Bran as a Food and Manure.

The analysis of chemists show that not only is bran richer in ash (inorganic matter) than fine flour, but also in protein (muscle forming material) and fats. A grain of wheat is surrounded by three coats or layers of cells. The third, or inner coat, contains most of the muscle And down in the starry eyes he can trace

A love remembered and dear. forming material. The interior of the grain, which goes to form the fine flour, is mainly starch. Thus it has been shown that wheat bran (shorts) has 1391 per cent. of flesh forming material, while No. 1 flour has only 9.25.

The conclusion is irresistible that bran has not been sufficiently appreciated as food for stock in pastimes, and that Dr. Graham was right when he recommended unbolted flour as best for bread-making. Graham flour is especially adapted for children as it furnishes the material for making bones and developing good teeth.

Some objection is made to the use of bran

Adown through the aisles of the fature will grow And shed on age a beautiful glow and the property of the fature will grow and the property o by farmers, as it has a laxative tendency. This is due to mechanical, not chemical influences, the coarse particles when fed alone, often irritating the intestines, especially at the first feeding if given in large quantity. This may be obviated by feeding bran gradually, at first, and in God ourselves? Do we ever try to realize connection with hay. A slight laxative it-try in the midst of our daily life to condition of the bowels is far healthier say to ourselves, like Hagar in the wilderthan one of constipation; and if children are troubled with the latter, Graham bread to heart in the time of temptation, and in is just the food they need.

contains over 12 per cent. of protein com. pounds, just the thing for cheese making, and over 2 per cent. of fats. Indeed, dairy farmers generally give the preference to rye bran, and one reason is that it is finer and does not induce such a laxative condition of the bowels.

Foul Sheath in Horses.

There is nothing that pulls a horse down faster than a foul sheath. Farmers and all having charge of horses should know that it is no hard matter to clean a horse's sheath and keep it clean. The best way is to feed good, wholesome food, not always be done, and then we have to may be hard work for a time. It may very easy matter. Pare the nails of the right hand smooth, and take as much clean lard, free from salt, as can be held by the it will lose its hardness. The life that the the hand to the bottom of the sheath, and Repeat the operation two or three times faith" will gain that ardor and hopefulness the horse will be all right. If not, wash spirit that had been estranged from its out carefully with lukewarm water, but it proper home will return to its Father's is a bad plan to use water in very cold presence in peace, and enter into the joy years old, but never saw a case of foul shall abide therein even now in the time sheath until about twenty-five years ago, and I find now, when my horses are fed He hath prepared for them that love Him. on good pure hay, or well cured corn fodder, free from all mould or dust, that they are not troubled, but while feeding Hungarian hay, it is next to impossible to keep them clean. I have never seen a horse troubled with that disease while fed on good corn fodder.

Fall Plowing.

ground the better the crop. The high upon which it breaks. We note the earth average yield of the English farms is no these changes are so gradual man seldom doubt largely due to the thorough prepa- observes them until the channel has beration of the ground before seeding. Our come overhanging cliffs, or a mountain has climate is superior to that of England for disappeared before the icy stream, or the wheat growing; yet a yield of sixty-four ocean has given us a riottant by bushels per acre is not at all infrequent acute diseases, as fevers, cholera, etc, among farmers there, while here forty while chronic diseases (often the most bushels per acre is an unusual yield. Two dangerous in result), being slow in their plowings, several harrowings, and, in many cases, rolling or crushing, and the excellent preparation of the soil by previous themselves comparatively healthful are root crop, must have a much better effect ofttimes the victims of these diseases, and upon the soil than one plowing, very only become aware of their presence when poorly done, because of the hardness and dryness of our soil in midsummer, and these chronic affections. Dr. Pierce's very imperfect harrowing. It might be Golden Medical Discovery and Pleasant wheat crop, and so prepare the ground dies for these diseases. They produce a better, and raise our average from twelve heathful secretion of the bile, prevent to at least twenty bushels per acre. The impart a vigorous tone to the whole system. difference in the amount of wheat at harvest would pay for a good deal of extra work in plowing, etc., and yet leave a profit; besides the soil would not forget

Chicken-Food and Eggs.

that a Connecticut armer mixes a teas. Thomson. He had climbed nearly to the poonful of red pepper with the food for top a steep mountain, lifting his feet carehave a flock of fifteen white crested Black out, "Take the safe path, father; I'm comflock; they laid in six months 1,215 eggs.

I give them once a week red pepper in sour thick milk and wheat bran; I also are indeed coming after them, how differgive them rye, wheat, hulless oats, corn ently they would walk! If they smoke or and silver hull buckwheat, and I keep plenty of pounded oyster shells always they get angry they will see the same give them fresh water three times a day, into your keeping, to be returned at last, and clean the hen-house once a week. fitted for an endless future. Knowing corn. Out of eighty five young ones I lessly set poor examples for dear ones to have eighty that are as lively as crickets copy, and not only endanger our own souls at the present time, July 14, 1879.

Lehigh County Pa. D. N. KERN.

Nearing the Shore.

An old man sits in a worn arm-chair, White as snow is his thin soft hair, Furrowed his cheek by time and care, And back and forth it sways; nere's a far-away look in his dim, dlm eye, hieh tells of thoughts of the long-gone by, or he sits once more 'neath a cloudless sky And in childhood merrily plays.

e rests his check on the head of his cane, And happily smiling, dreams over again
Of that house, the brook, the meadow, the lane,
Dreams all with a vision clear;
Then childhood yields unto manhood's place,
And he looks once more in his clear bright far

Then he wakes and sighs: "It seems but a dream That comes to me now like a golden gleam Of the shimmering glow of the sun's last beam, But 'tis pleasant to think it o'er—That youth was so sweet, but now is past;

He is gliding on in his little boat;
O'er the calm still water they peacefully float,
But ceho full oft brings a well known note
From the land he has left behind;
But time will row back for him no more,
And he gazes away to that other shore,
And knows when the voyage of life shall be
That his dream beyond he will find.

The seeds of youth which in youth we sow Sweet words will echo to day-dreams bright And circle old age with their halos of light As they mingle in beautiful dreams.

The Presence of God. What do we feel about the presence of

ness, "Thou, God, seest me," to lay this the hour of trial, as in that of case, and One great recommendation of bran as pleasure, and content; and if so, with food for stock is that it makes the manure. what result? Does the thought of that pile so rich. A large proportion of the abiding presence bring us satisfaction and inorganic matter (ash) in bran is compos. peace, or apprehension and disquiet? If ed of the various phosphates, just what we feel no rest in it, no joy in it, we must most old soils need, these salts having been learn why it is so. It, must be because carried off in the mild and meat sold. We there is no sympathy between us and Him have seen wonderful changes produced on whose presence we feel unwelcome; beold farms by liberal feeding of cows with cause our lives- are moving on lines that wheat bran. The pastures in a few years lead us away from Him; because we carry have renewed their age. Rye bran is not in our hearts an accusing conscience that quite so rich in ash as wheat, but it makes | tells us we have not been true to Him, an excellent food for producing milk, as it that we have allowed the lusts of the flesh, or the snarcs of the devil, or the allurements of the world, or the worship of ido's that had no right to a place in our hearts, or perhaps mere pride or temper or folly to come between us and Him, in union with whom is our true life, and in obedience to whom is our true blessedness And if we are able to see this, then we must set earnestly to work, with God's help, to alter this state of things, to struggle against the temptation, to quench the passion, to overcome the failings which have been able to undo us and keep us apart from God, and to change our natural feeling of confidence and love toward Him into one of distrust and fear. To do this need a severe struggle and a strict discipoints of the fingers and thumb; insert struggle against these old enemies had recover its elactisity. The "good fight of Repeat the operation two or three times with which the brave soldier grapples with at intervals of about two days, and my the fee who he knows must yield. The of its Lord; delighting in that presence it

An Important Geological Fact.

-Good Words

He hath prepared for them that love Him.

Geology has shown us that nature accomplishes her greatest revolutions in the earth's surface conformation slowly. Every year the river makes its channel deeper, the glacier wears a deeper gorge in the Alpine rock, and the ocean tide deposits The better the preparation of the the sand it has crumbled from the rocks quake and the devastating hurricane; but ocean has given us a Florida. Thus it is development are seldom noticed until they have made an almost ineffaceable impres sion upon the system. Persons believing relief is almost impossible. Diseases of the well for us to lay out more labor on our Purgative Pellets are never-failing remeindigestion by regulating the bowels, and

Coming After.

A gentleman once said to his pastor, the generous treatment in one year or two. "How can I best train up my boy in the way he should go?" "By going that way yourself," wisely replied the minister. In the Telegraph of July 9th I saw This reminds us of a story told by Dr his hens, and that a flock of twenty-six fully over the projecting rocks, when fainthens laid 2,025 eggs in six months. I ly from below he heard a silvery voice call Poland hens that are a little ahead of his ing after you." His heart stood still as before them. During the hot weather I thing in their children. God gives lives The young chicks I feed with cracked well our feaiful responsibility, we yet care. but theirs.

CHRIST makes humility an essential A GARDEN should not be shaded by part of the work of conversion and insepalarge trees, since but few plants flourish rable from the heirs of his kingdom. He under shade and drip, while the strong went by the way of the cross to the crown, roots of trees often usurp all the soil, and and was nearest to his glory when he was appropriate to themselves all the best of lowest in his humility; and so must his followers be. - Baxter.

New Advertisements.

AND JARS

 \leq

respectfully

N

give

T

0

<

ARG

*

0

our

Z F

ROOM

OR

0

UR

hich

ALL

HO

CH

5

0

0

CI

E E

02

5

02

Goods

LARGE being

ST0

before the last

adv

ance, we

therefore,

للح

D

are

3

RCH

Bro

offer

at

to

the

Buyers,

Ξ.

order

to

Lumber.

Roofing & Plastering Lath,

-and other-

Building Material,

Always on hand.

Sawed & Lap Shingles,

Hemlock Boards.

A large lot on hand and sold at

The LOWEST PRICES We P

OLOW. all our

We have the largest and best assortment of Organs and Sewing Ma-CHINES ever brought to Huntingdon, and would respectfully invite all who desire to buy a Musical Instrument or Sewing Machine to call and see our stock. We have styles and prices to suit everybody, and will sell low for cash or monthly payments, and the rent allowed if purchased. We have a wagon running constantly delivering Organs and Sewing Machines. All kinds of Sewing Machines repaired. Piano and Organ Covers and Stools. friends Don't forget the place, west end of Penn street, near Fisher & Sons' Mill. NO OPTICAL DELUSION the

BRILLIANT REALITY

GREATBARGAINS!Come and See Me.

Watches, Clocks and Jewelry.

BUT A

Smiths' Music Store-Pianos, Organs and Sewing Machines

PENN STREET

Pianos,

Organs,

Violins,

Accordeous,

Guitans

INGDON,

A New Stock of Clocks Just Opened, Embracing

NICKEL, TIME AND ALARM. T. WILDAY BLACK, SOLE PROPRIETOR,

JEWELRY OF ALL KINDS.

No. 423 PENN STREET, HUNTINGDON, PA.

Aug.23.]

Repairing of all kinds done promptly.

Miscellaneous.

Miscellaneous.

From the Factory to the Wearer. Shirts of Superior Muslin, Extra Fine Linen Shield Bosom, Open Back, French Yoke, and completely finished for \$7.50 A DOZEN!! 62 CTS EACH

Bays' Shirts came price as above. Postage Stamps or Corrency taken. Cutalogue of goods rent with the came with NEW YORK FURNISHING CO., 421 Broadway, New York, U.S.A.

STATE NORMAL SCHOOL, JESSE R. AKERS. INDIANA, PA. BUILDING, the best of the kind in the United

States. ACCOMMODATIONS for 400 Boarders. SCHOOL, first-class in all respects. DEPARTMENTS, Normal, Classical, Commercial, THE FALL TERM of 15 weeks will open on

MONDAY, SEPTEMBER 8, 1879. EXPENSES as low as those of any other scho affording equal advantages and accommodation For Catalogue, address JOHN L. FRENCH, LL. D.,

Aug.8-2m. Dollars A MONTH guaranteed. \$12 a

day at home by the industrious. Capital not required; we will start you. Men, women, boys and girls make money faster at work for us than at anything else. The work is ight and pleasant, and such as any one can go right at. Those who are wise who see this notice will send us their addresses at once and see for themselves. Costly Outfit and terms free. Now is the time. Those obready at work are laving up large sums of money. Adventure of the service of A LLEGHANY HOUSE, Nos. 812 & 814 Market Street,

PHILADELPHIA. Very desirable location for Merchants and Professional TERMS MODERATE. Conducted by C. TRICKER. MS Street cars to all parts of the city are con-nually passing. [mch16,77

JOHN S. LYTLE, SURVEYOR AND CONVEYANCER SPRUCE CREEK. May 9,1879-1y. Huntingdon county Pa.

COME TO THE JOURNAL OFFICE

JOB PRINTING. If you was sale bills, If you want bill heads, If you want letter heads, If you want visiting cards, If you want business cards If you want blanks of any kind,
If you want envelopesneatly printed,
If you want anything printed in a workman

arerders at the above named office. WILLIAM W. DORRIS, Attorney-at-Law,

402 Penn Street, March 16, 1877-y BUY YOUR SCHOOL BOOKS MANUFACTURER,

WHOLESALE AND RETAIL DEALER IN

SEGARS,

TOBACCO,

AND

SNUFFS

ISMOKERS' ARTICLES.

Havana & Connecticut Seed

Segars a Specialty.

No. 408½ Penn St. Huntingdon, Pa 6000 A YEAR, or \$5 to \$20 a da

evenings and spare time to the business. It costs nothing to try the business. Nothing like it for money making ever offered before. Business pleasant and strictly hon orable. Reader if you want to know all about the bes paying business before the public, send us your address and we will send you full particulars and private term free; samples worth \$\frac{5}{2}\$ also free; you can then make up your mind for yourself. Address GEORGE STINSON Deptitand, Maine.

June 6, 1879-19.

KENDALL'S This remarkable medicing Cuab, Calous, &c., or any enlargement, AND WILL REMOVE THE BUNCH WITHOUT BLISTERING or cause SPAVIN in a sore. No remedy ever discovered el equals it for certainty of action in DRUGGISTS, or sent to any add B. J. KENDALL, M. D., Enosburg

C. F. YORK & CO.,

GROCERS

H. T. HELMBOLD'S ARION PIANO FORTE

COMPOUND

Fluid Extract

PHARMACEUTICAL!

SON

DISEASES

A SPECIFIC REMEDY FOR ALL

Bladder & Kidneys

S. S. SMITH & SON.

Helmbold's Buchu

DOES IN EVERY CASE.

BUCHU HELMBOLD'S

IS UNEQUALED

Rheumatism, Spermatorrhæa, Neuralgia, Nervousness.

> Dyspepsia, Indigestion, Constipation, General Debility, Aches and Pains,

Kidney Diseases, Liver Complaints, Nervous Debility, Epilepsy, Head Troubles,

Paralysis, Spinal Diseases. General Ill-Health, Sciatica. Deafness.

Decline, Lumbago, Catarrh, Nervous Complaints,

Female Complaints Etc., Etc., Etc., Etc., Etc., Etc., Etc.

Headache, Pain in the Shoulders, Cough, Dizzinessiour Stomach, Eruptions, Bad Taste in the Mouth, Palpiation of the Heart, Pain in the region of the Kidney and a thousand other painful symptoms, are the of prings of DYSPEPSIA.

BUCHU HELMBOLD'S

Invigorates the Stomach

And stimulates the torpid Liver, Bowels, and Kidneys to realthy action, in cleansing the Blood of all impurities and imparting new life and vigor to the whole system. A single trial will be sufficient to convince the most

PRICE, \$1 PER BOTTLE

OR 6 BOTTLES FOR \$5.

Deliver to any address free from observation

1. Give your nearest express office?
2. Your age and sex?
3. Occupation?
4. Married or single?
5. Height, weight, now and in health?
6. How long have you been sick?
7. Your complexion, color of hair and eyes?
8. Have you a stooping or erect gait?
9. Relate without reservation all you know about your case. Enclose one dollar as a consultation fee. Your letter will then receive our attention, and we will give you the nature of your disease and our caudid opinion concerning a cure.

H.T. HELMBOLD,

DRUGGIST AND CHEMIST,

PHILADELPHIA, PA.

Miscellaneous.

NEARLY OR QUITE DOUBLE THAT OF ANY OTHER MAKE

THE MARKET.

PATENT ARION PIANO,

WITH FOUR NEW PATENTS.

Penn street, Huntingdon, Pa.

BRAIDING AND EMBROIDERING.

At the old Stand in the Diamond,

HUNTINGDON, PA.,

Has just opened one of the largest and best as-

dec10,75]

STAMPING!

E. M. BRUCE & CO.,

CLAZIER & BRO.

DEALERS IN GENERAL MERHA Estey's Cottage Organs. DRY GOODS.

Dry-Goods and Groceries.

GROCERIES. QUEENSWARE

WASHINGTON Street, near Smith. Jan. 18, '71.

Drugs and Liquors.

S. S. SMITH & SON THE SWEETEST AS WELL AS THE MOST POWERFUL ORGAN IN 616 PENN STREET.

are dealers in

HUNTINGDON, PA.,

No. 1308 Chestnut St., PHILADELPHIA. Drugs, Medicines. S. S. SMITH & SON, Agents. CHEMICALS,

TOILET & FANCY ARTICLES STAMPING Having just received a fine assortment of Stamps from the east, I am now prepared to do Stamping

TRUSSES, SUPPORTERS,

AND SHOULDER BRACES,

Paints, Oils, Varnish, Car-

bon Oil Lamps, &c., &c. -ALSO-WINES AND LIQUORS,

Whiskies, Brandies, Wines, Gins,

for Mechanical, Medicinal, Sacramental and Family purposes. A pure article warranted in every case.
They are also Agents for the Davis Vertical Feed Sewing Machine

Best in the world for all purposes April 28, 1876-y Travellers' Guide.

of all kinds to be found in any establishment outside of the large cities, I sell none but the best, and GUARANTEE SATISFACTION in every case. DENNSYLVANIA RAIL ROAD. Summer Arrangement. TIN, COPPER WESTWARD

I am prepared to do all kinds of Gas Fitting and repairing at reasonable rates. I am also Agent for the sale of COLCLESSER'S p.M., A. M. P. M. Ja. M. The Fast Line Westward, leaves Huntingdon at 6 28 P. M., and arrives at Altoona at 7 40 P. M.
The Pacific Express, Eastward, leaves Huntingdon a 8.36, am, and arrives at Harrisburg 11.30 a m.
The Philadelphia Express, Eastward, leaves Huntingdon at 10.02 p, m, and arrives at Harrisburg at 12.35 a m
The Day Express, Eastward, leaves Huntingdon at 1.20 p. m, and arrives at Harrisburg at 3.55 p. m.

Axes, Picks, Mattocks, Etc., THE BEST IN THE MARKET. The public are respectfully invited to call, examine goods, and hear prices. With a determination to please and render satisfaction, I solicit a

General Merchandise.

IS CONSTANTLY RECEIVING

NEW GOODS.

and is now prepared to offer

SPECIAL BARGAINS

Men's Working Suits,

Best Casimere Suits,

Good Coat.

Winter Pants,

Men's Boots,

Roofing and Spouting

HUNTINGDON AND BROAD TOP tion to please and reasons share of public patronage. W. S. BAIR. RAILROAD. Winter Arrangement. Huntingdon, Pa., March 14, 1879.

On and after OCT., 13, 1878, Passenger Trains will NORTHWARD SOUTHWARD. Benj. Jacob MAIL. | EXP. DEALER IN

10 15 Saxton 10 30 Riddlesburg ...

EXP. | MAIL.

SOUTHWARD. NORTHWARI No. 1. EXP. A. M. \$5.00 2.50

> STATIONS.

LIVER COMPLAINTS, KIDNEY DISEASES,

and PILES. DR. R. H. CLARK, South Hero, Vi., says, "In cases of KIDNEY TROUBLES it has acted like a charm. It has cured many very bad cases of PILES, and it has never failed to actelletatly."

E. M. SUTTON, of Burlington, says, "As a Liver invigorator it is without an equal. I use it to prevent and cure headache, and all billous attacks."

NELSON FAIRCHILD, of St. Albans, Vi., says, "Itisof priceless value. After sixteen years of great suffering from Piles and Costiveness it completely cured me."

eured me." C. S. HIGGABON, of Berkshire, says, "one pack-age has done wouders for me in completely curing a sovere Liver and Kidney Complaint."

IT HAS WONDERFUL WHY POWER.

BECAUSE IT IS THE ONLY MEDICINE THAT

One package will make six quarts of Medicine.

Teas from 60c to \$1.00 per pound; Sugars, 9c, 10c, 11c and 12c per pound, and all other goods equally low for Cash or country produce.

Will be pleased to have you call and examine and hear prices before purchasing elsewhere.

Jan. 3-79]

CHILDREN TO INDENTURE.

A number of children are in the Alms House who will be Indentured to suitable parties upon application to the Directors. There are boys and girls from two te elever years of age. Call upon or address, The Directors of the Poor of Huntirg don county, at Shirleysburg.

[oct4, '78-15-

HUNTINGDON, PA

TO SUIT BUYERS. COLORED PRINTING DONE AT Motto: The Best Goods at the Lowest Prices. March 14th, 1879-lyr.

WHOLESALE AND RETAIL

SOLD EVERYWHERE!

Boys' Boots, 1.25Ladies' Sewed Shoes, best, SPRING GOODS, DRESS GOODS, DRESS GOODS, GROCERIES, GROCERIES.

Don't forget the place,

COR. FIFTH & PENN STREETS

Oct.11,'78. TO THE AFFLICTED. SPECIAL NOTICE.

Mountaineer," formerly of this place, and now of Youngstown, Ohio, has left with the undersigned an agency for the sale of his Invaluable Remedies

DR. GEO. FERARD, better known as the "Old

In the cure of all diseases so successfully treated by him when here. His celebrated ROCKY MOUNTAIN TONIC,

all diseases of the Liver, will be kept constantly on hand, while his remedies for diseases of Kid-neys, Gravel, Diabetes, Dropsy, Neuralgia, Catarrh, Tetter, etc., etc., will be procured for persons ordering them, promptly and at the short-Persons afflicted with disease would do well to avail themselves of this opportunity of procuring relief. Medicines will be forwarded by mail or express to any part of the country, when ordered.
Address R. McDIVITT,
july5-tf.] Huntingdon, Pa.

Penn St. Will be found the best Syrups at 50c, 6dc, and 70c per gallon; New Orleans Molasses at 75c per gallon; best green Coffee 20c per pound, or

\$1.00 to 4.00 \$10.00 EAST BROAD TOP RAIL ROAD 2.00 Men's Best Double Soled Boots, 2.75 On and after December 4, 1876, trains will NORTHWARD MAIL. MAIL No. 2. No. 4 P. M. P. M

CONSTIPATION

BECAUSE IT IS THE ONLY MEDICINE THAT
ACTS ON THE LIVER, BOWELS AND KIDNEYS
ATTHE SAME TIME. *

Because it cleanses the whole system of the poison
ous hamors that otherwise develope in Billiousness,
Jaundice, Constipation, Kidney and Urinary discases, or Rheumatism and Lumbago, and which in
women, disorder every function and bring on weakness and disease.

If you want to be well in spite of yourself, use KIDNEY-WORT. It is a dry vegetable compound, and

Buy it at the Druggista, Feb.28,1879-y1.