#### EVENING LEDGER-PHILADELPHIA, THURSDAY, DECEMBER TO, 1914.

# THE WOMAN AND THE HOME-PRACTICAL ARTICLES, NOVEL IDEAS, LATEST FASHIONS

**RECKLESS QUOTATIONS : By SARA MOORE** 

### **ON KEEPING UP APPEARANCES**

Ellen Adair Discusses the Sensibly Dressed and the Overdressed Girl.

heen competition. The woman who does not make an effort to put up a bold front toward life and mankind has failed in a very essential part of living.

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For indeed we can only judge by appearances, and, as we all know, nothing is more important than first impressions. In the matter of dress, all sensible women will take a real interest and care in their clothes. The woman who stints herself for the sake of suitable clothes has been very frequently condemned by the critics, but it is open to question whether such wholesale condemnation is I have known many women successed by the putting up of just such a "Dhuff" in the matter of raiment. For Datance, the woman who is out looking for a job ought to be well-dressed and attractive looking. An employer always takes notice of the appearance of his prospective employes. No man is inelined to look with a favorable eye upon the woman who comes into his office looking like an old-clothes vender. From the business point of view, it pays to dress well. Men and women alike are favorably impressed by the smatt-look-ing, well-garbed woman. There is an alr of prosperity about her which en-hances her value. She looks as if her pervices were "worth while," and as if the places of the some work somewhat the placing of the same were somewhat immaterial to her, for surely there must be quite a demand for her smartness and

In this matter of dress, however, ap-

The Ways of Women

The keeping up of appearances is a While good clothes are a real asset to very necessary thing in these days of every woman, no matter what her profession or line of life may be, the 7dolledup" woman will defeat her own ends, and probably create a very bad impression where she fondly imagined she was cra-aling the very opposite!

From the matrimonial point of view. too, a girl's chances are really leasened rather than increased by overdressing. Men may pay her attention, and take Men musy pay ner attention, and take her around to parties and theatres, but when it gets right down to hard facts and the permanency of the marriage to, they shake their heads and inwardly de-cide that she would prove too expensive a luxury for their pockethooks. Many parents make a great mistake in withing the makes of the sake of

stinting themselves for the sake of dressing up their young daughter in the very extreme of fashion. They labor under the mistaken idea that this will that she will surely make a successful marriage. It is almost pathetic to watch how they stint themselves of all pleas-ures for her sake, and even stint them-selves of some of the necessities of life.

Another mistake that is frequently made by foolish but well-meaning people is the upkeep of homes much too large and pretentious for their means. Many and pretentious for their means. Many of the suicides that one reads of in the newspapers can be traced to this fact. Living beyond one's means for any length of time always spells disaster in the end, and is destructive to any home onjoyment or peace of mind. The keeping up of appearances, in so far as means justify the doing of the same, is a very necessary and laud-able thing. But living beyond one's in-come for the sake of "show" is as pa-thetic as it is ridiculous, defeats its own

pearances are all too frequently over-done. No prospective employer is im-pressed by the showy girl, no sensible man charmed by the overdressed woman. ELLEN ADAIR.

A POEM

Still use our bodies ill.

What we ought not we do;

PITY THE PROFESSIONAL GIRL

"Don't work too hard, girls. Margaret often says she wishes you had husbands-to save you from the

### MODES OF THE HOUR

must be graceful, artistic and picturesque. The hat without must have a certain dash, an audacious quality-a deflance of

millinery tradition and convention.

millinery tradition and convention. There appears to be an inclination towards posing the toque or turban higher and higher on the head, as the season advances, and the Scotch bonnet, a favorite with the youthful, is worn at the same reckless angle that the kilted Scotch soldier wears his. Silk, satin, velvet and fur take the place of felt where the turban is in question. But in the way of trimming there is nothing barred, unless it is the regulation oatrich plume which would make one of the small hats top-heavy. the small hats top-heavy. A recent Lucille model, called the "salve hat," is a small velvet turban with a sword-like feather standing at least a

oot and a half high, and placed directly in front. This is the favored position, whatever the feather, but not carried to this ex-treme height. A toque that is almost coyered with flat ostrich feather trimming has two stripped estrich feathers placed on the top of the crown in the centre, from which lofty position they aspire al-

Cloth that matches the suit makes a Cloth that matches the suit makes a very attractive draped turban in com-bination with fur. This has the eclat of fashion in the highest degree. Turbans made entirely of taffeta rib-bon are also very smart and elongated loops are used, as a rule to give the boys are used, as a rule, to give the piquant air essential to their success. The broad-brimmed hats are showing in colors now more than in black. Sand or putty color is popular, sithough the brim is often faced with black velvet. Blue is also a favorite, from the mid-night shade to the faded old tapestry blue. The color called "betterave." which is a melodious word for beet-root, and the shades in line with those known

Hats, at the present writing, can be divided into two classes, the hat with the generous brim and the hat absolutely without. The hat with the wide brim The hat with the brim, pictured today, is a deep panay color, with velvet flowers in tones of the same shade,

#### Don't Waste Your

Sunflower Seeds

If only people knew how useful sunflower seeds really are, they'd never waste them. Why, they're just aplendid food for

poultry. The seeds contain a large quantity of oil, had in the cold weather many a poultry keeper would be glad to buy up all the sunflower seed he could get for his poultry. Even the stalks and leaves and husks of the seeds make good fodder

and husks of the seeds make good fodder for pigs. People don't seem to recognize that sun-flower seeds are of any edible use at all. But in some parts of Europe a food for infants is made from them. A good sunflower head often measures is inches across, and will hold as much as two pounds of seeds. And a bushel

#### The Hospitality Committee of the Philo nusian Club, of which Mrs. Henry L.

Jump is chairman, will hold a meeting tonight at \$:15. Prof. Charles C. Heyl, of the West Philadelphia High School for Boys, will give an illustrated lecture on "Glimpses of Artistic Florence." A meeting of the Delaware County As-

sociation of the Century Club, of Nor-wood, will take place today at the club-house. The afternoon session is open to

A public lecture will be given at Hous-ton Hall of the University of Pennsyl-vania, on Wednesday, December 16, at 4 o'clock. This is the second of a series of lectures which are being given under the auspices of the Catholic students' organ-

physiology, will speak on "Doctor Jekyll and Mr. Hyde." He will also speak of the "Case of Becky." as taged by David Belasco, together with actual instances of dual personality. Doctor Reichert is a graduate of the University of Pennsylvanin, and has done scientific research work at the Universities of Leipste

## WHEN THE CHILDREN FALL SICK

The Tedious Time of Illness Is a Trial for the Children and Those Who Have the Care of Them-Here are a Few Hints by One Who Has Been Through it All.

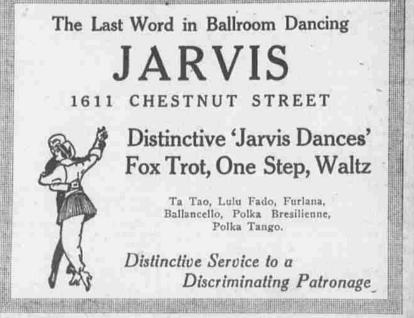
Little patients can be very trying in-deed to the home nurse. They are not old enough to realize the importance of keeping warm, taking their medicine res-ularly and doing what they are told. They require constant watching, too, for many a dangerous lilness has resulted from a chill caught during convalescence after one of the most ordinary childish aliments. In nursing children the home nurse re-quires the utmost patience and tact. She

to lurk. quires the utmost patience and tact. She must be gentle, though firm, with the little invalid, being able to make him realize that she is in absolute charge of the slok room and that in all things her will is law. he will flatly refuse to take his medi-

SOME OF THE DIFFICULTIES. Children's allments are always a worry. You never know what the most simple child, and yet at times it is most difficold is going to lead to, and a great cult to know how to make him take it, deal of the anxiety connected with the especially if it has a really nasty taste. rearing of children is the real difficulty I have found that in these circumrearing of children is the real dimension experienced at times in being able to discriminate between the symptoms of various illnesses. A clinical thermometer should always be kept in the nursery, and if a child shows signs of not being well his temperature should at once be taken. The normal temperature is 95.1 degrees. If you find it to have risen to 100 desrees put him at ence to bed and teep him there till he is normal again. By this means much risk can be avoided, because many a fatal chill has arisen from a child being allowed to run about when in a state of fever. INFECTIOUS FEVERS. If one of the children should contract an infectious illness, think well before you undertake his nursemyself. Re-member that it will mean isolation from all the rest of the family for you, as the patient and his nurse must be iso-lated. The slokroom should be at the experienced at times in being able to stances gentle coaxing always answers

10.00

cine. One cannot be harsh with a sick



hardships of professional life."

Riches we wish to get, Yet remain spendthrifts still. We would have health and yet Mount Holyoke College has four girl students from China. Woodbury, N. J., has a woman's auxil-fary fire company. Miss Julia C. Ferris has been elected a School Commissioner of Auburn, N. Y. We do not what we ought And lean upon the thought That chance will bring us through New York State has 432 women's clubs, with a membership of over 30,000. Mins Laura E. Cavers has been nom-What were the wise man's plan, insted for City Council in Orenco, Ore. Workingwomen in Idaho and Montana are only allowed to work nine hours a day. Through this sharp toil-set life? To work as best he can And win what's won by strife.



Around the Clubs

club members and their friends.

ization committee, of the University. At this meeting John G. Coyle, M. D., will deliver a lecture on "Growth of Relig-ious Toleration in the United States." The regular Saturday afternoon lecture will be given in ouston Hall at 3 o'clock, and Edward T. Reichert, professor of

ATTRACTIVE MILLINERY OF NEW DESIGN

#### THE YOUNG DAUGHTER'S ALLOWANCE

circu

The problem of a separate allowance | should have an allowance, no matter how for the young daughter is causing a small. It teaches a child independence, good deal of discussion just now. The thrift and honesty and develops a increasing independence of that young stronger character." lady herself demands special attention, and justly so. One woman's story may

illustrate the point. The cara of several little ones took up most of my time." she says, "so my individual stamina which might be absoaldest daughter was burdened with a lutely and painfully lacking in any other responsibility far beyond her years. She and better ideas for dressing the children than I had. I went out very little and depended upon her judgment, so the abopping became her task. Everything she selected or suggested made her feel that she paid more for it than she should. I had shopped so seldom that I disin't know values or the advances in prices. Many disputes and unpleasant. ocanes followed.

"mas often asked to buy small accesperies for hereelf, but was always refuned. She saved us the hire of a maid and continually asked for a small allowance. We could have given it to her, but her father couldn't see the need of in She would often rush from the table In tears when she had to ask har father for monsy; yet we could not see that the orking was harder for the child than all the work she did.

lieiro always anticipated the needs of the smaller phildren and seldom falled tring their needs to our notice, but I but to do as much for her. Her ess-try, independent disponsition couldn't any independent disponsition couldn't sty induction of caking for everything she as the developed traits of disponthe set of the set of



W.A.Bender

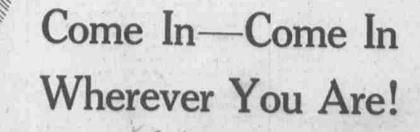
as raisin and prune, are used by the designers of many charming creations in headgear. Feathers and flowers, wonderful velvet

Feathers and flowers, wonderful velvet flowers, adom the broad-brimmed hat and add to its beauty. Hats that keep one tone for the trimming and the hat proper have decided elegance. There are two ways, distinctive of the season, for wearing the vell with the small toque or turban. One way is to have it hasted inside the turban, so that it falls straight from the edge. Another way, and perhaps newer, is to gather the length of the vell and fasten it at the top of the crown. From there it falls, completely covering the turban and the face. This is illustrated in the little blaque-colored velvet turban sketched today. Real lace vells are delightful posses-

Real lace vells are delightful posses sions, and not an extravagance, when it

Correspondence of general interest to women readers will be printed on this page. Such correspondence should be addressed to the Weman's Editor. Evening Ledger.





Come in to the Santa Claus Storehouse, at 608 Chestnut Street, to the storehouse that was opened by the Public Ledger girls and boys to help the poor children of Philadelphia!

Come and see! Come and see what the children are doing for the children -THEN see what YOU can do! Just a little bit will help. Make one boy or girl happy.

Philadelphia-big warm-hearted Philadelphia-if you listen with your heart you will hear old Santa calling-

"Help! HELP! Everybody help-big folks-little folks-ALL of you-Merry Christmas must be made in Philadelphia too. HELP!"

We need money, toys, warm clothing. The Santa Claus Storehouse must be filled to the top before Christmas day in the morning. For on Christmas day the Ledger automobiles and wagons will start on their Christmas journey to carry their good cheer to the little children of our own city.

Nearly a thousand boys and girls are enrolled in this Santa Claus Club. Won't YOU join? Today-tell us where to get the food, clothes, toys or other things YOU have to give us (a Public Ledger auto will call for your gifts wherever you wish it)-or send a check payable to the United Security Life Insurance & Trust Co., 605 Chestnut Street, Treasurer for PUBLIC LEDGER SANTA CLAUS FUND.