EVENING LEDGER-PHILADELPHIA, THURSDAY, JUNE 15, 1916.

SEEN IN THE SHOPS

M'LISS DEFINES DIFFERENCE BETWEEN FLIRT AND COQUETTE

Latter Are Born, Not Made, and Constitute All That Is Charming and Desirable in Femininity

8 *

the filrt is buckling on her most irresistible armor to fare forth to beach and suntain in order to enanare her prey, please 'dissertate' on the subject of the unreprehensible example which the flirt, who is usually beyond the debutante age, sets her younger sister. For too long a time the filrt has been allowed to operate on the hearts of her victims, without the disapprobation of her onlookers. It cannot be that she and her meretricious activities are approved of, can it? Let us hear from you on this. DICK."

There is nothing that I like better, Dick, than dissertating on things, but I am afraid I cannot agree with you on the question of the unmorality of flirting. It is more a matter of judiciousness than of within her range. morals.

The mistake that most people make is in confusing the firt with the coquette. is not counted a successful one unless her The former is a misguided woman, an imitation and a sham; the latter is one of earth's fortunates, she is genuine-born. not made. The proof of this lies in the actions of children. You've seen the little born coquettes, the adorable kind who unconsciously engage the attentions of every man who appears on their infantile horizon. They can no more help dimpling and goggling than the sun can help shining. It is their nature.

Ik Marvel, the author of "The Reveries of a Bachelor," points out as clearly as any one the difference between "coquetry" and "flirtatiousness."

"Coquetry," he writes, "whets the appetite; filrtation depraves it. Coquetry is the thorn that guards the rose-easily trimmed off when once plucked. Flirtation is like the alime on water plants. making them hard to handle and when caught only to be cherished in slimy waters."

The flirt makes a deliberate and wellplanned play for scalps; the coquette doesn't because she doesn't have to. They are offered to her, along with the hearts and pocketbooks of her admirers. This is one of the reasons why men find French women so alluring. In the main the peace of mind.

"DEAR M'LISS-Now that the season women of France are not good looking; of summer madness is upon us and they have not been nearly so fortunate in physical endowments as have their English and American sisters, but they have that heaven-sent attribute, all the more desirable because it is unattainable, which piques and holds the attention of men. Your summer flirt is out for quantity;

quality does not matter to her. I think she is perfectly harmless. Her victime recover soon, and if she sets any example at all to her younger sister it is as a type of woman they would do well to avoid copying.

The flirt seldom makes a desirable marriage. Men do not go to the altar as haphazardly as some would have us believe They prefer to love and cherish (and whisper it, "obey") some one who has not been pawed over by every man who came

The flirt distributes her favors with an injudicious prodigality. Her summer hand has been held almost to the point of callousing it and her lips kissed by at least a dozen men.

The coquette creates in all men the desire to kiss her, but in her wisdom gives nothing, realizing that it is the perpetual man nature to be always wanting that which it cannot have.

I don't believe the flirt has ever oper ated on the hearts of her victims. If she has they recover with a marvelous celerity, indicative of only a very minor hurt, She tickles their vanity and amuses them with her palpable tricks, and when at the end of the season she takes stock of the summer's activities and finds only bitter reminiscences of transient conquests, who

is there to envy her or even dissertate against her? The coquette, on the contrary, has not exhausted her possibilities and her sum-

mer acquaintances pursue her to town, hoping ultimately to gain her favor. She interests them because it is her nature to do so, not because she hopes to gain any thing thereby.

Have no fear of the flirt, Dick, but when you meet a coquette flee as the wind if you prize your bachelorhood and M'LISS.

Superfluous hair can only be removed

Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Dear M'Liss-I am 14 and I have freckles nd superfluous hair. I have tried many things o remove them, but I have falled. Won't ou please publish in the Evening Linder some-hing that will surely remove them? CAROLIN.

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A dermatologist tells me that there are sold many bleaching lotions for freckles, but none of these permanently and totally remove these obnoxious little brown spots. remove these obnoxious little brown spots. A skin specialist can remove freckles by removing the outer layers of cuilcle, but this is rather expensive and is a long and disagreeable process and even after your present crop of freckles is taken off there's no guaranty that a second crop will not put in its appearance just as soon as you sub-ject your skis to strong sunlight. Freckles are no longer considered unbeautiful. On the contrary, they usually so with a deliare no longer considered unbeautiful. On the contrary, they usually go with a deli-cate and finely textured skin. Why not make the best of them and when they get too dark bleach them with a half-and-half mixture of lemon juice and peroxide of hydrogen?

permanently by electrolysis. Any expert with the electric needle will tell you how much it will cost you to be treated. Of on which the article appeared. course, there are proprietary preparations that will remove the hair, but these de-pilatories do not kill the roots. The hair will have to be taken off again and again.

Dear M'Lias-A girls' club has been started at the Neighborhood House and we girls (over 16) are at a loss for a narme for the club. There is at the house a kindergatten and also another club for pirls below 16. Also a club for boys over 16. All are interested in trying to raise money for a fault which to build a larger clubhouse. I would appreciate it very much indeed if you would suggest a few names for club.

DIABETICS AND OBESE SHOULD AVOID SURPLUS CARBOHYDRATES

like it when finished. The jokes will make slick people laugh. I sent you a letter con-veying the idea of cleaning and preasing men's neckties, that women might use as a business, but doubtless you thought it was not feasible. I should be glad to be of assistance to students of stemography by lending books and by personal advice. "E.O.C." Tour generous intentions have an up-All communications addressed to Marion riand should inclose a stammed, self-freesed envelope and a clipping of the lefe in which you are interested. Persons hims to aid in the charitable work of the H. C. should write Marion Harium, in a of this paper, for addresses of those r would like to help, and, having received m, communicate direct with those parties.

MARION HARLAND'S CORNER

Your generous intentions have an un-

Garden Queries Answered

S. T. P.--It is not wise to divide peony roots right after blooming. The strength of the plant has been pretty well exhausted by bearing the beautiful blooms. The vitality

should be restored by digging in some well rotted manure about the roots or by making an application of nitrate of soda, about a tablespoonful dug in about a foot from the

Estelle-The obvious reason your hydran-

stelle-The obvious reason your hydran-geas are drooping is that they need more water than you are giving them. They are among the thirstlest of plants. After the sun is off the plants pour a bucketful of water about the roots of each plant. Do not water the leaves, as watering directly has a tendency to yellow them. You must have the plants been are the

By JOHN BARTRAM

Dividing Peonies

Hydrangeas Drooping

roots.

Lines of Old English Poet

ITH regard to the ode, The Dying W Christian and His Soul,' spoken of by D. W. in the Helping Hand Corner, I will may it was written by Alexander Pope, an English poet of the 17th century. Inclosed please find the verses taken from his poem. "T. J. O'C."

No Rust on Enameled Stoves

No Rust on Enameled Stoves "A woman wrote to you long ago to tell you of her stove's rusting. You recom-mended soing over it every day with an oiled rag. Of course, with the stoves they sell today that is necessary, but I won-der how many women know that there are enameled stoves—some white and expen-sive, others about \$10 or \$15 more than the ordinary range—of blue and white, inside and out, and with ho fron to rust and to keep coating and need oiling? I also wonder how long it will be before we demand them? In ironing a waist with an elastic in the band, pin the elastic at one end to the ironing board, stretch it, pinning at a convenient length, and the difficulty is solved. To dye an article that will not stand boiling or wetting there are gasoline dyes—Swedish dyes—made in the country, which will act well in gasoline. They come in all shades and may be bought at drug store. RUTH C."

When Handles Come Off

"Have I spoken of this before to the Cornerites? Bureau and dressing drawers sometimes have the handles come off. In such cases I have taken a strong string or heavy cord and run it through the holes, then tied the ends inside. Ribbons would to nicely for this purpose. JULIA."

Helping One Another

has a tendency to yellow them. You must not expect your plants to bear again. They were "forced" to give Easter bloom and have done their duty for the season. Your best course would be to put them in the ground till fall when you can repot for winter bloom, or by covering with coarse manure you can winter them over. The blooms will be bigger and hast lower to a "I have been reading the letters sent to the Corner. They are interesting. It seems nice to see one person trying to help an-other, as the Cornorites are doing. It reblooms will be bigger and last longer in a permanent outdoor location. Plant them either as "singles" or, if in a group, at least 2½ feet apart. minds me of a vrsee: In this world where sorrow ever will be known, Where are found the needy and the sad and lone. How much joy and comfort we can bestow if we scatter sunshine everywhere we go. "RACHEL, B." minds me of a vrsee: Main Crop Beet

Layer Cake

S. C. V.-Crosby's Egyptian is a good, reliable variety. It keeps well in sand for "For M. D. G.: Here is a tried and true recipe for layer cake: Put one cup of granulated sugar into a bowl and a tablevinter granulated sugar into a bowl and a table-spoon of melted butter and lard mixed, or use all butter. Beat thoroughly. Add one cup of sweet milk or milk and water, one and two-thirds cups of bread flour, or two cups of pastry flour, sifted with two teaspoons of baking powder. Add one teaspoon of flavoring. Into a bowl beat the white of one egg stiff, drop in the yolk, and beat again. Add to the above mixture and beat till all ingredients are thoroughly blended. Use the same sized cups to measure and be sure to measure according to directions. The finished Varied Roses A HEAVY weight of Italian silk is used for this sports sult, which is just the thing for either the seashore or the mountains. The coat is of gold-and-white striped silk, finished in front with a sash and in the back with plaits forming a semifitted effect. A plaited cape collar is also another feature of the coat. The white skirt is quite full, having plaits laid in at the belt in kilted effect. It may be ordered in any color for \$39.75. If desired, they may be purchased separately—the skirt for \$15 and the coat for \$24.75. This sports hat is of fine white felt, with a white, real horsehair edge. It has a soft, drooping brim and is trimmed with a narrow self band finished with a tailored bow.

according to directions. The finished product will be excellent. Have ready floured and greased layer tins and into each turn one-half of the batter. Do not S. P. K.--' S. P. K.—The Blanche Moreau is a very satisfactory moss rose. It is pure white, with attractive foliage and very hardy. But you can't get an ever-blooming moss have the oven too hot or too cool at first. You may omit the egg and add a little more flour, but I should advise the use of an egg. if possible. MRS. I. H."

Tartaric Acid for Stains

"If 'College Girl' will get a small quantity of tartaric acid, which comes in a white powder, and keep it with her toilet accessories, she will find it most efficacio removing stains from her hands. perfectly harmless, as it is used in cooking

Sold in Book Form

"Regarding the inquiry of K. McC.: "Experience' may be obtained in book form at the theatre where it is playing. I think also at the book storms also at the book stores. E. E."

Sending Parcels to the Trenches

"Please tell M. C. as soon as possible, to write the address this way: Name regi-ment, regimental number, B. E. F., France. Meaning: British expeditionary force. M. C.'s friend is sure to get parcels, as the postal service is wonderful—and how our brave fellows do look forward to and ap-

For the Summer H FOR the Summer He Block and checked patterns are ular among the new summer in this season. They are used in a the house, as well as for ved lons. There are enormous block in orange and black, green as brown and white, and there is wittable for conservative takes white, gray and blue and stay and are charming examples of the in There is great variety in the block patterns

Hide the Ugly Wall

Tour generous intentions have an un-derpinning of deeds that calls for admir-ing gratitude. We shall enter your name and trust to be able to forward you shortly addresses of the afflicted and lonely to whom you may minister. As to the sugges-tion of cleaning men's ties, we sent your letter embodying it to press so long ago that you must have seen it in print before now. The idea is excellent and we said as much to our readers. It is absolutely im-practicable to publish communications as addresses of the afflicted and lonely to whom you may minister. As to the sugges-tion of cleaning men's ties, we sent your letter embodying it to preas so long ago that you must have seen it in print before now. The idea is excellent and we said as much to our readers. It is absolutely im-practicable to publish communications as soon as some of our correspondents could wish. We can but plead that we do our best to please and profit those we serve.

> Blacking the Range Soap and water liberally spike is surface of the kitchen range being coat of regular blacking will help a the polish longer. It saves time a long. run.

The purity of Meridale Butter is protected all the way from our churns to your table. Everything possible is done to make it clean and sweet The milk cans, churns and all utensils are thor-

oughly sterilized. MERIDALE BUTTER

comes direct from the creamery to your grocer wrapped in the "Merifoil" wrapper to protect it from any possible outside impurity.

> Ask your grocer or phone

AYER & McKINNEY (Makers of Meridale) Philadelphia Bell Phone, Market 3741 Keystone Phone, Main 1783 Look for the "Merifoll" wrapper-air-tight, dust- and odor-proof-at your groces.

Amateur-Late flat Dutch is a good "header" and a good "keeper" as well. Sow your seeds in frame or seed bed now and transplant when seedlings have made two or three leaves. "H. C. B."



Winter Cabbage

preciate their letters and parcels! I have three brothers at the front. I always read

Wants Copy of Poem

Make Sick People Laugh

Summer Millinery, Dresses, Coats

THE WOMAN WHO SEWS Readers who desire help with their dress problems will address communicatons to the Pashion Expert. care of the Editor of the Waman's Page, the Evening Ledger.

SMART SILK SPORTS SUIT

The name of the shop where these articles may be purchased will be supplied by Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. The request

must be accompanied by a stamped, self-addressed envelope, and must mention the date

There are some articles of apparel that he has a perfect right to expect not to Long usage has engendered such change. an affectionate familiarity with them that a mere suggestion of change causes a feel-ing of surprise not unmixed with annoyance to permeate your being.

Price, \$10, ordered in white or colors.

Personally, this is how I feel about handkerchiefs. I like them square, of medium size, and white, preferably, in good, plain hemstitched linen. That is to say, I did

makes fickle fools of us all. Now she has introduced the round "mou-choir." Ardent saleswomen tell you that these will positively NOT pucker in the laundry; that they will fron as smoothly and for a dress such as you describe. If you use a belt foundation, and make a light bodice of the net to go underneath your blouse, your frock can be made as full as you please, but the net to go underneath your blouse, but

these off, but do not know how. My friends tell me that grass stains cannot be removed. Can you help me? R. T. S. If you proceed carefully, the stains will entirely disappear. Take the dress in your hands, holding the part where the stains are away from the rest, if you can. Dip this part in plain molasses. Allow it to stay in the sticky mess for an hour or so. Then wring out and wash in clear water. If the first application doesn't work, do it again.

first application doesn't work, do it again. Dear Madam-I am making up a summer dress of flowered volis. I want it to be soft and full, but do not seem to succeed in getting on that way. I have used a musiln foundation, but it makes the material look very slift. Can you suggest anything that would be road and serviceable as a foundation? MATRON.

like them that way. But Dame Fashion

By WILLIAM A. EVANS, M. D.

Questions pertinent to hysicae, sanitation and prevention of disease. If matters of remeral interest, will be nawered in this column. Where sunce will not permit ar the subject is mot suitable, letters will be answered personally, subject to proper limita-tions and where a stamped, addressed en-velope is inclosed. Doctor Erans will not make diagnoses or preserve for individual diseases. Requests for such service cannot be answered.

FIGR the guidance of diabetes Joslin pub-lishes the following classification of

vegetables, fruits and nuts. Vegetables containing 5 per cent. and less

of carbonydrates (starchs and sugars). Lettuce Spinach Watercress

Sauerkraut	Radiation
String beans	Pumpkins
Asparagus	Endive
Cucumbers	Dandellons
Brussels sprouts Cauliflower	Swiss chard
Tomatosa	Caultfower
Rhubarb	Kohirabi
Eas plant	Broccoll
Bust strong	Vegetable marro

10:PER CENT. CLASS. Onions Turnips Sunash Cartois Beets 15 PER CENT. CLASS. Orean pass Artichokes
Squash Carrots Mushrooma Okra Beets 15 PER CENT. CLASS.
Mushrooma Okra Beets 15 PER CENT. CLASS.
Beets 18 PER CENT. CLASS.
Paranips Canned lima beans
20 PER CENT, CLASS.
Potatoes Green corn
Baked beans Boiled rice Bhell beans Boiled macaront
FOTITRE
6 PER CENT. CLASS.
Rips olives (20% fat) Grapefruit
10 PER CENT, CLASS.
Lemona Cranberries
Oranges Strawberries Blackberries Gcoseberries
Pagehos Dines male
Watermelon
15 PER CENT. CLASS.
Apples Pears
Apricots Cherries Currents
Raspherries Currants Huckleberries
20 PER CENT. CLASS.
Plums Bananas
NUTB.
S PER CENT. CLASS.
Butternuts Pignolias
10 PER CENT. CLASS.
Brazil nuts Black walnuts
Hickory nuts Pecana
15 PER CENT. CLASS. (
Almonds Walnuts (English) Beachnuts Pistachlos
Pinenuta
Peanuts 20 PER CENT. CLASS.
40 PER CENT. CLASS.
Chestnuls
MISCELLANEOUS IN 5 PER CENT. CLA
Unawsotened and un- Scallons
spiced pickies Liver
Ciamin Flats

Orstars Res Cooking in water materially reduces the starch and sugar available. For instance, cubbage which contains 5 per dent carbo-hydrates after being cooked in three waters

The digestive and a specient carbo-hydrates after being cooked in three waters contains only 3 per cent. The digestive and amimilative organs manot abstract from veigetables and fruits all the carbohydrates which they contain, being and the carbohydrates which they contain, from a per cant, where a set out about from a per cant, they only get out about from a per cant, the carbohydrate montained, from a per cant, the carbohydrate contained from a per cant, the carbohydrate contained from a per cant, the carbohydrate contained from a per cant, the carbohydrate and the set of the starvation treatment of diabetes to cont. In the starvation treatment of diabetes to the starvation treatment of the starva-tes and vegetables fruits and nuts are only. At first he ship takes five contained and the starvation the quantity for the set of regulating the quantity for the montain a montain start as the outcors of the starvation and starts as

terested or should be interested in this list are not limited to diabetics. The obese are nearly as much so. By following this list they can eat rather freely without ex-ceeding the sugar and starch limit. It is of interest to all who for any reason must limit their use of starch and sugar. Init theres, to all who for any reason must limit their use of starch and sugar. If sugar is added to the strawberries (for example), or the eggplant is fried in batter (for example), the figures "don't go."

Have Sputum Examined

Have Sputum Examined I sot cold and it is settled on my bronchial tubes, so I cough and raise a lot. I saw an ad in the paper to take a certain expectorant. It is mixed with sugar and expectorant. It is mixed with sugar and syrup, and it tastes as if there was menthol in it. Is menthol good for every one to take? Would it harm one's stomach? My weight was 190 to 198; now it is stomach? My weight was 190 to 198; now it is to take? There has been an ad in the papers for one to take a reduction remedy. It your meals and it puts on flesh. Would they be good for one to take? If not, what would be good for one to take? If not, what would be good. F. W. W. Send some of your sputum to the State laboratory. Have your lungs examined. The probability is that you have consump-tion and that none of these medicines will help you.

help you.

Nervousness

A laboratory test of my wrine shows no trace of susar or albumen, but that the specific grav-ity and uris are very low. Is this serious condition? What causes these items to be low. and how can they be remedied? Have never been troubled with nervousness. Would this have any tendency for the cause? Nervousness is the cause of the condition of your urine. Exercise more, eat more and calm yourself. calm yourself.

Salty Foods Harmful

I season my food rather freely with sait and wish to know if I am getting too much. J. R. F. J. R. F. You are. By salting your food less you will relieve your kidneys of some strain and burn up your tissues less rapidly. In time you will learn to like unsalted or little salted food.

Keeping Baby Quiet

Recping Baby Quiet One mother used a clever device to keep her over-readless youngster from crawling away all the time. She got a large soft gray blanket and cut out gay designs from the nursery books, which she sewed on the blanket. The pictures were made of linen, from one of these linen children's books sold in all the shops. The bright pictures attracted the child's attention, and picking at them. A baby fence around the rug completed the cutfit.

Renovating Chiffon

To make old chiffon look fresh and new, hang it up in a bathroom filled with steam while you are bathing. Then hang it out in the air. You will be surprised at the difference.



and flatly as the kind we have been raised with. But this assurance is unnecessary The minute you see them you are capti-vated. What care you for laundry and durability. Indeed, having capitulated to durability. Indeed, having capitulated to a circular hankle, which is pale blue, you promptly "fall for" a strawberry triangular one and a pea-green one of diamond-shaped design. Your surrender is complete. The handkerchiefs you have purchased are quaint and reminiscent of the days of Marie Antoinette and you are happy. They may cause an additional wrinkle or two to form in the hore of your washerword.

in the brow of your washerwoman. But Dame Fashion and this lady of the tubs have ever been at variance. Why worry?

Dear Madam—I have a very pretty summer frock that has been worn for several seasons, it is in perfect condition, but a short time ago I wore it to a picnic, where I sot some grass stains on it. I should like very much to take

Cooking in Glass Dishes

A handy garbage receptacle for summer use—and for all the year round, as well— has a cover that locks on when the pail is lifted. The idea is to keep stray dogs away from the can. The new glass baking dishes are interesting to the housekeeper who is in the habit of keeping up-to-date with inventions for household use. These cooking utensils of transparent glass are noveltles, but they are useful novelties from more than one point of view. The dish in which the article is cooked is the dish in which it is brought to the table, for one thing. They the cook can always see the progress of the article—a peep in the oven discloses the stage of the cooking. Then, too, it is claimed that these dishes are easier to

Oranges are useful in making hot-weather salads. They are nutritious and offer a pleasing method by which to take the "one orange a day" prescribed by some spe-cialists. Quarter some nice plump oranges, pouring over the fruit a liberal dressing made of oil, vinegar or lemon juice, paprika and sait. Now get a large flat platter, lay stalks of crisp endive over it, and place the oranges over this. Strips of red pep-per (the canned variety will do) give a pretty color effect and make the salad more delicious.



1626 Chestnut St. "The Mouse Furnishing Store" the net will not draw down the goods, to make it look stiff. your column and enjoy it.

Dear Madam—I have a bathing suit that has rown too short for me. I cannot afford a new one, and would like to utilize the one I have. It is a plain pricess style, with wool jersey bloomers. What kind of a cap and slippers wood you use with a black and blue mohair ATLANTIC CITY.

You might make a cuff of taffeta for the You might make a cut of taffeta for the bottom of your skirt, which will give you the length you want. Or you could get a new pair of full knickers--the bagy kind, fastened at the knees, such as they are wearing this season. With these the short-ness of your princess skirt will not look amiss.

A fancy blue and white cap of rubberized satin would do, or a tightly fitted blur rub-ber cap, with a bright bandanna over it. Black satin shoes and blue stockings would look bright

Sanitary Garbage Can

Cover Your Books!



THE men who make Gail Borden Eagle Brand Condensed Milk carefully watch every step of the process - from the sanitary milking of the healthy cows to the fual scaling of the clean con-tainers. They scrupulously test the quality and purity of every batch of milk. That is why you can always depend upon getting rich, pure, safe milk, when you ask for

Gail Borden

ÉAGLE

CONDENSED

MILK

BORDEN'S

For over half a century - since 1857 - women who demand the finest grade of milk for their babies and for table use have used "Eagle Brand." It has nourished three generations of study boys and girls. Thousands of efficient home-makers are using it every day in their cooking. Try it. You will delight in the convenience of having milk in the pantry at all hours of the day or night.





AND ADDRESS OF TAXABLE PARTY OF TAXABLE PARTY OF TAXABLE PARTY OF TAXABLE PARTY.

