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EVENING LEDGER-PHILADELPHIA, FRIDAY, JUNE 30, 1916.

GOOD FORM-M'LISS' COMMENT-DR. EVANS' HEALTH TALK-HOUSEHOLD HINTS-COOKER

SEEN IN THE SHOPS

M'LISS TELLS EXPERIENCE WITH FIRST BOARDING HOUSE

She Commends the Excellent Organization Recently Established in This City to Safeguard Girls

most actively interested in the newly established Philadelphia Bureau of Boardready gained a country-wide recognition.

Miss Selsor asks if I am interested in knowing of the work the bureau is doing. and in the letter published below outlines that work. I am interested, so deeply interested that I am minded to become permonal in explaining just how much.

I came to Philadelphia an utter stranger and plunged in the fray of newspaper work. I knew how to take care of myself. I knew that not all men and not all women were good. I had money enough to pay for a desirable room in a desirable locality. But because I was pressed for time, and because I had had no previous experience in selecting a boarding house or in living in one, I got into a house about which I have had my suspicions ever since the happy day I left it.

There was no place in that house to receive guests and, although it rather shocked me at first when I found out that the women received their male callers in their rooms, I soon accepted it as one of the disadvantages of boardinghouse life which they made the best of while deploring it just the same.

A folding door, bulwarked by my wardrobe, led into the room next mine, which was occupied by a young working woman From the alternate cooings and quarreling that took place every night I judge that she was at least engaged to the man who called regularly. It was distasteful to me-to have to listen to all this-and I realized that I should have to move. But the new duties that I had assumed were all the more arduous because unfamiliar and I could not find the time.

Often my work took me out at night Several times when I returned home later than I liked being out alone some of the men boarders were abroad in the unsavory emelling halls of the house, and they ogled me in a way that made me both uncomfortable and furious. On these occasions I told myself that I must not know how or where to look.

The climax came when the room was taken on the other side of mine by a be- whole army of women who will join me sotted-looking individual and his anemic in felicitating the moving spirits of the wife. About the fourth night that they organization on the splendid work they had been there I was awakened some- have undertaken.

Letters to the Editor of the Woman's Page Address all communications to M^{*}Liss, care of the Evening Ledger. Write on one side of the paper only,

MARION HARLAND'S CORNER

A LETTER has come to me from Miss time after midnight by the most execra-Mary R. L. Selsor, one of the women ble noises emanating from their domain. The woman was sobbing pitiably and the man accompanied her with a cacophony ing Houses for Girls, the high motives of sounds that were part flendish laughfor the organization of which have al- ter, part shocking curses, part breaking of chinaware and part maudlin masculine sobbing.

> I was terrified, with nerves as figgly as gelatine. Directly the other occupants of the house began to stir, and I heard a great pattering of feet and then much whispering in the vicinity of our hall. Meanwhile the blood-curdling noises con tinued.

"The man is dying," was my first thought. Or perhaps he is crazy and will kill the woman. I leaped out of bed, hastily donned a kimono and put my head outside the door.

There was assembled the motley crew which comprised the companions of my first boarding-house episode. Men with tousled heads and dingy dressing gowns; women with the rouge off and the curl papers on.

"He must be terribly ill," I said, by way of making my presence known, and I am sure the terror I was feeling must have shown in my face and voice.

A man, in a turkey-red robe with blue dragons on it, threw back his head and laughed. "Go to bed, little sister," he said when

he had done; "he's not ill; he's only as drunk as a lord."

The next day I told my predicament to an older woman. She took an hour of her valuable time and that night I was established in a boarding house such as I had never dreamed had existed. It came just about as near to being home as any boarding house can be.

I should say I am interested in the Philadelphia Bureau of Boarding Houses for Girls. Had such an organization ex isted when I first came to the "big city I would have been saved much mental

anguish, an anguish that I would not "wish" on my most cherished enemy Since my own experience, and since have come to know Philadelphia well, I realize that the desirable boarding houses are innumerable. All that was needed was that the good be separated from the bad. In standardizing the boarding houses look for a new home-there was irony in of this enormous city, and thus in safethe word-elsewhere. But always I was guarding the girls who come here to too busy or tired. And then, too, I did work, the bureau is performing a funcfollage. tion for which no words of praise are strong enough. I am sure there is a

M'LISS.

SPECIAL SUMMER VALUES THIS smock, on Russian blouse lines, is an attractive garment for house, garden, studio for sports wear. For the first mentioned it is well worth noting that it requires the minimum amount of time to slip on and fasten. The blouse comes in contrasting colored volle, either coral trimmed with white or white trimmed with coral. The banding which borders the sailor collar and cuffs is accentuated by hemstitching. Crocheted buttons add a finishing touch to the blouse, which is a special at \$2. Pique is used for the flare skirt, which has invisible patch pockets and a self girdle. In buttons adorn these, as well as the front plait. Price, \$2. Double bands of narrow rose satin ribbon encircle both the brim and crown of the Double mands of marrow rose sain motion encircle both the brin and crown of the black leghorn hat, which is punctuated on either side by a rose-colored poppy with foliage. Price, \$5. It may be duplicated in other color combinations for the same price. The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page. Evening LEDGER, 608 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope, and must mention the date on which the article appeared.

M. S. S. K. Heard From Again Dear Deborah Rush-I have read all the let-ters that have appeared in your column since I started the ball rolling by objecting to giving up my seat in a car, and none of the letters have told me why I should give up my seat. I think if some of your women writers were men they would think the same way as I do. At least, there are quite a few men who do. or else the cars would not have so many women r M'Liss—As your articles in the EVENING HER deal with girls and the problems of I feit that you might be interested to of the work of the Philadelphia Bureau arding Houses for Girls. s purpose of the bureau is to find clean, otable boarding or rooming houses for

CLEANLINESS BEST SAFEGUARD AGAINST THE DEADLY TYPHUS

By WILLIAM A. EVANS, M. D.

THIS story is primarily for the benefit of the soldiers preparing for Mexico. Very much the most important health hazard for them in Mexico is typhus fever. Mexican typhus is of the worst. That which demultication is a start of the second start o which demolished a Serbian army is no worse than that which our soldiers may have to contend against in Mexico.

The bacillus of typhus circulates in the blood of persons infected with the disease. It is almost universally accepted now that the bacillus is spread from man to man by the backlus is spread from man to man by the bite of the ordinary body louse. While there is a vaccine against typhus it is not certain that it is effective. That means that the measures for the control of typhus

which have proved most effective are measures directed against lice. When measures against lice were in-augurated in the British army at the front It was found that 95 per cent. of the men were infested. The average number of lice per soldier was 30.

Body lice breed in the clothing. The pre-ferred place is the scam in the fork of the trousers. In 30 minutes after a clean shirt or clean underwear have been put on the

or clean underwear have been put on the insects infest them. Which lice abound they are likely to in-fest buildings and trenches, furniture and bedclothing. This, however, is exceptional. They prefer to stick to warm clothing in touch with the human body. Therefore, men, not houses, trenches, tents, beds or bedding are the chief source of infestation. Men should be given a certain time in Men should be given a certain time in which to search for lice in their clothes. Good opportunities for bathing must be provided. Clothes that can be washed should be freed of vermin by boiling. This kills vided. both lice and nits. Clothes other than wash clothes should be sterilized by passing through steam in a sterilizer at 215. Clothes that can neither be boiled nor steamed can be freed of lice and nits by ironing. A hot iron kills lice and eggs. Clothes should

The best insecticide is N. C. I. powder, consisting of naphthalene, 96 per cent.; creesote, 2 per cent.; lodoform, 2 per cent. A cheaper, and the English say a better, powder, is naphthalene, 96 per cent.; cree-rote 2 per cent.; creesote, 2 per cent.; magnesium silicate, 2 per cent. This can be called the N. C. M. pow-der. This powder should be dusted on the body and in the clothes twice a week. The powder is a little irritating to the skin between the legs. On that part of the body instead of applying the powder grease with crude oil ointment, four pounds; soft paraffin, two pounds, crude tar oil.

To clean the hair of lice and nits mop the hair with cotton wet with tetrachlorthane.

An excellent emergency means of ridding clothes of lice and nits is to put them in kerosene. There are certain practical objections to its general use on a large scale. The N. C. M. powder is also to be dusted in the bedding.

Other louse remedies having some virtue, coording to a late English report, are; Vermijelli; sulphur fumes; one and onehalf solution cresol solution; chloride of lime, 7 per cent. solution; fresh Dalmatian insect powder; mercury ointment; white nercury powder. Sulphur and various proprietary preparations were found useless.

Shoulder Braces

Will you kindly let me know through your very instructive department whether you recom-mend the use of a shoulder brace for round shoulders? I should also like to know what harm there might be in its use. I am a young man of 17.

No. You cannot develop your shoulder except by developing the muscles of your neck and trunk. Do this by gymnasium work and play. Bar work and climbing hand over hand are especially good. Braces weaken the muscles.

Pyorrhea

I am troubled with sore gums which bleed uite frequently, though teeth seem sound. Car ou advise a preventive? PAT. You have pyorrhea. Have your dentist clean your teeth and treat your gums. Use

Cataract of Eye

1. Dimness of vision, clouds before the yes, objects sometimes appear distorted.

sometimes they appear double. The patient commonly seeks the ophthalmologist think-ing that he needs to have his glasses

cac in half a glass of water.

wash

Three drops of fluid extract of ipe-

THE CHEERFUL CHERT When I was young I used to think Grown up folks did just what they should But now that I'm grown up myself see they surely

fooled me

Once this world

Youth's illusions

water pan from underneath.

catsup.

Was fresh and bright, With its golden noon And its starry night: Glad and uses:

Glad and light By mountain and river, Have I blens'd the Give With hush'd delight

One by one Have pass'd like clouds

Have pass'd like clouds That the sun look'd on While morning shone. How purple their fringes: How ashy their tinges. When that was gone! —Denis F. MacCarthy.

Lobster in Chafing Dish

water pan from underneath. Heat slowly until the oil begins to an mer. Add the lobster. Stir genit, has add a small onlon, peeled and finely dop ped, a small diced tomato and a choppe green pepper with the seeds removed. Simmer for 5 minutes, stirring sorty, season with paprika and salt. Reduce is 2 minutes longer and then add a tableppos-ful of Madeira wine and a dash of tomate catsup.

Cover your chafing dish, put the hot wate pan filled with boiling water underness and cook for 5 minutes longer. Serve a

rounds of buttered toast, with grated par

Would your skin

The bright lights of an evening

ley and stuffed olives for garnis

good.

R'TCANN

Lament

blowing, the man should change his job. 3. One group of specialists say wait two or more years for the cataracts to ripen. or more years for the cataracts to ripen. Another group say operate as soon as the diagnosis can be made. 4. Virtually all of them. 5. Good enough for reading, writing and ordinate scholars.

rdinary vision.

Diet for the Stout

It would please me and may please many others if you would give us a list of different dishes and how to make them so that stoud people may eat them when on a dist. It's as hard to find anything to eat. It is the satus thing over and over again with me. You write so many helpful things, I turn to you, and I you see fit to write on this subject II appreciati it. PERPLEXED.

It would be encroaching upon the province It would be encroaching upon the province of those who have charge of the health department were I to undertake to write out the dietary you would like to have. I may, however, remind you that milk, but-ter and fatty foods of all kinds, together with starchy edibles, are fattening. Like-wise sweets, beer and ale. Fruit acids, lean meats, gluten bread and tea without cream are among the articles of diet recommended are among the articles of diet recommender in connection with regular exercise for re-ducing adipose tissues. Drink little water between meals and none with them, and never eat to repletion. Study self-denial in eating and drinking, and train down su-perfluous flesh by outdoor exercise, prac-ticed steadily and resolutely. I have in mind one young fellow who chopped wood and ran races and swam three times a day all summer to bring down his redundant flesh, LODSter In Onaning Disn There are many delightrul ways to exist lobster in the chafing dish. Here is a flash ish recipe: Split down the back one or to medium sized lobsters, boiled. Remore its meats and cut them up into dice. Now set a gill (if, you use two lobsters) or a half gill if you use one, of olive oil in the upper part of the chafing dish and remove the bac water pan from underneath. coming out in the autumn brown and brawny, light of foot and trim of figure, having lost 50 pounds in weight. But the

system requires pluck and perseverance.

Red Cross Stamps

Ked Cross Stamps Would you be kind enough to tell me where I could get some 1913 and 1914 Red Cross stamps? I was so unfortunate as to throw one away, and was ecolded severely for it. I am unable to find out where to get some. Perhaps some one in the Corner would help me. I am willing to pay all attendant expenses. E. R. Referred. Our juniors must try to spare you a second tongue lashing by providing you with stamps to replace the lost lot. We hold your address.

Fish in Papers

This is a sort of variation on paper-bag cooking, and the result is mighty good. Use small fish—brook trout if you can afford them, or any small fish—allowing one to each person to be served. Clean the fish, remove head and tails, make an incision in the sides and sprinkle with salt, pepper and lemon juico.

and lemon julce. Have ready as many sheets of white Have ready as many sheets of white paper as there are fish, brush them lightly with olive oil, and lay on each one a fat slice of fresh ham or bacon, and sprinkle with finely chopped herbs. Place a fish on each prepared bed, and top off with another slice of ham or bacon. Fold the paper securely over the top like a little package, holding it in place with wooden skewers, or toothpicks. Place in a greased baking pan and cook in a hot oven for 20

stand this test A soft rag saturated with a solution of equal parts of spirits of camphor and lin-seed oil is a handy thing to keep around the gathering show up mercilessly the defects of a poor complexion. But the regular use of

Spilled Tea

Charles Outrest

Flanders Building, Walnut at 15th Street

For a renned appearance

refined skin, etc.

your face must be free from blemishes, wrinkles, warts, moles, scars, birthmarks, un-

Dr. W. H. Montgomery

Face Specialist

which you have spilled tea or coffee. The stains will come out.

Pour boiling water through materials on

baking pan and cook in a hot oven for 20 minutes. Serve in the papers, with French fried potatoes and parsley. For Bamboo Articles

house. It is the best thing to keep around the rub down hamboo furniture with, for it loosens the fibre and makes the wood more elastic. For this reason it will not crack when exposed to changes of temperature.

GOOD FORM

M. S. S. R. Heard From Again

for a man and girl to travel together for such a distance. On the other hand, should one meet a chance acquaintance on a train one would certainly have no objection to his sitting with one, so, as circumstances often alter cases, why not consult your mother on

of the bureau is to find clean, arding or rooming houses for

The purpose of the bureau is to find clean, nespectable boarding or rooming houses for fris in any mection of the city. The bureau eels that out of the 4000 boarding houses of hiladeiphia there must be many that are decent ind respectable and the scope wide enough froughout the city to insure the closeness of the standard working accommodations. It offers is all working accommodations is the standard is bandworking accommodations in the standard is bandworking accommodations in the standard is bandwork in the standard is the standard. The four-ing and working and the scope who wants the stri. The bureau will keep a list of boarding houses, arefully inspected and coming up to a certain is a standard. The rooms will be of varying frees, so that accommodations may be offered to ill, even to the low-wage girl. In fact, the ureau was organized to help this class of girl nore than any other, and the problem of placing are is the hardest one with which we have to sal. If you can give me any information or by help in securing the mames and addresses I people who would be willing to board one or

who might give me some help. MARY R. L. SELSOR.

Dear M'Lies-I am a high school student, and as such I suppose the article of yesterday on respect for parents applies to me in daring to correct a philosopher. But I will say that even in kindergarten I knew that 'Honor thy father and thy mother'. Is the Fourth and not the Fifth Commandment. J. F. N. Roxborough, Pa.

Was your kindergarten a Catholic one? The Catholic catechisms teach that "Honor thy father and thy mother" is the Fourth Commandment; the King James version of the Bible, however, gives it as the fifth Thank you for your interest just the same.

At least the cars would not have so many women standing and all the men sitting in seats during the rush hour. You say you have seen women refuse seats: well, if they did that to me I would turn all colors of the rainbow. Hoping some reader will tell me why I should give up my seat. I am, the little whippersnapper. M. S. S. R.

I do not see, M. S. S. R., that you have I do not see, M. S. S. R., that you have explained in either of your letters why you should not give up your seat. Surely, the reason would be that the stronger should give up to the weaker, out of ordinary courtesy, and, physically, women are not so strong as men, though often they are stronger mentally.

Cutting Bread With Knife

Dear Deborah Rush-is it allowable to cul one's bread with a knife when cating? K. G. P. No; it is considered very bad form to cut one's bread. It should be broken apart. A whole slice of bread should never be eaten

generally know better than any one else, you know. DEBORAH RUSH.

the subject and follow her wishes? Mothers

When You A-Marketing Go Will you please answer the following questions: What are the first symptoms of cataract of seeyer 2. Can anything be done to retard the vielogment? 3. At what stage of development the best time for operation? 4. What per not of such operations are successful? 5. To hat extent is the sight restored? 0. S.

Do you always make it a point to do your marketing? You should, for it's the way to feel sure that you are getting the full benefit of the money expended. The phone method is a waste of money when it comes to the question of ordering provisions. If the butcher hasn't the exact article you mention, he invariably sends something more expensive or of an inferior grade. Unless you have a dealer that you can trust, avoid the phone method of or-

dering. It is better to use a hanging scale in the kitchen, because it is more exact than the kind that has adjustable weights. The number of bushels, guarts and ounces is stamped somewhere on each package you buy; weigh them yourself when you get home, to make sure. Oil cans, fruit baskets, potato sacks and the like often have false oottoms, and when you buy them you pay for articles that you do not get. You can only find these things out by doing your own shopping and your own investigating. It pays in the long run.

Combination Pie

Line a ple plate with rich pastry, fill with a cupful of rhubarb and one of strawberries and one of sugar. Sprinkle with a bit of flour, as it is very juicy, put on the sec-ond crust and bake until brown. It's a dandy ple.

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for 10c

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Fairest Price"

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H. O. Willow & Bons, Inc. Philadelphia

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BUR'S

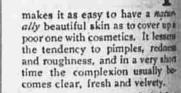


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Tub Silk Blouses in rose, blue and green stripes, collar can be worn high or low, long sleeves, pearl buttons.

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Embraidered Voile Blouses, trimmed in Val luca low nack and long sleeves. Special 5.00

fuld. A deep dish is carefully greased and then covered with puff paste (butter paste), which in its turn is covered with an ample layer of the forcement, in which Maple Syrup Turned Sour I have two quart bottless of scaline apple provide the second state of any way by which it may be improved. If is the first unfortunate experi-tions of this kind I have ever had and the syrup of this kind I have ever had and the syrup of this somewhat acid. If you had poured out the contents of the bottles into a kettle and brought the excitation of the second state of the second state of the the bottles into a kettle and brought the an ample layer of the forcement, in which are pressed slices of preserved onion and strips of cucumber. Nice pieces of turkey roast (left over) may be used, larded with strips of cucumber and placed in the dish with the larded sides upward. If one have only a small quantity of roast avail-able, but some nice forcement balls, these are cut into slices and larded in the same are cut into slices and larded in the same

the bottles into a kettle and brought the syrup quickly to a boil, the slight acidity might have been corrected. I have repeat-edly saved threatened jellies and jams by this action. As it is, I should make the ex-periment even at this late day. Put an even teaspoonful of baking soda into the two quarts of syrup and add a half cup of more. Boil standing for 15 minutes stream two quarts of syrup and add a haif cup of magar. Boil steadily for 15 minutes, strain and bottle hot, having the heated bottles set in hot water while you fill them. When they are cold, wrap in thick paper and keep in a cool, dry place.

All communications addressed to Marion Hariand should incluse a stamped, self-addressed envelope and a clipping of the article in which you are interested. Persons wishing to aid in the charitable work of the H. H. C. should write Marion Mariand, in sare of this paper, for addresses of those ther would like to help, such having received them, communicate direct with those parties.

Bar Le Duc

Bar Le Duc Bar Le Duc Tou may think it rather early to be thinking puttime un ourrants, but we have so many manse of averagi ways of putting them up, to present the second to be put up as well this sloe of the water? I have calles some at had no foreign laber upon 11. At any rate, mean to try it if can get a good recine, ave you one? And is it necessary to seed the transf? It must be a terribly ledices busi-as

hand the state of the second to be seen and the second to be seen and the second to be seen and the second to be seen as the second to be second to Do not attempt to seed the currants un

A Danish Recipe

Atmeticate who occupies an are in Desinaric. I have re-t of ranges printed in Copen-

print a translation of one of these reciper received a little while ago from an emi-nent linguist, who vouches for the cor-rectness of the formula as set down in the original tongue. either. It should always be broken first. **Doilies** For Tea

"Turkey ple-For this dish is used good forcement of yeal or fillet of pork, to which, however, should not be added much Dear Deborah Rish-Do you think it is neces-mary to give dollies to one's guests when serving them afternoon tes? Is it correct to serve ted tes on warm afternoons? FLORENCE.

tes on warm atternoons? FLORENCE. Yes. It is very uncomfortable not to have a mapkin of some kind on which to wipe one's fingers, and a doily is the proper kind to use for tea. It is not only correct, to serve cold tea, but preferable to hot tes on a hot afternoon.

A Point of Greeting are cut into shees and larded in the same way as the roast. One can also alternate with layers of the forcement balls and the roast until the quantity of meat wanted has been obtained. Between the layers is pour-ed good strong gravy and the last layer is made out of the same forcement that was used for covering the dish. Then the whole is covered with a layer of the neste. In is covered with a layer of the paste. In this paste some little incluions are made by means of a pointed sharp knife and it is pressed quite firmly against the rim of the

pressed quite primity against the rim of the dish, after which the ple is brushed over with egg. It is baked in an oven 1½ hours. If it is inclined to become brown, it is covered over with white, buttered paper. When ready it is left to steam off (cool) for a few minutes before it is served with strong brown gravy, to which may be added wine." wine.

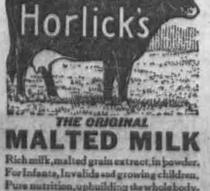
wine." To our native housewife who lays aside the foreign formula with the reminder to the editor that "turkeys are out of sea-son," let me remind her that the aforenaid hearty dish may be made by substituting the all-the-year-round chicken for the bigger bird. Try this method of using up cold meats and report results to the Corner.

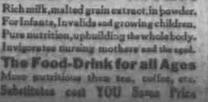
Gasoline Cleans Corduroy

I never mise reading the Corner and am always on the lookout for any small bit of manufedge that I might pass on to another through this medium. I am inclosing a respo-tor British plain isfee it hopps that it may be printed information and another it is any be printed information of a social that is a pair for the information of the social that a pair for the social country batty carriage meshics are badly solid. Will you be see to into how to dry cleans them? If E. F.

how to dry clean them? H. E. F. The recipe for British plain toffse will appear in a day or two among other house-hold matters. Let us have the other formu-ias for various kinds of candy. We can enjoy them with J. V. R. Spongs the cush-ions with purce gasoline, wiping them dry as yon go on with the work. It will not inde them. Dry in the open air suid sun-hisms. Classifies evaporates rapidly. Have no light near until they are dry and free from the oder of the liquid.

If You Love-Flowers You Should Know The Century Flower Shop Mih Delow Chrysnet St.





Dear Deborah Rush-This problem was put to ne yesterday and I would like you to solve it for mer A man is walking on the street with a lad-ind they meet a servant, who is known to both of them, and the lady bows as she passes him should the man take off his hat or just nod? I is takes off his hat what is his reason for se-toing? CLAUDE. Yes, the man should lift his hat. A gentle man always raises his bat even if he does not know the person to whom his companion is bowing. He does this out of courtesy to

the woman with whom he is walking rather than to the person to whom she bows

Who Descends First

Dear Deborah Rush-If a man and woman are riding in a motor carriage and the vehicle store at the curb marcest the woman should sho get out first or sit still and allow the man to pass her? Courtesy demands that the man should

pass the woman and stand on the pavement by the carriage ready to give her assistance as she steps out.

Question of Propriety

Dear Debornh Rush-bly fiance and I are asked on a visit to my aint, and she lives in Maine. Stopping off at a friend's house for the night, we can get there in two long train rides during the day. Would it not be perfectly proper for us to go up together? I have not consulted mother on the subject yet. F. M. L. Strictly speaking, it is not conventional