DANCER DEFENDS HER ART AS AID TO ROBUST HEALTH

Violet Zell Argues in Behalf of Exercise Which She Says Has Tonic Effect if Not Overdone.

"All healthy people should dance the modern dances. Dancing prolongs life; it cures nervousness, it makes one graceful and, above all, it makes people natural, which in many cases counts far more than beauty," said Miss Violet Zell, who has delighted theatregoers with her welrd exhibition of "modern dancing burlesque" in "Chin-Chin," at the For-

Miss Zell is considered an authority on dancing by members of the theatrical profession. She has danced virtually all her life, and she has succeeded in making a suitable partner for Fred Stone, and that is "going some," as one of the profession put it.

Weighing only 25 pounds Miss Zell dances as if her limbs were made of India rubber. Fred Stone in the "Dance Poetique" throws her over his shoulder and finally falls over her and people wonder that she does not break in two She appears as Fan Tan and besides many acrobatic "stunts" her performance is wonderful in many respects.

Miss Zell sald vesterday that she had never been sick a day of her life and although she "knocked wood" as she said it, she attributes her remarkably good health to dancing.

DANCING AS A TONIC. "In the first place," she said, "dancing keeps down the weight. Of course, every one knows that, but I do not think that it makes one thin. It may at first, but, like any other healthful exercise, it acts as a tonic and keeps one in fine condition, both mentally and physically, and keeps the weight down to just where it

"Dancing is a natural instinct. Some of the modern dances are practically the kind our primitive forefathers danced, and after all they are natural, and being natural, it is only natural that they should be beneficial.

The modern dances make one graceful, there is no doubt of that. When you think of it, all people should be graceful. We all start with equal chances, and is there anything more graceful than an infant? In youth we are all graceful, so to speak, and clumsiness is an acquired habit that may come from many sources. Will power and determination can make every one graceful, and danc-ing can be of the greatest help to the will power in reaching the desired goal. "Many people are ungraceful through self-consciousness or nervousness. We all

know the pretty girl who looks like a doi, and we also know that there is nothing graceful about a doil. The good dancer should relax and become perfectly natural, and if the true spirit of the lance is reached any affectation will dis-

TOO MUCH OF A GOOD THING.

"All healthy people should dance—those with weak hearts and other afflictions should see a doctor, but dance ing is, without a doubt, the best kind of exercise that there is. Of course, like everything else, it can be overdone. Society girls and others who dance morning, noon and night, in other words, girls who really have the craze to the extent hat they want to be dancing all the time, are really doing a very foolish thing. are really doing a very foolish thing. That is, if they dance to excess, "Girls who dance continually run the

danger of having their bunion joints enugly a swollen joint can make the foot look. Moderate dancing may enlarge the feet slightly, but that is quite natural.

DANCERS LONG-LIVED.

Dancers live longer than other peo ple, I think. I remember an old lady who taught me. I have heard that she was an old woman more than 20 years ago, and she must be near 80. Even today she can do the most graceful steps. Many famous dancers have lived to a

Many famous dancers have lived to a very old age.

"Society people who really have the dance craze should take plenty of sleep. Dancing puts one in such good physical condition that we get to the stage where we no longer feel tired. Nevertheless, plenty of sleep is absolutely necessary. Theatrical people seem to keep their youth longer than others. That is a well-known fact, and goodness knows well-known fact, and goodness knows they have to work hard enough at that

MODERN DANCING

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HUNDPRTMARK'S ORCHESTRA
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Cleanest, daintiest and coalest "Ball Room"
in Philadelphia, devoted exclusively to "Med-

ern frances."
Large class line lessons and receptions Tuesday and Thursday Evenings. Admission to day and Thursday Evenings, admission as all 25 cents.

Mon. Wed. and Sat. special receptions.
Dancing till 12. Admission 25 and 35 cents.
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For information regarding private beasons or classes, phone at any hour, Germ'th 45-70.

COLONIAL DANCE CASTLE, THEATRE BUILDING Germantown ave., below Chelten ave. CHAS. J. COLL'S Corner 38th and Market Streets

Beginners' and Dancers' Class In the Modern Dances Tuesday & Friday, \$1 Per Month

Polite Assemblies, Mon. and Sat. Grand Opening of BRANCH ACADEMY

22 South 40th Wednesday Evening, October 21

LOESER'S NIXON THEATRE BLDG. BECEPTIONS MONDAY AND SATURDAY.
Private Lessons. All Modern Dances. Class Tues., Wed. & Friday Evgs, High School Class Friday Afts. 4 to MONDAY One Step Contest CASH NIGHT NIGHT One Step Contest PRIZES Hall can be rented. Phone. Bell 3989 D.

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CARLISLE STREET
ALL THE LATEST FADS AND FANCIES
OF THE MODERN BALLROOM & STAGE

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ASSEMBLY EVERY SATURDAY NIGHT With Price Bonhons HALL CAN BE RENTED

ELITE, Broad and Tioga Reception Wednesdays and Saturdays. Class Nights, Every Monday, Tuesday, Thursday and Friday. THE NEWEST DANCES TAUGHT BENDER'S Leader Theatre Building. Classes Monday Alat and Lancasier Ayenne. Mecoglions Sat. Evenings. Modern Dances.





THEY CALL HER THE INDIA RUBBER GIRL She is Violet Zell. She is 19 years old and as light as a feather. She is tossed about until you imagine you can hear the bones cracking, but she comes out of the rough Chin-Chin dance unruffled.

The secret is that they take good care of themselves, they take plenty of sleep, and the constant use of cosmetics or 'make-up,' through the constant massaging, helps to keep the skin fresh and clear. There is no need to mention Lillian Russel and a few others.

FOOTWEAR AND GOWNS. "For the ballroom I would advise girls to wear medium-high French heels. They look so much better than low heels, and the ringleader of a band of thieves who after all we all try to look as pretty as have been terrorizing downtown storewe can. High shoes are to be recommended whenever it is possible to wear them. The support they give the ankles is very beneficial, and I see no reason why they should not be worn at afternoon teas.

"Massage is a great thing for the legs and ankles, and I would advise girls to use witchhazel or alcohol. Personally I always use witch Jazel. Tight corsets are undoubtedly injurious, and all the more so when the wearer wants to dance. I think the elastic gowns are great things, as there seems to be just enough pressure to make one comfortable.

"One thing all dancers should learn, and that is to breathe properly. There is no reason why dancing should make one out of breath, that is, as soon as we have

been sent to the assistance of the British steamship St. Quentin, which went ashore on Garton bank, off Tyber, last night,

MODERN DANCING

PALACE BALL ROOM 39th and Market Sts.

RECEPTIONS MONDAYS. WEDNESDAYS
AND SATURDAYS WITH LARGEST ORCHESTRA. CLASS AND CLASS RECEPTION TUESDAYS AND THURSDAYS.

Private lessons any time, by appointment.
DO YOU KNOW

That we have the best illuminated Ball Room in the State, both inside and outside, with the highest deiling, furnishing ample ventilation? The largest Orchestra? Excelent dancing surface? The largest wardrobe? One of the most competent dancing masters, with a corps of instructors of rare ability? A marron who is metrical and efficient? WHAT MORE CAN YOU WISH?

The Oakes, Gtn. Ave. 12th and Ontario Stn. The School of Sane Dancing Adults' Class Mon., Tues., Thurs. & Fri Evgs. Reception, Wed. and Sat. Evgs. You'll Love the Clean Dancing Children's Class, Sat. Afternoon, 3 o'Clock, Freak Dancing Not Tolerated in This School.

MARTEL'S, 1710 North Broad Sociable Every Friday Night
Sociable Every Friday Night
wm. Roth's celebrated orchestra
Popular Saturday Night Dances
Patrona Receive Instruction Gratis

AL WHITE COLONIAL THEATRE BUILDING ISTH & CHESTNUT STS.
ALL THE MODERN DANCES PRIVATE AND CLASSES ALSO STAGE DANCING

FRICKE N. E. COR. BROAD AND COLUMBIA AVENUE Latest Dances Taught PRIVATE OR CLASS TUESDAYA FRIDAY NIGHTS PRIVATE STUDIES OF THE PRIVATE OF THE PRIVATE OF THE PRIVATE STUDIES OF THE PRIVATE OF THE PR PROFESSOR GEORGE MILLS

MODERN SOCIETY DANCES.
Private and Chas Lessons.
Studio or at Your Home.
2338 N. CARLISLE STREET. CLAYTON GIRARD AVE., BELOW TENTH STREET Wednesday and Saturday Evenings Band and Orchestras (Continuous) ALL THE LATEST LANCES

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LATEST DICTATES
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Form your own visus anywhere, anyhone
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Private class forming—like to join? A. E. ALEXANDER OF NEW YORK Studio. Hotel Majestic. High-Jinks, Pox-Trot, Luly Fado and all modern dances quickly taught pro-vately and in classes. Phone, Poplar 1150. Miss LYONS PRIVATE SCHOOL OF
DANCING, 1710 Chestnut Street
Reopens Oct. 16th. Private lessons any hour,
Studio rented for dances, musicals, cards.
Our Method, Our Experts, Our Pupils, all ropresent modern dancing as it should be taught,
THE C. ELLWOOD CARPENTER STUDIO
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KILGORE SCHOOL Modern dancing, private and class instruc-tion; refined patronage 1714 Chestnut at. BEAUTIFUL KEITH THEATHE BALLROOM can be engaged for select private affairs, with or without a teacher. Walter G. Wros-ARO 1402-1404 Oxford at. 3 to 12 P. M. Mon., Thurs. Sai., class of private; all ages. Old & new dances. Open class, 25c.
MRIS. DEAN. Forsythe Hall, 4018 Baltimore av.
Every Tues.; Ladies 2 Children 4. Adults 8:36
p. m. Private Studio. 1715 Norris at. Phone.

J.J Finn's Studio of Dancing 3003 W Dauphin st. Latest dances taught; class or pri. Dig. 3007.

MERCER DEMOCRATS MAKING A VIGOROUS FIGHT FOR CONGRESS

Encouraged by Dissatisfaction Among Adversaries Over Renewed Activity of Men Who Brought About Previous Defeats.

TRENTON, Oct. 10 .- Word has some out that Mercer County and the 4th Congressional District must be won for the Democrats at all cost in order that the Democrats at all cost in order that the Administration of President Wilson may not be repudiated in his home county and home district. The Democrats are basing their hopes of victory largely on dissatisfaction in the ranks of former Republicans anxious to return to their old allegiance, but dissuaded from doing so by the acticity of repudisted leaders. so by the acticity of repudiated leaders. This, the Democrats believe, will work well for the candidacy of Allan B. Walsh, the present Congressman. Republicans who went away from the party to the Progressives or to the Democrats because of opposition to the old leaders are saying now that these leaders are saying to set back in nowwer and that seeking to get back in power and that they cannot do so with their votes. The Republican party so far has been In Republican party so far has been held until this evening, when a delegation of politicians from this place will visit Republican Hightstown to participate in a meeting of the old-fashloned type.

GOT GERMAN'S VOCABULARY **ALONG WITH RING AND \$40**

Dictionary Gone, He Could Not Find Words to Describe Feelings.

Herr A. Ensell, who is in Philadelphia o study English, basepall and the rest of the things taught here, dropped his purse containing \$40, a signet ring and a German-English dictionary this morning. Mr. Ensell was slapped in the mouth before his loss was discovered. He then looked around for his dictionary so he

could put his thoughts in real American words and found that it was gone.

He turned to the long-legged man who had struck him, and in hesitating Eng-lish conveyed the fact that money talked. He reached in his pocket to place a bet of \$40 that he could whip the tall man, and found he had no money.

Then blows were struck. The young man disappeared and Ensell, after brush-ing his trousers and hat-about the only possessions he was able to preserve— went to the detective bureau.

The police are looking for the long-legged man. They expect to find in his possession a portion of \$40, a German dictionary, a signet ring and a few other

HOTEL DENNIS ATLANTIC CITY N.J. IN AUTUMN

Provides a charm of comfort and ease amidst characteristic environment that has established it as an ideal seasons home. Directly on the ocean front. Capacity 600. WALTER J. BUZBY.



NEGRO THIEF ARRESTED

Man Thought to be Ringleader of

Band Captured-Loot Recovered.

many pawn tickets found today in the

cellar at the home of Daniel Reilly, a

Negro, 1434 Bainbridge street, after Reilly

had been arrested following a battle with

the police led to the belief that

Reilly was arrested early this morning at 15th and Bainbridge streets as he crawled from the cellar window of Morris Myerhoff's pawnshop. He struggled and

fought with Policeman Johnson, of the 20th and Fitzwater streets station, who arrested him after knocking him down

Johnson held tight to the Negro and without any assistance led him to the patrol box. Later this morning Magis-trate Toughill held Reilly in \$1200 ball for

court. A wagon which was driven from 15th and Bainbridge streets at the time of Reilly's arrest is thought to have con-

tained what was later discovered missing

Special Policemen Dornic and Gibson.

keepers, has been captured.

with a blackinck.

Thousands of dollars' worth of loot and

PHILADELPHIA ART GALLERIES S. E. Cor. 15th and Chestnut Streets, 2d Floor REED H. WALMER, Manager

Late M. THOMAS & SONS SALE CONTINUES THIS AFTERNOON

And Following Days at 2:30 o'Clock MAGNIFICENT FURNISHINGS

AND CHOICE ART TREASURES From the Residence of the Late

L. McMANUS

From the Residence of

MRS. E. F. COLEMAN, Conshohocken, Pa.

East India and Japanese Carved Furniture THE VALUABLE PAINTINGS WILL BE SOLD WEDNESDAY AFTERNOON, OCTOBER 14 And Works of the Following Eminent Artists Will Be Found

J. C. Casin
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Last Year's Suits



can be made to look like new for this Fall's wear, if they are Bornot-cleaned or dyed. Bornot dry-cleaning will free every thread of dust, dirt and grease, freshen the colors and raise the nap.

If hopelessly faded, Bornot dyeing will restore the original color or they can be dyed a preferred shade.

After small repairs are made, the suit is pressed and reshaped by expert bushelmen. Nowhere else can such work be obtained. The Bornot Processes of Dry Cleaning and Dyeing are fully up to the Paris standard.

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Danse de Danceland High Standard Danse

Every Evening

Every Evening
attracts the largest number of the beat on the
greatest, matchless, modern dancing floor in the
State.
Pull orchestra rendering the finest dancing music
ever heard in Philadelphia.
Notice: We have made a great improvement in
our class. Instructors free to our patrons. Our
new class instructor conceded by every one far
superior to any we ever had in the past. With (21)
picked instructors to assist.

New Innovation Dancing with Instructors Every Evening on our Main Floor. A Big Success. Private Instruction from 10 A. M. to 11.30 P. M.

20TH AND MONTGOMERY AVENUE Phons-Diamond 4420, 3404 W.

50 MEETINGS IN STATE ON ROOSEVELT'S SCHEDULE

Wide Campaign Plan of Big Bull Moose for Party.

Fifty Pennsylvania towns and many small villages are on the schedule for Colonel Roosevelt's flying tour of the State, as announced last night by A. Nevin Detrich, chairman of the Washington Party State Committee. Colonel Roosevelt will deliver addresses in all the larger towns. He will speak at smaller places from the rear of his private car.

Easton is the first stop on the list. The Roosevelt train will enter Pennsylvanta from New York at Phillipsburg on Monday, October 26. The tour will last four days, but in that time nearly

every important town in Pennsylvania will be visited.

Stops the first day will be made at Bethlebem, Allentown, Mauch Chunk, Lansford, Tamaqua and Pottsville, which the Roosevelt party will reach at noon. During the afternoon the towns listed are Shenandoah, Mahanny City, Ashiand, Mount Carmel, Shamokin, Sunbury, Lewisburg and Milton. Colonel Roosevelt will wind up the day at Williamsport with a long address.
October 27 will see the Roosevelt party

in McKeesport, Monongahela City, Char-lerol, California, Uniontown, Connellaville, Scottsdale, Greensburg, Latrobe, Blairs-ville Intersection, Bolivar, Johnstown,

Cresson and Altoona. At the latter place the party will spend the night. The next day, October 28, the first stop will be at York, with others at Columbia, Lancaster, Parkersburg, Coateaville Phoenixville, Pottstown, Birdsboro, Readng, Hazelton, Wilkes-Barre and Scran-

On October 29, the last day of the tour On October 29, the last day of the tour, Dubois, Clearfield, Tyrone and Harrisburg will be visited. At Harrisburg Colonel Rooseveit will speak at a noon meeting and then return to New York. With him on the tour will be Gifford Pinchot, William Draper Lewis and Fred C. Lewis, candidate for Secretary of In-

WIFE SENDS MAN TO JAIL

Accuses Husband of Selling House Furniture in Her Absence.

Accused by his wife of "cleaning house" every time she goes out. William H. Washington, of 2314 North Alden street, was sentenced to 50 days in the ounty prison when arraigned before Magistrate Emely in the Park and Le-high avenues police station. Mrs. Washington said that her husband

seized every opportunity to take fur-niture from their home and sell it to second-hand furniture dealers. A week ago, she declares, a fancy lamp disapneared, and shortly after a carpet, while yesterday she returned from a shopping trip only to find that two chairs were en route to the "Junk" man. She says that she does not mind house cleaning, but that this form of it is a little too radical to suit her fancy

BRUMBAUGH IN CAMBRIA CHEERED BY GREAT CROWDS

Enthusiastic Demonstrations Mark His Progress.

BLAIRSVILLE, Pa., Oct. 10.-Dr. Martin G. Brumbaugh, Republican nominee for Governor, left this place today for Johnstown, after one of the most enthusiastic receptions of the present campaign. An audience of more than 1866 istened to his address last night in the Opera House, and fully 1000 were disap-pointed by failure to gain admission to the crowded building.

Doctor Brumbaugh will make several speeches today in Cambria County. Plans have been made at every stop for his re-ception by large audiences. A torchlight parade, with brass bands and many nounted men in line and numerous ban-iers flying, preceded the meeting here nat night.

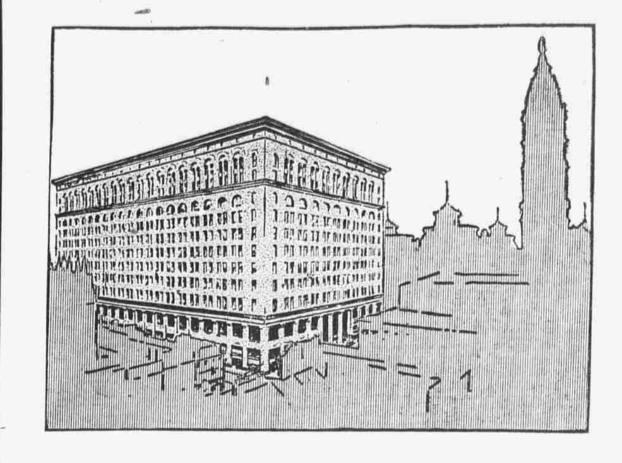
Friends of good government regarded he evening address of the gubernatorial andidate as especially significant, in view of the fact that he reached here on the same train with United States Senator Boles Penrose, who also spoke,

"In the open primaries of May I won the nomination for the office of Gov-ernor," said Doctor Brumbaugh, "with a vote of more than 250,000 qualified electors of this Commonwealth. There is no other influence in the world that controls me; no so-called boss or bosses have ever for one moment undertaken to dictate to me whether I should be a candidate or what I should do it elected."

Store Opens 8:30 A. M.

WANAMAKER'S

Store Closes 5:30 P. M.



The Grand Organ Plays Monday at 9, 11 and 5:15

Already We Have In Stock 59,000 For Fall and Winter Wear

In every case a little better glove at a little less to pay than you are likely to find elsewhere.

Not only that-but nearly all of them at our old low prices; only a few of the finer, more exclusive things have been made more costly by conditions in Europe.

The wonderful collection is ready now for you to buy your winter's supplies of men's, women's and children's gloves, and you can choose from the products of America, France, England and Germany.

45,000 pair of women's long and short gloves; short gloves ranging in price from \$1 to \$2, and the long gloves from \$2.25 to \$5.50.

10,500 pair of men's gloves ranging in price from \$1.15 to \$4.

3,500 pair of children's gloves ranging in price from \$1 to \$2.75.

There are plenty for immediate needs-but when they are gone we don't know what the new supplies will be like or what the prices will be.

(Main Floor, Central)

JOHN WANAMAKER