

**MOUNTAIN IN OCEAN**

A mountain peak 11,000 feet high has been found rising from the bottom of the sea, 60 miles off San Nicholas Island, off the coast of Long Beach, Calif., according to Capt. O. W. Swainson, commander of the coast and geodetic survey ship Pioneer.

**When Sentiment Fades**

At a certain period in one's life souvenirs become junk.

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**Soviet "Luxury Train"**

Radio, telephones, a library and a special car for "culture and rest" are some of the features of a "luxury train" running between Moscow and Tiflis, Russia.

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**Author's Lament**

I am tempted to think that in this silly world only the impossible can win belief.—Rupert Hughes.

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**MILNESIA WAFERS**  
The Original MILK OF MAGNESIA WAFERS

**Obsession**

By HELEN HADAKIN  
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WNU Service.

ANDY couldn't have told when he first began to be worried about Nora. It might have begun that Fourth of July when so many cars went whizzing by. A lot of them stopped. It is true, and bought cold buttermilk and apple pie from Nora. She had to keep going across the road to the spring to get more buttermilk.

He said to her, "For Heaven's sake, Nora, will you look before you start back? They come down the hill so fast; that last one had to put on his brakes with you in the way."

Nora laughed at him. She said, "Why must you fuss when we are doing so well? Must you always have something to worry about? I'm not a child. Of course I look before I cross the road."

But she didn't. He could swear she didn't.

He spent a rainy afternoon laboriously lettering a sign to put at the top of the hill. It said, "DANGER! Steep Hill Ahead. Sharp Curve." But do you think the fools paid any attention to it? They must think he put the sign there for fun, because he didn't have anything better to do.

He spoke of moving the station across the road to the lawn in front of the house, even though the cars couldn't see it from the top of the hill. But Nora wouldn't let him.

He tried to get Nora to stay over at the house and let him manage the stand as well as the pumps.

"But what are you going to do when they begin to pile up on you?" she demanded. "You can't pump gas and hand out buttermilk, too. I don't see what's got into you."

He said, "To heck with them. If they can't wait, they can go on away." She looked at him helplessly. "I don't understand you. You used to be sensible. Are you still worrying about me crossing the road?"

He denied that. "It's just that you ought to be in the house; you have enough work to do there." And he pretended to be disgruntled with the cooking she did in the evening. "You can't make pipes so late at night. No wonder they aren't any good."

In August it got terribly hot and the cars came thicker and faster than ever. All night long you heard the roar of them and all day the swish, swish they made against the air. The sound of the cars drowned out the song of the locusts and sent the little wild things scurrying madly into the bush. But nearly every morning he found a small, furry body on the road, lying stiff and still and staring at him with bright, dead eyes. He shuddered thinking of her lying like that looking at him with her brown eyes. And he was short with her and irritable with the customers.

But the bright, white heat of August gave way to the golden glow of September without anything happening to Nora. And he began to think he had been very foolish. After all, he thought, it isn't as if I weren't here to watch over her. He began kidding her again, as he used to do and she was happy once more, convinced that he liked the country and they could go on living here, just the two of them, laughing and kidding and working together.

And so Labor Day came. It was worse than Fourth of July. He got up at six in the morning and by noon he had gassed up more than fifty cars. Business had never been so good before.

He breathed a sigh of relief when by noon she had sold all her buttermilk. She wanted to stay and pump gas while he fixed flats, but he told her roughly to get on over to the house and stay there.

So she went back to the house, walking slowly across the road because she was hurt and mad at him. He held his breath until she was across, then he went on pumping gas. He was so happy he was singing to himself, "There's an old spinning wheel in the parlor. . . ."

He got so tired at the end of the day that he thought he'd drop. In another 15 minutes, he promised himself, he would close the gasoline station and go home. What a profound satisfaction it was that summer was over, Nora was safe, and he had made enough money to keep them comfortably through the winter.

When the fifteen minutes were up, he locked the pumps and the door of the little station. Waving away two cars that were slowing up, he waited for them to pass, then taking his lantern, started across the road.

When she saw the lantern she would put on the steak. Bless her, she was probably watching at the window now. He would be very tender and gentle with her tonight. He would try to make her see how he had felt all summer, because of the way she would run across the road without looking. That was why he had been so sharp with her. Because he loved her.

He noticed how thin and worn the macadam was on the road. They would have to be putting in a cement road soon with all that travel. . . .

He didn't hear the roar of the big truck until it was almost upon him. He looked up just in time to see the driver jump for his hand brake. He jumped too, but not quite far enough. And then he felt a fearful blow and knew that he was down even before he saw the wheels, big, flat, rubber-tired, looming up over him, as he had seen them in the advertisements. . . . as you might see them an instant before they had you.

**Bridge Game Believed**

**Type of Russian Whist**

The origin of the game of bridge is unknown. The game is believed to be a modification of Russian whist, according to a writer in the Cleveland Plain Dealer. It was first met with in Constantinople and Egypt about 1865, where it was the favorite card game of social clubs. Before the end of the century it had invaded the Riviera and Paris. It made its appearance in London about 1894, quickly superseding ordinary whist as the society game of cards. At first the game was known in England as bridge whist.

Contract bridge has been played 20 years. Americans abroad found that players were experimenting with a form of contract bridge. About 1915 the Whist Club of New York considered codifying the game, but decided the time had not yet arrived to do so. During the summer of 1926 contract bridge became very popular in Newport and Southampton. In the fall its popularity spread to New York city, and the game is now played in all parts of the country.

**British Isles Possess**

**Most Temperate Climate**

The Bahama Islands, lying a few hundred miles southeast of the coast of Florida, were settled by Loyalists from the United States after the American Revolution, notes a writer in the Montreal Herald. The islands have the most temperate climate in the world and the crop season extends throughout the whole year.

The land was at first divided into large plantations using slave labor, after the fashion of the southern states. Cotton and tropical fruits were the great export crops while corn and live stock were produced for local needs. Cotton was abandoned after a few years since it rapidly exhausted the thin soil and with the abolition of slavery the land was gradually broken up into small holdings, cultivated by both white and colored farmers.

The big limiting factor in the agriculture of these islands is the peculiar nature of the soil. Generally speaking it is not more than a few inches deep, with coral and other rock outcroppings frequent.

**A Few Abbreviations**

Following are the meanings of abbreviations: R. S. V. P., "Respondex s'il vous plait" or "Please answer"; A. N. Z. A. C., "Australian and New Zealand Army Corps"; N. B., "Nota bene" or "Note well"; DX, radio term for distance; G. H. Q., general headquarters; B. W. L., British West Indies; V. C., Victoria Cross; S. P. O. R., the Senate and People of Rome; K. K. K., Ku Klux Klan; Q. V., "quod vide" or "which see"; C. S. A., Confederate States of America; I. D. B., illicit diamond buyer; L. C., place of the seal; I. H., "Here lies"; S. P. C. C., Society for Prevention of Cruelty to Children; C. Q. D., former radio distress call, replaced by S O S.

**Headquarters of Monks**

**Attractive French Spot**

There is always something new to write of La Grande Chartreuse, the headquarters of the famous order of monks founded by Bruno in the Eleventh century, among the almost inaccessible mountain valleys of Savoy in France. To wander through the intricate passageways and slits in the walls is to be reminded of the ancient rules of the order, which permitted no monk to see another.

All lived in solitude and silence, illuminating manuscripts or writing learned treatises on the holy writings, until they died and were buried in its little Garden of the Dead.

An egg and cheese, twice a week, but one meal of bread and water every other day, was their diet. Yet these monks gave the world the renowned Chartreuse cordial, the sale of which supported the monastery.

When the government seized the place in 1903 the monks fled to Spain and carried with them the secret of their famous liquor, made of herbs and plants, and today the lonely monastery is only a show place for visitors to linger and muse on the austerities of the past.

**Original Claimants to Canada**

Russia did not own Canada. The original claimants to Canada were the French by virtue of the voyages of Jacques Cartier, French navigator, as early of 1534, but the claims of France to Canada were not undisputed by Great Britain. The struggle for supremacy terminated in 1763, under the treaty of Paris by the cession to Great Britain by the French of Canada with all its dependencies, except the islands of St. Pierre and Miquelon.—Philadelphia Inquirer.

**Red Admiral a Butterfly**

The red admiral is a common form of British butterfly. The upper wings are black with a broad band of scarlet, while the tips are spotted with white. The lower wings are also black, edged with scarlet, and have a blue spot.

**U. S. Public Health Service**

The United States public health service official seal bears the date of its origin, 1798, when it was known as the Marine Hospital Service. The present name was authorized by congress in 1912.

**"When in Rome," Etc.**

The expression "When in Rome do as the Romans do" is not to be found in the Bible. It is attributed to St. Ambrose, bishop of Milan, in the Fourth century. In a letter of advice to St. Augustin he wrote: "When I am here (at Milan) I do not fast on a Saturday; when I am at Rome, I fast on a Saturday." As quoted by Jeremy Taylor, his advice was: "When you are in Rome, live in the Roman style; when you are elsewhere, live as they live there." St. Augustin also refers to this in his own writings.

**Earth Is Not Finished**

**Like Sculptor's Model**

The earth is not "finished," in the sense that a sculptor would apply the word to a statue of his, asserts a writer in the New York Times. The forces that began to shape the earth when it was but a liquid ball are still at work, although they are not as violent now as they were then. It is as normal for the earth to shake as it is for clouds to sweep across the sky.

The process of faulting, which means the redistribution of the earth's materials in an effort to establish equilibrium, is not likely to end for many million years. And when it does the earth will be "finished" in the slang sense of the term. It will be a mere cinder drifting in space around the sun, with no heaving oceans, no green trees, no life. When stability comes man will be extinct.

To a seismologist earthquakes reveal the internal structure of the earth. They are somewhat like X-rays that make the bones stand out on a photograph of the chest. The records reveal the character of the waves that course through the trembling earth plainly enough. They are highly complex—these earthquake waves. They move up and down like waves in the ocean, crosswise like those in a fluttering flag, back and forth like sound waves.

**Early Traveling Carnivals**

It is recorded that during Colonial days several English showmen brought small troupes to the United States. Among the first was Ricketts' circus, which was exhibited in the Greenwich theater near the battery, New York, in 1795. Probably the first American-born showman of mention was Rufus Welch. In November, 1826, the Mt. Pitt circus opened on Broome street, New York, in a building seating 3,500 persons and said at that time to be the largest place of amusement in America. L. B. Lent's New York circus toured under the canvas during the summer months of the 60s and early 70s, his being the first show of size to travel by rail.

**Coincidence in Names**

Probably the most remarkable coincidence in names on record occurred in shipwrecks in Menai strait, between the island of Anglesey and N. W. Wales, writes E. R. Raper, Marshall, Texas, in Collier's Weekly. In 1684 a boat with 81 passengers sank in this channel, in 1765 a ship with 69 and again in 1820 a ship with 25 sank in the same spot. In each of the three disasters, only one man was saved, and in each case his name was Hugh Williams.

**Paganini's Secret**

Many times we have been told that Stradivari's varnish, the composition of which has for so long puzzled violin makers, has been discovered. And many times the secret of Paganini's remarkable powers has been revealed, or at least, so it has been claimed. And yet we seem to be no nearer to these secrets.—Montreal Herald.

**Busy Little Insect Is**

**Manufacturer of Shellac**

Few people realize a man's debt to an industrious little insect called lacifer lacca. India first knew it as a ram-paging parasite, despoiling forests. But, as the raw manufacturer of shellac, the resin used for making gramophone records, stiffening straw hats, coating wood and metals, and other insulating purposes, it is today treated with marked respect.

Knowing its appetite for succulent young branches, the natives prepare these specially for it, attaching them to trees. The lac then dines at its pleasure, covering the bark with a resinous secretion. The female lac is the most prolific source of supply. Then, when the harvest appears ripe, the branches are cut down and scraped. The resin is melted into a plastic mass, which on drying is cut up into circular cakes or sheets, ready for export.—Tit-Bits Magazine.

**Mina Is Claimed to Be**

**Champion Talking Bird**

When talking birds are mentioned, every one usually thinks of the parrot. For the hook-billed bird has always "spoken for himself." No sea story, for instance, was complete without its grizzled sailor, who carried on his shoulder a parrot that uttered "Shiver my timbers," or other expressions just as nautical but less printable, and many homes boasted a parrot pet who raucously declared that "Polly wants a cracker!"

But the fact of the matter is that the championship among the bird-talkers belongs to the mina, or mynah, a small, shiny-black, orange-striped creature who hails from India, says a writer in the Washington Post. Far less publicized than the parrot in these climates, the mina is a familiar household pet in his own country, prized for his amazing ability to mimic faithfully the human voice. Every word uttered by the mina is as clear as a bell—it is in this respect that he is superior to the parrot, who often makes it necessary for the listener to exert a little effort to distinguish between his words. As a whistler, too, the Indian bird is without peer.

**General McClellan in War**

After he surrendered command of the Army of the Potomac to Major General Burnside, General McClellan took no further part in the war, the President having relieved him of this command. In 1864 he was nominated for President by the Democratic party on a platform which denounced the war as a failure. McClellan himself did not subscribe to that view and in his letter of acceptance urged a vigorous prosecution of the war. He received only 21 votes in the electoral college to Lincoln's 212. In September of the campaign year he resigned from the army and after the election went to Europe, where he remained until 1868. From then until 1877 he was an engineer in New York and in the latter year was elected governor of New Jersey. He died in 1885.

**A New Easy Way To Bake Beans**

**By Louise Brown**

In spite of the fact that baked beans are generally considered a winter dish, they fit in surprisingly well with summer menus. For instance, hot baked beans give just the right contrast to a cold picnic lunch.

**OLD AND NEW METHODS**

If you belong to the old school of bean bakers, they are something of a nuisance to make. First the soaking—then parboiling—then putting them in the bean pot and adding the seasonings—and, lastly, keeping a careful eye on them through the long baking process.

But if you are the lucky owner of an electric range, equipped with one of those deep steam cooker units—baked beans are a "cinch." You can eliminate two whole steps in their preparation. You needn't soak or parboil the beans at all, simply put the beans in the cooker, add the seasonings and water, and let them cook.

It's a funny thing about these steam cookers on electric ranges! In the hundreds of home demonstrations that have recently been made by the local utility, practically every woman wants the steam cooker as soon as she sees its possibilities for easy cooking. In fact, some of the women who had had the cooker removed from the range, thinking they didn't want it, asked to have it put back again after they had seen it demonstrated.

Try baking lima beans for a change. Here are the directions:

**BAKED LIMA BEANS**

**Steam Cooker Method**

- 1 pound dry lima beans
- 2 tablespoons brown sugar
- 2 tablespoons molasses
- 1 teaspoon salt
- 1 onion diced
- 1 small green pepper diced
- 1/4 pound bacon
- 1 teaspoon dry mustard
- 2 tablespoons catsup
- 4 cups water

Pick over dry lima beans. Wash. Do not soak or parboil. Place dry beans in bottom of steam cooker, add brown sugar, molasses, catsup, dry mustard, salt, green pepper and onion. Pour over water and mix well. Place bacon strips on top. Turn switch of cooker to Low. Cook 8 to 12 hours.

These can be cooked overnight, if you like, as they are perfectly safe in the controlled heat of the cooker and need no watching at all. If you think that a long cooking process like this must be expensive, you're quite mistaken. The current to bake beans this way actually costs less than 3 cents.



Baked beans done the steam cooker way have quite a Boston Air when they are served in individual bean pots. Brown Bread should accompany them of course.

Since baked beans and brown bread are as inseparable as ham and eggs, or Amos 'n Andy, here is a recipe for a brown bread that may also be steamed in the cooker. I'd suggest making the brown bread the day before you want to use it, so that it will have a little time to season.

Or medium size loaf of brown bread can be steamed at the same time that the beans are baking. Place the bread in a buttered mold on the rack in the bottom of the cooker and pour the beans around it. Two hours after the steaming has started the bread should be done and can be taken out. A long handled fork and spoon can be used to lift the mold out easily.

**BROWN BREAD**

- 2 cups whole wheat flour
  - 1 1/2 teaspoon salt
  - 1 cup corn meal
  - 2 teaspoons soda
  - 1/2 cup molasses
  - 2 cups sour milk
  - 1 cup floured, seeded raisins
- Place rack in Steam Cooker of the electric range and turn the switch to High heat to bring 1 cup water to the boil. Cover. Mix bread as water heats. Sift

and measure flour and corn meal and sift with soda and salt. Mix molasses and sour milk and add with raisins to dry ingredients. Pour into well oiled baking powder cans, or into a mold. Cover. Place in Steam Cooker. Cover. Steam on High heat 10 minutes and on Low heat 2 or 3 hours. (Note:—These directions are for steaming bread alone.)

If you are going on a picnic and want to serve hot baked beans, remove them from the steam cooker to a hot crock or heavy kettle, cover and wrap well in layers of newspapers. You'll find they stay hot quite a long time. Of course, if you have a large thermos container, there is no problem at all to keeping the beans hot for the picnic. Or if you have a portable electric cooker of course you will have baked beans for the picnic in it so they will be easy to carry and keep quite hot.

**PICNIC LUNCH**

- Baked Lima Beans
- White and Brown Bread Sandwiches
- Pickled Beets
- Apples
- Cheese
- Coffee
- Olives

Buffet suppers are an easy informal way of entertaining your friends in summer. Why not set the table on the porch or in the garden and make it very picnicky and jolly? And if you serve baked beans in small individual bean pots, the success of the party will be assured.

**BUFFET SUPPER**

- Grapefruit Cup
- Baked Lima Beans
- Open Sandwiches
- Chocolate Cake
- Coffee

And even on a summer evening after a ride in the witching moonlight, a kitchen snack looks mighty good. And baked beans will be deservedly popular when they are discovered tucked away in the steam cooker.

**KITCHEN SNACK**

- Baked Lima Beans
- Red Cabbage Slaw with Cooked Dressing
- Brown Bread Sandwiches
- Cookies
- Tea