#### EVENING LEDGER-PHILADELPHIA, MONDAY, NOVEMBER 2, 1914.

WHAT EVERY WOMAN WANTS TO KNOW-THINGS THAT INTEREST MAID AND MATRON

# THE ARGUMENTATIVE WOMAN

#### Ellen Adair Discusses Her General Unattractiveness.

sidom or ever really liked by her fellow- all the emphasis. creatures is a foregone conclusion. She meens to stir up strife wherever she goes, tating and unattractive pose, too. Around her is a curious atmosphere, which can only be vaguely described as aggressive. Yes, aggressive is the word that proves the keynote to the argumenta- ligent argument in congenial company is tive woman's character.

In the way of ordinary conversation, she raps out the most ordinary remarks in "contradict-me-if-you-dare" tone. Until that moment, one had not felt inclined to doubt the aforesaid opinions, nor to dispute them. But when they are literally hurled at one's head, or waved, as it vere, in much the same spirit as a red flag to a bull, one becomes somewhat apt to challenge those statements. We act contrariwise-and very naturally so, For the air of finality and conclusiveness which mark the least of the argumentative woman's statements arouses the fight-Ing spirit within us!

It is a great mistake-and this mistake the argumentative woman always makesto suppose that the tendency to argue over everything is a sign of originality and independence. As a matter of fact. the one who never agrees with anybody else betrays her inherent smallness.

Instead of finding the broad principle where there can be agreement and harmony, she seeks for some insignificant take place.

That the argumentative woman is | ground of difference, and upon that lays

It is, of course, impossible to agree with everybody, and H such were the general tendency of mankind, the world would be a dull pince. An interesting and intela delightful thing. But between such and the perpetual aggressiveness of the argumentative woman lies a great sulf. For the latter is generally narrow-minded and obstinute and utterly regardless of

the opinions of others. I know some women who would rather

mentative woman is her own worst by. For she is so unpopular with men and women that they soon Both grow to shun her, and she is finally left

they could but see themselves as others them, a speedy reformation woul e place. ELLEN ADAIRE.

#### The Story of "the Hesitation

Miss Alice Martin, of St. Louis, is the gentle foundress of "the hesitation." "Foundress" is literally true in this par-Monlar instance because it was by an accident that she found the hesitation. "This is how it happened." explained

Miss Martin, " we had been turkey trotting in St. Louis all winter, and were sick and tired of it. I suggested we iry something new to waitz time. With my partner I fell into a hesitation quite naturally. The other dancers applauded. In a week the hesitation was the rage." There is nothing particularly romantic

or exciting about this simple statement of facts. Of course, hundreds of dancers have invented new hesitations, but Miss

Martin is the ploneer. The fox trot, the maxixe, the lulu fado, the polka Brazillienne, the furiana and all the other graceful gyrations may come and go, but there will be a vote of thanks to Miss Alice Martin by all the bank presidents for the favored hesita-

#### Dainty Presents

The penny-wise woman, who is making her simpler Christmas presents now, will theme recently published is "A Child of

embroidered, and lined in a quaint color, and shows very distinctly that an abyss are very expensive to buy while easily made. These hang by a satin ribbon, and are padded along one side, to com-bine a pin-cushion with the case itself. A little spray of flowers or a monogram completes this. Those who do hammered brasswork

die than confess that they are in the wrong. It is a positive pain to them to se beaten in an argument, and they will change their ground a dozen times, re-versing previous statements, even to the verge of untruthfulness in order to mainain a semblance of victory. It is a very true fact that the argu-

grow to shun her, and she is inhally left very much alone. "Don't ask Mrs. Smith here again, Mary!" said a husband to his wife the other day. "That woman makes me feel wild! She contradicts every remark that is made by people better informed than herself, and she argues over everything till I just long to slap her." Unfortunately, there are only too many women like Mrs. Smith in the world. If

### Ideas in Idleness

One of the advantages of having en-emies is the free advertiseing it gets you,

The pessimist seizes with glee the one dead rose in the garden. Even the joys of "kiss and make up"

wear off if you quarrel continuously

The only way to have friends is to be

one, but that doesn't always work. Ingratitude is the most prevalent fault of the day.

The I-Thank-Thee-Lord-I-am - Not - as-Others are the most suspicious charac-

#### Woman's Suffrage

ters.

The Women's Political Association of Victoria has passed a resolution protesting against the disfranchisement of Australlan women who go to other parts of the empire. They ask that the Commonwealth Parliament should take steps to prevent this lowering of their status.

One of the most intimate and arresting books on the fruitful East-and-West her simpler Christmas presents now, will be interested in the novelties shown in the needlework shops. Dainty little handkerchief cases, hand The book is the story of her own life, of thought and feeling must ever remain between the Greek and his old tyrant, the

#### For the Invalid

Those who do hammered brasswork When preparing food for an invalid al-will see the new book-ends. They are ways remember that the quantity must be rather hard to describe, unless you have meen them, and are decorated with little baz-relief ornaments, buildogs, elephants, altogether if a very large helping is served tigers, etc. As the name implies, they fit ever and protect the end of the book. Besutiful handbags may be fitted on a figme. These are made of moire silk. Suede leather or beavy gros-grain mate-

in New Zealand,

Musten is chairman.

Schreiner.

women's clubs is partly decided upon.

The right hand plano practice section

of the Philomusian Club will hold its meetings every Tuesday afternoon, be-

ginning November 2. Mrs. Harry S.

The Review Club of Oak Lane, is very

much occupied just at present, holding

rehearsals and preparing for a produc-

tion of "The Piper." It is to be given

some time in January and is under the

personal direction of Miss Elizabeth L.

On Thursday, November 11, the Story Teller's League of the Girla' Normal School will hold their meeting.

ONE OF THE NEW FALL SUITS WITH AN APPROPRIATE HAT

# HOW HE WON HER

An Article Containing Not a Few Useful Hints for Illtreated Lovers.

long eyelashes sighed and shook her head he was losing.

The young person with the extremely apart we are in our ideas and aims. long eyelashes sighed and shook her head mournfully. With it all she bestowed upon the young man a smile of exceeding take. A woman's intuition is a wondersweetness, to make him realize all that ful thing. I have been hard to convince, but now-

### MODES OF THE HOUR

Range of Fashion Very Wide This Year Where the Street Suit Is Concerned-An Exhibit of Clothes of American Design and Manufacture.

As the season advances it becomes more and more apparent that the range of fashion is very wide indeed where the street suit is concerned. Effects that would be startling against a background of the commonplace create little stir, placed as they are side by side with others of equal originality and indivlduality.

Next week in New York there is to be a fashion exhibit of clothes of American design and American manufacture. It might be imagined that the possibilities had been exhausted, for a season at least. There may be surprises of a very pleasant nature, however, and the inventiveness and ingenuity of the American designer will possibly give an impetus to fashion that will carry it in a direction guite opposite to the one it is at present pursuing. There is a lavish wealth of detail in the najority of costumes now in vogue, even chen, at first glance, the impression conveyed is one of simplicity. The outline may be simple, but a close inspection is almost certain to reveal that a great deal of thought has been expended on the minor features after the general style has been established.

The costume shown today is one in olnt. It has indeniable charm-and the charm of simplicity-until one stors to analyze and is lost in the wealth of detail, The skirt is genuinely simple. It has as its only decoration a row of small buttons covered with the material, that ex-tends from waist to hem. The coat starts out with a long back

that reaches almost to the bottom of the skirt. It drops slightly in the centre and is finished with wide scallops that are carefully stitched.

The sleeves are set in and the armhole is bound with silk braid. The deep cuff is also bound with the braid and further ornamented with a row of buttons match-ing those of the skirt.

With the very long back the coat is cut extremely short in front, short enough to show a wide draped girdle. Instead of duplicating the curves of the back of the coat, there are deep joints in front bound like the cuffs and the armholes with the same braid. The collar stands high at back, but vanishes altogether in the front.

The hat is as unusual as the suit. Al-though it is faced with velvet, the crown and the upper brim are covered with silk. The sharp point of the wide flare at one side is balanced by a feather fantasy that is permitted to droop over the brim. The party case or vanity box is made of leather, but it resembles a diminutive bandbox rather more than anything else. The novelty makes it attractive just of itself, but above and beyond this it has the additional merit of exactly matching the color of the suit and the hat.

This, on the whole, is rather a restfu change; for, although the color combinations are usually very happy ones, it is possible to grow a little tired of the kaleidiscopic display.

#### What Other Women Do

Milwaukee has a woman as assistant hacteriologist of the Health Department. About 4 per cent, of the registered wom-en voted at the recent election in Chicago.

Ten women are now registered as students at the Massachusetts Institute of

Technology, Florida clubwomen are particularly interested in providing

# By C. HOUSTON GOUDISS

time nor inclination. To her it suggests

sundry experiments on "poison squads"

and other devoted volunteers in the cause

of science, little scales for the weighing

of each particle of food and wearisome

But the balanced ration as applied to

food is really a very different thing. It

is not at all alarming when once you get

acquainted with it, and a very few experi-

ments convince the housewife that all the

study she can give to this most interest-

ing subject will not lead her one inch

away from the solid ground of common-

sense.

textbooks full of fussy calculations.

WHAT BALANCED RATION MEANS

The practical housekeeper usually re- , the sugars and starches in potatoss, macgards the balanced ration as a new- aroni, rice, milk, most of the vegetables fangled notion for which she has neither and nearly all the fruits.

Fruits, also many vegetables and whole grains, furnish mineral matter and the potash saits and solds which are needed to maintain the balance of the nervous system, to form the bones and teth and keep them strong, to see that the digestive tract does its work properly and to cleanse the blood.

The ration of a healthy person leading a fairly active life should be planned so as to provide three times as much fat and six times as much carbohydrates as a formation. There is a proof for actual of protein. There is no need for actual measurements, because by keeping these main propertions in mind in providing the meal, the amount of each food element will be taken care of in the ordinary "helpings" served to each person.

In planning the daily menu, Breakfast sense. To provide the balanced ration, the best way is to plan at one time the meals for the whole day. If it is possible to do so, it is better and really easier to plan for the entire week. The first re-the entire week is economy; the sult of such planning is economy; the meal. With fish, yeal or fowl, some highsecond—which is even more important— is the distribution of the needed quantity of food elements throughout the three meals that are served each day. In this way only can the woman who is responsi-ble for feeding the family be sure she is giving them neither too much nor too little of any of the food elements to keep them in the best condition. It requires very little technical knowlhominy, parsnips, macaroni or eggplant. Instead, one of the watery vegetables should be served, such as cabbage, onlons. tomatoes, spinach, cauliflower, carrots, asparagus, beets or celery.

them in the best condition. It requires very little technical knowl-edge to plan the balanced ration. What is absolutely indispensable, though, is a working knowledge of the four great food elements upon which depend life, health and power to work. The first of these is protein, which is contained in greatest quantity in loss The salad should be governed by the The saind should be governed by the same rule that orders the selection of the soup, for the same means that permit a thick soup will also demand one of the heartier sainds that are served with The first of these is protein, which is contained in greatest quantity in lean meat, cheese, eggs, whole grains, nuts, beaus and lentils. This is needed to make blood and muscle and to renew the framemayonnaise. The heavier meats naturaly call for a lighter salad with plain work of the body. It is the building material without which we should soon wither away. French dressing.

The same rule applies to the dessert, fees, gelatines and fresh fruits being chosen to finish the more nutritious meal, while abortcakes, taploca, pastry, light steamed puddings and the like give the finishing touch to the menu which centres around one of the lighter meats. With these main principles in r mind, ft

The second great element is fat, which is needed to keep the body in good condi-tion and to store heat and energy in suf-ficient quantity to serve for immediate needs and also to maintain a reserve sup-ply. The chief fat-producing foods are butter, fat meat, nut fats and the vecotable oils. is an easy matter to supply the balanced ration. Once given a clear understanding of the effect of different foods upon the body, the housewife's first duty and vegetable oils. Equal in importance to protein are the greatest interest will lie in the efficient planning that assures to the famil, just the right proportion of each one.

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#### The Ways of Love

Love has wings and he can use them To compel him to stay with us is but to cage him, and, like the caged bird, he

droops and frets. It is impossible to force feeling; if one makes the attempt, all that results is but affectation and hypocrisy, ending in dis-

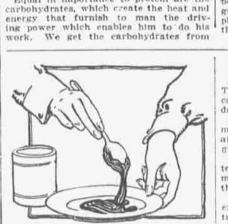
No one was ever yet rendered loving or tender by having love or tenderness de-manded of him. And the same applies to the other sex also. The only compulsion that can be safely

return.

love finds its reward in itself. The more it loves, the less it is apt to ask of the beloved. To be allowed to adore is for the true worshipper enough.

We can be shamed by unselfishness and devotion into giving a return, but we can never he forced by words or by demands into anything of the sort. Even tears are powerless; only love can win love.

Wise Sayings



The second great element is fat, which

# Weighing Sticky Things

When you want to weigh out molasses syrup, honey, jam, soft butter or anything sticky of that kind, don't put it f straight into the scale. If you do so, it will cling, make the scale in a great

The Irish Servant Girl

The scarcity of servant girls led to

farmer's daughter from a rural district

of Ireland. Her want of familiarity with

town ways and language led to many amusing scenes. One day a lady called

at the residence and rang the bell. Kath-

leen, the servant, answered the call. "Can Mrs. ---- be seen?" asked the

"off." Perhaps he may believe her-all

The social backslider does not last long.

Pretty soon the invitations stop, the

than fiction, but people always learn to make the distinction. In the words of a

popular song, "You can't deceive all the

the worse for him if he does!

is not to be relied upon.

people all the time."

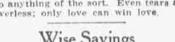
mess and waste itself dreadfully.

The thing to do is to spread a fairly thick layer of flour, crumbs or sifted sugar-whichever you happen to be using for your pudding or cake-on the scale

nust and weariness.

exerted is that of indirect methods-the trust and the fact of true effection that gives its all and dreams not of exacting a.

To have a return is reward indeed, but



"No, Harry," she said gently. "It is crisd the girl angrily. "I don't believe

Fial. A little shirred coincase fits inside, and a little bag for powder, lined with chamols, and having a round mirror in the bottom.

Joy She came to me one fair spring day. The skies were bright, the lambs at play; The dalsies lent their pearly sheen To fields all decked in vernal green Fair blossoms clothed each tender shoot With promise rich of autumn fruit. The lark poured forth his song above, And earth seemed full of hope and love!

I know not whence this vision bright. Nor whence this rapture of delight. Nor whence this rapture of delight. Her ruby lips are passing sweet. As for a moment mine they meet. "Oh, stay, bright spirit, stay," I cried. "I want thee ever by my side. Thy presence sweet would crown each day." day:

She smiled on me and whispered "Nay."

I felt that something bright had gone And left my spirit chill and lone, I knew 'twas Joy-In after years Her rainbow shone through mist of tears. -Anonymous.

#### An Unfortunate Statement

An attractive little girl at a party was being questioned about a fine doll she had just received for her birthday. The mother was beaming with delight at the mother was beaming with definit at the attention her daughter was receiving, when the little girl said: t "Why, do you know, the hair on my defi's head comes off just like mamma's!"

#### A Mother Says-

A little letting alone is what these "not

mean neglost, but just ordinary letting alone, so that they may have a chance to feel their own powers and learn the loy of using them. If you are always coddling and petting it they have a good dual of natural cour-for more severely than their hardler inothers and slaters. Then, when ill-cent are related to one it will, some or later-they simply collapse instead of signaling up to it.

#### His Big Sister

"I knew you were coming touisht to all on my deter," said Jimmy. "How did, you know?" inquired Mr. Because Sis has been asleep all after-

#### Her Young Man

Mother-"Ethel, that young man is too seminpthous. We shall have to sit on second the de-

Brasi-"Leave that to me, mn. I'll at-

### Savory Custard

Orse-quarter plut of good beef tes, one of, a bills salt.

in, a mills unit. Broat up the suppose the band has into and seenam the minimum correctedry. But-r a knowl one, pour the minimum into openpointness with greased paper and even it senitify for 20 minimum. This means a desincters forth bands or more the an invident it can be served the reas or suppose all as a little mini-t 2 man.

Women Lawyers Women have the right to practice law in all the Australian States except New South Wales. They may also practice as dvocates. In Argentine, as barristers in France (39 in Paris and five outside lawyers, in Norway (where one woman is a Judge), in Finland, in Switzerland (in some cantons). They have had the right in Denmark since 1996, and ortuge

lawyers, in Norway (where one woman is a Judge), in Finland, in Switzerland (in some cantons). They have had the right in Denmark since 1996, and one young lady has been pleading as a barrister in Portugal. Women practice in Sweden, if unmarried, and in some provinces of Canada. They have done so for 29 years in New Zealand. not so frivolous that I can't appreciate serious things! You needn't talk as if I hadn't any brains!" "Far from it!" said the young man. "I was merely pointing out how far

effort toward this end.

Around the Clubs

girl said, soberly. "I can't understand why you should run yourself down in this manner."

"I'm not," said the young man. "From somebody else's standpoint I might be all right. It's just from yours-"

"I might have known! It's some other girl you've seen!" the damsel cried sharply. "Evadne!" reproached the young man

"You make me feel most unhappy! I have come to the realization that you are not for me-you don't care for me,

who breaks engagements. She can never never did and never can-and there's nothing for me to do but make a grace-ful exit! I think I shall take the New York opening they've offered me at the office, and start a clean slate. It will be hard, but I'm a man, and I can endure

young women Millio ns of women will be condemned through the war abroad to widowhood or

to apinsterhood.

tilt your syrup or whatever it may be into the pudding basin, it slides off quite cleanly, taking a little of the flour with The Indian women of British Columbia

work in the canneries while the ableit and leaving the scale almost speckbodied men do the fishing.

## Three Gifts

The maiden said, "I give my work My skill in healing lore. tend the broken men, that they May rise to fight once more."

The stripling said, "I give myself, My manhood and my life, And count the gift as rightly due To England plunged in strife.

The mother said, "I fought a fight More sore than aught you won. You gave your skill, your health, your life, But I-I gave my son.'

"Can she be seen?" sniggered Kath-"Shure, an Ol think she can; she's leen. six feet high, and four feet wide! Can she be seen? Sorrah a bit of anything lise can ye see whin she's about." -Anonymous.

THE WRONG SORT OF GIRL

Everybody "has her number"-the girl | the next day, telling him his date is

visitor.

and then measure your sticky stuff into An open the centre of this. You will find that, when you want to

the soul, but it's had for the reputation. A gentle voice is an excellent thing, but t doesn't get you anywhere.

A soft answer turneth away wrath. And besides, it makes the other fellow all the madder.

It ian't safe nowadays to tell a girl you love every hair on her head. You may be accused of divided affections. ertain wealthy American lady engaging

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man. The Reconstructed Fourth Association is starting already to work towards a safe and same celebration next year. Mrs. George McCurdy, president of Com-mon Council, is chairman. Wayne, Pa., boasts of a very wide-

awake and progressive Saturday Club. After having given the community the After having gives the community the benefit of a series of open-air co. certs by a very good band, it plans more. A playground for the restless kiddles, a mothers' section, and most important of all, a "clean-up" day. This last is a most worthy aim. A section of the club is also devoted to household economics. The delegates from this club to the State convention at Pitisburgh are Mrs. H. B. Rosver, Mrs. Marshall H. Smith and Mrs. C. G. Tainall.

H. B. Rosever, Mrs. Marshall H. Smith and Mrs. C. G. Tainall. The current avents section of the Philo-musian Club will hold its meeting at half-past 10 Wednesday morning. This is the first meeting, and it will be under the direction of Miss Sara C. Collins. The French conversation class mot on Tussday at 3.p. m. This successful co-operation of the Modio Swarthmore and Mortop.But.

And aucocarrier co-operation on the Media, Swarthmore and Morton-Rut-ledge Clubs has resulted in sending a visiting array to those who need her. The clubs france the work, and the heanoft derived from this is unlimited. The Women's Club of Ridley Park has i derived the processis of its unlimity fails

Correspondence of general interest te women readers will be printed on this gage. Buch correspondence should be addressed to the Woman's Biditor, Evening Ledger.

WOMAN OUTSIDE THE HOME November's program among the | to the Children's Country Week Association and the playground movement. They are most anxious to have a woman

school director, and are devoting much The president of the Plastic Club, Miss Harriet Sartain, asks all the artists of Philadelphia to send aid to the families

hard, but I'm a man, and I can endure it. I hope you'll have a happy life Evadne, and....." "Harry!" broke in the young woman, her volce betraying agitation, "I don't see what right you have to talk to me this way and upset me and-and every-thing! If you weren't in such a hurry to think yourself refused...." "Evadne!" breathed the man, in great emotion. "Do you mean there is hope for me? I can't realize it!" "You'd have known better if you hadn't been so stupid!" declared the young wo-man, her cheeks very pink. "You aren't going to New York, are you?" "No, of course not!" murmured Harry, as he grinned over her head into a mirof artists abroad An appeal is also being made to all art lovers, and any contributions sent to the club for this purpose will be gratefully accepted. These should arrive on or before Octo-

become a success socially because honorable people expect honorable treatment. Let us assume she is pretty, and the clusive thing called popular. Jack calls her on the phone on Sunday. "Yes, indeed, I'll be so glad to see you. When? Thursday night. Very well, I'll expect you."

Wednesday afternoon a girl friend calls

"Is that you, Ellen? Oh, my dear, I've got something to tell you. Jim Carter's coming down from Harvard this week to

coming down from Harvard this wees to play Penn, and he's bringing a chum along. They want me to get another girl and we'll go to the track meet Thursday evening. They're going to have dancing at the frat house afterward. Will you fill in for me? There's a dear." "Of course. Thank you so much. The ba delichted"

be delighted." Poor Jack! He gets a dainty little note

as he grinned over her head into a mir-ror at his reflection. "This puts a new face on it! And to think you are willing to marry me, after all!"

order; that is, cover the cooked apples with cooked cornflour to the depth of about three-quarters of an inch, and be very carsful to completely cover the apples. Place the diab for a quarter of an hour in the oven, or in front of the fire before you are to use it-it is good cold. If preferred. This is a very nice pudding, indeed, and even those with 'touchy' digestions may partake of it without fear of svil consequences. Many folk fn preparing cornflour break it up with water, but you will find that it is softer and better in every way if you break it up and mix it entirely with milk. This makes it more nutrilious, of course. INDIA AND CEYLON

A Tasty Dish Pare, core and cut good cooking apples into pleces, and place them, with suffi-cient augar, into a pudding dish; cook theroughly in a moderately hot oven. (Those who have no ovens may stew the fruit). While apples are in the oven or stewpan prepare and boll cornflour in the usual way, and when both fruit and flour are ready proceed to set dish in order; that is, cover the cooked apples with cooked cornflour to the depth of

ber 31. Wednesday, at 4 o'clock, a reception will be held in honor of the president of the Civic Club, Mrs. Cornelius Steven-Civic day at the New Century Club will be held Wednesday at 3 o'clock. The main point for discussion will be "Norwood Needs and How We Can Meet Them." Among the speakers are E. F. Greathead, Mr. Leischenring, Dr. Henry C. Darling and Dr. John A. Borneman. Mrs. Charles K. Weston is chairman.