

Lancaster Intelligencer. FRIDAY EVENING, JULY 22, 1881.

Summer Drinks.

EDS. COCHRAN GENTLEMEN.—In extremely warm weather, refreshing beverages are very desirable, especially in the field, where one is exposed to the scorching heat of the sun, and the whole system is perspiring with the heat and exercise. It is very imprudent to swallow great quantities of ice-cold drink, when one is excessively warm; a few swallows taken slowly will quench the thirst far better than a whole gobletful swallowed without stopping. The very best of all drinks is new milk with ice sufficient to cool it. It is not only cooling, but also nourishing. It is a most grateful beverage, not only in the field, but in the kitchen, and nursery as well as sick room, where it should always have a place. In fevers, it is the most delightful cordial that can be administered. A very nice beverage is made by taking two quarts of water, a tablespoonful of pulverized ginger, half a teaspoonful of sweet vinegar and half a teaspoonful of molasses or maple sugar. Stir well, add a lump of ice the size of a quart bowl to keep it cool; put into a tin pail with a tight cover, and it is a very good field drink, and will keep cool half a day.

Another drink is made by taking a lemon or two, roll or squeeze till soft, slice very thin, and put into a large bowl, and turn a pint of boiling water over the slices. Let it stand till cool; then allow a quart of cold water to each lemon, and half a cupful of sugar; stir well and add a lump of ice to make it very cold. The acid of the lemon is very grateful to the mouth and stomach on a hot day. All iced drinks should be sipped slowly as they quench the thirst better, and do not give a chill, as if taken in large swallows and great quantities. Still another drink is prepared by taking two eggs, beat thoroughly till frothy, add half a teaspoonful of sugar, a teaspoonful of extract of vanilla and quart of milk; cool well with ice. It is very delicious and strengthening on a hot day. Another one is made by taking a teaspoonful of raspberry jam, stir it into three pints of water, strain it through a fine colander, and set in the ice chest till very cold; it is a very pleasant beverage. For hay fever, nothing excels good hot coffee, as it stimulates a little and seems to raise sufficient internal heat, so that perspiration flows freely, and keeps up the strength.

Refreshing drinks are a very great comfort during the summer heat, and give much nourishment to the system, as one is never apt to feel hungry in the long summer days when the thermometer ranges from 90° to 100° in the shade. The more a person drinks the more he perspires; yet one cannot help craving some palatable beverage to cool the parched lips and mouth in the heat of summer. It is much better to take little at a time, and to drink more frequently, than to drink a great quantity at a time. Frequent bathing with cool water, and the use of a great preventive of thirst. Men are not half so liable to get overheated if they occasionally wipe off their faces with a wet towel or sponge. People do not take half the pains to protect themselves from the heat of the day, that they do to guard themselves against the inclemency of cold, and there is double the danger arising from over-heating that there is from freezing.

MEDICAL. CATARRH. DIRECTIONS. COCHRAN'S CATARRH. GOLD IN THE HEAD. HAY FEVER. CATARRHIAL DEAFNESS. CAN BE CURED.

ELY'S CREAM BALM. Having gained an enviable local reputation, displacing all other preparations in the vicinity of discovery, it, on its merits alone, recognized as a wonderful remedy wherever known.

IF YOU ARE A MAN OF BUSINESS, avoid stimulants and take HOP BITTERS! If you are a man of letters, tolling over your midnight work, to restore brain and nerve waste, take HOP BITTERS!

Mrs. Lydia E. Pinkham, OF LYNN, MASS., Has Made the Discovery! Her Vegetable Compound the Savior of Her Sex.

Vegetable Compound, The Positive Cure For All Female Complaints.

Snake Stories. A dispatch from Ellenville, N.Y., states that on Saturday morning last a Jacob Uhl, a farmer of Prospect Hill, with his seven-year old boy, was leading his wagon with logs from a pile he had cut about a mile from his house, he heard an ominous hiss and rattle. Then a monster rattlesnake thrust his head between the logs, and Mr. Uhl says that he then saw what seemed to him hundreds of the reptiles in the wood pile.

Johnston, Holloway & Co., General Agents, Philadelphia. Notice to the Ladies! We Have Just Opened A LARGE LOT OF Gossamer Waterproofs

KIDNEY WORT. THE GREAT CURE FOR RHEUMATISM. How often persons have been annoyed by pains clinging to their dress or clothing and how seldom have they been cured by washing given it a thought that Burdock Root is the most valuable blood cleanser and purifier known, and is sold by every druggist under the name of Burdock Blood Bitters.

WATERPROOF, AND TO GIVE GENERAL SATISFACTION. Metzger, Bard & Haughman's NEW CHEAP STORE, No. 43 WEST KING STREET, LANCASTER, PA.

HULL'S DRUG STORE. FISHING TACKLE, RODS, REELS, &c., EVERY DESCRIPTION. No. 15 WEST KING STREET, LANCASTER, PA.

LOCHER'S Renowned Cough Syrup! A Pleasant, Safe, Speedy and Sure Remedy for Colds, Coughs, Hoarseness, Asthma, Indigestion, Soreness of the Throat and Chest, Bronchitis, Whooping Cough, Spitting of Blood, Inflammation of the Lungs, and all Diseases of the Chest and Air Passages.

CHAS. A. LOCHER, WHOLESALE AND RETAIL DRUGGIST No. 9 EAST KING STREET, 016-11

DR. C. A. GREENE. Takes this opportunity of notifying his numerous patients and those who desire to get well, who are now diseased, that he will leave Lancaster about the

DRY GOODS, UNDERWEAR, &c. NEXT DOOR TO THE COURT HOUSE. FAHNESTOCK!

PARASOLS REDUCED. FAHNESTOCK'S, Next Door to Court House.

Notice to the Ladies! We Have Just Opened A LARGE LOT OF Gossamer Waterproofs

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METZGER, BARD & HAUGHMAN. Notice to the Ladies! We Have Just Opened A LARGE LOT OF Gossamer Waterproofs

CLOTHING! MYERS & RATHFON. The LARGEST CLOTHING HOUSE IN THE STATE OUTSIDE OF PHILADELPHIA. We are offering our stock

MYERS & RATHFON. Spring and Summer Goods. COAT, PANTS AND VEST. MYERS & RATHFON. CENTRE HALL, No. 12 EAST KING STREET, LANCASTER, PENN'A.

AL. ROSENSTEIN'S ONE PRICE HOUSE. JUST RECEIVED THE LAST LOT OF BLUE CREOLE SUITS, 86 SUITS, ALL THE MANUFACTURERS HAD. REDUCED TO \$2.50. FOR COATS, PANTS AND VEST.

Our Merchant Tailoring Department. BLUE MIDDLESEX FLANNEL SUITS. Made to order, handsomely trimmed, and a perfect and stylish fit guaranteed.

AL. ROSENSTEIN'S ONE PRICE HOUSE, NO. 37 NORTH QUEEN STREET, OPPOSITE THE GRAPE HOTEL, LANCASTER, PA.

FISHING TACKLE. PENNSYLVANIA LAWN MOWER. FLINN & WILLSON, 152 NORTH QUEEN STREET, LANCASTER, PA.

FIRST-CLASS LIVERY STABLE. HOUGHTON'S FIRST-CLASS LIVERY STABLE!

ASTRICH BROTHERS' STATIONERY, NEW AND CHOICE STATIONERY, NEW BOOKS AND MAGAZINES, AT L. M. FLYNN'S, No. 42 WEST KING STREET.

ASTRICH BROS.' THE MACKINNON PEN. Or FLUID PENCIL, the only Reservoir Pen in the World with a circle of Iridium Around the Point.

J. B. MARTIN & CO. Hot Weather Upholstery! WINDOW SHADES, MOSQUITO CANOPIES, MOSQUITO NETTINGS, TARLATS, and Window Shades, all Colors and Widths, in Oil and Scotch Hollands, made and hung promptly.

J. B. MARTIN & CO., Cor. W. King and Prince Streets, LANCASTER, PA. SEASONABLE GOODS. DRESS GINGHAMS, VICTORIA LAWS, INDIA LINENS, AT THE NEW YORK STORE.

WATT, SHAND & CO. Showing a great variety of Fancy Dress Gingham, 1 1/2 yds a yard. Elegant Styles, Best Quality, 10c. Real Scotch Zephyr Gingham only 2c. One Case Printed Linens, 10c. Novel Designs, Best Quality, 12 1/2c.

HAGER & BROTHER. Have still a Large Line of DRESS GOODS, Black and Colored Silk. GINGHAMS, LAWS, CHINTZES AND WHITE GOODS.

HAGER & BROTHER. CARPETS, OIL CLOTHS AND MATTINGS. WALL PAPER, WALL PAPER.

HAGER & BROTHER. WALL PAPER, WALL PAPER. Our Stock includes all the Choice Spring Patterns in

HAGER & BROTHER. WALL PAPERS. WINDOW SHADES, &c. FIXTURES, PAPER CURTAINS, HOLLANDS, EXTENSION CORNICES, CURTAIN POLES, LOOPS, BANDS, TASSELS, FRINGS, PICTURE NAILS, CORDS, ETC.

PHARES W. FRY, NO. 57 NORTH QUEEN ST. JEWELLERS. SILVER. AUGUSTUS BROADBENT, No. 20 East King Street, Lancaster, Pa.

TRAVELERS GUIDE. LANCASTER AND MILLERSVILLE R. Leave Lancaster (P. R. Depot) at 7, 9, 11:30 a.m., and 2, 4, 6 and 8:30 p.m., except on Saturdays, when the last car leaves at 9:30 p.m. Leave Millersville (lower end) at 8, 8:30, 10, 11:30 a.m., and 1, 3, 5 and 7 p.m. Cars run daily on above time except on Sunday.

ARRANGEMENT OF PASSENGER TRAINS. MONDAY, JULY 11th, 1881. NORTHWARD. Leave Lancaster at 7:00, 8:00, 9:00, 10:00, 11:30. Arrive Philadelphia at 10:00, 11:00, 12:00, 1:00, 2:00.

PENNSYLVANIA RAILROAD - NEW SCHEDULE. On and after MONDAY, MAY 2nd, 1881, the Pennsylvania Railroad will arrive and leave the Lancaster and Philadelphia depots as follows:

CARPETS. I claim to have the Largest and Finest stock of CARPETS. In this City, Brussels and Tapestry CARPETS, Three-ply, Extra Super, Super, All Wool, Silk, Wood Grain, and Ingrain.

NEW CARPETS. 40,000 YARDS. New Designs, Beautifully Colored. INGRAINS 50 cents, 60 cents, 75 cents, 90 cents.

REEMER L. KNIGHT, No. 1222 Chestnut Street, PHILADELPHIA. CARPETS, COAL, &c. PHILIP SCHUM, SON & CO., MANUFACTURERS OF GENUINE LANCASTER QUILTS, COUNTERPANES, PILLOWS, BELLETS, BLANKETS, CARPETS, CUSHION CHAIRS, STOCKING YARN, &c.

COAL. PHILIP SCHUM, SON & CO. COAL OF THE BEST quality put up expressly for family use, and at the lowest market rates. YARD—150 SOUTH WATER STREET, PHILADELPHIA.

JEWELLERS. SILVER. AUGUSTUS BROADBENT, No. 20 East King Street, Lancaster, Pa.