

SKYSCRAPER HOUSEKEEPING DIFFICULT WORK, SAYS M'LISS

Mrs. Mattie Boyd, Who Directs the Cleaning of the Land Title Building, Keeps Ninety Women Busy and Happy

YOUVE got to have a pretty level head on your shoulders, as any competent housekeeper will tell you, to keep even one small-sized home in a presentable condition.

How'd you like to be responsible for the spick-and-span appearance of a huge office building with 1400 offices in it, all of which must be cleaned up and the debris of the day's toil cleared away before 5 o'clock in the morning?

For the past 18 years Mrs. Mattie Boyd has been the official housekeeper of the Land Title Building. During that time she has seen that skyscraper grow to twice its size and has had to increase the number of workers until there are 90 names on the payroll of her force alone.

I saw Mrs. Boyd at 9 this morning looking as fresh as an April flower, though she had been on the job since 6 o'clock supervising the work of the women under her.

"It takes some speed," she told me, "to get the offices ready. There are 1400 of them and in many cases they are partitioned off, making several rooms to each. Floors that are uncarpeted must be washed. Carpets must be dustless, marble work immaculate, wastepaper baskets emptied scrupulously and the whole place must be absolutely spotless. It means quick work, which we could not do only in the morning, and so the day is divided into two shifts—from 6 to 9 in the morning and from 5 to 8 at night. We have it so planned that the heavy cleaning is done at night, that is the clearing away of the waste dirt, and the washing and dusting is left for the morning."

The servant problem? It doesn't bother Mrs. Boyd in the least. That's the reason she's been able to hold her job for 18 years. She's never had a strike and never been handicapped by a lack of workers that the offices were not ready when the army of lawyers, real estate brokers, insurance men and so forth who make their daily habitat there begin to slide back the tops of their desks.

"I find that if you get good workers in and treat them right they help you to keep your force up. If one has to leave, she or some one else usually knows a woman who would like to have the job. I find that if your system is good and if you adhere to it without deviation it's just as easy to direct one person as 50 or 60. But you must have a system. The lack of it always means that things will go awry."

Suffering in Silence

The young woman who kept a bullet in her neck for two days rather than alarm her parents showed more spirit than foresight. Doubtless her mother has more than made up for her two days' respite from worry at the thought of the delayed medical treatment.

The Ideal Chaperon

Lo, the chaperon is still with us, in all her glory and charm. She seems to be the one remaining institution of a bygone era, a living link of the past with the present.

Judging from the modern tendency of maids and their swains to hop off on all sorts of excursions together away from the eagle eye of an older person, one might be led to believe that the art of successful chaperonage was fast becoming a lost one. But it isn't.

A delightfully motherly and understanding person chaperoned a house party that I attended recently. Instead of projecting herself into all of the activities, of racing to the movies with us and out on the skating pond, she stayed quietly behind, secure in the thought that there would be no violation of her trust.

Her attitude was this: You're all nice boys and girls. I'm simply here to satisfy the demands of Madame Grundy, who is dying hard. Go your way and have a good time.

We did, and loved her for it. Would there were more like her who knew the art as well.

Youthful Economists

The Campfire Girls of Philadelphia must be economists, indeed, if they can do the marketing for one week for \$2 for one person, and I imagine that a great many housewives who consider themselves experienced will want to sit at the feet of their instructor after reading of their accomplishments.

I imagine, however, that marketing successfully for one person at the rate of \$2 a week would be dependent on the number to be supplied. Certainly it might be possible to provide food for 10 with \$20, but could two people grow fat on \$4 a week.

One of the most economical women I know registers an emphatic "No." M'LISS.

Letters to the Editor of the Woman's Page

Address all communications to M'LISS, care of the Evening Ledger. Write on one side of the paper only.

Dear M'LISS—Please tell me the meaning of the name "Isabel." "Isabel" signifies modesty and chastity. X.

Dear M'LISS—I have heard about the use of the electro-magnet in war, but can't understand how it is used. Can you help me? I'm afraid the subject is too comprehensive to be treated satisfactorily here. There are many uses for the magnet, chiefly in taking out pieces of shell from wounds, etc. Read the article in the current Popular Science Monthly. A. A.

Dear M'LISS—How can I clean a gilt picture frame without injuring the finish? The best way to do this is by rubbing over gently with a sponge moistened with oil of turpentine. This must be carefully and lightly done. Let it dry in the air. DOROTHY.

Dear M'LISS—Where can I get in touch with the woman who does the expert mending? You wrote of her a short time ago. Thanking you, I am, M. M. L., Oak Lane.

This woman can be reached through the Woman's Exchange, 114 South 17th street, Philadelphia.

Dear M'LISS—Can you give me a good recipe for Turkish Delight? CONFECTIONER.

An ounce of gelatine dissolved in half a cup of water, added to two cups of lemon and an orange, half cupful of cold water added to two cups of granulated sugar. When dissolved mix and boil for 20 minutes. Pour in a shallow vessel and let stand for 24 hours, rolling each in fine sugar. By using rosewater you get the Turkish flavor.

Dear M'LISS—What is a Holy Ghost flower? B. B. L.

This is a species of rare orchid, called the Mexican orchid. It is so called because the opening of the flower shows a perfectly formed little altar with a dove inside. It shades from pure white to brightest scarlet.

Dear M'LISS—Is Mothers' Day a legal holiday? Is Good Friday? No, although it is officially observed in several States. (2) Good Friday is a legal holiday in Alabama, Connecticut, Delaware, Florida, Louisiana, Maryland, Minnesota, New Jersey, Pennsylvania, Porto Rico and Tennessee. DORIS.

Dear M'LISS—Can you tell me what are considered the normal measurements for a perfect figure? CURIOUS.

According to Mr. Frank Mitchell, of the Chicago Garment Manufacturers' Association, as given in the Chicago Tribune recently, they are: Neck, 13 1/2 inches; girth, bust, 37; waist, 24; hips, 40.

Dear M'LISS—What shall I do for tired feet? N. R. S.

If you mean the tiredness that comes from hard work or standing too long, I should advise you to bathe them in a warm salt solution every day and then rub down with linseed oil. If the trouble is more radical, see a doctor.

SEEN IN THE SHOPS



A SMART AND PRACTICAL HOCKEY SUIT

HERE is an attractive suit for the out-of-doors girl, whether she skates, plays hockey, or just enjoys a brisk afternoon or morning walk in the open. The set, which is made of brushed wool, consists of a cap, scarf and sweater, and may be had in white, open, rose or hunter's green. The price is \$12.50.

Full particulars as to the place where this costume may be purchased can be obtained by sending a stamped, self-addressed envelope to the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. Please mention the date on which the article appeared.

Marion Harland's Corner

Quilt Pieces Wanted

I SHOULD like much to get a few pieces of silk, velvet, etc., to finish a quilt I have begun. I see that a lot of these are offered by a member. If I am not too late would you let me have some of them? I would gladly pay postage upon them. I return thanks to Mrs. P. H. for the poem she so kindly sent me. "MRS. W. A. N."

If readers are disposed to marvel at the steady drain upon riches and piece drawers manifest nowadays they will please bear in mind that winter nights are long and that elderly women who do not cheat time of weariness by solving and bridge must have some entertainment for the mind and employment for the hands that would otherwise hang down with weariness.

Fond of the Great Oratorios

Though a mere man, I read and enjoy your Helping Hand Corner, and now wonder if you can help me. I am a working man with a large family to support, and am, therefore, not always able to get the things I desire. Of late years I am somewhat deaf and am deterred from the enjoyment of church services, lectures, etc. Despite my deafness, my greatest pleasure lies in playing the organ; and I am professed enough in this to play at the services of a little chapel which I attend. I give my services gladly, as I feel I am doing what I can "in His name." What I most earnestly desire is a book on harmony, so I could learn more of the technique of music. I am entirely self-taught and realize my limitations. I am especially fond of the great oratorios, and it has always been my greatest wish to obtain copies of "The Messiah," "Elijah" and "Tannhauser." I am familiar with a portion of these works and should love to have an opportunity to practice them. If you can help me to obtain these my gratitude will know no measure. P. E. W.

Musicians who have read (and what music lover has not?) the story of deaf Beethoven and his achievements after the terrible affliction fell upon him will recall it with vividness in perusing the foregoing letter. There is pathos in every line, but throughout one recognizes the unconquerable spirit of the true artist and brave man. Let him have all the books and music we can procure for him to mitigate the sorrow which he bears like the Christian hero he is. He asks but little and he should not be vain. He realizes his limitations. Let us lessen the weight so far as human kindness can do this.

Alone in Leisure Hours

"Could I have the mandolin and the music offered by O. C. I am an office clerk, alone in the city, and spend all my evenings, Sundays and holidays alone in my room. I am unable to read, as my eyes are weak, but I learn music by heart, so would need to read only a little of the music at a time, promised to send Mrs. H. some embroidery patterns, but in moving I lost her address, and am unable to reach her. Is there any way of finding it again through the Corner?" Unfortunately the mandolin and music are no longer in our gift. Perhaps another instrument may be offered in reply to your request. You will be a humane hearts wondrous soft. Mrs. H. will, we trust, see your letter and duplicate her address through us. She probably recalls her request for the patterns.

Wants to Adopt a Doll

"I am fond of dolls, and mother can't afford to buy me one. We are nine in the family. I am a girl of 10 years of age. Please answer. ROSIE S."

We answer by asking other little girls who have a doll or two to spare to read how you have none and to think how unlikely you are to be able to buy one when there are nine children to be fed and clothed. A large family is often a blessing. It has drawbacks when "there's little to spend and much to buy." I am sanguine that our Junior members will not turn a deaf ear to the special calls we are making upon them nowadays.

HEALTH AND HYGIENE TO BE DISCUSSED IN PRACTICAL TALKS

Series of Instructive Lectures Scheduled by Members of Faculty of the Woman's College

WIDE RANGE OF TOPICS

Experts in Varied Lines of Medical Knowledge to Give Useful Information at Weekly Intervals

An answer to the cry of the times, conservation of human life and education of the people as to how this can be accomplished, is made by the members of the faculty of the Woman's College of Pennsylvania, 231 North College avenue, who have prepared a series of lectures, to be given weekly for the public, between January 12 and March 25.

Dr. Clara Marshall, dean of the college, says no technical terms will be used, and women of all classes can understand. Each lecture will be followed by a questionnaire. Mothers, schoolteachers, social service workers and mothers of tomorrow will form the audiences.

Preceding the course proper, January 7, Bernard J. Newman, executive secretary of the Philadelphia Housing Commission, will speak on the subject, "Maintenance of Health." He plans to show how Philadelphia can spend less money on hospitals and bring forth a stronger, healthier race.

The regular course, which begins on January 12, will deal with phases of human life in a scope so varied that it reaches from before the birth of man until he reaches old age.

Dr. Ruth Webster Lathrop, professor of physiology of the college, will open the series with a lecture on "Normal Activities of the Human Body." This will give the women a new idea of the use of the various parts of their bodies and the proper care of them.

Dr. Martha Tracy, also of the college faculty, will give second and third lectures, "The Principles of Nutrition," on January 25. She is in charge of the physiological chemistry department and is peculiarly fitted for these subjects.

Dr. Henry Lefman, professor of general chemistry, toxicology and hygiene, is to give two lectures, the first on "Dangers of Impure Food" on February 2; the second on "Domestic and Municipal Control of Transmissible Diseases."

Special talks on the care of her body will be given women in a series of lectures, the first on February 9, when Dr. Ella E. Everitt, professor of gynecology, talks on "Health Problems of Women and Girls" on February 16, when Dr. Alice Weddell, professor of obstetrics, takes the subject, "Problem of Pre-Natal Care" and on February 23, when she takes a second time, with her subject as "The New Born Baby and Its Needs."

Problems of caring for the little ones after they arrive will be discussed on March 1, when Dr. Theodore Le Bouteiller, clinical professor of pediatrics, takes as his subject "The Care and the Feeding of Children"; on March 8, when Dr. Ellen Culver Potter, clinical professor of gynecology and medical inspector of the Philadelphia public schools, talks on "The Health of School Children."

"Personal Hygiene" is the subject assigned for March 22, when Dr. Florence Richards, formerly inspector in materia medica and therapeutics, now medical inspector of the William Penn High School, speaks.

ASK FOR and GET HORLICK'S THE ORIGINAL M'LTED MILK Cheap substitutes cost YOU same price.

Advertisement for Frantz Premier Electric Cleaner, featuring a large illustration of the machine and text describing its benefits for cleaning clothes.

Advertisement for Frantz Premier Electric Cleaner, offering a free trial and a price of \$27.50, with a down payment of \$3.00.

DON'T CODDLE THE BABY TO KEEP IT FROM TAKING A BAD COLD

BY WILLIAM BRADY, M. D. MY BABY, aged 3 years, writes a professional woman, had another of her frequent attacks of croup a few nights ago, and still is wearing a piece of flannel on her chest. Shall I take it off? What can I do to make her "take cold" less frequently? She is a splendid baby and won a prize in a Better Baby Contest. When a child has croup must she sleep in a warm room? Would she be less liable to "colds" if she wore cotton instead of wool all-lined undershirts? Do you believe in rubbing the chest with any grease for a cough? When a child has croup in the night and is apparently all right next day, should she go outdoors to play?

Answering these queries in order, we depose and testify as follows: Why put the flannel on in the first place—to shut out the "cold"? Would you close the door after the child has scampered away? The sooner you take it off the better for the child. To prevent respiratory infections of all kinds, call them "colds" if you will, the first essential is DON'T CODDLE—don't discriminate in favor of, or against, any particular area of the skin of the body. Dress comfortably; neither too much here nor too little there. A warm room is necessarily one with inadequate ventilation. No heating contraction yet devised will shut out the free passage of open air is hygienic. We have never yet met with a case of croup in a child sleeping in a well-ventilated bedroom—outdoors where the air is cool or cold as the outside air, but the child as warm as toast. Cold air is Nature's preventive of croup. Let the child have plenty of it to breathe, and yet keep the child comfortably warm by means of special sleeping garments made for those who have the porch-sleeping habit.

Advertisement for a new complexion for the new year, featuring a woman's face and text describing the benefits of the product.

Advertisement for Miss C. L. Boyd, a complexion expert, located at 705 Flanders Bldg., 15th & Walnut Sts.

Advertisement for Dr. Charlotte B. Martin, a single electric needle method for removing superfluous hair.

Large advertisement for Ayer's Furriers, featuring a woman in a fur coat and text promoting a fur sale.

Advertisement for Mando, a product that removes superfluous hair, featuring a woman's face and text.

MILLIE AND HER MILLIONS

Comic strip titled "MONTY IS SO FRIGHTFULLY CARELESS" featuring a woman named Millie and a man named Monty in a series of humorous exchanges.