

THE WOMAN AND THE HOUSEHOLD—USEFUL HINTS AND FASHIONABLE FANCIES

THE SPIRIT OF THANKSGIVING

Ellen Adair Says It Should Be With Us All the Year Round.



The spirit of Thanksgiving comes upon all one year, when the atmosphere, serene and otherwise, breathes forth the spirit of peace, prosperity and good will. For on this day of days, it behooves us to assume a virtue if we have it not, and we all strive to live up to the spirit of the interpretation of true thanksgiving.

man exist in the thankful heart. Old dislikes, old scores, deep-rooted enmities must be forgotten if the real spirit of Thanksgiving is to be brought forth. And this spirit is not for the day merely; it is for all time and eternity.

The grateful heart will not assume gratitude for one day only, although the setting aside of a particular day for its celebration is a very fine and excellent thing. Real gratitude and thanksgiving must be permanently deep-rooted within our hearts if they are genuine.

Thanksgiving Luncheon

Written by a Guest

Dear Peggy—You know I promised you this year to tell you about the luncheons and dinners I attend, rather than the dresses and hats of the girls who are invited.

- Olives Turkey Croquettes Celery
Cranberries French Peas
Endive Salad, French Dressing
Crackers Cheese
Blisque Parfait Fancy Cakes

Across the Counter

Already the shops are showing novelties for the Christmas mart designed and destined, no doubt, to attract many purchasers by their unusual charm and beauty.

From England comes a painted tinware that, in its surface qualities at least, resembles the expensive Chinese lacquer.

A watering pot, that would make the task of watering plants a pleasure, costs \$1. It has the same lacquer finish and charming and appropriate designs.

An artistic novelty in the way of candle and lamp shades is supplied by India ink drawings of a decorative nature and somewhat after the Aubrey Beardsley manner, on heavy white paper.

The lamp shades come in two sizes and are priced from \$4 all the way up to \$18.50. The candle shades are also in two sizes and the prices vary according to size and decoration.

His Future
An old farmer and his son called upon a lawyer one day. The boy was 11 or 12 years old, a gawky, ugly dawdler.

"Well, my boy," said the lawyer, "would you like to be a lawyer?"
"Law?"
"A doctor?"
"Preacher?"

THE SELFISH GIRL
The girl who is selfish and shows it is seldom a favorite with her friends. She is always thinking of herself, she is rude and inconsiderate of the feelings of others, and disagreeable as well.

The hostess is sorely tried by a guest like this. If the pair are girls they will fret and quarrel, and if a man and a woman, the man will be annoyed and the woman will be annoyed.

The Vegetarian's Corner
Cabbage Mold—Boil the cabbage carefully, and then squeeze it in a colander till perfectly dry. Chop it finely, add a large piece of butter, and season well with pepper and salt.

Milady's Toilet Table
Girls with very soft, fine hair enjoy a mixed blessing. When such hair is falling about the shoulders it is very charming, but it may dress in a sloppy, careless way.

Parting
Here in alliance, heart to heart,
Lovers twain,
Part, unknowing if they may
Meet again.

Economy Hints
By the Careful Housekeeper
DON'T USE ALL MILK.
When making batter puddings or pancakes, I don't use all milk for mixing.

His Capacity
"Oh, doctor, I feel so discouraged—whopping cough, measles, mumps, and grip, one after the other, and now my child is ill again!"

ALL THAT YOU GET HERE IS FRESH
FINEST SCRAFFLE
We are sole agents for the well-known Calumet Scraffle. Absolutely pure, free from any preservative and made under ideal conditions.

A Thought for Today
If we look as much trouble to be good as to appear good, we should end by being so.



ATTRACTIVE DANCE FROCK OF WHITE SATIN

MODES OF THE HOUR

At this season of the year the question of street suits, hats and furs may be already settled, but the question of the dance frock and evening apparel of all kinds comes up again and again and increases in interest with the increasing number of festivities.

The fashions for young girls are tending toward simplicity again. Models are springing up on every side that feature the undraped skirt, cut on the ball or circular lines, and the almost severe sleeveless bodice of the one with chiffon or tulle furnishing what might be called an apology for sleeves.

Even the American women who were in Paris "before the war" and who saw the models with wide, full skirts, refused to be convinced that the vogue for the draped and tulle skirt was on the wane, and lived up to their convictions when they made their purchases.

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Advertisement for W.A. Bender Reading Terminal Market, featuring a list of products and prices.

UNCLE SAM AS A HOTELKEEPER

By C. HOUSTON GOUDISS, Food Expert.

Sanitation in the Canal Zone can give cards and spades to anything that is done in that line in the United States. The latest achievement of the Government authorities who have cleaned up the Isthmus is a system of medical inspection which must be undergone by all employees who make or handle food in the Government hotels.

The first examination disclosed the presence of one typhoid carrier, who was promptly deported. The other employees were all right, but from this time forward periodical examinations will be made to determine whether or not any of them are developing tuberculosis or any other transmissible disease.

Because of precautions like these the Canal Zone, from being sure death to the white man, has become a salubrious resort, summer and winter alike. The Government authorities under the leadership of Colonel Goethals have cleaned up the hotels and the public buildings, watched the food supply like hawks, led the fly-swating brigade to victory and reduced to mangled remains every mosquito that even looked as if he would like to spread the glad tidings of yellow fever.

When Baby Has Croup
If the baby's attacks come on after a cold, she probably has catarrhal croup. This is often due to being too careful in excluding draughts, which may mean excluding fresh air, too. The baby will be twice as susceptible, when she goes out, to colds, if she has been breathing in overheated, damp air in the house.

Around the Clubs
The St. Vincent's Aid Association will hold a lesson December 1, 2, 3, 4. Dolls, Christmas gifts, lunch and tea will be sold. Committees meet for this purpose every Monday at 7 p. m. during November at 715 Spruce street.

Delicious Marmalade Cakes
Take six ounces of flour, two ounces of butter, six ounces of castor sugar, half a teaspoonful of baking powder, one egg, one-half cup of orange marmalade, one egg, cream, add the egg and the marmalade, and beat thoroughly for several minutes.

THE SMART GIRL

Useful Hints
There are certain things no girl can afford to overlook in her general appearance. They are the very evident marks of good or bad upbringing, of the fine dividing line between the born and "near-lady." The girl who wants to look her best, wants to do so at all times. It does not suffice to be gotten up for an occasion.

There are no holes in the fingers of your gloves, and no buttons off your shoes. If you wear the collars and cuffs so popular at present, have enough to change as soon as they become soiled. Never wear more after they get wrinkled. Choose another gown until they are suitably laundered.

Take the best of care of the hair and nails. Never let your hair fly around carelessly. Choose some nice style of wearing the hair and learn to dress it properly. The hair should be kept short, well-shaped and immaculately clean. Nothing betrays a girl so quickly as her hands, and it is extraordinary how many girls neglect them.

WINNER RESORTS

Ledger Central will supply you with full information about winter resorts in any section of the country. Tell you exact locations, seasons, attractions, and facilities for recreation or rest. Give you particulars regarding train schedules and connections, sailing dates of steamship lines for any port, Pullman and boat accommodations, cost of travel, and hotel rates en route and at resorts.

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