# M'LISS TELLS STORY OF MAN WHO BELIEVED IN FRESH AIR

# In Nightcap and Sleeping Bag He Would Sleep Out of Doors, to the Imminent Peril of His Dental Fillings

THEY is the mory of a man who would sleep out on a sleeping porch. It was told to me in confidence by his wife and se I wouldn't think of not telling.

"Our way of living is all wreng," he said to her one day. "From early morn until deny eve we breathe in the effete atmosphere that modern conditions are responsible for. We are becoming a puny race. I want to live as God intended man should. What have we rented an apartment with a porch for, if not to sleep on it? 1 mm seins to start tonisht."

"But, pet," his spause remonstrated with which concern, "don't you think you had better we'l' until the weather is more certain. One can never tell about April."

But he had made up his mind and was, therefore, obdurate. And so she got for him a distingue small from one of her boudon caps-and a sleeping blanket/ that he would out come down with pneumonia, and when bedtime arrived he rolled his set then the porch with the air of a hero performing righteous deeds.

"Ah." he said, broathing deepty like a porpoise or new Columbus discovering no

"I don't see now you sum hear it in that stuffy coom." he called in to his Trau;" this ho time life."

In the minute of the night, however, the wife of his heart was awakened by a sound that terrified her. It was as though a telegraph instrument had been set up outside her door.

Click, click, chatter, chatter, chatter,

"John," she whispeved in alsom.

8 "

"What, click, click is the mass-tter?" came the shivery response.

Only then it shawned on her that the noise she heard was the uncontrolled chattering of her husband's treth!

Presently there was the sound of heaving bedclothes and a grotesque figure in alcoping bag and with nightcap askew went flying by her. Directly he returned, dragging things after the manner of an Indian chleftain bearing his victims in his wake. And the smell of mothballs was in the air.

In the morning there was a blanket of snow upon the ground, but upon her husband no blanket was discernible. Instead, he was cached away under the portieres and window draperies that only the other day had been carefully packed

"Mere bed covering wouldn't keep me warm." he told her disdainfully when she reproached him for the night's performance, "and so I had to ransack."

The following night she had the bed on the porch all prepared for him, and the sleeping bag and the nightcap laid out.

But he only looked at them, as a seasick man looks at food and decides it would be wisest not to eat.

"I think I'll sleep in tonight for a change," he said nonchalantly. "The trouble with the human race is that we are too prone to go to extremes. A man who has not been used to the night air should inure himself gradually. Not that I don't approve of fresn air; I'm for it every time. Only a man has no right to subject his wife to concern for his health."

So saying, he clambered into the bed furthest from the window, and his wife, being a wise woman, only smiled, knowing that the best sort of husband in the world is a Peter Pan-the kind that never grows up! M'LISS.

### Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Dear M'Liss-Can you give me any in-formation about small country places within 100 miles of Philadelphia, prefer-abig near some water, at which to spend a summer vacation? I do not want to pay fashionable resort prices Also please tell me, does Madam Grundy permit a 25-year-old, unmarried young woman to act as chaperon at a fashionable resort for the stricter women in tow, and Madam Grundy takes a notoriously lement attitude toward business women.

resort for two girls, 14 and 15 years of attitude toward busine I read your column in the EVENING

 $\begin{array}{c} {\rm Evening} \\ {\bf M} \ {\bf B} \end{array} \begin{array}{c} {\rm Dear} \ {\bf M'Liss-Please tell me how to} \\ {\rm clean \ a \ blue \ ostrich \ hat \ band. \ I \ would} \\ {\rm like \ to \ know \ how \ to \ curl \ it, \ also,} \end{array}$ LEDGER every day. If you call at Ledger Central, at the outheast corner of Broad and Chestnut

If you call at Ledger Central, at the southeast corner of Broad and Chestnut atreets, and go to the Travel Bureau on the second floor, he experts in charge there will place at  $\cdot$  in disposil any num-ber of resorts to c.oose from for a sum-mer vacation, such as you describe. They have lists of prices, detailed de-acriptions of accommodations and, in abort, all the advance information possible to obtain concerning boarding houses and betels, near to and far from Philadelphia

## SIMPLE GOITRE CASES CURABLE BY MEDICAL AID PLUS PATIENCE

#### By WILLIAM A. BRADY

AT INTERVALS we have said that, of medical treatment, aided by prolonged medical treatment, aided by prolonged medical treatment, aided by prolonged rest—an open-air rest cure, if possible, such as that commonly employed for in-cipient or early tuberculosis. This method of treatment gives 75 per cent, of cures, a better record than the best surgery can show—though, of course, surgery is

SEEN IN THE SHOPS

## SMART INEXPENSIVE TAILLEUR

SMART INEXPENSIVE TAILLEUR As all-wool peoplin or gabardice suit is a paying investment at this time of the year, for, unless the styles change very radically, it will be quite in vogue for early fail. Today's illustration is a loose coat suit of black or navy poplin. The lines are plain, rows of white pearl buttons forming the trimming. Ragian shoulder seams give the impression of trigness to the top of the coat, and incidentally, accentuate the fubress and rinnle lines of the jacket. The band which outlines the bottom of the jacket is black satifi. A touch of black and white is noticeable on the collar, which, by the way, is reversible, and on the cuffs. All buttonholes are white bound. Price, \$14.80. A very attractive chapeau of black Milan hemp is simply trimmed with four sand-colored birds, perched at becoming angles on the rather deep crown. The brim is schort and a taffeta cord finishes off the whole. Price, in any color, \$5. The name of the slop where these articles may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDDER, 608 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope, and must mention the date on which the article appeared.

immer for about 29 minutes. Serve on buttered toast squares.

The veil is an indispensable adjunct to the spring outfit. It is as necessary, in Here is a good one for mushrooms creater Use a can of the vegetables, or a half-fact as each little touch, each button or plait that gives distinction to the whole. No small hat is really chic without a be-coming face well. There are so many charming styles this year that every wom-an can be suited, but the real reason why where of onion and a large sliced green where of onion and a large sliced green where are no is because they are not while they are on is because they are not taken care of.

About Veils

Don't make a habit of throwing the yell in the bureau drawer in any old way. Folding or rolling is a simple matter. One woman who is famous for the smartness woman who is famous for the smartness and freshness of her clothes keeps a mailing tube in her dressing table just for this purpose. It only takes a minute, she says, to spread the veil full length around this tube and roll it. Any num-ber of vells may be put on the same

# Marion Harland's Corner

"T AM coming to the Corner for a little I information regarding Lincoln's mother. Can you tell me when she died? The year is all that is necessary. I hope some of the Cornerites are better posted than I am F. B." than I am

Little is known of the life of Abraham Lincoln's mother beyond her name-Nancy Hanko-and that she was his father's first wife. Traditions, said to be irusiworthy, assert that she was a woman irusiworthy, assert that she was a woman of unusual intelligence and strength of character, thus carrying out the theory held by many students of psychology that the child interits menta, traits from the mother. Abrahum Lincoln's mother died October 5, 1818, when her boy one 9 years old, and 11 years before the family removed from Indiana to their perma-nent home is illingic nent home in Illinois

#### Waats Author's Name

"Perhaps some one can give no the name of the author of 'A Leaf From the Book of Kings,' which appeared in a magazine last year. MRS, H. W. B." As our member has strong reasons for desiring to secure this information, we trust it will be forthcoming.

#### In Tennyson's Poem

"Where is the quotation found, "There is a land where it is always afternoon?" A girl measts that it means heaven. I think it means the same as the new land which is the old," that is, the enchanted land of love. Who is right? "AMELIA S. C."

In Tennyson's "Lotus Eaters" we find what you meant to quote: "They came into a laud in which it seemed always afternoon." It was part of the lotus eat-ers' phantaus. It certainly signified plantagy it certainly signified ar heaven nor the country of "love's neithe young dream.

#### Value of Old Magazines

"Can you give me any information as to the probable value of old magazines? I have popular magazines for athe years 1851 and 1862 all nicely bound; also for the years 1868 and 1869 (bound), and some others, I am wandering if they are saleable, and, if so, what their probable value is? I. D."

I doubt if they have any marketable value except as waste paper. I wish deal-

#### Come Home

- Long enough thou hast been on thy journeyfar-faring, Come home ! Have done with the terrors that tempted

- ploring.
- Delving uttermost depth, to the heights happy-soaring; But, of old, thou wouldst answer Love's

pleading, adoring, "Come home !"

Far enough hast thou sped to be sated with wonder. Come home !

Come home ! And what wealth couldst thou find more than Love's precious plunder? Come home ! What new Pole of the Heavens thy com-pass hath shaken? By angelic lost tribes of the air, art thou taken?

taken?

O beloved Explorer ! remember-awaken-Come home !

But, strangely, my cry like an echo re-turneth-"Come home !"

It hath changed to thy voice, and it calleth and yearneth. "Come home!"

Tis thy voice, O my Own ! and to me it is 

rinth straying. I await thee, Beloved, have done with de-

laying-Come home !" -Margaret Root Garvin, in Southern Woman's Magazine.

#### Crochet Hint

One woman who does a great deal of fancy crochet work gives this timely hint to those who are crocheting fancy ends on hand towels. Instead of having to punch the crochet needle through the material every time you want to fasten your loops-with its ensuing hurt to the fin-

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All communication addressed to Marion Harianid should enclose a samped, self-addressed envelope and a clipping of the article in which you are interested. Per-sons withing to ald in the charitable work of the H. H. C. should write Marion Hariand, in care of this paper, for ad-dresses of those they would like to help, and, having received them, communicate direct with these parties.

ers in second-hand literature would in-form us if this impression is correct or not. We are so much in the habit of sec-ing periodicals hustled into the waste basket or tossed into the junk cart that we may not appreciate the possibility that they may be worth something in money they may be worth something in money somewhere and to somebody.

Fork Is Correct

"Kindly tell me which was is correct to eat with your fork or with your knife, And please answer as quick as possible. "PEGGY

PEGOY." I might fancy that you are jesting but for the fast that the question would be a withes joke. In our day and generation no one with any pretensions to breeding and refinement conveys food to the mouth with the bottle. with the knife.

#### Nice for Patchwork

"I am inclosing a note I received from Mrs. B. after I sent the cloak to her little

Tam mecosing a note i foceived from Mrs. B., after I sent the cloak to her little daughter. I was so glad I was able to do something and intend to write and ask her if I may send some summer dresses later in the spring. I thank you for help-ing me to relieve this need. I have some permale pleces that would be nice for patchwork if any on would care for them. MRS M. M. C." I yield to the temptation to append to your lotter the mother's note of thanks. It is against our rules to crowd the Cor-ner with requests for clothing, as it is forbidden by our regulations to burden our volunteer "aids do camp" with ap-plications for expensive articles of fur-niture, etc. We are therefore much grati-fied when glifts are offered which we feel do not draw heavily upon the resources of dotors, and are yet useful to the re-cipients pients

cipients The splendid coat came at a most op-portune time and by just moving the but-tions it is a perfect fit. I thank you many, many times and also the good Corner." We participate in the delight of mother and child in the pleasing coincidence of the girl and the perfect fit. May the sum-mer dresses be after the same pattern. "Nice for patchwork" is a phrase that will make quiltmakers' eyes brighten and animate fingers to write for the address of Mrs. M. M. C. Pieces may be classed as staples in the Corner's inventory of good things.

Hot Cross Buns Hot cross huns are one of the legacies which our English forefathers have left us. Long ago the custom of selling these appotizing morsels on Good Friday was appointing mornels on Good Frind, was started, and is now as popular in America as it was in mediacvel times. Here is the recipe, as handed down by an aged Englishwoman: Hequired, a cupful of sweet milk, a cake of yeast, a tablespoon-ful of granulated sugar, two tablespoons-ful of butter, four cupfuls of sifted flour, a but a part is provided four a bard. an egg, a half teaspoonful of salt, a hand-ful of raisins, a teaspoonful of cinnamon and a half teaspoonful of nutmeg.

THE CHEERFUL CHERVE

The trees are getting

And all the millinery

leaves at last; Old winter feels its

doom

stores

Are bursting y

into bloom.

and a half teaspoonful of nutmeg. Scald the milk and let it cool until it is just lukewarm. Stir into this the sugar and the compressed yeast. Now add a cupful of flour, then a half cupful more, stirring all the while. Beat the mixture until quite smooth. Now cover the pan over, set it in a warm place and let it over, set it in a warm place and let it stand until it is covered with plenty of bubbles. Have ready in the meantime another dish, in which you have creamed the butter, egg and sugar. When your other mixture is quite light, beat the creamed egg and sugar into it, then add the sait, spices and chopped raisins or currants.

Add enough of the flour to make a soft dough. Set in a warm place until it has risen at least twice its size. Then roll out into a sheet at least a half-inch thick, and cut into round shapes with the biscutt cutter. Lay in a buttered pan about three inches apart, cover and let rise again. When light, brush over with white of egg and water, mark a cross on top and bake until light brown. Before serving, brush with confectioners' sugar moist ened with milk

# **Cream of Tartar**

which is derived from grapes, has no substitute for making a baking powder of the highest quality. That is the reason it is used in Royal Baking Powder, which continues to maintain its preeminence for making the finest and most wholesome food.



New prepare 4 peeled and cut-up toma-toes, hothouse ones if possible, or small ones at least. Return these and the mushto the chafing dish and mix well. Cover the dish and allow the mixture to

Patriotic Salads

Chafing Dish Mushrooms A chafing dish recipe is always welcome Here is a good one for mushrooms creole.

in nurable by any known method except surgical excision; and the ecophthalmic goitre, which is only part of a serious systemic disturbance, shown by marked hervousnese, pahitation, rapid heart prominent or bulging eyes, tremor and general weakness, is curable in three-fourths of the cases by careful medical treatment plus complete rest, and in about one-fourth of the cases the disease is see newers, the general strength and life itself is so much endangered, that operation, must be resorted to as a heroic measure.

Still a great many people write to ank if we will "kindly recommend a cure for goitre." As well ask a dostor to sug-gest a good remedy for general weakness or that tired feeling.

Sometimes even simple goltre, which causes no symptoms other than the an-noyance of the large neck, is operated upon when it fails to respond to simple treatment, rather to improve the patient's appearance than for any other reason.

In the average surgeon's hands the operations usually performed for exophthaimic goitre are fairly successful, though by no means a radical cure, such as you would expect in an operation for hernia or weeping shew. Thus, of 121 patients operated upon for exceptishalmic poitre in one of our best clinics and traced patients continued at times to have mild relapses under the effects of nervous strain; 7 were improved but had still some evidence of the old trouble; 5 were slight-by improved; 8 failed to derive benefit from the operation 29 were corrected upon a werthe operation; 9 were operated upon a sec-oud time; 21 died. 7 of them soon after operation. Thus the operation for ex-operation goitre is to be considered a successful, but not a radical or curative treatment. best outlook for a patient with exanazon15

thaimic gottre is an early course of

Apple Marmalade

Apples are cheap and plentiful just now. Did you ever think of making them into apple marmalade? This is the recipe wash and out half a peck of tart apples into quarters. Boil in a kettle until they inte quarters. Boil in a kettie until they become quite losse. Now rub them through a size and return to the kettie. Ball in the unpovered pot for 20 minutes, inving the fire underneath very low. The sizemans of the boiling process has a de-nided effect on the flavor of the apples. Mensure your liquid carefully, and to such part of the apple juics add a plat of sugar and two tablespeonfuls of lonson juice. Conk for 10 minutes more, cool and put into jure.

. . .

V.L.

QUESTIONS AND ANSWERS

Cause of Apoplexy or Stroke of Paralysis

What causes cerebral hemorrhage in a person with hard arteries? Is it a usual occurrence in persons so afflicted? Is it usually fatal?

Answer-Too hearty eating, alcoholle indulgence, constipation, anger, excite-ment, excessive exertion of any kind might spoonful of sait, a half teaspoonful of pepment, excessive exertion of any kind might cause the fragile scienced artery in the brain to rupture and bleed—that is a stroke of paralysis, or apoplexy, or cereb-ral hemorrhage. It is not a usual occur-rence, but just a possibility in a case of pronounced arterial disease. It is fatal in about a third of the cases. per and a tablespoonful of chopped pars-ley. Leave the plant to marinate in this mixture for several hours. Broil and serve in the marinate.

Aspirin Depresses the Heart

Please advise me if aspirin is a habit-forming drug, and if it weakens the heart? Answer-It ian't: but some people do form the aspirin habit. Like all conl-tar derivatives, it is depressing to the heart. It is certainly not a drug to be taken without medical supervision. croutors

#### Baby Has Head Sweats

My haby, eight mouths old has been raised on dijuted cow's milk and lime-water. What makes him sweat so at night, particularly about the head? high, particularly about the head? Answer-Probably insufficient nourish-ment. At eight months the baby should be taking nearly or quite undituded milk. Also some clear beef or multon broth, fresh frait guides, and, in some meturnes, fresh cream added to the milk lead sweats suggest a sendency to rickets-which is due to faulty nutrition.

w it's the proper thing to salads after your sympathies in the great European conflict, so here is the recipe for a Belgian saind: Soak a number of large prunes in cold water, allowing them to remain for several hours at least.

When they are very full, remove the stones and fill with the following mixture: chopped paraley, a stalk of celery, chopped fine, haif a green pepper, and a blade of chives. Mix this with good French dress-ing, place the prunes on tender young let-tuce leaves and garnish with cream cheese halls rolled in grated walnuts. Serve with

more French dressing, plentifully flavored with paprika.

Eggplant de Luxe

Brolled eggplant is a timely suggestion for the woman who runs short of Lenten dishes. Cut the plant into halves lengthwise. Now make a marinate composed of two tablespoonfuls of olive oil, a tea-

Other women who don't care for the trouble of keeping an "instrument" for the purpose wind their veil between the ingers, spreading it slightly to take out

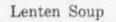
the creases If you wash your veil, as you will have to do if you motor very much this time of the year, never fold the wet parts to-gether. The gum in the veil will cause t to stick.

Plum, navy, beige and Havana brown are popular this season, especialy when worn with suits of the same color. Silk motifs, larg: dots and plain cotton mesh are smart.

Sardine Sandwiches

If you make sardine sandwiches for the nformal lunch, try mashing them in a how containing a bit of lemon juice or French dressing. It improves their fla-vor wonderfully and goes farther than the in toasted crackers.

plit fish. It is also economical. Spread



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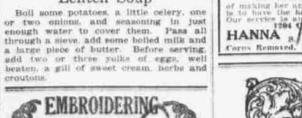
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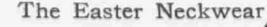
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