

FOODS IN SEASON

By MRS. ELSIE C. MCKAY

POULTRY

With a Word on the Proper Care of the Refrigerator

Poultry, as the principal dish on the family menu, takes first place at this time of the year, despite the fact that the season for Delaware shad and brook trout is on. It is doubtful if there is anything to equal a nicely browned, well-served fowl in tempting the lagging spring appetite.

Under the heading of poultry come all domestic fowls—chickens, capons, turkeys, ducks, geese, guinea fowl, pigeons and snags.

Just now new spring ducklings are quite plentiful and very tempting at 20 cents a pound, 4 to 6 pounds apiece, and snags ducks, 2 1/2 to 3 pounds apiece, at 25 cents.

Capons are excellent and plentiful. New guinea fowl are also to be had. Chickens are not quite so plentiful as they might be, but are good and fresh.

Fortunately, for storage ones are in the market now, with the exception of some broilers from the West.

Squabs are here in abundance and are all fresh. Turkeys still remain, but as the turkey has first preference from Thanksgiving to New Year's there is not much demand at this season.

CHICKENS With the use of the incubator system now in vogue it is possible to find always in the market well brooded with young chickens suitable for brooding.

"Broilers," although they make a very dainty, delectable dish, are not rich in nourishment, and form more of an appetizing morsel than a substantial food.

meat into moderate-sized pieces. Boil liver and mash it to a paste. Put it in a saucepan with a tablespoonful of dry mustard, one tablespoonful of salt, a dash of cayenne and juice of a lemon. Stir thoroughly with a fork.

GUINEA FOWL The flesh of the guinea hen is very unlike that of any other barnyard fowl. It is all dark, corresponding more nearly to the flesh of wild fowl.

PIGEONS The best method of cooking a full-grown pigeon is potting. This gives the moist, stov cooking necessary to all fowl or flying birds.

POTTED PIGEONS Clean and stuff six pigeons, place them upright in stew pan and add one quart of boiling water in which celery and onion have been cooked.

Now that warmer weather is coming on and the general spring housecleaning season has begun, one of the most important things claiming attention and one which is often overlooked is the careful investigation of the refrigerator.

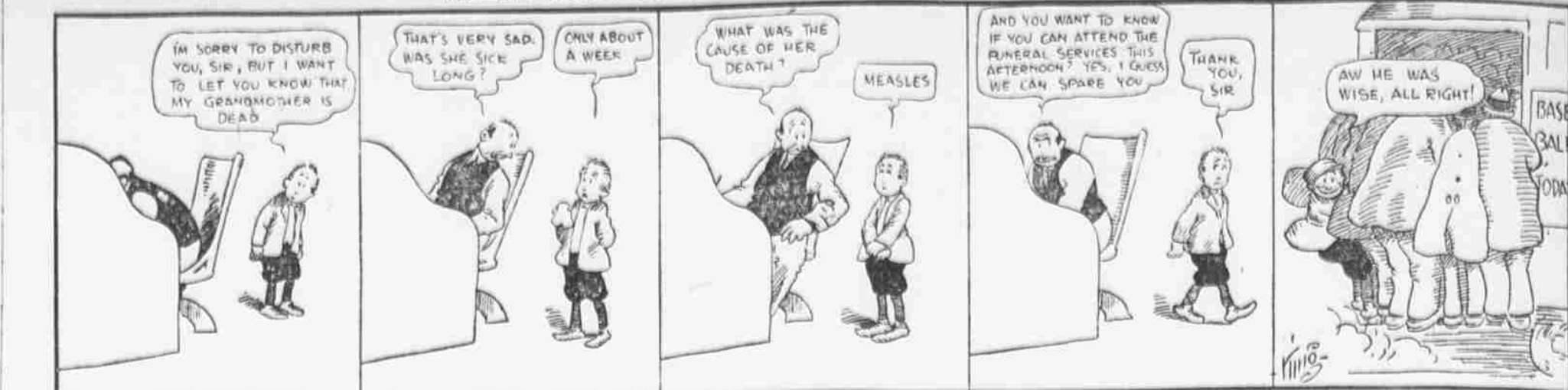
Most refrigerators are so constructed that the currents of air in their respective sides, passing up and down on the same side in circulation.

It should always be remembered that a box with the ice chest on top or side without any circulating flues makes the ice box foul by retaining all deadly gases.

PRICE QUOTATIONS AND A FEW NEW ARRIVALS Florida asparagus still continues good and is more reasonable in price.

Delaware shad is now in market at more reasonable prices and in plentiful quantity. Roe will soon be quite reasonable.

N. J. Suffrage Vote October 19 TRENTON, April 21.—In the closing hours last night the Legislature passed a resolution authorizing a vote on the woman suffrage amendment, the date of the election being set for October 19.



CIVIC CLUB STIRRED BY "SUGGESTIVE CLOTHES"

Furore When Society's "Bulletin" Raps Modern Styles as "Bold and Insane"

An urgent call to women's clubs of this city to begin a campaign against the modern styles, "because of their increasing boldness and insanity," made in an editorial of the April Bulletin, a monthly publication of the Civic Club, 1509 Spruce street, has stirred the members of that club.

The editorial is a satire aimed at the American society woman for her lack of taste and sanity in choosing wearing taste and sanity has arisen largely because the membership of the club includes many of the city's fashionable set.

The American woman who wears on the street a dress that in France is worn only in private societies, comes in for a sharp attack. The society woman who bedecks herself with too much jewelry is openly ridiculed.

The woman who, as she grows older, adorns herself with more clothes and jewelry to offset the ravages of time is mentioned as a menace to her children.

The article concludes with the statement that women should realize that showy dressing in public creates envy among thousands of people who cannot honestly afford to buy it.

Funeral of Dr. R. I. Hunter The funeral services of Dr. Robert Isaac Hunter, who, prior to retiring as a dentist several years ago, conducted a wide practice in Norfolk, Va., were held today at the home of his daughter, Mrs. Albert A. Ruhmer, 633 Park avenue.

Deaths ALLEN.—On April 20, 1915, CORA V. daughter of the late Julius B. and Mary Amanda Allen. Dues notice of the funeral will be given.

Deaths SNYDER.—On April 20, 1915, at her late residence, 2136 North 22nd street, ALICE SNYDER, widow of William M. Snyder, aged 72 years.

OBITUARIES

MRS. SARAH K. SCATTERGOOD Wife of Secretary-Treasurer George H. West Shoe Company.

Mrs. Sarah K. Scattergood died today at her home, 671 North 6th street, Oak Lane, after an illness of two years.

Deaths PARKER.—On April 20, 1915, MARY A. PARKER, wife of Frank H. Scattergood, died at her late residence, 671 North 6th st., Oak Lane, Philadelphia, Interment private. Kindly omit flowers.

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HELP WANTED—FEMALE

CHAMBERWORK and to assist with washing and ironing. Post office address, 1234 Locust st., Philadelphia, Pa. 9 o'clock, 1900 Locust st., Philadelphia, Pa.

COOK and chambermaid. Two colored girls. 2305 23rd st., Philadelphia, Pa. 9 o'clock, 1900 Locust st., Philadelphia, Pa.

COOK and waitress. Experienced white female. 2305 23rd st., Philadelphia, Pa. 9 o'clock, 1900 Locust st., Philadelphia, Pa.

EXPERIENCED, reliable white woman, housewife, good cook, washing and ironing. 2305 23rd st., Philadelphia, Pa. 9 o'clock, 1900 Locust st., Philadelphia, Pa.

GENERAL housework, white, refined, willing to help care for child 3 years old. 2305 23rd st., Philadelphia, Pa. 9 o'clock, 1900 Locust st., Philadelphia, Pa.

HELP WANTED—MALE A BRIGBY BOY, about 17, for an insurance company. Salary \$100. 1234 Locust st., Philadelphia, Pa.

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Advertisement for Penfield at Half Price. The determination of the Wood heirs to settle the estate brings you Penfield at just about half its real worth. Neater to the City Hall than either Germantown or Chestnut Hill—only 3 minutes from 69th street elevated by way of the Phila. and Western. Penfield Station on property; high-class improvements; 25 homes; lots \$120 to \$300; a \$10 bill secures your lot, balance \$125 to \$200 weekly. At double these figures Penfield would be fairly priced. At the present prices Penfield is the biggest investment in the United States. But come now, when the choice is best. Representatives on ground daily and Sunday. CLIFFORD B. HARMON & CO. AGENTS 1437 Chestnut St.

