

CONCENTRATE THE GRUMBLES, M'LISS ADVISES WOMEN

And Get the Things You Ought to Have, Including Seats in Street Cars and High-speed Transportation

TWO hundred and five thousand women in the city of Philadelphia work. A man I know, who uses the Darby car line, says there must be more than that, because he is perfectly sure at least that many try to get into the same car that he does on mornings.

But my figures are round ones, culled from the statistics of the Consumers' League, whose business it is to know all about the working woman; and although I am perfectly sure that the entire number do not get to their offices and factories by way of the trolley, yet it is not an exaggeration to assume that at least 100,000 pay out their nickels twice daily in order to get to and from their place of work.

How many of these women get seats in the morning? How many after a day of toil and harassment cling desperately to a strap from Market street to Pelham, or jam the subway to the 69th street terminal, having about as much room as the crated chickens you see on Dock street?

What have these women done to obviate deplorable transit conditions? The women of Roxborough, who stand first on one foot and then on the other for the solid hour that it takes to get to the city, and pay 8 cents for the privilege, what have they done to better transportation facilities?

Grumble is the answer. We have all grumbled—at the shortage of cars, which is responsible for the crowding; at the length of time, and wondered if the high-speed transit system which would permit them to sleep a half hour longer in the morning and get home at a same hour at night would ever go into effect. We have grumbled at the shriveling of civility in the tired breasts of burden who sit hunched in their hard-won seats too weary to read the evening paper.

Why haven't we concentrated the grumbles? Why haven't we struck at the root of the trouble and demanded better transit conditions?

Here is a chance, it seems to me, for woman to prove herself. Of course, we want the ballot. Of course we're going to get it. But why wait? Why not organize, hold mass-meetings and issue an ultimatum:

"We are working women, 100,000 strong. We are important units in the industrial world. Three hundred and twelve days in the year, the working days, we pay out 10 or 15 cents a day in carfare. We can't afford this annual expenditure of more than \$31, or more than \$49, as the case may be, unless we get good service. High speed and seats. We demand it!"

I firmly believe that 100,000 women, determined and organized, can get anything they want if they insist hard enough. I do not think that women have to wait for the vote in order to make themselves felt in politics. It was said back in 1905, when the temper of the city was raised to fever heat by the intended gas works steal, that the attitude of the women who derided and instructed their children to deride the Councilmen favoring the pawn and hurled ridicule at them as they passed in the streets was in large measure responsible for the collapse of their schemes.

E. J. Cunningham, who has an oyster saloon in the neighborhood of 52d and Market streets, and who wants to supplement it with an alcohol bar, admitted yesterday that in the vote that was being taken, the women, because of their concerted action, would decide the issue.

Get together, then. Don't grumble individually. Grumble collectively, in a mass-meeting, say and get what you want—the seat you have paid for and the right to travel faster than a snail!

A Question of Location

International marriages, according to John Frederick Lewis, will make for peace among nations. Does not this seem like transferring the battleground from the field to the hearthstone?

Is It Wise to Leap?

A woman lawyer of New York announced at the outset of this new year of 1914 that she believed every unmarried woman should take advantage of the "leap" and propose to the man of her choice.

The age-old question answered so cleverly by George Bernard Shaw some years back, when he wrote "Man and Superman," up again. What chance of escape does a man have when a woman makes up her mind to have him?

John Tanner, the hero of the brilliant satire, was, to drop into the vernacular, a "slippery proposition." He thought he "saw through" Anne and her tactics. That was where he made his initial mistake. For any man who knows anything at all about men will tell you that those who believe they understand women are the softest clay even in a stupid woman's hands.

But Anne was clever. No leap year methods of "John, dear, I love you, will you be mine?" Her game was an insidious one, resulting in the complete surrender of John.

True the beautiful Inez Milholland Bollesvaln "got away with" a raw, straight-from-the-shoulder proposal. Or, to be exact and quote the lady herself, she had to "propose three times before Eugene could be made to see that she loved her." This denotes a callousness of sensibilities, a dauntlessness of spirit, however, not given to the average woman. Even those who believe it to be woman's inalienable right to get the man she wants deary such bald methods as being in the main impracticable. Ambuscade is often more effective than an open charge. Sometimes stooping will conquer more quickly than leaping.

Attention, Mothers!

Maybe mothers don't know how to look after their kiddies, anyhow. I am led to make this reflection because of a series of lectures to be held under the auspices of the Woman's Medical College, commencing January 12.

Under the general topic of "Health Problems of Everyday Life" such interesting subjects as the "Care and Feeding of Children," the "New-born Baby and Its Needs," the "Health of School Children" and "Problems of Parental Care" will be discussed.

I was talking to Dr. Clara Marshall, dean of the college, yesterday in regard to this course, and she told me that it is the first of its kind to be given in the country and that it has been arranged in response to numerous appeals for it. The various topics will be presented in a clear, practical manner, with an elimination of all the unnecessary medical and technical terms. M'LISS.

Letters to the Editor of the Woman's Page

Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Dear M'Liss—I have read your article in this EVENING'S LEDGER, and wonder if Miss Mary H. Ingham would advise me? In 1909 I invested \$120 in the \_\_\_\_\_ Company. In October, 1914, this company was made a subsidiary of the \_\_\_\_\_ Company, and my stock was exchanged for a coupon bond \$100 and a short-term note for \$27.20, with interest. The note was due April 1, 1915, with the privilege of extending payment six months.

Neither interest on the note nor bond has been paid, as I have received notice not to place same in the bank, as they would not be paid. I have received several communications asking me to return the bond and note, also \$5, and to receive stock for same. I tried to get some information from the \_\_\_\_\_ Bank, but could not. I don't want to lose the money I have invested. If possible, and yet do not care to risk more unless it were wise. I have to work hard to get it.

I am inclosing latest circular received, and would consider it a great favor if you would give me some light on the subject.

Thanking you in anticipation of your kindness, I am, Yours truly, E. M. Miss Ingham will be glad to advise you.

Dear M'Liss—Kindly tell me what to clean an old typewriter with. It has been allowed to remain uncovered and the dust has accumulated in it. OFFICE. Benzine and an old toothbrush will do the work.

SEEN IN THE SHOPS



A HANDSOME TOPCOAT FOR MANY USES

THIS voluminous Hudson seal coat beside being handsome is very practical, being quite the proper thing for almost any occasion. Its warmth makes it desirable for motoring, and it is good looking, too, as an opera wrap in an emergency. Skunk fur is used as trimming, forming a deep collar, which may be worn in the fashionable chin-chin style, or open at the throat. Muff cuffs of the same are shown, and a wide border edges the coat all the way around. A novel feature is the reversible belt, which is made in such a way that it may be worn at the front or at the back of the garment. The coat is a seven-eighths model, but in these days of extremely short skirts it looks fully three-quarters long. The price is \$275.

The hat shows the newest aeroplane shape, and admirably suited to wear with the coat, as it is made of seal with seal brown wings. The price is \$15.00.

Full particulars as to where this costume may be purchased can be obtained by sending a stamped, self-addressed envelope to the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. Please mention the date on which the article appeared.

MISS A MEAL OCCASIONALLY IS GOOD HABIT TO HELP HEALTH

By WILLIAM BRADY, M. D.

THAT most of us eat too much and that most of our ills are directly or indirectly the result of overeating is now pretty well known. If good evidence is demanded to support the idea, we have it in the remarkably good results obtained in the treatment of various ailments by fasts.

Right here let us beg both physicians and laymen to refrain from calling fasting, starvation. To fast means to abstain from food; to starve means to die from hunger. One may fast voluntarily and with good effect; one would not voluntarily starve. The careless misuse of the term starve or starvation when a fast is meant tends to frighten timid invalids and perhaps oppose an insuperable obstacle to a very necessary, beneficial fast.

One of the most spectacular applications of therapeutic fasting is the new treatment of diabetes. By means of a preliminary fast of a few days it is possible, as investigators in the Rockefeller Institute, New York, and elsewhere have shown, to clear up the glycosuria (sugar in urine) and place the patient in a state of balanced metabolism which can be reached in no other way so promptly and safely. A 12 to 24 hour fast is an old and efficacious remedy for an acute so-called "cold."

People are generally obsessed with the belief that it is dangerous to skip a meal or several meals. That three square meals a day are essential for good health and strength. That loss of appetite is a thing to be whipped into shape by all sorts of artificial stimulants, whereas in fact loss of appetite is mostly a fortunate thing for the overfed.

Missing a meal occasionally is a habit most of us ought to acquire. Especially if we are a few pounds overweight for our age and height. Especially if we are of a "bilious" type. Especially if we are subject to indigestion. And very especially, if we are victims of that many-sided condition, auto-intoxication. Missing a meal is a lot better than tampering a meal down by the help of cathartics. Fasting, as a remedy for one whose health is frankly poor, for one with a definite disease, is not an experiment to be tried as a patent medicine, but a powerful therapeutic measure to be applied only by the physician who thoroughly understands the patient and his disease.

QUESTIONS AND ANSWERS

The Grape Juice Propaganda Is grape juice (unfermented) a nutritious, healthful beverage? How does it compare with wine? Answer—Grape juice possesses at least

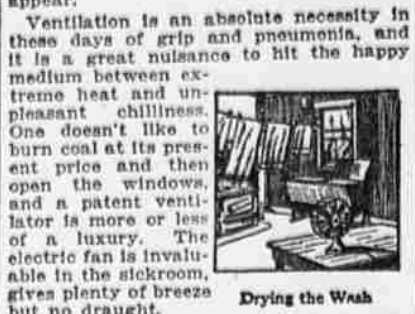
How to Use Your Electric Fan

The electric fan is always associated with blating pavements and a temperature of 90 or so, when its many uses are decidedly welcome.



Helping heat a room. Monthly account of some of these uses. Talks, for instance, the problem of drying paint in the house, quickly and efficiently. The best way to do this is by turning the fan on for a short time. The glass will be better and there is less danger of the deadly "painter's colic."

Another very clever trick is to turn your fan on and allowing it to dry the many little articles which you "do up" in your room. It will also take the dampness out of the clothes which have been washed and ironed, leaving no trace of a soapy odor. The same may be said of any odors in a room—either of cooking, paint or medicine. Turn the fan on for a few minutes and these will quickly disappear.



Drying the Wash. Ventilation is an absolute necessity in these days of grip and pneumonia, and it is a great nuisance to hit the happy medium between extreme heat and unpleasant chilliness. One doesn't like to burn coal at its present price and then open the windows, and a patent ventilator is more or less of a luxury. The electric fan is invaluable in the sickroom, gives plenty of breeze but no draft.

It is a well-known fact that there is little or no dust lodging where an electric fan is running, so a wise shopkeeper installed one in his show window. The small particles which escape the most vigilant housekeeper's eye will soon fly off in the blast of the fan. Another instance of a luxury. The electric fan is invaluable in the kitchen which is filled with smoke, thereby endangering the eyes of the cook as well as the color of the walls, may be quickly cleared off by using the fan. There are only a few of its many winter uses, but they prove the contention that it is just as useful at this time of the year as at other times, even more so.

Stephen Decatur Chapter Meets

The Stephen Decatur Chapter will hold its regular meeting this afternoon at the Plastic Club, 217 South Camac street, following the exercises yesterday, when, on the 13th anniversary of the birth of Stephen Decatur, they placed a wreath on his grave in the burying ground, a custom that has been followed for several years, by Mrs. John A. Magie, regent of the chapter. The members who will receive this afternoon will be Mrs. H. C. Pennypacker, Mrs. E. C. Maffey and Mrs. A. L. Phillips.

Not a Tramp; A Swim

A ragged hobo, weak and cold. Was walking over a bridge I'm told. Beneath him rushed the waters wild. He heard a cry, "O, save my child!" And looking downward o'er the rail, He saw an orange cold and pale; He stood upon the mossy brink And watched her little daughter sink In the briny dark and deep. While Mother Orange stooped to weep. The tramp was brave and he was bold And dived straight in the waters cold; He shouted out, "I'm not afraid, I'll get your little orange!" —Penn State Froth.

Try These Little Hints

The corners of your rugs will not curl if you make a stiff flour starch and apply it carefully to the corners, allowing them to dry in the sun.

A piece of butter the size of a pea will prevent the oatmeal from burning if placed in the bottom of the pot.

A burn will not blister if quickly treated with kitchen soda and four-and-water paste. It takes the smart away, too.

White of egg mixed with a faxseed poultice will keep the tenderest of skins free from blisters.

"Deerfoot Farm"

—we value this name too highly to let it stand for anything less than the best.

That's why Deerfoot Farm Sausage has come to mean the utmost in quality.

Marion Harland's Corner

Indelible Marks on Ivory. I HAVE musto of nearly every description that I will gladly send to any one who will pay postage. I also have calico and gingham pieces to offer. May I ask if any one has a trombone or clarinet he no longer has any use for, or the song, "Beautiful Isle of Somewhere"? Could I put in a plea for one or both? I should be more than grateful for the favor. Can any one tell me how to take indelible pencil marks off piano keys? Also, how to remove ink stains from linen? A. P.

Game for Church Social. I enclose the game of penny for Thomas M. I hope she will have as much fun out of the game as I have had. This is a pleasant amusement in a home gathering or small gathering and can be used to "break the ice" in a larger party. Each person is supplied with a common copy of a pencil and a piece of paper. Then the following contrivances are then prepared. The answers will be written on the two sides of the penny and are written down on the paper. Find on the penny the following articles and objects:

Request for Glasses. I must thank you for the kind personal letter in answer to mine and for the practical suggestions which I followed with gratifying results. I thank the Corner over and over for the good it has done. I must tell you that I wrote to Herbert L., whose address I had from you. He answered at once and I had the pleasure of sending to him some of the books he wanted. He wrote a beautiful letter in acknowledgment, and we have corresponded at intervals ever since. I was not so fortunate with regard to Beatrice B., whose address I obtained from you. I sent her patches and blocks, all ready set, postpaid, but no word of acknowledgment from her as yet. I also wrote to Mrs. E. M. McN. for eyeglasses about six weeks ago. She never answered. Should you know of any one offering glasses please put me in touch with him or her. I wish the Corner all success in its work. I have been helped so much. It is my first pleasure after breakfast. I hope to be of more help in the future to you and your family. MRS. L. K. B.

Directions for Curing Olives. Here are directions for curing olives, green or ripe: Dissolve one small can of concentrated lye in five gallons of water. The easiest way to handle them is pack olives in one-half gallon glass jars, cover with lye water, keeping all under water. After three days taste one. If any bitterness remains let them stand another day; then try, watching closely at this time if they get soft. Should the lye be too strong when they are no longer bitter.

Collecting Coins. I am interested in collecting foreign and United States coins. I should be grateful if you will supply me with the address of some local coin magazine.

Business addresses are excluded from the Corner, but we will forward by mail any information upon this point supplied by brother numismatists.

All communications addressed to Miss Harland should include a stamped, self-addressed envelope, and a clipping of the article in which you are interested. Send to Marion Harland, Evening Ledger, 608 Chestnut street, Philadelphia.

HEMSTITCHING

5 CENTS A YARD Hand Embroidery—Press, Pleating Buttons Covered—all styles MAIL ORDER PROMPTLY ATTENDED TO Modern Embroidery Co. Spruce 2305. 1602 Chestnut St.

Buckwheat

The real old-fashioned kind we used to have when we were youngsters. 60c for a 12 lb. bag.

Agents for Deerfoot Farm Sausage Maple Syrup and Honey.

E. Bradford Clarke Co.

GROCERS IMPORTERS 1520 Chestnut Street RACE 1457 SPRUCE 296

Announcing a First-of-the-Year Clearance of

Choicest Furs

All Hats Reduced to \$5

Furs Millinery Blouses and Sports Suits

Fur & Millinery Shop

1423 Walnut Street



MILLIE AND HER MILLIONS

(Copyright, 1914.)

JUST AN INFORMAL AFFAIR



HOW DO YOU DO MY DEAR? HOW HAVE YOU BEEN?

NEVER SAW YOU LOOK BETTER, MILLIE.

WHILE I THINK OF IT CAN YOU COME TO US ON THE 25TH?

WE'D BE DELIGHTED. IT'S A LARGE PARTY?

RAWTHAN.

NOT VERY LARGE. WE'RE GOING TO OPEN OUR PRIVATE MOTOR-DROME AND WE'RE INVITING A FEW FRIENDS.

OH! HOW LOVELY.

WE'RE ONLY ASKING A FEW HUNDRED.

I'M AWFULLY GLAD YOU CAN COME.

AND WHO'S GOING TO COMPETE?

ALL THE PROFESSIONALS. WE'RE OFFERING \$50,000 IN PRIZES.