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MISCELLANEOUS.

MIDNIGHT.

Hufeland, in his treatise on sleep, has some curiosities as well as forcible ideas on the necessity of devoting midnight to rest and sleep. He considers that the period of twenty-four hours, which is produced by the revolution of the earth on its axis, marks its influence most definitely on the physical economy of man. Diseases show this regular influence in their daily rise and fall. Settled regular fevers exhibit a twenty-four hour flux and reflux. In a healthful state, there is manifest the same regular influence, and the more habitual our meals, our hours of exercise or employment, and our hours of sleep, the more power is there in the system to resist disease. In the morning, the pulse is slower, the nerves calmer, and the mind and body fitted for every description of labor. As we advance towards the evening of the day the pulse becomes accelerated, and an almost feverish state is produced, which in excitable people, becomes an absolute evening fever.—Rest carries off this fever by its sleep, and the refreshing opening of its pores which sleep produces. In this nightly respiration, there is an absolute crisis of this evening fever, and this periodical crisis is necessary to every one, for it carries off whatever useless or pernicious particles our bodies may have imbibed.

This evening fever, Hufeland thinks, is not entirely owing to the accession of new chyle to the system, but to the sun and of the light. The crisis of this fever, to be most effective by regularity, ought to take place at midnight when the sun is in its nadir, and then the body becomes refreshed for the early morning labor. Those who neglect this period, either push this diurnal crisis into the morning, and thus undermine the importance of its regularity, or lose it entirely, and arise to their labors unrefreshed by sleep. Their bodies will not have been purified by the nightly crisis, and seeds of disease will thus have been planted.

Nervous people are peculiarly subject to the influence of this evening fever, and think they cannot labor without its excitement. Hence their mental efforts are performed in the night alone, the important time for the crisis of their nervous excitement passes over in wakefulness and no refreshing perspiration cleanses the body or strengthens the nerves. Such people will wear out soon unless they change their habits and seek rest when nature and the human constitution dictate.

These considerations ought to be deeply studied and regarded by all who are in the ruinous habit of turning night into day, and of changing the functions of each. A failure of health will soon manifest the truths of these remarks.—*Hartford Courant*.

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Doors, Shutters, Blinds, and Sash made to order.

All orders thankfully received and promptly attended to.

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THE subscriber has opened a Grocery, Pro-

vision and Fish Store opposite Major Eisen-

hower's Hotel, where he has just received a fine

assortment of fresh

Family Groceries,

among which may be found Coffee, Sugar,

Teas, Molasses, Syrups, Cheese, Crackers,

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I will pay Cash for Butter, Lard, Potatoes,

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She was shortly on her way home, and astonished her family on her entrance to the cottage, by throwing the skin on the floor. Since this time, Anna Petrovna has engaged with and killed sixteen bears."

Drunkenness and Insanity.—The following statistics show that insanity exists in all countries in the ratio of drunkenness:—In Holland and Belgium the consumption of intoxicating drinks is two gallons to every individual, and there is one lunatic to every 3000 people; in France the consumption is five gallons to every individual, and there is one lunatic to every 600 of the people; in Normandy three and a half gallons of intoxicating drinks are consumed by each individual, and there is one lunatic to every 750 of the people; in America three gallons are consumed by each individual, and there is one lunatic to every 650 of the people; in England three gallons are consumed by each, and there is one lunatic to every 679 of the people; in Scotland four gallons are consumed by each, and there is one lunatic to every 800 of the people; in Ireland there are five and a half gallons consumed by every man, woman and child, at least that amount in proportion to population, and there is in that country one lunatic to every 550 of the people.

A Brutal Execution.—A revolting scene recently took place in the city of Cologne at an execution. A woman convicted of the murder of her husband was to be decapitated by the guillotine. She was placed in proper position by the executioner, but the knife instead of descending perpendicularly took an oblique direction, and was buried deep in the victim's shoulder-blades. A defect was found in the machinery, a blacksmith had to be sent for, and a full half hour elapsed before the instrument was repaired. At the second descent of the knife, the spectators were horrified to observe that the instrument again missed its aim and entered the shoulders of the unfortunate criminal. Some time again elapsed before, at the third attempt, the instrument fairly separated the head from the shoulders. It appears that the executioner had been but recently appointed, and was not sufficiently versed in the minutiae of his art.

Death of a Widow at Prayers.—A lady named Catharine Gray, who resided in Newark, N. J., fell dead in her house, at an early hour on Tuesday morning, while at Prayer. Her death is attributed to grief and depression of spirits by the death of her husband, who was lost by the wreck of the Central America, on which he was a passenger. Both the death of herself and husband have been occasioned by the delay in the reception of a letter by her husband, who was in California. He sent a letter containing a check for \$250, and stated that when she acknowledged the receipt he would forward another. By some means the letter was delayed, and a number of steamers having arrived since he wrote, without bringing him an answer from his wife, he feared that something was wrong, and took passage home in the ill-fated Central America, and met a watery grave. Three children, the eldest but two years old, are left orphans.

A Case of Destitution.—A friend told us a few days since of a case of destitution, in a neighboring township, such as we were not prepared to hear of in our country. Our informant was called upon to make a coffin for a girl of about 14 or 16 years of age, who had died. When he went to the house, he found no furniture of any description in the same; the mother had no shoes or stockings, nothing but a thin calico dress, and the