## BEING WOMAN A CAREER IN ITSELF, M'LISS WRITES

Many People, However, Are Imbued With the New Idea Which Is to Hold Wifehood and Maternity in Contemptuous Indifference

or what, given certain golden opportunities, they are going to be.

themselves and their homes, so that an ambition concerning a poor, pitiful little career can be nursed. They want to be literary lights and talk of the deep imreasion they are going to make on the big editors some day. They talk art with a big A and have the painters' patter down pat.

They live in Bohemia to prepare themselves for the day when they shall breathe ceedingly tiring to hear people talking the rarefied atmosphere of Mount Par- of doing other people's work when they nassus. In an endeavor to look interest- have shown themselves to be inefficient ing they abandon conventional clothes in the performance of that which is and become freaks or merely dowds. peculiarly their own. Sometimes they marry, but the home is, of course, a secondary consideration, and as for their children-well, they just individualism and every woman has a haven't any. Of course, they will tell you, right to do what she will with her life. they just dote on children, but one mustn't If she prefers being a hodcarrier, an sacrifice one's career and the kiddles had aviator or a sculptor to being a wife and

year or two and presto! they are for and maternity. gotten. Few achieve any permanent renown. That capricious mistress known as Fame has been righly called "La Belle fates. Said one of them: Dame Sans Merci"; she is a heartless

The women who sacrifice the big, vital things of life, such as home and children. in order to court her are more to be pitied than scorned. In their blind enthat to be just a woman-a real, vital have ever met. woman and not a husk-is in itself a other seemingly more starry flights.

woman who has a genius but not an conclusions.

HEAR a lot of women nowadays talk-ing about what they would like to be runs as smoothly as a well-regulated business office, but with a precision of system that is less obvious; who is neither a Furthermore, I see a great number of patient Griselda nor a shrewish Kath this type actually setting out to fulfil arine; whose mental development, instead these intangible dreams. They're every- of being arrested at the altar, receives where around town-women who neglect the fresh impetus of a larger and more

> It always makes me rather peevish to hear women whine out the wish that they had been born men.

I do not wish to go on record for a restriction of woman's field. I believe in mother, very well and good; but what I Sometimes these women make good. do object to is the superior regard she A few magazines and newspapers, a few has for her puny little career and the art galleries know them for a day or a contempt in which she holds domesticity

A novel that I read recently concluded with several women bemoaning their

"Well, I suppose while there's life there's hope."

wives." These were the remarks of married

women, it so happens, but their attitudes deavor to be something else than that are similar to those assumed by every which they are they lose sight of the fact successful unmarried business woman l

The assumption is that being a success career which transcends in difficulty all ful wife and mother is within the capacity of every woman; that she can be that In truth it is not an easy thing to be when she cannot be anything else. Look a successful woman. That is to say, a around at the failures and draw your own

### Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Dear M'Lias—I have tried various cuts, both lamb and beef and there is nearly a quarter part waste on everything I can set. At the present price of meat this is serious question, as the purchasing power: a dollar is so much reduced, and income does not increase. Where I live they charge 22 cents per pound for meat off the bone of the leg and 1d cents with the bone, so that the bincher priced cuts are really cheaper, as they have less waste. I shall be much indebted if you can belop me solve my problem, as i have tried to get the best

### HEALTH OF STORE EMPLOYES AND HOW TO CONSERVE IT

Questions pertinent to hyplene, sanitation and prevention of disease, if matters of general interest, will be answered in this column. Where space will not permit of the subject is not suitable, latters will be answered personally, subject to proper limitations and where a stamped, addressed envelope is inclosed. Doctor Evaluation and columns of present of the columns of the col

DR. KRISTINE MANN has looked after the health of the women employes in year. Prior to that she had experience of one year with college women. Her experiences and the conclusions based on them she tells about in the American Journal of Public Health.

The department store girl save Teles.

The owners are beginning to give some attempt to reproduce one-tenth of the resturns of the "little deeds of kindness" we have been allowed to do, there would be room for no new matter. It is surely our right to pause now and then in the hygiene and other features of construction work are just beginning.

Mann, is engaged in an inactive occupation. She walks about two miles a day in the store, as shown by a pedometer, and she stands the rest of the time in tightly fitting, poorly constructed cornets and high-heeled shoes. As a rule, she has no knowledge of

In one large store of the better class with 2000 employes, an average of 26 persons a day were cared for in the hos-

with 2000 employes, an average of 26 persons a day were cared for in the hospital. It is interesting to know why the women went to the half-hospital, half-resting station. Minor emergency surgery led with 37 per cent. Colds came second with 72 per cent. Headaches third, 9 per cent. Other frequent complaints were as follows: Eye and ear symptoms. 8 per cent; indigestion, 7 per cent; painful menstruation, 6 per cent. In the course of a month about 40 per cent. of the employes go to the hospital for some complaint.

Doctor Mann says that better care of the body would prevent nearly half of these symptoms from appearing.

One store examines the applicants before employing them. In two years 1500 applicants were examined. Twelve per cent. of the men were rejected for incurable organic disease.

A better plan would be an entrance examination that would select employes for certain jobs, keep employes from jobs in which they must fail to make good and prescribe a probationary period for those who, though not in good physical condition, could get into condition by right living. She says: "A case of goitre should not be employed as an errand girl or a heart case as a floor walker, though both might fit in nicely elsewhere."

A closer study of a group of 106 women coming into the hospital was made. The average age was 56. On the symptom side

A closer study on a group of 100 women coming into the hospital was made. The average age was 56. On the symptom side 56 per cent. had periodic recurring head-sches, 57 per cent. had stomach or howel trouble, 49 per cent. had menstrual trouble, 29 per cent. had leucorrhes. Other more common complaints were: Frequent colds, chronic catarrh and overfatigue at the end of the day's work.

chronic catarrh and overfatigue at the end of the day's work.

Nervoumess was often complained of. Doctor Mann tried to find out what was meant when nervousness was complained of, for the word has no particular meaning. She came to the conclusion that nervousness was the result of worry and fear. On the physical side, 30 per cent had test which needed attention; 14 per cent, had heart murmurs, organic and functional; 7 per cent, had flat feet; 25 per cent, had no arch from side to side in the ball of the feet.

As to the back, 5 per cent, had sood

the feet.

As to the back 8 per cent had good straight backs and 55 per cent had some degree and some kind of a curvature in

Infants-Mothers The Original MALTED MILK Ephilids and sustains the body No Cooling or Milk required Used for to of a Century tree suspic Eyellaha, Marine, was complete experience.

"Then," they declare, "we could do things, things big and real that count." Nonsense; there are no big real things that men are capable of which women likewise are not capable of, and it is ex-

"Yes," another replied; "hope even for

By WILLIAM A. EVANS, M. D.

the back. Of the total number 89 per cent, were in need of physician's care some sort. Doctor Mann concludes that few depart-

ment store women understand the prin-ciples of wholesome eating; few get enough recreation; 10 per cent. dance the new dances and 10 per cent dance the cutside of their work. Many of them have serious home responsibilities and duties. Most of them age prematurely. Only about 11 per cent. seem to be flourishing in their occupants.

Asthma Not Dangerous

Astinia Not Dangerous

Please tell me is there any danger living in
the same house with a patient who has asthma
and bronchial affection and who coughs and expectorates quite a good deal? 2. What is the
best disinfectant and how used? 3. To have all
drain pipes perfectly sanitary, what preparation
is best to use, and how often? 4. Is there any
truth in the old belief that one should not have
streen paper or keisomine on sleeping room
walls?

THANK YOU.

1. Be certain the diagnosis of asthma and bronchitis is correct. If it is there is no danger.

None. A properly constructed tollet with proper drains will keep in sanitary condition with ordinary household use.

### Have You Seen Them?

Dropstitch stockings are in again. The dropatiteding is arranged in even rows or in groups up the front of the leg from the instep, and is well displayed by a low pump or a dancing slipper. These stockings are more expensive than the ordinary slik stocking, but the cost is quite nullified by the fact that they are the newest thing in stockingdom. the fact that they are the newest thing in stockingdom.

They may be had in various evening shades and in black, white and navy, too. The dropstitching shows above a high boot, without looking awkward, as do clocks in this connection.

No Soggy Doughnuts A bit of vinegar added to doughnut fat will prevent the doughnuts from soaking fat when they are cooked. Try it.

Black Starch

Black starch may be had now for black articles. The white kind showed, no matter how it was used, so the black is used with very good results.





SEEN IN THE SHOPS

PRACTICAL SUMMER SUIT

ONE of the shops is offering a very good value in a little boy's suit ranging in sizes from two to six years for \$1. It is a norfolk-middy model, of white linene, with collar and cuffs of contrasting colored chambray in tan, navy or green. The chambray is guaranteed to be fast color, a feature well worthy of notice in this day of doubtful dyes.

A white tasseled cord and pearl buttons add the finishing touches.

Duck is used for the little sports hat, which has a sticked soft brim that may be

worn rolled up or as a mushroom, as shown. It comes all white, or white with a blue or green band of self material with a facing to match. Price, 50 cents.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEBGER, 408 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope, and must mention the date on which the article appeared.

# MARION HARLAND'S CORNER

Two Copies Offered

Please extend to Mrs. D my sincere thanks for her kiminess in sending me the words of the sons. Are We Forgotten When We're Gone? I also have a promise of a copy of the sons from Mrs. A. M. I thank the Corner for its kindness and the good work it is doing.

We are pleasing ourselves and, we are assured, our renders also, by giving an "echo" or two from the hills and vales

Permit me to thank the Corner for the lovely stamps sent to me. Those I received from B. H. consisted of over a hundred I and 2-cent United States stamps. I am writing to you again, as I should like to get the stamps offered by E. L. N. for my colection. RALPH H. "Lovely" is none too strong an epithet for canceled stamps in the colector's estima-tion. They are never "dead stock." Wit-ness the avidity with which the grateful recipient of the hundred reaches for more. His collection is not yet complete.

More Cheer for Sick

Kindly send me the address of the correspond-ent who signs himself W. F. I. believe I can help him cheer the young men immates. It have two other shut-ins to whom I am writing and sending records and reading matter. Both I found through your Helping Hand, and do enjoy helping them. MRS. N. O. S. A blessed ministry and you are carrying it forward in the true Cornerly spirit. The address went promptly to you by mail with our thanks. Not that you need them. Your own enjoyment is sufficient unto you.

Two Candy Recipes

Two candy Recipes

Two good candy resches for Evelyn W.:

Seafoam—Six cups of light brown super, two
cups of cold water, two tablespoons of vinegar,
soil until it forms a ball a little harder than
fudge, when dropped into cold water. When
the above mixture stops bubbling, pour over
beaten, whites of three eggs. Beat until stiff,
adding vanilla before its guist loo stiff. Drop
on waxed paper. Sprinkle nuts on top. Chacolate fudge—Two cups of sugar, one cup of
milk, one square of chocolate grated, or use
cocoa in plage of chocolate. Cook until it forms
a soft ball in cold water. Butter the size of

Evelyn W. may be gratified at the suc candy recipes to be used in stocking her small confectionery store. The lists are open for more of the same sort as the two we have just set down.

Old Southern Dish

I am anxious to secure a recipe for an old Southern dish known as "burgoo," and I am wondering If you can supply me. As I need this very much I am inclosing a stamped and self-directed envelope, and would appreciate a line from you as to whether or not you can supply my need.

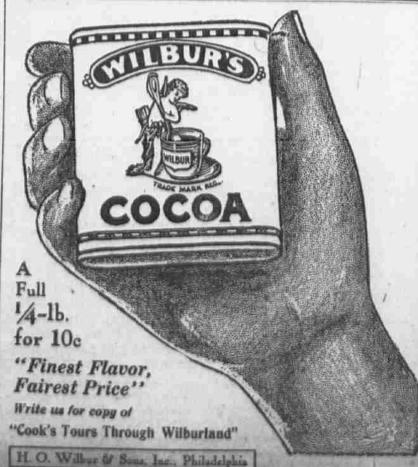
R. E. M. The name is utterly new to me, and I flattered myself that I was fairly "au fait" to the best known dishes turned out by famous Southern cooks. The question is re

**BLANK'S** 



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Good form queries should be addressed to Deborah Rush, written on one side of the paper and signed with full name and address, though initials ONLY will be published upon request. This column will appear in Monday's, Wednesday's and Friday's Evening Ledoer.

A letter asking about the proper serving of dinner is answered in the lead today. The custom of serving soup and various other things which are eaten at dinner at the tells is the table has long since been done away with. Nearly every course is served from the pantry with the exception of the meat with. Nearly every course is served from the pantry with the exception of the meat at an informal dinner, as some men prefer to do the carving themselves. If the butler or maid carves, this should be done in the pantry and the meat passed around the table to each person. For a simple four-course dinner of soup, meat, dessert and coffee the soup should be served in separate plates and placed on "place" plates before each person. Then the meat is served by the host if he does the carving and the plates are handed by the maid to each person. The maid removes the place plates as she sets the dinner plate down. The vegetables are served from the pantry and passed to each one so that he may help himself. The densert is sometimes placed before the hostess for her to portion, or it may be passed to each one, after the table has, of course, been crumbed and plates placed before each person. Coffee is served afterward. It is a matter of choice whether the hostess pours the coffee from a small silver pot or the maid serves it from the pantry. Serving Dinner

Dear Deboroh Rush-Please outline for me the proper way to have a four-course dinner served at home. J. M. M. How Ask an Escort

Deer Debrah Rush-I received an invitation to a birthday party requesting that I bring an elevat. I would like to know what to write to him asking the total him what the bring and the total and to you think it is brown for me. Should I tell him what the bring to call and do you think it is proper for me took him, as I have been in his presence several times? How should I greet him and what should I say, as I have not seen him in six months? How should I introduce him, or should the heatest do that? Would R be proper for us to go off and play cards and should I stay with him all the time practically? When coming home should I ask him if he is predy to leave? When lessing me should I ask him to call, again and thank him for coming? Would it be proper for my alster to usher him into the dining-room and then call me, and for me to come down shoul five minutes later? How should I introduce him to my father and mother? What do you think would be suitable for me to wear? I have dark brown eyes and hair and an olive complexion. I should prefer a flowered material and will you suggest a novel way of making the dress, arranging my hair and an ornament for it? I would like to know what would be nice to give a girl on her 18th birth day, either something I could make or buy. M. H. M.

If your hostess wishes you to bring a man with you, I do not think I would choose a man whom I had not seen for several months, especially if he has never visited at your home. However, whoever you decide upon asking should be written an informal note asking if he would be free to take you to a party on a certain night, and if so, will be call for you at a certain hour. It would be perfectly proper for your sister to show him into the parlor while she goes to tell you, unless you keep a maid. If your parents happen to be downstairs and in the parlor at the time I would present the young man to them, but very easily, not as if it were a ceremony. Simply say, "This is Mr. "I would not keep him waiting long for you. When you arrive at your friend's home introduce him to her and leave the rest to her though if some one tone would be a constant. her, though if some one joins you it is always best to introduce him. Join in the games or other amusements provided and do not bother about the young man. He will stay with you probably though if he leaves to speak to another, as long as you are not left alone it would be quite correct. When you are ready to see orrect. When you are ready to go he it is only necessary to say you would like to go, and, of course, thank him for taking you there and home and invite him to cal on you if you wish to. He will probably ask if he may call before you ask him, and that would be better, of course. I have given your questions on the matter of attire to our fashion expert, as I do not suggest ways of making clothes in this

Crocheted lingerie clasps are easy to make. (Crochet over a safety-pin) or a pretty sachet hand embroidered or made of ribbon. Dainty collars, cuffs, pins or any small articles which girls love would be appropriate for a birthday present.

Appropriate Present for Friend of Long

Dear Deborah Rush-Long years ago I know

It seems to me that several books would be a nice present to take her. If you do not know her tastes sufficiently well to take them with you, why not wait and give her the present when leaving? Not having seen her since she was two years old can give you no idea whatover of what might be a suitable present. A pretty inexpensive piece of jewelry might be very acceptable; in fact, a piece of jewelry would be best unless you know the kind of literature she likes. A pin or some such trinket would be proper to give.

Gloves For Bridesmaid

Gloves For Bridesmaid

Dear Deberch Rush. Do you think it will be necessary for me to wear gloves at a wedding at which I am to be one of the bridesmaids. The frocks have lone sleeves of scorecte crepe and lace.

It depends entirely on what the other members of the bridal party decide. Personally, I should not think it necessary with long sleeves, but the important thing is to have all the bridesmaids thress allke, so if gloves are decided upon all should wear them or otherwise all should not wear them. Nothing would, be uglier than to see some wearing gloves and others with bare hands.

DEBORAH RUSH.

Scouring Greasy Pans

The greasy part of the frying pan is always distasteful, and the housekeeper who has to remove this grease daily would do well-to learn an easy and comparatively clean way to do it. The best way is to take a left-over crust of bread, scrape the pan well with this and then put the pan over the fire with a bit of hot water in it. When this comes to a boil, remove and scour the pan.

Little Ways to Save Little economies make a great difference in the family income. For instance, saving apple parings—you can get enough from two apple pies to make a glass of jelly. The pairings should be red.

> A Memory Four ducks on a pond. A grass bank beyond, A blue sky of spring, White clouds on the wing; What a little thing To remember for years— To remember with tears! -William Allingham



# Ashamed of her bad complexion

If you, too, are embarrassed by a pimply, blotchy, unsightly com-plexion, try Resinol Soap and Resinol Ointment regularly for a week and see if they do not begin to make a blessed difference in your skin. They also help make red, rough hands and arms soft and white.



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MANN & DILKS

When You Cook 1 There are many ways to seek even those who do not like it we acknowledge that a daintily done-to-a-turn-planked shad is pre-

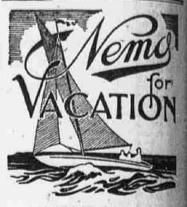
acknowledge that a daintily and the acknowledge that a daintily and the first that serve to make fish a delicar, an ordeal.

The frying pan is, of course the first and essential for fish cookers are daintily sensed to the session of the cookers are daily assumes the taste of shy deem have been previously cooked in the they are not carefully scraped in the pan afford it, a large separate ampan for fish exclusively is best.

A strong wire broiler for broiling he another necessity. A dripping pan as sous proportions with a draining secunderneath is better than the health seen is sening the house-keeper's work.

All fish drippings should be savetare used to cook the fish asain. It does not seen the oven in better condition, that are used. Bacon drippings are best, for a give a delightful flavor to the fish.

Ramekin dishes—the tupy individuals a kinds. These cost but 10 cents after a kinds. These cost hut 10 cents after a kinds. These cost but 10 cents after a kinds. Then conveniently long-handled arrangement of the fish scale and the section of the fish scale and the conveniently long-handled arrangement at will be conveniently long-handled arrangement at will be conveniently long-handled arrangement and when fish is served. Fish is light a very little seasoning. Lemon, salt, poppaprika and all sorts of highly season sauces give a plquant taste to any fish is



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SUGGESTION: Antis ipate your Nemo needs before prices advance.

Hemo Hyghenic-Pashion Institute, New York

# Romance of the Fighting Planes

WHAT little romance is left to war is crystallized in the aerial fighting machine, Something of the old-time glamour of battle hangs over it. In Sun day's Public Ledger the Editor of the Popular Science Monthly shows how the war has aide civilization's conquest the air and how and wh America lags behind in the building of an air feet

SUNDAYS

PUBLIC & LEDGE