STARTLING, BUT TRUE

WHAT EVERY WOMAN SHOULD KNOW.

How often it happens, that the wife lingers from year to year in that pitiable condition as not even for one day to feel the happy and exhilarating influence incident to the enjoyment of health

THE BLOOMING BRIDE,

But a few years age in the flush of health and youth and buoyancy of spirits, rapidly, and apparently inexplicably, becomes a feeble, sickly, sallow, debilitated wife, with frame emaciated, nerves unstrung, spirits depressed, countenance bearing the impress of suffering, and an utter physical and mental prostration, arising from ignorance of the simplest and plainest rules of health as connected with the marriage state, the violation of which entails disease, suffering and misery, not only to the wife, but often

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"UNTO THE THIRD AND FOURTH GENERATION."

Transmitting CONSUMPTION, SCROFULA, HYPOCHONDRIA, INSANITY, GOUT, KING'S EVIL, and other and worse Diseases, as a

DREADFUL INHERITANCE

FROM THE PARENTS

"And must this continue? Must this be? Is there no remedy? No relief? No hope?"

The remedy is by knowing the causes and avoiding them, and knowing the remedies, and benefiting by them. These are pointed out in

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