IS THE MODERN "SALAMANDER" TYPE
A PRODUCT OF OUR GENERATION? If Mothers Would Take the Amusement Problem in Their Own Hands, There Would Be No More By ELLEEN ADAIR


SOME TRIED AND TRUE RECIPES
FOR ALL FESTIVE OCCASIONS

| $\mathrm{C}^{\text {UT }}$ 2 pounds of lean beet (any cheap Tn u trytns panan and brown each piece eare-- fuilly. Lift trom the fat carefally and placo to a kettle which bav a uhht cover. Cover with boiling water and place the hoctie where It will mimmer. At the end of one houra add 2 level teanpoonn of eait pepper and $\&$ phich of umeet marjoram or y tanspon celery seed. About ono hour berore the meat tis to bo nerved tad 3 mentumstized ativer-aktn or Berhive been mecraped and cut in allces. Onehait hour before nerving ndd 8 or 10 small. now potatoes. When the vekethisten are done titcken the gravy with nour mixed to $n$ thin panto with water garve on a larke meat plater, the meat Sarve on a large meat pineer, piled in the centro and the veretables in ringe about it. Vie onty a uttle of the gravy, on the rukout and serve the remainder in a gravy boat. |  |
| :---: | :---: |
| CRAB BISque <br>  whole in water to cover for 20 minatea Plek the meat from the crabs, ada to tho atack: next add itablespoana minced onton, th cup bolled rice and I tablesipoon buster. Stmmer for s minutes, strain throuth a puree sleve sind geason with 1 enapoon mait and cayerine. Scald pint with 2 tubleepoons flour and 2 tablespoonis buster, which have been coaked together. Combine the mixtures, reheat and Berve. | widd then browned. $\qquad$ <br> TOMATO SAUCE <br> Melt 2 tablespoona butter in a anucopan and coole in It I tablempoon of chopped onfons and 1 teaspoon chopped paratey; add $\frac{1}{2}$ tableanoona flour, and when weli blended pour In 1 cup of seasoned stewed tomatoes. Simmer $\delta$ minutes. 8 strain and serve. |
| GOOABBERRY TRIFLE <br> Seak $\%$ cup peart taploca over night and <br>  With 1 cup of nusar until noth Add 1 tires and nerve cold in aherbet alasses. |  |
|  |  |

THE ATHLETIC GIRL CHOOSES SILK
JERSEY CLOTH FOR STRENUOUS WEAR


NARBERTH WOMAN HAS GARDEN OF WEEDS AND WILD FLOWERS Strange to Say, Mrs. Norman Jeff eries Prefers These "Obnox
Plants to the Gentler Varieties One is Accustomed to


W


No Exchanges



A WOMAN PAINTER WHO THINKS ARTIST MUST BE PUBLIC SERV ANT

Prize Suggestions


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