

IF YOU MUST USE PERFUME, M'LISS WARNS, BE DISCREET Too Much Is Worse Than None at All, But There Are Many Women Who Fail to Realize This—A Scarcity Threatened

TO MANY women the deprivations of the necessities of life that the war is constantly threatening to bring about is a matter of not nearly such serious concern as the fact that certain little luxuries are becoming scarce. When it was opined, for instance, that hair nets would become extinct because of the disruption of this industry in Germany, such a wailing and gnashing of teeth smote the air that one might have supposed the bread supply was about to be cut off.

But even though the hair-net scare proved to be unjustified, a perfume man was telling me the other day, in tones of real concern, that the perfume importers of America are facing a serious situation, due to the prolonged hostilities. The almost limitless acreage of rose gardens of Persia, Cashmir and Turkestan, that fill the atmosphere for miles and miles around with an indescribably wonderful perfume, have evidently flowered in vain this year, and that rarest of all sweet-smelling extracts—attar-de-rose—is practically impossible to obtain. Indeed, with the exception of southern France, where large quantities of blossoms are cultivated especially for the manufacture of perfume, European markets are virtually closed. The olfactory sense of the war god is callous to such delicate fragrances, it would seem.

This will come as a great blow to many women, to whom their favorite extract has become an indispensable adjunct to their toilet. But would that all could be imbued with a realization of the uses to which perfumes should be put! The Eastern women who have jasmine flowers rolled up in their heads at night and in the morning have them taken out and their hair brushed vigorously so that only a faint evanescent perfume remains have the right idea. A perfume which advertises itself as such is to be abominated. It should seem to be part and parcel of the woman who uses it. Women have been called flowers. The scent that they affect should impress one as belonging wholly to themselves, just as the odor of the lily-of-the-valley is distinctly its own and nothing else.

Of the business woman who has the execrable taste to laden herself and the circumambient air with a heavy fragrance during her office hours nothing too harsh can be said. She belongs in the same class with the woman who construes the proper business attire to consist of pink-a-hoo blouses, ostrich-plumed chapeaux and French heeled slippers. Because of her existence the threatened shortage in perfumes could more easily be borne with. But there are many women who derive a great deal of pleasure from conducting their own favorite extracts. I have several excellent recipes which I will gladly send to any of my readers who are interested enough to send a stamped, self-addressed envelope.

Lighting Up

Here comes a light to light you to bed, but it's not at all the ordinary kind. Instead of the proverbial flickering glow and dripping tallow, there's a steady burn, which is turned on by a mere pressure of the thumb, instead of the scratching of many matches.

You see, it's simply a little electric candle, cunningly devised to have all of the advantages and none of the disadvantages of the old-fashioned kind. I saw it at the plated-ware counter in one of the big shops of the other day and luckily for me I had only some short change in my pocket, or of course I would have "fallen for it."

Letters to the Editor of the Woman's Page

Address all communications to M'Liss, care of the Evening Ledger, Write on one side of the paper only.

Dear M'Liss—Do you think the shortage of peas because of the war in Europe will affect the spring crop of pink lemonade? GERTIE G.

For the small boy's sake, I hope not. This is what might be called "dyeing for a good cause," don't you think?

Dear M'Liss—Have you finished reading your article, "Unleashing the Bacilli," the one which tells about the "errippy" young man who sneezed violently in a street car. It also told about the woman who said, "Keep your germs to yourself." I wish I could thank you for "the sentiments" and I want to second the motion. I hope that your article will be read by many and that they will profit by it. I should like to see your statements. I am sure had consumption. He insisted on coughing "right down my neck." I wish I had had the nerve to say what the woman you wrote about said. ONE WHO HAS SUFFERED.

Dear M'Liss: I am going to have a little party. Would you be kind enough to give me some suggestions for games. W.

HAY FEVER VICTIMS BE COMFORTED, YOU SUFFER FROM "SENSITIZATION"

By WILLIAM BRADY, M. D.

IN THAT eminently scientific journal, the Annals of Otolaryngology and Rhinology, for June, 1915, Dr. J. L. Wade presents a valuable article on treatment in hay fever. Having been examined by skin inoculation tests which indicate that individual pollen is accountable for a certain type of pollen sensitization and that by administering a prolonged series of gradually increasing doses of the pollen immunization.

In order to find out which pollen is responsible, a number of slight scratches were made upon the patient's skin, and different pollen extracts rubbed in. The specific or causative pollen alone produces a characteristic reaction, the extent of which being thus identified, the initial dose for immunization is determined by the amount which just fails to excite the characteristic skin reaction in a second series of scratches inoculated only with varying dilutions of the exciting toxin. Hypocritical doses are then given every two to three days. The time required for the course of treatment varies in different cases with the type of pollen sensitization and the individual patient's general condition.

Persons subject to hay fever had better abstain from an empirical "cure" unless they are under the supervision of a physician. However, the most common way to overcome the malady, Hay fever is nothing but a "sensitization" to a particular variety of pollen, and the relief lies in a process of immunization against that pollen.

Let me now write for further particulars. We have told all there is to tell here. We cannot give the address of any specialists, nor the cost of the treatment, nor anything else than the facts as stated. Your family doctor can answer your questions, can administer the treatment as well as anybody else. If he won't do it, then let him refer you to some one who will. Surely that would be fair enough.

QUESTIONS AND ANSWERS Why Some Doctors Still Prescribe It Why are beer, wine, brandy, etc., sometimes prescribed by physicians for heavy colds and other disorders? Answer—A physician who diagnoses a "heavy cold" would naturally have a clear conception of the condition. Some physicians prescribe tablets and proprietary medicines without knowing just what ingredients they contain. Why do they do it? Well, we suppose they don't know any better.

Membranous Croup Is Diphtheria Will plenty of fresh air keep a child from having membranous croup? Answer—Membranous croup is an obstructive syndrome for laryngeal diphtheria. It is not a "croup" and it may be prevented by diphtheria.

Glasses Do Cure Headaches Several weeks ago we expressed a desire that some readers who have had relief from wearing glasses for the relief from headaches should write to us. We are only glad we could print all the letters. Write a card stating in proper detail the nature and the treatment of your headache.

Her Epitaph The hand that held her, that once was Mary's earth, Held, while it breathed, so beautiful a soul. That when she died, all recognized her birth. And had their sorrow in serene control.

Know that her spirit to her body lent Sweetness, grace, only goodness and: That even her dust, and this her monument. Have yet a spell to stay one lonely man.

Lonely through life, but looking for the day When what is mortal of himself shall cease. When human passion shall have passed away. And he no longer be a thing to weep. Thomas William

SEEN IN THE SHOPS



FOR SPORTS-LOVING GIRL

A SMART and altogether new blouse for the girl who likes something odd is shown in today's illustration. The material is white crepe de chine, with touches of coral crepe de chine at the collar, wide cuffs, and forming the sash. The front closing is secured by novelty buttons in coral shade, and the embroidery completes the color scheme. Price, \$4.98. Comes in different color combinations.

The idea of this dainty Russian blouse is to afford a comfortable slip-on garment to wear with white skirts. A sports hat of Havana brown hemp is worn with the blouse. The facing is of shell pink straw. A crushed band of ribbon and a smart lacquered fancy form the trimming. The price is \$5.98, in various colors.

The name of the shop where these articles may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope and must mention the date on which the article appeared.

Marion Harland's Corner

Offers of Glasses

I HAVE many pairs of glasses, collected through several years, and would be glad to let Miss F. E. W. try some if she can come to my home, and if they fit her she is welcome to them. M. L. C.

"If M. L. C. will give her address I can send several pairs of glasses suitable for one of her age. She can select a pair that will enable her to see. LILLIAN M. B.

"The enclosed clipping, signed 'F. E. W.', has just come to my notice, and if F. E. W. has not found or been supplied with glasses she should have her try some I have. She can call me up by telephone should she live in my city. G. E."

The preceding may be indexed as "movements" in one and the same key. To all the same reply is returned. With lively gratification on the part of the Corner, Mrs. M. L. C. and F. E. W. had received that for which they appeared to us before the offer was printed. We will, with the leave of our beautiful friends, hold their donations for the next applicants for what they have to bestow.

Old Novel to Pass Along "Regarding the book, 'Charlotte Temple,' which C. recently wrote, I will give me pleasure to pass on. The book is in good condition, but is a cheap copy. Before we had your letter a copy of 'Charlotte Temple' was passed over to the person who had read it a half century ago. Will you please retain your copy in case somebody else may call for it? I am amazed to learn what hold that poor little story of a girl's love, betrayal and death must have taken upon the popular heart, not only when the book was published three-quarters of a century ago, but down to our day. Successive editions have kept the work in the minds of modern readers. When we printed the letter asking for it we had no idea that a copy was extant.

Two Songs Wanted "I wish to thank all coworkers for the rolls of old linen and other useful and valued things, especially do I want to thank the doctor who sent me the phonoscope. I have been kept busy and had many calls for clothing, as well as old linen, in my work. Can any reader send me the song, 'We are going down the river one by one,' and 'There's no one to welcome me home.' I am glad to thank one and all for their generosity. And I have some baby clothing if any poor young mother wishes it. M. L. C.

"Our Nurse B." we call her. Through many months we have wrought with her for the cause we carry in our heart of hearts. She is in the thickest of the struggle. We know something of her needs (vicarious) from what she lets slip from her pen in thanking the donors of linen and other "useful and valued things." Yet she lays but one little word before us today, the one and only thing she asks for herself. We must find and let her have the poems she names.

Quilt Pieces to Donate "Please send me a few more names for cotton quilt pieces. My husband has a mattress factory and I can get patches for a person every four weeks. I am glad that I found a place where they will do some good. I sent two boxes. I received a letter from one woman to whom I sent a box at Christmas time, and a card from one who got hers last week. So please let me have addresses. I take much pleasure in sending the patches. MARIA W."

And we yet more in recording your generous and graciously worded offer. My only fear is lest even your liberal soul may be burdened by the numerous applications for pieces. Quilts were never more the rage in the days of our granddames than now. We have more calls for just what you have to give than we can fill.

Measuring for Rubber Stockings "I am in receipt of your letter reference to rubber stockings for Mrs. B. and

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THE CHEERFUL CHERUB

A burglar robbed a bank to-day And now he's safely hid. I wouldn't do a thing like that— I'd get caught if I did.

GARDEN FOR PROFIT AND PLEASURE

Bring your problems of gardening to the Evening Ledger for solution. In addition to practical articles, timely to the season, the editor will answer, either out of his own experience as a small-scale gardener or through consultation with authorities, questions of readers. Address John Bartram, Evening Ledger, Philadelphia.

Beautifying the City Back Yard

As the back yard in the city always and in the suburban place sometimes is the home yard, it should be made a thing of beauty. In the country the modern idea is to use as much ground as possible for a lawn to give an aspect of spaciousness. But even if there is a "front yard," as well as a "back yard," there is no reason why a little care and a trifling sum should not be expended in making the latter bloom, reserving fine specimen plants and trees for the front, and having beds and borders of constant bloomers for the former. The garden for flowers for cutting for table and other decorative uses will fit in nicely in the back.

If you have only an ordinary city back yard, you may have a succession of beautiful blooms. It is not necessary to close in the back yard with a board fence or a tall hedge to shut out unsightliness from the neighbors. If all the residents in a row take proper pride in their back yards and vie with each other in arrangement and variety there will be a floral carnival.

Some first principles must be considered. First of all, do not cut up the yard with too many beds or plots. If your separation from your next-door neighbor is by means of the low iron rail, you will have a good exposure and can place your beds in almost any location. But remember the fundamental fact, that the best background for a flower garden is that selected by Nature for its wild flowers—namely, grass.

Another thing to guard against in laying out is following of conventional lines. If there is a great deal of space, cut little plots rectangular form will be effective, but only the part of a general and more elaborate design. If, unfortunately, there is a board fence closing in the yard on three sides, this can be redeemed to measure by cutting by vines. In this case the main flower border will have to be against the fence having the eastern exposure.

Do not have the main border cut off from the grass with a straight line, and do not hem it in with a narrow boarding. The border will be far more attractive if it sweeps in and out in curves or swells out in one curve at least. It can be planted to better advantage also.

A long narrow border can be placed along the walk. This will give the only necessary formal touch, and the curve of the big border will relieve any sense of angularity, particularly if it is, as the present discussion assumes, on the far side of the large grass plot found in most city yards. Regularity is all right, but do not have a central urn or vase, and do not have a central bed. Do not have too many varieties in a small area, and avoid a clash of colors.

It gives a general idea of planning out the city "back-yard beautiful." Later will be given instruction as to preparing the soil, planting harmoniously and selecting flowers for bloom, color and small expense.

QUESTIONS AND ANSWERS

New Sunflowers

Friend John Bartram—Please give the name of some tall growing plant, with flowers of a golden color, that will stand up to a screen against a board fence about 200 feet from the house. ALBERT

You do not say whether you wish annual perennial plants. If you wish a change each year, you should get a few of the best of the old-fashioned sunflowers. These are a hybrid of the red, yellow and orange, and will vary from six to eight feet tall. The red will grow about six feet, the red and gold runs as high as nine feet. The plants are well branched and have a fairly heavy crop. They bear numerous flowers of gorgeous colors, red, yellow and orange. Cut the flowers frequently. If you wish to have a permanent green plant, some of the rubus-like plants, such as the one you mention, are attractive and plentiful from the end of July until frost. They are very hardy and bear the winter weather. They are good for cutting, and will last in water for a long time. It is best to plant these each year, though by cutting down the plants in the spring, the soil will be enriched and the ground constantly they will come up each year.

Sowing Fine Seeds

Friend John Bartram—How shall I prevent a veritable jungle of seedlings springing up when I plant seeds in the garden? X. I. In planting fine seeds such as those of the poppy and petunia, it is the best plan to mix a pinch of the seeds with half a teaspoonful of sand, and mix the mixture well. It can then be distributed gently in the row or drill and lightly covered with a pinch of fine soil.

More Foliage on Rose Bushes

Friend John Bartram—I get some nice blooms on my rose bushes, but the foliage is not so thick and pretty. What is the cause and the remedy? CAROLINE TERTOUT.

The cause and the remedy are pretty closely allied. If you remove the foliage you will secure the latter. You do not give any particulars as to what you have done, but it is obvious that your bushes are crowded on two or three sides by walls, fences or other buildings. These bushes should have light and good circulation of air throughout the entire bush. Protection by hedges, fence or house wall on one side, particularly the west or north side, is without doubt the worst loss in ventilation when it is needed in the winter. The best protection from winter killing. Give your plants lots of sun, light and

"My Architect Suggested That I Install Your Plumbing Fixtures"

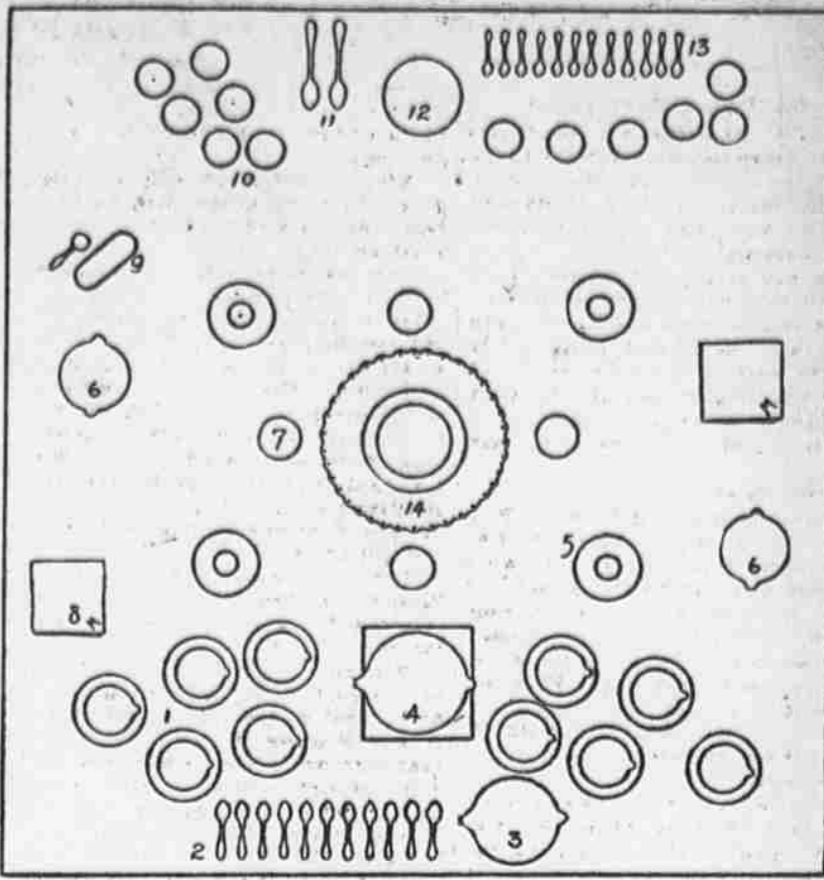
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PROPER SERVICE FOR PROPER TIMES

By VIRGINIA E. KIFT

Reception Table for Afternoon Tea



Arrangement of table—Service explained 1. Teapots and saucers 2. Teaspoons 3. Hot-water pitcher 4. Teapot and lamp 5. Cakes plates 6. Candy dishes 7. Napkins 8. Candles and shades 9. Nuts and spoon 10. Sherbet glasses 11. Spoon for sherbet 12. Sherbet dish 13. Individual spoons 14. Centrepiece and flowers

An Afternoon Tea Menu

Orange Picolet Tea Lemon Whisk Sugar Conde Wafers Marmalade Tarts Candy Frozen Strawberries Lady Cakes

IF YOU have asked some one to pour at your afternoon tea you will want to be sure that the service is properly arranged. First, Place the teapot and lamp directly in front of the person serving. Second, At her right place the pitcher of hot water. Third, At her left the teaspoons in rows, or on a flat silver teaspoon tray. Fourth, Place the teacups on their saucers on both sides of the teapot. Never place them in piles, as it is not considered good form. Fifth, Cake plates, candy dishes, napkins, nuts, etc., are attractively arranged about the centerpiece. At the other end of the table the sherbet or ice may be served, as it is becoming more customary to serve this in the dining room than from the kitchen. First, Place the large bowl of sherbet in front of the person serving. Second, At her right place two large sherbet or ice cream spoons. Third, At the left place the sherbet

spoons in rows or lay them flat on a silver spoon tray. Fourth, Arrange the sherbet glasses on plates and doilies on both sides of the large sherbet dish. Allow those whom you have asked to serve to pass the candy, nuts, tarts, wafers and lady cakes; also the lemon wheels, cherries and sugar for the tea. Have the maid remove all plates to the kitchen as soon as soiled; do not allow your guests to perform this service. If you want to serve an attractive afternoon tea, the approximate cost for 15 people would be: Two pounds candy \$1.00 One pound salted almonds .60 Ten quarts frozen strawberries... 7.50 Eight pounds cakes... 5.00 Flowers... 2.00 Paper doilies... .60 \$17.50

This is approximately only 23 cents per person. Cut out the above diagram. Tack it up in the pantry. Then your maid will have a guide when arranging the table, while you will not be bothered by the mechanical part of table setting, and you can give all of your attention to the artistic arrangement of the flowers and decorations.

Use five or six blotters. The inkwell must be of metal, brass or glass, but you can make a cretzone-covered stand for it. Cover a memorandum book, letter holder, it is better to buy one, even though it be cheap, so that you will be sure that the shape is right. A pen-wiper can be made in the same manner. These sets are very effective, and the making of them provides a pleasant pastime for the woman who doesn't care for sewing.

VOGUE Pattern Salesroom In PHILADELPHIA Room 304, Empire Bldg.

Here you may study the newest and smartest of the spring fashions exactly reproduced in Vogue Patterns. Exclusive and original designs of gowns, tailored suits, morning frocks, dinner or dance frocks, wraps, blouses and children's clothes are shown.

Novel Desk Set

If your bedroom is cretzone-hung, a desk set to harmonize is a pretty conceit. The articles should be neatly made and the cretzone of pleasing design. For the pad, cut out a square of cardboard the size of your desk, or the size you want. The back of this must be carefully covered with the cretzone, pasted on, and the corners turned over on the other side of the cardboard. Small dabs of the paste ought to be sufficient.

New Spring BOOTS at \$4.25

One of the big features of the Geuting spring stock is the splendid variety of new styles shown at popular prices. Under present leather conditions, however, we will not be able to duplicate these shoes to sell for less than \$5.

Advertisement for Queen Quality New Spring Boots at \$4.25, featuring an illustration of a boot and text about the quality and variety of the stock.