

SCOTT ON GOLF TECHNIQUE—GRIDIRON NOTES AND COMMENT—VAREZ SPORTS ITEMS

LEFT THUMB AND FIRST TWO FINGERS FACTORS IN GOLF GRIP

Attempt to Keep Right Elbow Down Results in Cramped Style—Comment of Women Players of Philadelphia

By JOHN ALBERT SCOTT

I have laid stress on the keeping of the left arm straight—a point the books and professional golfers do not go into, so far as I know—but it is, nevertheless, a very important factor in the correct golf stroke.

Don't bend it at the elbow, or, as I have said before, bend it as little as possible. The turning of the body, with the hands going straight back will remove any tendency in this direction. I emphasize this point for two reasons: In the first place, a straight left arm gives a sure guide to bringing the club head back to the exact spot from which it started; secondly, it is the foundation upon which the wrists acquire their tension as they drop the club back of the head giving them that tremendous spring which I pointed out above as the only wrist action in the golf stroke.

To impress on your mind the fact of the straight backward swing of the hands and also the fact that the left arm can be kept straight without discomfort try the following simple exercise. Take stance and grip, keeping the head still and the eyes on the ball. Without moving the hands or the arms, but allowing them to go with the movement of the body, turn the body at the hips, to the right, to the point to which it turned in swinging back, easing the right leg and foot. When this position has been reached raise the hands straight up from the ground, retaining a firm grip, until they are about the height of the right shoulder. Now raise the club with the wrists (don't bend the left elbow) and notice the right hand go around the left hand, and that this action bends the right elbow, until the shaft is raised as much as it can be, without absolute strain on the left wrist—but get at the tension about it. You will find that there will be a slight opening of the two last fingers on the left hand, and that the grip will be in the thumb and first two fingers of this hand, where it should be pointing upward and backward at an angle and will pass opposite the right ear. Now turn the shoulders, letting the left go down and around under the chin and the right up and back. This will bring the club shaft into correct position back of the neck. The hands will be at the height of the right ear, the left arm straight and the right arm bent. Right here let me say that any attempt to keep the right elbow down, in and close to the body is wrong, has caused a lot of misconception and has cramped the style of many a golfer.

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WHAT TO DO AND WHAT NOT ON GRIDIRON

Substitute Campi Shows Revelation Against Decker—K. O. Sweeney Meets Revoire at Douglas Club Tonight

On the left the player is shown using the sidestep as he stiffarms the man attempting to make a tackle; the photograph on the right illustrates the legal use of the hands on the offense, while the lower picture shows a linesman using his illegally in an attempt to block an attack from an opposing linesman.

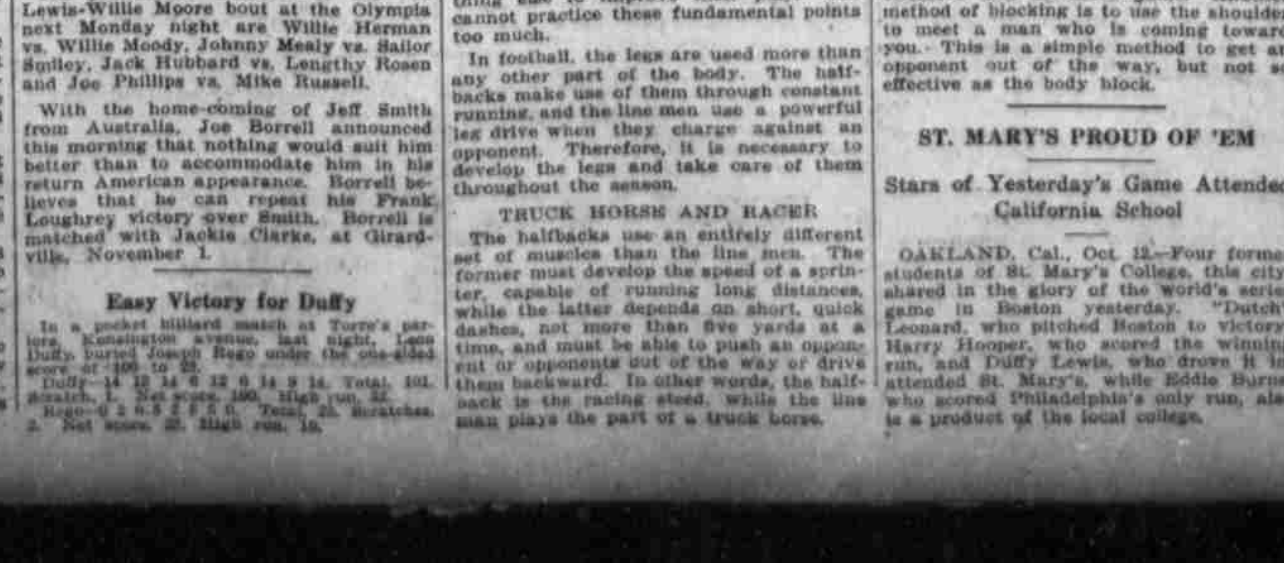
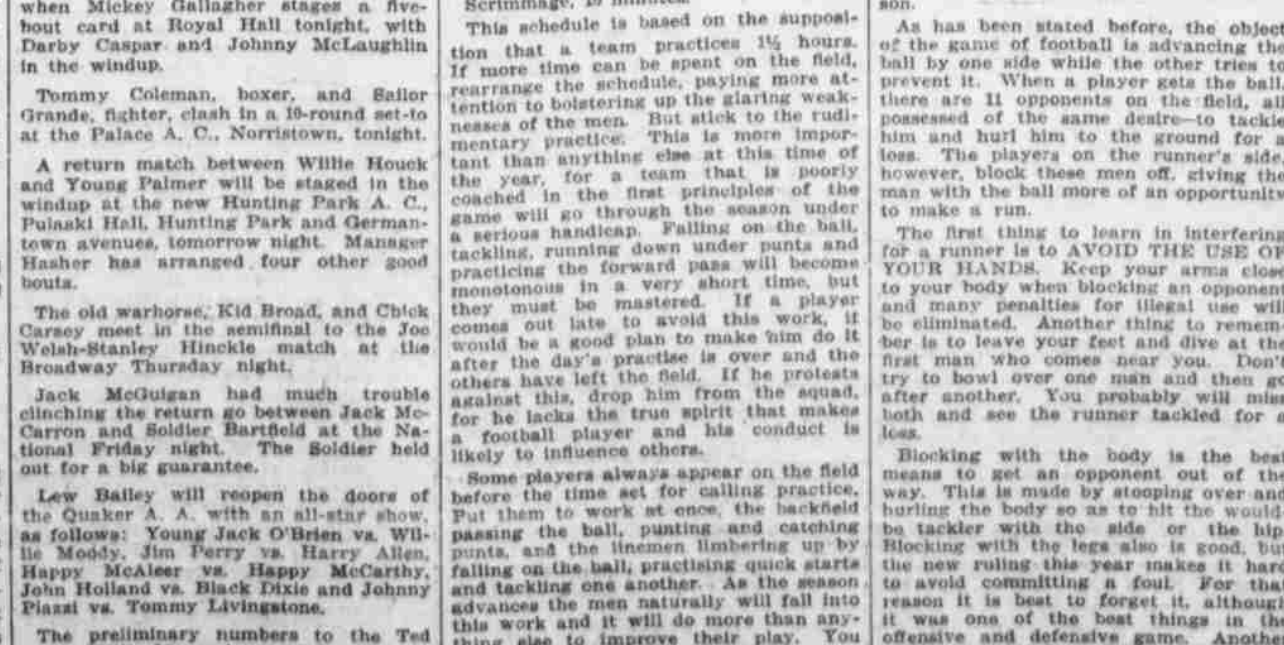
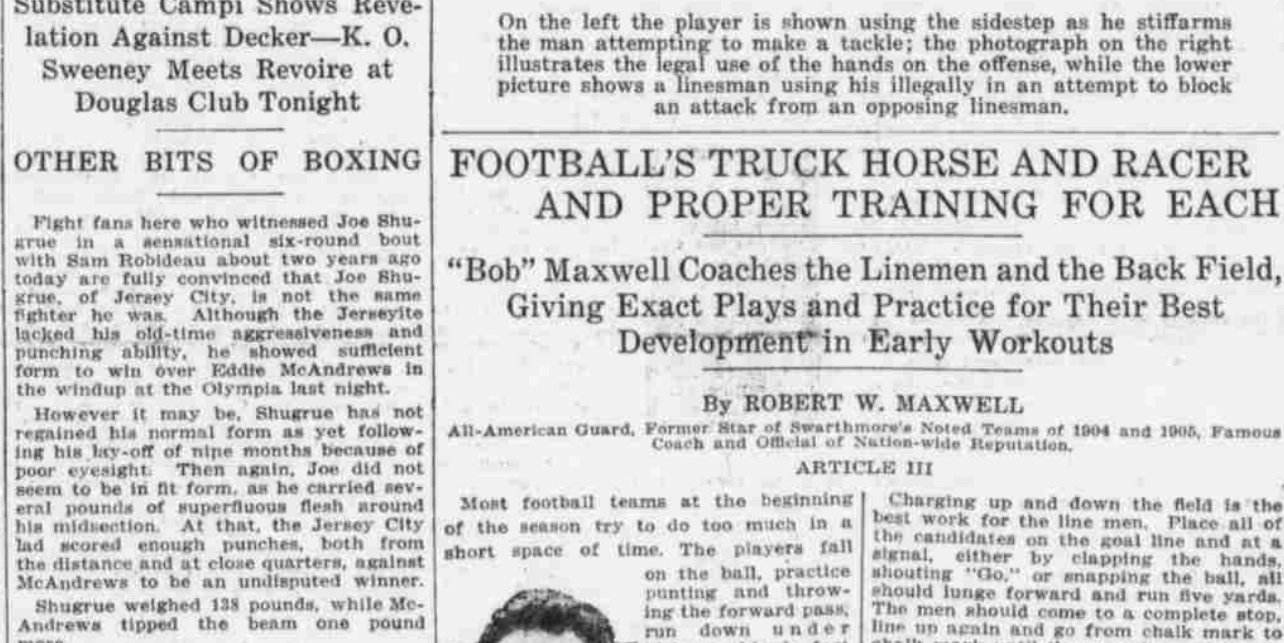
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MISS RICHARDSON HAS LOWEST CARD AT CRICKET CLUB

High Scores Today Were Rule in Qualifying Round for Championship of Club

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SHUGRUE WINS OVER M'ANDEWS, DESPITE LACK OF OLD FORM

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FOOTBALL'S TRUCK HORSE AND RACER AND PROPER TRAINING FOR EACH

"Bob" Maxwell Coaches the Linemen and the Back Field, Giving Exact Plays and Practice for Their Best Development in Early Workouts

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BASEBALL PEACE PLAN UNDER WAY, TENER CONCEDES

Federals and O. B. Chiefs Continue to Dicker in Boston

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Easy Victory for Duffy

Truck Horse and Racer

ST. MARY'S PROUD OF 'EM

LAUREL RACE ENTRIES FOR TOMORROW'S CARD

Greased Dollars Ordinary Lubrication slips the dollars from your pocket into the hands of the repair man.

DIXON'S Graphite Grease For Transmissions and Differentials

HAMMER GUNS \$8 up Hammerless \$10 up

ST. MARY'S PROUD OF 'EM Stars of Yesterday's Game Attended California School

LAUREL RACE ENTRIES FOR TOMORROW'S CARD

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SWARTHMORE PRACTICES HARD FOR URSINUS GAME

TABER MAY NOT RUN ANOTHER MILE RACE

LAWSON ROBERTSON, NEW YORK TRAINER, IS AUTHORITY FOR INTERESTING INFORMATION

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