THE DANCE CRAZE—MUCH TO BE SAID BOTH "PRO AND CON"

The Ethics of the Question Are Individual, but as an Aid to Beauty and Grace Dancing Stands Alone

By ELLEN ADAIR

HE other day I heard a woman speakling in tones of the most adverse m on the subject of dancing. "Te foolish way of spending one's time."



have absolutely set my face against any of my daughters learning how to dance. If they want exercise, let them walk in the fresh air. Dancing never did any one any good, but only a great deal of harm. Look at all the exponents of dancing. and see how thin they

arel It isn't healthy. Besides, it makes girl keep late hours and lose her looks altogether!"

While it must be conceded that the keeping of late hours is very far from beneficial, at the same time, no one but a very feolish woman would make wholesale condemnation of anything so healthy as dancing. One only has to read Greek history to note the very high place which that most athletic of races gave to dancing in their scheme of physical culture.

The world-famed dancer, Adeline Genee, The world-famed dancer, Adeline Gence, has very definite views on the subject. "There is nothing like dancins, in moderation, for producing health and aiding beauty," she says, "We are inclined to believe, many of us, that health and beauty are expensive things, only to be acquired by those who are the happy possessors of long purses. Health we ascribe to the tender ministrations of an excellent physician, who tells us what to do, or what not to do, in order to possess do, or what not to do, in order to possess that clusive thing—health. Beauty we ascribe to the constant care of beauty ctors and beauty doctors are very, very

"In thinking after this fashion, we are apt to forget the essential and valuable fact that we can help ourselves to health and ald ourselves to beauty if we will only should reme better than c "If every girl would do ten minutes" cise available.

THIS is a season of

varied and beautiful silks. The American de-

signers accomplished

much when they formed

the habit of depending

on American mills for their fabrics—since necessity is the law. Fabrics are varied as to weight, but in the main, colorings are more or less sombre, the only real warm shades being the new reds and reprets.

new reds and garnets. The inspiration for these came straight from Paris

came straight from Paris openings. Everything over there is, of course, decidedly military. Most of the shades are taken from the soldiers' uniforms, their blue coats a fording a most effective feminine fancy. Reds are in the same category.

America is responsible for the plaid and stripe rage. Some importers told me that these are used in place of staple colorings, which usually come from Germany. But be this as it may, plaids are certainly fashionable.

and silks of this type are selling at an alarming

rate. Another reason for this

Another reason for this rosue for plaids is the scarcity of velvets. So much velvet has been consumed on wraps, suits, afternoon and trotteur frocks this fall that it is hard to get hold of more for the late comers.

A neat little afternoon frock for everyday wear is shown in today's fashion illustration. The bodice features the new collar, a double affair with Gladstone points. The vest is made of plum-colored Georgette, to harmonize with the predom-

colored Georgette, to harmonize with the predominating shade in the
plaid. The skirt is nocleashle for its adorable
combination of simplicity
and novelty. The front
panel is edged with a
rope of the material, as
well as the yoke at either
hip. The sides are plaited and made of plain
silk, supplying the fashlorable three yards
width at the hem.

Value of Soda

little soda on the

mail amount in glass water often relieves trees in stomach after

If ment is too stale wash it in water in which sods has been dis-olved.

Milk beginning to turn may be sweetened by adding a trifle of soda as you heat it.

TOW three large bites in quick suc-

ave to chew their food, but Frisky's

hould have known better than to be so

chactly what Frinky wanted he commented to oblige the actile flown for a visit. are wondering," he said, by instan, "is how you makes a mish much a tlay hole for Doort you feel very

dancing each morning before the day's work commences, the world would be full of healthier women. Yes, indeed, this is absolutely true! There are so many girls who follow sodentary occupations, sitting all day at a desk, or typewriter, or table. The only real exercise they get is a little walking, and that only tires them, because they are so thoroughly 'unfit.' Their muscles are flabby and soft through disuse; their checks are pale; their supply of energy is virtually nil; their eyes are dull, and their figures are listless and decidedly inclined to stoop."

This is all perfectly true, and the wonder is that these girls hold out as they do. Day after day they take no exercise, and on rare holidays, if they swim or walk or dance with a sudden spurt of energy, the unaccustomed effort wearles them so greatly that their would-be health-bringing holiday leaves them more tired and slack and stiff than they were before:

These girls seem to believe that the only form of exercise which can possibly do them good is something which requires a lot of time, and time is something they cannot spare. Also they think it costs money—and so it does—to swim or skate, or ride or play tennis and golf. But dancing costs no money—at least not the kind which requires just ten minutes each

Girls who really wish to look healthy and happy should follow the morning dancing plan. With such a marvelous person as Adeline Gence to vouch for its efficacy, there can be no doubt as to results.



Business women are too much inclined to igtheir Lealth. Sooner or later they discover their mistake, generally by sad experience! And sad experience! And those who wish to avoid

the health pirfalls that beset the feet of the h who works for her living should remember that prevention is better than cure—and take all the exer-

PLUM AND EGGPLANT GOOD SHADES FOR AFTERNOON WEAR

AN AFTERNOON FROCK

"Of course I do think so," replied

"But what of those?"

"Those are the various rooms of my home," said the gopber, proudly, "Now do you think I am crowded? My home goes all over this field. Give me and my little mate another day and we can make still more rooms to show you. We dig our way back and forth across this field many times in a season, eating away the nelty, tender roots as we go. To be sure, the farmer does not like us, for we spoil his grass. But what care we for that? We sat and dig, and are quite happy. If only I was blager I want have nothing to wish for at all?"

Frisky Nearly Chokes

and fishes and any creatures who do not it with my own eyes?"

easion may be all right for snakes Frisky. "Why shouldn't I? Can't I see

Adelia went to the window and looked. Sure enough, there was Peter, standing before the barn door.

She donned some clothes and went down into the yard. Just then Dr. Cole

THE DAILY STORY

Where the Heart Is Widow Howd was red-haired, brown-eyed, with a complexion like

strawberries and cream and a bewilder-

Dr. James Cole noted all these charms

in a casual sort of way while he dickered

over the purchase of the widow's horse,

"He is the dearest old thing!" confided the widow as she patted Peter's fat sides. "Not so dreadfully old, either, only 12-and he has the cutest tricks! If you carry a lump of sugar in your pocket.

Peter will put his nose right in and steal it—oh. Peter—you naughty pony!" she chided as Peter's black musale emerged

"He's full of tricks, all right," agreed

"Please don't be cruel to him," pro-tested Adella Howd. "Why, I couldn't sell Peter if I thought you would be un-kind to him."

"I've never illtreated a horse in my

life." said the doctor ironically. "While I cannot have Peter in the house with me I shall make him quite comfortable in my new stable, and I shall not braid

"I'm quite sure you will not." retorted Mrs. Howd. her smile vanishing in a flash of resentment. "If you have quite decided upon buying Peter, you might conclude the transaction now. I cannot afford to keep him. I rarely use him and he eats so much."

The transaction was soon ended, and Mrs. Howd incked a check away in her

Mrs. Howd tacked a check away in her cashbox, while Doctor Cole harnessed Peter to the smart runabout which he had also purchased and prepared to drive away to Peter's new home.

"Good-by, Peter, dear," whispered Adella in Peter's ear. "And forgive me

for selling you to such a cross old bear!"

Doctor Cole whipped off his hat in fare

well, and and drove away from Mrs. Howd's cottage. Adella locked the big gate, and closed the stable door on Pe-

ter's empty quarters. Then she went into

ter's empty quarters. Then she went into the house and had a good cry, for she had been fond of Peter.

Adella Howd was a very busy little woman. She wrote sage advice for the kitchen column for a small rural weekly and she baked the most delicious viands for the woman's exchange in the village. The new doctors the cree who had become

The new doctor, the one who had bought Adella's horse, traded regularly at the ex-change and always demanded Adella's

bread and ples and cakes.
On this evening when she had parted with Peter, Adella had her household col-

umn to write, so she quite forgot about the empty stable, and at 10 o'clock went

She was just dropping off to sleep when there came the sound of pounding hoofs from the road outside, a pause and a heavy thud in the yard, then the familiar trot, trot of Peter's feet as he went to

up to bed.

from the doctor's cont pocket.

red ribbons in his mane."

arrived, panting and disheveled, and quite irascible at the occurrence.

"It's going to be a nulsance, Mrs. Howd," he said, frowningly.

"I'm very sorry, doctor," soothed the little widow, "but Peter was homesick—and I'm sure he will not reseat the card. and I'm sure he will not repeat the of-

So Peter was led home by the doctor. who quite forgot his examperation in the train of thought that pursued him even after he had returned to his pillow. "If women knew how becoming it is to wear the hair loose and flowing like-er-"

the doctor went to sleep.

Adella's hair had been loose and flowing

a glorious aureole of ruddy locks. The following night Peter repeated the offense. He leaped the fence surrounding the doctor's pasture, trotted down to

his old home, scaled the gate and whin-nied for admittance to the stable. Again the doctor came for his runaway. and again Adella apologized, but this time her hair was decorously braided in two great ropes that swung over her shoul-ders in a girlish way.

That night the doctor decided that if

romen only knew how becoming it was to wear the hair a la Marguerite, why-

Four times within a fortnight did Peter break away from his halter or his tether rope and come back to his old home. Then be decided to make the best of bad business and tried to make himself happy at Doctor Cole's.

There were times when the doctor's ownership of Peter became very inconvenient and extremely embarrassing Once was when he was taking Miss An-

gela Petty to ride.

When Peter reached the Widow Howd's gate he planted his feet in the sand and, deaf to all entreaties, refused to budge. Adella heard the disturbance and came out into the moonlit evening, her lovely hair ruffled by the breeze and her face breaking into dimpling smiles. "You naughty Peter-horse!" she scold-

"You naughty Peter-Horse!" she scolded as she petted Peter into action once more. "I hope you are forgiving him all his sins, doctor."

"I'm trying to," said the doctor, grimly. Angela Petty tittered. "Peter seems well trained." she insinuated, "but it must be inconvenient for the doctor to have to stop here every time he goes driving.""

Scarlet flooded Adella's face but her usually ready tongue found no answer to the taunt. She stepped quickly inside the and disappeared within the house.

As the door closed, Peter, bowing to the inevitable, moved forward. But Angela Petty did not enjoy that ride a bit, and Doctor Cole never invited her to drive "I detest catty women," he muttered in

Peter's ear.

After that, when Peter ran back to Adelia's, she never made her appearance. Poor Peter became quite homesick, and, although he never missed an opportunity to stop at his old home, he rarely saw Adelia.

Doctor Cole continued to buy her toothsome dainties at the Exchange, and oc-casionally he met her at some village gathering, but for him Adella's smile had ceased to dimple. She was grave and

one dreary November evening, when the rain heat on the tin roof of the kitchen ell until Adelia could hear the sound no longer. Peter decided that he would make one more effort to return to his old mistress.

to his old mistress.

His feet splashed in the mud of the road and his leap over Adelia's gate was perilous one because of the slippery

twe to chew their food, but Frisky's runt was not made that way. He could have known better than to be so gish; even the little gopher could have in the little gopher could have in the little gopher was too polite to any such "I could have taid year appech; dear me, yes! He darted r. Into his hole and stayed there till kr was through cotshing and sputtide his hole when any noise was he-year may be sure of that!

The gopher just sat back on his haunches and laughed. "Well, that's a good one on you!" he finally managed to say. "You think that you can see all my home? Why, my friend, all that you see is my small front door. That I make just as small as I possibly can slip through sp that other creatures too lazy to dis houses for themselves may not craw! into mine. But my house—just look over this meadow. Bee all the humps and the hillocks in the greas?"

Frisky looked, and sure enough he could see many tiny hillocks—some running one way and some another, and all an inch or two higher than the rest of the madew. "Test I see those," he replied. "But what of those?"

"Those are the various rooms of my home," said the gopher, proudly. "You have to the property of the pr Trot, trot, trot, he went around to the barn, and Adelia threw a shawl over her head and went out to open the barn door. Peter was shivering with wet and he uttered a cry of delight when be entered the warm stable. Dootor Cole came hurrying into the yard bareheaded, with a mackintosh buttoned around his throat. "Let him stay tonight," quavered Adelia. "He has been so persistent and —Peter's heart is here, I'm afraid."

Standing there in the rain, the doctor caught her hand in his warm grasp. "He may stay forever if you will take us both into your heart," he said boldly. "Home is where the heart is—and this is the only home that Peter and I want!"

And the Widow Howd and Doctor Cole became formally betrothed that very evening while they concocted a hot branmash for faithful Peter.

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(Copyright, 1915.)

Quinine Jumps to \$1.15 Quinine is going up like a war stock. It is now quoted at \$1.15 an ounce and wholesale drug manufacturers expect to see it go to \$1.50 within the week Speculation in drugs is said to have been started because of imports being curtailed and an increase in the export of the products. A few days ago quining was selling at \$0 cents an ounce, from which price it pumped in a day is \$1 and then to the products.



FLORENCE WALTON

WHAT MILADY IS WEARING; FLORENCE WALTON'S GOWNS

I inating feature, from a sartorial point of view, of the sensational production, "Hands Up," is the marvelous gowns and wonderful costumes worn by Miss Piorence Walton.

Over \$6000 dollars were expended by Miss Walton for her gowns and costumes in this production. They were all designed and executed by Lady Duff Gordon, who, under the name of "Lu-cille," is the idol of all the fashionable women in New York.
In order to perfect every bit of this wonderful wardrobe, Miss Walton was

compelled to stand many times as long as six hours at a time while Lady Duff

THE one overshadowing and predom-inating feature, from a sartorial lady Duff Gordon fits a gown on a woman like an artist would paint a portrait. First she tries one color, then another. Then she experiments with one design, following that with others of a different kind; meanwhile turning her subject around from one side to the other and utilizing every bit of the physical attractiveness and beauty which the

woman possesses.

The wedding gown worn by Miss Walton in the last act of "Hands Up" cost \$1000, while the pink tulle gown used in the first act is valued at \$700. The cost of the bathing costume used in the Atlantic City scene was \$400. Miss Walton's mascots are three little Pekineso dogs, which are always in her

FIRE PREVENTION DAY IN THE CITY SCHOOLS

Boys and Girls Drilled as Preliminary to General Observance on Saturday

TEN NEW COMMANDMENTS TELL HOW TO AVOID FIRES

1-Don't permit children to play with

matches.
2—Don't throw away lighted matches, cigars or cigarettes.
3—Don't use gaseline, naphtha or benzine in the home. (One pint of such inflammable liquid makes 200

4—Don't block the fire escapes; you may need them yourself any mement.

5—Don't put ashes in wooden boxes or barrels.

6-Don't permit accumulations of rub-7-Don't have lace curtains or draperles

near open lights.

5—Don't fill kerosene lamps or lanterns after dark. p—Don't permit matches to be used, except in a closed metal box.

10—Don't forget to call the fire depart-

ment if you can't extinguish the flame. Better provide some pro-tection against fire—you never can

October 2. Cut it out and paste it in your hat. It is the first national fire prevention day which will be observed in this city.

As is fitting for an educational move-As is fitting for an educational move-ment, the first lesson was taught today in the public, parochial and private schools. All these were asked by Acting Superintendent of Schools Garber to hold fire drills and to devote at least five hold fire drills and to devote at least live minutes prior to the drill in impressing the children with the importance of fire prevention. Tomorrow, set aside as the official day, the large industrial establishments have been asked to hold fire drills, and large department stores will advertise it in their windows.

Ministers have been requested to refer to the day in their sermons Sunday.

"We want to cause the people of this country to realize the cost of the yearly ash-pile," said Fire Marshal Elliott, who left today for New York to represent Philadelphia at a meeting of the National Pire Prevention Committee of the Safety First Federation of America. "The fire bill in 1914 was \$235,591,350, or, at the rate of \$5 a year for every man, woman and child, including the cost of equipment and maintenance of apparatus."

No money is available in this city for publicity for the day, as is the case in some other cities, he said, but the federation is determined that the day will be observed in Philadelphia. "Ten commandments" in the prevention of fire have been distributed in various cities.



exhibit of Suits, Coats, Waists, Dresses and Dance Frocks you will find but one of each model. This insures exclusiveness no matter which you select. Custom work is all de-

elyned and supervised by Mr. Presser himself. Vienna Shop

1531 Locust St.

Little Benny's Note Book

I asked pop for a sent today and he gave it to me so quick I wondered weathir I awtent to of asked for 2 cents, and I was jest going out to spend it and I thawt of a riddil to ask pop, and I sed, Pop, do you like to gess riddils.

O. Id rathir play billiards or be left a fortune, but fire away if youve got a good wun, sed pop.

Wich I did, saying. Wat do you tell the

time with, shine yure shoos with and lay in at nite. By gosh, that is a sticker, sed pop. And he thawt a wile and then he sed,

Youve got me, I give it up. A watch, a shoo brush and a bed. I sed Wy, you littel imp, wat kind of a trick

is that to play awn yure innersent and insispeckting farthir, sed pop. I no anuthir wun, I sed, wat has 4 legs

and barks like a dawg and flys in the air. Is this a regular riddil or anuthir smart Aleck jonk, sed pop. A regular riddil, I sed.

And pop startid to try to gees it, saying, 4 logs, flys in the air, barks like a dawg, lets see, no, it coodent be that, lets see, well, Ill give that wun up, to, wats the

anser. 2 berds, I sed. Wy, I was going to say 2 berds, but 2

berds dont bark like a dawg, sed pop.

O, I jest put that in to make it hardir, I

Give me back that sent, sed pop. O, G, pop, O, G, I sed. And I startid to go down stares backwards, pop saying, Come back heer and give me back that

down stares. Are you going to give me back that sent, sed pop. Ony I dident heer him awn akkount of me beeing out in the vester-bule by that time.

I wont tell you any moar, I sed haffway



tions of the rat. He preys alike on poultry, eggs, grain, provisions, and even cuts his way to the very food for your table. Wherever he goes, loss follows. Protect yourself with

RAT CORN Exterminates rodents with deadly cer-tainty, but harmless to humans. Rats dry up without odor. 25c, 50c, and \$1.00; 6-lb. pail, \$5.00. At Seed, Hardware, Drug and

> AUTUMN RESORTS ATLANTIC CITY, N. J.



BIAN WHITE A BONK COMPA

A. B. JOHNSON URGES TARIFF COMMISSION

Head of Baldwin's Says Question Should Be Taken Out of Politics

Alba B. Johnson, president of the Baldwin Locomotive Works, in a public statement, urges the appointment of a tariff commission to take the complex tariff question entirely out or politics and to insure American manufacturers reaconable protection against the changing conditions which govern home industries.

The importance of the commission is emphasized at the present time by the aweeping changes which will follow the close of the European war, when millions of men now under arms will return to the industries of their own countries. Congress lizelf would still be the body to pass tariff legislation, according to Mr. Johnson's plan, but the Tariff Commission would study the situation at home and abroad, and would suggest to Congress from time to time the general legislation necessary. The tariff regulations, Mr. Johnson thinks, should be made flexible, to meet changing business condi-

"The work of the Tariff Commission must, then," the statement says, "con-sist of some such functions as those:

"To ascertain which industries may legitimately be classed as 'infant industries' and still require tariff protection. Thus, the manufacture of dyestuffs, litherto highly developed in Germany alone, is an infant industry in America—

one that will require continued protection after the close of the current war.

"To study the commercial effects of the tariff in order to so adjust tariff schedules as to promote, and not discourage, our export trade.

"To study size the effect of the free."

"To study, also, the effect of the free ilst upon American commerce and to in-sure that reciprocal advantages are given to us by those nations benefiting from it.
"To determine the application of maximum and minimum rates, so as to insure the greatest possible reciprocal advan-tages for American export trade. "To suggest to Congress from time to

time the general legislation necessary to the accomplishment of these purposes. Congress enacting into law the general principles involved, while the application of the principles in detail become the duty of the commission."

Ships Won't Await Canal Opening Nine of the American-Hawaiian Steam ship Company's steamships, blocked by the slide in the Panama Canal, have been ordered to proceed on their voyages via the Straits of Magelian. Four of the ves-sels are bound for this port from Hawaiian and Pacific coast ports. As the canal will not be opened until November 1, it is believed by taking the longer route deliveries can be made before that time.

Kemble Mansion Sold

The old Kemble mansion at the north-west corner of 22d and Green streets. known a generation ago as one of the handsomest private residences in Phila-delphia, has been sold by Louis J. Berg-doll to Earl T. Kramer. Mrs. Emma J. Bergdoll, widow of the brewer, had been living in the mansion for some years until recently. The property has been conveyed subject to a \$40,000 mortgage. It is assessed at \$72,000.

SUFFRAGISTS UTILIZE PRESIDENT'S PICTURE

Equal Franchise Society Displays Wilson's Portrait and "Suffrage Message"

A large picture of President Was-decorated with the Stars and Stitzs and the suffrage colors, adorns the beat quarters' show windows of the Equa Franchise Society today.

Jubilant over President Wilson's recess statement, in which he declared his letention of voting for the suffrage amendment at the coming election in New Jessey, the society will spare no effort is make their new show window a great

Underneath the President's portrait is a copy of the President's "suffrage meanage." Suffrage literature, including copies of Dr. Anna Howard Shaw's auto-biography, form the background.

The fact that Philadelphia suffrages

The fact that Philadelphia suffragions intend to end the campaign in vigorous fashion was emphasized by announcement that the board meetings of the Equal Franchise Society will be held one a week from now until election day.

a week from now until election day.

The suffrage "paint and brush squad" is completing plans for its attack of sent Monday. "poster day." Armed with passe brushes and posters the squad, inciding Mrs. Wiffred Lewis, Miss Mary H. Ingham, Mrs. Harry Lowenburg, Miss Mary H. Burnham, Mrs. Martha Davis and Miss Ellen McMurtrie, will leave the headquarters of the Equal Franchise Electy in the "Burnham Winner" to planter sections of Walnut and Spruce atterner.

clety in the State and Spruce streets and other localities.

Posters calling for a favorable vots for the suffrage amendment on November I will be posted, among other place on the residence of Mrs. Nathaniel Burt. on the residence of Arts, Asthaniel Burt. 1203 Walnut street, and on the home of Dr. Charles Hirsch, 500 Pine street, Missarah D. Lowrle, 1827 Pine street, has been elected chairman of the Pande Committee of the Equal Franchiss So-

Dinner Given to Rookies

The 200 rookles who attended the in-struction camp of the State Fencilles infantry battallon at Broomall a month ago were dined last night in the Fencilles armory at Froad and Race atreets armory at Broad and Race atreets National defense was the subject of speeches and 21 of the citizen soldiers ceived warrants as non-comr Major Thomas S. Lanard presided at the dinner.



scrapple. Allen's Scrapple, made of the choicest ingredients in scrupulously clean surroundings, is the best obtainable. Grain-fed pork with the right amount of seasoning is the secret of its goodness. Sold by leading dealers, in parchment

CLEMENT E. ALLEN, Inc., Media, Pa



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Opportunity.

Savings Without Parallel. Scores of Styles!

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Scores of Styles of \$10 to \$12.50 Millinery for \$3.95 WE HONOR PURCHASING AGENTS' ORDERS

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The Promenade in the Marble Exchange
Three Decks Fronting the Boardwalk and the Ocean
Library Tower Two Golf Courses Evening Musicaies Cloister Garden

TRAYMORE FRIDAY CHATS

GOLFING AT ATLANTIC CITY

Atiantic City is a "Home Town" for soliers all the year around. Not any one season, but for spring, summer, autumn and winter. Many of the conventions that meet here have their golf organizations. Some enthusiasts, last summer, when the Traymore was a-building, had a driving contest into the ocean from a scaffold on the Library Tower; the judges were in a boat off-shore. The regular golfers go either to the Northfield Country Club, known to thousands, or the Sasview Golf Club, which, with its unparalleled clubnouse, has now one of the most imposing equipments in America. ** The mild, bracing climate of Atlantic City, the cuisine, comforts, chesrfulness of the Traymore, and the lure of the fair greens, are three forces to attract ins tired man who wants to renew his strength with Nature's tonics.

THE LARGEST FIREPROOF RESORT HOTEL Dontel S. White, Proc. IN THE WORLD Joseph W. Mott. Mar.