

THE CENTRE REPORTER ISSUED WEEKLY. CENTRE HALL, PENNA.

SMITH & BAILEY, Proprietors S. W. SMITH, Editor EDW. E. BAILEY, Associate Editor and Business Manager.

Entered in the Post Office in Centre Hall as second class matter. TERMS—The terms of subscription to the Reporter are \$1.50 a year, in advance. Legal advertising at the rate of ten cents per line each insertion. Display advertising rates made known on application.

SUNDAY CHURCH SERVICES

PENNS VALLEY LUTHERAN CHURCH (Rev. L. Arthur Wagner, Pastor) Centre Hall—9:00 A. M. George Valley, 10:30 A. M. Farmers Mills, 7:30 P. M.

CENTRE HALL REFORMED CHURCH (Rev. Delas B. Keener, Pastor) Centre Hall—1:30—Church School. 3:30—Church Worship. 7:30—Drama (Biblical) —(Release) by Dorothy Clarke Wilson. Presented by a Young People's Cast of Characters. Everybody cordially invited.

METHODIST EPISCOPAL (Rev. Seth Russell, Pastor) Centre Hall—9:30—Morning Worship. 11:30—Sunday School. Spruce-town—United Service, 10:00 A. M. Spring Mills—9:30—Sunday School. 7:30—Evening Worship.

EVANGELICAL (Rev. W. K. Hosterman, Pastor) Centre Hall—Sunday School, 9:30 A. M. Worship Service, 7:30 P. M. Spring Mills—Sunday school at 9:30 A. M. Worship Service, 10:30 A. M. Bethesda—Worship Service, 2:00 P. M.

PRESBYTERIAN (Rev. J. M. Kirkpatrick, Pastor) 9:30—Morning Worship. 10:30—Sunday School.

POLITICAL ANNOUNCEMENTS.

For General Assembly. We are authorized to announce the name of John W. Decker, of Gregg Township, as a candidate for the office of Representative in the General Assembly, subject to the rules governing the Democratic party as expressed at the primary election to be held Tuesday, April 28, 1936.

Potters Mills.

Mr. and Mrs. J. M. Carson, accompanied by Mr. and Mrs. Burton Fetterolf, of near Centre Hall, visited over the week-end with Mr. Carson's two daughters in West Chester.

Miss Amelia Copenhaver and gentleman friend from Phillipsburg, visited over the week-end at the home of her parents, Mr. and Mrs. H. E. Foust.

The five children of Mr. and Mrs. Caskey of Lock Haven, are spending some time at the home of their grandparents, Mr. and Mrs. Ed Sweetwood. They were brought here owing to flood conditions in the city and their father being confined to a hospital.

The movings in this locality are: Earl Grove from the Meeker farm to the Fred Wells farm, near Centre Hall; Lester Rossman onto the farm vacated by Grove; Roy Royer from the John Royer farm into the Frank Phillips home; Thomas Shaffer from Centre Hall onto the farm vacated by Royer; Bruce Krumrine from the Emerick farm into the Frank Phillips home; Mr. Wilson from Millin county onto the farm vacated by Krumrine; Irvin McClellan from the Auman farm to the Reiber farm at Colyer; Fred Royer into the house vacated by McClellan; Lloyd Ripka from Spring Mills into the Mrs. Witmer house at the garage.

Harry Burley and family of Altoona called Sunday at the G. H. McCormick home.

Alvin Zellers and family, of State College, visited on Sunday at the home of her parents, Mr. and Mrs. E. B. Palmer.

Mr. and Mrs. G. H. McCormick, accompanied by Mr. and Mrs. W. E. McCormick of Centre Hall motored to Lock Haven on Sunday to visit Mrs. McCormick's aunt and see flood conditions.

CENTRE COUNTY HOSPITAL NOTES.

Last Week. Monday, discharged: Mrs. Kenneth M. Slack and infant daughter, Centre Hall, R. D. Tuesday, discharged: Mrs. Abner G. Acker, Colyer. Wednesday, discharged: Miss Wilma Stitzer, Millheim.

There were 56 patients in the hospital at the beginning of this week.

The Gruenwald horse sale, Saturday of this week, at 1:30 o'clock. A good load of South Dakota horses and mules will be offered here.

Deaths

WIELAND—Mrs. Carrie M. Wieland, wife of Frank E. Wieland, died at her home at Linden Hall, early Tuesday morning from complications after a long illness.

Funeral services will be held from the home this (Thursday) afternoon at 2:30 o'clock, her pastor, Rev. J. M. Kirkpatrick, of the Presbyterian church, to officiate. Burial will be made at Boalsburg.

The deceased is survived by her husband and two daughters, Mrs. E. F. Brouse, Norristown, and Miss Mildred, teaching at Collingswood, N. J.; also, by three sisters and two brothers, namely, Miss Gertrude, Miss Maude and Mrs. Sarah Lemon, at the homestead in Ferguson township; J. S. Miller, State College, and Blair Miller, Hollidaysburg.

Deceased was born at Aaronsburg, November 15, 1870, making her age at death 65 years, 4 months and 16 days, and was a daughter of John M. and Elizabeth Watt Miller.

Before her marriage, Mrs. Wieland engaged in teaching school, having made preparation for that profession. The Wieland family have lived at Linden Hall for thirty-nine years. The deceased was highly regarded in the community in which she lived, having been deeply interested in her home, her children and her church, and never failed to respond to a call for community service.

WINKLEBLECH—Mrs. Henry S. Winkleblech, of Aaronsburg, died at the home of her daughter, Mrs. A. C. Mingle, in Coburn, on Saturday, from a complication of diseases. Services were held on Tuesday from her late home in Aaronsburg and burial made in the Lutheran cemetery.

Mrs. Winkleblech was born at Wolfs Chapel November 29, 1869, the daughter of Mr. and Mrs. Emanuel Musser. She was married on October 3, 1888.

She is survived by her husband, Henry Winkleblech, and two children, Paul, of Aaronsburg, R. D., and Mrs. A. Mingle, of Coburn. Also surviving her death is one sister, Mrs. William Winkleblech, of Aaronsburg, and five grandchildren.

The deceased was a member of the Lutheran church at Coburn.

REED—William Reed, found partially submerged in water near the intersection of the Mayer mill race with Spring Creek at Roopsburg, early Wednesday morning of last week, died before he could be carried to his home only a short distance from the scene.

Mr. Reed was 54 years of age. The man who found him notified a son, George Reed, who with a grandson pulled him from the water and started to carry him home, with the above noted result.

A brief inquest was conducted by Coroner Heaton.

The deceased was born near Lamar, Clinton county, but spent most of his life in Bellefonte. His wife died four years ago.

He is survived by seven children: William, Doris and John, of Bellefonte, and George of Roopsburg; Mrs. Maud Punnell, of Yarnell; Mrs. Elizabeth Baragg, Altoona, and Daisy of Tyrone. One sister, Mrs. Margaret Mills, of Tyrone, and one brother, Milton Reed, of Bellefonte, also survive.

BENNER—Harding Benner, 15, died at the home of his parents, Mr. and Mrs. Warren W. Benner, near Madisonburg, early Monday morning.

During last August an X-ray taken revealed a tumor on the brain, which was removed at the University of Pennsylvania hospital, Philadelphia. Relief was given until a few months ago.

The parents and a sister and three brothers survive him, namely, Catharine, Elmer, Roy and Glenn.

ROLLER—Elmer E. Roller, a former burgess of Unionville, died at his home in that place. Burial was made at Oak Ridge cemetery nearby, on Friday.

DR. LUKENBURG TELLS OF CRIPPLED CHILDREN'S CLINIC

At a recent meeting of the Junior Women's Club, held in Phillipsburg, Dr. Lester Lukenburg, of that city was the guest speaker, telling of the work being carried on at the Crippled Children's Clinic. Among other things he said:

He divided the crippled children into two distinct classes—congenital of those which are inherited and the acquired which are due to disease or accident. In the inherited type are club feet, wry neck and dislocated hips. Club feet are usually satisfactorily treated by braces. Dislocated hips usually become evident when the child begins to walk. If uncared for, the gait becomes very bad and the child is doomed to a life of pain and discomfort. It is almost impossible to obtain satisfactory results from treatment after the child has reached the age of eight.

There are two methods for treating dislocated hips—the one namely: the open method where surgery is resorted to and sometimes a new socket formed, and the second, the closed where results can be obtained without the use of surgery. Wry neck is effectively treated by stretching and massaging the muscles of the neck and applying braces. In more severe cases surgery is sometimes necessary.

The effects of infantile paralysis heads the list of the acquired type. Where it occurs between the ages of ten months and three years it is usually most severe. In older people the danger of a marked deformity is considerably lessened. Paralysis is due to the destroying of the nerves from the spinal cord. A complete rest, the use of splints aided by diathermy and massage can often effect a cure. In tuberculosis of the bone the onset is slow and early diagnosis difficult. The symptoms of this are fever, loss of appetite and tiredness. If it is left so the bone collapses, though a complete cure cannot be hoped for, with the aid of rest, fresh air, and sunshine, the disease can often be arrested.

In other bone infections severe pain is suffered and an acute illness results. Prompt treatment and the removal of diseased parts are required to effect a cure.

Six per cent of the acquired type are due to rickets which result from malnutrition in infancy. Braces are usually applied in such cases and a corrected diet prescribed.

All through his talk the speaker stressed the necessity of early diagnosis and treatment. Time, patience and cooperation of both the patient and physician are required for it is often many years till the results of treatment are made manifest.

Boalsburg.

The Civic Club will meet at the home of Mrs. J. D. Patterson, Friday evening, April 2, at 8:30.

Mr. and Mrs. McQuigg and Mr. and Mrs. Forest Dry, of Tarentum, were guests of Mr. and Mrs. Matthew Goheen on Saturday night.

Miss Vera C. Brungart, of Washington, D. C., Mr. and Mrs. Whitekettle and son, of Snow Shoe, and Mr. and Mrs. Richard Goheen and family, of Indiana, were among the out-of-town relatives who attended the funeral of Mrs. Alice Meyer, on Wednesday.

The ladies of the vicinity are invited to bring their dressmaking and re-modeling problems to the M. W. Goheen home on the afternoon of April 3rd. Miss Eleanor Smith will be present to help solve your problems.

Mr. and Mrs. Luther K. Dale, Miss Margaret Dale and Frederic Dale were entertained at dinner at the home of Mr. and Mrs. Ralph Dale, of Bellefonte, on Saturday evening.

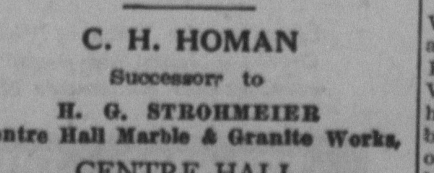
Miss Anna Dale spent Sunday evening with her cousin, Mrs. Laura Krebs, in Pine Grove Mills.

Miss Della Lehler, of Howard, is spending several days at her Main street home.

Mrs. Samuel Homan and daughter, Miss Mary Ellen Homan, of Penna. Furnace, spent a day last week with Misses Mary Relsh and Nora Miller.

A telegram from Tacoma, Wash., received Monday, announced the death by accident, of Wm. H. Fry, a brother of Mrs. John Kimpfort. No particulars were given.

Is your subscription due?



A Monument Erected - to the memory of a loved one is a substantial expression of your lasting affection. To select one that will be appropriate requires careful consideration—for it must last through all the years to come. Let us co-operate with you by submitting suggestions based upon our wide experience as memorial sculptors.

C. H. HOMAN Successor to H. G. STROHMEIER Centre Hall Marble & Granite Works, CENTRE HALL

Now It's Balanced Vitamins

Feeding for Disease Prevention—and Maximum Production—Requires a Full Use of Our Knowledge of Vitamins.

By Dr. S. E. Peterson.

Why is it that so many doctors use little or no medicine in correcting the ailments of their patients? Because a big proportion of the ailments are nutritional disturbances caused by faulty foods deficient in Vitamins. Many respiratory and intestinal disorders, as well as a large percentage of cases of stomach ulcers, are now being treated by a diet rich in every Vitamin.

What has been accomplished in preventing and correcting disease in human beings, and rendering apparently well people more efficient in their daily work is also being done with farm animals. It all goes to prove one point: It is easier to keep well than to get cured. And what must one have to maintain the highest degree of health and efficiency? A correct diet.

What constitutes a correct diet? Balance. And this is, specifically, a three-way balance: 1. protein fat, carbohydrates balance; 2. mineral balance; and most important of all, 3. Vitamins balance. This three-way balance is the desired end in farm animal and poultry feeding and will result in increased resistance to disease, better growth, and maximum results. Since Vitamin balance is the most important, and only when we have this balance do we get foodstuffs and mineral balance, it is the purpose of this article to explain briefly how Vitamin balance may be secured.

Vitamin Alphabet The first Vitamin that we ever heard much of commercially was Vitamin D, thought to be found in cod liver oil. Now we know of several other sources of Vitamin D. Next, we heard of Vitamin A. Then came along Vitamin B, and Vitamin C. Later on, two more Vitamins were discovered: G and E. Here we have quite an assortment of Vitamins: A, B, C, D, E, and G, each playing an important and specific role. Let us see how important each of these Vitamins is.

We have said that Vitamin balance is the most important part of poultry and animal nutrition. Just what is meant by Vitamin balance? We speak of balance of power, and balance of trade. We have balanced construction in machinery, balanced farm operations and balanced rations. One of Webster's definitions of balance is equilibrium, or due proportion. A due proportion, then, not of one or two Vitamins, but of all six of them: Vitamins A, B, C, D, E and G, constitutes Vitamin balance. Vitamin unbalance may have definite toxic effects, just as surely as a partial deficiency of all, or the complete absence of one.

Each Vitamin has its own specific function to perform; one Vitamin cannot replace another. And the peculiar thing about Vitamins is that each one mutually reinforces or strengthens the other. It is not correct to attribute a specific action to any one Vitamin alone for that one Vitamin gets so much help from other Vitamins. Let us take the Vitamins individually, and see how they reinforce each other.

Vitamins and Growth Vitamin A is chiefly called the growth-promoting Vitamin. We must assume that anything which increases size and weight should be called "growth-promoting." Vitamin A definitely does this. But it would be amiss to call any one Vitamin THE "growth-producing" Vitamin. Why? One of the essential actions of the anti-neuritic Vitamin B is the correction of anorexia, or loss of appetite. Why does one lose his appetite? Because he is not hungry. What causes hunger? Contraction of the stomach and intestinal muscles. In Vitamin B deficiencies, the nervous system is impaired and these muscles have lost their contractile power. This is called gastro-intestinal atony, or loss of muscle tone in the stomach and the intestines. Vitamin B added to the diet corrects this deficiency. The nervous system is strengthened. Muscular contractions occur. The secretion of digestive juices is stimulated. Hunger is resumed. Appetite is restored. Food intake naturally increases. Can we then correctly call Vitamin B THE "growth-promoting" Vitamin?

We have seen also that the anti-pellagra Vitamin G, when taken along with Vitamin B (these two Vitamins are closely associated in nature), greatly increases the latter's action in correcting loss of appetite. Restoration of appetite, again, means promotion of growth. Can we point our finger at G and say that it is THE "growth-promoting" Vitamin?

We have always associated Vitamin D with the prevention and correction of rickets. Yet Steenbock and Drummond have observed that there is a definite relationship between the growth-promoting action of Vitamins A and D in cod liver oil and that D exerted its full growth-promoting action only in the presence of Vitamin A.

Here we have four Vitamins—A, B, D and G, all growth-promoting and working in harmony, each reinforcing the action of the other.

Vitamin A is also called anti-infective; but this term is incorrect. Vitamin A prevents infection by virtue of its functioning and maintaining the normal defenses of the mucous membranes, particularly in the respiratory tract. In Vitamin A deficiency there is an atrophy, or shrinkage, of the mucous secreting cells, allowing disease germs to penetrate and enter the blood stream. However, there is considerable evidence that Vitamins B, D and G also play specific protective roles, and prevent various infections.

A—increases resistance to infection, promotes better appetite, digestion and growth, materially helps in reproduction and the nursing of the young, and prevents ophthalmia, or night blindness; B—tones the nervous system, improves appetite and digestion, promotes rapid growth, is extremely important in lactation or nursing, and increases resistance to infection; C—improves the skin fur, plumage and bone growth and assists in mineral metabolism. D—prevents rickets, is important in bone, teeth, feather and fur development; plays a protective role in disease prevention and is extremely valuable in the assimilation of calcium and phosphorus. E—absolutely essential in reproduction, increases fertility and hatchability of eggs, and prevents muscular weakness and paralysis. G—promotes more rapid growth and early maturity, prevents pellagra or black tongue, leg paralysis in chickens, improves the skin, fur and plumage, and aids in the prevention of infection.

TRANSFERS OF REAL ESTATE L. Maynard Barger, et ux, to Rosalie Yearick, of Bellefonte; tract in Potter twp.; \$1. Rosalie Yearick to L. Maynard Barger, et ux, tract in Potter twp.; \$1.00. M. W. Breen, et ux, to Norman F. Douty, et ux, of Roopsburg, tract in Miles twp.; \$500.

Whitlock Quarries began operations on Monday, having been closed since the beginning of the flood period.

Public Sale Register

Sale notice under this head is carried free of charge when bills are printed at this office. To all others the charge is \$1.00.

SATURDAY, APRIL 18, 12 o'clock noon at Spring Mills, Mrs. J. A. Wagner will sell full line of household goods and furniture.—E. M. Smith, auct.

PENNY-A-WORD COLUMN.

Use pays for a four-line ad. in this column. These little ads. are wonderful workers in the way of results. Advertise anything here, from a "Wish Wanted" to a House and Lot for sale.

AUTO KEY LOST—Key to 1933 Chevrolet, together with two or three other keys.—C. E. Bradford, Centre Hall.

SEED POTATOES—First and second grade Dooley seed potatoes for sale; sprayed stock. Call 185R14, Centre Hall.—M. A. Burchholder. 2t

FOR SALE—A limited amount of nice re-cleaned clover seed.—S. Thos. Swartz, Tusseyville. x15

FOR SALE—Loose alfalfa and mixed hay.—Fred Slack, Centre Hall; phone 181R3. 2t

PLANTS FOR SALE—Cabbage, tomato and Collard plants, all started —50¢ plants, 75¢; 1000 plants, \$1.25, prepaid. Sweet Potato, Pepper and Egg Plants, all assorted; 500 plants, \$1.00; 1000 plants, \$1.75, prepaid.—Good plants; prompt shipment.—DORRIS PLANT CO., Valdosta, Ga.

CLOVER SEED—Re-cleaned home-grown clover seed, \$10 per bushel.—Frank Dashem, Centre Hall, R. D.; telephone 184R11. x15

CLOVER SEED, Re-cleaned, for sale. Sample may be seen at Stover's Grain House.—William Glasgow, Centre Hall; phone 73R13. x15

CLOVER SEED.—Re-cleaned, first grade clover seed is offered for sale at \$2.00 a bushel.—Irvin A. McClellan, Spring Mills, R. D. 1; (3/4 mile east of Potters Mills). 2t

WANTED—Market chickens of all kinds; tankage sold, \$1.75 per cwt.—A. M. Reigel Centre Hall; phone 11—

EXECUTOR'S NOTICE.

In the Estate of DAVID L. GEARY, late of Potter Township deceased. Letters testamentary on the above estate having been duly granted the undersigned, all persons knowing themselves indebted to the estate are requested to make immediate payment, and those having claims against the same to present them duly authenticated for settlement.

WALLACE M. GEARY, Executor, Johnston & Johnston, Centre Hall, Pa. R. D. 1 x16

ADMINISTRATOR'S NOTICE.

In the matter of the Estate of WITMER E. LEE, late of the Borough of Centre Hall, Centre County, Pennsylvania: Letters of Administration on the above estate having been granted the undersigned, all persons indebted to the said estate are requested to make payment and those having claims to present the same without delay to

CHARLES C. DUCK, Administrator, Lewistown, Pa. or MAZIE E. LEE, Centre Hall, Pa. x15

INSURANCE AND REAL ESTATE

WANT TO BUY OR SELL? SEE US FIRST.

C. D. BARTHOLOMEW CENTRE HALL, PA.