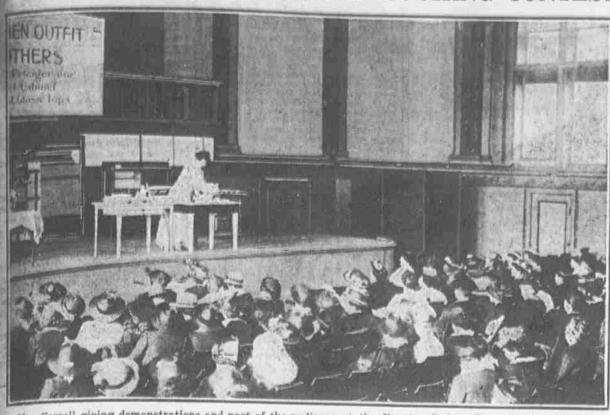
## NS WOMEN HEAR LECTURE; CHILDREN BAKE FOR EVENING LEDGER COOKING CONTEST



Mrs. Carroll giving demonstrations and part of the audience at the Evening Ledger Free Cooking School.

Expert Demonstrator Corrects Common Errors in Roasting Beef-Teaches Many Other Dishes.

Do you roast the beef for your table er just bake it like you do a cake, bread

Mest people actually bake it and call it rest beef. This point was brought out reteriay afternoon at the Evening Lepons Free Cooking School at Horti-mitural Hall, Broad street below Lo-

Mrs. Anna A. Carroll, the cooking exper, demonstrator and lecturer, who is delivering the addresses, roasted beef in the good old-fashioned way. It was not the good old-fashloned way. It was not nased in the oven, but roasted in the breiling oven of the gas range. Every weman in the audience was convinced that it was far superior to beef as ordinarily prepared for their tables.

At the beginning of the lecture Mrs. At the beginning of the clearly are considered displayed a seven-pound roast, the explained that this was much thicker than the average roast, as usually they are from larger cuts. The fact that the cut was thick, she said, made no difference except in the time required to

seek it. She placed the roast in a pan and then in the broiling oven after the burners had been lighted 10 minutes. Immediately sated to reast meat without putting it in the baking oven. This was her thance to make the explanation. She

"You are talking about baked beef when you refer to the baking oven. I am roasting this beef. Roast beef can am reasting this beef. Roast beef can be prepared only by having direct heat. drainally roast beef was prepared better open fires. That was before the time of ovens. Since ovens have come into use most people have made a smalle of baking their beef. You will had a big difference in this roast and the The you usually see served in the home when cooked in a coal stove oven."
The robat was seared quickly on one the and then turned. After it had been sared on the other side Mrs. Carroll turned it every 10 or 15 minutes until it

in hour. When the roast came out it was both tender and julcy. The scaring had kept the julces inside and the flavor was excellent. The ment was nicely browned on the outside and pink in the nire, but thoroughly cooked. WANT COURSE EXTENDED.

so much interest has been displayed the women who have attended the setures in the new and entirely modern schools used by Mrs. Carroll and in the excellent appearance and flavors of th dishes which she daily prepares for her audience that many have asked if its would not prolong the course or orgular a new one. Many of them have agreesed deep appreciation to the Eventry Largest for conducting a free cook-The following letter was received yes-

Thave been attending Mrs. Carroll's

IN BIG COOKING CONTEST

Cabinet Gas Ranges, valued at about \$35, all made by Fhiladelphia manufacturers, will be given as first prizes, as follows:

A \$35 Quality Cabinet Gas Range, effered by the Roberts & Mander Stove Company, for the best sponge cake.

A \$35 Fortune Cabinet Gas Range, offered by the Thomas, Roberts, Stevenson Company, for the best bread.

A \$35 Cookeasy Cabinet Gas Range, offered by the Haie & Rilburn Company, for the best cookies.

A \$35 Imperial Excelsior Cabinet Gas Range, offered by Issae A Sheppard & Co., for the best biscuits.

Second prizes: Biscuits, Clover Triumph Gas Circulating Water Heater; bread, No. 25 Rund Gas Circulating Water Heater; sponge cake, one barrel of Millbourne flour; cookies, one barrel of Millbourne flour.

Third prize for each division: "Wear-

lectures and found them very profitable, so much so that I asked Mrs. Carroll whether or not she was connected with a copking school or interested in conducting one. I have found her advice very beneficial, so that I would like to take a practical course with her if she will conduct a school."

This letter is from a West Philadelphia

The following menu will be prepared y Mrs. Carroll during today's lecture: BROILED MUTTON CHOPS - Place oven. When brown on one side, turn and brown on the other. Have broller close to the flame, and leave broller oven door open when brolling. CUBAN SAUCE - Two tablespoonfuls

finely chopped ham, 14 cup flour, 14 cup butter, 114 cups stock, 1 cup temato ket-

chup, ½ teaspoon salt.

Cook ham and butter until butter is well browned, add flour and salt, the stock slowly and then the ketchup. Cook 10 minutes. Strain and serve with broiled mutton chops.

POTATO SOUFFLE-Six potatoes, I tablespoonful butter, 1/2 pint milk, I teaspoonful salt, I saltspoon of pepper,

ENTRY BLANK FOR COOKING CONTEST

Open to girls who are members of cooking school classes in the

Name of father or mother or nearest relative.....

Age of contestant ..... Name of cooking school.....

Manie of teacher.....

Name and number of gas range used..... Contestant entered for prize for bread ...... cookies ..... scults..... sponge cake.....

(Place cross after article contested for.)

Clip TODAY'S blank, fill out, and send to Evening Ledger SDAY. Save tomorrow's blank to paste on your exhibit.

Imperial Excelsion GasRange

"Made in Philadelphia"

This is the range selected as one of the first prises in the Evening Ladger's Cooking Contast, It includes a box cabinet with warming short and plate shalf. Large taking and broiting ovens-

For sale by U. G. I. and all their branches, and all good



ISAAC A. SHEPPARD COMPANY PHILADELPHIA, PA.

PRIZES FOR THE WINNERS

flour: cookies, one barrel of King Midas flour.

Third prize for each division: "Wearever" Aluminum Tea Kettle, offered by the Aluminum Cooking Utensil Company, New Kensington, Pa.

Fourth prize for each division: An "Iwantu" Comfort Gas Iron, offered by the Strause Gas Iron Company, Philadelphia.

Other suitable prizes will be announced later.

TODAY'S MENU

well-beaten well-beaten with grated Parmesan and so and the considered in the series of lectures might do. It isn't the actual number of people who are present at the lecture which is to be considered. It is the ones they tell, and the ones they tell, and so on. It is t about these tremendous changes. Women should know these things. They should not be contented to order their meals and let it end there. Economy is a point for consideration. Cleanliness is another. The proper combinations of foods is another. Dietetics in its simplest forms is another. And so on. I could tell you innumerable things which women ought to learn. But, generally speaking, efficiency and method are the main requi-

## Fairmount Farms Milk, scientifically protected

gelatine, 1 cup sugar, 15 cup of boiling water, 15 teaspoonful cream of tartar, 1 cup cream, 1 teaspoon vanilla, whites of 5 eggs.

Soak the gelatine in the cold water.

Scald the cream. Cook the sugar, boil-ing water and cream of tartar in a sauce

the liquid becomes a dark

pan until the liquid becomes a dark brown. Add 2 tablespoonfuls of boiling water and add the mixture to the hot cream. Pour this mixture over the selatine. Add the vanilla and place bow in a pan of ice water. Stir constantly until the mixture is of a consistency of thick syrup; then add the beaten whites and beat the mixture until the eggs do not separate. Pour into a wet mold and put in a cold place.

BAISIN MACAROONE THE

RAISIN MACAROONS-Three-quarters

oup shortening, 1 cup sugar, 2 eggs, 2 sups onimeal, 1 cup raisins, 14 teaspoon calt, 2 teaspoons cinnamon, 54 teaspoon

baking powder, & cup flour. Cream shortening and sugar. Add eggs, then catmeal and flour, sait, cinnamon;

then chopped raisins and baking powder.
Drop from spoon on greased pans. Do
not put them too close, as they spread.
Recipe for muck charlotte, which was
prepared by Mrs. Carroll yesterday in
addition to the recipes published in yesterday's Eyesung Levisor.

milk, 4 tablespoonfula cornstarch, 4 cup of sugar, 4 eggs, 1 teaspoonful of butter. Moisten the cornstarch with one-half cup of cold water and stir it into the milk

SUFFRAGIST PLEDGES AID.

"I shall certainly do all I possibly can

to aid in carrying out the good work the

George Piersol, State chairman of the

do it again. These are the women who profit by your instructions. I haven't had time to hear Mrs, Carroll myself, but I know that she is an authority and I have heard from those who attended her

They began like

EVENING LEDGER: One pint

Most food products today are strictly protected from contamination until they come to your table. Why not be sure that the milk your family drinks is from sound, healthy cows?

Science has devised the tuberculin - test that we may be sure-and every herd from which Fairmount Farms Milk comes is tuberculin-tested. Added to this is great richness, scrupulous clean liness. Isn't your family entitled to this safeguard? Supplee milk has a "better

The Supplee Alderney Dairy



sites, and you are taking a great step toward securing both."

Mrs. Piersol has held many positions of responsibility in civic and suffrage organizations, as she is chairman of the Woman Suffrage party, vice president of the State Federation of Pennsylvania Women, one of the directors of and a former president of the Philomusian Club. NOTES FROM YESTERDAY'S

LECTURE. Always roast pork or veal in the top

There are many ways of economizing in using a gas range by planning ahead of time, cooking a number of vegetables and the meats in the ovens at the same

Always parboil potatoes before roast-ng them. Otherwise they will be hard, m them. Otherwise to

soggy and unpalatable.
Lise more macaroni in the home.
Lise the counting method of checking up on the amount of vegetables. For instance, count your potatoes and learn how many it takes for a meal. It is better to be a little short than to be wasteful.
It is just as much of an art to do the cooking properly and neatly as it is to

It is just as much of an art to do the cooking properly and neatly as it is to do painting on china, embroidery and other fancy work. At the same time the woman should not give up all of her time to cooking and housekeeping. Much unhappiness is caused in the home owing to the housewife not knowing how to do her work in such a way that it becomes a pleasure.

In cooking onlons boil them in saited water. They lose their sweetness when cooked in unsalted water.

All vegetables should be put on in boiling water.

#### MORE THAN 1000 CHILDREN PREPARING FOR CONTEST

This afternoon and tonight bring the islest hours of the whole year to the hildren who are entered in the Eventing ground cooking contest. They are preparing hundreds of cookies, biscuits, sponge cakes and loaves of bread, in the hopes of winning the valuable cabinet gas ranges, gas water heaters, barrels of flour, aluminum ware or gas irons for nonorable mention.

The exhibits are to be delivered at Horticultural Hall, Broad street below Locust, tomorrow between the hours of 9 a. m. and 7 p. m. Children unable to deliver their exhibits may have some one else do it for them, but they must make sure that a coupon, clipped from the Evening Linguist and completely filled a with name, address and other required aformation, is pasted on the bottom of each loaf of bread, on the side of each sponge cake and on the wooden plates on which cookies and biscults are pre-

Children who have not sent in their entry blanks to the Evening Labour have until 5 o'clock tomorrow night to put them in the mail. If entry blanks have not already been mailed, these may be delivered at Horticultural Hall when

MORE THAN 1000 ENTRIES.

On Saturday night nearly a thousand on Saturday hight hearly a thousand entries had been made in the four di-visions of the contest. The entries which arrived in the mails of Saturday night and yesterday have not been counted. The indication is that this will be the biggest baking contest or cooking contest for children ever held in Philadelphia. the policid water and stir it into the milk until it reaches the boiling point; put in sugar and boil at least three minutes. Beat the whites stiff and pour the hot mixture into it, beating steadily, then add vanilla and pour into mold. Serve with soft custard made from a pint of milk and the yelks of eggs. This contest opens exceptional oppor tunities for children of cooking schools. The cabinet gas ranges which are being given as first prizes in the bread baking.

cooky baking, sponge cake baking and biscuit baking divisions are first-class ranges, such as the average housewife is very anxious to obtain. Thousands of such ranges are being installed in Philadelphia homes at a cost of approximately cooking lectures have begun," said Mrs. 43 water heater, which is being given for the second best biscuits, and the No. 25 Ruud gas circulating water heater, which woman's suffrage movement. "They want the suffragists to continue the lectures is being given for the second best bread. anything which serves an educational purpose should be encouraged. Nowaare both valuable prizes. Thousands of this type of gas water heaters are in use in Philadelphia homes. They are worth approximately \$15 each. Any housedays, during these hard times, there are a great many women who are economising in various ways. Some of them do

wife knows the value of the barrel of

Millbourne flour, which is being given for the second best sponge cake, and of the barrel of King Midss flour, which is being given for the second best cookies.

GOOD THIRD PRIZES. The third prize for each division is a Wearever" aluminum tea kettle, and the fourth prize in each division is an Twantur gas iron. These prizes are both standard and are well known in Philadelphia homes.

Philadelphia homes.

Handsome little cups and medals, properly engraved, are to be given to the winners in each of the divisions and for honorable mention, so the children will have small mementom of value to show for their victories in the contests.

The exhibits will be carefully arranged on Wednesday night, after they are delivered on Wednesday. The judges will meet on Thursday merning at 3 o'clock on Wednesday hight, after they are de-livered on Wednesday. The judges will meet on Thursday morning at 3 o'clock and the judgments will be made during the day. In order that the judges may not be interfered with, the exhibits will not be open for view by the public until Friday morning after 8 o'clock, During Friday and Saturday any person inter-ested may enter the hall and see the bread, cakes, cookies and biscuits.

#### TARZAN OF THE APES

be so easily had. Soon the warriors beat the women away from their prisoner. He was to be saved for nobler sport than this; and the first wave of their passion having subsided they contented themselves with crying out taunts and insults, and spitting upon him.

Presently they gained the centre of the village. There D'Arnot was bound securely to the great post from which no live man had ever been released.

A number of the women scattered to their asystems had a feath posts and

A number of the women scattered to their several huts to fetch pots and water, while others built a row of fires on which portions of the feast were to be boiled while the rest would be slowly dried in strips for future use, as they expected the other warriors to return with many pricences.

nany prisoners. many prisoners.

The festivities were delayed awaiting the return of the warriors who had remained to engage in the skirmish with the white men, so that it was quite late when all were in the village, and the dance of death commenced to circle around the downed officer.

around the doomed officer

around the doomed officer.

Haif fainting from pain and exhaustion, D'Arnot watched from beneath half closed lids what seemed but the vagary of delirium, or some horrid nightmare from which he must soon awake.

The bestial faces, daubed with color—the huge mouths and flabby hanging lips—the yellow teeth, sharp filed—the rolling, demon eyes—the shining naked bodies—the cruel spears. Surely no such creatures really existed upon earth—he creatures really existed upon earth-he must indeed be dreaming.

The savage, whirling bodies circled

Problem of Fresh Eggs Solved

See Our Booth at Horticultural Hall

## BONSOR

Of Terminal Market

Eggs only 24 hours old. Laid today-sold tomorrow. Nothing finer for Invalids and Family



Built on honor, scientifically correct, graceful in design, varied in size and type, "Quality" Gas Ranges are the standard for Philadelphia homes.

On display and for sale at all U. G. I. show rooms, department stores and dealers. Used in cooking demonstration at Horticultural Hall this week and next.

ROBERTS & MANDER STOVE CO., PHILADELPHIA

## BAKER'S GELATINE

is of superior quality and is favored by the most careful housekeepers. Try this recipe.



#### PINEAPPLE SALAD

Boak & envelope BAKER GELATINE in W cup sold water 5 minutes dissolve in 1 sup-bolling water, add is one sugar, lules of 1 lemon-and is cup pineappie jairs. Set away in a cold place. When it begins to thicken, add 1 is cup-diced pineappie, and 2 tablespeams chopped wai-nuts. Mix thoroughly, and your into individual modes and chill. Serve on letture leaves with maximalise dressing. Serve 5 to 6 persons.

(Watch for new recipe in our next ad.)

Baker's Gelatine is used in Mrs. Carroll's demonstration at Horticultural Hall. Franklin Baker Company, Philadelphia, Pa. Manufacturers of Baker's Premium Coconut

nearer. Now a spear sprang forth and touched his arm. The sharp pain and the feel of hot, trickling blood assured him of the awful reality of his hopeless.

Another spear and then another touched him. He closed his eyes and held his teeth firm set—he would not cry

He was a soldler of France, and he would teach these beasts how an efficer and a gentleman died.

Tarzan of the Apen needed no In-terpreter to translate the story of those distant shots. With Jane Porter's klases still warm upon his lips he was swing-ing with incredible rapidity through the forest trees straight toward the village of Money. (CONTINUED TOMORROW.)

MAN, 56, TO WED GIRL, 30

Henry H. Bonnell, of Chestnut Hill, to Marry Chester Maid.

A marriage license was issued today to Henry Houston Bonnell, a trustee of estates, with offices in the Land Title Rullding, and Miss, Helen Safford Knowles, daughter of Mrs. William Gray Knowles, of Chester, Pa. Mr. Bonnell lives at 8012 Semunole ave-nue, Chestnut Hill. The date of the wed-

ding has not been made public.
Mr. Bonnell's wife died about 18 years ago. He has one daughter. He gave his Mr. Bonnell's wife died about 10 years ago. He has one daughter. He gave his age at the Marriage License Burcau as Dr. W. S. Cernell, director of medical inspection in the public schools, today.

### DIPHTHERIA KILLS TWO BOYS IN OLNEY SCHOOL

Drastic Measures Follow Deaths to Stamp Out Disease. Measles Epidemic General.

The death of two children from diphtheria and an epidemic of makales in the Lowell School, 5th street and Nedro avenue, Olney, have caused general glarm among the parents, many of them withdrawing their children from the school, Stringent methods have been adopted by the school authorities to stamp out the infection, and it was announced today that the building was safe.

that the building was safe.

Edward Cockront, 6 years old, and William Harmar Tiblietts, 7 years old, both pupils in the first grade, are the children who died of diphtheris. The deaths occurred within the last few days. Two other children in the first grade died, but their deaths were due to other causes. The room was fumigated three times, and a girl, who is thought to have started the epidemic, is being closely watched at her home. Cultures were taken of all the children.



# Is your daughter a good Cookie Baker?

She has a chance to get you free a

# COOKEASI GAS RANJE

See particulars about the great Horticultural Hall Cooking Contest in this paper.

If you are moving into a new house, make sure it will be a "Cookeasy" home—equipped with the Cookeasy Short Cabinet No. 1002. The very latest thing in Gas Ranges.

Hale & Kilburn Co.

Manufacturers

Philadelphia

### Why Mrs. Carroll Uses BRUNNER'S MEATS

in her Cooking Demonstrations

Mrs. Carroll points out especially the importance of buying where your money goes farthest; she buys with one eye to quality and the other to economy.

So, when she wants highest grade, fresh meats, she buys at Brunner's!

You, too, will find you can buy here to best advantage. Our meats are the best the market affords—our prices the fairest for which meats of quality can be sold. Prompt deliveries anywhere. Phone or mail orders quickly and carefully filled.

BRUNNER & TOLAN FINE MEATS Booths 718-20, READING TERMINAL MARKET

THE "LEDGER SPECIAL"

Leaves for the CALIFORNIA EXPOSITIONS

JULY 10TH A 25-day conducted tour from Philadelphia to San Francisco and San Diego and return. Chartered Pullman cars the entire trip, no changing of cars—no worry about train schedules or unforescen expenses. Your ticket covers all transportation expense—all hotel hills except meals on Fair Grounds and Admission to the Experitions.

Everything Will Be Up to Usual Ledger Standard The first 65 applications will be accommodated, so make reservations quickly. Call or telephone Travel Bureau, Ledger Central, Walnut or Stain 3000. Chestnut street at Broad.