

WOMAN, LOVELY WOMAN—THE REAL SOLUTION OF THE DRESS PROBLEM

Many and Varied Motives for Feminine Adornment Will Always Remain a Mystery to the Uninitiated.

By ELLEN ADAIR

THE problem of dress is one that women can claim as primarily their own. "Woman," said a famous dress-maker recently, "the exquisite canvas upon which the Divine Draughtsman has painted his subtle lines and blends his rarest colors, may logically demand that flowing complement of drapery whose lines evolving in the minds of gifted designers have resolved themselves into the bewitching costumes of the present day."

But the real problem of dress is not the question of how my lady shall array herself for the seasons or what changes she shall make in the interest of novelty. Neither is it what shade of Art shall match what shade of Nature. No, the real problem of dress is that which the artist who has created the human form has left to the artist who has created the human mind. It is the problem of how to make the most of the human form as it is, and to make the most of the human mind as it is.

Oliver Goldsmith, in the "Deserted Village," observes with gentle cynicism: "As some fair female unadorned and plain, secure to please while youth confirms her reign, stanzas every borrowed charm that dress supplies. Her charms with art the triumphs of her eyes, but when those charms are passed, for what are left? When time advances and when lovers fail, she then shines forth, solitary to bliss, in all the glaring impudence of dress."

HINTS FOR THE HOME SICKROOM; PACKAGE GOODS FOR HOUSEKEEPER

There should be no pictures or decorations upon the walls of the improvised hospital in your home, and the floor should be bare, without even a rug. Only the necessary furniture should be permitted in the room, and that in the middle of the room, so that the nurse may pass easily from the head to foot and from one side to the other. The mattress and springs should be high, so that the nurse will not strain her back in her constant bending over the patient. A table and chairs of inexpensive wood, so that in case of contagious disease they can be burned, and a cot for the nurse, screened off in one corner of the room, should complete the furnishings. Banish upholstered chairs or cot covers that cannot be washed. Curtains, if used at all, should be of simple material readily laundered.

With a room of this sort kept always in readiness a prolonged spell of sickness, where one member of the family catches the disease, may be prevented, and is worth fitting up as a matter of precaution, even with the prayer that it will never be used.

In one home, where a cot for the nurse, screened off in one corner of the room, should complete the furnishings. Banish upholstered chairs or cot covers that cannot be washed. Curtains, if used at all, should be of simple material readily laundered.

There is no question that package goods are much cleaner than the loose products, which are too often open to absorption of dust from floor sweepings, served by hands not too clean, to say nothing of being handled by prospective customers.

It is a tribute to the housewife's intelligence that she has come to believe in package goods despite the slight extra cost.

To make smelling salts, procure an ounce of rock volatile and break it into small pieces. Put it into the bottle, and then cover with a eau-de-cologne. Let it stand for a few days, and it is ready for use.

To take the "sag" out of the persistently sagging circular skirt, the dressmaker has invented all sorts of tricks such as scallops at the bottom of the skirt and squares with pipings of satin. The four-point skirt is another scheme to hide the ugly sag.

Tub frocks are not always "tubable." Many of the new organdies, voiles and cotton are trimmed with taffeta.

The cretonne, or "garden gate" dress, is one of the freaks of summer fashion. They look warm and comfortable, and they are probably as uncomfortable as they look. Why not leave cretonne to the outdoors when there are dainty muslin and organdie and gingham for the dressmaker's creations?

Girdles of black velvet, or of satin, in delicate shades of heliotrope, maize or violet, give a touch of smartness to almost all summer gowns of wash fabrics.

The Evening Ledger will award a daily prize of \$1 for the best original suggestion on entertainment. The subject of the first contest will be "My Most Successful Luncheon." Manuscripts should be a reasonable length, and should be returned. Address to the Entertainment Editor, Evening Ledger, Independence Square, Philadelphia.

MODERN WOMAN TELLS WHY HOME'S DRUDGERY IS A THING OF THE PAST

Tells Engaged Girl How Efficiency Enables Housekeeper of Present to Manage Home and Have Other Interests.

Grandmothers Were Slaves When They Kept Good Households—Old-fashioned Home Hideous and Its Bric-a-brac Made Extra Work.

Are the women of the present day better housekeepers than their mothers and grandmothers before them? Have the multifarious outside-of-the-home activities of many of the 20th century women reduced their efficiency as home managers, or have they by sharpening their intellects become more alive to the fact that the status of housekeeping depends in large measure on the housekeeper herself, and that she can make of her work a drudgery or an interesting science, just as she sees fit?

A recent discussion of this ever interesting topic was taken up by a group of clubwomen the other day. Many of them are exemplary housekeepers, whose refrigerators are never permitted to indulge in that disagreeable performance known as "running over," whose children always are as clean as cherubs and whose entire regimen is conducted with a smoothness calculated to keep the most fastidious husband in a contented mood.

"I firmly believe," said one woman, emphatically, "that the modern woman makes a more systematic housekeeper than her female ancestors. I mean by that, that whereas the woman of fifty years ago who became known as a good wife and mother had to give over her entire time to it, the woman of today finds time to develop other interests outside the home."

GRANDMOTHER A SLAVE. "My grandmother," she continued, "was one of those women whose homes ran like clock work, but in order to achieve this state of efficiency—if it can be called such—personally I have different views on the matter—she made herself a slave. It was her type, I am sure, that was responsible for the old adage, 'A man's work is from sun to sun; a woman's work is never done.'"

"Her servants, instead of being trained to stand on their own feet, were made to feel their dependence on her. She could never take a vacation, because she could not relax her hold on the home affairs. Things would have been entirely disorganized if she had. The consequence was that, though she was an excellent housekeeper, she was not a very happy woman. She was a slave to her home, and she was a slave to her family."

"And how can a wife keep up her outside interests without neglecting her home?"

THE MILITARY NOTE IN PARIS STILL EMPHASIZED BY FASHION

THE very latest Parisian creations show a decided trend toward the "new" figure. This is a development from the lines which were beginning to make their appearance at the end of the winter, a sort of cross between the debonair slouch, omitting the slouch, and the old-fashioned hour-glass shape. Fashion experts promise us the hour-glass figure within another season, but I, for one, refuse to believe that women will be willing to endure the agonies of the tight corsetage after the wide-waisted freedom they have enjoyed during the last two years.

The lines of the new figure are still lean toward slender, neat, but not the slender of emaciation. It is a more erect, less clinging type. It is the slenderness of a well-developed, well-corseted body. For the most part, the new gowns are made to conform to these requirements. Today's style is a picture of a real Parisian fashion, with its distinction of line and simplicity of conception. Paquin is the creator of this fashionable street trotteur, and it shows his artistry at its best.

Navy blue serge of a very fine weave is used as the material, with trimmings of military braiding and a smart haysider cash. The high collar and vestee on the front of the bodice is made of white pique. The skirt falls in vertical pleats at the feet, with imitation slits at either side, outlined with motifs of blue braiding. The military boots accentuate the martial idea, with their side closings and practical lines.

Helps for the Housekeeper

The gas stove should be cleaned every week. Remove all bars and wash in strong soda water. Wash the top of the stove and clean burners, cleaning out the little holes with a fine skewer or piece of wire. Wash the shelves and clean any enamel linings with rough salt.

Blacklead the bars and polish the brass taps, rub up steel portions with emery powder.

When whipping cream, add three or four (not more) drops of lemon juice, and it will soon become thick.

To remove scratches from silver, mix a little putty powder into a paste with olive oil. Apply this to the scratches with a flannel and polish with camellia.

Save the scraps of candles, tie them up in a white cotton bag and when ironing pass the iron over the bag. This will give a gloss to the linen and prevent the iron from sticking.

When boiling milk, do not throw away the "skin." As soon as the milk boils, pour into a jug, which place in a bath of cold water, and stir the milk quickly till it cools. The cream will then separate with the milk and there will be no skin, yet the milk will be as rich as before being boiled.



Hints from an Artist
How to be subtle in dull silver, veiled with black. Paint white, blue the eye lids, small of gardenias, pass by a couch of apricot and gold brocade, high gently then again. Have amber lights under alabaster shades. Gentle draughts of air from concealed fans should veil filmy clouds of incense across the room, while following this hint, avoid chewing gum and bling.

home and husband?" asked a young woman, the ring on whose third finger explained the earnestness in her tone.

SHOULD STANDARDIZE WORK

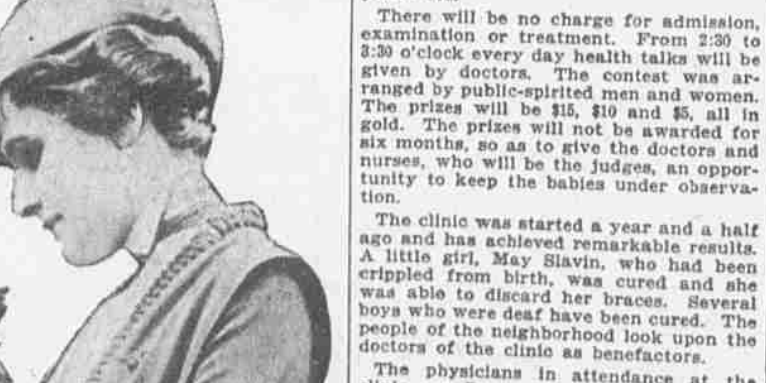
"By standardizing her housework and putting it on the same basis that she would a chosen profession, the modern woman in her home management has a real advantage over her mother and grandmother. In no other field has there been such a different view of improvements in the 'weapons of trade.' We have vacuum cleaners, fireless cookers, gas ranges, electrical implements—a thousand recent inventions to facilitate labor."

OLD HOME HIDEOUS

"Moreover, our taste in housefurnishing is improving, and practically every home is coming to see that the old kind of home, filled with elaborate gauds, useless ornamentation and dust-collecting black-knacks, was not only a hideous affair, but was more expensive and required more time to look after than one furnished with quiet simplicity. For the woman who can't afford a servant these inventions are heaven-sent. For the woman who can they make life an even sweeter song than it is; for, given a maid and the modern housekeeping paraphernalia, all that the housekeeper has to do is exercise her executive ability."

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PROPER FOOD FOR BABY

Diet for Healthy Child Described by Federal Bureau.

A healthy child from 12 to 24 months old should eat, according to a report just issued by the Children's Bureau of the United States Department of Agriculture, the following food:

- 7 a. m.—Milk, 8 to 10 ounces.
- 8 a. m.—Piece of zwieback, toast or dried bread.
- 9 a. m.—Orange juice, 2 ounces.
- 10 a. m.—Cereal, 1 tablespoonful.
- 11 a. m.—Cup milk.
- 2 p. m.—Bread, 5 ounces.
- 3 p. m.—Meat, 1 tablespoonful.
- 4 p. m.—Vegetable (spinach), 1 tablespoonful.
- 5 p. m.—Baked apple, 1 piece.
- 6 p. m.—Cereal, 1/2 tablespoonful.
- 7 p. m.—Milk, 8 to 10 ounces.
- 10 p. m.—Cup milk.
- 11 p. m.—Cup milk.

(An ounce is two tablespoonfuls.)
The bureau declares that nothing is so dangerous to a baby's health as wrong feeding. Cakes, candy, doughnuts, pickles, coffee, tea, beer and soft drinks are condemned, especially during hot weather.

Vacation Day Precautions

It's a great annoyance to find yourself far from home and unable to obtain your favorite newspaper. Before you go away make the Evening Ledger to have your paper sent to you. Specify the edition desired.

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WOMAN'S DIRECTORY OFFERS HAVEN OF REFUGE FOR THE DISTRESSED

Dr. Charlotte L. Abbey Has Been the Helpful Spirit Who Has Uplifted Many Helpless Girls Into Better Environment. Twenty-two Years of Unselfish Service.

It doesn't seem possible that a woman whose occupation for 22 years has made it necessary to look on the world side of things, seeing men and women at their worst, could maintain a sweet, optimistic outlook on the affairs of the world, untinged with cynicism or discouragement.

Ever since the establishment of the Woman's Directory, more than two decades ago, Dr. Charlotte L. Abbey, its director, has been engaged in the difficult and narrow path of virtue girls who have strayed. Throughout that time, though she has visioned life in its crudest, ugliest phases; though she has seen men and women descend to the level of beasts, her faith in the ultimate regeneration of the human race has continued, and despite the revolting aspects of many of the cases which come to her attention none has yet been able to dim the light of this faith.

Thousands of girls in trouble have found their way to her office at 304 South 7th street. None has ever been turned away unaided. All have profited not only by her helpful counsel, but have received material aid in the way of a fresh start in life.

NONE TURNED AWAY. The Woman's Directory is a sort of clearing house to which women, driven to the wall by crass ignorance, inherent weakness or whatever it is that makes people "go wrong," could come in their hour of need. The realization of the necessity for such a place was borne in on a group of philanthropic Philadelphians back in 1893, who discovered that in the whole city there was not at that time a place where a woman about to become a mother could go with the certainty of being admitted.

When they decided to found such a place, Doctor Abbey, then a young graduate of the Woman's Medical College, was selected to be the acting director. She has been there ever since, and only the countless numbers of women who have been cheered along the way by her wholehearted aid with a degree of truth the whole amount of good she has done.

The first purpose, for which the directory was founded, she said, speaking of her work, "was, of course, to help young women with illegitimate infants. The advent of social workers, however, has been a relief in this direction, and although the original work has not been dropped, it has given us time for an educational work that is very essential in undermining the causes that lead to degeneracy and crime."

TRAINING OF YOUNG MOTHERS

The educational work in which Doctor Abbey is so keenly interested is the training of mothers in the way that they should instruct their children in matters pertaining to sex. The negro women of the city, according to this earnest woman, have been particularly responsive to her efforts, and as a result of among their own people many women's leagues have been formed in their churches for the purpose of carrying on the work of education laid down by the Woman's Directory.

Training children industrially at an early age is, according to Doctor Abbey, another means by which the standard of life may be raised immeasurably.

"By industrial training, however," she said, "I do not mean that a child should be taught some trade or vocation in its early years, but that it should be taught the opportunity of becoming useful citizens. So long as this is the case—and until the whole world forms a truer ideal of sex and marriage, there will always be the causes of crime and degeneracy."

HUNGER ENDS GIRLS' ROMANCE

Travel on Freight Train and Live in Woods, But Have to Get Food.

All ideas of romance were driven by hunger from the minds of two girls, who came here in a freight train from Washington, and they are now back at the family fireside. They are Elsie Jelivery and Eileen Colilly.

On arriving here a few days ago, the girls lived close to nature in woods in the southwestern section of the city. They finally went to a farm at Ford's road and Millin street and asked for the farmer, who had been told that the girls were from Washington, and they were taken home. He informed the detective bureau.

The police got in touch with the parents of the girls, and they were taken home last night in repentant mood.

Caterpillars Attack Vegetable Gardens

Truckfarmers and amateur gardeners in and about Philadelphia and particularly in the northeast section of the city would like to take in their gardens at night since the advent of a horde of yellow caterpillars, which descended suddenly from trees or some other place yesterday and threatens to denude their string beans, cabbages, kohlrabi and parsnips. The ornamental maples outside the Fairmount Hotel at Orthodox and Penn streets, Frankford have already been stripped of their leaves.

When?

Sun comes, moon comes.
Time slips away.
Sun sets, moon sets.
Love, fix a day.

"A year hence, a year hence."
"We shall both be gray."
"A month hence, a month hence."
"Far, far away."

"A week hence, a week hence."
"Ah, the long delay."
"Wait a little, wait a little."
"You shall fix a day."

"Tomorrow, love, tomorrow.
And that's an age away."
Blaze upon her window, sun,
And honor all the day.
—Tennyson.

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DR. CHARLOTTE L. ABBEY

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BRANDYWINE'S HISTORIC FIELD TO BE MARKED

Memorials Will Be Placed on Route of British and Hessians.

WEST CHESTER, July 12.—The committee of the Chester County Historical Society, having in charge the work of dedicating markers on Brandywine Day, September 11, at Birmingham Meeting, on the Brandywine battlefield, has completed its arrangements, which are announced today.

Altogether a dozen markers will be placed in position and dedicated along the route taken by the British and Hessians before and during the battle. Places of interest along the route, where the army of General Howe stopped after the fight will also be marked on the same day. The markers consist of bronze plates, which will be bolted to large boulders along the route. The Delaware County Historical Society will also take part in the services of the day. The historical address will be made by Professor Smith Burnham, of the West Chester State Normal School, and Judge Bromall, of Delaware County, will preside.

The Program Committee will consist of Professor G. Morris Phillips, George R. Johnson, J. Frank E. Hauke and Mr. Ashmud; Publicity and Invitations, T. K. Stubbs, Mary I. Stille, W. W. MacEire, Mrs. Thomas Sharpless, Professor Addison L. Jones; Transportation, C. P. Faint, William Wayne, Jesse E. Phillips, J. Carroll Hays.

The observance of the day are to continue for several hours and the trip about the battlefield will be made in automobiles. The State Historical Society will furnish the cars for the occasion and probably be represented by its officers at the affair.

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