SKYSCRAPER HOUSEKEEPING DIFFICULT WORK, SAYS M'LISS

Mrs. Mattie Boyd, Who Directs the Cleaning of the Land Title Building, Keeps Ninety Women Busy and Happy

TOU'VE got to have a pretty level head on your shoulders, as any competent I housekeeper will tell you, to keep even one small-sized home in a presentable condition.

How'd you like to be responsible for the spick-and-span appearance of a huge office building with 1400 offices in it, all of which must be cleaned up and the debris of the day's toll cleared away before 9 o'clock in the morning?

For the past 18 years Mrs. Mattle Boyd has been the official housekeeper of the Land Title Building. During that time she has seen that skyscraper grow to twice its size and has had to increase the number of workers until there are \$0 names on the payroll of her force alone.

I saw Mrs. Boyd at 9 this morning looking as fresh as an April flower, though she had been on the job since 6 o'clock supervising the work of the women under her.

"It takes some speed," she told me, "to get the offices ready. There are 1400 of them and in many cases they are partitioned off, making several rooms to each. Floors that are uncarpeted must be washed. Carpets must be dustless, marble work immaculate, wastepaper baskets emptied scrupulously and the whole place must be absolutely speckless. It means quick work, which we could not do only in the morning, and so the day is divided into two shiftsfrom 5 to 9 in the morning and from 5 to 8 at night. We have it so planned that the heavy cleaning is done at night, that is the clearing away of the waste dirt, and the washing and dusting is left for the morning."

The servant problem? It doesn't bother Mrs. Hoyd in the least. That's the reason she's been able to hold her job for 18 years. She's never had a strike and never been so handlcapped by a lack of workers that the offices were not ready when the army of lawyers, real estate brokers, insurance men and so forth who make their daily habitat there begin to silde back the tops of their

"I find that if you get good workers in and treat them right they help you to keep your force up. If one has to leave, she or some one else usually knows a woman who would like to have the job. I find that if your system is good and If you adhere to it without deviation it's just as easy to direct one person as 50 or 90. But you must have a system. The lack of it always means that things

Suffering in Silence

The young woman who kept a bullet in her neck for two days rather than alarm her parents showed more spirit than foresight. Doubtless her mother has more than made up for her two days' respite from worry at the thought of the delayed medical treatment.

The Ideal Chaperon

Lo, the chaperon is still with us, in all her glory and charm. She seems to be the one remaining institution of a bygone era, a living link of the past

Judging from the modern tendency of maids and their swains to hop off on all sorts of excursions together away from the eagle eye of an older person. one might be led to believe that the art of successful chaperonage was fast becoming a lost one. But it isn't.

A delightfully motherly and understanding person chaperoned a house party that I attended recently. Instead of projecting herself into all of the activities, of racing to the movies with us and out on the skating pond, she stayed quietly behind, secure in the thought that there would be no violation of her trust.

Her attitude was this: You're all nice boys and girls. I'm simply here to satisfy the demands of Madame Grundy, who is dying hard. Go your way and

We did, and loved her for it. Would there were more like her who knew the art as well.

Youthful Economists

The Campfire Girls of Philadelphia must be economists, indeed, if they can do the marketing for one week for \$2 for one person, and I imagine that a great many housewives who consider themselves experienced will want to sit at the feet of their instructor after reading of their accomplishments. I imagine, however that marketing successfully for one person at the rate

of \$2 a week would be dependent on the number to be supplied. Certainly it might be possible to provide food for 10 with \$20, but could two people grow fat on \$4 a week. One of the most economical women I know registers an emphatic "No."

Letters to the Editor of the Woman's Page Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only

Dear M'Liss-Please tell me the meaning of the name "Isabel." "Isabel" signifies modesty and chastity.

Dear M'Liss-I have heard about the use of the electro-magnet in war, but can't understand how it is used. Can you help me?

I'm afraid the subject is too comprehensive to be treated satisfactorily here. There are many uses for the magnet, chiefly in taking out pieces of shell from wounds, etc. Read the article in the current Popular Science Monthly.

Dear M'Liss-How can I clean a gilt picture frame without injuring the DOROTHY.

The best way to do this is by rubbing over gently with a sponge moistened with oil of turpentine. This must be carefully and lightly done. Let it dry in the air.

Dear M'Liss-Where can I get in touch with the woman who does the expert mending ? You wrote of her a short time ago. Thanking you, I am, M. M. L., Oak Lane.

This woman can be reached through the Woman's Exchange, 114 South 17th street, Philadelphia.

Dear M'Liss-Can you give me a good recipe for Turkish Delight? CONFECTIONER. An ounce of gelatine dissolved in half a cup of water, grated rind and juice

of a lemon and an orange, half cupful of cold water added to two cupfuls of granulated sugar. When dissolved mix and boil for 20 minutes. Pour in a shallow vessel and let stand for 24 hours, rolling each in fine sugar. By using rosewater you get the Turkish flavor.

Dear M'Liss-What is a Holy Ghost flower?

This is a species of rare orchid, called the Mexican orchid. It is so called because the opening of the flower shows a perfectly formed little altar with a dove inside. It shades from pure white to brightest scarlet.

Dear M'Liss—Is Mothers' Day a legal holiday? Is Good Friday?

DORIS.

Theorem and on music are no longer in our gift. Perhaps another instrument may be offered in reply to your request. Yuletide leaves humane hearts wondrous soft. Mrs. H. will, we trust, see your letter and duplicate her address through us. She probably resolute for the patterns. This is a species of rare orchid, called the Mexican orchid. It is so called

No. although it is officially observed in several States. (2) Good Friday is a legal holiday in Alabama, Connecticut, Delaware, Florida, Louisiana, Maryland, Minnesota, New Jersey, Pennsylvania, Porto Rico and Tennessee.

Dear M'Liss-Can you tell me what are considered the normal measurements for a perfect figure?

CURIOUS. According to Mr. Frank Mitchell, of the Chicago Garment Manufacturers' Association, as given in the Chicago Tribune recently, they are: Neck, 131/2 inches; girth, bust, 37; waist, 26; hips, 40.

Dear M'Liss-What shall I do for tired feet? If you mean the tiredness that comes from hard work or standing too long, I should advise you to bathe them in a warm salt solution every day and then rub down with linseed oil. If the trouble is more radical, see a doctor.

MILLIE AND HER MILLIONS

SEEN IN THE SHOPS



A SMART AND PRACTICAL HOCKEY SUIT

ERE is an attractive suit for the out-of-doors girl, whether she skates, plays Here is an attractive suit for the outset, which is made of brushed wool, consists of a cap, scarf and sweater, and may be had in white, copen, rose or hunter's green. The price is \$12.50.

Full particulars as to the place where this costume may be purchased can be obtained by sending a stamped, self-addressed envelope to the Editor of the Woman's Page, Evening Ledging, 508 Chestnut street. Please mention the date

Marion Harland's Corner

Quilt Pieces Wanted

SHOULD like much to get a few pieces of silk, velvet, etc., to finish a quilt I have begun. I see that a lot of these are offered by a member. If I am not too late would you let me have some of them? I would gladly pay postage upon them. I return thanks to Mrs. F. H. for the poem she so kindly sent to me. "MRS. W. A. N."

If readers are disposed to marvel at the steady drain upon ragbags and piece drawers manifest nowadays they will please bear in mind that winter nights are long and that elderly women who do

are long and that elderly women who do not cheat time of weariness by solitaire and bridge must have some entertainment for the mind and employment for the hands that would otherwise hang down with weariness.

Fond of the Great Oratorios

"Though a mere man, I read and enjoy your Helping Hand Corner, and now won-der if you can help me. I am a working man with a large family to support, and am, therefore, not always able to get the things I desire. Of late years I am somewhat deaf and am debarred from the nejoyment of church services, lectures, etc. Despite my deafness, my greatest pleasure lies in playing the organ; and I am proficient enough in this to play at the services of a little chapel which I at-I give my services gladly, as I feel tend. I give my services gladly, as I feel I am doing what I can 'in Hls name.' What I most earnestly desire is a book on harmony, so I could learn more of the technique of music. I am entirely self-taught and realize my limitations. I am especially fond of the great oratorios, and it has always been my greatest wish to obtain copies of The Mesself with the obtained to the copies of the cop est wish to obtain copies of 'The Mes-siah,' 'Elljah' and 'Tannhauser.' I am familiar with a portion of these works and should love to have an opportunity to practice them. If you can help me to obtain these my gratitude will know no measure.

P. E. W."

Musicians who have read (and what music lover has not?) the story of deaf Beethoven and his achievements after the terrible affliction fell upon him will recall it with vividness in perusing the foregoing letter. There is pathos in every line, but throughout one recognizes the unconquerable spirit of the true artist and brave man. Let him have all the books and music we can procure for him to mitigate the sorrow which he bears like the Christian hero he is. He asks but little and he should not sue in vain. He realizes his limitations. Let us lessen the weight so far as human kindness can

Alone in Leisure Hours

"Could I have the mandelin and the music offered by O. C., I am an office clerk, atone in the city, and spend all my evenings, Sundays and holidays alone in my room. I am unable to read, as my eyes are weak, but I learn music ty heart, so would need to read only a little of the music at a time. I promised to send Mrs. H. some embroidery patterns, but in moving I lost her address, and am unable to reach her. Is there any way

of finding it again through the Corner?
"FLORENCE S."
Unfortunately the mandelin and music calls her request for the patterns.

Wants to Adopt a Doll

"I am fond of dolls, and mother can't afford to buy me one. We are nine in the family. I am a girl of 10 years of age. Please answer. ROSE S." Please answer. ROSE S."

We answer by asking other little girls who have a doll or two to spare to read how you have none and to think how unlikely you are to be able to buy one when there are nine children to be fed and clothed. A large family is often a blessing. It has drawbacks when "there's little to spend and much to buy." I am sanguing that our junter means any time. sanguine that our junior members will not turn a deaf car to the special calls we are making upon them newadays.

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They cannot learn too soon the divine blessedness of giving. It is a joy that grows with the practice of the virtue.

Camera Will Make Them Happy

Do not talk of making a return in any-thing tangible for the camera we should dearly enjoy getting for your boys. We discountenance exchanges of that sort. At the same time we enter into your de-sire to offer an equivalent for what you desire so earnestly. If we can find a dis-used camera you shall be seen to the same talk.

Harland should inclose a stamped, self-addressed envelope, and a clipping of the article in which you are interested. Send to Marlan Harland, Evening Ledger, 608 Chestnut street, Philadelphia

TOM DALY TO SPEAK

Delivered Tonight

The second of a series of six lectures on "Humor and Humorists of the 15th Century" at St. Joseph's College by Tom Daly, of the Evening Lengen, will be given tonight in the auditorium of the college, 17th and Stiles streets.

The lectures have proved popular and the educational value the students of the evening closes of the evening closes of the evening closes.

evening classes are receiving from them

"I am anxious to get a good camera, but can't afford one. If anybody has one he or she would give away I will send a

as or she would give away I will send a pretty hand-embroidered collar and cuffs in return for it. I have three dear boys, asca 6 to 12, who are begining to love nature. I try to live close to my boys and make them happy and good. I am sure you understand that a camera will make four people happy.

Do not talk of make MRS, J. R. D."

used camera you shall have it wit money and without collars and cuffs. All communications addressed to Miss

Second of Series of Lectures Will Be

HEALTH AND HYGIENE TO BE DISCUSSED IN PRACTICAL TALKS

Series of Instructive Lectures Scheduled by Members of Faculty of the Woman's College

WIDE RANGE OF TOPICS

Experts in Varied Lines of Medical Knowledge to Give Useful Information at Weekly Intervals

An answer to the cry of the times, conservation of human life and education of the people as to how this can be accomplished, is made by the members of the faculty of the Woman's College of Pennsylvania, 2181 North College avenue, who have prepared a series of lectures, to be given weekly for the public, between January 12 and March 29.

Dr. Clara Marshall, dean of the college, says no technical terms will be used, and women of all classes can understand. Each lecture will be followed by a quostionnaire. Mothers, schoolteachers, social service workers and mothers of tomorrow will form the audiences. Preceding the course proper, January 7,

Bernard J. Newman, executive secretary of the Philadelphia Housing Commission, will speak on the subject, "Maintenance of Public Health," He plans to show how Philadelphia can spend less money on hospitals and bring forth a stronger, leading the rate. healthfer race.

We personally favor wool or slik and wool, knitted underwear, light weight, for every one-but it must be a complete suit, The regular course, which begins on January 12, will deal with phases of hu-man life in a scope so varied that it reaches from before the birth of man until he reaches old age.

Dr. Ruth Webster Lathrop, professor of

Dr. Ruth Webster Lathrop, professor of physiology of the college, will open the series with a lecture on "Normal Activities of the Human Body." This will give the women a new idea of the use of the various parts of their bodies and the proper care of them.

Dr. Martha Tracy, also of the college faculty, will give second and third lectures, "The Principles of Nutrition," on January 19 and "Food and Efficiency" on January 26. She is in charge of the physiological chemistry department and is peculiarly fitted for these subjects.

Dr. Henry Leffman, professor of general chemistry, toxicology and hygiene, is to give two lectures, the first on "Dangers of Impure Food" on February 2; the second on "Domestic and Municipal Control of Transmissible Diseases."

Special talks on the care of her body will be given women in a series of lectures, the first on February 9, when Dr. Ella E. Everitt, profesor of gynaecology, talks on "Health Problems of Women and Girls" on February 18, when Dr. Alice Weld Eallant professor of obstetrics,

Weld Eallant professor of obstetrics, takes the subjects, "Problem of Pre-Natal Care" and on February 23, when she talks a econd time, with her subject as "The New Born Baby and its Needs."

Problems of caring for the little ones after they arrive will be discussed on March 1, when Dr. Theodore Le Boutiller, clinical professor of pediatrics, takes as his subject "The Care and the Feeding of Children"; on March 13, when Dr. Ellen Culver Potter, clinical professor of gynaecology and medical inspector of the Fhiladelphia public schools, talks on "The Philadelphia public schools, talks on "The Health of School Children." "Personal Hygiene" is the subject as-signed for March 22, when Dr. Florence

Harvey Richards, formerly inspector in materia medica and therapeutics, now medical inspector of the William Penn

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My HABY, aged 3 years, writes a pro-disease should live 20 years, A most ately warm climate is proferable, at requent attacks of croup a few nights ago, and still is wearing a piece of fiannel on her chest. Shall I take it off? What can I do to make her "take cold" less frequently? She is a spiendid baby and won a prize in a Better Baby Contest. When a child has croup must she sleep in a warm room? Would she be less liable to "colds" if she wore cotton instead of wool silk-lined undershirts? Do you believe in rubbing the cheat with any grease for a cough? When a child has croup in the night and is apparently all right next day, should she go outdoors to play? What Cyanosia Means Please explain in the paper what or cosis means, and what disease it has cates.

Answer—Cyanosis is the medical time given to the bluish tint of the skin when the circulation is greatly embarrases. It is a symptom of heart disease vanced lung disease and of poisoning is any of the heart-weakening coal tar resident. o play? Answering these queries in order, we Salt Water for Sore Eyes Answering these queries in order, we depose and testify as follows:

Why put the flannel on in the first place—to shut out the "cold"? Would you close the door after the colt has scampered away? The sooner you take it off the better for the child. How strong salt water would you at vise for bathing eyes?

Answer-Never stronger than a level tablespoonful of salt in a pint of bolks water. This is about the saline strength pered away? The sconer you take it off the better for the child.

To prevent respiratory infections of all kinds, call them "colds" if you will, the first essential is DON'T CODDLE—don't discriminate in favor of, or against, any particular area c. the skin of the body. Dress comfortably, neither too much here nor too little there.

A warm room is necessarily one with inadequate ventilation. No heating contraption yet devised will heat all outdoors. No bedroom not open to the free passage of open air is hygienic. We have never ye met with a case of croup in a child sleeping in a well-ventilated bedroom—one in which the air is cool or cold as the outside air, but the child as warm as toast. Cold air is Nature's preventive of croup. Let the child have plenty of it to breathe, and yet keep the child comfortably warm by means of special sleeping garments made for those who have the porch-sleeping habit.

We presently tayor wool or silk and of the tears.

IT FROM TAKING A BAD COIN

DON'T CODDLE THE BABY TO KEEP

By WILLIAM BRADY, M. D.

Mother's arms under you,

-Christina Georgiana I

By a wonderfully improved method I can remove the desp-eat wrinkles, restore contour and freshen the skin in a few days. Will give reduced rates up to Feb. Ist, 1916. This work is guaranteed.

not the shirt alone, and wool or silk stockings, too.
The only "grease" suited for rubbing the chest, we think, is camphorated oil (that is, for children). Dissolve all the powdered camphor very hot olive oil or sweet oil will take up, and keep tightly corked, for camphor is volatile. Rub it all over the chest, front and back, over throat and bridge of nose, once or twice a day. But no flannel "coddling" after-105 Flanders Bldg., 15th & Walnut Sts.

No matter what a child has in the night, oors is the place for the child next Particularly is this true if the child has any kind of respiratory disease—out-doors is the place to fight the Indoor

the shirt alone, and wool or silk

porch-sleeping habit.

QUESTIONS AND ANSWERS

Bright's Disease Without Albumin Is it possible for one to have chronic Bright's disease without having albumin in the urine? How long can a patient

with chronic Bright's disease live if he careful? Would a cold or warm climate e preferable for such a patient? Answer-Chronic interstitial Bright's Bright's disease is often seen without albumin in

LOVE ME-I LOVE YOU Love me-I love you, Love me, my baby; Bing it high, sing it low, Sing it as it may be.

Her eyes above you; Sing it high, sing it low, Love me—I love you.

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Only Method of Permanently Removing
Runerfluous Hair MISS PINAUD

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Dr. Charlotte B. Martin The single electric needle method at the only method enjoying professional licensure and confidence for the perma-nent removal of superfluous hair and other superficial growths.
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REALLY, MONTY, YOU IT SEEMS THAT ALL THERE'S NO USE LOOK HERE -ER-BUTISAY WHAT'S THE I DON'T KNOW WHAT'S IT ALL WHY MUST YOU INSIST ON SURPRISE MEAT REALLY QUITE HOPELESS MY EFFORTS AT TEACHING TROUBLE NOW, PRINCESS, YOU WHERE YOU GET TIMES YOU HAVE BEEN IN VAIN. KNOW VERY ABOUT, ANGEL? LIGHTING YOUR MATCHES WHEN SUCH PLEBEIAN MY DEAR? WELL THERE ARE SEVERAL IDEAS FOOTMEN TO DOT IT FOR YOU.

(Copyright, 1913.)