*FOOTPRINTS OF DINOSAUR

Miners in a coal mine at Chandler, Colo., recently found the footprints of a giant dinosaur, which must have waded through the mud some 5,000 years ago, reports the Seattle Post Intelligencer.

Mothers read this:



A cleansing dose today; a smaller quantity tomorrow; less each time, until bowels need no help at all.

Why do people come home from a hospital with bowels working like a well-regulated watch?

. The answer is simple, and it's the answer to all your bowel worries if you will only realize it: many doctors and hospitals use liquid laxatives.

If you knew what a doctor knows, you would use only the liquid form. A liquid can always be taken in gradually reduced doses. Reduced dosage is the secret of any real relief from constipation.

Ask a doctor about this. Ask your druggist how very popular liquid laxatives have become. They give the right kind of help, and right amount of help. The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara - both natural laxatives that can form no habit, even in children. So, try Syrup Pepsin. You just take regulated doses till Nature restores regularity.

Franz Josef Fiord The 25,000 square miles in the region of Franz Josef Fiord of Greenland is reported to be rich in Arctic animals and plant life.

Beware Coughs from common colds That Hang On

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm anes as the germ-laden phlegm loosened and expelled.

Even if other remedies have alled, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

Sentinel's Inquiry 'According to army regulations the correct inquiry of a sentinel on guard is, "Halt! Who is there?"



For headache, neuralgic, or mus-cle aches, and periodic pains, use either Capudine Liquid or Capudine Brand Tablets.



Quick, Complete Pleasant

Let's be frank. There's only one way for your body to rid itself of the waste mat-ters that cause acidity, gas, headaches, bloated feelings and a dozen other disnforts-your intestines must function.

To make them move quickly, pleas-antly, completely, without griping. Thousands of physicians recommend Milnesia Wafers. (Dentists recommend Milnesia wafers as an efficient remedy for mouth acidity).

for mouth acidity).

These mint flavored candy-like wafers are pure milk of magnesia. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly in accordance with the directions on the bottle or tin, then swallowed, they correct acidity, bad breath, flatulence, at their gource and at the same time enable quick, complete, pleasant elimination.

Milnesia Wafers come in bottles of 20

Milnesia Wafers come in bottles of 20 and 48 wafers, at 35c and 60c respectively, or in convenient tins containing 12 at 20c. Each wafer is approximately an adult dose of milk of magnesia. All good drug stores carry them. Start using these delicious, effective wafers today.

Professional samples sent free to registered physicians or dentists if request is made on professional letter head.





"Sleepwalker Aloft"

By FLOYD GIBBONS Famous Headline Hunter.

WELL, sir, I've been around boats a little during my life, and I've

seen a few of the old-fashioned windjammers. It has been my luck, also, to see the sailors go aloft to take in sail, and the way they scoot around up there in the rigging just about takes my breath away.

I wouldn't risk my life climbing around on those masts for any amount of money. But if I did, by golly, I'd want to be wearing a safety belt strapped around the mast, and have a fireman's net spread out down at the bottom, waiting for me to fall into it.

Certainly I wouldn't want to repeat the performance of Richard O. Malmberg, for this lad didn't do a thing but go playing around in the rigging of a sailing vessel in his sleep.

All through his childhood, Dick Malmberg's parents had trouble with him because of that habit he had of walking in his sleep. When he grew up and went to sea, Dick thought he'd outgrown the habit. But-well-read his yarn and see for yourself.

Sleep-Walking in Strange Southern Seas.

Dick's first trip to sea was on the bark Birma, bound for the South African coast with a load of lumber. It was in the late fall of 1905, and the Birma was ploughing

through the seas off the cape of Good Hope when he took a notion all unbeknownst to himself-to take another one of those somnambulatory strolls of his.

And since Dick didn't know anything about it till along toward the end, we'll have to tell the first part of this yarn as it was seen by the skipper, the mate and the helmsman of the Birma. It was the mate who first noticed something strange flitting about in the

rigging. It was a clear, moonlight night and in the half-light the mate thought it was a ghost. It was climbing out on the upper top-gallant yard-arm-a silent, white

figure that moved and acted like a man. At first, the mate thought he might be creating that figure in his

own imagination. Part of the main upper top-gallant sail had broken loose and was flapping and clapping in the wind, and the mate wasn't quite sure but the figure he thought he saw was just another bit of flapping sail-cloth. He called the attention of the helmsman to the thing, and asked him what

An "Angel" Walks the Good Ship Birma's Rigging. "Looks like an angel to me, Mr. Mate-or maybe a nymph," said the

Together they stood and stared at the thing, until they were interrupted by the approach of the skipper. And the skipper it was who solved the problem. He peered up at the top-gallant yard-arm, at the flaping sail end, and at the white thing that looked like a man, and began barking orders.

"Mr. Mate," he snapped, "we have a sleepwalker to do with. I've seen this once before. Send a couple of men aloft and have them strictly understand that they must approach that boy as quietly as possible. If they don't, he'll wake up, lose his head, and drop."

Two seamen had already started up the mast, moving as quietly as they could in their effort to save the lad who was doomed to certain death if he



He Found Himself Perched on the End of a Yard-Arm,

woke up, when, to their horror, they saw him climbing out to the end of the yard.

They worked their way to that yard as rapidly as possiblestopped to make fast the violently whipping flap of canvas lest it get In the way of the rescue.

Then, while they were working, a sudden gust of wind caught in the small end of the sail cloth. It whipped violently, gave a loud, thundering clap, and the report woke the sleepwalker. He jerked up suddenly, lost his hold and fell from the yard.

The first thing Dick Malmberg remembers is waking up at a loud, cracking noise and finding himself high in the air, perched on the very end of a yard-arm,

Dick Wakes Up to Find a Fine Predicament.

The shock of the awakening brought him upright with a jerk. He lost his hold and tumbled backward. And in that one fleeting moment he went through an agony of surprise and fear. He could hardly believe that the thing happening to him was pos-

sible. Yet, in his heart, he knew it was, He clutched frantically at the yard as he went past it, missed, and

His fate now, he knew, was to crash to the deck and be crushed to death by the weight of his own hurtling body.

Miracle of Canvas Saves This Seaman's Life. He saw himself lying on the deck, broken and bleeding, his smashed body

making an ugly red smear on the white holystoned planking. Then, almost before he had started, he felt his fall being arrested -found himself floundering around in a sea of something that was hard and rough and white.

It was a moment or two before he could collect his senses. Then he realized what had happened. Instead of falling to the deck, he had dropped into the bag formed by the half-secured piece of flapping sail. was safe and sound, in an improvised cradle, not three feet from the

point where he had started falling, Strong hands grabbed his legs then as the two seamen pulled him out and began carrying him down the rigging. He reached the deck shivering, weeping, and stark naked-owing his life to the keen understanding and quick thinking of the skipper of his ship.

Q-WNU Service

District of Columbia's

Leap Year Law Is Broad Leap year is an institution established by law in the District of Columbia, one of the oldest sections of the District code being devoted to the method to be employed in determining

which are leap years "in all times It is set forth in the code that "the

several years of our Lord, one thousand eight hundred, one thousand nine hundred, two thousand one hundred, two thousand two hundred, two thousand three hundred, or any other hun-dredth years of our Lord, which shall Star. happen in time to come, except only every fourth hundredth year of our Lord, whereof the year of our Lord two thousand shall be the first, shall not be esteemed or taken to be bissextile or leap years, but shall be taken

to be common years, consisting of three hundred and sixty-five days and no more; and that the years of our Lord two thousand, two thousand four hundred, two thousand eight hundred, and every fourth hundred year of our Lord, from the said year of our Lord two thousand, inclusive, and also all other years of our Lord, which by the Julian calendar are esteemed to be bissextile or leap years, shall for the future, and in all times to come, be esteemed and taken to be bissextile or leap years, consisting of 366 days, in the same sort and manner as was used under the Julian calendar."-Washington

Habits of Kingfisher In Germany kingfishers are known as "Ice birds," presumably because they are frequently seen about a hole in the ice, searching for fish.

Rubbing the Eyes a delicately you frame your eyes, the **Dangerous Practice**

Mascara, eye shadow and brow pencil if judiciously applied spell glamor, but they're not the whole in the mirror.

and reddened. Then, no matter how eyes, don't rub them. Rubbing your sclous humanity.

When the eyes feel and look all

soothe and refresh them. A lotion has no strengthening epithet. effect-go to a good oculist if you story when the eye question comes lessen the danger of eye infection do to them and it leaves them an unup-as it does every time you look because it removes irritating partibecoming red without giving any real

CALLS FOR ACTIONS

Silence is effective as a form of blurry, a few drops of lotion help to contempt; but not a patching to a denunciation with 14 kinds of

feel in need of that-but it does eyes is just the worst thing you can cles, and it's safe to use. Speaking relief at all. That's where a good Eyes can be dusty, tired, weary of safety-if you're fond of your lotion is somebody's gift to eye-con-

> "My baking gets more bouquets—and I save, too!" SAYS MRS. C. H. MeINTOSH, 854 EASTWOOD AVENUE, CHICAGO, ILL.

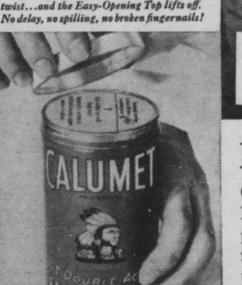
Lowest Prices Ever on Calumet Baking Powder!

"It's certainly good news that Calumet is selling at new low prices," Mrs. McIntosh says. "I do a lot of baking, and when I can get a full pound can of reliable Calumet for only 25c, I'm pretty pleased with my-

Her son Jack settles down to some of Mother's famous coffee cake, and pays for it with a big smile.

AND LOOK AT THE NEW CAN! A simple twist ... and the Easy-Opening Top lifts off.

NG POW



WHY IS CALUMET DIFFERENT from other baking pow-ders? Why do you have to use only one level teaspoonful of Calumet to a cup of sifted flour in most recipes? Because Calumet combines two distinct leavening actions. A quick action for the mixing bowl—set free by liquid. A slower action for the oven—set free by heat.

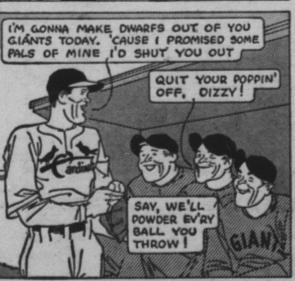
New! Big 10# Can!... Calumet, the Double-Acting Baking

Powder, is now selling at the lowest prices ever... The new-size can is yours for a dime! And the regular price of the Full-Pound Can is only 25c! A product of General Foods.

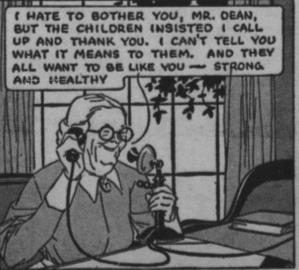
DIZZY DEAN keeps a promise!













Boys! Garls!... Get Valuable Prizes Free!

