# FAINT HEARTS-A FEW REMARKS ABOUT THE OVER-TIMID WOMAN

Many Cases of Overwrought "Nerves" and Hysteria Are Due to a Foolish Woman's Inability to Control Her Fears and Fancies.

### By ELLEN ADAIR

<text><text><text><text><text><text><text><text><text><text> FILE world somehow or other seems Timidity, of course, is largely a matter

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railroad journey hap-pened to be in Amer-ica, where there was not the slightest risk A the slightest risk of Zeppelins and where no notices are posted in the trains warning passengers to keep all the blinds down for fear of the enemy's air fear of the enemy's air attack, as they do here in London at the present writing I really here in London at the strong and healthy.

present writing, I really have little sympathy with the timorous soul who could not summon sufficient courage to tear herself away from her mother's apronstrings. She was a strong, healthy young woman, and should have bad better 1.11.1

Yot it is surprising to learn how many women are exactly like this one in the matter of timidity. They spend narrow, dull lives, dragged out in the secure but uninteresting shelter of their own homes, and they have not the slightest idea of what is going on in the world about them. "Home-staying minds have ever homely wits," goes the saying. And it certainly is an incontrovertible fact that the woman who never ventures away from home is going to be narrow and in a measure Ignorant.

Comes "National Honor," Liberation of the Unredeemed and Behind It Imperialism.

### By INEZ MILHOLLAND BOISSEVAIN

Copyright 1915 by the New York Tribune. ROME, June 25. T IS futile to attempt to discuss the

cause of war in Italy. The causes, to begin with, are as old as the world joined the alliance. So Italy joined. is old. Italy, like every other nation, is doing international business under an old system. Granted the system, an old system. Oralited the system, war is its inevitable sequence. The system, of course, assumes that interna-tional disputes must be settled by force of arms. This assumption, though occa-sionally modified by accidents like the peaceful determination of the Dogger banks and the Alaskan boundaries dis-pute, is the only one that is seriously considered by the "government-minded," as proof of which take the fact that it is the only method prepared for all nations. Alternatives, like peace tribunals, arbitra-tion arrangements or adjudication of any sort other than war, are mostly a matter of individual enterprise, and as such have no prestige of the sort that only natural ifficial indorsement is able to give. Things being as they are, Italy, like the other nations, was swept into the current of hate, or violence and greed. For war admits all the hideous qualities and actions that in civilized life we repudiate. Only, unlike the other nations who have put forward one high-sounding excuse after another, Italy frankly admits that she is in the business of war for what she can get out of it. Speaking from the cur-rent national and patriotic viewpoint, italy had more "right" to war-if an in-terested party to a dispute may be consid-eved as judge of the right or wrong of the dispute-than any other mation, ex-Things being as they are. Italy, like the the dispute-than any other nation, ex-cept, perhaps, Germany. Italy had a cer-tain national prestige to maintain; that prestige was a thing determined not by presslige was a thing determined not by internal development, but by capacity for external aggressive action according to present international standards. Without capacity for such aggressive action for the sake of "holding her own," a nation believes that her development, internal and external, is checked. Perhaps she is right, but other ways of "holding one's norm" have been devised and accepted. own" have been devised and accepted. Howheit, national vahity is played upon and the belief in one's "country" honor" comes to be sacred and second only to enalayed brother in their ears and for whom the results, prophesied and actual, must be immediate. No, I am inclined to think that Italiana a bellef in God. No. I am included to think that Italiana will resent their obligations to the Al-lies; that they will feel cheated and ex-ploited; inasmuch as the thing they be-lieve they are fighting for is not all that will be required of them. Italy is san-guine now, but the wounded have not begun to come in This is one of the causes of war. Italy, I do not doubt, believed that her integit up not would, believed that har integ-rity as a nation was threatened unless she swung into line. To begin with, she spoke, with excellent sense, I thought, or neutrality. And I remembered how, in America at that time, we looked to her with eyes of admiration. Italy had begun to come in. in America at that time, we looked to her with eyes of admiration. Italy had a great role to play here in the heart of Europe-a role that we might play in the United States, if we keep our heads and tempers. But Italy was not yet ready to play that role. So Italy went to war. Nominally because she had been founded by Austria, actually because, hav-ing broken with Germany and Austria, abe had nothing to hope for from France and Russia and England unless she ai-meaning the Powerz. In such a position she had no hope when the time came for dividing up booty of obtaining her share, and she particiliary We hear that Italian losses are heavy. Whatever else may be, there is no at-tempt to deceive the people by accounts of, exaggerated victories or minimized losses

| insists upon a share in Asia Minor. She had nothing to expect from Germany. And England guaranteed nothing-not even Trentino and Trieste-unless she

The terms of the alliance are, of course, unknown, but it is understood that Italy a pledged to stay in till the end of the war, to make no separate peace and to send troops to the Dardanelles. Such terms sound probable, and-Ged help Italy. I believe she has undertaken much success assured at the outset. more than she can manage. Her re-aources will not permit of it. She is still feeling the effects of her war in Tripoli, Sir William Osler is the consulting phy-sician and there are nine doctors on the staff. The nurses number 64. Of these 24 are American sisters, and there is an for one thing; the crops are not what was expected, for another; the general pov-erty is appalling. But more important, 1 equal number of English sisters. The re-mainder are volunteer nurses. believe, than all else is this fact: Granted that Italy swung into war with enthu-siasm (though to my mind the demon-THE PAGET WARD. that itsly swung into war with enthu-siasm (though to my mind the demon-strations that passed for enthusiastic had more of hysteria than spontaneity about them), will such enthusiasm last when the name of the such as the paget ward, a magnificent apartment, originally the ballroom of the house. A great hal-cony runs the whole length of the ward, and out there lay several convalescents. "Trieste and Trentino" realize that Trieste and Trentino is but the beginning of Ital-ian operations and not the end? Those whom this business of war is able to throw into a state of exatile fervor are stimulated thereto by the gry of "wation." their heads and arms still bandaged, but their eyes fixed in sheer content on the wonderful vista of 20 miles of rolling moorland with its purple heather and scented flowers. The smell of honeysuckie drifted up and minsled with the smell stimulated thereto by the cry of "nation-ality" or the "liberation of the shackled people in the north"—a liberation that has been dreamed and hymned. But when this liberation is achieved (and, inciden-tally, it is being considerably delayed, for by now the Italians had counted on being of iodoform and carbolic. Down below, on a wide green lawn, some of the nurses were playing tennis and calling to each other. There was no other sound except the humming of bees and the distant murmur of the sea-it was a veritable by now the Italians had counted on being in Trieste, and they are not), what is to inflame these souls who delight in war? paradise. "This is rather different from the trenches?" I asked one poor fellow whose check and jaw had been shattered by a bursting shrapnel and who was terribly Then when the pinch of war is felt, when disease spreads and winter comes, when Austrian domination is thrown off, what enthusiasm will remain to fight the batdisfigured. "Devonshire is He smiled happily. tles of England and of France-nations for whom no love is lost in the best of times? For the ultimate advantages, if God's country-and I'm home again," he said, speaking with difficulty and in the broad, soft Devonshire tones. "But when I'm better I must go back to the trenches -I couldn't rest here if I was well again and able to ne". any, of Italy's alliance are too remote for appreciation by a people who believe that they march to battle with the cry of an and able to go."

## AMERICANS AID THE BATTLE-SCARRED



Jack McLennon Grant, wounded soldier, in second bed from foreground, is in the "Eva Stotesbury" bed in the American Women's War Hospital, Paignton, South Devon, England.

# WOUNDED BRITISH SOLDIERS BLESS AMERICAN WOMEN IN WAR HOSPITAL

Wrecks and Ruins of Humanity Being Nursed Back to "Health' in Beds Provided by Women of the United States at Beautiful Devonshire Estate.

By ELLEN ADAIR

### Staff Correspondent Evening Ledger

ously.

"WHEN I GET WELL ----"

"Have you really come over from

PAIGNTON, South Devon, England, | fiman and bearing his name on the wall. Various doctors were consulted and they all said the same thing-that her July 6. THERE'S one spot in England whose condition was a purely imaginary one scenery is absolutely unrivated for beauty and where artists throng by the

hundreds in a vain attempt to transfer its inimitable coloring to mere canvas -and that Garden of Eden is Paignton, n Devonshire, beside the sea, There, amidst the rolling moors with

their purple heather and life-giving ocean breezes is the American Women's War Hospital, crowded with wounded "Have you really come over from America, Miss?" he asked me. "Now I do call that kind! Do you know Vir-sinia? My mother lives there now, and I'm going to see her. Oh, I'll soon be able to walk, thank you. And I want to go to Michigan, to see my brother. There are so many things I'm going to do when I get well--" soldiers. Some of these are still blinking in surprise to find themselves in such an enchanted palace. For the magnificent home of Mr. Paris Singer, which forms the hospital, is a regular palace, with its stately marble stairways, halls, corridors and statuary, its priceless paintings and fabulous furnishings. The glory of the Louis XIV period has come to life again there, and one can almost fancy oneself in the palace at Versailles. The hospital is the principal expression of the work of the American Women's War Re-LITTLE COTTON CREPE FROCKS llef Fund, which was initiated imme

lief Fund, which was initiated imme-diately on the outbreak of war. As quickly as possible Oldway House, the residence of Mr. Singer, was trans-formed into a fully equipped surgical hos-pital with 15 wards, having a total capac-ity of 250 beds. The two units so gener-ously detailed for service in Great Brit-ain by the American National Red Cross Society are working here, and there is an English matron with a nursing staff of

# Society are working here, and there is an English matron with a nursing staff of American and English sisters. On arriving at the hospital I was re-ceived by the military .commandant, Lieutenant Colonel R. C. Gunning, and the directors, Dr. Howard W. Beal, of Worcester, Mass., and Doctor Penhallow. of Boston. We made a most interesting four of the hospital and I was particuof Boston. We made a most interesting tour of the hospital, and I was particularly struck with the magnificence of the building and the bright looks on the faces of the soldiers. With such women work-ing heart and soul for them as the Duchess of Marlborough, Mrs. John Astor, Mrs. Anthony Drexel, Mrs. Whitelaw Reid, Mrs. Robert Strawbridge, Lady Paget, and many others, the place had

CHILD WHO NEVER HEARD "DON'T" well with limbs all twisted, spinal col-umn Broken, hipjoints blown away! Above different beds I maw the names of Frincess Edmond de Polisnac, J. B. Duke, Marshall Field, Mrs. E. H. Harri-man, Rita Drezel, R. E. Strawbridge and

"There's a Scotchman who wants to talk to you," said Sister Rosanne, smil-ing. "He's in the 'Eva Stotesbury' bed, but he's been allowed to get up today, and, hearing that you are a fellow-coun-tryman of his, he has some things to say to you!" many others.

She led me up to the Eva Stotesbury Ble led me up to the Eva Stotesbury bed, whereon was sented the Scotchman, fully dressed, Jock McLennan Grant by name, of the lat Battallon, Royal Scota. He rose and shook hands with great cordiality. "I'm awfu' glad to see ye, mum," he said, "for mebbe ye ken some o' my freends in Glasgow-maist o' them Pre miners and dockworgers? Do ye ken Cowcaddens."

Cowcaddens" It appeared that Jock McLennan Grant had been badly wounded in the head, and just at first I surmised that he was what is known in Scotland as "m wee thing saft." But I was mistaken. he was only "manual I was mistaken.

as only "canny." "I canna talk to ye richt wi' at that

Americans runnin' around,' he observed, "so will ye step into the kitchen, mum?" I consented to "step" and Jock care-fully shut the door, "I aye thocht Americans were heathen-

"T aye thocht Americans were heathen-ish folk," said he in a whisper, "but they're awfu' kind to me here, baith nurses and doctors. Och aye, I like them fine! I wantit to ask ye what America's like, T've a bit of shell in my back now, and the doctors are eye trying to find it, but," and he swelled with pride, "ma case clean beats them a'! When they do operate on me, and I am better and the war's over, I might gang to America if you yourse!' would give it a bit recommendation."

The X-ray department and operating theatre were fully equipped with the very latest devices, and one of the most in-teresting wards was one in the swimming Timan and bearing his name on the wall, lay a cheerful Weishman, James Pol-green, who had had the whole of his right hip shot away at Fastenburg, and who had lain in that bed since February. It seemed likely that he would lie there-or elsewhere-for the rest of his natural life, for he was badly shattered. But he seemed perfectly happy as he sat propped up with great pillows and knitting zeal-ously. pool building, out in the grounds of the hospital. The pool had been floored over and the ward named "St. George." Victrola was playing cheerfully and the scene was quite bright. Screened off was one poor fellow who was recoving slowly from the effects of asphysicating giowly from the effects of asphysicating gas. He lay there struggling for breath weeks and weeks after the poisoning had taken place, and seemed to be in perfect agony. The soldlers fear this terrible gas more than any bursting shell or bayonet wound. For it means torture of long duration and

For it means torture of long duration and lungs torn and lucerated. However, everything that human skill can do to help theme poor fellows is being done at this beautiful hospital, and as all the doctors and nurses remarked, it It is terribly trying to listen to hopes like these, for no matter how smashed and shattered the poor fellows are, hope springs eternal. "When we get well.—" they always say. And how can one get is a pity that the women of America can-



Three-Year-Old Katherine Warren a Living, Playing, Laughing Example of What Efficiency of Parents' Care Can Accomplish.

A CHILD who never has heard "don't." | Doctor Smethurst that they resolved upon a course of training they vowed they her three years, yet is known as the best behaved child in the neighborhood is the envy of mothers in the vicinity of 1257 East Berks street, the home of Mr. and Mrs. Joseph Warren. The child is their daughter Katherine. Besides being attractive Katherine Warren is almost abnormally healthy, smiles on every one and never has been known to throw things, nor to kick and scream.

"We brought her up naturally," Mrs. Warren says. "We have not forbidden her many things; indeed, we forbid her nothing, so of course she has no cause to

nothing, so of course she has no cause to throw herself on the floor because her wishes have been thwarted." In addition to having parents whose pride in their child went further than feed it sweets out of hours, 3-year-old Katherine Warren, was fortunate enough to be attended by a physician who be-lieves in outdoor life. ARE PRACTICAL FOR SUMMER DAYS

THE light morning frock Before her daughter was six weeks old, Mrs. Warren had heard Dr. Albert Smethurst, of 620 East Thompson street, speak a number of times at great length forms a most important item of every summer girl's wardrobe. And if we aren't

summer girls, yet it is all the more reason why we should begin to get ready, for the summer girl, like the proverbial dog, always has her day, and it is usually a very delightful one.

There seems to be something particularly rejuvenating about a becoming sum-mer frock. It looks well on every occasion and will wear indefinitely if the materials are carefully chosen. For are carefully chosen. For instance, cotton crepe is used on the little gown shown in today's illustra-tion, and its practical wear-ing value has demonstrated itself sufficiently to beggar description. B osc and description. Rose and white is the color scheme of the dress, the main features of which are simplicity and style. Rose colors of every imaginable that are very imaginable that are very

a course of training they vowed they would follow each day of the child's life. Would follow each day of the child's life it was the tonacity they exercised in car-rying through the plan that is responsi-ble for Katherine Warren's health, ap-pearance and disposition today, they beleve.

Baths have been frequent and import-Bans have been requent and impart-ant in the first three years of Katherine Warren's life. Every day she has un-dergone alcohol rubs, needle showers, rubs with olive oil and cold splashes. The Warrens have never feared fresh +

air, no matter what its temperature hap-pened to be. Since the early weeks of her infancy, through summer and winter, their child has slept in a room alred by three open windows.

Loose clothing for her child and fre-quent changes of it has occupied the atwhich consists of it has occupied the at-tention of Mirs. Warren. There was a long period, nearly two years, during which Katherine did not walk. The re-sult is that her knees are only the nor-mal distance from each other. Care of this kind in every branch of training has developed a child who is certain to take prizes in any baby show and provoke deupon the proper way to bring up chil-dren. She and Katherine's father were so impressed with what they heard from served admiration of its parents.

Tomorrow-The Pansy Bud. Copyright-Clara Ingram Judson

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Try

# An Unexpected Find

"THAT just serves me right!" ex- playing around here all afternoon almostwatching a fisherman who had plenty of worms. And I saw him go home so I flew down at once to investigate-surs enough! He left some and I came after L claimed Billy Robin as the lovely butterfly flew away; "when will I learn to say kind things or nothing? And I have always wanted to play with a butyou at or "We're surely glad you did," said Billy, and then the three birds perched on the edge of the old tin can and ate their terfly! Oh, well, what's done is done, so there is no use of worrying. Only I hope I do remember this lesson," and that sage advice to himself he flew over dessert

to the pear tree, where he hoped to find Tommy Sparrow. But no Tommy Sparrow was there. He flew to the pine tree in the next

yard, to the log where Tommy Tittle-mouse had his nest and to the osage-................ orange hedge, but not a sign of Tommy Sparrow did he see. Billy was just about to give up and play something by himself, when who should come rushing into



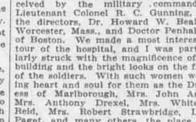
struggle against giving way to her fears. For in struggle lie victory and happiness.

constant supervision. It took her several years, of course, to reach this stags of "nerves," but that stage never should have been reached at all, and the woman who

# WHY "BELLISSIMA ITALIA" HAS

UNSHEATHED HER BRAVE SWORD

The Main Reason Is Because the Other Countries Did It-Then



The first ward we visited was the Paget

MRS. STRAWBRIDGE'S BED

In all the wards above every bed I saw familiar names of American women and men. In Mrs. Strawbridge's bed in the Churchill Ward had been a mere lad called Hackett, who had been terribly in-jured at Mons. He lingered for quite a time, with a badly fractured skull, and more than que daring operation was permore than one daring operation was per-formed upon him. But he was beyond the reach of human ingenuity and human science and one summer morning paased

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CHARMING SUMMER GOWN

By BURTON DONNEL HUGHES

this su too The skirt is made with a suggestion of the triplicate style formed by means of two wide ruffles, attached to s yoke. These ruffles are found of the triplicate to s yoke. These ruffles are fund and I flew home on purpose to get

to a yoke. These ruffles are piped with white crepe, like the inserts of the same which are seen on the yoke. More ruffles are seen on the short, wide sleeves, These sleeves, by the way, are the very latest thing, coming as they do from New York on all the ultra models. Net ones are seen on some gowns, with edg-ings of silk, flowing straight from the shoulder and cut off at the elbow. The or-gandle vestee is ornamented gandle vestee is ornamented with Irish crochet buttons The model of this gown is extremely plain, and it could be made at home with very little trouble and to good be was so proud and happy he could hardly speak! They flew right up to the edge of the little lake, and what do you

From Paris

suess! There, close up to the water's edge, they saw a funny looking old tin can. It had no cover and was parily rusted-Billy frankly admitted that he would have passed it by without a look-which admission made Tommy all the prouder! "Stand right on the edge and look in." invited Tommy, so Billy and Mrs. Tommy did as they were told. And then they saw-down in the bot-tom of the can were-wormal Yes, really! Worms! Nice, fat. wiggly, slick worms! yust the very kind Billy liked best of all Ha and Mrs. Tommyy gobbled up three aplece before they said a word, then Billy and Tommy to his story. "You see," he explained, "I have been Jenny is showing sor frocks for the very way warm days of midsummer, and a days of midsummer, and a number of cotton crepe ones that closely follow the lines of the garments that she designed for spring. The very full skirt is finished at the hottom with scallops or tab effect. Rose, mauve and white are the most promi-nent colors. The sleeves are both long and short, but the leading is toward the long, tight sleeves, finished with a frill tied in at the wrist with ribbon.

FROM PAQUEN'S. FROM PAQUIN'S. At Paquin's Madams Joire recommanded the stiffened organdie and would say little in regard to the embroidered cotton net, for the simple reason that nearly all of the maturit has beautofore been MRS. A. REICHARD Hemstitching, 10c per yard PICTORIAL REVIEW PATTERNS material has heretofore been made in Germany.

"Now just follow me," said Tommy im-portantly; he didn't often have the chance to do Billy Robin a big favor and

this easy way to clear your skin with suppose they saw there? Yo" never could guess! **Resinol Soap** 

> Bathe your face for several minutes with Resinol Soap and hot water, working the creamy lather into the skin gently with the fin-ger-tips. Wash off with Resinci Soap and more hot water. Finish with a dash of cold water to close the pores.

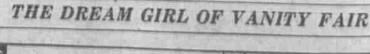
Do this once or twice a day, and you will be astonished to find how quickly the healing, antiseptic Resinol medication soothes and cleanses the pores, removes pim-ples and blackheads, and leaves the complexion clear fresh and velvety. Sold by all druggists. For sample free, write to Resinct Chem. Co., Baltimors. Mil.





a Aparama , Sha gate hay alother at Medama

Sully! For heaven's sake look bahind you!



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How that we're oute, how much do you suppose Anonne paid for that decos?