EVENING LEDGER-PHILADELPHIA, TUESDAY, NOVEMBER 3, 1914.

WHAT EVERY WOMAN WANTS TO KNOW-THINGS THAT INTEREST MAID AND MATRON

THE THOUGHTLESS HUSBAND

Ellen Adair Deals With the Grievance of the Long-Suffering Wife.

The wheels of married life must be well | the beam falls on the servants, not upon elled if they are to run with any sort herself,

10

The thoughtless husband is to be met with everywhere. He may be exceedingly fond of his wife, but he is thoughtless regarding her, and she naturally resents it. Hence various matrimonial upheavals

By thoughtlessness I do not mean neglect. That is too strong a word! The thoughtless husband may be most atten-tive and devoted to his wife. He may be

cannot understand why she feels worried and excited. 'Calm yourself, Mary!" he will say:

"it doesn't really matter what we have to eat tonight! Jim Brown is not par-ticular, and I'm so hungry that I could

"It doesn't really matter what we have to eat tonight! Jim Brown is not par-ticular, and I'm so hungry that I could ent anything!" But "Mary" knows from past experi-ence-long-suffering woman-that "any-thing" will not do to set before the un-expected guest! She rushes around the house and out to the nearest store and works berself into a fever over the preworks herself into a fever over the pre-paring of the dinner. The r

FOR THE

effed if they are to run with any sort of smoothness. The majority of unbappy marriages are caused by want of thought more than by want of heart.

are all with her, and the remedy really les within her own hands, if she but knew it. It is quite true that many wives are foolish in the methods they adopt to cure this type of thoughtless husband. They bemoun his aborteominus to all and sundry, and at afternoon receptions, wom-en's clubs and women's card parties, one

will see them lay the family skeleton bare to the outside world. "John is the most careless, thoughttive and devoted to his wife. He may he always at her beck and call-yet he does not possess the saving grace of text and shows a lack of understanding sympathy. Men do not realize the difficulty of housekeeping, for instance. The average main will bring guests home to dunner without giving his wife the slightest warning that he intends to do so. He cannot understand to work with the intends to do so. He opera-it really is inconsiderate of him?" Personally, I thought that this type of Inconsiderate hosteand wass rather at-tractive than otherwined Viewed in the must critical spirit he only showed a little want of thought-and that was

The only cure lies in patience and the In homes which boast of many servants, this type of thoughtleas husband does not work such havoe with his poor wife's happiness, for the heavy end of for it! ELLEN ADAIR.

Around the Market

LONELY GIRL Hints From a Sympathizer Seldom can the heart be lonely If it seek a loneller still; Bell-forgetting, seeking only Emptier cups with love to fill, -F, R, H.

you going out this evening "" Amy looks up from her book for one instant, then she moodily shakes her

"Going out!" she retorts, "No. What's good? I have nobody to go out

So Amy stays in. She misses the freshnoss of the autumn evening. She shuts herself up with her thoughts and her grievances.

Everybody appears to be happy except herself. Everybody else seems to have a friend. With a bitter pang, she notices the man who literally hangs upon every word uttered by the girl who is clinging to his arm.

"I Am So Lonely

Oh, more than once you and I have felt the full meaning of that expression, "I am so lonely," haven't we? We have suddenly discovered that we are just a tiny unit, and that somehow or other we just don't count.

But, of course, this isn't true, although We may be inclined to think so at times. We look at the joyous faces around us, and we seem "shut out," as it were, from the pleasures others enjoy.

The Cure

As a matter of fact, I am inclined to think that the loneliness is sometimes a blessing in disguise.

bleasing in disguise. How greatly we shall appreciate the real friend who will possibly turn up one day-better late than never! The being who will see eye to eye with us, and yet who will kindly sympathize with our failings, and who will lend a hand when We are beset with difficulties.

But it is a serious matter from a woman's point of view. I have known a woman to marry more from the dread sense of lenellness in the future than from a feeling of love.

Present Prices of Vegetables Vegetables promise to be very plentiful for the Thanksgiving dinner this year. Waldorf celery sells at 25 cents a bunch. Romaine salad, delightfully crisp, sells at 10 cents a bunch.

Pumpkins vary in price according to size, from 10 to 25 cents spiece. Cranberries sell at 25 cents for two

gunris.

unch. String beans are still in the market,

and soil at 15 cents a quart. Red cabbage sells at 5 cents a head. Parsnips are 15 cents a quart. New peas are still in the market, and an be had for 50 cents a halfpeck. Spinach sells at 25 cents a halfpeck.

Lima beans, with the shells on, sell at halfpeck Shelled, they sell at 35 cents a box.

Pearl onions sell at 15 cents a quart. Sweet potatoes are very good just now, selling at 30 cents a halfpeck.

Ideas in Idleness

A man who is determined to succeed in life will not let a woman tie him down. Trust goes hand-in-hand with love. There is no real affection when these are separate.

The great advantage of a small house is that there is no room for inconvenient relations.

No amount of love and devotion can overlook a sloppy woman seven days a week

The true home is the place where a man can be himself, with all the failings this implies.

A man can sympathize with a whining woman just so long. When he gets ac customed to her, he's a brute.

The Suffrage Strength in



Around the Clubs

On Thursday, November 5, Mr. Wilfred the Florence Crittenton Home, in Wash-Schoff, secretary of the Commercial Mu-seum, will lecture at 8 p. m., on the

Museum and its use in the city, State and its international interests. In rannouse to an urgent request from

In response to an urgent request from

In response to an urgent request from Its members the Philomusian Club has inaugurated a committee on philanthropy, of which Mrs. George E. Scranton is George Massey, Mrs. Robert N. Willson,

MODES OF THE HOUR

The Almost Universal Dominance of the Elaborate Costumes Now In Vogue Gives the Very Simple Frock a Charm of Distinction In Its Rarity

A few years ago the plain suit for street wear was the rule and not the exception. Berge, twoed or broadcloth, It was the cut and the fit that proved the tailor's excellence.

But now we have changed all that, It is not often that two suits are seen that are cut after the same pattern, and a garment that fitted the figure would be archaic, at least as far as the waist s concerned.

It is possible that the new materials are partly responsible for the elaborate costumes that are now in vogue. Not only are the colors much more beautiful, but the weave and the texture are vastly improved.

Perhaps it is the quality of the cloth, the softness and the pliability that tempt the designers to exercise not only their skill but also their imagination.

It must be a delight to handle the materinis and to find that they fall into folds and draperies almost of their own volition. If does seem like a wasted opportunity to cut a perfectly plain skirt and coat out of such a material as duvetyne or of velours.

The rarity of the very simple frock gives it the charm of distinction. There are many women to whom plain clothes are infinitely more becoming than those of elaborate cut or trimming. If they are wise they never lose sight of this fact and keep within the law of the sli-houstle of the moment without departing from their own fixed principles of

The little frock sketched today will make its appeal to all those who are a little wearied of the fanciful and the ornate. And, although elaborate and in many instances extremely artistic clothes are the rule, it does not follow that the plain suit, or the plain frock lacks the cachet of style. The models come from the great houses, perhaps tossed off in a moment of relaxation by the famous modistes.

Velveteen is suggested for the frock Illustrated. It would make a demi-sea-son toilette suitable for street wear before really cold weather makes a coat necessary.

The fur banding of the collar, cuffs and hem of the skirt is the most attractive trimming and the most modish that exists at the present motiont. Pells are treated so acientifically that the in-expensive furs do not have a cheap look, and certain kinds of skunk and the short-haired black furs are within al-

most any one's reach. A pretty touch is given to the dress by the white collar. It is made of corded and looks extremely well outlined. as it is here, by the narrow fur trim

ming. The sheer white collar is replaced with growing frequency by the collar of white ilk or satin. The trend of fashion has set in this direction, and the slik collar has many points in its favor, besides novelty, for winter wear. One, beyond dis-pute, is that silk seems more appropriate In combination with heavy materials than organdle or batiste.

Milady's Boudoir

One of the most beautiful new ar rangements for milady's boudoir is the scent diffuser. To all outside appearances it is a lovely porcelain boudoir lamp. The exterior is decorated with charming Grecian dancing maidens, the

"GOOD MIXERS"

As Necessary in the Kitchen as the Parlor.

By MRS. CHRISTINE FREDERICK Author The New Housekeeping.

It seems almost an anomaly that just | Another mixer recently seen is merely as manufacturers are perfecting labor a well-made stone jug with a beater savers to eliminate the heaviest house- fitting into it. In this way the contents hold drudgery this same task is being can be wripped or beaten and then poured entirely given over to commercial specialists. 'For instance, the bread-mixer ap- directly from the spout, which is so peared just at the era when more families much more convenient than taking up the than ever before were taking advantage batter in tablespoons only. It is parof the commercial bakery. In spite of ticularly good for waffles and all griddle

this the bread-mixer remains at the very mixtures. top of the housewife's list of labor savers While the besting of mayonnaise seems if she lives in a small town or bakes any also a small matter, in many homes if is a frequent task. Gone are the good

amount of bread herself. How tedious and sometimes unpleas- old days of soup plate and silver fork ant is the long task of mixing bread by The mechanical mayonnaise mixer has hand, simply because the human hand laken its place. One such consists of a and arm are not as perfect a lever and small bowl and a separate dasher or paddle as are those of iron! While beater which can be fastened with a many housewives make the most per- clamp to a support, such as table or fect bread with their hands alone, there ledge. In this way very slight pressure is every reason to encourage the use on the crank turns the mixer, which thut of mechanical mixers, especially when prepares mayonnaise in a much shorted

more than two or three loaves are time than the old-fashioned hand way. needed. Several kinds of mixers are on the market, all resembling one another in consisting of a pail with a revolving beater which, when rotated by which overcomes this difficulty. This ! a handle, stirs or mixes the bread dough until it reaches the proper consistency. IId. Into this is fitted an eggbeater at-One of the newest mixers has the handie near the bottom, like an ice cream freezer, instead of in the top as in the

older models, and those who have used it claim it is easier to use because of this improved point of leverage. While beating up a cake by hand does by power. It is quite wonderful to wat not seem a difficult task, when we con- a hotel mayonnaise mixer and to see to

sider the wabbly bowl and real amount, clear-grained perfect product turned o of energy it takes to successfully beat in a few moments because of the parts a large amount of batter, we come to beating given by the mechanically of the cake mixer prepared to find in it an erated dasher. But it is possible to a energy saver. This is identical in prin-ciple with the larger bread mixer, but ing some of the many stationary a

fitted to the lighter batter.

has a wire dasher or paddle peculiarly improved heaters in the home kitchen Copyright, 1914, by Mrs. Christine Frederick

Every one knows how musay it is to

whip cream in the ordinary open bowl.

A new eggbeater combination is seen,

a glass bowl with a tightly fitting glas

llar to the Dover. Cream, eggs or oth?

liquid can be whipped in this covered

howl without danger of the contents

In large institutions and hotels all min

tures and beaters, of course, are operat

sputtering or splashing about.

FOR THE TIRED BUSINESS GIRL



Beets and carrots are each 5 cents a

And this is why, now we are on the ubject, that I feel inclined to sound a little note of warning. It is bad enough to apend a day or a week with a person who jars ever so slightly upon one, but how would it be if it meant a lifetime together?

The best way to get out of the lonely feeling is first of all to get out of ourselves

The self-forgetting habit is worth cultivating. It teaches us to keep our eyes open to the needs of others, and it in-cidentally teaches us that, in nine cases out of ten, we possessed blessings of which we were in total ignorance until we compared our lot with that of our next-door neighbor!

Denmark The suffrage struggle, it appears, is nearly over in Denmark. The Govern-

ment bill embodying franchise has been wice passed by the Folkething, or Lower House, and twice rejected by the Landsthing, the Conservative Upper House, Now it is hoped that a compromise has been arrived at by which the bill will ours immediately. As a dissolution oc-curs this year, the Danish women may vote this spring.

When Making Coffee Sprinkle a little sait on the coffee before pouring on boiling water and the flavor will be wonderfully improved.

THE ROUND-SHOULDERED GIRL

with us. She was not so very prominent until lately, when the "debutante slouch" (whatever that is) and fashion book illus-

It is really too bad that our fine, straight American girls should endanger their health and ruin their appearances for a more passing fad. The hunched-up for a more passing fad. The humans of last season were disgusting, and fickle fash-ion has changed her decree. This year the straight, upright figure is in style. The influence of the military fashions is showing itself in a most commendable

But in some cases the problem of the round-shouldered girl remains. Corsets, braces and all such surgical arrange-ments are of no use; the girl herself gets

For the Needlewoman Another very new Christmas suggestion for the needlewoman is the laundry bag. Of course, you've made lots of them, but surely not like the "very newcat" ones. They used to be made over a tity of either). pulr of embroidery hoops used as the top opening, but now all the trouble of gathering your material in to fit them is gons. The "very newest" laundry bags them up very small and stir them in with mon at the bottom.

span at the bottom. These are made like the envelope com-bination, they close like an envelope of the bestern. They can be made very prettily by lining with a pale rose or bine and scalloping the everispoint part with deep buttomhole stitching. Large but-tomholes, neatly worked, and shining wills pearl buttons make a charming mish. The top is tied with a bow to control the lining. If you want to make rise way particularly attractive, a mono-gram worked inside a circle (in color to match the bow and lining) is stitumize. It is hardly necessary to remark on the It is hardly necessary to somark on the bynutanes of the bag itself. All the o difficulty of hauling large articles of Ted minimum through a much opening no faeling around for small articles is amoved. The hay's contents can be sholly sumptied in a second or so in here days of minimum and time-anying reviews this will survey be anneedsted.

When Posching Eggs

Many, the chass wound die sitesth. I it ways send to atle the active mili-whirthe particle. Then mon the

The round-shouldered girl is always sides of the body at the edge of the lower ribs should push outward. Few women will find they can to this, because their clothes are constraining. This is a se-rious defect and the organs of the chest and lungs will be affected sooner or later.

This is the interior result; the exterior result is the slouching, inelegant figure. exterior To stand properly let the arms hang naturally at the sides, taking care that the spine maintains a vertical position, so that a line drawn from shoulder to Now hip would be straight up and down. Now raise the chest, keeping the chin close to the neck and the abdomen retracted, and your round shoulders will disappear This proves that the shoulders are willing to do their part and are not the offenders

-the offender is the girl herself. If you are dealing with a round-shouldered girl, don't say anything to tired of them very soon and throws them asida. She must be taught, first, to breathe properly; and second, to stand correctly. For instance, when we breathe in, the i shoulders is solved forever.

> Vegetable Soup Two onlons, one-half a small cabbage, two ounces of dripping or margarine, one locking and compete successfully with pound of potatoes, salt and pepper, macaroni, flour or cornflour (a small quan-

Melt the fat in the pan. Cut up the onlong very small and fry in the fat. Prepare the potatoes and cabbage, cut

the onions. Add the flavoring and two the onions. Add the flavoring and two ouarts of water. Simmer all gently till the vegetables are soft. If flour is used for thickening, mix it with a little cold water, stir it into the boiling soup and continue stirring gently for 16 minutes. If macaroni is used, it should be added when the soup is about half done and broken into small pieces and build sin is

broken into small pieces and boiled till it is quite soft, and the soup is finished. Soups make excellent meals to have when times are hard, as besides being nourishing and sustaining they are very filling, and you'll find that the next course will come off much more lightly if soup is eaten first. Harboot beans, dried peas and lentils are all very nourishing and make delicious soup with either stock or water. water.

Baked Bananas Cut bananas in halves, lengthwars, and

with sugar, flavor with cinnamon and a slowe, and a wars little mator, aquence mar all the fuice of an orange and bake in a flatt breach Tris may also be merted mid, thread mit and covered with enstard.

of which Mrs. George E. Scranton is chairman. This committee will meet every Friday morning to sew for those who are in need, whether they be from

our own city or abroad. The members of the Current Events Class have also started knitting for the Red Cross The Literature and Art Committee are happy to announce that the noted Eng-

lish humorist, Mr. Barry Pain, who is giving a brief lecture tour in this coun-try, will give a reading from his own works, Mr. Pain is well liked as a lec turer and reader, besides being a masterare unfortunately not so well known here as in England. His style and skill place him in the front rank of living men of letters. Following the club supper on November 12 there will be readings by Miss Jeanette T. Broomell and selections

in the clarinet by the well-known artist, Paolo Lucurini. An open meeting for club members and

Across the Counter

Reductions have already commenced in dress goods offered at staple prices carlier in the season.

Broadtail coating, for instance, that is now an established vogue, is selling in the 54-inch width for \$3 a yard.

Velour coating of good quality is selling in the same width at the same price of \$2. These materials are especially suitable

for the extra cost that may be made at

There is almost a run on plaids, and to meet the demand, woolen plaid matorials, 54 inches wide, are sold for \$1 a yard.

The tartans in which the greens and the blues predominate are very rich plaids at a higher price.

The Roman atripes, first exploited in ribbons and then in silks and wools, can be bought in serge for \$1.25 a yard. The color combinations are good and a 54-inch width at this price is an excellent value.

French craps, in all the soft shades that new dyeing processes have made so attractive, can be bought in a 42-inch width for 65 cents a yard. French poplic is another material that makes the prettiest kind of house dreases.

With the addition of a little velvet satin or a bit of the season's fashional

fur handing, an expensive-looking dress can be made at little cost. Poplin in every conceivable shade is now sold in the 45-inch width for 76 cents a yard. Camel's hair sibeline, 45 inches wide, is selling for \$1 a yard. This is in the dark

shades for suits. Wile diagonal serge in the new shades costs \$1.50 a yard, 54 inches in width. There are very good foreign broad-cloths that are priced at \$2 a yard, 48 nohes wide

A Turkish Suffragist

Mrs. J. P. Mumford, Miss Hochstrasser, Mrs. J. P. Mumford, Miss Hochstrasser, Miss Randall will read the report of the meeting of the State Federation of Women's Clubs held at Fittsburgh in Outpoker, Mfter the meeting to and October. After the meeting, tea and music will follow.

On Tuesday, November 3, at 3 p. m. Miss Elizabeth Johnson will secture on the "Dunning System of Improved Music Study for Beginners." This will be made particularly evident by demonstration. Young children, "beginners" and pupils for the spring term only will be present to illustrate Miss Johnson's method. All who are interested in child training and all mothers are invited.

A most interesting program is ar-ranged for Tuesday, November 17, at 3 p. m. Mme. Bell-Ranske, of New York, will lecture on "Peer Gynt." Solweg will be impersonated by Miss Tullik Bell-Ranske, an accomplished vocalist. Thursday, November 5, the plano quar-

An open meeting for club members and their friends will give an opportunity to hear Mrs. Barrett, who was heard at the meeting of the Stato Federation recently. Mrs. Barrett is well known on account of her work as the head of

Barley is a nutritious grain, and makes a very acceptable drink when nicely made. Put about two ounces of barley into a basin, and wash it in two waters, then

put the barley into a quart of bolling water and simmer it for about three hours until the liquor is reduced to about half. Should it require more water be-fore quite cooked, add it; stir often or it may burn. Strain the liquid and put to cool. When required it may be sweet-

Pearl Barley Drink

ened to tasts. Mixed with milk (cream is nicer), and many nurses add a glass wine, barley water may be sweet ened and makes a nice warm drink. The barley should not be thrown away as many would do; it may be made into

omelettes, or ples, or put into soups. Bar ley water does not keep long; it is better to make a little and offen.

For the Baby

A dainty and useful gift for the baby consists of a hig sheet of Turkish towel-ing of the very softest quality. This is large enough to spread over mother's or nurse's lap when baby takes a bath. To complete the set a bath towel and a wash cloth is added.

wash didth is added. The three pieces are edged with a little buttonholing of pale pink or blue, with the baby's initial. If he or she has one Home other models have a little flower in the corner, or "Bady's Bath" em-broidered across the centre. The set is burming, but very useful.

Schools for Mothers

There are now in London 300 schools for mothers, against the 50 that were in existence in 1910. The majority of these are affiliated to the Central Association, although they are not all worked on the same lines.

Beef Stew

One onnce dripping, one larg carrot, hepper and sait, one-half pound beaf, one-half pound rice or ango, one pint of water. Molt the dripping, cut the meat into thin slices and fry them in the melted fat till they are just colored. Take out the pieces of meat. Cut the carrot into this slices, and, after the meat has been removed, sitr the carrot in the fat which remains in the pan. Return the meat, add the water. Wash the rice and put it in an seem as the stew somes busides built internal in the year in the point is the stew somes busides built. manager 14 very easily for one house

epitome of grace. A dull el illuminates their airy poses. Then the interested-or even curlous-spectator notices a dainty scent about the room. After investigation she finds it can come from nowhere but the mysterious lamp. And therein lies the secret. The electric light heats milady's favorite extract, placed in the interior of the globe, caus-ing it to diffuse all through the room. It even goes all through the house if it is trong enough. Isn't that a pretty idea?

Women Aviators of England The number of women aviators is strik-

ing. Not only do we hear of titled and fashionable airwomen like Miss Trehawke Davis and sundry peers' daughters, but of omen who go into the practical business f manufacture and unkeep. Mrs. Mau-ce Hewlett and her partner, M. Blondeau, have an aeroplane factory in Lon-She has recently sold four of her machines to the Government, two for the army and two for the navy.

The Explanation

The palm for beevity in speech should be awarded, according to a contemporary, to a marine who testified about the explosion of a gun on a war vessel-an xplosion that had sent him to the hosoltal for some months,

"Please give your version of the explosion." he was asked. "Well." he said, "I was standing be-ide the gun; there was an awful racket, nd the doctor said, 'Sit up and take

Madame Nordica

this!

One of the last of the many kind deeds of the lamented Madame Nordica was paying for a headstone for George Mac-donald's grave. George Macdonald was a young American, who was touring the world with the Columbia Park Boys. At Thursday Island, Australia, last January be foll us and died. Madame Mordica was he fell ill and died. Madame Nordica was ill herself, but she took a sympathetic in terest in the lad's fate.

Women Dentists

There is an urgent need for women dentlats in China. Chinese women suffer greatly from their teeth and live secluded lives; they do not cars to go to Chinese nen dentists. A Chinese doctor of note is trying to induce European women dan tists to come to China.

Bonny Scotland Maris Corelli, in a letter to the Scota-man, densunces as a national crime the Glusgow scheme to make waterways in "Rob Roy's country."

To Keep Cheese Fresh

If you would like to know how to keep obccss fresh, have is an excellent method: Wet a cloth in vinegar, wrap-plog it around the choose, then put it into a paper hag and keep it in a cool phose. This will help the choses to re-tain its moisture and freshness and keep it from molding.

A Useful Hint

To improve the flavor of currants and rulianas which are to be used for calces, place them in a bowl, pour boiling water over them and leave to soak all night. The fruit swells to twice its former size, but should be drained from the water and dried in the over before being added i to the other ingrodients.

Wonders of Massage The art of massage is healing as well

as beautifying. It does not require a professional's experience to learn the elements of massage. A few hints will be of value to any one.

First, put your patient in an easy, nat- failing hair. A good cream, with sulphus ural position. Sit on a chair which raises in it, is beneficial for this condition. Part you above the level of the patient and the hair in as many places as is necesallows perfect freedom for your arms and sary to have the cream cover the greater part of the scalp. Do this about three

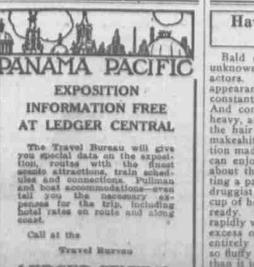
Lightly grease the parts you intend to rub. If this is overlooked a red, rough skin will result. Use almond oil on the body and a good cold cream on the face. Make all movements upward. For instance, rub the spine from the base to the neck.

Work your fingers as if you were working dough. Plain rubbing means friction of the skin, which is useless. Knead slowly and deeply, making your fingers sink right down to the muscles. If your novements are good and firm, no fatigue should result. An excellent movement for headache and

scalp treatment is as follows: Hold the head firmly on either side, just below the ears; raise the scalp gently

Policewomen of Chicago

Jiu-jitsu is to be taught to Chicago po licewomen. Jlu-jitsu is as effectual as any method of defense dependent on mus-cular weight, and demands the partic-ular finesse and skill that are to be found



Have You the Hair of a Musician? Bald or thin-haired musicians are unknown. This same may be said of actors. The reason is that constant appearance before the public makes

appearance before the public makes constant care of appearance a habit, And constant care of hair insures a heavy, attractive growth. In cleansing the hair it is not advisable to use a makeshift, but always use a prepara-tion made for shampooing only. You can enjoy the beat that is known for about three cents a shampoo by sets can enjoy the best that is known for about three cents a shaupon by get-ting a package of canthrox from year druggist; dissolve a teaspoonful in a cup of hot water and your shaupon is ready. After its use the hair dries rapidly with uniform color. Dandruff, and dirt are dissolved and excess oil and dirt are dissolved and entirely disappear. Your hair will be so fulfy that it will look much heavier than it is. Its instre and softness will also delight you, while the atlanulated scalp gains the bealth which insures hair growth—(Adv.)

LEDGER CENTRAL

as often in women as in men

Correspondence of general Interest to women readers will be printed on this page. Such correspondence should be addressed to the Woman's Editor, Evening Ledger.

Prevention of falling hair is easter than the cure. Do not wear a close, tight-fitting toque continuously. Try to are range that a change in hais will allow more freedom to the hair. Massage will increase the circulation. Loosen the hair at night, place hot cloths on the scalp, and then massage sently in all directions for five minutes. In any case, do not wet the hair. as far as it will come without hurting the hair.

women will make their hair much fines Lanoline.. of air should be allowed for the hair, and good ventilation is imperative. Provention of failing hair is easier than

and aofter if they brush it for ten or fi-teen minutes nightly. A good, stiff brush can be used, but not a wire one. Planty

Milady's Toilet Table

Falling hair is said to be the first sig

result of carelessness.

times a week.

t a run-down condition. It is also the

The first step toward eliminating dand-

ruff will be the first step toward stopping

A shampoo made of any good tar soap is good for dry hair. Use the shampoo twice a week, and use daily an ointment composed of