

The Columbia Spy.
 INDEPENDENT, FEARLESS & FREE.
 Columbia, Pa.
 Saturday, July 10, 1869.

The Weather and Health.
 The weather unquestionably has a much greater influence upon our physical systems than is commonly supposed. That is to say, there are periods of the year when we are especially liable to ill health or physical debility. Some are invariably "taken down" with the return of spring. A languor and lassitude overcomes them, which if they yield to it, incapacitates them physically and intellectually for labor. Others are borne down by the heat of summer, while still others are peculiarly susceptible to autumn's changes, or winter's chilling winds.

During the past fourteen years there have been collected and collated a valuable series of observations illustrative of the influence of season or weather upon the health of the people of Scotland. These facts show that, taking Scotland as a whole, February is the month most generally fatal to the population, and September the least; that in the six colder months of February, March, January, April, December and May, the deaths average more than 1,000 per month, the monthly mortality being below 1,000 in the other six months. As might be expected, the town population are found more sensitive to the agencies of the weather than the more robust dwellers in rural districts, as is shown both in the earlier hurtful effect of cold, and in the earlier beneficial influences of warmth on the health of the former of these two classes. The first advent of cold weather is much less prejudicial to health than its continuance for any length of time, as corroborated by the observation that though the mean temperature of February is no higher than that of January, the mortality is much higher, the vital powers being weakened by the sustained cold. The prevalence of northerly and easterly winds in Scotland during March, April and May, superadding on the cold month of February, accounts for the fact that March is the second most unhealthy month in the year.

What is found to be true of Scotland will be found to be true of countries generally. February and March are unquestionably the most unhealthy months of the year almost the world over, while September and October days are most conducive to physical buoyancy and exhilaration.

With a few unimportant exceptions—exceptions in which the hand of the croaker and speculator can be clearly traced—it will be seen that the country promises to be blessed with a harvest in all the staple productions—the yield of cotton, sugar, rice, tobacco, wheat, corn, in short, in all the cereal products of the earth, as well as in the important branches of fruit and vegetables, such as never before has been garnered on American soil. Luxuriant as the crops in former years have been—so bounteous that we have had plenty for ourselves and enough to spare for starving millions in Europe—the agencies are that the coming one (and in some sections, of the country part of it already in market) will collapse them all and make the poorest rejoice that for a twelve-month at least there is no danger of any one being a-hungry. This great evidence of the wealth of the nation is more precious than the productions of the gold and silver mountains of California, Nevada, Montana, Colorado, or any other bullion yielding sections of our country. A bushel of wheat is worth more than a ton of gold in a time of famine. When the starving Arab picked up in the desert a sack he hoped contained food, and found it filled with gems of priceless value, "Alas! it he exclaimed, 'they are nothing but pearls!'" This is not likely to be the lamentation of the American population the coming year. They have not only the gems, but, thanks to a beneficent Providence, they have the food, the staff of life, the fibre for their cloth to clothe them, the succulent and the excellent, productions of the field and the garden, the luscious fruits of the orchard and vineyard, to regale them in their house of repose and contentment.

The Press Prosecutions in France.
 Henri Rochefort, editor of the *Lanterne*, has been sentenced to three years' imprisonment and to pay a fine of three thousand francs. During these three years he is to be deprived of citizen's rights. M.M. Simonsin and Jourdan, of the *Siecle*, have been fined each five hundred francs, and the editors of the *Opinion Nationale* have each been condemned to one month's imprisonment, with a fine of five hundred francs. All this for violating what is called the press law. Think of this in London or any place else. So long as Napoleon has the power this policy may serve a purpose; but the power cannot be long, and when the press is let loose its revenge will be dreadful. It may be necessary for Napoleon to adopt such a policy. If it is the weakness of his position can no longer be doubted.

A MINNESOTA PAPER says that John C. Breckinridge, on his way to Superior, was obliged to turn back on account of bad roads, and that last week, on Thursday he found himself on board a train which was conveying an excursion party to the First Minnesota Regiment. The paper says: General Breckinridge, descended from the platform as the regiment was forming, exchanged common-places, salutations and a few compliments, and then turned to look at the veterans. They manifested their old flag, and the band struck up the inspiring strains of "Hail Columbia." The ex-Confederate obediently listened a moment to its glorious music, watched the banner as its folds spread out, and then, from his head, reverently raised his hand to his forehead, and exclaimed: "That is the old flag after all. Thank God for it!"

WATCHES, JEWELRY, &c.
 No. 13 FRONT STREET.
 CLOCKS! CLOCKS! CLOCKS!!
 A new lot of Seth Thomas and other American Clocks just received.

Watches, Jewelry, SILVER-PLATED WARE, &c., &c.
 CHAS. P. SHERRETT,
 No. 13 Front Street.

WATCHES AND JEWELRY!
 GREAT INDUCEMENTS OFFERED!
AMERICAN WATCHES,
 As low as \$20, in two, 3, 4, 5, and 6 case, warranted for two years; also, 2, 3, 4, 5, and 6 case, warranted for one year.

Seth Thomas Clocks.
 They are the best Clocks made. Call and see!
 Also, a full and well selected stock of **SILVER PLATED WARE!**
 From the best Factories in the U. S.

IRON & MACHINERY.
 SUPPLIES & BROTHER,
 MANUFACTURERS OF **STEAM BOILERS.**

SUSQUEHANNA IRON COMPANY.
 Manufacturers of all sizes of **REFINED AND DOUBLE REFINED**
 ROUND, SQUARE, FLATS, OVAL, AND

STRAM
 ROBINETS, BOILERS,
 AND ALL KINDS OF MACHINERY MANUFACTURED AND GUARANTEED TO GIVE SATISFACTION AT THE WORKS OF SUPPLIES & BROS.,
 Columbia, Penn.

CABINET WARE MANUFACTORY.
 The subscriber having lately put up new machinery, and increased his business, is enabled to give satisfaction to his customers in every respect.

NEW STYLE WINDOW SEADRES.
 The subscriber has on hand at his Furniture Store, all kinds and styles of

HOOP SKIRTS.
 WM. T. HOPKINS,
 Has removed his Manufactory and Salesroom to the corner of Front and Third Streets, Columbia, Pa.

PATENT BURNER.
 MERIDIAN BURNER!
 Ask for the MERIDIAN BURNER. Take no other for the name of the subscriber. It can be used with either Kerosene, Pease Oil, or any other fuel.

BOOKS, STATIONERY.
 NEW! NEW! NEW!!!
 BOOK AND STATIONERY STORE,
 No. 22 LOCUST ST., COLUMBIA, PA.

BOOKSELLER AND STATIONER.
J. H. Sheaffer,
 No. 245 LOCUST STREET,
 COLUMBIA, PA.

BOOKS AND STATIONERY.
 HAS REMOVED HIS
 LARGE STOCK OF
BOOKS AND STATIONERY,
 TO
 NO. 22 NORTH QUEEN STREET,
 OPPOSITE SHOBER'S HOTEL.

VALUABLE FARM
MILL PROPERTY
 PRIVATE SALE.
 The subscriber being about to remove from the neighborhood, would offer his FARM and MILL, situated in the town of Pottsville, Pa.

HOME MANUFACTORY.
 The subscriber has on hand a large stock of Boots and Shoes, Gaiters, &c., all of his own manufacture.

CONFECTIONERY.
 NEW CONFECTIONERY STORE!
 The undersigned would most respectfully announce to his friends and the public that he has opened a

ICE CREAM SALOON.
 AT NO. 208 & 210 LOCUST ST., COLUMBIA, PA.
 (First door above Old Fellows' Hall.)
 Where can be found at all times a full assortment of

WANTED—LOAN.
\$10,000 OF THE SHORT LOAN,
 Already authorized to dispose of, and those wishing to make a good and safe investment will call upon the undersigned, at the office of the First National Bank of Columbia, at which place the loan can be obtained.

COACH WORKS!
 REMOVED TO Nos. 9, 11 AND 13 NORTH 5th STREET.
 The Carriages, Buggies, &c., made at these Works, are equal in both and durability to any other make in the country.

WINE & LIQUORS.
J. C. BUCHER,
 AGENT FOR THE **STATEN ISLAND**
 DRYING ESTABLISHMENT,
 Located in the town of Staten Island, N. Y., and is fitted up with the latest and most improved machinery for drying and finishing of all kinds of goods.

PURE WINES AND LIQUORS!
 For Pure, Undenatured Wines and Liquors, go to the store of the subscriber. He has elegant

STOVES, HARDWARE, &c.
J. RUMPLE & SON,
 DEALERS IN FOREIGN & DOMESTIC HARDWARE.

IRON AND STEEL.
 Blacksmiths, wagon makers, and others, furnished with all kinds of Iron, Nails, Horse Shoes, Coach Trimmings, and other articles in their line.

Oil, Paints &c.
 Coal Oil, Lubricating Oil, and Machine Oil of all kinds. Alcohol, Benzine, Japan, and other articles, at the lowest prices.

BOOTS & SHOES.
 NEW BOOT AND SHOE STORE.
 The subscriber would respectfully inform his friends and the public generally that he has opened a

LADIES SHOE MANUFACTORY.
 Having increased my facilities for turning out superior work, I would announce to my old customers and all new ones that may favor me with a call, that I am better prepared now to manufacture

WHOLESALE OR RETAIL.
 His stock consists of all large and general assortment of Men's Boys' Ladies' and Children's

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 The undersigned would most respectfully announce to his friends and the public that he has opened a

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GROCERIES, &c.
GREAT EXCITEMENT AMONGST
 Now can good GOODS be sold so cheap, as the

ATTENTION HOUSEKEEPERS.
 New stock of goods, and selling them very low. The best quality of goods, and at cheap rates.

FRESH GROCERIES
 AT THE PROVISION
MULLEN & BROTHER,
 ODD FELLOWS' HALL,
 COLUMBIA, PA.

THE LATEST EXCITEMENT!
CLOTHING!
 NEW STYLES!
 GREAT BARGAINS NOW OFFERED! CALL AND

U. S. CLOTHING EMPORIUM!
 The Largest, Best Assorted, Handsome and Cheapest Stock of

IT IS A FACT!
 Capable of ocular demonstration, that the prices of Cloths, Cheesecrimes, Ready-Made Clothing, Hats, Caps, Boots, Shoes, &c., are

CHOICE FAMILY FLOUR!
 RYE FLOUR, UNBOLTED MEAL, CORN MEAL, GRAIN, AND ALL KINDS

FLOURING MILL.
COLUMBIA FLOUR MILLS.
 DEALERS IN

SEWING MACHINES.
COOPER & BAKERS.
 FIRST PREMIUM

ELASTIC STITCH
 FAMILY
SEWING MACHINES.
 495 Broadway, New York, 730 Chestnut Street, Philadelphia.

BITTERS.
I. S. WATERMAN,
 PROPRIETOR OF
WATERMAN'S
 Cocktail and Tonic Bitters.

CLOTHING.
MERCHANT TAILORING.
 J. W. REASIN,
 No. 123 LOCUST STREET, COLUMBIA.

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CLOTHING!
 NEW STYLES!
 GREAT BARGAINS NOW OFFERED! CALL AND

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INSURANCE COMPANIES.
A. AMERICAN
 PHILADELPHIA.

LIFE INSURANCE COMPANY
 PHILADELPHIA.
 S. E. COR. FOURTH AND WALNUT STS.

THE AMERICAN
 OFFERS LOW RATES OF PREMIUM.
 It offers more Insurance for the same money than other companies.

INSURE IN THE AMERICAN LIFE.
 ALEX. WHELDON, President.
 J. S. WILSON, Secretary.

BANKERS.
E. W. CLARK & CO.,
 No. 35 S. Third Street, Philadelphia.

NATIONAL LIFE INSURANCE CO.
 UNITED STATES OF AMERICA
 FOR THE

COLUMBIA INSURANCE CO.
 JANUARY 1st, 1869.
 CAPITAL AND RESERVE \$500,000

MUTUAL LIFE INSURANCE CO.
 OF RHODE ISLAND.
 Rates lower than other Mutual Companies.

WORLD MUTUAL LIFE INSURANCE COMPANY.
 J. F. FRIEDEL, General Agent for Pennsylvania, No. 2 North Street, Lancaster.

LANCASTER CITY AND COUNTY Fire Insurance Company.
 CAPITAL, \$200,000.
 GEO. F. FRANKLIN, President.

INSURANCE COMPANY OF NORTH AMERICA.
 PHILADELPHIA.
 Incorporated 1784. Assets, \$1,500,000.

RAIL-ROAD LINES.
READING AND COLUMBIA R. R.
 WEDNESDAY, APRIL 14th, 1869.

PENNSYLVANIA RAIL ROAD.
 TRAINS LEAVE COLUMBIA GOING EAST.
 Lancaster Train, 8:20 A. M.
 Harrisburg Accommodation, 8:30 P. M.

TRAINS LEAVE WEST.
 Harrisburg Accommodation, 11:50 A. M.
 Lancaster Train, 8:20 A. M.

MONDAY, APRIL 26th, 1869.
 GREAT THROUGH TRAINS TO AND FROM NORTH WEST FOR PHILADELPHIA, NEW YORK, READING, POTTSVILLE, TAMMUNG, ASHLAND, SHANNON, LANCASTER, COLUMBIA, &c.

GENERAL AGENTS
NATIONAL LIFE INSURANCE CO.
 UNITED STATES OF AMERICA
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