GOOD FORM—M'LISS' COMMENT—MARION HARLAND—DR. EVANS' HEALTH TALKS—COOKERY

CLOTHES AND MODESTY DISCUSSED BY M'LISS

Critics of Modern Woman for Lessening Her Wearing Apparel Should Interview Famous South American Explorer

SOME persons declare that the wearing of clothes—per se—is immodest because it was not until Eve became conscious of sin that she felt the necessity for them. Others contend with equal ardor that we are in a fair way of becoming a degenerate race because of the reprehensible tendency of the modern woman to exaggerate the decolletage and abbreviate the already too short skirt. No clothes at all, they argue, are more to be desired, from the ethical point of view, than the insidious half-revealing, half-concealing garb of today. Either we should go prudishly buttoned cap-a-pie or we should imitate sartorially the aborigines, if we would save our souls.

With evangelists denouncing the present-day costumes and adding insult to injury by linking them up with cocktails and cigarettes and with the shops, due, perhaps, to the increased advertisement afforded by these ardent denunciations selling more of said costumes than ever before, a talk that I had the other day with that intrepid University of Pennsylvania explorer, Dr. William Curtis Farabee, on the subject of the apparel of the South American Indian women was doubly interesting because of its very timeliness.

During the hazardous three-year expedition that Doctor Farabee made into the almost impenetrable Amazon Valley, he came upon many tribes who had never before seen or heard of white men or civilization, as we arrogantly define it. Virtually all of these aboriginal tribes wear no clothing at all, unless it be a beaded apron or belt on high ceremonial occasions.

The women, Doctor Farabee told me, are models of domesticity. Infidelity among them is too rare to be mentioned. They are modest, industrious, loving wives and exert, by virtue of the respect which their men folk have for feminine opinion, a tremendous influence on the affairs of the villages.

"I saw much drunkenness among the men," he said, "but I never saw a woman drunk. Furthermore, they realize the incompetence that drunkenness creates, and they never permit their men to engage in barter and exchange—the only means of trade that they have—while they are under the influence of their particular liquor."

The time has not been that clothes have not in the minds of the many been inseparably connected with morals. Quakers and Puritans owe their reputation for modesty and womanliness as much, doubtless, to their unostentatious garb, as to their characteristic repression of demeanor, just as the Oriental woman is unjustly celebrated as a seductive minx because her harem trousers and abbreviated bodice shocked at one time, at least, the occidental notion of what a woman's sartorial equipment should be.

If we except Doctor Farabee's native Indians, Lady Godiva was about the only woman, so far as history relates, who could disregard clothes and keep her reputation intact. But, apart from the moral aspect, the sheer joy that woman derives from the consideration and purchase of the apparel with which she decks her body and stimulates her soul is assurance enough that the twentieth century damsel of North America is in no danger of following in the footsteps of the South American Indian, who manages to be cool, modest and undressed at one and the same time. M'LISS.

Dear M'Liss—Do you know of a shut-in who would care to correspond with me? I am 20 and I should like to write to a girl my age if that is possible. If you do not know of any one my age, I should be delighted to write to any one else. Do you think my handwriting is any good? E. N. S.

I think your handwriting is very legible. I hope some shut-in will read your letter and respond.

GOOD FORM

Good form queries should be addressed to Deborah Rush, written on one side of the paper and signed with full name and address, though initials ONLY will be published upon request. This column will appear in Monday's, Wednesday's and Friday's Evening Ledger.

Advice on Wedding

Dear Deborah Rush—I am to be married about the middle of September and would like to ask your advice on the following questions:

1. How could the invitations be worded when the guests are only invited to a luncheon at the home of the bride? The ceremony is to take place at the parsonage with only the bridal party and luncheon immediately after.

2. Would it be too late in the season to wear a georgette crepe hat? It seems to me a fall hat would be out of the question with a crepe de chine dress. I will decide on a fall hat for traveling and will only wear the georgette crepe hat to and from the parsonage and in a limousine.

3. At a home wedding what could be worn in place of veil and what would be appropriate for the bridemaid to wear instead of a hat?

4. Would a coat suit be the best choice for traveling? What would I need beside the coat suit for a trip to Niagara Falls? We expect to be away two weeks. M. G.

1. Send your invitations reading as follows:

Mr. and Mrs. G. (or whoever sends them out)
request the pleasure of
Mr. and Mrs. ———
presence at the wedding
breakfast of their daughter,
M———
and
Mr. ———
on Saturday, September
the sixteenth, at 12:30
o'clock.

2. It would not be too late for a georgette crepe hat, which would undoubtedly look prettier with crepe de chine, though a fall hat would also be appropriate.

3. An aigrette or jeweled hair ornament would be appropriate.

4. Yes, a tailored suit is best. Beside this you would probably need two evening dresses, an afternoon frock, several good-looking waists, a dressy hat and a topcoat.

Clap In and Clap Out

Dear Deborah Rush—Do you think it would be considered in good form to give a party and among other games have the old kissing one of "Clap in and clap out"? The guests will range in age from 18 to 21. J. B. L.

"Clap in and clap out" is an innocent enough game in itself, but it is scarcely dignified and very familiar, and therefore not to be recommended as good form.

Are Picnics Formal

Dear Deborah Rush—I see that you say paper napkins should never be used at formal affairs. Do you consider a church picnic a formal affair? JANE.

By no means. Picnics may always be considered most informal affairs.

Men's Attire for Wedding

Dear Deborah Rush—Would it be proper in July for the bridegroom and ushers at a wedding to wear flannel trousers and blue sack coats? CHARLIE.

Custom has made this manner of dress for late summer weddings perfectly proper. DEBORAH RUSH.

TWO REMEDIES FOR ECZEMA GIVEN FOR THOSE WORKING IN CHEMICALS

By WILLIAM A. EVANS, M. D.

Questions pertinent to hygiene, sanitation and prevention of disease, if matters of general interest, will be answered in this column. Where space will not permit or the subject is not suitable, letters will be answered personally, subject to proper limitations and where a stamped, addressed envelope is inclosed. Doctor Evans will not make diagnoses or prescribe for individual diseases. Requests for such service cannot be answered.

WE get a fair number of letters from men who work in chemicals complaining of eczema of the hands. What they call eczema is an inflammation of the skin—a dermatitis.

We sent one of these letters to Dr. George Apfelbach, of the Illinois Factory Inspection Service. He sent us a letter and two prescriptions. We think several groups of people will be interested in the letter. The prescriptions are in one instance a wash and in the other an ointment to be used for the purpose of protecting the hands against chemicals.

If the hands of the worker are kept in any solution which washes out the grease, the ointment (No. 2) should be used. While Doctor Apfelbach specifies that it is good to prevent turpentine eczema, he does not mean that it would not also be good for the hands of washerwomen, workers in alcohol and all others whose hands chap.

If the skin of the worker's hands contains enough grease, but they roughen or inflame from the chemicals, frequent washing with the lotion (No. 1) will be useful. Doctor Apfelbach would not limit the use of this lotion to workers in chromate.

Doctor Apfelbach writes as follows:

"I meet with cases of eczema frequently among bakers, bartenders, cigar makers, and especially printers, painters and photo-engravers.

The eczema of printers is due to turpentine. That of photo-engravers is due to the use of ammonium chromate. Chromo-acid and its salts seldom produce eczema unless there is a slight abrasion in the skin. The result is the well-known chrome ulcer and the various forms of dermatitis. Turpentine in the printing trade produces eczema because it dissolves out the normal oil of the skin.

Following are rules especially applicable to the printing trades:

First. Inspect hands before working every morning.

Second. Avoid strong soaps. Glycerin soap is useful.

Third. Use rubber gloves when possible.

Fourth. Employes, especially those susceptible, should use oils, fats or grease on their hands for protection.

I inclose two prescriptions, one being commonly used for cure and prevention of chrome and chromate lesions, the other being especially beneficial to printers and painters who use turpentine:

No. 1—(For photo-engravers.)
Glycerin,
Four per cent. water solution boric acid,
Equal parts.
Use as a lotion after work.

No. 2—
Paraffin, 6.
Lanolin, 10.00.
Olein ricini (castor oil), enough to make 120.00.

Use as freely as desired.

How to Gain Weight

"(1) I am 19 years old, 5 feet 10 inches tall, and weigh 135 pounds. Please advise what I should weigh and how to gain weight.

"My occupation is stenographer. Exercise as follows: Three miles after breakfast, one mile after dinner, three before supper on my way home from work, and one after supper, which I enjoy very much, as same does not fatigue me in the least. Have a good appetite in the morning and have breakfast at 8 a. m., which consists of rye bread and butter; dinner at 11 a. m., consisting of three rye bread sandwiches and some fruit and eat a heavy supper. (2) Do you consider rye bread very nourishing, and are my meals well regulated? (3) Also do you recommend the wearing of suspensories, which some consider an aid to health? B. M. G.

1. You should weigh 156 pounds. Eat mort anw lak less if you want to weigh more. Could you get a glass of buttermilk and some fruit as an addition to your breakfast? I hope you get enough vegetables, fruit and milk for your supper. You need it, in view of your light breakfast and lunch. You will probably get fatter as you get older. Why be impatient about it?

2. Rye bread is not quite so nourishing as white bread. I do not know what you get for supper, but your other two meals are not very well balanced.

3. No; unless there is a special reason in a particular case.

Harelip

I am an interested reader of your column and would like to ask a few questions, also. What caused a harelip? Will my unborn baby be so marked from seeing a person so afflicted? I try so hard not to think of it, but it seems almost impossible. P. E. A.

Harelip is the result of a failure of the different parts of the lip to grow together. The lip of a just forming child is made up of several separate pieces. Why do these fail to grow together? Usually because a tooth gets in the way or the pieces of lip tissue are pushed apart by something else. The fact that the mother has seen a harelipped person while she was pregnant cannot cause her child to have a harelip. It is absolutely impossible. The brain of the mother is not connected with either the lips or the brain of her unborn child. None but the densely ignorant make such assertions. Do not worry or fear. Your baby will not be deformed.

Jellied Celery

Soak a half box of gelatine in a cupful of water. When soft, pour over it enough boiling water to dissolve it. Add the juice of two lemons and a half cup of sugar, then cool. Add a tablespoonful of strong horseradish (use the fresh grated root) and a dash of cayenne pepper. When almost ready to set add a cupful of celery, cut in small pieces. Set in the refrigerator to harden. When cold, cut in small squares and serve.

If You Love—
Flowers You Should Know
The Century Flower Shop
18th Below Chestnut St.

SEEN IN THE SHOPS

WHITE CHINCHILLA—A HARDY PERENNIAL

YEAR after year, summer after summer, the call for the white chinchilla coat increases. Its uses are as varied as one chooses to make them; it is, so to speak, all things to all women. The sketch suggests a practical use, for after a heated tennis match to prevent the not-infrequent chill. This coat, which is unusually long and handsome, will make a very attractive evening as well as daytime wrap for the summer girl, or, looking further forward, will be quite indispensable for the boarding school or college girl. The convertible collar, billiard pockets and handsome cut-pearl buttons are its main features. Price, $19.75.

For the mountains or seashore felt hats are practical. This attractive one, which has a soft, flopping brim and a band of grosgrain finished with a tailored bow, its only trimming, comes in two-toned effects, in apple green and gold, copen and gold and navy and silver. The hat, which is a charming felt, is a special at $3.95.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. The request must be accompanied by a stamped self-addressed envelope, and must mention the date on which the article appeared.

LOVE LETTERS OF A GUARDSMAN AND GIRL HE LEFT BEHIND HIM

Being the Intimate Sentimental Correspondence Between a Beginning-Lawyer Recruit and a Woman Who Has Both Brains and a Heart

From Miss Helen Martin, Spruce street, Philadelphia, to Private Richard Harrison, of the U. S. N. G., Pennsylvania, at El Paso.

Richard:

I did not have to read between the lines of your letter to see a deliberate intention to insult and hurt me. For so long a time I have heard that mine is the inconsistent sex, but when such letters as yours are written one realizes the injustice of the accusation. One day you write and tell me that I mustn't mope and that whatever else I may or may not do, I must, above all things, keep you in touch with all of my activities. I do this and then I am made the object of a furiously jealous onslaught. It is not Paul Watson's fault that you saw fit to leave me, and I can assure you that it was extremely fortuitous for me to have had my loneliness alleviated by so charming a person.

Your total lack of sympathy for me after a serious hurt has given me cause for reflection, and I am quite sure, after much consideration, that a man so unfeeling, so deliberately cruel, is not the man to make me happy for the rest of my life.

I thought we had threshed out ad nauseam the subject of an engaged girl giving up her men friends. I assure you, Richard Harrison, that when I told you I regarded this as an archaic procedure, a relic of the day when a woman was a man's property and not his companion, I was never more in earnest in my life.

One of the things that I expect of the man who loves me is that he trust me. You have proved your incapacity to do this. Thank heaven it happened before we were married—that would have made a deplorable mess of things, indeed. Apparently it is your idea to engage yourself to a girl and then to marry her in a sort of sultanic selfishness, shutting her off from the rest of the world without so much as a by-your-leave. I am not the woman to conform to this sort of treatment. I will not be dictated to, and I should have to become a very spineless creature, indeed, before I should let any man, even the one I love—or thought I did—choose and reject my friends at will.

Did you expect Paul Watson to let me lie out on the golf course with a sprained ankle simply because you, thousands of miles away from me, object to him performing a service that you judge to be yours? Do you expect me to be ungrateful to him because he has put his car and his time at my service? Do you expect me to grow on to a chair, to refuse all invitations, because your sense of duty took you away from me? Really, you are too unreasonable.

Such a beginning augurs ill for a life companionship. After your letter I should be afraid to embark with you on the most serious enterprise of my career. In my opinion, the first and most necessary qualification that a man should have is broad-mindedness. You have proved yourself to be totally deficient in this attribute.

I am sending back your ring. With best wishes for your future, I am,

HELEN MARTIN.

Barred by your Complexion!

Does a pimply, unattractive skin shut you out from the full enjoyment of the summer's pleasures? Then think of this:

To use Resinol Soap means that each time you cleanse your face you give it a "beauty treatment" with the soothing, healing Resinol medication. If aided, in severe cases, by a little Resinol Ointment, this usually leaves the complexion naturally clear and fresh. It is equally effective in protecting delicate skins from the effects of summer's sun, heat and dust. All druggists sell Resinol Ointment and

Resinol Soap

Samples free, dept. 2-R, Resinol, Baltimore, Md.

Your Cooking Should Be Successful

—if every ingredient that you use is of the best. Milk is one of the most important items. It must be rich and pure or your cakes and puddings and desserts will not have that smooth delicacy which you desire.

Gail Borden
EAGLE BRAND CONDENSED MILK
THE ORIGINAL

can be used as you would use fresh milk and sugar. It gives a delicious, rich flavor to everything in which it is used.

For over half a century Gail Borden Eagle Brand Condensed Milk has been used as a pure, nourishing food for babies. Thousands of healthy children have been raised on it.

When buying milk or milk products—always ask for

BORDEN'S

CITIZENS' ARMY HELPS KEEP STREETS CLEAN

Director Datesman Well Pleased Over Success of War on Dirt

Responses from corporations, business men and citizens generally to the city's appeal to aid the campaign for "clean streets," Director Datesman says, have been so numerous that the entire citizenship has been enrolled into a great army to help the Bureau of Highways in the work. The Director's circular letter to presidents of railroad companies, public service corporations, department stores, merchants and others, emphasized the aim in the campaign for co-operative work for the elimination of practices that result in the littering of streets with waste paper, rubbish, store and sidewalk sweepings.

The Director said that residents have not been urged hitherto to live up to existing laws for the regulation and disposal of waste and rubbish. He said he felt that non-compliance with these laws comes from habit rather than through intention to disobeying them and for this reason the Department had resolved to carry on a widespread educational campaign to instruct the people how to help keep streets clean.

"With this object in view," Director Datesman said, "cards containing the laws and 12 'Dont's' which cover the principal matters that, being given proper recognition by the people, will make the streets very much cleaner than they have ever been before, will be delivered by the police to all householders. We have, in addition, printed placards, 14 by 18 inches in size, that also contain these 'Don'ts,' which we are arranging to have displayed in all conspicuous places throughout the city, and we are going to ask that they be placed in the main corridors and other conspicuous places in offices, stores and other buildings where they will be seen and can be read by employes and the public.

"We are also going to ask employers to instruct employes to refrain in the future from sweeping the sidewalks sweepings into the street and to sweep them into a pile and put them into rubbish receptacles. It would be very desirable and very much appreciated and add very materially to our efforts if they would arrange to place rubbish receptacles in front of the offices and other buildings under their control. These receptacles will be emptied by the street cleaning department if they will advise us of their locations."

The Celestial Moment

O turn to me, lean to me, lips that I love!
One moment of merciful bliss—
Ere my shade shall be borne to those stars above
Where only the ghosts may kiss.

Back to the stars from whence I came—
Over a blindfold way,
Far, O far, like the spark to its flame,
I who have lived my day—

Who have lived my day when I flash and poise
The rose of the world above,
Then home like a bird to the source of joys—
A love that is lost in Love.

—From Frederick L. Knowles' poems.

PRACTICAL CAKE BOX.

The newest cake box is the last word in efficiency. It has a round tray, with handles at the side that fits inside of the box. The idea, according to the Popular Science Monthly, is to lift the cake out without breaking any of it, as is likely to be the case if you have to turn the cake over to get it out of a deep-set box. Instead, you simply take hold of the handles, and your cake comes out as shapely as it went in.

MERIDALE BUTTER

There's a high standard of butter making up at Meridale Farms which means that every pound of

MERIDALE BUTTER

must be pure, clean, sweet and fresh. That every pound must be a full pound. That everything must be clean and sanitary. That every worker must uphold this standard, so that Meridale Butter will always be the "uncommonly good butter."

AYER & McKINNEY
(Makers of Meridale) Philadelphia
Bell Phone, Market 3741
Keystone Phone, Main 1783

Look for the "Merifoil" wrapper—air-tight, dust- and odor-proof—at your grocers.

Protect Yourself!

AT STORES AND FOUNTAINS
ASK FOR and GET
HORLICK'S
THE ORIGINAL
MALTED MILK
Buy it in the sealed glass jars.
The Best is always the Cheapest
Substitutes cost YOU same price

MARION HARLAND'S CORNER

All communications addressed to Marion Harland should inclose a stamped, self-addressed envelope and a clipping of the article in which you are interested. Persons wishing to aid in the charitable work of the H. H. C. should write Marion Harlan, in care of this paper, for addresses of those they would like to help, and, having received them, communicate direct with those parties.

Income Tax Manual

It is with pleasure I offer the inclosed income tax manual for "Friend" who wrote to the Corner. It has been extensively used by bankers and brokers all over the United States in distributing information concerning the much-discussed income tax law. A. G. M.

The title of the manual and particulars concerning it are at the call of members who are naturally perplexed in making out their respective income taxes. Comparative poverty has its advantages in the estimation of certain bewildered taxpayers when one learns that each citizen has a right to reserve to himself an income of $3000 before beginning to reckon up his obligations to the income tax office.

Children's Prayer Meetings

As to your question addressed to the little girl who asked how to conduct a prayer meeting, I think you do not understand the situation, perhaps. Yes, little girls both conduct and take part in prayer meetings. They are not composed of grown people, however; only superintended by one or two adults. The hymn is true that says: "Prayer is the simplest form of speech, which infants' lips can try." If one were to wait for years to come to learn to pray, I am afraid it would never be a part of one's life. There are many good prayers in the Bible to begin with, such as Psalms, ii, 1-10, 11 and 12, 15 and 16 and 19-24. An excellent benediction, and one which is often used is Genesis, xxxi, 49, called the "Mizpah" benediction. No doubt the little girl thought the Corner told so many things that it would give her just what she wanted. R. S.

Without entering into a discussion of questions which may arise in the minds of readers relative to the expediency of committing the conduct of a religious meeting to mere children, let me exculpate myself from the implied suspicion that I would defer for any one the duty and privilege of prayer until years to come bring maturity and ease of expression. The line you quote is true and the truth conveyed precious beyond the power of human speech to describe. Every child should be taught to pray by the time he can express physical wants to his mother; should be made to comprehend that God is as really his Father in heaven as she is his earthly parent. Let this be comprehended in all its richness of meaning before we go further. The modus operandi of praying for the edification of others is quite another matter. This is not the place in which to debate the subordinate question.

Music and Cards Offered

I read your Helping Hand every day and get lots of good from it. I want to help a little and have to offer about 35 pieces of music. I will gladly send it to any one who will pay postage on it. I also have to pass along two or three hundred postal cards for any one who wishes to make a scrapbook out of them, if he or she will pay the postage. I inclose a recipe for an eggless, butterless and milkless cake: One package of raisins, cooked 15 minutes in two cups of water. Remove from the fire and add one cup of water, half cup of lard, two cups of sugar, one dessertspoon of soda, one teaspoon each of cloves and cinnamon, one teaspoon of nutmeg and one of salt, four cups of flour. Add nuts, if desired. Cook for 25 minutes in a moderate oven. V. D.

A "miscellany" that will enlist the attention of sundry classes of readers. Your address is at the service of persons wishing to possess themelves of the profusion of gifts you offer so generously as to awaken wonder with gratitude. Your cake is a unique! May I, as a housewife, ask what raises the mixture? Perhaps there may be enough acid in the raisins to cause effervescence in the soda? And may I inquire, further, if the water in which the raisins are boiled is drained off or added to the third cup of water? I infer that all three are needed to bring the four cups of flour to the right consistency. Do us the favor of writing again to make these points clear. For, one and all, we are wild to try the recipe!

When Neighbors Call

I am a plain country woman, approaching middle age. I have lived on the same farm all my life and have never known anything but hard work. I had friends who just came and went at their pleasure. Now I have bought a nice home close to town. I have new neighbors and some of them will come and call. It will be somewhat different from my old neighbors running in. Must I say, "I am glad you called; come again," or just return the call and then ask them to come again? My nephew will live with me. He has many boy friends. When they thank me for their good time must I say, "Thank you; come again"? Please tell me these things. W.

Behave to your new acquaintances as you would like them to treat you were the positions reversed. By all means show them you are glad to see them and express the hope that you will be neighborly in the best sense of the word. Hard and fast rules of etiquette advise that the hostess should not invite one to call again at the close of the first call. This need not hinder you from the expression of the wish I have indicated. Return the visit within 10 days at the most and have no hesitation then in inviting them. Let the boys know how pleased you are to see them in your home. Cast etiquette to the winds in that case.

Indian Yell Book

I shall be grateful to you if you will send me an Indian yell and call book. I will gladly pay postage. C. L.

I take it for granted that there is such a manual since you ask for it. Other fellows must know of it, too, and I hope they will send to me for your address.

BORDEN'S
Malted Milk
IN THE SQUARE PACKAGE
GRAND PRIZE HIGHEST AWARD PANAMA EXPOSITION
Ask for it
ANOTHER PROOF OF QUALITY

Annual Summer Sale of Women's Fashionable Shoes

Slippers—
In gray, champagne or combinations
Regularly $8, now $5

Kid Lace Shoes Cut 10 Inches High
In champagne, gray or white kid.
Regularly $12, now $7

Misses' Pumps
In white canvas or tan Russia
Regularly $3.50, now..... $2

Other Worthwhile Reductions in All Styles of Summer Footwear

Claflin, 1107 Chestnut

Summer Clearance
Millinery
Reduced to $3.50, $5, $8, $10
All Coats, Suits, Dresses Reduced
BLAYLOCK & BLYNN, Inc. 1528 Chestnut St.
Furs Stored, Altered and Repaired.

Walk-Over

An Unusually Smart Tongue Pump
White Canvas
White Kid
and Several
New Summer Colors
$5 to $7
The Best Fitting Pump Pattern of the Season

Special Several Hundred Pairs Discontinued Lines in good size runs. Sharply cut to $2.85

The Harper Shoe Co.
1022 Chestnut St. *1228 Market St.*
Credit & Cash Accounts *Cash Accounts Only*