average business man is about as fol-

He arises between 6 and 7 a. m., takes

no exercise of fresh air, but partakes of a breakfast composed largely of cereal

starch, ment and coffee, then goes at once

starch, ment and coffee, then goes at once to his business, sits at a desk until noon, takes luncheon at a neighboring cafe, composed of meat, cereal or potato starch, beer or coffee, hurries back to

usiness, sits at his deak five or six hours

onger, hurries home, partakes of dinner composed of more meat, more starch

more tea or coffee-no exercise, no diver-

sion, no association with the great au thors; no music, no poetry, no change.

his companion since breakfast. The mar ket, the business, the chances for making or losing dollars is the topic of discus-sion. He is in the power of his master, "business," and must do him continual

with the domain

tyrant he lives, moves and has his being.

NATURE'S WARNING UNHEEDED.

If he has an III, headache, sour stomach

adigestion, a tinge of rheumatism, dizzi-

ness, or any one of the thousand symp

toms or warnings that nature gives him

for the violation of her laws, instead of thinking a little and trying to ascertain

the cause, he sends, with cheaty pride, for

his physician and his physician writes out something in a dead language—the

The days and months go on, the symp-oms or signals become more numerous.

more expressive, more impressive, more painful; his physician is called more often, the dead language paper goes to

the druggist oftener than it used to: with faith he still swallows the polson ous drugs, they relieve him for a little

while, usually by paralyzing the little nerve fibres that are carrying to the brain the messages of warning.

His physician finally acknowledges deeat and prescribes a trip or a sana-orium. It is either this procedure or the late that belel Messrs. Roberts, Lozier.

Vice President Hobart, Colonel Ingersoll and the uncounted thousands who had

no reputation beyond the domain of their

SUGGESTIONS FOR A GOOD BUSI-NESS MAN. Don't allow your business to become

Don't discuss business at home or in

Take a cool shower bath and vigorous

exercise before an open window the first

Partake of a very light breakfast an

nour after arising, eliminating tea, coffee, bread, potatoes and meat.

Walk to your business if possible;

reathe deeply. Eliminate woolen underwea.; dress as

Take an hour for luncheon; omit tea, offee, tobacco, beer and aweets.
Keep your office well ventilated.
Secure competent help and trust them.
Leave your office early enough to walk

ome, or at least part of the way. Masticate your food infinitely fine, and y all means do not overest. This is

the crowning sin of the civilized table. We usually cat as much as we want, then

Take from 10 to 15 minutes' exercise be-

fore retiring; sleep in a cold, thoroughly ventilated room. Spend as much time as possible in the sunshine and open air.

Play golf, join a gymnasium, dance, sing, kick and play with the boys, for it is infinitely better to dig in the ditch for

into activity another set of taste uds by forcing on the appetite another ind of food.

wn locality

our master.

thing upon arising.

lightly as possible.

octal life.

only suitable language-and the

ness but nothing about himself.

A friend may come in, or he may go

ING JEDGED TORILADELPHIA, SATURDAY, NOVEMBER 28, 1914

### **OLD DEATH HOUSE** RINGS WITH SHOT AS SPY IS SLAIN

Carl Hans Lody Executed in London Tower as German Agent - Married American Girl. Posed as Ameri-

LONDON, Nov. II.-It is officially announced that Carl Hans Lody, allas-Charles A. Inglis, who was found guilty by a court-martial of esplonage on November 2, was shot as a spy on Friday.

Lody, when arrested, said he was an American, but later confessed that he was a German. He had lived in New York and Omaha. In the latter city bemarried the daughter of Gottlieb Stora, a brev or, but she divorced him.

The statement concerning the execution merely raid; "Sentence was duly confirmed.

is understood that Lody died same, refusing to the last to reveal the name of the superior officer from whom he admit-ted he had received his instructions to spy on the British navy.

This was the first execution in the Tower of London since April 2, 1717, when Lord Lovat was beheaded. The scene of the execution was the Tower Barracks, not far from the spot where Anne Boleyn and other persons famous in Eiglish his-

tory were put to death.

Lody was about 28 years old. He once was employed as a guide by a touring agency in New York, and also worked for the Union Pacific Railroad in Omaha. He was arrested late in September in London charged with espionage, and at his trial testified that he was an ex-licu-tenant in the German navy, but that he had been transferred to the reserves. In his capacity as a reserve officer, Lody testified that he was ordered to proceed to England to keep track of the

movements of the British fleet, but was arned not to do any spying. He was told to travel as an American citizen.

Any "in consequence of that I received r American passport." He claimed embership in several New York sociaties. Last year Lody served on board Executives. Emperor William's racing yacht Meteor. The Grand Jury of the Durham As-sizes has returned a true bill against Nicholas Ahlers, the German Consul in Sunderland borough, on the charge of high treason. According to the indict-ment, Mr. Ahlers was naturalized in 1995. After the declaration of war he engaged in helping German reservists leave Eng-land for Germany.

### NEW YORKER HELD IN JAMAICA JAIL AS ALLEGED SPY

Louis Wessels, Commission Merchant, Believed Accused of Aiding Germans From British Possession.

KINGSTON, Jamaica, Nov. II.—Louis Wessels, an American citizen, who, for many years has been head of the comnission firm Wessels, Kulenkampfi Company, of New York, with a local branch here, and is well known both here and in New York, was committed to the High Court today to be tried for alleged violation of the (official) secrets act.

The offense is not specifically a cap-Ital crime, but ball was refused in this

NEW YORK, Nov. 11 .- Mr. Wessels has been connected with the commission firm for a number of years and is the head both of the firm in New York and of the branch in Kingston, which bears the name of Wessels Bros. & you Gontard Company. He was widely known among the commission merchants here before he went to Jamaica 18 years ago and estab-lished the company's branch at Kingston. He is married and has three children, who

went to Kingston with him.

The first news of Mr. Wessels' predicament stated that he had been requested to leave Jamaica immediately by the British Government. The authorities gave as the reason the allegation that his firm had been furnishing supplies to German cruisers.

Just what the official secret act is could not be learned, but it is supposed that he is charged broadly with espionage. he is charged broadly with esplonage. The punishment for conviction reats with the court. Sir Courtenay Bennett, British Consul General, said last night that violations are tried by court-martial and that death is not specified as the punishment. It is significant to note, however, that a man was executed in England last Friday for an offense supposed to be specified under this act.

#### WOMAN SAYS SHE SAVED PRINCE JOACHIM'S LIFE

Detected Bomb Throwers on Train

Carrying Kaiser's Son. NEW YORK, Nov. II .- Mrs. Lealle Maon, of this city, who was a passenger on the Itlaian liner Stampalia, arriving here today, told a story how she saved the life of Prince Joachim, the youngest son of the Kalser. Mrs. Mason was a passenger on a train bound from Nuremberg to Switzerland, upon which a private car bearing Prince Joachim was strached. The American woman noticed several men in her compartemnt carrying bundles and talking among themselves in a language she believed to be Bussian. At a way station Mrs. Mason informed the military guard, and the men were arrested. Their bundles were found were arrested. Their bundles were found to contain bombs. The Prince thanked Mrs. Mason and asked her New York address, so that he could forward her an honorary decoration.

SEEK TO IDENTIFY SKELETON Atlantic County Prosecutor at Work on Woods' Mystery.

ATLANTIC CITY, Nov. II — County Prosecutor Moore is in communication today with the police of Baltimore in an attempt to establish the identity of the man whose skeleton was found in the woods in Weymouth County County Physician E. Leonard says the body re-Physician E. Leonard says the body re-mained there for a year, the bones hav-ing been bleached. The initials F. E. M. were found in a pocket handkerchief and on the man's coat. The name and ad-dress "Amos Waltz, His North Tremont street. Baltimore," were written on a sing of paper which was in a pocket of the coat.

Cape May County Teachers' Institute PRENTON, Nov. II.—The Caps May County Teachers' Institute will be held at the Ocean City High School Building on Thursday and Friday, November 12 and 12 Both days will be devoted to

### FRANK GITTELSON'S RECITAL

Young Philadelphian Enthusiastically Received at the Acedemy.

After a musician has appeared with two symphony orchestras and in several recitals of his own, it may appear a rank cynicism to refer to him as a violinist of promise. The phrase may be deadly, but in the case of Frank Cittelson, who was heard at the Academy last night, the was heard at the Academy last night, the only alternative is to say that he is a violinist without promise—which is happily very far from being true. Mr. Gittleson just at present is what brokers call an excellent "future."

When he was first heard here, in an ungrateful Lalo concerto with the Philadelphia Orchestra, Mr. Gittelson revealed certain technical powers outle beyond the

certain technical powers quite beyond the ordinary. Yesterday those powers were given fuller scope and reaffirmed the earlier impression, that Mr. Gittelson has done wisely to prepare himself so well. He will never have to go back to pick up a technique with which to express what-ever he may learn to feel. One technical fault he has—an apparent inability to play the G string staccato and give it a pure tone. It is strange that his rich-est tones should have come from this string, which at times he abused unmercl-

tions is to come at once to the great question his playing brings up. The question whether an artist of even the first technical rank has the right to play in public until he is in the fulness his mental and spiritual growth. It not the province of the critic to inquire into Mr. Gittelson's personal affairs. Simply as a fact, it cannot be that Mr. Gittelson has anything new or vital in the way of emotional experience to transmit to his hearers. He is a very young man. Of course, there are the terrible precedents of the great violinists. Mr. Gittelson resembles Zimablist of a few years are the may recell that Kralsker. years ago. He may recall that Kreisler came as a boy prodisy, that Elman was a heart-plucking lad when he was first heard here. The whole tradition is wrong and Mr. Gittelson suffers from it. He is for too good a violinist to be spoiled by it however. it, however.

Last night's program included the "Chaconne," by Bach, which, it has been suggested, should be legally reserved for the very greatest players alone. Mr. Git-telson played it well, with slight over-accentuation of chords at the beginning. The three national dances were with progressive improvemet. Mr. Git-telson found himself able in the Bara-sate and Brahms to fall in with the rhythm. And in the andante of his first concerto he achieved real emotion. Al-together the occasion was much more felicitous than outside reports of Mr. Gittelson had given reason to expect.

TWO RECITALS TONIGHT. The first conflict of the musical season omes tonight, when two recitals will Mme. Alma Gluck, who sang be given. Mme. Alma Gluck, who sang with the Philadelphia Orchestra some weeks ago, will give a recital of German, Russian, French and American songs at the Academy of Music, and David Bispham will give a lecture-recital at Witherspoon Hall. The programs of bother of the artists are widely varied and so arranged as to offer the greatest scope for their respective talents. As both are known to Philadelphians, the both are known to Philadelphians, the choice between them is an easy matter of personal preference.

#### DIES OF POISON OR FRIGHT

Murderer Escapes Electric Chair After Swallowing Match Heads. TRENTON, Nov. 11.—Polson or fright caused the death of Angelo Circlello, a wife murder of Newark, a few hours before the time fixed for his execution at the State prison last night. County Physician Frank G. Scannell, who con-ducted an autopsy, announced that death was due to phosphorus poisoning, result-ing from a dose of match heads soaked in water which Circiello took on Mon-day.

Prisoners in the death house, where he had been confined since last December, are permitted to smoke, and it is supposed Circlello succeeded in hiding enough heads to make a formidable dose. Prison authorities believe Circlello's

ing fate, and pointed out that the autopsy disclosed a badly diseased heart and lungs affected with tuberculosis. Coupled with his enfeebled physical condition was an extremely nervous temperament, accentu-dated by two stays which prolonged his life when he was almost in the shadow of the electric chair.

Circlello collapsed between 2 and 3

o'clock yesterday afternoon and died about half an hour later. His brother and slater were paying him a last visit at the time. He was to have been executed at 8:15 last night.

#### **GOVERNOR FIELDER LAUDS** NATION'S PROSPEROUS PEACE

Executive Issues His Annual Thanks-

giving Day Proclamation. TRENTON, Nov. 11.—In his annual Thanksgiving Day proclamation today, Governor Fielder calls attention to the peace and prosperity that have prevailed in both nation and State. He refers to the proclamation of President Wilson, fixing November 26 for general and re-This is the first time that such a gathering of Methodists has ever been called together in this section of the country. Today is known as New England Day for the delegates. Tomorrow will be designated as American Day, and a meeting

ligious thanksgiving.
The proclamation says in part:
"The passing days carry their measure of defeats and successes, the speeding years bring their sorrows and their joys, but as the world moves on toward that ideal State, when enmity and covetous-ness in men's hearts shall be supplanted by charity and love for their brother, the days and years contain fresh reasons for happiness and rejoicing. For reasons best known to an all-wise Providence, a hor-rid conflict is raging among the warring nations of Europe, carrying death and devastation in its train, and presenting to us by striking contrast the magnitude of those blessings which flow from international peace and the contentment of prosperity, which follows fruitful fields and bounteous harvests. For our happy condition, the thanks of a devout people should be rendered to the creater and ruler of the universe."

### PREACHER TO LEAVE JAIL

The Rev. Bouck White, of Social Revolution Church, Finishes Term. NEW YORK, Nov. 11.—The Rev. Bouck White, who was elected fro mithe Fifth Avenue Baptist Church last summer bacause he persisted in interrupting the services by hackling its paster, the Rev. Cornelius Woelfkin, and was sentenced its six months in the Queens County isil, will be released tomorrow, his term being finished. A delegation from the church of the Social Revolution, of which he is paster, will give him a reception.

> HODERN DANCING THE STUDIO

MODERN DANCING M. EARL DELANY MISS INEZ LIVINGSTON Bansom and Seventeenth, N. W. Corner.

LUCIEN O. N. 15th St. CARPENTER That's All DIAMOND 4318 D. MISS MARGUERITE C. WALZ Studio of Modern Dances 1304 WALRUF STREET Mrs. Elizabeth W. Reed, Chaperona. Epiruce 1331,

BLANCHE WEST

### THE RICH MAN'S BURDEN AND HOW IT KILLS HIM

Wealth Without Health a Futile Thing To Him Whom Business Cares Have Buried

> From the Business Man's Magazine. There was a fool who made a fortune-but he died. The world called him great-but it lied.

The things that go to make up a good | public schools, or were matters of general knowledge. The routine life of the business man, in the popular mind, are the establishment of great industries and enterprises, coupled with the accumula-

tion of money by the individual. A careful review of the history of business men who have made a success along these lines shows that the majority sacrificed their health and their lives to their business. In the last and final analyais, therefore, these were not good busi-

The best musician is the one who can bring the most sounds into harmony. The superior artist is the one who most successfully can harmonize colors and reproduce nature. The best business man likewise is the man who can best har-monize or balance the affairs under his

The man who from a cheap tin store founded "The Fair" in Chicago and allowed the business to dethrone his rea-son and send him to his death before he was 60, could hardly be considered a good business man. Measured on this same scale, Marshall Field was not a good business man. President Roberts Measured on this who arose from the ranks of a car wheel moulder to the presidency of the Penn-sylvania Railroad and died at the age of 50, was not a good business man. H. A. Lozier, who made millions of dollars out of the Lozier bloycle works and died at middle age while eating his break-fast, was not a good business man.

SUCCESS EMPTY WITHOUT HEALTH. The accumulation of money and the druggist sends over founding of great industries is only one swallowed with that childish confidence requisite and by no means the most that fitly becomes the modern business man who knows a great deal about business man. important one to the good business man, for what profitch a man to make a seven-figure fortune, to put in motion a million spindles, chain continents together with cables, flash his silent voice over oceans and continents on currents of common air, make the ocean's billowed bosom a air, make the ocean's billowed boson a commercial highway, transform the excart into a palace and set it on wheels and hitch it to the lightning, build skyscraping structures of stone and steel, transfix human figures and faces on sensitized glass, direct the methods of bur-rowing into the earth for coal and gold until his name is known around the world and his fortune is a power in the land-what boots it to know all these things and gilde blindly into the shambles of unrest and disease, or furnish a fashion-

able funeral at 45?
The religious fanatic who robes him self in sack cloth and eschews the razor, the food crank who cries out, "back to nature" and takes to grass, the one idea social reformer who preaches on the curb and the business man who al-lows his business to become his abso-luate master and governor, are in reality all in the same class. The unfortunate thing is that the business man sits him down and weaves about himself the mesh of a prison. Every year puts in a new bar, every month a new bolt, and every day and hour a new stroke that rivets around him what he calls busiess until he feels and really thinks he cannot escape.

A GOOD BUSINESS MAN. A good business man is the man who can direct the wheels of industry, who can draw a trial balance between his income and his expenses and who can measure his own ability on the yard

stick of endurance. He is a good business man who gives as much study to the laws of his own physical organization as he does to the organization of his business and in the final wind-up I doubt if he would not consider himself a better business man, fint broke and in good health at 20, than at his call, but out of the fight at 50. It is truly unfortunate that the gen-eral laws of health and hygiene are not more universally taught and understood. We learn that best with which we are thrown in most frequent contact. The business man would absorb enough information on these subjects to extend his period of longevity and usefulness many years if they were taught in our | made prison and perhaps die.

METHODIST MEN MEET

Convention in Boston.

BOSTON, Nov. 11 .- A convention unique

in New England religious history began

here today at the Tremont Temple when

3000 men answered present at the New

England Convention for Methodist Men.

will be held on Boston Common. Friday

will be called World Day.

To arouse enthusiasm for this conven-

tion 25 dinners were held in various parts

MEDICAL MEN MAY UNITE

Movement for One Society Started in

WILMINGTON, Nov. 11 .- Though the subject has not been publicly aired, there is a movement on foot in this State to combine the members of both schools of

medicine into one society.

There was talk among members of the

Delaware State Medical Society in this connection at its recent meeting here, and there has been similar talk among

MODERN DANCING

PALACE BALLROOM BOTH AND MARKET Becoptions Monday, Wednesday and Saturday Evenings. Beginners' Class Tuesday and Thursday Evenings. Reception follows the Class. with orchestes music.

TONIGHT
MILITARY NIGHT
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BAND AND ORCHESTRA MUSIC
Nothing But Dance, Dance All Night.

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25 BOUND DANCES GUARATEED,
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SPECIAL NOVELTY

STANDARDIZED MODERN DANCING

Jessie Willson Stiles

Stanley Baird Reed

the homsopaths.

Wilmington.

# your dinner and to be able to digest and enjoy it than to lie invalid in your self-

WOMAN AIDED CONVICT

Three Thousand Answer Rollcall at Visitor Planned Escape of Burglar From Delaware Workhouse.

WILMINGTON, Del., Nov. 11 .- Members of the Board of Trustees of the New Castle County Workhouse declare that the escape of Cornelius Street, a burglar, was planned by a woman who visited the institution in an automobile.

Following the woman's visit Street cut hole through the metal ceiling of the workhouse and another through a slate roof. There is talk of referring the matter to the Grand Jury.

BUSINESS OPPORTUNITIES

#### I WANT A FINANCIAL BACKER

Through withdrawal of financial support because of the policy of my paper, the Sunday Evening Journal, I need one or a group of men with a small capital to finance the paper. Success is assured by the sale of last week's issue, of which 33,000 copies were sold between the hours of 2 P. M. and 10 P. M. The paper must appear next Sunday. Investigation invited at once. J. LAZAR, Editor, 28 S. 7th street. Market 4289.

### RESORTS



WALTER J. DUZBE

## **UTAH'S GOVERNOR** SAYS CONSERVATION HURTS FAR WEST

Eastern States Benefit at Expense of Public Land Areas, Spry Tells National Conference.

MADISON, Wis., Nov. 11 .- Governor William Spry, of Utah, told the members of the National Governors' Conference ere today that conservation of national resources as now practiced in the United States constitutes a grave injustice of the Eastern States against the far West-ern, or public land States—Arizons, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washout to visit, then comes the soothing and soportferous eigar which may have been ngton and Wyoming.

He pointed out that the older States had developed their resources and passed these into private hands without present restrictions. The natural resources of the Eastern States, he said, were the property of the citizens of these States and the country as a whole does not profit provements."

by them; the taxes defraying the expenses of a State Government in the East are distributed over the whole State. In the far West, however, the with drawal of lands from private ownership are serious, impairing the tax resources of the State and throwing a grave burden of taxation on privately owned lands. He said recent laws are being grossly misinterpreted by "bursau underlings whose rulings, if uniformly wrong, bear the striking characteristics of being uniformly against the States and in favor of the National Government.

"Take, for instance, the State I represent," said Governor Spry. "Utah, with an area of 54,580,000 acres, has but from 10 to 12 millions of acres in vested ownership or process of transfer, and much of that consists of grazing lands that yield that commune of grazing lands that you but slight income through taxation.
"If our sources for revenue for local sedf-government were adequate to the increasing demands, or if our revenue were in excess of our needs and we were

squandering the income, I grant this na-tional curtailment of State development through land withdrawals ould not be so serious; but it is a fact that additional land ownership, with improvements, more extensive mining operations, greater power development and all those activi-ties that make for a prosperous commu-nity are imperative necessities in Utah to keep abresst the expense of maintaining schools, State Government, State institutions and carrying on internal im-

### HIDDEN WIRELESS FOUND

United States Officers Uncover Sta-

tion on Mexican Soil. WASHINGTON, Nov. 11.-Secret serveles men and navy radio experts seeking hidden wireless stations, supposed to be violating American neutrality, have found a hitherto unknown station at Ensenada, Lower California, not far across the United States boundary.

Officials believe word of the impending Investigation, which was determined upon two days ago, must have got to the station quickly, as the radio experts reported it had not been talking for the last 24 hours. The United States authorities have no jurisdiction over wireless station on Mexican soil,

### KEARNY STATUE IN ARLINGTON

Dashing Union General Memorialzed in Equestian Figure.

WASHINGTON, Nov. II.-With Impos WASHINGTON, Nov. II.—With imposing military ceremonies, the first
equestrian statue ever raised in Arlington Cemetery, that of General Philip
Kearny, formerly of New Jersey, will be
unveiled this afternoon.

President Wilson, Secretary of War
Garrison, Governor Fielder, of New Jersey, and a delegation of New Jersey
citizens will strend the unveiling Cavalry
and artillery from Fort Myer will also

and artillery from Fort Myer will also participate.

Store Opens 8:30 A. M.

WANAMAKER'S

Store Closes 5:30 P. M.



The Grand Organ Plays Tomorrow at 9, 11 and 5:15

# Good China Sets for the Thanksgiving Feast

By reason of importing more French china than any other individual firm, we naturally have a greater variety to show. For the same reason we have the pick and choice of the finer decorations on the finer bodies. Unbiased price comparisons, based on quality and completeness, are much in our favor.

To prove all these statements, we are now ready with the goods.

We have Theo. Haviland dinner sets in twentyseven different decorations; every decoration specially chosen, every set specially priced, \$20 to \$65.

Sets from the Limoges potteries of Vignaud Bros., M. Redon, J. Pouyat and Charles Field Haviland are shown in relatively large assortment.

The most ornate china dinner sets in the world, the Royal Doulton wares from England, are here at prices ranging up to \$300.

Everything called a "dinner set in this china store is a real set complete for "twelve diners." There are no substitutions of smaller sized pieces to make up for a reduction in price.

Every day you come in here you are sure of finding sets that are priced below their real value. At this very moment we have a number of "one of a kind" sets, taking in a very broad variety, from American porcelain sets at \$7.50 up to French china sets at \$30. Originally these were priced very much higher, but there being only one of a kind we have their prices so low that, with Thanksgiving Day in view, their time here will likely be short.

(Fourth Floor, Central)

# JOHN WANAMAKER PHILADELPHIA