

WHAT EVERY WOMAN WANTS TO KNOW—THINGS THAT INTEREST MAID AND MATRON

MOTHER'S DAY OF REST

By MRS. CHRISTINE FREDERICK Author The New Housekeeping.

When the command was given, "On the seventh day thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant nor thy maid servant, thy cattle, nor the stranger that is within thy gates," nothing was said about "thy wife's" work. Can it be that when rest was commanded for the entire family, the wife was purposely excluded? Because even unto the present day, while father reads the Sunday paper and the children go to Sunday school, mother often stays at home to prepare the big Sunday dinner, so that Sunday is, in fact, the hardest day of the week for her.

Additional leisure necessary to enjoy a good dinner. Or if there must be a big Sunday dinner, it can be cooked on Saturday, and needs then only a slight reheating on Sunday. There is no reason why a roast eaten on Sunday must be roasted on that day. It can be roasted for two-thirds of the time on Saturday and needs only a 30-minute reheating. Similarly with vegetables, gravy, soup, all of which can be made on Saturday, so that a half-hour work on Sunday will take the heavy Sunday dinner on the table. Any woman would rather do this and have more time for genuine rest, church or reading. I cannot understand why so few families follow this plan.



MISS FOLA LA FOLLETTE The Wisconsin Senator's daughter has stirred a "tempest in a teapot" between suffragists and anti-suffragists by insisting on being called "Miss La Follette," instead of Mrs. George Middleton. Mr. Middleton encourages his wife's ideas of independence.

To Raise a Table

If the kitchen table is too low to work on, take four common door stops which screw into wainscoting to prevent door striking the wall, and screw on to the bottom of each table leg. This raises the table about three inches and makes it more convenient for a tall person. The doorstop is made of wood and is not detected as being other than parts of the legs themselves.

A Jam Hint

A teaspoonful of glycerine added to every four pounds of jam a quarter of an hour before boiling is completed, will give it a beautiful clear appearance. It also makes it much firmer than the usual home-made jam.

Pleasing Gifts

Mostly every month of the year is an "occasion" for the girl who has a great many friends. Formerly she gave birthday, Christmas and wedding presents, and considered herself generous. In these days of graduations both in June and February, anniversary presents, engagements, "bride" presents and all the other special occasions, she has to be a little more generous. In general, gifts of well-meaning friends, we consider ourselves to be pleased upon.

WOMAN OUTSIDE THE HOME

Around the Clubs

The regular club tea of the College Club will take place on Monday, November 23, from 4 to 6 o'clock. The hostesses will include Miss H. Jean Crawford, of Bryn Mawr College; Miss Katherine Wolf, of Bryn Mawr College; Miss Carolyn E. Hill, of Goucher College, Baltimore, and Miss Florence B. Scott, of Vassar.

The Heart Courageous

There are two ways of facing trouble—inevitable trouble. One can either accept the fact and look around for ameliorating circumstances, then give up one's armor, and face the foe, and make as brave a fight as possible, so to speak. Or one can cry and moan, spend what opportunity of happiness remains in futile complaints and vain regrets, and voice the resentment of an atom who has come in contact with the world force and does not like it.

The Suffrage Movement

Last Friday's open-air meeting under the auspices of the Women's Equal Franchise Society, at 9th and Chestnut streets, was a great success. Mrs. Scott Nearing's speech was a very stirring one, and 800 pieces of literature were given out.

Snapshots in the Market

The price of meat is rapidly rising since the closing of the large cattle pens. The price of beef is now 12 cents a pound, although they will surely rise. Leg of lamb sells at 25 cents a pound. Roast beef costs 22 cents a pound.

To Wash Colored Stockings

Colored stockings are rather troublesome to wash, owing to the color running. To prevent this, do not use soda or rub soap on them, but put them into a good lather of soap-powder and tepid water.

Gleanings From the Shops

Just as the fall modes in gowns and hats have shown a decided and unmistakable change, so those delightful feminine fancies in neckwear show a decided variation from last season.

The Larder

All larders should be hung with glazed washable paper, so that the whole of the cupboard or room can be washed with hot soap-suds to which a disinfectant, such as carbolic, permanganate of potash, or other purifier, might be added.

Open Fruit Tart

Butter a pan, roll out paste to the thickness of half an inch and line the dish with it; prick a few holes in the bottom of it with a fork and bake for ten minutes in a hot oven for 10 to 15 minutes.

Haricot Soup

These beans require to be soaked in cold water from 16 to 24 hours, then put into a pan of cold water and a little salt added. Set over a clear fire or gas when the water comes to a boil, pull saucepan back and allow all to simmer slowly until the beans are quite tender; some beans require three hours, and as the water drains away, add more. These beans may be used for putting into any stock, either chicken, or veal, or mutton broth.

French Tart

Take one pound of apples, juice of half a lemon, two ounces candied peel, and one ounce of sugar. Beat the apples in a blender or use a hand mill. Line a flat dish with pastry and ornament the edges. Peel, core and slice the apples and cook gently 10 minutes; stir in the sugar, lemon juice, and candied peel, and cook for five minutes.

MODES OF THE HOUR

Riding Suits So Constructed That the Skirt Can Be Removed Altogether.



RIDING HABIT AND WALKING SUIT COMBINED

BEAUTY AND THE WOMAN

Miss Lina Cavallori, "the most famous living beauty" as somebody called her—rather weepingly, perhaps—gives the following suggestions about preparing for bed: First, wash the face with water completely of the face. This is not so easily done as you imagine. The grime is a stubborn thing, and adheres to the face in minute, burr-like particles.

The Girl Who Travels

The girl who is starting on an extended trip will find it difficult to select the proper things for her trunk. Of course, this depends on whether you stop with friends or in a hotel; whether you go out for social conquest or to see the sights. The following hints may give you some help if you adopt them to your personal requirements:

Colored Waists

When washing colored waists the water should be only lukewarm, with some change of good household soap. Rinse in plenty of clear cold water.

A Bit Soft Anyway

Given—He really must have a soft spot in his heart for me. Pen—How do you know that? Given—He says he is always thinking of me.

Irish

"Moya," said Patsy, "did you ever think of marrying?" "Sure now," said Moya, looking down demurely at her shoe, "the subject has never entered me mind at all at all!"

All That You Get Here is Fresh

Advertisement for W.A. Bender tea, featuring the brand name and product details.

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Almond meal is more advisable for the skin, says Madame Cavallori. It is more expensive, but it softens and whitens the skin, leaving its texture extremely delicate. If you find that your skin is growing drawn and leathery-looking, use the meal very freely, for nothing save cold cream so effectively softens the skin and refines its texture.

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THE MERCENARY GIRL

It was her birthday and Betty came racing downstairs as soon as she heard the postman ring the doorbell. She was a very charming little girl, with her curly auburn hair spreading about her shoulders, and the clinging pale green kimono, which accentuated her slimness. She grabbed each package in turn, flinging the strings and papers on the floor about her chair.

Baked Sheep's Heart

Two or three hearts will be sufficient for an average family. After well cleaning and draining the hearts fill them with forcemeat composed of fine crumbs, a little lean, minced bacon, a teaspoonful or two of minced onion, salt and pepper to season. Fasten a slice of fat bacon over each heart, and put them into a pie dish with a little stock and an onion stuck with one clove. Bake two hours, drain off the gravy, thicken it in a small saucepan, with flour and butter, and pour it over the hearts. Serve with mashed potatoes, browned on the surface.

French Tart

Take one pound of apples, juice of half a lemon, two ounces candied peel, and one ounce of sugar. Beat the apples in a blender or use a hand mill. Line a flat dish with pastry and ornament the edges. Peel, core and slice the apples and cook gently 10 minutes; stir in the sugar, lemon juice, and candied peel, and cook for five minutes.

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The Mercenary Girl

"I'm simply broke," said a girl the other day. "I've been to so many shows that I haven't a cent left for my own needs. And what can you do? You can't refuse three or four weeks ahead of time when you have a very engaging man. And everybody would call you mean if you didn't come. Why, just for Alice alone I went to a silk stocking shower, an aluminum shower, a linen shower and a lingerie shower. I tell you I got good and sick of it. I like the girl very well indeed, but I'm not going to dress her."

The Mercenary Girl

"The idea of 'getting all you can' out of a man is the mistaken idea of many, many girls today. The man who isn't 'good' for a theatre or a dance once a week, a luncheon or dinner at some hotel, is discarded very quickly. Girls do not know enough to ask companionship of a man; they demand continuous entertainment. And any man who can tell you that none of us, however brilliant or intelligent, can entertain a person continually. Thus the better the entertainment, the more the man is discarded. It is a sad state of affairs, and it is a pity that it is so. It is a pity that it is so. It is a pity that it is so.

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