MINT YOUR LITTLE PROTEINS
AND CALORIES, M'LISS ADVISES Interesting Food Budget Shows How Very Little It Is Necessary to Eat to Be Healthy



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FAT LADIES BY SOLDIERS' SETTING-UP DRILLS By WILLIAM A. BRADY, M. D.




This Book on Home Beautifying Sent Free

contains practical sug. gestions on how to make
your home artistic, heery and inviting-explains keep your piano, furniture, woodwork and floors in perfect condition
soft woods so they are as beautiful as hardwood. It shows
If you are interested in an artistic home-if you are an -if you are an architect or interior decorator-if you con-

IT'S FREE

## dohhsows Prepared Wax

The Dust-Proof Polish

## This is the best polish to use on your furniture,woodwork and floors. It forms a perfectly hard, dry, glasslike coating

 and foors. It forms a perfectly hard, dry, glasslike coatingto which dust and dirt cannot achere. It is impervious to water, heat, dust, finger-prints, etce. Preserves the varnish
and adds years to its life. Keep a can always on hand Floors

Piano ${ }^{\text {Purno }}$

Golf Clubs Linoleum Phonograph

Automobile Leather Goods
"Indexing Our
Industries
for
National
Security"
By
Raymond G. Carroll

The Committee on Industrial Preparedness vate individuals-is fast completing an inventory of the country's resources ior preparedness,
This is a monumental
work, work, and one which the Government has hitherit is being done, and the response patriotic business men are making to
the committee's appeal the committee's appeal
for $\ln$ formation and assistance, is told by RaySUNDAY'S
PUBLICsits LEDGER

