M'LISS SAYS OUR HOUSEWIVES SHOW LACK OF IMAGINATION

Need Practical Cooking Demonstrations-The Meatless Menu Will Cut High Cost of Living Considerably

The Egg and Bacon Worship

IN THE very near future there will be an appreciable rise in the price of meat. This means a renewed battle against the high cost of living. A great many methods have been suggested, but none of them removes the real ause of high food prices. Every housewife has to do this for herself. One of the simplest methods is to exercise her faculty of imagination. I'm not advocating Christian Science Instead of a square meal. I mean that women take meat as a foregone conclusion when it comes to preparing breakfast, for in-stance. The first thing she thinks of is ham and eggs, and ham and eggs becomes the family breakfast from that day on,

Why not have a traveling kitchen, with a lecturer in domestic science along, to demonstrate the proper method to prepare foods? The Board of Education in every large city could fit out one of these, to co-operate with their domestic department. Girls and women need instruction, housekeepers want it but haven't time to attend a course of lectures to get it. The traveling kitchen would solve the question to perfection. Just set a model kitchen on wheels, take it through the districts where it is needed, prepare appetizing meals in public, and let the cook see how easy it is to have variety in one's menu.

The trouble is, the majority of women take the cut-and-dried menus, like bam and eggs for breakfast, and stick to them ad nauseam. They entirely overlook the vast number of resources which are just as nourishing and less expensive than meat. Take, for instance, cheese. Everybody knows that, properly prepared, cheese is one of the most beneficial staples of diet. The same applies to vegetables, pastries, puddings, salads, etc. Each one of these can be so arranged as to entirely displace the meat course.

I would like to see the traveling kitchen idea worked out in any community. It is being done in England. Why not here? There are many competent lecturers-women whose knowledge of cookery is as varied as it is complete. They would be glad to help the housekeeper to fight the rising prices with the proper weapons. Not skimping economy, not robbing Peter to pay Paul. Saving money on meals pays if to the doctor. The only way to overcome the obstacle permanently is to develop the culinary art along meatless lines. The overthrow of the ham-and-eggs fetish will mark a new chapter in the history of cooking.

Hats Off to Pennsylvania

CAM GOMPERS isn't the only one who roots for "America first." The action of Mrs. George W. Childs Drexel and the other well-known women who are co-operating with her in organizing the Pennsylvania Women's Division for National Defense, is equally, if not quite so stremuously, patriotic. These women are pledging themselves to a womanly work, to give their time and money unsparingly to their country if war and its horror should come upon us-We are proud of Pennsylvania women, because they are the first to-offer this service. We are prouder still of the Philadelphia women who have the means and the determination to put it into practice. The other States may follow, but we will have the reassuring knowledge that we "beat them to it." I hope the next step toward preparedness will be laying in a store of medical supplies. In times of peace they are easily disposed of. In times of calamity, you never

Victory Ahead

COURSE it isn't news to anybody to say that President Wilson is a very clever man. When it comes to diplomacy, his handling of the suffrage delegates is a liberal education in the art. The antis are in Washington, 200 strong, the suffragists number about 800. Delegates from both parties visited the President and set forth their pros and cons. But President Wilson isn't saying anything. He sticks faithfully to his policy of "watchful waiting." Well, so Remember that he voted "yes" on the suffrage question in New

"Squelching" Young America

THE tango is blamed for a new evil. It's a long time since this convenient scapegoat was dragged before the public. The tango used to be the cause of all such natural phenomena as marital mishaps, runaway girls, lovers' quarrels, and business failures. Now Professor M. V. O'Shea comes forward and declares that the tango and the movie craze are undermining the morals of our youngsters. We'd like to agree with you, Professor, but we absolutely refuse to look at the dark side of the question when the happier side is right at hand. We must confess to enjoying a movie occasionally, we might as well admit that we danced ourselves weak at our proms when we went to high school. Then why prevent the present generation from enjoying the same privilege? Children should be allowed a certain amount of personal freedom. Without it they become mere wooden automatons-models of propriety, or excellent liars. Often the terms are synonymous. M'LISS.

Letters to the Editor of the Woman's Page

Dear M'Liss-Can you please tell me who was the character in history called the Wife of Bath?

The Wife of Bath is not an historical, but a literary character. She figures as one of the pilgrims in Chaucer's Canterbury Tales, a poem in old English, written some time in the 14th century-the accounts of the exact date differ. You can read about her by going to any of the free libraries and asking for a translation of the Tales. I find the lady a very amusing character, and hope

Dear M'Liss-There is a legend about the Christ Child and the good thief which I would like very much to know. Nobody seems to remember it, Can you help me out? SUNDAY SCHOOL TEACHER.

The legend to which you refer is probably this one. When Mary and Joseph were fleeing into Egypt they took the Christ Child into a cave to rest. The woman who lived in the cave had a baby whose skin was diseased, so, after Mary had washed her child, she saved the basin of water which was used on the Christ Child and washed her baby in it. He immediately became well. He is supposed to have grown up and become the good thief who is recorded in the history of the crucifixion. There is another very pretty story of the sage brush as given in the "Jongleur de Notre Dame." If you would like to have it for your classes let me know, or get a libretto of the opera at one of the music

Dear M'Liss-I am going to give a little party during Christmas week, and would like to know what to have to eat. If you could give me a few hints, I should be very much obliged. R. H., West Philadelphia.

There are planty of nice things to be had at this time of the year. I take it that you are going to entertain in the evening, and would suggest a buffet lunch, as it is less formal and very easily arranged. Place a table at one side of the room, on which you can put all your eatables, so that every one can help themselves. Cream cheese and bar-le-duc, lettuce, pimento, minced chicken and tongue sandwiches, fruit or lobster salad, potato chips, and the usual candies, nuts and coffee make a tasty combination. If you want to be "Christmassy" about it, choose bright red candles and have the table decorated with a centreplece of holly leaves. The room may be ornamented with holly and mistletoe, if it is that kind of a party.

Dear M'Liss-I don't agree with your remark about the chocolate-eating. novel-reading wives you spoke of in Tuesday evening's paper. You intimated that these women were merely parasites, unworthy of their position, doing nothing to merit the home they enjoy. I refuse to believe this. Looking about among the married women of my acquaintance, I cannot single out one instance of the type of woman you describe. Besides, these are far in the minor-

ity, if they exist at all. B. L. S., Germantown. I am always glad to hear the opinions of my readers, whether these opinions are favorable or not. What do some of you married men think about it?

Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

HOMESPUNS, TWEEDS AND WOOLEN SUITS FOR SPORTS



WALKING SUIT

THE vogue for French toilettes is put in tam o' shanter shape, and brilliantly tinted. Coral and emerald green were clothes. Somehow or other, we never associate the tweed or mixed material hunting costume with anything of French extraction. The English had led too long in this particular to the property of the particular to the particula in this particular line. I suppose it is because the Englishwoman is more enthusiastic about tramping and riding and boating and pole than the American woman. But since the golf fad has become so universal, and the good-fellow type of woman is so popular with the majority of people, I have noticed a corresponding increase in the vogue for outing clothes.

Nothing could be more attractive than

Nothing could be more attractive than nothing could be more attractive than the right kind of a tailor-made coatume, properly plain, with a closely fitted hat and smart, rough boots. The only trouble lies in the fact that too many women think this sort of a costume looks. The air is bracing and bright the view; well on all occasions. It may be all right for riding and sports, but after that it should be discarded. A too-great fond-ness for the great outdoors, in many cases,

leads to a total indifference with regard to one's looks in the ballroom. Autumn and the early winter bring in the hunting scason, and at several of the many hunt breakfasts and cross-country runs which have been so popular with the younger set I had an opportunity to see some charming styles. Many of the tail-ored coats had breeches of suede, or of peau de chamois, combinations of Bolling brown and light tan being quite a favorite. Velvets and cordurous of all kinds and shades are seen, although they are really not practical, unless one can afford several changes of the kind. The collar, cuffs and edges of the velvet coats are edged with a black slik tailored braid, like we wore on our suits last spring. Hats are small and closely fitted to the head, many

THE CHEERFUL CHERUB

you did in the past,

No matter how foolish it

seems to you now;

For the very worst things that you ever have done

Have given your character flavor,

somehow

Oh, never regret what

am young and gay and I know not fear!

To live is truly a joyous thing! I take, but I give not; I laugh and sing; The sail winds blow on my glowing face As I force ahead in the thrilling race,

Straight for the Harbor of Love 1 steer. And there my boat shall anchor a

stiffe a lough, a sigh, a tear. While I dream and bask in the Love-

God's amile. But when he urges me into the waves, With tempting tales of his coral waves, pearly castles and mermaids fair Who shall serve me well in his dwelling

three— I lift the anchor and sail away in a sparkling shower of ocean spray!

Though he speak me fair and woo me

I shall love but love and no one man; I shall love but love and no one man;
If love enmeahes me in a speil,
Behold, I free myself while I can,
Swiftly, triumphantly sailing away,
Heedless of voices that bid me stay,
Ever and ever to fly and be free,
Breaking all bonds that would weigh
upon me—
But the journey's end, be it far or near,
Brings the wraith of a laugh, a sigh—
a tear.

tear -Beatrice Barry, in New York Times,

\$55,000 for Main Line Gifts

Residents of the Main Line have re-eived more than \$55,000 in Christmas soney, which has been distributed by money, which has been distributed by three Main Line banks during the last few days. The Merion Title and Trust Company, at Ardmere, paid out \$25,000 from its special Christmas savings fund. This is \$10,000 more than last year. The "thrift clubs" of the Ardmere National Bank received \$5000 in Christmas money, and the Bryn Mawr National Bank distributed \$19,000.

CHRISTMAS TREES FOR HOSPITALS AND STARR GARDEN 'KIDS'

Germans' Part in the Big Festival-Merchants See Prosperity in the Volume of Trade

WHEN WILLIE IS LOST

Including today, there are only eight more shopping days before Christmas.

The German Hospital will have a dozen trees trimmed and placed in the wards for the patients this Christmas. This will mean little to the average reader. except that it sounds like an exceptionaldull "Christmas note," until it is ex-

The name of the institution has come to be so familiar, that we think of it only as a hospital and not as a German Hospital, which it is primarily. In the same way we are so used to Germantown that we may think of it as a town, but rarely as ever having been a German town.

But the grim truth must be faced; not only that the German is going to have the best hospital Christmas in town, but also that the Germans have made Christmas as a festival, the upcoarious and glorious day for children that it is in . . .

It is about time for a lot of people to humble themselves and admit that they have said a lot of mean things about the Germans, and Christmas is the time to admit if. These people are quite sure that the Germans stand for Nietzsche, but they have tried to forget that the Germans also stand for Kriss Kringle. If the French had had the influence on this country the Germans have had we would not have any Christmas fun at all, but only the stately custom of sending New Year's cards. Yet many are quite sure France is fighting to save art and poetry and romance and that the Germans are a nation of materialists and crepe-hangers.

there are anywhere,

crepe-hangers.

Merchants express the opinion that the greatest volume of Christmas business in the history of Philadelphia is now going out over the counters. Great stocks of goods laid in for the rush have melted away before the armies of early shoppers, and new supplies have had to be rushed to the stores. It is estimated that hetween 150,000 and 200,000 shoppers daily visit shops in this city. Merchants express the opinion that the

The 25-foot Christmas tree that when decorated with hundreds of electric lights and gifts will represent the present of Mrs. E. T. Stotesbury to the children who play in Starr Garden Park recreation centre is being "planted" by M. Garson Fall, principal of the centre, and will soon be ready for the "big spread."

Mrs. Stotesbury provided the tree and gifts hast year to the children of the Starr Garden section and promised to keep up the custom every year as long keep up the custom every year as long as she lives. More than 800 children will receive presents of candy and useful

The centre will be opened for the celebration and distribution of gifts Thursday night, December 23. Tickets are being issued by Mr. Fall and his assistant to the poorer children of the neighborhood that will admit them next Thursday night.

If it so happens, by any chance, that you are one of the few persons shoppins these days, and Willie suddenly disap-

presided over by Mrs. Santa Claus, who is called, when the holiday rush is a thing of the future or past, Mrs. Markaret Cooper, matron at City Hall.

Cooper, matron at City Hall.

Right up on the sixth floor of the hall are the rooms of Mrs. Cooper, During the summer and fall and spring they are just comfy, but around Christmas they are touched up here and there until they look like a part of Santa Claus' mammoth residence at the undiscovered portion of the North Pole. Although the majurah of last-hour shoppers has not yet reached its height. Mrs. Cooper is already welcoming the advance guard of the little boys and girls who enter the room sniffling and crying for "mamma" and are soon sucking on a piece of that and are soon sucking on a piece of that and are soon suching on a piece of that strong-as-the-rock-of-Gibraltar Christmas candy and playing with some of Mrs. Santa Claus' toys.
"It is usually the case," said Mrs. Cooper, "for one of the children who is downtown with his older brother or sister

to be lost. Either the brother doesn't want to be bothered with him or he wants to see something his older brother has seen when he was younger."

Deerfoot

Farm Sausage __just great for breakfast these snappy mornings.

Be sure you get Deerfoot.

THUMB-PRINTS, A DEFENSE METHOD IN THE TIME OF SERIOUS ACCIDENT

By WILLIAM BRADY, M. D.

ments and personal description filed in the office of the prefect of police. This

Merely as a matter of self-defense it is a wise precaution to carry on your person some sort of identification mark, especially if you happen to be a traveler or a subject of any chronic disease.

Think what a lot of trouble the fellow escaped who was subject to sudden apells of unconsciousness and wore about his neck a chain to which this notice was attached: "If found unconscious, the bearer, John Jones, of Hickaville, desires no operation. His appendix has already been removed four times!"

Seriously, there is good reason for car-rying some identifying mark at all times. Sudden injury, poisoning, by gas, drugs or otherwise; apoplexy, uremia, diabetes, sicoholism, epilensy, amnesia, certain heart diseases, simple fainting. It is a common experience in every city to find persons unconscious with one of these conditions, and too often the identity of the victim established only after much trouble,

Of course, the individual may be atricken without warning, but in most cases there is at least some inkling of the possibility of such an emergency to warn the victim of the need of taking

IT MAY well be that eventually every individual in the country will have as thumb-prints. Bertillon measurements and personal description filed in the office of the prefect of police. This would be a good thing for us all.

Merely as a matter of self-defense it is a wise precaution to carry on your person some sort of identification mark, especially if you happen to be a traveler or a subject of any chronic disease.

Thick what a lot of trouble the fellow

Put your John Hancock in your clothes and protect yourself against one of those "strange disappearances" which occur so frequently in the news of the day.

QUESTIONS AND ANSWERS

(1) Does peroxide injure the tissues or tissue cells if used in fresh wounds? (3) Does it (as claimed by some) tend to scatter germs or infection when used as a mouthwash instead of killing them? (3) Do you consider it more injurious than useful as an anthreptic?

Answer—(1) Yes. (2) Not in the mouth, but in wounds, especially punctured of deep wounds, it tends to drive infection deeper, (3) Yes. We think its value very limited, and we consider it inadvisable for promiseuous use. A few drops of tincture of iodine in a few tablespoonfuls of water would be preferable as a mouth wash or lotion for infected wounds (not fresh wounds).

Marion Harland's Corner

Need Clothing and Food

AM WRITING in the interest of a I poor family in need of help. The father is in an insane asylum and the mother is not able to work out. There are five children-a girl of 12 and four boys, one 10, one 8, one 5 and one 3 years of age. They need clothing, bedding and food. I visited the family and have done what I could to help them, as they seem worthy. The father was hurt two years But German Christmases are material enough when it comes to that. The German cakes that are baking at this minute in many hundreds of German ovens in this city are the best Christmas cakes the family. Please publish this as soon

Mrs. C. K. B." as you can. as you can. Mrs. C. K. B.

At the rising of the blue moon we insert this letter from one who pleads for
the family of five children, the mother the family of five children, the mother of which is not strong and the father confined in an insane asylum. She youches for their need. As the holidays draw near those whose wishes will be abundantly supplied may like to write for the name of the mother who is not strong and help her to make the children's holiday scason pleasunter than it has been since the father was hurt two years ago. The address of the writer is also on file. The address of the writer is also on file

In Emerson's Essay

"If a man can write a better book, preach a better sermon or build a better mousetrap than his neighbors, though he build his bouse in the woods, the world will make a beaten path to his door." Perhaps this is the quotation wanted by Mrs. R. R. J. Raiph Waldo Emerson is the author and it may be found in the author, and it may be found, I be-lieve, in his essay on 'Compensation.'

In Old Comic Opera

"Mrs. A. P. may refer to the song in the old comic opera, 'Babes in the Wood.' I think it is called 'The Man in the Moon Was Looking.' She might inquire at Was Looking.' She might inquire was Looking.' She might inquire was some of the leading music stores. "J. B. H."

Preserving Autumn Leaves

"If to preserve autumn leaves May M. will crush some resin fine on heavy paper or cardboard, have ready a flatiron (not too hot) and run the iron first on the resin, then on the leaves, she will be delighted with the results. My way is to take a small branch of pretty colored leaves and treat them in this way, then fasten them on leave systems. They tented these days, and Willie suddenly disappears in the throng while you are inspecting a pair of carpet slippers thet will be father's surprise in his sock on Christmas morning, it is just as well that you keep cool and refuse to get excited. For Willie will probably have a better time where he is bound to go than tugging around with you.

For Willie will promptly be sent by the first traffic cop he meets to the lost and found bureau of the police department, presided over by Mrs Santa Claus who

Washing Pillow Cases

"Here is a suggestion: Rip covers from sofa pillows which are solled and faded and soak in lukewarm water for awhile: rinse and put into white soap suds, squeeze out the dirt. Iron when partly dry. Pillow covers don't get as many dry. Pillow covers washings as they need, it seems to me. "MRS. H. McD."

Kills Bugs of Any Kind "I will send a recipe for killing ants

or bedbugs, which I have tried and found successful. I get a bottle of good insect powder at the drugstore and sprinkle it around on the shelves or in crevices. It will kill ants or bugs of any kind, also fleas. MRS. G. L. S.

Cleansing Fluid

"Does H. B. refer to the following cleansing fluid? Five ounces aqua am-monia, four ounces white castile son, half ounce alcohol, half ounce giverin. half ounce alcohol, half ounce givern, one ounce ether, one gallon of rain water. Dissolve soan in water boiling hot. When cool add other ingredients. Bottle. If you wish to remove paint, add a little gasoline, and shake well before using. "MRS, J. G. C."



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George W. Jacoby 620 Chestnut Street

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MILLIE AND HER MILLIONS

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TO SAY THE LEAST MILLIE'S IDEAS ARE UNUSUAL

