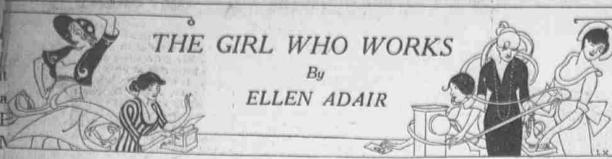
# THE WORKING GIRL AND HER WAYS-USEFUL IDEAS, HOUSEHOLD HINTS AND FASHIONS



## TO STENOGRAPHERS

Care of the health is one of the first essentials in the stenographer's life. To keep strong and well, to be apable of doing her work to the best of her ability mean care in the matter of her health. The constant indulging late "parties," the eating of ill-chosen lunches, a wrong method of dressing in the cold weather are all factors in ge breakdown of health which inevitably comes to the foolish girl who goes in for such.

While the stenographer requires a certain amount of relaxation and amusement, she should not seek it at the turpense of her health and her work. The "early morning" party is a source of frequent nervous breakdown. No girl in work all day in an office and dance all night in an overheated room without feeling the ill effects sooner or later. Soust this is what many stenographers are doing. I should never advise these girls to give up their parties wholesale, but I and strongly advise them to leave the festive gatherings not later than midnight, earlier if possible. I think they will yearee with me that most of the fun of these parties is over by 12 o'clock. After that hour, the zest of the affair camps, and the maiden who slips away, like Cinderella, when the clock is striking 12, is not losing any of the fun the evening by so doing. Moreover, these parties should not be indulged in more than twice a week. On the other nights, girl stenographers should make an effort to be in bed by half past 10 o'clock. They will rise fresh and vigorous the next morning by so doing, and their work will be twice as good as when they have only had a few po short hours of sleep.

During the lunch hour, stenographers should try to take a brisk walk of at least a quarter of an hour, longer rivif possible. The afternoon will then pass without that "tired feeling" of which so many girl workers complain. an Another excellent plan is to rise an hour earlier than usual and walk all the way in to work. Of course, for those me who live close to their offices, this early rising is unnecessary, although the walk is to be recommended to them also. troffhe girl who lives at a distance should make up her mind to save her trolley fare and walk instead. The benefit to to her health will soon show.

### are he Best Way to

Lose Her Job fo Many girl-stenographers have a had Whabit of using their employer's telephone chir their own private use. Employers aphers amuse themselves by gossiping Mes er the line to friends on trivial matters. becals proves a frequent source of dislest as the foolish girls eventually thiscover!

senetion, is that you, Billy? Yes. I thought metu'd call up. Busy? What, me? Why, lun e got the whole day to answer my boss' mill He should worry; he's not in yet, minyhow. Did you have a good time at che dance the other night? Some time, hall right! My feet ache yet, Just a min rule, there's a boob here with a message lefor me. Well, of all the nerve! You'd think I was a housemald here; they exspect me to know about every paper that ses into the waste basket! Well, as I Picas saying, before I was so rudely inter-

'Ahem, Miss Scott-" mo 'What, you couldn't get tickets for the "ow on Friday night? Well, we can go loss the movies. I'd rather do the movies

whiy day. Just a minute, Bill-" ertaMy dear Miss Scott, I have been stand "Where for the last ten minutes waiting lade a chance to get a number on my own mnisphone! If it would be all the same M you, I wish you would continue this getteresting conversation at another time," fraid a deep voice behind the deak, the Weil, of all the nerve! That's the way.

ceick on a poor girl when she's trying her whitt to do your work. Gee, ain't it awful In be misunderstood!"

### An Unjust Employer

The injustice of wrong dismissal from then there is a certain kind of man who on ill not treat women fairly, no matter Edw long and how faithfully they may ave world in his service. The following tter shows this only too clearly:

tter shows this only too clearly:

It am a stepnographer and have
a in the employ of one firm for
a in the employer is a rather
and happy about her work. She is what
the poets call "a sunbeam in a shady
place," and her tank seems lightened, for
she sats about it with a will.

When there is lots and lots of work
to be done, she does not sit in front of
her typewriter with a doleful "don't speak
to me, please" face and an air of utter
exhaustion and boredom. Not she! She
tackles her work cheerfully and with a
smile. It is surprising, too, how quickly
she manages to get through things, for
"where there's a will there's a way:"
when things go wrong, as they will do
were in the best regulated of offices, the
her there's a will there's a way:
"where there's a will there's a work
and a margaid I'll have to give up my
as a fraid that in this unfortunate case
to amount of good advice will mend matarra my dear ("Broken Hearted") since
the rest of the work. She is what
the poets call "a sunbeam in a shady
place," and her tank seems lightened, for
she sats about it with a will.

When there is lots and lots of work
to me, please" face and an air of utter
shaustion and boredom. Not she! She
tackles her work cheerfully and with a
man proper are work cheerfully and with a
man proper ar Treadfully unjust, particularly when you have worked in his service for 12 years, and always attended carefully to your ork. The only thing that you can do to ask for an explanation of the sudning dismissal, although I greatly fear he den dismissal, although I greatly fear he may refuse to give any. You do not, of for herself.

The cheerful little stenographer is almost sure of promotion in her salary, too, for her worth in the office is enhanced by her pleasant and kindly demeanor.

By the as "flashy-looking." You may be installed in thinking so. If your emissals in thinking so. If your emissals in thinking so, if your emissals read in the office is enhanced by her pleasant and kindly demeanor.

Boil Again and Again

Never throw away soup bones after one boiling. There is much goodness left in them after that.

Boil again and again till the bones appear full of tiny holes. Then you will know that all nourishment has been extracted.

#### Uses for Hot Water water is one of the simplest and

oray externally or internally, is up of hot water alphed alowly will and acute indignation. A het water to ruled with hot water will relieve as desired, trim into oblong shapes, but devolve pains very quickly. It is also Minable in the case of headache and thickly each piece of tonat, aprincie with

bruless, sprains and other accidenlugaries to the body, apply cloths nd out of hot water, as hot as they ba borns. This will not only relieve but will keep the injury from Way and from discolveing the flesh.

#### Hold On Awhile

treable an' srial was round us be of man would say, with a smile warm't made in a minute-

by could ever upont him-bylin, his published mould vite; by the published Ala't nuthin inneh

# THE GIRL WHO "STENOGS" FROM PERSONAL CHOICE

Many Girls, Who, From the Financial Point of View, Do Not Need to Work, Yet Insist Upon Doing so, They Are to be Greatly Admired for Their Pluck.

have to? Why do they give up their the thermometer registers 98 and 94 in time and personal freedom to stand all day teaching, or sit in an office building pounding a typewriter, or doing the thousand and one things that well-to-do girls are getting into these days? There is a spirit of unrest rampant among the statement made some time ago that the spirit of unrest rampant among the statement made some time ago that the spiring will make the same of fur that is exploited to the very limit of its possibilities.

Three-piece sets, hat, muff and neck-piece, are somewhat of a departure from the set of, furs illustrated today shows one of the most popular combinations so far evolved. The flat muff refutes the statement made some time ago that the spring will make the very limit of its possibilities.

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Three-piece sets, hat, muff and neck-piece, are somewhat of a departure from the set of, furs illustrated today shows of far evolved. The flat muff refutes the very limit of its possibilities. time and personal freedom to stand all the shade. young girls of today. They rush into good reason for it." everything with a mad zest. They don't wait to finish school, they deceive their trusting parents with the snare of domestic science or dressmaking. They rush from the unfinished science or dressmaking course into the perilous seas of matrimony. And when they are graduated from college they rush into some position or other-anything to stay away from the quiet, domestic life usually at-

tributed to women. Take the case of one stenographer. She is from a wealthy home, her surroundings were charming. She had friends galore, and all the money she needed. Her father had a lovely summer home at the seashore, and she entertained whenever she chose. And yet this girl is a stenographer in an office where she gets \$10 a week. She has to be down at 8:30 in the morning and gets an hour off for her the morning and gets an hour off for her lunch. She works until half-past 5 and and foolish. I've got a nice little action two weeks' vacation in the whole Ge good position is very hard to bear, year. While her family is enjoying the

Cheerfulness in the Office

What a blessing the cheerful girl is to

She is not only welcome in the office, but welcome everywhere she goes, for she is a regular sunbeam. She lightens burdens and sheds a ray of hope wherever

she comes. So her friends thank their lucky stars that they are her friends, and see a beauty in her kindly face that they do not find in the belle who cares only

Oyster Canapes

make an attractive as well as a good dish

with which to start the dinner. To make

these, out thick slices of brad, as many

ter and toast. Chop oysters and cover

salt and pepper sance, dot over with but-ter and put a little strained dyster liquid over each. Place in over long enough to set hot through; when ready to serve place a row of slices of stuffed clives across the sides and serve with a slice of lemon sprinkled with chopped paraley.

The Housekeeper Says

Don't peel apples for apple sauce. Wipe

som well, cut up, without pealing, add

water, and cook till theroughly soft.
Then rub the pulp throughly soft.
Then rub the pulp through a course sieve, and you will get much goodness from the positings and cores that would otherwise have been thrown away.

I find that one of the nivest things with which to rub apple or any other pulp through a slove to a flat bettomed Jeming. It is far quicker to do it with this than with the spoon that most coche advise.

Oyster canapes will be a pleasant change from the sanal raw oysters and

### Housecleaning Hints

To clean and brighten wash bowls, pitchers, bathtubs and all things of this kind, take a silk or wool cloth the size of a gentleman's handkerchief, wet it in coal oil and rub well the things deshady sired to clean. The dirt that soap and water falls to remove at once disappear, leaving a bright, new look instead.

To dust furniture, the banisters and woodwork in the house, get a paint brush and use instead of the dust cloth or feather duster; dip it into whatever furniture pollsh you wish to use and your work is quickly and thoroughly done, your brush going into places a cloth will

To prevent buttons breaking off in wash. in sewing on buttons place a needle across top of button and sew over needle. This gives a loose thread and buttons do not come off so easily when the garment is

Ideas in Idleness Do unto others what they will do unto

# Why do so many girls work who don't | all summer, she works in this office when

"Well, I can, because I'm doing practically the same thing myself." said another girl. "And here are a couple of very good reasons. In the first place, do you like to be asking your father for money for every paper of pins you buy? Even a girl who has an allowance needs all kinds of little things which she never thinks about till the time comes. Besides if she's a bit independent, she'll hate the idea of going to some one for money all the time. It's positively a physical impossibility for me. No matter how nice your father is it's humiliat. ing. And you always like to think your head is good enough to keep you alive should the time come. I've not been studying all these years to forget my

"And lastly, my dear, when the time comes to settle down and have a little home, the money question will be pretty easily solved. I'm not putting all my the nice little things young wives usually go without. I'm not saying anything, but ocean breezes and having seashore sports I'm getting there just the same.

# Across the Counter

At present many of the shops are featuring staple goods at reduced prices. Imported black broadcloth, 54 inches \$1.69 a ward

for capes and wraps, can be bought for It is all silk, soft and light in weight,

and measures 52 inches. Black velveteen, warranted fast color and fast pile, can be bought for \$1 a yard. This quality is often sold at \$1.25

Cut cordurey, 27 inches wide, in white, for children's coats and in a wide range of colors, costs 59 cents a yard. This was "Made in the United States."

Crepe meteor, in innumerable shades, is selling now for \$2 a yard.

A soft black taffeta with a highly finished surface costs \$1 a yard in the \$5inch width.

FITCH AND SEALSKIN, ONE OF THE SEASON'S POPULAR COMBINATIONS

## MODES OF THE HOUR

The beginning and end of all things, ermine gained nothing by the alliance, this season is, apparently, fur. The fur-outre, it has a value in the fact that it

The barrel-shaped muff and the diminutive round one are in evidence as novel-ties, but they may prove to be a passing fancy, making their exit with the cold weather.

The sealskin muff of the picture is or-namented with fitch at one side. The lit-tle animal is slipped through a strap or the sealskin and its length extends across the muft.
In the neckplece, one of the long ends

finished with small balls of the sealskin. Whenever it appears that there is nothing left to say as to the use of fur, someand suits.

It looks like a good-sized muff set at the back of the neck. It stands high and it is wide and full, but it does not extend to the front, and it leaves the throat

has probably never been attempted be-

A very stunning costume seen recently

A very stunning costume seen recently consisted of a very severe, tete de negre gabardine, tallored coat and skirt. It was not trimmed with fur, but with it a flat must of skunk was carried and a very small neckpiece was worn.

As the day was warm, the collar was unfastened and had slipped aside, revealing a sheer collar, hemstitched and sailor shape and worn outside the coat.

ing a sheer collar, hemstitched and sailor shape and worn outside the coat.

It was the hat, however, that was the chef d'oeuvre, the crowning feature. It was a sailor shape, the brim covered with tete de negre taffets of the exact tone as the suit. The top of the crown was made of the cloth of the suit. Taffeta ribbon, still keeping the color, without a shade's variance, was swathed around the crown, and a wired loop of the ribbon stood rather high, squarely in the centre of the back,

It was a costume of rare elegance and of very great distinction. It was the art

of very great distinction. It was the art of dress carried to the nth power, and yet it attracted more attention and asrecently for a handsome wrap, consisted suredly more admiration than would a costume in which all the colors of the skunk. From the artistic standpoint the spectrum were combined.

#### Milady's Toilet Table

This is the season when the girl who values her complexion begins to take precautions against winter the These are guaranteed spot-proof, sponged, pre-shrunk and refinished. very few, compared with the tan, freckles and sunburn of the summer but the tan and sunburn of the summer, but the ten-A rich black chiffon velours, suitable der skin must always be protected. The cold winds will cut the face and cause it to become rough and chapped.

## age can be indefinitely postponed. In this article middle-aged and elderly women will find some splendid beauty advice they would do well to follow.

THE WOMAN OF FIFTY

There need be no grandmothers these days—that is to say, no women who really LOOK grandmothers-for nowadays, as far as looks are concerned, old

Whether she looks young or whether she looks old at 50 depends to a large extent on a woman herself. In olden times once she had passed the age of 40 a woman was content to sit down with folded hands and wait peacefully for old age. She felt that as far as she was concerned, youth was over for her altogether. Her

companions were always women of her own age or older than herself.

How different things are nowadays. A certain mother, past 50, doesn't look a day older than her daughter of 35. It lan't that she apes youth in her dress, for she dresses suitably and becomingly. But her figure is young and stender, and en-ergy is written in every line of her face. She always has young people surround-ing her, and enters with the utmost sest their company she lives over again the days of her youth.

is not content to alt down with folded hands just because she has brought up a family and seen her daughters well married; nor is she content to stay quietly at home, with no interest in life beyond the doings of her neighbors and herself. Plenty to Do

"My secret of youth," she says, "Is al-ways to have plenty to do. I'm not one of those who believe in idleness for the elderly. These people are simply asking

The time I can spare from the management of my home I devote to quite a number of things. I run a working woman's club, for instance, which meets twice a weak. I give lectures and demonstra-tions to the club on various things, printions to the club on various things, principally sewing and cooking, and I encourage its members to take an interest in the leading questions of the day. Twice every month we have mothers' meetings, at which instruction is given in regard to the care and rearing of children.

"But I have other interests, too. I have always loved music, and, unlike most married women, who give it up as soon as they are settled into homes of their."

"Still, they say that for an old lady my face is remarkably smooth and my complexion exceptionally good.

"Shall I tell you the secret?

"In the first place, it is because I have always led a healthily active life and taken an interest in my surroundings. In the second place, from the time I was at they tot I have always washed my face in cold, soft water. Believe me, this is an infallible beauty recipe."

own I have kept it up all these years. People tove coming to my musical evenings, and my daughters, whom I have taught myself, scarcely miss one of them. It's a splendid way of keeping our little family together, too.

Up Early

"I am always up at 7 in the morning to give my husband his breakfast at 8. When I have done the ordering for the day, I go for an hour's 'constitutional.' This I

never miss.
"I think it is because I am so energetic that I have kept my age so well. I have always been active. A sedentary life never appealed to me in the least. I let my hair grow white naturally, and didn't attempt to dye it; and as for the lines—why, they simply must come on the face of a woman of my years.

An Infallible Beauty Recipe

"Still, they say that for an old lady my

#### The New Bride

The new bride is thinking how about keeping her little nome in good condition and all her worlding cities too. The tion, and all her wedding gifts, too. The silver is, perhaps, the new problem for Give what you can spare, and more, her, because new methods are always coming out and each one is an improvement on the other. And nothing looks worse on a table than tarnished silver. The new silver pan is quite a revelation in the way of labor saving, as the And is always worth its weight! silver may be laid in the pan, covered with boiling water and left until the water cools sufficiently to remove it, or the perforated tray may be raised it one

has not time to wait, and the silver wiped and polished. The chamois-covered felt moulded silver board is designed for cleaning silver pieces that have to be laid upon their sides while legs and handles are polished. It will be found quite convenient also to clean pearl or bone-handled knives on, Two of the best styles of fork-cleaners

have handles, one has a black frame to lay on the table.
Three sizes of soft brushes and a spoonburnisher are needed. A good chamois polisher has a glove pocket so it cannot "get away" when you are using it. Use a

good liquid polish. Silver which is put away for some time should be thoroughly cleaned, smeared slightly with lard and slipped into its put their hands on the table instead of bag. Fut a piece of lump camphor in the closet in which it is stored. Then all with one hand only, the other must always rest on the table?

Egg stains on silver may be removed a few have only six? rubbing with sait before washing the article.

## Raspberry Buns

Raspberry Buns.-Take six ounces of It to become rough and chapped.

Some girls complain that their skins become chapped when the first frost comes, and stay chapped all winter. It is very painful; besides, it looks so unattractive. A doctor said to wash the face as usual, then, just before going out in the air, to dash cold water on it. This is supposed to prevent chapping. Another says not to use soap. Few wise girls use soap on the face nowadays, anyhow, unless they know the exact composition of it.

Raspherry Suns.—Take six ounces of laburations and two ounces of four (six tablespoonfuls) and two ounces of the shelf at congar (two tablespoonfuls), and two ounces of the shelf at some swallows have been know to fly at the rate of 128 miles an hour?

American Pancakes

Put into a basin half a teaspoonful or cream or cartar, mixing them with the offier ingredients.

Next heat well one egg, and add to it two of baking sods (with the lumps pressed).

#### Would You?

On the future's shelf. From today's most precious store.

Would you meet with truth? Then truth
You must proffer first.
Life hath need of grace and ruth. But, through best and worst, Truth's gold passes, clear and straight,

Would you honor gain? Be swift To give honor due;
The deserving to uplift,
Urown the crowned anew
With the laurels they have wen In whatever work, well done

Would you be beloved? Then love! And be sure of this—
Whatso'er life's gifts may prove.
All that was or is
Will not make your life more blest Than Love's matchless loveliness.
—Madeline Bridges.

#### Do You Know

That when leaves drop off the trees in the autumn they nearly always, on a still day, fall face downward?

That most spiders have eight eyes, but

That some animals are born enemies and never get really friendly with each other? Even quite wee rabbits will shiver with fear if there is a ferret anywhere near them; while young turkeys will show every sign of fear when they hear the shrill cry of the hawk. That some swallows have been known

Put into a basin half a pound of flour. and add a pinch of salt, half a teaspoonbut it is a fair rival to foreign importations.

A handsome black satin Duchess, one yard wide, now costs \$1.49 a yard. It is lustrous and flexible and its wearing quality is guaranteted.

Black and colored messalines, 35 and 36 inches wide, can be found now at the price of \$1 a yard.

Capes made of tan colors, one inside and colored lengths of reduced sliks are a practical purchase for this purpose.

Crept meteor, in innumerable shades, is selling now for \$2 s yard.

A handsome black satin Duchess, one yard lit is composition of it.

Yet, with both these precautions, the chapped face may remain. A lotion composed of the popular honey and almond combination, or rosewater and slycerine. Si good. Try this:

Capeum the price of \$1 a yard.

Si inches wide, can be found now at the price of \$1 a yard.

Capes made of tan colors, one inside and City this at night to the chapped surfaces after the face has been washed in warm water and dried.

Next heat well one egg, and add to it two to three tablespoonfuls of buttermilk. Moisten the dry things with the egg and out), and a good teaspoonful of sugar.

East an egg until it is light and frothy, and add to it two composition of it.

Yet, with both these precautions, the drapped face may remain. A lotion composed of the popular honey and almond combination, or rosewater and slycerine.

Si inches wide, can be found now at the price of \$1 a yard.

Capes made of tan colors, one inside and Compound tincture of benzoin, 10 drops Alcohol ... 2 drachms Bosewater ... 2 drachms Bosewater ... 2 drachms House each bun, and after putting into each half a teaspoonful of rasp-ting into each half a teaspoonful of rasp

Grouped in Convenient Sets for Christmas Remembrances.

BED LINEN One pair Linen Sheets and one pair Pillow Cases; Single-bed Size, \$5.50 to \$21.00 the set. Double-bed Size, \$6.00 to \$22.00 the set. One pair Scalloped and Embroidered Linen Sheets and one pair Pillow Cases;

Bolster Cases to match all the above sets may be obtained if MADEIRA SETS—one bolster, two pillow cases, \$13.00 the set. Embroidered by hand by those very clever women near Funchal, Madeira.

TABLE LINEN

Much of it the famous Belgian Linen. Sets consisting of Table Cloth and Napkins to dine six persons up to large Banquet Table sets providing for eighteen to twenty diners. Prices vary, according to size of articles and number of persons seated, from \$5.25 to \$150.00 the set. A Very Special Lunchson Set-45-inch Square Table Cloth and one dozen 15-inch Napkins-\$5.25 the set. Of hemstitched damask with satin band border.

Blankets and Bedspreads FINE all-white Blunkets; extra long single bed size, \$9.50 to \$20 the pair. Double-bed size, \$12 to \$25 the pair.

BEAUTIFUL hand embroidered Pique Bed Spreads—single-bed, \$7.50 to \$12; double-bed, \$8.50 to \$13. Roll Heister Shams to match, \$3.75 to \$6.00. 1008 CHESTNUT STREET

**NOW PLAYING!** "The Mystery of the Sleeping House"

Episode No. 2 of Thanhouser's Greatest Photoplay



ZUDORA-the beautiful girl detective-endowed with supernatural powers of hypnotism and deduction—a more thorough analyst than Sherlock Holmes himself-is now appearing at the better motion picture theatres in Phila-delphia and vicinity. Don't fail to see this remarkable production headed by Marguerite Snow, James Cruze and Harry Benham. Refer to the amusement columns of today's Evening Ledger for theatres showing Zudora this

Read This Baffling Story by Harold MacGrath Installments of Episode No. 1, "The Mystery of the Spotted Collar," Now Running Daily in the

Evening & Ledger