of natural leghern with black volvet

Olive oil-just a drop of it-put on the queaky door hinges will stop the noise.

MARION HARLAND'S CORNER

Calico Pieces Offered

MRS. G. G. S. asks about enamel stoves.
I have had mine for more than 13 years and am well pleased with it, as are many others who have them. In fact, they are common here. I do not think Mrs. G. G. S. need be afraid to get one. I answer her query, for I have seen no reply to her letter in the Corner. Are any more calico pieces wanted? I still have some to give away. I have supplied several Cornerites and will send more, if postage is paid.

"MRS. M. B."

Cake Much Praised

'I am sure M. T. B, would be pleased to know that her recipe for McKinley cake has been successfully tried by a bride. It was served with strawberries to four unexpected guests and was much praised. I was pleased to remark that the recipe was contributed by a kind friend to the Corner. "T. E. A.

Putting Up Fruit

"I put up quantities of fruit every year. For 20 years I've followed this method, and in all that time I have broken out two glass jars, and those by turning too rapidly at first the boiling grapajuice into the cans. Have the glass washed thoroughly cans. Have the glass wanned thoroughly with some alkaline detergent, rines in warm but not boiling water, and wipe or drain dry. Put upon each a new rubber and never use one that has been used before. Have the fruit cooked as you desire it and keep gently boiling. Fold a cloth perhaps half a yard square a little larger than the bettom of the glass jar. Wet it in cold bottom of the glass jar. Wet it in cold water before folding it and place smoothly in the bottom of a quart pan or a ple pan and cover an inch or so with cold water. Put the fruit jar on this and put in a table-speon, so that in pouring in the fruit, slowly speon, so that in pouring in the fruit, slowly at first, it shall strike the bowl of the spoon. Than fill the jar, taking out the spoon in a way to let out any air bubbles in the fruit. Fill with the bolling juice to a level with the top. Wipe off any that may have dropped on the rubber, and as quickly as possible put the cover on and screw down tightly. After the fruit is cold, try each jar, and if the cover can be screwed more tightly turn it until it is tight enough to exclude all the air. It is best to place them upside down to cool. Then, if the tops are not tight enough, the leakage will betray it. Keep the fruit slow-ly boiling to the last. Change the cold water so as to have it cold for each jar, and water so as to have it cold for each jar, and have this on the side of the stove as near as possible to the boiling fruit. To carry the kettle to the table, thus stopping the boiling of the fruit, or to dip it from the across the table, jeopardizes the perfect keeping.

Cottage Cheese

Will you kindly forward to me a good recine or cottage cheese? I have tried several times o make it, but mine always got tough which will be the control of the country of We cannot send recipes by mail. this is what you want. Do not be discouraged by one or two failures. If you mean use the cheese soon, you may improve it by working in a little cream just before serving it. A little butter is not amiss. Work it well into the curd. To every quart Work it well into the curd. To every dust of rich milk you use allow a pinch of sait and a teaspoon of rennet, taking care to buy that which is not flavored in any way. When it is solid, turn into a bag and let it drip. When it is well drained, so that all the whey is taken from the curd (it may take more than a day for this, and in that case you must change the bag at the end of the first 12 hours), take it out, chop the curd fine, put it into a cheese box, and press two hours. Wrap in two or three folds of tissue paper or in tinfell to exclude the

Granville's Cake

Granville's Cake

Not long ago you asked for recipes in which buttermilk was used as the main ingredient, and I take pleasure in sending one we have tried and liked. We call it Granville's cake: Take also gonfuls of flour, one and three-quarter cuptules of brown or white sugar, one tempoonful of soils, one tempoonful of lard, enough sait so it may be pressed into lumps. Work all together. Put into a separate creek two cupfuls of buttermilk or longering in and three-quarters of a cup of molasses. Put in the lumps, the control of a cup of molasses. Put in the lumps, but do not stirthtsm all fine. Do not make two thin. Ple tins may be lined with a thin crust or simply sprinkled with flour. Put in batter and bake.

Without casting doubt upon your skill in cake making, I must interject one query? cake making, I must interject one query?
Are not six cups of flour too much for the quantity of milk and molasses which are supposed to bring it to the proper consistency for cake batter? I accentuate nquiry, as the mixture is to be baked in ple crust, like custard or transparent pud ing. You may be in the right, for I have ot tried the formula. Reasoning upon gen eral principles, I am speculating as to the possibility that the six cups were a slip of the pen. Of course, they are of sifted flour? I wish sincerely that you would write again and relieve my mind upon this head. I am making a choice collection of recipes based upon buttermilk, and I should like to in-

Things She Longs to Cook

ciude Granville's cake.

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Weish rarebit—Half a pound of soft grated cheese, one gill of ale, two eggs, one tablespoon of butter, one teaspoon of lemon juice and the same of Worcester shire sauce and half a tempoon of celery sait. Put the butter into a broad sauce-pan over a flame and when it hisses stir in the cheese; then still stirring add the dry seasoning. Have ready the eggs, beaten separately and light. Add three spoons of the hot mixture to these rapidly, then pour the eggs (now warmed by the cheese) into a saucepan, never letting the spoon rest. In one minute more add the sauce and lemon juice and put upon

nauce and lemon juice and put upon rounds of hot, buttered toast or crackers. Savory stew of beef—Cut two pounds of raw lean beef into small strips, almost like straws, with sharp knife. Put into a saucepan and cover with weak stock or cold water and cook slowly for two hours. Fut into another saucepan a cup of rich stock, one small onion chopped fine, a strated nutmer covering nepper and little grated nutmer. little grated nutmeg, cayenna papper and the juice of half a lemon. Boil these in-gredients together and mix with the beef, adding a little browned flour if necessary. Dish up on a hot platter, lay triangles of fried toast about the base, and serve. Asparagus on toast—Cut the woody part

from a bunch of asparagus, and with a soft pleas of twine tie into a loose bunch. Have ready boiling enough salted water to cover the asparagus. The saucepan containing this should be large enough to containing this should be large enough to allow the asparagus to lie at full length. Boil until tender, but not until the green tips begin to break. Spread upon a plat-ter crustless slices of buttered tonst, drain the asparagus, and lay it in a neat pile upon the toast. Of course the string must be removed from the bundle. Just before sending to table, pour a white sauce over the asparagus. An excellent plan is to pour this sauce over the green ends of the stalks, leaving the white ends uncovered, that the fingers need not be solled in handling the vegetable.

Creamed asparagus — Reject the lower half of the asparagus and boil the upper half until tender. Drain and chop. Cook together one tablespoonful of butter and two of flour until they are blended; then pour on a pint of milk into which a pinch of soda has been dissolved. Stir until the consistency of thick cream; add the minced asparagus, with salt and pepper to taste. Set the mixture aside to cool, then beat into it three well-whipped eggs and two table spoonfuls of cream. Pour into a greased pudding dish and bake for 20 minutes in a quick oven until brown.

Creamed spaghetti-Put a cup of spa-

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ghetti into two quarts of boiling salted water and cook for 25 minutes, or until ten-der but not broken. Drain off the water and keep the spaghetti hot in a covered dish while you make the creamed sauce to pour over it. Cook together in a sauceto pour ever it. Cook together in a sauce-pan until they bubble two tempoonfuls of flour and the same quantity of butter; pour over them a pint of hot milk, and as this thickens stir into it two heaping tempoon-fuls of grated Parmesan cheese. Pour this sauce upon the spaghetti just before serv-ing, lifting the latter lightly with a fork, that the creamy sauce may reach every part.

part. Our correspondent frankly confesses her-Our correspondent trankly contenses her-self ignorant of practical cookery and ap-peals to the Corner for help. We have re-piled fully to her desire for certain recipes, and, we trust, to her satisfaction. While and, we trust, to her satisfaction. While we cannot hope to take the place of the cook book that will instruct her in every department of kitchen work, we are glad to be of some use to her.



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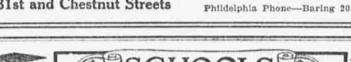
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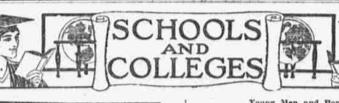
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INFANTILE PLAGUE CURE IN A BAG FAKE, SAYS KRUSEN; "WORTHLESS"

enlarge.

Dr. Wilmer D. Krusen, director of the Department of Health and Charities, today characterised as worthless a "preventive" of infantile paratysis that is being sold in drug stores throughout the city, in particularly large quantities in South Phil-

The widely advertised medicine is in nome cases a block of camphor, wrapped In a bag that is strung about the child's more and in others a mixture of garile, pepper and camphor. In the upper end of outh Philadelphia it is difficult to find a suggeter who has not been forced to wear is compound.

Ductor Krusen was not inclined to take "preventive" seriously. He said that madical profession as a whole had liftelih in the value of camphor for such purpose or the substances with which it ing compounded with such adoriferous

argument of the pharmacists is that or keeps dangerous insects at a safe on from the child and that insects acting the for the spread of infantile as by carrying the germe.

ter Erusan conceded this as a possi-but said that it was hard to find or strong enough to insure the ab-ef insects. Mathers, however, have in fath in the they bags—the same they placed in beads in bygons years prerently of whooping cough.

Estar flardan Recreation Centre.
Lesshaed streets children ranging from 4 to 18 can be seen wraring took recreations.

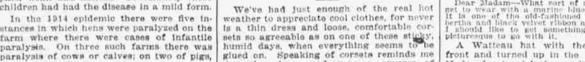
which the camphor, pepper and garlic should be mixed. In the majority of cares

pepper is the largest ingredient. In Kensington, too, the bags can be seen. They are of various colors, depending usually upon the tastes of the wearers or their parents. It is no uncommon sight new to see boys playing baseball, readjusting the bags between innings after they accidentally have slipped from their necks.

Golf Tripod



rol can buy a sort or tripod aftair to hold your golf clubs, according to Popular Mechanics. If you are a devotee of Cobb's Creek and do not hire a caidin, this little invention will save you lots of unneces-sary trouble. It is an extensible rod which is operated by springs, either to hold the bag ha you see it, or to fold up close to the sticks when not in bas. It can be



yourself requires very little will power. Probably the tendency to thicken is due to biting and other methods of abusing the skin at the base of the nalls. Watch a manicurist at work the first opportunity you get. Probably when you stop biting the skin around your nails the tendency to roughen will stop. If not, then soak your

please. Others of wide-meshed net combine shapeliness with lightness. Who says this isn't an age of specialization?

isn't an age of specialization?

Dear Madam—I have an old embroidered voile dress, white, that has a narrow skirt. The embroidery is quite fine, and I can rip the dress up and make it over, only I don't know just what way to make it. There is at least three yards of the embroidered flouncing, and of course, I can add not or more voile, since it is white. Any advice you can give me as to making over my dress will be appreciated.

C. G. J.

across the bust use set-in pieces of tucked voils or Walls of Troy design with hem-stitching. The sleeves should be of white voils with collar and cuffs of the mitred

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