WORK AS A PANACEA FOR EVERY ILL; THE SECRET OF YOUTH AND HAPPINESS

The Woman Who Has an Occupation or Rides a Hobby Need Never Fear the Tyranny of the Years.

By ELLEN ADAIR

"Do you know why it is that I never

especially to all men and women who see

self together again,
"That terrible habit of subsiding into a
rocker is the cause of great unhappiness,
for once there you grow there."

This indefativable old lady is a regular mine of energy. At present she is busily engaged in decorating a \$50,000 home in

scheme or things; in fact, it plays the largest part in her life. And yet until the age of 68 her work was entirely confined to her own home, for she had much to occupy her there. Once the home occupation was gone, she felt her need of something else fill the mental and physical niche, and to fill the mental and physical niche, and

to fill the mental and physical niche, and turned her attention to writing and shop-ping, becoming editor of the shopping guide department of that well-known

And correspondingly she will look younger and be in much better physical condition than other women of her

Two Rice Dishes

To boil rice-Place the rice in a par

of fast-boiling water, and be careful to

choose one large enough for it; I ounce

to 1½ ounces of rice should be cooked in a quart pan, which should be three-parts full of water, and have half a teaspoon-

ful of salt and few drops of lemon juic

in it, the latter to preserve the white-ness of the rice. Stir occasionally. Boil the rice from 10 to 15 minutes, but test

It at the former time by pressing it be-tween the finger and thumb. When the grains feel soft remove the saucepan

from the fire at once and drain off the water; return the rice to the pan and set it on the corner of the stove to dry,

shaking it occasionally. Some grains of rice will always stick to the pan, and to remove these put a small pat of but-

ter in the pan, and as this melts the grains will fall away. The rice will take quite 10 minutes to dry, and should never

be served until the moisture has been

got rid of and the grains separated. If the rice is boiled too slowly or for too long a time, the result will be a sticky

A good plan is to pour in a pint of cold water when the rice is sufficiently cooked. This stops the boiling and helps to sep-

arate the grains; if put close to the stove when the rice is first put into the pan, the cook will be able to throw it into the

be simmered until quite cooked, drained

Risotto-Chop half an onion very fine-ly and fry it in half ounce of butter. Place 4 ounces of rice in a sauce pan

with half a pint of stock, add the onior

and cook until the stock is absorbed. Stir in 1 cunce of grated Parmesan cheese, pepper and sait to taste. Make very hot and serve. If liked, serve the rice as a border to a center of scram-

Rice Rissoles-Make some risotto, as above, but omit the cheese, and add a little tomate sauce. Lay the rice on a dish to cool. Then form into balls, egg. crumb and fry a golden brown.

Milkweed Pillows

The ripe pod of the milkweed makes an

excellent filler for pillows. Open the pod, remove the seeds and dry the down.

This material will not lump with age

had overheard what they said and how they called him fat. "FAT! Me fat! Think of that! And worst of all, Billy Robin says I AM fat!" "Well, what if you are?" asked Frisky. "Why care?"

"Oh, dear!" groaned Mr. Garden Toad.
"and here I thought you were nice and
understanding—and you go and talk that
way! Of course I don't want to be fat!
Anybody would know that. It's such a

disgrace to be fat. I hate being fat. So

"Well, then," said Frisky, in his nice, practical voice, "why not stop being Mr. Garden Toad pricked up his ears (so to speak) and listened with all his might. "Do you think I could stop being fat?" he asked, interestedly.

"To be sure you can," replied Frisky;
"It's only a question of caring enough."
"Oh, I care enough; but how shall I do
it?" And Mr. Garden Tead was so inter-

ested in the subject he actually sat up and hopped all of two hops over toward

and does not crumble and sift out.

and served.

bled egg.

real and very im-portant in her scheme or things; in

efer work is something very

WORK is the great rejuvenator. The woman who has useful work to do in the scasons of the year had given her. "Do you do this in the winter, too?" I mulified. "Sure I do!" she answered in her soft cheerful occupation to give her an interest in life and to keep away these moody thoughts and

moody thoughts and odd Ideas which somehow or other manage to permeate the brain of the idle. The secret of perpetual youth is to be found in congenial work. Even scrubbing floors from early morning till late at night has from early morning till late at night has quite youthful in appearance, although the occupation would popul to few outside that valiant pro-

strange calling is followed by some of the weather-beaten peasant women at Queenstown, in the south coast of Ire-and. They come out in small rowboats, aden with baskets of Irish lace, to meet the great Atlantic

there and sell their goods to those on board. But the only means of getting en board under the circumstances is to be hauled up the side by means of a rone. by means of a rope.

It is a hazardous undertaking for a woman, but these irish peasants seem to enjoy the experience immensuly. They not be the control of the control of

ence immensely. They place large determined feet against the perpendicular side of the boat, the rope goes around their walsts and they literally walk up like files to a height of 40 or even 50 feet files to a height of 40 or even 50 feet above the water. The first time I wit-nessed this interesting spectacle three sturdy specimens of Irish femininity scaled the heights. "Do you enjoy this sort of work?" I

asked one of them.

"I do that!" she answered instantly,
"and it keeps me young, too. You wouldn't think I was 46, would you?"

She certainly did look young, in spite of the weather-beaten look which the strons generation. For congenial work is the great panacea of human ills, and, at the

An Old-time Kitchen

Except in some old houses, where the original furnishings have been pre-served, one seldom sees a real old-fashioned kitchen nowadays. The kitchen is the first part of the house to be mod-ernized and improved (?) for the sake of the cook, who demands the latest conveniences. In Philadelphia, in the house of John Bartram, the botanist, the Bart-ram Association has kept his kitchen in its original condition, and this is true of several ancient homes kept as muse-ums, but it not often nowadays that a woman deliberately plans an old-time kitchen as a playroom joined to her home. This is, however, what a woman wanted, and what her husband planned for her as a surprise, attached to the old farmstead they owned in Connecticut. There is an up-to-date domain for the benefit of the family cook, but for the mistress the charming beamed-roof addition, with its casement windows, means a sanctum where she can entertain her friends with delicious dainties of her own concoction without interfering with the arrangements of the kitchen oddess in the house proper.

Silk Sweaters

Stalian silk, the two-toned ribbed silk and crepe de chine are some of the maand crepe de chine are some of the materials that compose this popular garment.

Crepe de chine gained much popularity at Palm Beach. To add a new touch, fur in bands at the bottom, also forming cuffs and collar, makes an attractive be simpled by an and collar, makes an attractive be immerced until quite cooked, dand the pan. This should be simpled until quite cooked, drained by simple and collar, makes an attractive

suffs and collar, makes an attractive

These sweaters were usually longer than the ordinary garment, reaching half way between waist and knees and with a tassaled belt, giving quite the effect of a Russian blouse. White and dark furs were used for the sweaters.

Rest

Rest is not quitting The busy career; Rest is the fitting Of self to one's sphere,

"Tis the brook's motion, Clear without strife. Fleeting to occan After this life.

"Tis loving and serving, The highest and best; "Tis enward, unswerving; And this is true rest.

FTER Mr. Garden Toad heard from

A the two flies that he was fat and the

statement was confirmed by Billy Robin.

he was miserable all the time. "Here I

have thought and thought about my

graceful, slender self," he fretted, "and

now, come to find out, I am not slender

any more! I think it is just too dread-

"What is too dreadful?" asked Frisky

"Nothing to eat! Always hopping!"

Cottoniall, who happened by just then. Her mything happened?"
"Indeed, Yes," said Mr. Gardan Toad, mourafully, "something dreadful has

"Oh, I'm so sorry!" said Frisky sympa-inetically. "Can I help you? What can be the matter? You seemed so happy this morning when I went pust." "Tag, I was 'replied Mr. Toad sadly. That was before I learned the bad

Had news?" asked Pricky, "I don't like

a meddle toto sour affeirs, but could you all me was his happened?"
That was cancily what Mr. Garden good seamed to do, for, really, about the

inly consciution one has for troubles is the path.

The selling of them at ichel that was the new the hord falt shout it so he fold from the from the control of the second falt shoul it so he and how he copyright—Clara Ingram Judeon.

the path.

Frisky Offers Advice

GERMANTOWN NURSES' HOME IS DEDICATED

Building Presented to Hospital by Mrs. W. G. Warden in Memory of Husband.

The new nurses' home presented to the Germantown Hospital by Mrs. William G. Warden, in memory of her husband, was Irish brogue. "I wouldn't stop my work for the world!" formally opened this afternoon at 4 clock. Special invitations were issued A certain very active old lady is anby the board of managers and the board other flying protest against the tyranny of the years. Although nearly 80 years of of lady visitors of the hospital. Tea was served. Mrs. Charles P. Keith is age, she is well known throughout the whole of the United States as an interior

president of the board of lady visitors. The new building is located on East Penn street near Chew street. It cost grow old?" she asked cheerfully. "It is because I love to work. Cheerful occupa-tion will always prevent a woman from growing old. I wish I could teach that \$150,000. The building is of red brick with timestone trimmings, and three stories in height. It has a symnasium and a roof garden. The building can accommodate themselves approaching old age. It is just at this time that a person must stick most firmly to her occupation. Disuse will rust a person fatally. If she only lets barself go, she will never pull herpupil nurses, besides the directress and er assistants.

Graduating exercises of the German-town Hospital Training School for Nurses will be held in the assembly room of the new nurses' home tomorrow night. Addresses will be delivered by James G. Leiper, secretary of the board of managers, and Dr. Robert N. Downs. Prayer will be offered by the Rev. H. A. MacKubbin, of the Presbyterian Church of the Redeemer.

of the Redeemer.

William H. Haines, president of the board of managers, will award diplomas to Jennie R. Gault, Edna S. Grabili, Cecella V. Troup, Anna E. Shaw, Gertrude I. Dreher, Olivia E. Hamilton and Olivo M. Simons. CROWDS JOIN FESTIVITIES

Punch and Judy, Vaudeville and

AT ST. RITA'S CHURCH FETE

Dance Entertainment Features. Punch and Judy shows, candy sales, vaudeville entertainments and an oldfashioned dance are features of the lawn fete begun last night in the yard of the parochial school of St. Rita's Roman

magazine, "The House Beautiful," and at the same time corresponding decorator. Catholic Church, Broad street below Ells-The woman who has work to do and who takes pride in her business will keep young in heart and mind to the very end. worth. The festivities will be continued this evening and tomorrow night. Chinese lanterns and gay ribbons added a colorful atmosphere to the celebration, which was attended by several hundred children and adults, the majority of whom reside within four squares of the church. The fete is for the benefit of the parish.

The Committee on Arrangements includes Miss Mary Keough, Miss Cecilia Dougherty, Miss Elizabeth Keough, Miss Louise Draggnetti, Miss May Keenan, Miss May Howard, Miss Isabelle Mor-rison and Miss Stella Longobardo.

To Make Edgings Last Longer

Perceptible length of life may be given to all embroidered edgings by running a straight row of close machine stitching just at the head of the scallops or points. This is easiest done in the flat, but can be done on garments already made up. With this treatment the whole inside of a ruffle will often give way before the edge. Judgment has to be used as to the size of the thread employed. No 50 ning it, however, Judge Way, of that is coarse enough for heavy embroideries, higher numbers for finor grades. The stitching is not noticeable after laundering.

that is known far beyond the limits of Philadelphia. Such a court has been established in Pittsburgh. Before planning it, however, Judge Way, of that city, and his assistant spent several days in Mrs. Rippin's office, interested observers of the methods employed there.

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DOMESTIC PEACEMAKER TEACHES LOVE EFFICIENCY, SAVING HOMES

Chief Probation Officer of Relations Court, a "Woman That Knows," Reconciles 120 Out of 150 Warring Couples Every Day-Husbands Not Always to Blame.



JANE DEETER RIPPIN

Every day an average of 150 persons enter the Municipal Court of Domestic Relations with the avowed intention of obtaining divorces. One hundred and twenty of them never get what they went for. Instead, they go home imbued with the idea that they didn't want a divorce after all; all they wanted was some one to listen sympathetically to their tales of woe and to advise them wisely. They receive the sympathy and the advice and return determined to begin all over again to live up to the spirit and letter of their marriage promises.

In this way a countiess number of homes that otherwise would have been broken are saved and thousands of innocent children, instead of being scattered and separated from each other and their parents to become charges of the Commonwealth are kept together and reared in their own homes.

The big personality behind this remarkable preventive work is Mrs. Jane Deeter Rippin, directing probation officer of the Court of Domestic Relations, the official family peacemaker, whose additional duties give her charge of all the women's cases in the Municipal Criminal Court and

of all of the cases in the newly-established Misdemeanor Court.

Mrs. Rippin is the official peacemaker of Philadelphia and with her corps of able assistants she has given the Domestic Relations Court a reputation for efficiency that is known far beyond the limits of

chivalrous country, that man and his deviltries generally are responsible for the uncessing grind of the divorce mill, it is Mrs. Rippin's belief that woman is as much to blame. For this reason, both the man and the woman who find their way to her desk are sure of fair hearings.

"It's the little things of life that keep the divorce courts busy," said the peace-maker the other afternoon, after the day's work was done, "not the big things, particularly where women are concerned. Many a neurotic woman has come in here crying for a divorce because her husband depend a place or something equality. dropped a plate or something equally trivial. Her nerves are in such a state she thinks the man did it on purpose, just to drive her craxy so he could get another wife. She thinks she wants to be separated from him, but what she really needs is only a little calming.

needs is only a little calming.
'In addition to 'nerves,' you'd be surprised at the great number of divorces caused by the domestic incompetency of wives. Many a man beats his spouse of sinys away from home and spends his money outside because of the silpshod reprehensible way in which his home is

"If a woman comes in here and says her husband is abusing her or setting rid of his wages in a manner unknown to her, I always ask why. In many cases I send for the man and then I hear a sad tale of unmade beds, burnt food, unwashed and fly trained children, and my sympathy goes out to that man. I have them both meet in a conference here, and after talk-ing things over do my best to get them to go back and start all over again. Often

divorce that they need."
Interfering neighbors, obnoxious in-laws and unscrupulous lawyers constitute some of the annoying influences that Mrs. Rippin has to combat in her work of pre-venting divorce. If other people would only keep out and mind their own bustness, she said, not nearly so many couples would come to grief.

would come to griet.

Sometimes, however, Mrs. Rippin does
not advise a reconciliation. These are
when big vital principles are involved and living together only would entail lifelong

uffering and unhappiness.
"If I had my way," she said, earnestly, "I would have connected with every high school a branch where girls who are go-ing to marry could learn the things of life that are absolutely essential to hap-piness that they should know. Untoid misery is caused by the ignorance of women in regard to the vital things. They should know enough to refuse unfit men, and should also be taught the difference between say attraction which is not last between sex attraction, which is not last-ing, and true love, which is perpetual." To make of life one grand sweetheart

To make of life one grand sweetheart business, to go on loving throughout life, instead of for a brief period, is what people ought to do, according to Mrs. Rippin, and it's what she advocates for all the troubled ones who cross her daily path. It's this counsel, too, that is responsible in a large measure for the prevention of 80 per cent. of the divorce-contemplated applications that are made in Philadelphia. in Philadelphia.

Past experience has equipped Mrs. Rip-pin well for her present office. Before coming to Philadelphia she was assistant principal of a high school in Mechanics-burs, and after resigning there she has gleaned much sociological experience in this city, working in the Seybert Insti-tute for Boya and Girls, the Burd School for Orphan Girls and the Society to Protect Children from Cruelty

Sanitarium Patients Strike

NEW YORK, June 29.—Fifty inmates of the country sanitarium of the Monte-flore Home, in the Westchester Hills, a mile west of Bedford Station, have struck to compel the readmission of five dis-missed last Saturday by Dr. Louis Shalet, who became superintendent of the sanitarium June 1. The strike is still and so is a lockout, and where the advantage rests depends on the point of view. The chances are that it lies with Doctor Shalet.

State's Health Exhibit Praised HARRISBURG, June 29 .- Dr. Samuel G. Dixon, the State Commissioner of Health, who, with his wife and daughter, will start from Philadelphia tonight for the Panama-Pacific Exposition, has re-ceived from Dr. William L. Rodman, of Philadelphia, who has just been elected president of the American Medical As-sociation, a telegram of congratulation on the State health exhibit at the fair.

Lutherans Plan to Aid Muchlenberg Lancasters, Pa., June 29.—Lutheran ministers of this city formulated plans last night for a campaign to raise part of \$500,000 pledged to Muehlenberg College by the Lutheran Ministerium of Pennsylvania. The pledge must be raised by October 31. by October 31.

RULES OF SAFE FOURTH LAID DOWN BY MARSHAL

Fire Marshal Elliott issued today the following suggestions for safety on July 4: Owners of buildings should see

that windows and skylights are properly protected, so that flying skyrockets, toy balloons and similar flame-carrying devices cannot start among the contents of the

In large buildings with expased areas, such as stable yards, still yards, etc., a special watchman should be placed on duty; this may mean the saving of an entire hulding.

mean the saving of building.
In all places where regular fire equipments are not maintained, wa-ter should be supplied; or, better, a small fire extinguisher for immedi-

small fire extinguisher for immediate use.

All large roof areas and light wells should be carefully watched.

Dealers in fireworks must rigidly enforce the "No Smoking" rule.

Householders are especially cautioned against the following, in connection with display around their homes:

nection with display around their homes:
Do not give the children large bunches of matches.
Do not let small children carry burning punk around carelessly.
Do not let your fireworks ite around exposed.
Do not let children, especially girls with fitmey dresses, set of fireworks without adults present.
Watch the windows. Do not leave any open where fireworks can get in unnoticed.
If you have a parden hose see in unnoliced.

If you have a parden hose see that it is attached ready for use. If there is no parden hose, keep a tub full of water handy. It may stop

a fire or save a life.

And-of the utmost importance—
all rubblah, papers, etc., that have
accumulated should be removed by
July 3. Fireworks dropping among
rubbish piles have caused many
fires.

Be corwful what you do with "dis-

fires.

Be careful what you do with "discharged" fireworks. They may receptode.

Remember the work of a harmiess sparkler last year. The sparkler was harmiess, but the metal handle was red hat and set fire to the child's clothing. Death resulted.

Every citizen's aid is solicited, and attendance and emphasis upon the local neighberhood celebration will help.

Excesses handless of Research to Phil-

Prize Suggestions

A prize of \$1 will be awarded daily for the best practical suggestion. No suggestions will be returned.



H. Bregy, 5941 Woodbine avenue, Over-brook, Pa., for the following suggestion: A good way to chain a dog and to allow him plenty of freedom at the same time is to stretch a clothes line or galvanized wire between two points, and attach a ring to it. The dog's collar is

AILING MOTHER GIVES SKIN FOR BURNED SON

Wife of Bethlehem Steel Co. Official Makes Sacrifice in Pennsylvania Hospital.

Four-year-old Philip Mixsell, of Bothleem, is at the Pennsylvania Hospital today slowly recovering from the effects of terrible burns on his thighs, which have been covered with skin contributed by his mother. The latter is Mrs. Leighton N. D. Mixsell, wife of an official of the Bethlehem Steel Company, socially prominent in the Lehigh Valley.

Other skin-grafting operations will be necessary before the recovery of the lad can be assured, and in spite of the pleadings of surgeons and her relatives, Mrs. Mixsell insists on having all the necessary cuticle taken from her body. Her sacrifice is all the more heroic in that she went to the University Hospital in the first place for treatment for herself, and she is barely convalencent.

Mrs. Mixsell before her marriage was Miss Helen Fenicle, daughter of the late Thomas Fenicle, of Easton, who was Sheriff of Northampton County and prominent in Republican politics. Her husband is a brother of Austin D. Mixsell, vice president of the Bethlehem Steel Company. She is 31 years old.

Philip, the son, ran through the em-bers of a bonfire in the yard of his home at Bethlehem. The child was wearing an Indian suit with fringe around the legs of the trousers, and this became ignited. Before the clothing could legs of the trousers, and this became ignited. Before the clothing could be torn away the lad was terribly burned. A new method of treating the ourns was tried at the University Hospital. This included washing the wounds with a salt solution. Although the treatment is terribly painful, the boy endured it bravely, but finally septic poisoning and septic pneumonia set in. Physicians decided that he could not live without new skin being grafted over the wounds that rebeing grafted over the wounds that re-fused to heal.

When Mrs. Mixsell was advised of this she insisted on contributing the neces-sary skin. One large block already has been taken from her body. The series of grafting operations will be continued to-

U.S. OPPOSES SHIPMENT OF ARMS, SAYS GERHARD

German Envoy Scores American Press. But Praises Attitude of Citizens.

State's Health Exhibit Praised

ARRISBURG, June 29.—Dr. Samuel
Dixon, the State Commissioner of sale of arms and ammunition to the

sale of arms and ammunition to the Allies, if a popular referendum were held, Dr. Anton Meyer Gerhard, special envey from Ambassador Bernstorff, declared in an article in Dor Tag today.

Doctor Meyer Gerhard, who came to Germany to inform the Kaiser and Foreign Office officials of the exact sentiment in America with regard to Germany, declared he was satisfied the American people as a whole were most friendly to ple as a whole were most friendly to

clared he was satisfied the American people as a whole were most friendly to Germany.

"On the other hand," he said, "the Americans condemn Germany's violation of the neutrality of Beigium and the sinking of the Lusitania. They are unable to understand the German ideas on these points, just as Germans are unable to understand why Americans should travel on ammunition-carrying ships. Both peoples are laboring under entirely different ideas.

"Unfortunately the American press has not succeeded in remaining neutral, with some laudable exceptions, including the German-American newspapers. But the influence of the press on public opinion is sometimes greatly overestimated.

"One thing to be borne in mind—Germans often mistake large ammunition orders for filled orders. To a large extent such orders are changing big factories in American ammunition works, but I am convinced that the majority of the American people disapprove this prac-

American people disapprove this prac-

PROGRAM FOR BAND CONCERT This Is "Sing Night" on City Hall Plaza.

The program for the "Sing Night" concert by the Philadelphia Band on City Hall plaza follows:

1. Overtura. "Poet and Peasant".... Suppa 2. Etens Esparand. "Bevillaria"... Elgar 5. Bings (a) "Way Down Upen the Suwanse (b) "Columbia, the Gem of the Ocean."

4. Pantasis from "Die Walkure"... Wagner 6. Gema from "The Mikado"... Sullivan 6. Sings (a) "Sweet and Low."

5. Symphonic Feen, "Lee Freiudes"... Lins Harry C. Lincoln, director of singing.

BIG FEET NO LONGER STIGMATIZE WOMEN

Blush of Shame Does Not Mantle Modern Eve When She Buys Large Shoes,

The emancipation of woman is an assured fact, contradict and protest as you will, for, lo, she no longer deceives here self and her friends, or tries to, in regard to the size of her feet.

If you don't believe this, ask the shoenan, and he will tell you that the socalled French numbers in women's footwear, which formerly masked a 6-10 under the perfectly unintelligible 7854-Y are now fast disappearing and it's only a matter of a few months when this sartorial deception will have passed away altogether.

The time was when big feet were one degree worse than bowed legs or superflu-ous freckles, and the damsel unfortunate ous freckles, and the damsel unfortunate enough to have feet measuring over \$\frac{3}{2}-\text{H}\$ could not be made to admit it. Nor would she purchase a shoe which blatantly advertised her shame. But the world do moye, and women have progressed along with it, the result being that a six-foot tall woman realizes the folly of trying to make herself or any one clee believe that she can support her height and weight on anything less than size No. 5.

'Women have become sensible, indeed," said a leading shoe manufacturer, co menting on this change in size markings, When they know the size of their feet, they admit it regardless of its magnitude and don't care who knows about it, if only they get comfortable shoes. This is what is coming to pass and the change has been a quick one. "I remember the time when a woman

with a foot like a submarine would come in here and say. Three, double A, please. What could the poor clerk do? If she didn't practice a little deception the customer would go forth in a huff to buy her shoes elsewhere where the merchant's conscientious scruples did not be the control of th injure her pride. The result was that French numbers came into being.

"And just as we were beginning really

"And just as we were beginning really to know this French code ourselves, woman demands to be shown the actual size of her shoe.

"Five and one-half. D, please, she says sweetly. 'I like them comfortable. I'm doing lots of walking these days, canvassing for suffrage, you know.' And walking we say one convice her the nothing we say can convince her that 4%-C would fit her admirably."

LUNCHEON TO GEORGE M. BALL Distinguished Body of Railroad Officials Honor Retiring Manager.

George M. Ball, for 34 years manager of the Empire Line, one of the fast freight routes of the Pennsylvania Railroad system, today was tendered a lunch-con by officers of the railroad who have served with him for many years. At the luncheon Mr. Ball was presented with a set of 12 volumes comprising the New Century Dictionary.

Those present at the luncheon were: Those present at the luncheon were: George D. Dixon, vice president in charge of traffic: Joseph Richardson, assistant to Mr. Dixon; Robert C. Wright, freight traffic manager; George D. Ogden, general freight agent; Charles E. Kinsston, assistant general freight agent; W. J. Rose, division freight agent, Eastern Pennsylvania Division; R. H. Large, general coal freight agent; J. F. Roynolds, auditor of merchandise traffic; W. H. Myers, vice president in charge of real estate, purchases and insurance; R. B. Myers, vice president in charge of real estate, purchases and insurance; R. B. Cooke, traffic manager, New York, Phila-delphia and Norfolk Railroad, and C. M. Shenfer, general superintendent of

transportation.

Mr. Ball retires on June 30th under the pension regulations of the railroad. His son, Alfred J., has been appointed Eastern superintendent of the Empire Line, with offices in Philadelphia.

Sewing With Two Needles

It will often facilitate sewing to use two needles at the same time. In shir-ring two rows can be run in almost the same time as one, and in braid flat on the bottom of a skirt a saving both of the skirt (which is handled less) and of time will be accomplished by the tise of two needles.

Good Material for Kimonos India print is a very durable material for kimonos and dressing sacques. It is like an excellent quality of percale without dressing. The figures are stamped, not woven, but they will not wash off if used for years. The indigo blue and white is particularly effective for

Faster Bead Work Bead work can be done much more quickly if the needle is dipped in water constantly. If the needle is dry the beads alip off and much time is wasted.

FAIRMOUNT PARK CONCERTS

Band Plays This Afternoon and Tonight at Strawberry Mansion.

The programs for concerts this after-noon and tonight by the Pairmount Park Band at Strawberry Mansion are as fol-Iows: PART I-APTERNOON, 4 TO 6 O'CLOCK.

Overture, "Paragraph III". Buppa Reminiscences of the most popular works (b) "Hobomoko" Reeves
Melodies from "Dector de Luxe" Hoschità
"Invitation to the Dance." Weiter
Suite "The Swan Lake" Tschaikowsky
Walta, "Die Hydonaten" Gungl
Aire from "The Old Town" Ludera

8. Aire from "The Old Town". Luders
PART II.-EVENNING, S TO 10 O'CLOCK.

1. Overture. "Phedre". Massenet
2 (a) "Parting." from "Leonors Symptoms". In the Symptoms of America." Lampe
3. Suite de Balles 'La Reina de Baha' Gounge
3. Suite de Balles 'La Reina de Baha' Gounge
3. Suite de Balles 'La Reina de Baha' Gounge
3. Suite de Balles 'La Reina de Baha' Gounge
3. Seenes Historical, "Sucridar's Ride" Bousk
8. Aronale Walling for the Bugle. The Attack. The Death of Theburn. The Coming
of Bheridan. The Apphicals
6. Orand Scotos from "Tannhauser", Wagner
7. Valse de Conject. "Tales from the Birdus
8. Meiodes from "The Prince of Pilsen", Luders
"Blar-Spangled Banner,"

"For the Woman INCOMPARABLE CREAMS Who Cares" Cleansing Cream

Greaseless Cream Incomparable for ridding the porce of all impurities; will give the pure clear complexion of perfect beauty.

Protects your skin from chap and wind burn; will impart to your complexion the velvety bloom of youth. These two essential creams are scientifically

prepared to be used in conjunction with each other, and will produce results obtainable in

Plexo Evening White

other, and no other way. 25c and 50c

Imparts that soft, pearly white tone to arms, throat and abounders.
An Absolutely Starzeless Cream Easily applied with a damp sponge, and done not rub oft. Unsurpassed for the avening tollette and dansant fide the submit tollette and department stores.

DLEXO PREDARATION

Frisky. "First thing," said Frisky, thoughtfully, "you must not eat." "That suits me all right," said the toad contentedly, "for that will leave me all the more time for sleep," "Neat thing," Frisky continued, without noticing the interruption, "you mustn't sleep so much and you must exercise all the time." "Nothing to eat! Always hopping!" "What!" demanded the toad in disgust; "exercise in this hot weather?" "If you want to be alim," said Frisky positively. "But I dont LIKE to exercise," insisted Mr. Garden Tond groundy. Mr. Garden Tond groundy. Prinky paid no attention. He just said pleasantly! "So now you know what too do it you want to set slim, and you trouble is all aver," and he scampored trouble is all over," and he scampered off to him home. "My trouble all over," grouned Mr. Garden Tond misseably. "I think they have just begun!" With a greak and a grean he hopped down the garden path and then, at the end, he turned half-licertedly and hopped back again to where he started from. Nothing to eat! Always benplog! I think trouble has just begun!" And he turned back down the path.

Tomorrow-Mr. Suall Proves Himself a product touches of cretumns and pearl but- | torial

These amocks are sold in all the shops

are worn in the mornings. Smooks are der and hunter's green being the most worn extensively in the afternoons and popular. The filustration today shows an evenings, when coolness and comfort are claborate gown of net underneath the the first considerations.

The little smeck shown teday is made shirtwalet and skirt to seed affect Cretonne of rose-colored lines. It is out after the collar are becoming and more in keep-log with the summer fad for this manual contents and the collar are becoming and more in keep-log with the summer fad for this manual contents.

A PRACTICAL ARTIST'S SMOCK FOR THE AMATEUR GARDENER



NOW that the fashionable woman has tone to give it chic. The shoulders are taken to gardening, a host of becoming and elaborate gardening costumes wide, open cuffs. Smocking is used at has been the result. And why not? A the front, with a corresponding trimming woman has just as much reason to look of the same in the back. The collar is picturesque when she is in her garden made of rose and tan-tinted cretonna. as at any other time. A hobby is a poor one, indeed, if it isn't becomins for \$4.50 and \$7.50, according to the trim-Large floppy garden hats of cretonne, ming, Hand-smocking is more expensive aprons of the same, trimmed with huge, than the plain styles, of course, and the wide, open pockets and big rese patterns. colorings are varied, old blue, ross, lavenhas the first considerations