

SOUTHERN ELEPHANT LOOKS GOOD—JOHN A. SCOTT ON GOLF

"BALL AND SOCKET" IDEA IN GOLF, OR HOW TO MAKE DOWN SWING Body Should Turn About Point Between Shoulder Blades, Says Scott—Movements of Braid and Vardon Cited—Local Notes

By JOHN ALBERT SCOTT

IN MAKING the back swing, the hands were the leaders, and so they are the leaders in the down swing. That is to say, the initial impulse of the forces of the body which have been prepared by the movements described in the back swing, the starting of the hands toward the ball, in precisely the same manner one would throw a baseball after drawing the arm back to get the momentum. So far as any other part of the body is concerned, no conscious movement, no attempt on the part of the player to make any other part of the body move, to force any other part into the stroke, must be made. As I have said before, the hands lead, the rest of the body must follow, and the sequence will be the same as in the back swing—the hands will start first, then the arms and shoulders, and the body, legs and feet will follow in due course. The hands are the "executive" connection between the player, club and ball. It is the hands, and through them, that all other parts of the body must exert their forces. To follow the description of the stroke, this must be clearly understood and appreciated. It is the hands, and through them, that the rest of the body is to respond naturally, not forcing it into the stroke. Do not misunderstand me, all other parts of the body must be allowed free response to the action of the hands. Holding any part of the body back from its natural response to the swinging of the hands is just as bad as forcing it to do so.

Much has been said about keeping the head still during the golf stroke, and certainly, on this point, there can be no question. It must be kept still. Stillness, however, does not mean rigidity, any more than tension means stiffness. Too many try to keep the head still by stiffening the neck muscles, a practice that is wrong, as stiffness in the neck will cause stiffness in the shoulders, which will be allowed freedom. Rather relax the neck muscles, and become convinced from my study of the play of the great golfers and from a careful analysis of the position of their bodies at different parts of the stroke, that the head is not the point on which the body should concentrate on keeping still. In saying this I do not mean to imply that the head will not keep still or that it should not. It does, of course, keep in the same place all the time until after the ball has been hit, and this is particularly noticeable in Vardon.

The particular part of the body to concentrate the mind on keeping still is a point midway between the shoulder blades, at the spine. Imagine that at this place there is a "ball and socket" joint, on which the shoulders can turn to the right or left, and can go up or down—this is what they must do in swinging a golf club.

In the up swing the left shoulder goes down and around, the right shoulder up and around; in the down swing this movement is reversed. It is on the "ball and socket" joint that the golfer should place you to imagine, that this action is done. Now, presuming the shoulders have moved around the point indicated, in the manner described, and the neck muscles are relaxed, the head will remain still; there will be no tendency or cause to move it; it cannot, unless you try to move it.

Local Golf Notes With splashes of rain tyran in all directions in the holes between the fox, the morning yesterday didn't look very nice to the score of young ladies that had offered to carry for the benefit of St. Luke's Hospital, Tokio. In fact, the aforementioned city seemed rather distant when it was a question of walking four or five miles with a heavy set of

RED CROSS CAPTURES FIRST LATONIA RACE Gentry Rides Winner in Three-Year-Old Event—Tony Fashion Finishes for Place

LATONIA, Ky., Oct. 21.—The first race on today's card, a six-furlong event, was captured by Red Cross in 1:16 3/4. Tony Fashion was up. Tony Fashion finished second, followed by Violet.

Summaries: First race, 6 furlongs—Red Cross, 100; Fashion, 87 1/2; Violet, 87 1/2. Second race, 1 1/4 miles—Tony Fashion, 100; Violet, 87 1/2; Red Cross, 87 1/2. Third race, 1 1/4 miles—Tony Fashion, 100; Violet, 87 1/2; Red Cross, 87 1/2. Fourth race, 1 1/4 miles—Tony Fashion, 100; Violet, 87 1/2; Red Cross, 87 1/2.

NOLL BEATS FIELD IN LAUREL OPENER Ward Rides Winning Horse, Bob Redfield Comes Through for Second Money

LAUREL, Md., Oct. 21.—Noll, with Ward riding, brought up dust before the field in the first race here today. He covered the 6-furlongs for 2-year-olds in 1:19 3/4. Bob Redfield, with Davies up, came in for place, and King Tucson was third.

Summaries: First race, 6 furlongs—Noll, 100; Redfield, 87 1/2; Tucson, 87 1/2. Second race, 1 1/4 miles—Noll, 100; Redfield, 87 1/2; Tucson, 87 1/2. Third race, 1 1/4 miles—Noll, 100; Redfield, 87 1/2; Tucson, 87 1/2. Fourth race, 1 1/4 miles—Noll, 100; Redfield, 87 1/2; Tucson, 87 1/2.

WORKING OUT ON LOCAL SCHOLASTIC FIELDS



PAUL SUPPLEE

TIGERS' DEFENSE GIVES THE JUMP ON DARTMOUTH Lack of Classy Punter Also Handicap to Green Says Stevenson

By "VINCE" STEVENSON Princeton will meet Dartmouth at Princeton on Saturday in the most important game of the year for the Tigers. A victory over Dartmouth does not mean so much to Princeton as a win over Harvard or Yale in the eyes of the fans; but Coach Rush is more interested in this particular game than any the Tigers will play this season.

ENTRIES FOR MEETING AT LAUREL RACE TRACK

First race, maidens 2-year-olds, 5 furlongs—Violet's Brother, 115; Hanlon, 115; Brookmeyer, 112; Montrose, 112; Smith, 112; May Meize, 112; Smoothie, 112; Elsie. Second race, handicap, 2-year-olds, 6 furlongs—Golden List, 113; Daddy's Choice, 110; Star of Love, 109; Portwood, 104; Hain, 107; Neureidin, 107; Eagle, 104; Herbert. Third race, 1 1/4 miles—Tony Fashion, 100; Violet, 87 1/2; Red Cross, 87 1/2.

DUDLEY TWINS TIE IN X-COUNTRY RUN Frankford High Lads Run Dead Heat in Dual Race Won by Germantown

H. Dudley and O. Dudley, twin brothers and members of Frankford High School's cross country team, this afternoon ran a dead heat in the dual meet with Germantown High School, which was won by the latter athletes by one point, 27 to 28. The event was held over the new varsity course in Germantown.

PUNTING MAY FIGURE Dartmouth is without a punter, and I think this is Princeton's greatest edge.

When Rutgers, although a backfield, almost three times as much as Princeton, could not cross the Tigers' goal line because of the punting defense. It is evident that Dartmouth will pound away at a defensive superior to any it has faced this season.

SO MUCH TO PRINCETON IN A CRISIS

Princeton has been coming fast since defeating Rutgers, but a defeat at the hands of Dartmouth would set the team back fully two weeks, and a loss of form and the moral effect of the defeat probably would wreck the spirit of the squad.

TONOPAH STOCKS

Table listing various stocks and their prices, including Jim Butler, Midway, Montana, and others.

PHILADELPHIA MARKETS

GRAIN AND FLOUR WHEAT—Receipts, 21,000 bushels. Demand was fairly active, but with lower outside prices prices declined. Quotations: Car lots, 11.12 1/2; No. 2 Southern red, 11.12 1/2; No. 2 Southern white, 11.12 1/2; No. 2 red, 11.00 1/2; No. 2 white, 11.00 1/2.

POULTRY LIVE—The market for poultry was only moderate. Following are the quotations: Chickens, 11.12 1/2; Turkeys, 11.12 1/2; Ducks, 11.12 1/2.

PROVISIONS The market ruled firm with a fair jobbing demand. Following are the quotations: City beef, 24.00; Western beef, 24.00; Pork, 24.00; Bacon, 24.00; Lard, 24.00.

REFINED SUGARS The market was quiet but firm at the late advance. Quotations: No. 10, 11.12 1/2; No. 11, 11.12 1/2; No. 12, 11.12 1/2.

DAIRY PRODUCTS BUTTER—Demand was light and prices of solid-packed creamery declined. Quotations: No. 1, 11.12 1/2; No. 2, 11.12 1/2; No. 3, 11.12 1/2.

PUBLIC UTILITIES The quarterly report of the Montana Power Company for the three months ended September 30 gives gross operating revenues more than 18 per cent. in excess of those reported for the same period in 1914.

LONDON STOCK MARKET War Loans Active—French Loan Details Awaited LONDON, Oct. 21.—Generally, trading in securities on the Stock Exchange was quiet today and the list had a sluggish appearance.

ENGLISH RESERVES LOWER Bank of England Also Lost Bullion Last Week LONDON, Oct. 21.—The weekly statement of the Bank of England showed a decrease of £1,083,900 in reserves and a falling off of £1,670,000 in bullion holdings.

NOTES OF THE RAIL The Cincinnati, Indianapolis and Western Railroad is in the market for 800 freight cars and 100 passenger cars.

LIVE STOCK QUOTATIONS CHICAGO, Oct. 21.—Receipts, 24,000 head. Market was active and prices advanced. Quotations: Cattle, 11.12 1/2; Hogs, 11.12 1/2; Sheep, 11.12 1/2.

RAILROAD EARNINGS BALTIMORE AND OHIO September, 1915, earnings, \$1,075,000. Operating revenue, \$1,075,000. Expenses, \$1,075,000.

AXLES UP \$1; DEMAND GOOD PITTSBURGH, Oct. 21.—A brisk demand for heavy axle steel and iron axles is observed as fast as offered.

YOUR PRECIOUS FUTURE He who values his future too highly to entrust to others must carve well his own destiny.

So, if the job you expect doesn't come your way, start something in your own. Campaign yourself with a want ad.

But be sure of the want ad. Better insert it in the Ledger, where job-pulling power is a huge fact. The Ledger's main office, Ledger Central or any Ledger Station drug store will accept your bid for a good job.

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