

FASHIONS, AND CHRISTMAS SUGGESTIONS THAT WILL INTEREST EVERY WOMAN

Modes of the Hour

The demi-toilette is very welcome in these days of auction in the morning, auction in the afternoon and auction at night. The question of what to wear at the afternoon bridge has been variously answered. One girl wears a charming three-piece suit of velvet, combined with chiffon and lace. Made in the newest shade of Russian green, with a bodice of sand-colored chiffon and dull gold lace and the tiniest touch of fitch, the frock is stunning.

Another girl answers this debatable question by wearing her tailored suit and a lovely Georgette crepe shirtwaist. The suit was of dull Gobelins blue broadcloth, and the shirtwaist was of palest apricot. It had beautiful hand-embroidered lapels and closed with the faintest of silk cords laced down the front.

A dainty little girl wears the frock illustrated today. It is a real demi-toilette, and most appropriate for the afternoon affair which is too elaborate for the little trotteur and too early for the evening gown. This frock is simplicity itself, and combines the newest bolero effect with the wide skirt. Skirts, by the way, are getting wider and wider every day. The little jacket has the ruffled collar in back lined with the white to relieve the all-black effect.

The skirt is made of pussy-willow taffeta, headed with the black. The gathered effect about the waist line is more becoming to the slim figure. And women must be slim these days! The whole frock is simplicity itself, and its charm consists in the contrasting materials and the beauty of them.

The close-fitting, transparent sleeves are made of fine lace. These may be called "mousseline models," but they are decidedly smart.

Christmas "Doing" Versus Christmas Giving

"What is your idea about Christmas presents?" asked Eleanore, as she settled herself in a cozy chair and curled herself into the most comfortable of positions.

"I think they're an unmitigated nuisance. You only give because you have to, and you're broke for months afterward. I think Christmas Day, instead of being an orgy of giving, should be an orgy of doing," answered Doris. She was pretty, red-headed and very deuced.

"Why, my dear, what do you mean? I never heard such a queer idea," said her friend. "Do tell us what your idea of doing is? I always knew you had some weird, socialistic tendencies about you somewhere."

"Silly! Of course, I'm socialistic, in that I believe that everybody is rightfully entitled to happiness on Christmas Day. You know yourselves that there is so much sorrow and poverty and illness and disappointment all during the year, and all this can be made to fade into the perspective of a memory if people only knew how to do it."

"There she goes again! It must be that that hair of hers has affected her wits," suggested Eleanore.

"No, indeed; I mean every word I say. A poor man doesn't want to remember his poverty now, does he? He can't forget it if he has nothing to eat on Christmas; but he will be greatly inclined to be hopeful if his children have a few little toys and some one sends them provisions enough to keep them for a while. That's what I mean by an orgy of doing—doing something for others."

"The great idea about Christmas is peace. Peace on earth, peace for everybody. And you wouldn't be peacefully inclined, my dear, if you had to go hungry, knowing that thousands of others were starving themselves with a lot of things they'll be sorry for later on. It isn't a peaceful thought."

"I'll tell you what I'm going to do. I'm going to cut out all my Christmas giving but to my immediate family and dearest friends. And their gifts will be of the very plainest. I'll not spend \$10 in all. Then I'm going to take the rest of the money and give it for my gift and use it to advantage. The feeling of being entirely independent of this sordid give-and-take spirit will be reward enough. You won't need the prayers of the poor, little, hungry kiddies or the tears of joy in their mothers' eyes to make your Christmas a success."

"You sound like a political orator on his first stump speech, Doris, but you'll keep your word, I know. I'll join you whenever you're ready to start. Have a game of bridge?"

Neckwear for Milady's Gift

Since the high collar has come into vogue, Milady has to put away all her comfortable turn-down collars, and affect the one which is high in front. A timely suggestion for the Christmas shopper would be some of the stunning varieties a prominent Chestnut street shop is showing.

Charming little hand-embroidered organdie collars, with high-plated backs, come with or without cuffs to match, and range in price from 50 cents to \$3 a set.

The popular roll collar can be had in organdie, too, and has pique, hand-embroidered, or dainty lace edges, with the sweetest cuffs to match, and costs from \$1.25 to \$4.50 a set.

All-lace collars with prettily plaited backs, cost from 50 cents to \$1.50 apiece. The little vestee is another favorite with sickle Dame Fashion. These come in lovely embroidered net, chiffon, crepe de chine, sheer balais, organdies and innumerable other dainty fabrics. The embroidered pique ones are popular, too, and can be bought at almost any price, ranging from \$1 to \$1. These have the cutest collars imaginable, many showing the military collars and the pleadably effect.

A more expensive innovation is the collar made entirely of curly ostrich feathers; it costs \$3 to \$11 apiece. Spanish lace scarfs, in beautiful black and white, cost from \$3 to \$13 apiece, and the plain chiffon scarfs, in all colors, cost from \$1 to \$4.

Sweet Girl Graduates

It is predicted that the time is not far distant when women will be admitted to the college department of the University of Pennsylvania and receive the degree of bachelor of arts.

Correspondence of general interest to women readers will be printed on this page. Such correspondence should be addressed to the Women's Editor, Evening Ledger.

ALL THAT YOU GET HERE IS FRESH

W.A. Bender
1428 Walnut St.
THEO. F. SIEFERT



A DELIGHTFUL LITTLE DEMI-TOILETTE IN THE NEWEST MODE

EIGHT HOURS OF OXYGEN

By MRS. CHRISTINE FREDERICK
AUTHOR OF "NEW HOUSEKEEPING."

Not every housewife can have eight hours a day outdoors, but every one can have eight hours a night outdoors if she adopts the "outdoor-sleeping" habit. One of the chief criticisms leveled against housework is that it is too confining and does not give the woman sufficient time for outdoor physical exercise and abundant fresh air. Kitchen odor, bad ventilation, the dust and dirt attendant upon various cleaning processes, all these are urged as reasons against the wholesomeness of housework. We know that proper ventilation and comfort can be secured in every household task, and that by proper scheduling and arranging of work every woman can manage to have time for outdoors daily.

But to no one group should the outdoor-sleeping habit appeal more strongly than to the housekeeper. It is not solely the adoption of a fad which has made Americans so keen to follow the plan of sleeping in the open. When we think that for six or eight hours our lungs are constantly breathing in sleep, we see how important it is that every moment of this should insure the purest oxygen. No matter how well ventilated our homes, offices or places of work may be, there is only one place where constant pure air can be secured, and that is outdoors.

Outdoor sleeping can be as comfortable and warm as that within walls. Architects are solving the problems of the sleeping porch. The housewife must understand the proper fitting of outdoor beds, and if necessary lose her sense of what a bed must look like in favor of solid comfort. The outdoor bed does not permit any hanging valances, spreads or shams. It is modeled after the sleeping quarters of Saranac and various places abroad which have for years proved the benefit of the practice.

The secret of warm outdoor sleeping is to have fully as much under as over the sleeper. The coldest air being near the floor, it is from under the sleeper that the coldest air currents approach. Therefore, we must protect the mattress with several thicknesses of blankets. In some cases two mattresses are essential. In no case can sheets of cotton or linen be used, as they absorb and hold the cold and are the cause of discomfort, feeling indeed like a wet fabric to the touch.

The whitelike blankets, so often dear to the housewife, should give place to more sombre tones of gray or brown natural wool. Various kinds of sleeping bags are on the market, and, while very excellent, are not superior to ordinary

blankets, well tucked in and arranged. The night robe must be abundantly long to cover the feet. The pajamas or trouser-like garment with feet is the best, because there can then be no possible danger of the extremities becoming uncovered; and cold feet mean no sleep. Pillows must also be covered with some flannel-like material, anything other than the conventional pillow case. With a bed so arranged, sleeping between wool, with as much under as over and the right kind of garment, outdoor sleeping becomes sheer joy and fun, "Nerves," that "tired feeling," "Monday blues" and all other ills of womanhood are banished by eight solid hours of oxygen. You can just feel the air currents coming into that lung furnace of yours and being burned and passing out again, incidentally throwing out a warm, diffusing glow. No radiated heat from fireplace or stove can compare with this self-generated heat which the burning of pure oxygen develops in the body. It is electrical and thrills; it revitalizes. Copyright, 1914, by Mrs. Christine Frederick.

ALL Gurnse Butter Coupons should be returned before December 15 The Closing of the Contest P.F. Brown & Co.

A Dress-up Luncheon for the Invalid

Dear PEEKY!
Last Wednesday was Aunt Alice's birthday. So mother and I thought we'd like to give her a little surprise. You know she's both a "shut-in" for years.
We invited five of her old, old friends and fixed the table in the living room for the party. We wanted to make things just as gay and festive as possible, so we carried everything out in pink. In the centre of the table we had a vase of lovely pink tea roses, tied with a large tulle bow, and at each place a tiny bouillabaisse of little artificial pink roses tied with pink ribbon to the place cards. Aunt Alice is on a sort of diet—not a strict one, though—so we had:
Cream of Celery.
Crackers.
Chicken Hash on Toast.
Baked Stuffed Potatoes. Stewed Tomatoes. Ice Cream.
Fancy Cakes. Bonbons.
Coffee.

The chicken hash was the white meat diced (boiled first, of course), with a cream dressing, well seasoned, but not too highly, and served on toast. It was very light, but appetizing. The ice cream, cakes and candy were pink and white, which helped carry out the decoration.
I thought you'd like to know about this, as I remembered your cousin's anniversary is quite soon, and I know nothing would be more appreciated than a little surprise like this. Hoping I have been able to give you a timely suggestion, I am,
Your affectionate friend,
OLIVIA.

When You Bake Bread.

Be sure that your yeast is perfectly fresh, if you use the compressed kind. Keep the bread warm from the time the sponge is started until the loaves are put in the oven.
Bake the bread thoroughly over a slow fire.
Knead well and give plenty of time for the dough to rise after each kneading.
Use a good flour. Never try to make bread with a new flour.

When You Bake a Cake

Use the best material you can get. Use pastry flour when it is obtainable.
Beat eggs thoroughly. Sift all sugar and flour from three to four times before measuring. Have a slow oven.
Test a small spoonful of the batter by making it up before the entire cake is put in.
Use less rather than more shortening than the recipe calls for. Take plenty of time and have all your materials ready on the table before starting to make the cake.

The Girl at Central

Her Chances and Work
The work of the telephone girl can prove exceedingly interesting, and her chances of getting on are splendid, if she sets about her daily routine in a whole-hearted way.

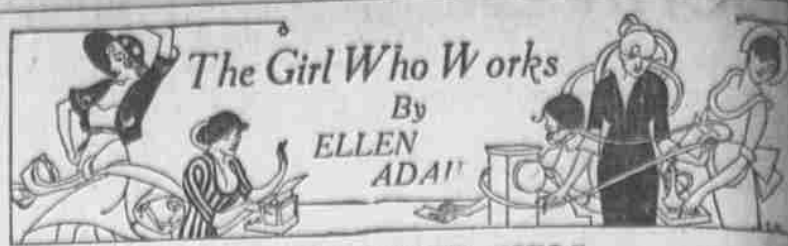
At first she will find things somewhat confusing and will probably feel more than a little flustered. Later on, however, when she has grown more accustomed to the routine, she will find herself doing the right thing involuntarily.

There is a certain danger that the work may become too mechanical. The telephone girl may work too much by rote,



The Girl at Central

and she must guard against this by an ever-present alertness of mind. The public is, unfortunately, only too ready and willing to criticize the girl at central and to vent its spleen and ill temper upon her. If the line is busy, as frequently it must be, the subscriber seems to suspect the operator of untruthfulness and keeps impatiently ringing and ringing and haranguing the girl in a truly nerve-racking fashion.
The telephone girl is sorely tempted to give the subscriber what is popu-



TO TELEPHONE GIRLS

The telephone girl has a good opportunity for advancement. Whether she makes use of this opportunity or not depends entirely upon herself. Her work is carefully watched, and if she really be doing her best and giving of her best she will be promoted sooner or later. Quickness is a very essential matter, for the numbers must be located with lightning speed. Therefore the telephone girl must have good eyesight, and the chief danger to her health and position lies in eyestrain. Great care should be taken of the eyes. Reading in the train or trolley during the homeward journey should be avoided.

The girl who wishes to succeed in this line of work must keep herself well in hand. She must suppress her private feelings and antipathies to an almost heroic degree. It is very hard to give the soft answer that turneth away wrath, particularly when the wrath is quite unjustifiable and superfluous. But the wise girl, who has her own interests at heart and who looks well to her own future, will refrain from the obvious retort over the wire when a rude remark is made to her, as it all too frequently is.

That the life of the telephone girl is far from being a bed of roses is only too true. The nerves and the temper are continually being tried. But let her console herself with the reflection that these trials are not peculiar to any one business. Moreover, everything has its consolations and its recompense. The pay in telephone work is very good, the work can prove really fascinating, for rest both during the morning work hours and again during the afternoon, and, finally, the work is always steady and the chances of promotion excellent. ELLEN ADAIR.

larly termed "a bit of her mind," and, really, one can hardly blame her, laboring as she does under such provocation. Yet the sensible girl will think twice before she does any such thing and will realize that discretion is the better part.

In the Bell Telephone Company salaries of operators range from \$3 a week, supervisors from \$10 and \$12 and chief operators make about \$20 a month. The salaries given in the Keystone Telephone Company follow this scale pretty closely also. Both companies have beautiful restrooms, and each girl has two "free" days a day, besides the hour for lunch.

If the operator works from 8 o'clock in the morning till 5 o'clock she will have one relief of from 15 minutes to half an hour in the morning and another in the afternoon of the same duration. This plan is an excellent one, and does much to relieve the physical fatigue and

nerve strain the operator must undergo in her day's work.
One week's vacation is given in the summer time. An extra week may be taken without salary. All holidays, such as Christmas Day, New Year's Day, Thanksgiving, etc., are also allowed.

In the matter of hours, a telephone girl works for different "sets." For a time she may work from 7 a. m. till 4 p. m. Then she may be changed to an all-night "set." Different girls prefer different "sets," the nightwork being very popular with some.

It will be pretty generally found that the average telephone girl is sweet tempered and easy to get along with. Public opinion would probably never concede this, yet such is the case. The girls at central are themselves the best judges of each other's dispositions and "get along" together in the most friendly way.

Christmas suggestions
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