

M'LISS CITES SEVEN RULES FOR WOULD-BE "EUGENISTS"

Those Interested in the Betterment of the Race Should Read Tract Authorized by Life Extension Institute

DOUBTLESS the two Southern girls who are the first to enroll in the National Race Betterment Association have put themselves in the position of targets for the jokesmiths.

But eugenics is more than this. In an interesting book compiled by the Hygiene Board of the Life Extension Institute, with a preface by no less a person than William Howard Taft, it is defined as the science of the "conscious betterment of the human stock."

- 1. Learn to analyze individuals into their inheritable traits—physical, mental and moral.
2. Differentiate between socially noble and ignoble traits, between social and educational vices and sterling inherent capacity.
3. Do not expect physical, mental and moral perfection in any one individual, but look for a majority of sterling traits.

Most of the opponents of the eugenic movement hold that an acceptance of it to a great degree will mean the passing away of the good old soul-stirring, heart-throbbing sentiment; that it will mean the elimination of that intangible something, the definition of which even the immortal Webster has fallen down on—love.

But although this book emphasizes the need of a State Eugenics Board, it assures us the eugenics does not mean compulsory or government-made marriages, nor does it necessitate that the human stock be improved by matings that are academically ideal, but which lack the element of "individual attraction and instinctive love."

On the whole, it's an interesting tract, the name of which I will gladly let any one have who is interested.

Almost Correct

"The Inside of the Pup" and the "Adenoids of Virgil" are two books for which a Philadelphia Librarian was recently asked. She wasn't really stumped, however, until a youngster requested her to show him a picture of "The Spinach."

"You know, lady," he explained when she pressed him for a description, "it's a big stone lady in Africa or Egypt, somewhere."

There's a Reason

"No secrets between a married pair," warns the Rev. I. Chantry Hoffman.

"That's all right," a woman I know retorts, "if all married women were financially independent. Then there'd be no reason for secrets. But suppose you must ask your husband for every cent you get and suppose that he objects to the theatre and you don't. Believe me, that's the time to prove that the dominant male still exists. That's the way that secrets between husbands and wives have their origin. Put it down to the narrow-mindedness of the dominant male and you have your answer. So long as he exists, there are going to be secrets between married pairs."

Letters to the Editor of the Woman's Page

Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

The following letter is from the same charity worker whose letter to me describing the case of "Bill" interested me so much that I was literally "swamped" with letters from childless women and others philanthropically inclined anxious to adopt the youngster.

Now she has another cunning youngster—this time a 6-year-old boy—who if some one doesn't come along soon and take care of him will lose all his baby chubbiness. Who will volunteer? Here is her letter: Dear M'Liss—Do you think you could

secure a home for a nice-looking little boy over 6 years of age through the EVENING LEDGER? You were so very successful the last time I asked you practically this same question that I venture to repeat it. The boy was born in Philadelphia of poor but respectable parents. The father died a year ago, leaving the widow with three small children. She is far from strong, having undergone a serious operation some few months ago. I have found a home for the rest of the family, but for the little fellow. The mother is destitute and without relatives. Will you help me? A CHARITY WORKER.

Marion Harland's Corner

Asks for Music "MAY I please have the address of E. W. H. or E. W. R.? I am anxious to get a few sacred solos. I am glad to get any kind of music, but love sacred the best. I have asked for music before, but there are so many more wants than mine that are necessary. I have not received any yet. I have received some wonderful kindnesses through the Corner and am thankful for them. Now, I have a number of good magazines that have been sent to me, and am ready to pass them on to any one who wishes them. "NINA."

The address went promptly to you by mail. I trust you have received the music by now. Also that your letter may move others who have songs to spare to fill your portfolio. Your requirements are most reasonable. Thank you for the music on the magazine sent to you when they have been read. That is the law of our informal circulating library. Keep them going. Stagnation is the death of beneficence. Even the sincerest milk of human kindness sours if left standing long.

Offers Reading Matter "I have some nice magazines and interesting short stories in papers and am glad to send them to any one wanting such reading material. MRS. N. C. H."

You will hear speedily and gladly from readers of your generous proposal. It has the right ring.

Packets of Foreign Stamps "I have five duplicate packets of foreign stamps which I will gladly give to any five persons who will send a stamped envelope to me, after getting my name from you. Can you tell me the meaning of these words, found on Belgian stamps: 'Ne pas livrer le dimanche.' 'Niet bestellen op zondag?' AMATEUR."

You tender a treasure to our collectors. We hold your address at their service. Please let us know when the first packet has been given away. The first inscription upon the stamp is in French, and may be translated, freely: "Not to be delivered on Sunday." As nearly as I can make out the second, it is to the same effect. We are your grateful debtors.

Donates a Sewing Machine "I have a sewing machine to give to a worthy person who can send for it. With a little repair or cleaning it will be in good order. You can give my address to any one you think best. BLANCHE S."

This is a benefaction that will well thrill the Corner to the heart. Months ago we resolved to withhold all requests for sewing machines until there should be at least a faint hope of gratifying them. Those who want them usually need them so sorely that the heart rebels from holding out false hopes. Here is actually a bona fide offer of the valuable article.

Pair of Elastic Stockings "I remember reading of some one who wanted a pair of elastic stockings. If you can send me the address I can mail her a pair. I wish you had sent as the signature attached to the petition for the elastic stockings! We have no way of identifying her positively without this. Perhaps she may use this and write again at once, so the donation may be a longed-for boon to some other sufferer. Hold it until you hear from us.

Magazines and Farm Journals "I read a request for long ago for farm journals. I have some to spare which I

SEEN IN THE SHOPS



BRIDE'S GOWN

THIS spring or summer bride-to-be is busy planning her outfit now, since gaily is temporarily denied her, and thoughts of clothes are inseparable from thoughts of Easter, one of the earliest and prettiest of wedding gowns is shown today.

The splique of taffeta in points on the front of the bodice is smart. A girde of the same material is trimmed with a corsage bouquet of lilies of the valley. An apron tulle of the chantilly is seen at the right side, ornamented with pearl drops on one edge, and lilies on the other. A modified court train falls free from the shoulders, giving a stately line to the costume. The end of the train has a spray of lilies on it. The price is \$28.75.

The name of the shop where this article may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope and must mention the date on which the article appeared.

NOT EVERYTHING WITH STRONG ODOR WILL KEEP OFF DISEASE

By WILLIAM BRADY, M. D.

GRADUALLY we are overcoming the hoary old superstition that anything with a powerful odor will keep off disease. The best of our modern antiseptics or germicides are odorless. Carbolic acid, in solution or in salve, does have a nice, healing sort of odor, if you like that sort of smell. But it is one of the most harmful antiseptics you can use.

Carbolic acid is an alcohol, not an acid. Phenol is the official name for it. It retains the name of "acid" because of its caustic effect in contact with living tissue. The local antiseptic for that caustic or burning effect is alcohol—grain alcohol. One may bathe the finger with pure phenol for a minute, and when the skin is raw, he bathes it with pure alcohol, and the effect is completely neutralized. Remember that, in the event of an accidental burn with carbolic. The remedy is alcohol, freely and continuously applied.

This caustic action of phenol renders it utterly unfit for antiseptic use. No one would think of dressing a wound with carbolic dressings nowadays, unless he were willing to assume the responsibility for any poisonous effects which might ensue. A strong carbolic acid solution, kept for a considerable time on a simple cut or wound, sometimes causes gangrene. It always delays healing, because it destroys the delicate new skin cells. Carbolic was the original antiseptic introduced into surgery by the father of antisepsis, Lord Lister—but Lister himself eventually learned the dreadful poisonous properties of carbolic. Carbolic is the type of all germicides, the standard with which any alleged germicide is compared in tests. But the drug is so exceedingly harmful that there is no longer justification for employing it as an antiseptic whatever other uses it may have in medicine. There are plenty of safer antiseptics to take its

place—for instance, boric acid solution, or tincture of iodine. Peroxide, that other standby of the household medicine chest, is a joke. It will grow weaker if you don't watch it, and it will drive germs deeply into the wound if you do. And the watching of the bubbles constitutes the whole charm of this antiseptic. My work, then, is to look after the small things, to coordinate the details, so to speak. I have made myself entirely familiar with the way small communities are managed in Pennsylvania, for instance.

"One year I traveled over 19 counties taking notes of the conditions. I met mill workers, social workers, expert construction men, I climbed mountains and in one case rode over 170 miles of transmission line with binoculars in my hands looking for breaks in the insulation. I am not a graduate engineer, but I can construct great works, but it takes a woman to look after the small things, to coordinate the details, so to speak. I have made myself entirely familiar with the way small communities are managed in Pennsylvania, for instance.

"I take experience to learn these things, but a woman is fitted for the work to a certain extent. I have noticed the difference between men and women in this work. Men are able to plan big issues, to construct great works, but it takes a woman to look after the small things, to coordinate the details, so to speak. I have made myself entirely familiar with the way small communities are managed in Pennsylvania, for instance.

"Just enough danger to make them exciting. Questions and Answers Still Outgrowing It I am 22 years old and have had a running ear for 15 years. Doctors have given me medicine and told me I would outgrow it. I am almost deaf in the bad ear and my other ear is infected. An oculist specialist gave me vaccine treatment, which improved the condition, but did not quite stop the discharge. Answer—We supposed the doctors had outgrown the habit, but evidently they are still at it. Why not keep on with the vaccine treatment? That, plus the open-air life. Here is a rule without exceptions: No one ever outgrows any disease.

Thyroid Treatment What effect would thyroid tablets have on a very stout person if taken under a doctor's prescription? It worries me some as many doctors say thyroid is harmful. Answer—If your doctor prescribes it for you and sees you at regular intervals it is absolutely right. It will work miracles in proper cases. But thyroid is like a surgical scalpel—not for self-treatment.

Note Paper Novelties Spring brings out many interesting and always an artistic whatever other uses it may have in medicine. There are plenty of safer antiseptics to take its

Watch Your Step, Wives! Here are the reasons "why men leave home," according to a Chicago statistician: Stupidity of the wife, either of her own person, in her housekeeping methods, or both. Wife's habit of nagging or gossiping. Disturbance for children on wife's part. The same statistician remarks that a woman who is naturally cheerful and physically fit is seldom deserted. If she shows herself affectionate and home-loving and is willing to add to the family income either by working herself or by economizing, and if, above all, she is sympathetic and considerate of her husband's comforts, she couldn't lose him.

Veils, Like Skirts, Are Full of Vellings show a great deal of pleasing variety this spring. The wide-meshed veils are quite the rage, and black, navy, African brown and the grays are the most popular colorings, in spite of the brilliant pinks, greens and purples promulgated by Paris. Edgings on the newer veillings are of velvet, jet, Val, lace and braid. Most of the veils are wide and flowing, being attached to the crown of the hat and falling straight or in points over the shoulders.

Youthful Girdles Sashes on the little girl's frock are a noble and established custom, but fashions shift, and change we must have. The very latest girdle to clasp the young lady of three years' waist is made of four strands of ribbon, braided together and knotted at the front, falling in long ends and finished off with a tassel. Practical Device A set of rollers on the wash basket will save many unnecessary steps for the tired ironer. Blue Monday is blue enough for most women, and this little device will prove decidedly helpful to you.

HATS REBLOCKED Dyed and Cleaned 49 very latest models to 175 cts. A. E. Beldner, 907 Walnut Street

WOMAN NOW EDITING ENGINEERING REPORTS WAS A STENOGRAPHER

Miss Julia Blankenberg Rose From Humble Job to Present Position Through Her Love of Details

MEN OVERLOOK THEM

Familiarity With Technical Terms, Accounting and Scientific Management Makes Possible Her Work

Just what advantages are open to the stenographer, the simplest, most ordinary kind of a stenographer who holds down a "job" and nothing more—just what this girl can make herself if she makes up her mind to learn is shown by the career of Miss Julia Blankenberg, who, by the way, is not related to our ex-Mayor, Miss Blankenberg came to Philadelphia and took the first chance which came her way, in this case an opportunity to do stenography for a large engineering concern.

"I wasn't holding a position then," she tells you. "I was just hanging on to what I could get because I had to do a little by little I made up my mind to get a better idea of the business. After becoming office manager and private secretary to my present position. Just what you would call this I don't know, but I should call it 'official phraser,' for one thing.

"When we undertake to appraise a property, we send experts in this line out to inspect it. Now these men in nine cases out of ten, know exactly what they are talking about when they send in reports of conditions, but they have neither the time nor the power to write this out. I have to do all the reports, not only on engineering, but on any subject which comes in my line of work. This includes everything from iron castings to shoe factories. I am now appraising a shoe factory. I must be entirely familiar with the output, the financial expenditure, the labor system and all the details of the work in that plant. If there is a declinal out of place in one of the men's reports, I must be able to see it. Some of these reports cover 20, and some 200 pages. These must be digested, and the conclusion drawn.

"By drawing a conclusion I mean that I, as secretary of one of the members of the firm, am in touch with the firm's policy on such matters and I find out, before I read a report, their principles of action on the subject. It stands in the line of these principles must be just and the conclusion valid, because it means that perhaps hundreds of innocent people are waiting to invest in the concern which is under investigation. My work, then, is to examine the data on hand, verify the appraisals, correct the figures, if there are any corrections, and draw a conclusion from these details which will be satisfactory to the board.

"It takes experience to learn these things, but a woman is fitted for the work to a certain extent. I have noticed the difference between men and women in this work. Men are able to plan big issues, to construct great works, but it takes a woman to look after the small things, to coordinate the details, so to speak. I have made myself entirely familiar with the way small communities are managed in Pennsylvania, for instance.

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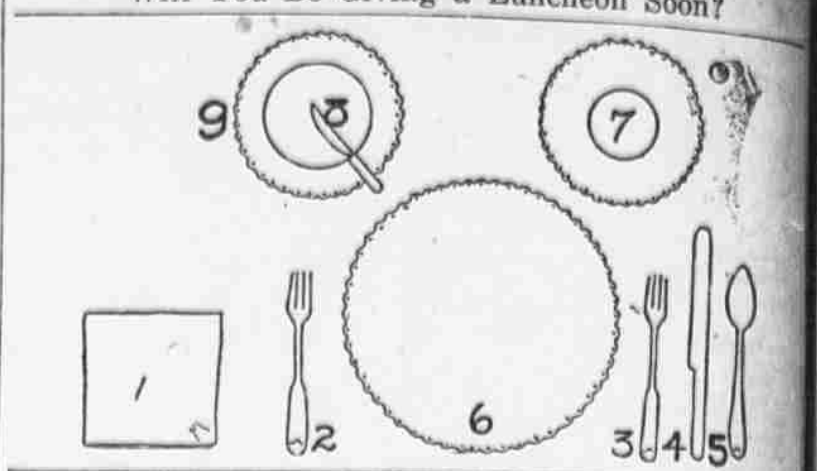
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PROPER SERVICE FOR PROPER TIMES

By VIRGINIA E. KIFT Will You Be Giving a Luncheon Soon?



A place at luncheon—Service explained.

- 1. Napkin 2. Fork 3. Salad fork 4. Knife 5. Soup spoon 6. Dishes for plate 7. Dishes in glass 8. Butter spreader 9. Dessert plate 10. Dessert spoon

A Luncheon Menu Rolls Butter Cream of Tomato Soup Soup-potluck Butter Veal Cutlet Potatoes Peas Fruit Salad Cheese Nuts Snow Pudding Custard Cake Sugar Cream

THE meat course of the luncheon menu is usually served in individual portions—never carved at the table. Squabs, duckling, cutlets, chops and croquettes are most appropriate.

The soup, salad, dessert and cheese are heavier than those on the dinner table. Cream soup, heavy fruit or nut salads, heufachet or cream cheese, fruit cake, heavy pastry and puddings (although heavy desserts are not in

Service Needed at Luncheon COURSE DISHES SOUP plates under soup plates MEAT large plate ROLLS AND BUTTER large plate, dolly, small plate, dolly WATER pitcher or corale VEGETABLES two dishes SALAD bowl for dressing CRACKERS AND CHEESE plate, dolly, dolly DESSERT glass dish pitcher or bowl for sauce COOKIES plate, dolly COFFEE cream pitcher

This can be tucked up in the kitchen or pantry and referred to between each course; embarrassing waits are then avoided, as the maid does not have to trust her untrained memory for details, but can see at a glance if everything for the course in progress was taken to the dining room. All silver service, clean dishes and accessories are brought in before the dish itself is placed before the hostess for serving. Any accessories not pertaining to the course in progress are removed before the course is served. The placing of the salad or fish fork at the right or left of the "cover" is often discussed. When placed at the left it must be lifted with the left hand and then

passed to the right hand before the guest can use it. It was to avoid this change and crossing of hands which this change in the fashion of placing it on the right side. Since "serving is only making things comfortable for other people," this new service seems to be a wise one. At any rate it is the present "fashion," and therefore is so placed in the above diagram. Now that you've read all about it, let your maid. It will avoid repetition of directions and help to impress on the memory the orders which you give. Now that you've read all about it, let your maid to give a luncheon, just to try out the new ideas? Copyright 1916 by Virginia E. Kift.

Just Had To I used to ride with Mary. I used to golf with Sue. I used to swim with Mabel. And dance with Sylvia, too. But gone are all these ladies. I'm rushing only Zoe; She's homelier than Hades. But—Lord, how she can row! —Punch Bowl.

Beware Paint! If you get a paint stain—and it is very likely to happen the first time you step abroad in the spring, when painting is going on—the best way to remove the stain from woolens is by using glycoline and soap. This will also remove cotton and linen. If it happens to be silk frock, however, use gasoline oil. Care must be taken to prevent ignition either from friction or a flame.

Embroidered Spring Frock Another influence which is directly attributable to Babel is the rage for weird oriental embroideries in greens, blues and yellows. Russian and Norwegian embroideries of every description are to be seen on suits, street and afternoon frocks. The theatre, of course, reflected this tendency long before the costume, as the trend of the modern theatre is towards the artistic. American women never looked better than in these unusual, beautiful blended colorings, and flowing filmy materials, ornamented with Oriental motifs in metallic and colored embroideries.

Kerosene for Tub The best way to clean an iron sink or a bathtub; in fact, any white ware which you don't want to be scratched, is to use a soft cloth soaked in kerosene oil.

Testing the Oven Can you tell a moderate oven from a quick one? Here is the cook's test: Place a teaspoonful of flour in the oven on a pan. If it burns while you count 12 the oven is quick. If it burns while you count 30 the heat is moderate.

Hair Ornaments Hats are high this year, so are coiffures. The hair ornaments worn show many interesting and ever fascinating varieties. The younger set may wear a fillet of brilliant velvet, gold or silver cloth or pearls, a la Mrs. Castle, across the forehead.

Treatment for Plant If your pet plant has been nipped by the too-early frost, restores them by putting them in a dark place, kept cool and absolutely without light until the warmer weather comes. Unless the case is quite hopeless, the plants will have entirely thawed out by the time spring comes.

Perfect Plumbing Material IS YOUR ONLY ASSURANCE OF PERFECT HEALTH Down in the tropics, where the death rate is highest, the sanitary arrangements are worst. Good sanitation, good plumbing, good health go hand in hand. Efficient plumbing is a matter of scientific design and construction, but with Fleck Bros. Co. Plumbing Material it is also the common sense of artistic design and durability. Safeguard your family's health with Fleck Bros. Co. Plumbing. Get the full particulars of the line and the Fleck Guarantees. Look over the entire Fleck line today in our model reached showrooms.

Fleck Bros. Co. SHOWROOMS 44, 46, 48 and 50 N. 5TH ST.

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